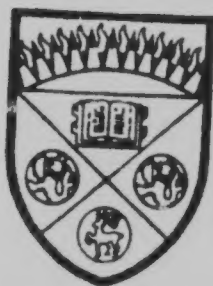


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MATERIA MEDICA
PHARMACY, PHARMACOLOGY
AND
THERAPEUTICS

MATERIA MEDICA
PHARMACY, PHARMACOLOGY
AND
THERAPEUTICS

BY

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PREFACE
TO
THE THIRTEENTH EDITION

IN preparing this Edition every care has been taken to bring the book up to date, and several new drugs have been added.

W. HALE WHITE.

Oct., 1913.

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MATERIA MEDICA

Materia Medica is so wide a term that it is difficult to define. It includes the following:

(a) **Materia Medica proper**, sometimes called Pharmacognosy. This is the knowledge of the natural history, physical characters, and chemical properties of drugs.

(b) **Pharmacy**.—This is the science and art of the preparation and combination of drugs, so as to render them fit for administration.

(c) **Pharmacology**.—This is the science which treats of the actions of drugs on the body both in health and disease. A subdivision of it is Pharmacodynamics, which is the science of the physiological action of drugs in health. The science which studies the effects of doses large enough to endanger life is **Toxicology**.

(d) **Therapeutics** is the science and art of alleviating or curing disease. Many authors do not include this under the term *Materia Medica*. Therapeutics is either—

(1) **Rational**, when we have sufficient knowledge of the disease and the pharmacological action of the remedy to know why it should be of benefit, *e.g.* The use of digitalis for mitral disease.

(2) **Empirical**, when our knowledge is insufficient to tell us why the remedy is efficient, *e.g.* The use of salicylates for rheumatic fever.

Therapeutics ought not to be included in the term *Materia Medica*, for that treats only of drugs; but Therapeutics, properly speaking, is concerned with all means of alleviation.

General Therapeutics is a subdivision of Therapeutics; it is the science and art of alleviating disease by such remedies as are not drugs, *e.g.* diet, climate, baths, venesection, and cupping. In this work we shall consider only that part of Therapeutics which is concerned with drugs.

A Pharmacopœia is a book published by some authorised body, generally constituted by law. This book describes the drugs in common use, and gives directions concerning the making of preparations from them. The pharmacopœias and the authorities publishing them differ in different countries. The **British Pharmacopœia** is published by the General Medical Council. The last edition appeared in 1898. As new drugs are discovered they are, if of use, included in new editions of the Pharmacopœia. Everything contained in the Pharmacopœia is said to be "official." The abbreviation for "British Pharmacopœia" is "**B. P.**" An addendum to it, containing drugs official in India and the Colonies, was published in 1900. These drugs are described at the end of this book.

The Council of the Pharmaceutical Society of Great Britain have published a valuable book, "The British Pharmaceutical Codex," containing many preparations not in the "British Pharmacopœia." Some are mentioned in this book. When prescribed, B.P. Codex should be put in a bracket after them.

MATERIA MEDICA PROPER.

As much of this as the student need know will be mentioned under each drug.

PHARMACY.

Pharmacy is for the most part carried out by the manufacturing and dispensing chemist. The medical student should, however, be acquainted with the simpler processes, as he may have to perform them. They are best learnt in the dispensary. An elementary knowledge of chemistry will enable him to understand most of the terms used in pharmacy, but the following should be noticed.

Alkaloids are bodies having the following characteristics:

- (1) They are the active nitrogenous principles of organic bodies.
- (2) They are compound ammonias: that is to say, one or more atoms of hydrogen in ammonia (NH_3) are replaced by various radicals.
- (3) They combine with acids to form crystalline salts without the production of water.
- (4) They are alkaline, turning red litmus paper blue.
- (5) Very few are liquid, such as pilocarpine, conine, nicotine, sparteine, lobeline. Liquid alkaloids nearly always contain only carbon, hydrogen, and nitrogen.
- (6) The solid ones are colourless, crystalline, and contain oxygen.
- (7) They are sparingly soluble in water, readily so in alcohol.
- (8) The solutions are intensely bitter.
- (9) Most of them are closely related to pyridine, and some may be synthetically prepared from pyridine bases.

Names of alkaloids terminate in English in *-ine* (quinine), in Latin in *-ina* (quinina). Examples in B. P.: Atropine, Cocaine, Strychnine, &c. Except in the case of Aconitine, Atropine, Caffeine, Cocaine, Codeine, Strychnine, and Veratrine, salts of alkaloids, but not alkaloids themselves, are official. Morphine is, however, official in the Appendix to the Pharmacopœia.

Glucosides are crystalline bodies which when acted upon by acids, or chemical ferments (enzymes), split up into sugar (nearly always glucose) and other substances (alcohols, aldehydes, phenols, &c.), different in each case.

Example in B. P.: Salicinum. Many varieties of tannic acid exist in plants as Glucosides.

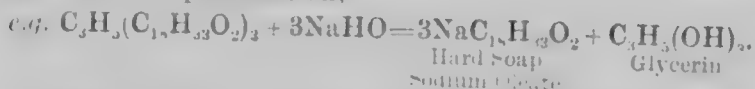
Saponins are a group of glucosides forming a clear solution in water, which froths on shaking, and may be used to emulsify oils and resins. Senega contains a powerful saponin.

Neutral Principles are indifferent proximate crystalline principles whose chemical characters have not been determined.

Examples in B. P.: Aloinum, Elaterinum.

Fixed Oils are ethereal salts formed from the higher fatty acids and the trihydric alcohol glycerin, $C_3H_5(OH)_3$. At ordinary temperatures they remain liquid. The usual fatty acids entering into the composition of fixed oils are oleic, palmitic, and stearic.

Example: Olive oil consists of a mixture of a combination of oleic acid ($C_{18}H_{33}O_2$) with glyceryl and palmitic acid ($C_{16}H_{31}O_2$) with glyceryl. That is to say, ordinary olive oil is a mixture of two oils having the formulæ $C_3H_5(C_{18}H_{33}O_2)_2$ and $C_3H_5(C_{16}H_{31}O_2)_2$ respectively. When acted upon by caustic alkalis or metallic oxides fixed oils form soaps (oleates, palmitates, or stearates of metals) and glycerin. This process is called saponification,



Fixed Oils are obtained from the fruits or seeds of plants, or from animal tissues, by expression or by boiling with water and skimming off the melted oil. When pure they usually are yellow, and float on water; they cause a greasy mark on paper. They are called fixed because they cannot be distilled without decomposition. They are soluble in ether or chloroform.

Liquid fixed oils in B. P. are Olea Amygdalæ, Crotonis, Lini, Morrhuæ, Olivæ, Ricini.

Fats are fixed oils which are solid at ordinary temperatures; if extracted by expression sufficient heat to melt them must be used.

Examples in B. P.: Oleum Theobromatis, Adeps.

Waxes are chiefly composed of fatty acids combined with monohydric alcohols homologous with methyl alcohol.

Volatile or Essential Oils only resemble fixed oils in being soluble in the same media. They do not leave a greasy mark on paper. They are mostly inflammable, and lighter than water. They are highly aromatic, and sufficiently soluble in water to impart their odour and taste to it. Most are prepared by distillation—that is, by passing a current of steam through the substance from which they are extracted, the steam is condensed, and the oil either floats to the top or sinks to the bottom of the water. A few, as oil of lemon, are obtained by expression from a fruit. Their composition varies very much. They contain Aldehydes (Cinnamic Aldehyde, in oil of cinnamon), Phenol derivatives (Eugenol, in oil of cloves), Esters or Ethereal Salts (Methyl Salicylate, in oil of wintergreen), Alcohols (Menthol, in oil of peppermint), or Ketones (Carvol, in oil of caraway), generally associated with Terpenes (*see* oil of turpentine) of varying composition, and which may be the chief constituent of the oil (*e.g.* the Terpenes in oils of turpentine).

Examples in B. P.: *Olea Anethi, Anisi, Cinnamomi, Lavandulae, Terebinthinae, &c.*

Resins are very complex bodies. They are among the products of oxidization of volatile oils. They contain many indifferent substances and acids. They are soluble in alkalies, forming resin soaps. Hence the alkali in Decoctum Aloes Compositum, Tinctura Guaiaci Ammoniata, and Tinctura Valerianae Ammoniata. They are insoluble in water, but not in alcohol, therefore they may be prepared by extraction with alcohol and precipitation with water; also this is the reason for the precipitate which falls when water is added to a resinous tincture.

The B. P. resins are Resina, Resina Guaiaci, Jalapa-Podophylli, Scammoniae, and Picis Burgundicae.

Oleo-resins are natural solutions of resins in volatile oils.

Those in B. P. are Copaiba, Terebinthina Canadensis, Thus Americanum.

Balsams are mixtures of oleo-resins with benzoic acid or cinnamic acid, or with both.

Those in B. P. are Benzoinum, Balsamum Peruvianum, Balsamum Tolutanum, Styrae Preparatus.

Gums are exudations from the stems of plants containing one or more of :

(a) Arabin or soluble gums, *e.g.* Acacia.

(b) Bassorin or partially soluble gums, *e.g.* Tragacantha.

(c) Cerasin or insoluble gum.

Solutions of gum are precipitated by alcohol.

Gum-resins are exudations from plants consisting of a mixture of gums and resins. When they are rubbed with water the gum dissolves, and the resin remains mechanically suspended in the solution.

The B. P. gum-resins are Ammoniacum, Asafetida, Cambogia, Myrrha, and Scammonium.

An Emulsion consists of finely divided particles of an oil, fat, or resin suspended in a viscous liquid. When a heavy powder, *e.g.* bismuth subnitrate, is suspended in such a liquid, the result is called a suspension.

Mucilago Acacia and M. Tragacantha are frequently used to form emulsions. Mucilago Acacia should be recently prepared. It is incompatible with iron perchloride, borax, and lead subacetate.

Lotio Hydrargyri Nigra is an example in B. P. of suspension.

Emulsions are coagulated by acids, an undue proportion of metallic salts, and alcoholic liquids.

PHARMACEUTICAL PROCESSES.

Many of these, as filtration, precipitation, &c., need no explanation, but the following require a few words.

Levigation consists in reducing a drug to a very fine powder by triturating it with a little water and drying the resulting paste.

Elutriation consists in diffusing an insoluble powder in water, letting the heavier part settle, then decanting the supernatant fluid. The heavier powder in this is allowed to settle, the fluid decanted, and so on until a fluid containing powder of the required fineness is obtained.

Lixiviation consists in the extraction with water

of the soluble matter of the ashes of anything which has been ignited, the solution being called a "lye."

Maceration consists in leaving coarsely powdered solid organic substances in contact for some time, at the temperature of the atmosphere, with a liquid in a vessel which is frequently agitated. The resulting solution is poured off and added to the liquid obtained from the remaining substance by pressure. The whole may be concentrated by heat. Many extracts and tinctures are made by maceration.

Percolation is a process for obtaining the soluble constituents of a drug by the descent of a solvent through it. The drug to be percolated is packed in a tall vertical cylinder, tied over at its lower end with muslin. The percolating fluid, or **menstruum**, is poured in at the top of the cylinder, and as it drops out through the muslin it is collected. The **Marc** is the material after its exhaustion by maceration or percolation. Many concentrated liquors, liquid extracts, and tinctures of vegetable drugs are prepared by percolation.

Repercolation consists in using the liquid obtained by percolating a substance as the menstruum for percolating a second portion of the same substance, and using the liquid from this second percolation as a menstruum for percolating a third portion of the same substance, and so on as often as may be desired. The liquid extract of Belladonna is an example of repercolation.

Scaling.—Scale preparations are made by drying concentrated solutions of drugs on glass plates. The solid left behind forms a thin film on the plate, and this film is broken up. Some preparations of iron are scale preparations.

Standardizing.—The Pharmacopœia directs that certain preparations made from vegetable drugs shall be standardized—that is to say, shall be made to contain a certain fixed proportion of the chief active principle. The standardized preparations are (N.B.—1 per cent. equals 1 grain in 110 minims)—

- EXTRACTUM OPII containing 20 per cent. of Morphine.
 EXTRACTUM OPII LIQUIDUM containing 0.75 per cent. of Morphine.
 TINCTURA OPII containing 0.75 per cent. of Morphine.
 EXTRACTUM NUCIS VOMICÆ containing 5 per cent. of Strychnine.
 EXTRACTUM NUCIS VOMICÆ LIQUIDUM containing 1.5 per cent. of Strychnine.
 TINCTURA NUCIS VOMICÆ containing 0.25 per cent. of Strychnine.
 EXTRACTUM BELLADONNÆ ALCOHOLICUM containing 1 per cent. of total alkaloids of the root.
 EXTRACTUM BELLADONNÆ LIQUIDUM containing 0.75 per cent. of total alkaloids of the root.
 TINCTURA BELLADONNÆ containing 0.05 per cent. of total alkaloids of the root.
 EMPLASTRUM BELLADONNÆ containing 0.5 per cent. of total alkaloids of the root.
 LINIMENTUM BELLADONNÆ containing 0.37 per cent. of total alkaloids of the root.
 UNGUENTUM BELLADONNÆ containing 0.6 per cent. of total alkaloids of the root.
 EXTRACTUM CINCHONÆ LIQUIDUM containing 5 per cent. of total alkaloids.
 TINCTURA CINCHONÆ containing 1 per cent. of total alkaloids.
 TINCTURA CINCHONÆ COMPOSITA containing 0.5 per cent. of total alkaloids.
 ACETUM IPECACUANILÆ containing 0.1 per cent. of total alkaloids.
 EXTRACTUM IPECACUANILÆ LIQUIDUM containing 2.0 to 2.5 per cent. of total alkaloids.
 VINUM IPECACUANILÆ containing 0.1 per cent. of total alkaloids.
 AQUA LAURO-CERASI containing 0.1 per cent. of Hydrocyanic Acid.
 TINCTURA JALAPÆ containing 1.5 per cent. of jalap resin.

Physiological Standardization. When a drug is a known chemical body of constant composition, *e.g.* arsenious acid, or its active principle is a definite chemical body, *e.g.* strychnine in nux vomica, preparations of the drug can be standardized by chemical means; but, when the activity is due to a body or bodies which the chemist cannot estimate quantitatively, the attempt is made to estimate the strength of various preparations by observing the minimum fatal dose of each, when administered under similar conditions, to animals of the same species and weight. Such investigations have been made principally with digitalis, and it has been found that the amount of active principle in different specimens of the tincture is variable. Or the drug may be physiologically standardized by observation of the degree of some striking physiological effect, *e.g.* preparations containing hemisine (the active principle of suprarenal medulla) are standardized by their effect on blood pressure.

WEIGHTS. MEASURES. SYMBOLS.

Weights (Avoirdupois Weight).

| | | | | | |
|--------------|---|-----------|---|------------------|-------------|
| 1 grain | . | . | . | . | Symbol, gr. |
| 437.5 grains | = | one ounce | " | $\frac{3}{4}$ lb | |
| 16 ounces | = | one pound | " | lb | |

The Scruple (20 grains, symbol \mathfrak{s}) is rarely used, and the Drachm (60 grains, symbol \mathfrak{d}) is commonly used, but neither is official. What is known as Apothecaries' Weight, in which the ounce (symbol \mathfrak{z}) = 480 grains, is not official, but is sometimes used in America.

Measures of Capacity.

| | | | | | | |
|------------------------------|---|-----------------|---|---------------|--------------------|------------------|
| 1 minim | . | . | . | . | . | Symbol, m |
| 60 minims | . | . | . | . | = one fluid drachm | " \mathfrak{d} |
| 8 fluid drachms (480 minims) | = | one fluid ounce | " | $\frac{3}{4}$ | | |
| 20 fluid ounces | . | . | . | . | = one pint | " \mathfrak{p} |
| 8 pints | . | . | . | . | = one gallon | " \mathfrak{g} |

Occasionally \mathfrak{d} and \mathfrak{z} are written f \mathfrak{d} and f \mathfrak{z} when they stand for fluid drachms and fluid ounces.

Relations of Measures to Weights.

| | |
|----------------|---|
| 1 minim | is the measure at 62° F. of 0.011 grain of water. |
| 1 fluid drachm | " " 54.687 " " |
| 1 fluid ounce | " " 437.5 " " |
| | (the avoirdupois ounce) |
| 1 pint | " " 8750.0 grains of water. |
| 1 gallon | " " 70000.0 " " |

A 1 per cent. solution is approximately a grain in 110 minims.

In the pharmacopœial description of the various preparations which several parts of a compound bear to one another, the word parts means parts by weight; the term fluid parts signifies the volume of an equal number of parts of water.

Metrical System. This, which is as follows, is official on the Continent and in the B. P. for the making of drugs and preparations.

WEIGHTS.

| | | |
|---------------|---|--|
| 1 milligramme | = | 0.001 gramme. |
| 1 centigramme | = | 0.01 " " |
| 1 decigramme | = | 0.1 " " |
| 1 gramme | = | weight of 1 cubic centimetre of distilled water at 4°C. Abbreviation, grm. |
| 1 dekagramme | = | 10.0 grammes. |
| 1 hectogramme | = | 100.0 " " |
| 1 kilogramme | = | 1000.0 " Abbreviation, kilo. |

MEASURES.

| | | |
|-------------------|--------------------|--|
| 1 millilitre | 1 cubic centimetre | (abbrev., c.c.) the measure of 1 gm. of water at 4° C. |
| 1 centilitre = 10 | c.c. | the measure of 10 grms. of water. |
| 1 decilitre = 100 | " | " " 100 " (1 kilo.) of water |
| 1 litre = 1000 | " = " | " " 1000 " (1 kilo.) of water |

Conversion of British to Metrical.

WEIGHTS.

| | |
|-----------|--|
| 1 grain = | 0.0648 gm. |
| 1 ounce = | 28.3495 grms. |
| 1 pound = | 453.5924 " (rather under $\frac{1}{2}$ a kilo.). |

MEASURES.

| | |
|----------------|--|
| 1 minim | = 0.059 c.c. |
| 1 fluid drachm | = 3.55 " |
| 1 fluid ounce | = 28.417 " |
| 1 pint | = 568.336 " (rather over $\frac{1}{2}$ a litre). |
| 1 gallon | = 4.545 litres. |

Conversion of Metrical to British.

WEIGHTS.

| | |
|-----------------|--------------------------------------|
| 1 milligramme = | 0.015432 grain. |
| 1 gramme = | 15.432 grains. |
| 1 kilogramme = | 15432.356 " - 2 lb. 3 oz. 119.8 grs. |

MEASURES.

| | |
|-----------------------|------------------------------------|
| 1 cubic centimetre = | 16.95 minims. |
| 1 litre (1000 c.c.) = | 35.275 fluid ounces, or 1.76 pint. |

In prescribing on the Continent all liquids are weighed, the weight of liquids and solids is expressed in grammes, and this word is omitted. Thus -
 Mag. Sulph. 20.0 = 20 grammes of Magnesium Sulphate.
 Hydrarg. Subchlor. 0.5 = half a gramme of Mercurous Chloride.
 Tinctura Rhei 1.5 = a gramme and a half of Tinctura Rhei.

The following approximately accurate table will be useful:

| | |
|--------------------|--|
| 17 m | = 1 cubic centimetre. |
| 1 fluid drachm (3) | = 3.5 grammes (gm.) or cubic centimetres (c.c.). |
| 1 ounce (3) | = 28.4 " " " " |

Domestic Measures.

A **TEA SPOONFUL** is rather over a fluid drachm. Usually it is 5 c.c. nearly.

A **DESSERT-SPOONFUL** is about two fluid drachms.

A **TABLE SPOONFUL** is about half a fluid ounce. Usually it is very nearly 15 c.c.

A **WINE GLASSFUL** is about one and a half to two fluid ounces.

A **TEA-CUPFUL** is about five fluid ounces.

A **BREAKFAST-CUPFUL** is about eight fluid ounces.

A **TUMBLERFUL** is about eleven fluid ounces.

A **DROP** is often taken as being about a minim, but drops vary so much in size that they should never be used for children nor as a measure of powerful drugs. For example, the number of drops in a fluid drachm of the United States syrup of acacia is 44, of water 60, of alcohol 146, of chloroform 250.

PHARMACOPŒIAL PREPARATIONS AND THEIR DOSES.

Most drugs are not, in their natural state, fit for administration. They are either too bulky, too nauseous, or contain noxious principles. Preparations suitable for administration are therefore prepared from them according to "official" pharmacopœial directions. The Pharmacopœia states the doses of the various drugs and their preparations which may safely be given to an adult, but these doses are often not rigorously kept in prescribing. They vary with the purpose for which the drug is required and the age of the patient (see Prescribing). The following is an account of the preparation of the pharmacopœial preparations, and the attempt has been made to arrange the doses so as to make them easy to remember.

Aceta.—Solutions of the active principles of the drug extracted from it by maceration or digestion with acetic acid (not vinegar). The B. P. contains three.

| <i>Dose.</i> | | <i>Dose.</i> | |
|--------------|----------------|-----------------|---------|
| Acetum Can- | Ext. use only. | Acetum Ipecacu- | 10 30m. |
| tharidis | | anhæ | |
| | | — Scillæ | |

Acetum Ipecacuanhæ is standardized (see p. 8).

Aquæ.—Aqueous solutions impregnated with some volatile substance.

Those in the B. P. directed to be made by distilling the drug with water are

| | | | |
|-----------------|---------------------|---------------|---------------------|
| Aqua Anethi | <i>Dose.</i> | Aqua Fœniculi | <i>Dose.</i> |
| — Anisi | 1-2 $\frac{3}{4}$. | — Pimentæ | 1-2 $\frac{3}{4}$. |
| Aurantii Floris | | — Rosæ | |
| Carui | | — Sambuci | |
| Cinnamomi | | | |

Aqua Laurocerasi (Standardized 0.1 per cent. of Hydrocyanic Acid) $\frac{1}{2}$ -2 $\frac{3}{4}$ (note dose).

Aqua Aurantii Floris and Aqua Rosæ are prepared by dilution of commercial orange flower water and commercial rose water, which are made by distillation.

Two are directed to be made by distilling the essential oil with water :

| | |
|--|---|
| <i>Dose.</i> | <i>Dose.</i> |
| Aqua Menthe Piperitæ 1-2 $\frac{3}{4}$. | Aqua Menthe Viridis 1-2 $\frac{3}{4}$. |

In actual practice all Aqua directed to be made from substances containing volatile oils are very often prepared by adding to water the volatile oil with some calcium phosphate or other insoluble powder to diffuse it through the water, which is filtered off and forms the Aqua. The Pharmacopœia allows this method to be used in hot climates.

Two are simple solutions in cold water .

| | |
|--------------------------------------|--------------------------------------|
| <i>Dose.</i> | <i>Dose.</i> |
| Aqua Camphoræ 1 2 $\frac{3}{4}$. | Aqua Chloroformi 1 2 $\frac{3}{4}$. |
| (The solution is aided with alcohol) | (1 in 400) |

Charta (papers).—Cartridge paper coated with an active compound and used as a plaster. The B. P. contains one :

Charta Sinapis (for mode of preparation see Mustard).

Collodia (collodions).—Solutions of pyroxylin in acetic ether and alcohol. When applied externally

a protective film is formed owing to the rapid volatilization of the solvent. The B. P. contains three:

Collodium
— Flexile

| Collodium Vesicans

Confectiones (Syn. Electuaries, boluses, conserves).—Powders made into a paste with sugar or honey, of such a consistency that the powder does not separate, but the mass can be swallowed. The B. P. contains four:

| | <i>Dose.</i> | | <i>Dose.</i> |
|----------------|------------------------------------|-------------------|--------------|
| Confectio Rosæ | { Used as a basis for pills. | Confectio Piperis | |
| Gallicæ | | — Sennæ | 1-25. |
| | | — Sulphuris | |

Decocta. Solutions of the non-volatile active principles of vegetable drugs, made by boiling the ingredients in distilled water, in a covered vessel, for from 5 to 10 minutes, and straining. The dose of each of the three in the B. P. is $\frac{1}{2}$ to 2 $\frac{3}{4}$. They are:

Decoctum Aloes Co.
— Granati Corticis

| Decoctum Hæmatoxyli

Decoctions should be fresh made, as they readily decompose.

Emplastra. Plasters consist of tenacious, pliable, solid substances heated enough to be spread with a heated spatula, generally upon the rough side of sheepskin leather, but sometimes on wash leather, brown holland, silk, or the smooth side of swansdown. They are only used for application to the skin, to which they adhere at the temperature of the body. The following list from the B. P. shows that ALL BUT THREE ARE DERIVED FROM E. PLUMBI:

| | |
|-------------------|--|
| Emplastrum Plumbi | { Oxide of lead, olive oil, and water. OLEATE OF LEAD AND GLYCERIN ARE FORMED. |
| Hydrargyri | |
| Plumbi Iodidi | { Lead plaster is the basis. |
| — Resinæ | |
| Saponis | |

| | | | |
|---------------|--------|---|---|
| Emplastrum | Bella- | } | Resin plaster, which is made from lead plaster, is the basis. |
| donnæ | | | |
| - Calefaciens | | | |
| - Opii | | | |
| Cantharidis | | | Soap plaster, which is made from lead plaster, is the basis. |
| Menthol | | | |
| - Picis | | | Resin is the chief basis. |
| - Ammoniaci | cum | } | Ammoniacum is the basis. |
| Hydrargyro | | | |

A plaster is usually prescribed to be of a definite size and shape, but occasionally—*e.g.* in the case of one to put on the breast or behind the ear—the size and shape are left to the dispenser. If it is thought that a plaster will not stick to the skin it may be provided with a margin of adhesive plaster (*Emplastrum Resinæ*).

Extracta.—Concentrated preparations made by evaporating either the expressed juice of plants, or a solution of the soluble constituents of dried drugs. If the solid extract would otherwise be too poisonous, it may be diluted with sugar of milk, as in *Ex. Belladonnæ Alcoholicum*, *Ex. Nucis Vomicae*, *Ex. Opii*, *Ex. Physostigmatis*, and *Ex. Strophanthi*. In *Ex. Cinchonæ Liquidum*, *Ex. Ergotæ*, and *Ex. Ipecacuanhæ Liquidum*, *q.v.*, special substances are used to facilitate the extraction of the active principles, and *Ex. Euonymi Siccum* contains Calcium Phosphate to keep the extract in the form of a powder. Extracts are of different kinds.

(1) **Fresh Extracts.** Heat the juice expressed from the bruised plant to 212° F. to coagulate the protein, filter, evaporate the filtrate at 160° F. The B. P. contains *Ex. Colchici* and *Taraxaci*. Green extracts are a variety of fresh extracts that needs special notice.

(2) **Green Extracts.** Heat the expressed juice to 130° F. to coagulate the green colouring matter, filter it off; heat the filtrate to 200° F. to coagulate the protein. Filter this off, and evaporate the filtrate at 140° F. to a syrupy consistency; add the green colouring matter (which prevents absorption of moisture and improves the appearance), and evaporate the whole.

The B. P. contains only two, Ex. Belladonnæ Viride and Hyoseyami Viride.

(3) **Aqueous Extracts.**—Treat dry drugs with cold, hot, or boiling water, and evaporate to a proper consistency. Examples: Ex. Opii, &c.

(4) **Alcoholic Extracts.** Treat dry drugs with alcohol with or without the addition of water, and evaporate to a proper consistency. Examples: Ex. Cannabis Indicæ, Jalapæ, &c. In some cases the solid extract is made by evaporation of the official liquid extract, e.g. Ex. Nucis Vomice and Belladonnæ Alcoholicum.

(5) **Ethereal Extracts.**—The dry drug is percolated with ether (Ex. Filicis Liquidum), or with alcohol and ether (to remove fatty matter) which are distilled off (Ex. Strophanthi).

(6) **Liquid Extracts.**—These are aqueous, or alcoholic, or aqueous and alcoholic extracts evaporated to form concentrated liquid solutions of syrupy consistence. If aqueous, some alcohol is added to prevent decomposition, and to precipitate any albuminous matter, which is then removed by filtration. Examples: Ex. Ergotæ Liquidum, Hydrastis Liquidum, &c.

Most liquid extracts are of such a strength that one fluid ounce represents one ounce of the drug employed.

SOLID EXTRACTS.

Approximate Dose.

| | | |
|------------------|---|---------|
| Extractum Bella- | } | 4-1 gr. |
| donnæ Alco- | | |
| holicum | | |
| — — Viride | | |
| — Cannabis In- | | |
| dicæ | | |
| Colchici | | |
| Nucis Vomice | | |
| — Opii | | |
| — Physostigmatis | | |
| Stramonii | } | 1-2 gr. |
| — Strophanthi | | |
| — Euonymi Sic- | | |
| cum | | |
| — Aloes Barba- | } | 1-4 gr. |
| densis | | |

LIQUID EXTRACTS.

Approximate Dose.

| | | |
|------------------|---|--------------------------|
| Extractum Bella- | } | $\frac{1}{2}$ -3 m. |
| donnæ | | |
| — Ipecacuanhæ | | |
| — Nucis Vomice | } | 5-15 m. |
| — Cinchonæ | | |
| — Hamamelidis | | |
| — Hydrastis | | |
| — Jaborandi | } | 5-30 m. |
| — Opii | | |
| — Cimicifugæ | } | 10-40 m. |
| — Ergotæ | | |
| — Cascaræ Sa- | | |
| gradæ | } | $\frac{1}{2}$ -2 fl. dr. |
| — Cocæ | | |
| — Filici | | |
| — Glycyrrhizæ | } | |
| | | |

SOLID EXTRACTS.

Approximate Dose.

| | | |
|----------------------|---|----------|
| Extractum Anthemidis | } | |
| - Cascaræ Sagradæ | | |
| Colocyntidis Co. | | |
| Ergotæ | | |
| Gentianæ | | 2-8 gr. |
| Hyoseyami Viride | | |
| Jalapæ | } | |
| - Rhei | | |
| - Glycyrrhizæ | | |
| - Krameriæ | | 5-15 gr. |
| - Taraxaci | | |

LIQUID EXTRACTS.

Approximate Dose.

| | | |
|---------------|---|---------------------|
| Extractum Pa- | } | |
| reiræ | | |
| - Taraxaci | | $\frac{1}{2}$ -2 3. |
| - Sarsæ | | 2-4 3. |

The alcoholic extract of Belladonna, and the extracts of Nux Vomica and Opium, and the liquid extracts of Belladonna, Nux Vomica, Cinchona, Ipecacuanha, and Opium are standardized (*see p. 8*).

In hot countries if any liquid extract contains less than 25 per cent. of alcohol (90 per cent.) this may be increased to 25 per cent. to prevent fermentation.

Glycerina.—Solutions of drugs in glycerin. They are liquid preparations, except Glycerinum Tragacanthæ and Glycerinum Amyli, which are semi-solid. All are for external application except Glycerinum Tragacanthæ (used to make pills) and Glycerinum Pepsini. The B. P. contains—

| | |
|-------------------------|----------------------|
| Glycerinum Acidi Borici | Glycerinum Boracis |
| - Acidi Carbolici | — Pepsini |
| - Acidi Tannici | - Plumbi Subacetatis |
| - Aluminis | - Tragacanthæ |
| - Amyli | |

Infusa.—Solutions made by pouring boiling distilled water upon the drug to be extracted, then covering up the vessel, agitating from time to time, usually for a quarter of an hour, sometimes for half an hour, sometimes for one hour, and straining. The filtrate is the infusion.

Inf. **Calumbæ** and Inf. **Quassiaæ** are made with **Cold Water**, to prevent the solution of the starch calumba contains

INJECTIONES, LAMELLÆ, LINIMENTA, LIQUORES 17

and the solution of too much of the bitter principle quassia contains.

Two are compound, viz. Inf. Aurantii Co., Inf. Gentianæ Co.

Two contain acid: Inf. Cinchonæ Acidum, Inf. Rosæ Acidum.

The dose of all is $\frac{1}{2}$ - $\frac{1}{3}$, except Inf. Buchu, Cuspariæ, Ergotæ, Lupuli, Scoparin, all 1 - $\frac{2}{3}$, and **Inf. Digitalis 2 4 fluid drachms.**

Infusions should be made fresh, as they all, except Inf. Caryophylli and Inf. Rosæ Acidum, readily decompose.

Injectiones. Concentrated solutions for injection under the skin. The B. P. contains

| | Strength. | Dose. |
|----------------------------------|--|--------|
| Injectio Apomorphinæ Hypodermica | (1 per cent.) | 5—10m. |
| " Cocainæ | " (10 per cent.) | 2—5m. |
| " Ergotæ | " (33 per cent. of the Extract of Ergot) | 3—10m. |
| " Morphinæ | " (5 per cent. of Morphine Tartrate) | 2—5m. |

Lamellæ.—Small thin discs made with gelatin and glycerin, and used to drop into the eye. Their weight varies from $\frac{1}{50}$ to $\frac{1}{30}$ grain each. The B. P. contains

Lamella Atropinæ (each contains $\frac{1}{1000}$ gr. atropine sulphate).

Lamella Cocainæ (each contains $\frac{1}{50}$ gr. cocaine hydrochloride).

Lamella Homatropinæ (each contains $\frac{1}{155}$ gr. of homatropine hydrobromide).

Lamella Physostigminæ (each contains $\frac{1}{1000}$ gr. physostigmine sulphate).

Linimenta.—Liniments or embrocations are applications of an oily or spirituous consistence, all of which are intended to be rubbed into the skin except Lin. Aconiti, which is painted on it, and Lin. Calcis, which is simply applied to it. Most contain camphor, many contain olive oil, some contain alcohol or glycerin.

Liquores.—Solutions generally of definite chemical bodies, and in which the solvent is usually distilled water. In many cases these are the only constituents. The substance dissolved is not a

definite chemical body, and special solvents are used for Liq. Caoutchouc, Epispasticus, Ethyl Nitritis, Pancreatis, Thyroidei, and Picis Carbonis, and in others solution is aided by the addition of other substances to the water.

The following strengths should be remembered :

| Liquor Arsenicalis | | Liquor Morphinae | |
|--------------------------|------------------|------------------|------------------|
| Arsenici Hydro- | <i>Strength.</i> | Hydrochloridi | <i>Strength.</i> |
| chloricus | 1 p. c. or | Tartratis | 1 p. c. or |
| Arsenii et Hy- | 1 gr. in | Potassii Perman- | 1 gr. in |
| drargyri Iodidi | 110m or | ganatis | 110m. or |
| Atropinae Sul- | about 4½ | Sodii Arsenatis | about 4½ |
| phatis | gr. in 3j. | Strychninae Hy- | gr. in 3j. |
| Morphinae Ace- | | drochloridi | |
| tatis | | Trinitrini | |
| — Hydrargyri Perchloridi | | | ½ gr. in 3j. |

The following are the doses of Liquors :

| <i>Approximate Dose.</i> | | <i>Approximate Dose.</i> | |
|--------------------------|---------|--------------------------|---------|
| Liquor Trinitrini | | Liquor Bismuthi | |
| Atropinae Sul- | ½—2m. | et Ammonii | |
| phatis | | Citratis | |
| Arsenicalis | | — Calcis Saccha- | |
| Arsenici Hy- | | ratus | |
| drochloricus | 2—8m. | — Ethyl Nitritis | 10—60m. |
| Sodii Arsenatis | | — Morphinae Ace- | |
| Strychninae | | tatis | |
| Hydrochloridi | | — Hydrochlo- | |
| Ferri Acetatis | | ridi | |
| — Perchloridi | 5—15m. | — Tartratis | |
| — Pernitratis | | Hydrargyri | |
| — Thyroidei | | Perchloridi | |
| Ammonia | | Hydrogenii | ½—15. |
| Arsenici et | | Peroxidi | |
| Hydrargyri | | Ammonii Ace- | |
| Iodidi | 10—30m. | tatis | |
| Potassa | | — Citratis | 2—65. |
| Soda Chlori- | | Potassii Per- | |
| natae | | manganatis | |
| | | — Calcis | |
| | | — Magnesii Car- | 1—45. |
| | | bonatis | |

Not used internally :

Liquor Acidi Chromici.

- Ammoniae Fortis.

Calcei Chlorinatae.

Caoutchouc.

Epispasticus.

Ferri Perchloridi Fortis.

Persulphatis.

Hamamelidis.

Liquor Hydrargyri Nitratis
Acidus.

— Iodi Fortis.

— Pancreatis.

— Picis Carbonis.

— Plumbi Subacetatis Fortis.

— — — Dilutus.

— Sodii Ethylatis.

— Zinci Chloridi.

Liquores (concentrated).—Nearly all these are made by repeated percolation of 10 oz. (2 oz. of Quassia) of the powdered drug with enough Alcohol (20 per cent.) to form one pint of the Liquor. The second percolation usually takes place three days after the first, and those subsequent (commonly ten) at intervals of twelve hours. For Liq. Sarsae Co. Conc. the Sarsaparilla is infused and the other ingredients are boiled, the decoction is concentrated, and alcohol added to preserve it. Liq. Calumbae Conc. is made by maceration with water, and Liq. Sennae Conc. by repeated percolation with water; alcohol is added to preserve both, and that of Senna is flavoured with Tincture of Ginger. There are ten Concentrated Liquors, viz. :

Liquor Calumbae Concentratus.

— Chiratae Concentratus.

— Cuspariae Concentratus.

— Krameriae Concentratus.

— Quassiae Concentratus.

— Rhei Concentratus.

Liquor Sarsae Compositus
Concentratus.

— Senegae Concentratus.

— Sennae Concentratus.

— Serpentariae Concentratus.

The dose of all Concentrated Liquors is $\frac{1}{2}$ —1 fl. dr., except Liq. Sarsae Co. Conc. 2—8 fl. dr., and Liq. Serpentariae Conc. $\frac{1}{2}$ —2 fl. dr.

Concentrated liquors sufficiently diluted with water may be used as the vehicle in a prescription instead of an infusion or decoction, but as a rule they do not form a good or pleasant imitation of either.

Lotiones.—Aqueous mixtures for external use,

generally applied on lint, or washed on the part. The B. P. contains two:

Lotio Hydrargyri Flava and *Lotio Hydrargyri Nigra*.

Mella. - Mixtures of some substance with clarified honey. The B. P. contains only one:

Mel Boracis.

Misturæ. Liquid preparations consisting of one or more drugs dissolved in water or diffused in a solution of gum or some other thick fluid. The mixture is usually flavoured, and is for internal administration.

Examples in B. P. of solutions: *M. Creosoti*, *M. Sennæ Composita*.

Examples in B. P. of suspension: *M. Ammoniaci* (the gum of which suspends the resin), *M. Ferri Co.* (trituated with water), *M. Creta*, *M. Guaiaci* (suspended in gum), *M. Olei Ricini* (emulsified in gum).

The dose of all is $\frac{1}{2}$ —1℥.

Mucilagines. Mucilages are aqueous, viscid solutions or partial solutions of gum used for suspending insoluble substances. The B. P. contains two:

Mucilago Acaciæ, and *Mucilago Tragacanthæ*.

There is no fixed dose; it is usually about ʒj.

Olea. There are many oils in the Pharmacopœia. They are all obtained by distillation or by expression except *Oleum Phosphoratum*, which is a solution of phosphorus in almond oil. The B. P. olea are—

| | Dose. | | Dose. |
|-----------------------|--------------------|--------------------------|----------------------|
| <i>Oleum Crotonis</i> | $\frac{1}{2}$ —1m. | <i>Oleum Limonis</i> | |
| — <i>Anethi</i> | } | — <i>Menthæ Piperitæ</i> | } $\frac{1}{2}$ —3m. |
| — <i>Anisi</i> | | — <i>Menthæ Viridis</i> | |
| — <i>Anthemidis</i> | | — <i>Myristicæ</i> | |
| — <i>Cajuputi</i> | | — <i>Fimentæ</i> | |
| — <i>Carui</i> | | — <i>Rosmarini</i> | |
| — <i>Caryophylli</i> | | — <i>Phosphoratum</i> | 1—5m. |
| — <i>Cinnamomi</i> | | — <i>Copaibæ</i> | } 5—20m. |
| — <i>Coriandri</i> | | — <i>Cubebæ</i> | |
| — <i>Eucalypti</i> | | — <i>Santali</i> | |
| — <i>Juniperi</i> | | — <i>Terebinthinæ</i> | 2—10m. |
| — <i>Lavandulæ</i> | | — " | 3—4ʒ. |

| | <i>Dose.</i> | | <i>Dose.</i> |
|---------------|--------------|------------------|---------------------------------------|
| Oleum Morrhuæ | } 1—63. | Oleum Olivæ | } Not often given in- ternally. |
| — Ricini | | — Pini | |
| — Amygdalæ | | — Rosæ | |
| — Cadinum | | Sinapis Volatile | |
| — Lini | } ternally. | — Theobromatis | |

Oxymella.—Oxymels are preparations containing honey and acetic acid. Besides oxymel the B. P. contains only one:

Oxymel Scillæ. *Dose* $\frac{1}{2}$ —13.

Pilulæ. Solid spherical bodies containing medicinal agents, and intended to be swallowed whole. A mass of the consistence of firm clay is made by beating medicaments together in a mortar. This mass is with a machine divided up and rolled into pills. In order that they may not possess a disagreeable taste, they are often varnished or sugar-coated. Unless the constituents are very heavy, each pill should not exceed 5 grains in weight, and the smaller they are the better. Syrup of glucose, glycerin of tragacanth, and glucanth (tragacanth, 1; glycerin, 3; water, 1; syrup of glucose, 7) are three of the most generally useful excipients. Curd soap is useful for creosote (*q.v.*), and for essential oils if a little calcium phosphate and wheaten flour be added. Confection of roses was formerly very commonly employed. Liquorice powder is a good absorbent. Glycerin is so much used because it attracts moisture and prevents the pill from getting hard, but pills made with much of it soon become very soft: this may be hindered by alcohol. All pills are useless unless so made that they will dissolve in the gastro-intestinal canal. If it is required that they should not be acted upon until they reach the intestine, they should be coated with keratin. Pills may be kept in some powder, as lycopodium, to prevent their sticking together. All purgative pills contain aloes except

Pil. Scammonii Co. All pharmacopœrial pills are given in doses of about 4 to 8 grains, except

Pilula Phosphori. Dose 1—2 gr.

Plumbi cum Opio.
Saponis Composita. } Dose 2—4 gr.

Ferri. Dose 5—15 gr.

Pulveres. Powders are mixtures of finely powdered drugs. The best diluent for powders is sugar of milk, because of its hardness and comparative insolubility. The B. P. contains :

| <i>Approximate Dose.</i> | | <i>Approximate Dose.</i> | |
|-----------------------------|-----------|--------------------------|-----------|
| Pulvis Elaterini Co. | 1—4 gr. | Pulvis Cretæ Aro- | |
| Antimonialis | | maticus | |
| Opium Co. | 3—8 gr. | — — — cum Opio | |
| Ipecacuanhæ | | — Jalapæ Co. | 10—60 |
| Co. | | — Rhei Co. | gr. |
| Kino Co. | 5—20 gr. | — Tragacantha | |
| Scammonii Co. | | Co. | |
| Amygdalæ Co. | 20—60 gr. | — Glycyrrhizæ | 60 to 120 |
| Catechu Co. | 10—60 | Co. | gr. |
| Cinnamomi Co. | gr. | | |

Pulvis Sodæ Tartarata Effervescens (Seidlitz Powder).
 (See Sodium Compounds.)

Spiritus.—Spirits are either simple or complex. Simple Spirits are solutions (which frequently become turbid on the addition of water, owing to the separation of the substance dissolved) in alcohol (90 per cent.) of—

(a) A volatile oil :

| | |
|-----------------------|---------------------------|
| Spiritus Anisi | Spiritus Lavandulæ |
| — Cajuputi | — Menthæ Piperitæ |
| — Cinnamomi | — Myristicæ |
| — Juniperi | — Rosmarini |

The strength of all these is 1 in 10, and the dose 5—20m, except Sp. Juniperi 1 in 20 and dose 20—60m.

(b) Of camphor :

Spiritus Camphoræ. Strength 1 in 10. Dose 5—20m.

(c) Of chloroform :

Spiritus Chloroformi. Strength 1 in 20 Dose 5—10m.

(d) Of ether :

Spiritus Ætheris. Strength 1 in 3. Dose 20—90m

Complex Spirits are of varying composition. They are all prepared by distillation. The B. P. contains five, viz.:

| | | | |
|---------------------|-----------|-------------------|-----------|
| Spiritus Ætheris | Dose. | Spiritus Ammoniac | Dose. |
| Co. | | Fetidus | |
| - Nitrosi | } 20-90m. | - Armoracæ | } 20-90m. |
| Ammoniac Aromaticus | | Co. | |

Spiritus Rectificatus, and Spiritus Vini Gallici (Brandy), are also pharmacopœial.

Succi. These are the expressed juices of plants, to which a third of their volume of alcohol (90 percent.) is added to preserve them. The B. P. contains six:

| | | | |
|-------------------|----------------------|--------------|-------------------------|
| | <i>Dose.</i> | Succus Conii | } <i>Dose.</i> 1-23. |
| Succus Belladonnæ | 5-15m. | — Scoparii | |
| Hyoscyami | ½-13. | — Taraxaci | |
| Succus Limonis | contains no alcohol. | | |

Suppositoria. Suppositories are conical solid bodies containing active drugs for introduction into the rectum or vagina. The basis of all is oil of theobroma, except Sup. Glycerini in which it is gelatin.

The B.P. contains seven, viz. Sup. Acidi Carbolici, Acidi Tannici, Belladonnæ, Glycerini, Morphine, Iodoformi, and Plumbi Co.

In hot countries if the Suppositories would otherwise be too soft, some of the Oil of Theobroma may be replaced by White Beeswax.

Syrupi.—Syrups are fluid preparations of drugs flavoured with sugar.

Examples: Sy. Aurantii, Sy. Rhei. The dose of all is about 13 or rather more.

Tabellæ.—Tablets of chocolate, each weighing five grains. The B. P. contains only one:

Tabella Trinitrini (each contains $\frac{1}{10}$ gr. pure nitroglycerin). Dose 1-2.

Tincturæ.—Tinctures are solutions of the active principles of drugs in alcohol. They are closely allied to spirits, from which most of them differ in their mode of preparation. They are prepared by -

(a) Maceration. The drug is placed in a closed vessel with the whole of the menstruum for seven days, and frequently

shaken. It is then strained. The marc is pressed, and the strained and pressed liquids mixed; *e.g.* Tinct. Opii, Tinct. Aloes.

(b) Percolation. The drug is moistened with some of the menstruum for twenty-four hours, then the mixture is percolated, more menstruum being added so that a layer of liquid is maintained on the top. The marc is pressed, and the fluid extracted is added to that percolated. After filtration enough menstruum is added to make the prescribed volume of tincture; *e.g.* Tinct. Arnice, Tinct. Buchu.

(c) Simple mixing or solution of ingredients; *e.g.* Tinct. Chloroformi et Morphine Composita, Tinct. Ferri Perchloridi, Tinct. Quinine.

Tinctures containing only one active substance are simple. The rest are compound; *e.g.* Tinct. Camphore Co.

Some are compound although it is not expressed in their name; they are Tinctura Aloes, Catechu, Kino, Valeriane Ammoniatæ, Guaiaci Ammoniatæ, and Opi Ammoniatæ.

It will be observed that, with the exception of Tinct. Iodi, all tinctures have a dose of either 5-15m. or 30-60m.

| Tinctura Iodi | Dose. | Tinctura Aloes | Dose. |
|---------------------|--------|-----------------|---------|
| — Aconiti | 2-5m. | — Asafetida | |
| — Belladonnæ | | — Aurantii | |
| — Cannabis Indicæ | | — Benzoini Co. | |
| — Cantharidis | | — Buchu | |
| — Capsici | | — Calumbæ | |
| — Chloroformi et | | — Cataphoræ Co. | |
| — Morphine Co. | | — Cardamomi | |
| — Cocci | | — Co. | |
| — Colchici | | — Cascarilla | |
| — Seminum | | — Catechu | |
| — Croci | | — Chirata | |
| — Digitalis | | — Cimicifuga | |
| — Ferri Perchloridi | 5-15m. | — Cinchona | 30-60m. |
| — Gelsemii | | — Co. | |
| — Lobeliæ | | — Cinnamomi | |
| — Ætherea | | — Conii | |
| — Nucis Vomice | | — Cubebæ | |
| — Opii | | — Ergotæ | |
| — Podophylli | | — Ammoniatæ | |
| — Scilla | | — Gentianæ Co. | |
| — Stramonii | | — Guaiaci Ammo- | |
| — Strophanthi | | — niata | |
| | | — Hamamelidis | |
| | | — Hydrastis | |
| | | — Hyoseyami | |
| | | — Jaborandi | |

| Tinctura Jalapæ | Dose. | Tinctura Quillaiæ | Dose. |
|------------------|---------|-----------------------|---------|
| — Kino | | — Quininæ | |
| — Krameriæ | | — Ammoniata | |
| — Lavandulæ Co. | | — Rhei Co. | |
| — Limonis | | — Senegæ | |
| — Lupuli | 30-60m. | — Sennæ Co. | |
| — Myrrhæ | | — Serpentariæ | 30-60m. |
| — Opii Ammoniata | | — Sumbul | |
| — Pruni | | — Tolutana | |
| — Virginianæ | | — Valerianæ Ammoniata | |
| — Quassæ | | — Zingiberis | |

Tinctura Pyrethri is used as a constituent of mouth washes

Tinctura Arnicæ is used externally.

Tinctura Opii, Cinchonæ, Cinchonæ Co., Nucis Vomiciæ, Belladonnæ and Jalapæ are standardized (see p. 8).

Trochisci. Lozenges or Troches are solid preparations for taking by the mouth. They are made either with a fruit basis, a rose basis, a simple basis, or a tolu basis.

Fruit basis. Take 500 times the quantity of the drug ordered for one lozenge. Mix it with 15½ ounces of refined sugar and 36 grains of gum acacia. Make the mixture into a paste with 1½ fluid ounce of mucilage of gum acacia and 2 ounces of the black currant paste of commerce softened with boiling water. Divide into 500 lozenges and dry in hot air chamber; *e.g.* Troch. Acidi Benzoici, Troch. Acidi Tannici.

Rose basis.—These lozenges are made in the same way except that they are flavoured with rose water instead of black currant; *e.g.* Troch. Potassii Chloratis, Troch. Sodii Bicarbonatis.

Simple basis.—These lozenges are made in the same way except that neither rose water nor black currant is used; *e.g.* Troch. Catechu, Troch. Santonini.

Tolu basis. These lozenges are made in the same way except that Tincture of Tolu is added instead of black currant paste; *e.g.* Troch. Morphinæ, Troch. Acidi Carbolicæ.

Troch. Sulphuris has a special mode of preparation.

Unguenta. Ointments are semi-solid preparations consisting of a fatty substance mixed with an active drug. They are spread over the skin, or may be rubbed into it. They are only intended for external use. The basis is either lard, olive oil, wax, spermaceti, paraffin, or hydrous wool fat. Benzoated lard is often used to prevent decomposition. When

it is required that the active ingredient should be absorbed, lard, which melts at about the temperature of the body, or hydrous wool fat, is the best basis; when the ointment is required for sores paraffin is a good basis, as it only softens a little at the temperature of the body. In making Ung. Zinci Oleatis (*q.v.*) and Ung. Hydrargyri Oleatis (*q.v.*) a double decomposition occurs between hard soap and metallic salts.

In hot countries if the ointment would otherwise be too soft, the basis may be replaced by indurated lard, prepared suet, yellow beeswax or white beeswax.

Vina. Wines are weak tinctures, the drug being extracted with sherry in all except Vinum Ferri Citratis and Vinum Quininae, in which orange wine is used, and Vinum Aurantii, which is merely a fermented saccharine solution to which orange peel is added.

| | <i>Dose.</i> | | <i>Dose.</i> |
|----------------|--------------|-------------|--------------------|
| Vinum Colchici | 10—30m. | Vinum Ferri | |
| Ferri | 1—43. | Citratis | 1—43. |
| | | — Quininae | $\frac{1}{2}$ —13. |

With V. Antimoniade and V. Ipecacuanhae the dose depends upon the purpose for which the drug is used.

V. Ipecacuanhae is standardized (*see p. 8*).

The following *non-pharmacopoeial* preparations are used :

Abstracta. Powdered extracts double the strength of the crude drug. They are official in the United States Pharmacopoeia.

Bougies. Solid cylinders impregnated with various drugs, and used for introduction into the ear (called aurinarian), nose (called buginaria), or urethra. They are made either of gelatin (to be dipped in warm water before use) or oil of theobroma (to be dipped in oil before use). Those for the urethra are made in six sizes, varying from $\frac{1}{16}$ to $\frac{1}{4}$ inch in diameter.

Cachets, made of wafer paper, consist of two watch-glass-shaped halves. The drug is enclosed between them, and they adhere when moistened. The cachet is slightly moistened, put in the back of the mouth, and quickly washed down with a little water. This is an excellent way of giving drugs which are either nauseous or difficult of solution or suspension. Cachets are commonly used for antipyrin; bismuth; camphor; ipecacuanha powder; guaiacol carbonate; pepsin; quinine salts; aspirin, salol, and other salicylates; phenol, trional, and veronal.

Capsules of gelatin are used in the same way as cachets. They are very useful for nauseous oils.

Cataplasmata.—Soft, pasty external applications made with boiling water having linseed meal as a basis and applied warm (*see* Linseed). An ice poultice consists of crushed ice.

Cerata are ointments containing wax. They are official in the United States Pharmacopœia.

Cigarettes.—The drug replaces the tobacco of an ordinary cigarette.

Collunaria.—Fluids used as nasal douches.

Collyria.—Fluids used as eye washes.

Cremora.—Creams are preparations having glycerin, vaseline, or some similar substance as a basis, and used for external application.

Elixirs are liquids. All contain alcohol and syrup. Most are made with orange peel. Some contain aromatic oils. They are official in the United States Pharmacopœia. Some are simply flavouring agents, others contain active ingredients. The British Pharmaceutical Conference has published several, *e.g.* Elixir Cascara Sagrada (same as Syrupus Cascara Sagrada B. P.), Elixir Glusidi, Elixir Guarana, Elixir Phosphori, Elixir Rhei, Elixir Senna, Elixir Simplex (same as Syrupus Aromaticus B. P.)

Emulsiones.—Mixtures in which the drug exists as an emulsion.

Enemata (enemas or clysters).—Liquid preparations intended for injection into the rectum. When their object is to empty the bowel they are large in bulk (10 to 20 $\frac{3}{4}$); when it is wished that they should be retained they are usually smaller in bulk. After injection a towel may be pressed against the anus. Mucilage made with starch (*see* Starch) is a good basis.

Essentiæ (essences).—Solutions of volatile oils in rectified spirit, usually of a strength of 1 in 5.

Fomenta. Fomentations consist of flannels wrung out in hot water, to which drugs may or may not have been added.

Gargarisma.—A fluid preparation used for gargling.

Granules are small pills.

Guttæ.—Fluid preparations to be dropped into the eye.

Haustus.—A draught. This term is used when only a single dose of a fluid preparation is required.

Insufflationes.—Powders for blowing into the throat and larynx.

Lanolinum.—An ointment with hydrous wool fat as a basis.

Linctus.—This has honey, treacle, or some other thick substance as a basis. It is to be swallowed slowly, being retained some time in the mouth.

Massæ consist of substances mixed so as to be of a

consistency suitable for making pills. They are official in the United States Pharmacopœia.

Mollinum.—A mollinum is an ointment having for its basis mollin, a superfatted soap. It is readily absorbed, and also readily washed off with water.

Nebulæ.—Solutions sprayed into the throat by means of an atomizer.

Paste. A preparation to be applied as an ointment.

Pastillus.—Pastils are lozenges having glyco-gelatin as a basis.

Perles are small gelatin capsules.

Pessus. Pessaries are solid preparations made like suppositories, and introduced into the vagina.

Pigmentum. A paint is a preparation adapted for painting on the skin, throat, &c.

Tablets. Solid, disc-like or lenticular bodies made by compression. They are very popular, but are often useless, for they may be so hard and insoluble that they are found in the faces quite unaltered.

Triturationes are intimate mixtures of substances with sugar of milk. They are official in the United States Pharmacopœia.

Vapores. Inhalations are preparations arranged for the inhalation of volatile drugs.

Vaselinum.—This term is applied to an ointment the basis of which is vaseline.

PHARMACOLOGY AND THERAPEUTICS.

Before describing the actions and uses of drugs we must consider the manner, quantity, and form in which to give them.

MODES OF ADMINISTRATION OF DRUGS.

(a) **Into the blood-vessels** by injection. This method is rarely used in man, except that a saline solution (rather more than a teaspoonful of common salt to the pint of sterilized water at the temperature of the body) is injected into a vein in cases of great collapse, and salvarsan for syphilis.

(b) **Into the subcutaneous tissues** by hypodermic injection. The skin of the patient, where it is lax, should be raised between the thumb and forefinger of the operator's left hand; the skin of the forearm is often selected. In his right hand he takes a perfectly clean syringe containing the quantity of fluid to be injected and fitted with an aseptic hollow silver needle, which is thrust under the raised piece of skin, but not into the muscles, for about an inch, care being taken to avoid wounding a vein. The syringe is slowly emptied, then withdrawn, and the thumb pressed lightly upon the seat of injection for a

few seconds. The advantage of this method is that the drug is surely and quickly absorbed. The fluid used must not contain solid particles, nor be irritating, or abscesses will result: it must be aseptic, and therefore if it is not freshly prepared it may contain a little carbolic acid—or, better still, boracic acid, for this is non-poisonous and non-irritating. The bulk injected should, if possible, be about five minims. For injections that are not in constant use it is advisable to keep the drugs in the form of lamellæ, and to dissolve one in a few minims of water as required. Mercurials are occasionally injected directly into muscles (see p. 212).

(c) **Into serous cavities** by injection. This method is rarely used in man except when the object is to wash out, with saline solution, a serous cavity, as the pleura, which has been opened, or to produce adhesive inflammation, as in the injection of irritants into the tunica vaginalis.

(d) **Into mucous cavities.** Drugs are most frequently given by the **mouth**, to be absorbed from the mucous membrane of the stomach or intestines, but the rate of absorption is much slower than from the subcutaneous tissue, and will depend upon whether the drug is readily soluble in the gastric intestinal secretions, and whether it is given on an empty stomach, in which case it will be quickly absorbed; or on a full one, when it will be slowly absorbed. Some drugs, given by the mouth and absorbed from the stomach or intestines, probably never reach the general circulation, as they are excreted in the bile by the liver. The drug should be in a pleasant palatable form, and, generally, so combined as not to irritate.

Drugs are sometimes given by the **rectum**—in a solid form as **suppositories**, in a liquid form as **enemata** or clysters; but they are neither dissolved nor absorbed here so quickly as in the upper part of the gastro-intestinal canal.

For local effects they may be given by the **urethra** or **vagina** (injections, bougies, pessaries), or by the **respiratory passages** (inhalations, cigarettes, sprays, or **nebulae** for inhaling); **insufflations** for blowing into the throat and larynx; **pigmenta**, **gargles**, **lozenges**, for a local effect on the mouth and pharynx; **nasal douches** for the nose. For sprays an atomizer is required. Sometimes volatile drugs, as chloroform or amyl nitrite, are inhaled for their general effect.

(e) **By the skin.**—Some drugs may be absorbed from the skin if mixed with some fatty substance. In this way mercury may be absorbed by being rubbed in; but drugs are chiefly applied to the skin as ointments, plasters, &c., for their local effect.

Cataphoresis is a means of introducing drugs through the skin. A large pad soaked in a solution of the drug forms

the positive pole of a galvanic battery. It is placed on the skin over the part, *e.g.* knee, to be influenced, and the negative pole is placed on the skin near by. When the current flows the drug passes through the skin. Potassium nitrate, double mercurials, salicylates, and cocaine have been applied this way.

Drugs are also applied to the **eye** and **ear** as drops and washes.

DOSES.

The study of doses is termed **Posology**. In determining the dose the following considerations have to be borne in mind:

1. Age. The adult dose is that for a person between twenty and sixty years old.

For **children** under twelve add twelve to the age, and divide the age by the number thus obtained. Thus for a child aged eight the dose will be $\frac{8}{20}$ of an adult dose. From twelve to sixteen years from $\frac{1}{2}$ to $\frac{3}{4}$ of the adult dose is required, and from seventeen to twenty years from $\frac{3}{4}$ to 1. There are exceptions to this rule for individual drugs; *e.g.* children take iron, cod liver oil, arsenic, and chloral very well, but they can take only very small doses of opium.

Above sixty years of age the dose should slightly diminish as age increases.

2. Weight. In pharmacological experiments the dose should always be expressed as a proportion of the weight of the animal. In man the weight is not often considered, for it depends so much upon bone and fat, which are not active tissues; but, as a rule, women require rather a smaller dose of medicine than men.

3. Habit. A man who is constantly under the action of a drug becomes very insusceptible to it. Thus an opium eater requires enormous doses of opium to produce any effect. A person who habitually takes purgatives requires very strong ones to open the bowels.

4. Idiosyncrasy.—The susceptibility to drugs varies very much. Some persons are salivated by minute doses of mercury, others bear it very well, and there is hardly a drug to which some people are not either exceptionally indifferent or susceptible.

5. Time of Administration.—Drugs all act to greatest advantage when given so that their effect will be produced at its natural time. Thus soporifics act best when given in the evening, slowly acting purgatives when given overnight, quickly acting ones when given before breakfast, ergot when given during labour.

6. Mode of Administration.—We have seen that drugs are rapidly absorbed from the subcutaneous tissues. Therefore a smaller dose is required for subcutaneous injection than when the same drug is given by the mouth, for absorption is slow from the upper gastro-intestinal tract. It is usually slower

still from the rectum, but there are many individual differences with different drugs; thus strychnine is not absorbed from the stomach, but is readily taken up from the pharynx and rectum, but prussic acid is readily absorbed from the stomach. Also certain drugs are excreted by the liver or destroyed in it when given by the stomach. Other things being equal absorption takes place quickly with an empty, slowly with a full viscus.

7. Mental Emotion. Sometimes if the patient's mind is particularly fixed on the action of the drug a small dose is powerful. For example, often, if the patient is convinced he will sleep, a very small dose of morphine is all that may be required.

8. Temperature. As the action of the drug on the organism is often partly chemical, the temperature must, in cold-blooded animals and excised structures, as muscle, &c., help to determine its action; but the temperature of man varies within so few degrees that this is not an important factor in medicine.

9. Preparation of Drug. A smaller dose of a soluble preparation, as a tincture, will be required than of a solid preparation, as a pill, which will have to be slowly dissolved before absorption.

10. Rate of Excretion. It is obvious that, other things being equal, a smaller dose will be required of a drug that is slowly excreted than of one which is rapidly excreted.

11. Cumulative Action.— Sometimes it is found that if a person has been taking a drug regularly, but without the production of any toxic symptoms, these will suddenly develop. This is said to be due to the cumulative action of the drug. It may be caused by the following circumstances:

(a) The drug may be absorbed more rapidly than it is excreted. This is the cause of the cumulative action of mercury and lead, both of which are excreted with difficulty by the kidney.

(b) There may be a sudden arrest in the excretion of the drug. It has been suggested that digitalis and strychnine, when the quantity of them in the tissues reaches a certain amount, contract the renal vessels, and hence excretion is arrested.

(c) It is possible that, owing to an alteration in the intestinal contents, a drug which was previously very slowly dissolved becomes quickly dissolved, and hence rapidly absorbed.

12. Disease.— The physiological action of drugs, and consequently the dose, are profoundly modified by disease. For example, a patient with peritonitis will bear enormous doses of opium. Antipyretics, which do not affect a normal temperature, powerfully depress a febrile temperature.

13. Species.— Different animals are often able to withstand largely different doses. Thus birds are very tolerant to opium, herbivora to atropine, and hedgehogs to many poisons.

e.g. cantharides, and white rats are much more tolerant than brown to various toxins. This probably depends upon the different chemical composition of the tissues of various animals.

PRESCRIBING.

The more complex **prescriptions** consist of

- (1) The Basis, or principal active ingredient.
- (2) The Adjuvans, or that which assists its action.
- (3) The Corrigenes, or that which corrects its operation.
- (4) The Constituens, vehicle, or excipient, which imparts an agreeable form.

Thus the object of every prescription is, if possible, to cure quickly, safely, and pleasantly. For example, in *Pilula Colocynthis et Hyoseyami* the colocynth is the basis, the aloes and scammony form the adjuvans, and the extract of hyoseyamus is the corrigens to prevent the griping. In *Mistura Creta* the cinnamon water is the vehicle. Many drugs do not require anything to assist their action or correct their operation.

Incompatibility of ingredients should be particularly avoided in prescriptions. There are three kinds of incompatibility :

(a) *Chemical Incompatibility.* Usually when chemical incompatibility occurs in a prescription, it is due to interaction between two soluble salts leading to the formation of another salt. Sometimes chemical incompatibility is encountered designedly, for example, perchloride of mercury is often prescribed with potassium iodide, mercuric biniodide is formed, but is kept in solution by the excess of potassium iodide. Often, however, in careless prescriptions, the interaction of soluble salts leads to the formation of a salt which is insoluble in the mixture, and a precipitate falls to the bottom of the bottle. It is important to remember that **glucosides** should not be ordered with free acids, which decompose them; nor **alkaloids** or **alkaloidal salts** with alkalies, alkaline salts, tannic acid, iodides, or bromides, for they precipitate them. Failure to remember this has caused death, all the alkaloid being swallowed in the last dose in the bottle.

With the following drugs it is **particularly difficult to avoid chemical incompatibility** :

| | |
|------------------------------|---------------------------------|
| Antipyrin. | Mercuric Chloride (especially). |
| Chlorine in solution. | All Iodides. |
| Iodine in solution. | All Bromides. |
| Liquid preparations of Iron. | Potassium Permanganate. |
| Lead salts. | Potassium Acetate. |
| Zinc salts. | Nitrites. |
| Silver salts. | |

The following table, drawn up by Potier, shows the most important instances of mutual incompatibility. p means "forms a precipitate."

| | Alkaloids | Metallic solutions (generally) | Lead or silver solutions | (Calcic solutions) | Magnesian solutions | Aluminium or gelatinous solutions |
|--|-----------|--------------------------------|--------------------------|--------------------|---------------------|-----------------------------------|
| Solutions of alkalis | p | p | p | p | p | p |
| Tannic acid | . | . | . | . | . | . |
| Carbonic acid and solutions of carbonates | . | . | . | . | . | . |
| Sulphuric acid and solutions of sulphates | . | . | . | . | . | . |
| Phosphoric acid and solutions of phosphates | . | . | . | . | . | . |
| Boric acid and solutions of borates | . | . | . | . | . | . |
| Hydrochloric acid and solutions of chlorides | . | . | . | . | . | . |
| Hydrobromic acid and solutions of bromides | . | . | . | . | . | . |
| Hydriodic acid and solutions of iodides | . | . | . | . | . | . |
| Solutions of sulphides | . | . | . | . | . | . |
| Arsenical solutions | . | . | . | . | . | . |
| Albumen | . | . | . | . | . | . |

Examples of chemical incompatibility are the prescribing of (1) tannic acid or substances containing it with alkaloids or metallic salts, especially those of iron; (2) vinegars or syrups containing acetic acid prescribed with carbonates lead to the evolution of CO_2 ; (3) strychnine sulphate is decomposed by potassium bromide, and strychnine is precipitated; (4) chloral and alkalies form chloroform; (5) quinine sulphate and potassium acetate together cause a voluminous precipitate of quinine acetate; (6) lime water with mercury salts (this incompatibility is intentional in Lotio Nigra and Lotio Flava) precipitates oxides of mercury; it decomposes carbonates and bicarbonates of alkalies; it precipitates solutions of quinine and morphine salts; (7) mercuric chloride is incompatible with most substances.

Tannic Acid.

Gallic Acid.

Acidum Hydrocyanicum Dilu-
tum.

Mineral Acids.

Liquor Potassæ.

Quinine Sulphate.

Guaiacum Tincture.

Substances rich in oxygen, as chlorates, iodate, permanganates, picrates, nitrate, and bichromates, should **not** be mixed with **readily oxidizable substances**, such as charcoal, sulphur, iodine, carbolic acid, glycerin, turpentine, and organic compounds—generally, for explosive compounds are very liable to be formed.

Poisonous compounds may be formed by the admixture of substances in solution; e.g. potassium chlorate and the syrup of iodide of iron liberate iodine, dilute hydrocyanic acid and calomel form cyanide of mercury, potassium chlorate and potassium iodide form at the temperature of the body a poisonous compound, probably potassium iodate. Death has occurred owing to patients having taken some of these careless prescriptions.

If, in a mixture, incompatibles are inevitable, they should both be diluted with the vehicle before they are added to each other. The careful prescriber will avoid combining any of the above incompatible substances.

(b) *Physical Incompatibility.* This occurs when the mixture of the substances will not form a clear solution; e.g. insoluble powder, and oils will not mix with water, the addition of which to some spirits and all resinous tinctures, and to liquid extract of male fern, causes a precipitate; an acid mixture is flavoured with liquorice, but the acid precipitates glycyrrhizin; an alcoholic solution added to chloral causes all the chloral to rise to the top.

In such cases the solution may be **thickened** so that the precipitate is suspended in it to form a **suspension or an emulsion**, but even then the mixture must be shaken before a dose is taken. **Mucilage of acacia** is the best suspending agent. The substances incompatible with it are mentioned on p. 6. **Tragacanth** is often preferred, for it keeps better than acacia; the addition of a little almond oil improves the appearance of the mixture. It is used, for example, to suspend the guaiac resin in *Mistura Guaiaci*. **Indian Gum** resembles acacia.

1 pt. of most fixed oils requires M. Acacia $\frac{1}{2}$ pt., water 1 pt.

1 pt. of balsam of Peru " 2 " $1\frac{1}{2}$

1 pt. of oil of turpentine " 1 " 1

Sometimes yolk of egg or milk is employed to form an emulsion or suspension. **Liquor Potassæ** much facilitates the admixture of fixed oils and water. This, for example, is the object of the *Liquor Potassæ* in *Mistura Olei Ricini* of B. P.

1885. It often, however, acts chemically on the ingredients of the prescription. Tincture of quillaia and tincture of cnegea, as they contain saponin (*q.v.*), aid the emulsification of any oil. Light carbonate of magnesium is employed to aid the diffusion of an oil in water, as in Vapor Olei Pini Sylvestris of B. P. 1885. Resinous tinctures require an emulsifying agent; an equal part of mucilage of acacia is the best. The suspension of oil of turpentine in mucilage of acacia is a common non-official example of an emulsion.

(c) *Pharmacological Incompatibility*; e.g. the combination of purgatives with astringents. Sometimes this is intentional, as in the occasional addition of atropine to a hypodermic solution of morphine. After the description of each drug, those that are incompatible with it will be enumerated.

THE PRESCRIPTION.

The details of a prescription should be written in the following order:

The *first* part is the *Superscription*, which is the sign R, an abbreviation for Recipe, "Take."

The *second* part is the *Inscription*, consisting of the names of the drugs in the genitive case (the vehicle in the accusative if "ad" is used with it), and their doses in the accusative.

The *third* part is the *Subscription*, that is to say, the directions to the dispenser. This in England and most other countries is written in Latin, but in France and the United States it is in the native language.

The *fourth* part is the *Signature*, that is to say, the directions to the patient (from L. "Signetur," let it be labelled). This is written in English.

The *fifth* part consists of the doctor's name or initials at the bottom on the right, the patient's name at the bottom on the left, and under it the date; thus:

Superscription. — R

Inscription. — Tincturæ Ferri Perchloridi ℥iij (basis).

Quininæ Hydrochloridi gr. xxx (adjuvans).

Magnesii Sulphatis (corrigenis),

Glycerini, āā ℥ij (corrigenis).

Infusum Quassiae ad ℥viiij (excipient).

Subscription. — Fiat mistura.

Signature. — Take one tablespoonful three times a day two hours after meals.

A. B. C. (doctor's initials).

William Smith, Esq. (patient's name).

16th June, 1913 (date).

Abbreviations. - Often this prescription would be abbreviated thus :

℞ Tinct. Fer. Perchlor. ℥iij.
 Quin. Hydrochlor. ℥ss.
 Mag. Sulphat.,
 Glycer., āā ℥ij.
 Inf. Quas. ad ℥viiij.
 F. m.

Take one tablespoonful thrice a day, two hours after meals.

William Smith, Esq.

A. B. C.

16th June, 1913.

s, ss, and fs are abbreviations for semi, a half, and aa for ana, of each.

The following is a prescription for a pill

℞ Extracti Nucis Vomicae gr. 4.
 Extracti Euonymi Sicci } āā gr. fs.
 Aloini }
 Hydrargyri Subchloridi gr. j.
 Extractum Hyoseyami Viride ad gr. v.

Fiat pilula. Mitte 24.

Take one immediately before dinner every evening.

William Smith, Esq.

A. B. C.

11th Nov., 1913.

It will be observed that the quantities in the prescription are for one pill only, and the chemist is directed to send 24. Often, however, the prescription is written with the quantity of each ingredient necessary to make the full number of pills. Thus :

℞ Extracti Nucis Vomicae gr. vj.
 Extracti Euonymi Sicci } āā gr. xij.
 Aloini }
 Hydrargyri Subchloridi gr. xxiv.
 Extractum Hyoseyami Viride ad gr. cxx.

Fiant pilulae 24.

Take one immediately before dinner every evening.

William Smith, Esq.

A. B. C.

11th Nov., 1913.

Prescriptions for powders are also written in either way.

The following is a metric prescription such as would be used on the Continent. The quantities, either of fluids or solids, are expressed in grammes, so that the abbreviation gm. for this word is omitted.

℞ Magnesiae Sulphatis . . . 30
 Acidi Sulphurici Diluti . . . 0.6

| | |
|--------------------------|-----|
| Syrupi Limonis | 30 |
| Aquæ | 180 |

Fiat haustus.

To be taken on rising in the morning.

William Smith, Esq.

A. B. C.

22 Jan., 1913.

The medicine may be prescribed as a **pill** when it is required that the patient shall carry it about with him, when only a small dose is needed, when it is desirable that it shall act slowly, when it is required to act on the lower bowel, when it is insoluble or nauseous, or when it is difficult to prescribe in the liquid form. Kaolin is the best basis for substances, as permanganate of potassium, which are decomposed by contact with organic matter.

Oils, and volatile, deliquescent, or bulky substances should not be prescribed as pills, as they require much solid excipient; nor should pills be used for substances required to act immediately. Insoluble or very nasty powders are often best given in *cachets*.

If it is required to give the drug in an *effervescing* draught or mixture, an alkaline carbonate is prescribed with the mixture containing the drug, while a solution of citric acid (*q.v.*) or tartaric acid (*q.v.*) is prescribed in a separate bottle. A dose from one bottle is mixed with a dose from the other, the acid acting on the carbonate liberates carbonic acid gas, hence the mixture effervesces. It should be drunk before effervescence has passed off.

Abbreviations should be employed as little as possible. Serious mistakes have happened because the abbreviations have been ambiguous. The following are especially to be avoided:

| | | | | |
|---------------|---|---|---|--|
| Acid. Hydroc. | (| " | " | Acidum Hydrochloricum or Acidum Hydrocyanicum). |
| Ext. Col. | (| " | " | Extractum Colchici or Extractum Colocynthis). |
| Hyd. Chlor. | (| " | " | Calomel, Corrosive sublimate, or Chloral hydrate). |
| Hyd. | (| " | " | Hydrargyrum, Hydras, Hydriodas, Hydrochloras, Hydrochloridum, or Hydrocyanicus). |
| Sulph. | (| " | " | Sulphur, Sulphide, Sulphate, or Sulphite). |

Sometimes the signature is written in Latin, and it is often abbreviated. A list of such abbreviations is given in the appendix.

In Great Britain it is always understood, unless otherwise stated, that the preparations are those of the British Pharmacopœia.

Ad. The prescriber should be careful in deciding whether or not to use this word before the vehicle. If it had been left out in the prescription on p. 35, the bulk of the mixture would have been nearly 10½ fluid ounces, and the amount of the ingredients in each dose would have been less than was intended.

Dispensing the Prescription. The dispenser should bear the following rules in mind: (1) Read the prescription through first. (2) Next write the directions, so that they have time to dry. (3) Solution by heat should not be used if more of the salt is ordered than will dissolve in cold water. In such a case it must be suspended. (4) With fluids, measure them in such an order that the measure-glass shall be finally rinsed out with the vehicle. (5) Use glass scale pans. (6) Clean and put away everything directly after use. (7) If in the slightest doubt ask the prescriber. (8) If finally the prescription contains any insoluble matter, label "Shake the bottle." (9) If the medicine is very poisonous, label it as such and use a distinctive bottle. (10) If for outward application only, say so. (11) In dispensing substances chemically incompatible, if there is any likelihood that the new body formed is dangerous, communicate with the prescriber before dispensing (*e.g.* potassium iodide prescribed with Spiritus Ætheris Nitrosi forms free iodine; alkaloids are precipitated by alkalis). Should there be no such reason against dispensing the prescription, keep the incompatibles as far apart as possible by diluting each with the vehicle before mixing.

PHARMACOLOGICAL AND THERAPEUTICAL ACTIONS.

When the action of a drug is spoken of, the physiological action is usually understood.

The primary action is that due to the unaltered drug; *e.g.* the emetic action of sulphate of zinc.

The secondary action is that due to compounds formed from the drug whilst it is in the body; *e.g.* the antiseptic effect on the urine of Uva Ursi taken by the mouth is by some thought to be due to the fact that arbutin, the active principle of Uva Ursi, is in its passage through the kidney decomposed into a glucoside and hydroquinone, and the latter is a powerful antiseptic.

The direct or local action of a drug is that produced on any organ with which it comes in contact; *e.g.*, the cantharidin in cantharides, in being excreted through the kidneys, causes inflammation of them.

The indirect or remote action is a secondary effect, the result of the direct effect; *e.g.* urari paralyzes the respiratory muscles, consequently the blood becomes venous, and therefore convulsions take place. In this case the venosity of the blood and the convulsions are each of them indirect actions of urari.

It is clear that among drugs acting on the same parts, the total effect will depend very much upon which part is first affected. For example, atropine and urari will paralyze motor nerves, but atropine first affects the terminations of the vagus, and only late in its action the motor nerves of the voluntary and respiratory muscles; hence paralysis and asphyxia are late symptoms, and a rapid pulse is an early symptom. Urari, however, early affects the nerve endings of the voluntary and respiratory muscles, and the heart towards the end; therefore asphyxia and paralysis occur early, and a rapid pulse is a late symptom.

Relation between Chemical Constitution and Physiological Action. There is no doubt that the physiological action of a drug often depends upon its chemical constitution. Naturally, substances which are broken up in the body in such a way as to lead to the liberation of a common element or group will have a similar action. The action of a drug also depends upon electrolytic dissociation of its solutions, and then the effect depends upon which ion is the more poisonous. For example, the hydrochloride and sulphate of strychnine will have the same action owing to the intensity of action of the strychnine ion, and because the chlorine and sulphate ions can be disregarded, for the animal would be killed by the strychnine ion before enough of the chloride or sulphate ions could be given to have any influence. But with sodium chloride and sodium sulphate the action is quite different, because, the sodium being almost harmless, sufficient quantity of the drugs can be given for the chlorine and sulphate ions to have their separate effects.

Instances in which chemical constitution obviously influences action are the similarity of effects of nitrites, the fact that all chlorides, bromides, and iodides of ethane and methane are anaesthetic, the similarity of action of iodides of many metals and the similarity of action of bromides of many metals.

Substitution of one radical for another in organic compounds often strikingly modifies their action; for example, if strychnine, brucine, and thebaine are converted into methyl

strychnine, methylbrucine, and methylthebaine, the convulsive action of each of the first three substances is replaced by a paralyzing action. The effect of substitution may be also well seen in the various derivatives of atropine and cocaine, and in the relation of aconitine (*q.v.*) to benzaconine and aconine. Another very interesting case in point is that methyl glucoside is sweet, ethyl glucoside is somewhat sweet, phenyl glucoside is bitter, and benzyl glucoside is intensely bitter.

Sometimes the position of the radicals in the molecule is of great physiological importance: thus resorcin (meta-dihydroxybenzene) is very sweet, whilst pyrocatechin (ortho-dihydroxybenzene) is bitter.

Sometimes the molecular weight appears to influence the intensity of action, for the relative toxicity of various alcohols is as follows: methyl alcohol, 0.8; ethyl alcohol, 1.0; propyl alcohol, 2.0; butyl alcohol, 3.0; amyl alcohol, 4.0.

The difficulty of the whole subject is, however, so great that it is impossible at present to lay down any laws sufficiently general to be of any use to the beginner. It must be remembered that dissimilarity of action is often more apparent than real, for it may be due to varying solubility, digestibility, rate of absorption, rate of elimination, or rate of diffusion, also to the organ which happens to be first affected, and the degree to which the drug can dissolve the constituents of tissues.*

Relation between Physical Condition and Physiological Action.—The physical condition must obviously influence the action. For example, a volatile drug can act directly on the respiratory mucous membrane, and it can be absorbed very rapidly. Drugs insoluble in the gastro-intestinal fluids act very slowly unless given in solution. Again, the rate and direction of diffusion must depend upon whether the solution of the drug is isotonic, hypotonic, or hypertonic as regards the fluid with which its solution is diffusing. But often the action of physical laws is apparently interfered with by selective action of cells, in which case the drug must enter into chemical combination with the affected cells. Sometimes this selective action is very striking; for example, alcohol and lead both produce peripheral neuritis, but alcohol chiefly affects the anterior tibial nerve, whilst lead the musculo-spiral. Inasmuch as the results of diffusion are best seen with solutions of salts of alkaline metals, effects on the body which result from diffusion are said to be due to "*salt action*."

Drugs may be classified according to the parts on which they act, and before describing each individual drug, a classification on this principle will be given.

* Those wishing for further information on this subject should consult *The Chemical Basis of Pharmacology*, by Francis and Portescue-Brickdale. Arnold. 1908.

Division I.—Drugs acting upon Organisms which infest the Human Body, or upon Processes going on outside it.

Antiseptics are drugs which arrest putrefaction, either by preventing the growth of, or completely destroying, the micro-organisms on which decomposition depends. Some authors limit the use of the word to those drugs which prevent the growth of micro-organisms, and call those substances which destroy the micro-organisms **disinfectants**.

Statements are most discordant as to whether certain substances are antiseptics, and as to the strength of their antiseptic power. This is because antiseptics act differently on different organisms; and the distinction has not been drawn between preventing the growth of and destroying micro-organisms. Also because the power of antiseptics depends upon the temperature at which they act, the medium in which they are dissolved, the strength of the solution, the time given them to act, and the number of micro-organisms present in the substance to which they are added.

To properly test the value of an antiseptic the above conditions must be noted. All instruments and substances—except the fluid containing the micro-organisms to be tested—are heated so that any adventitious micro-organisms are destroyed. A cultivating medium, such as agar-agar jelly, in which the micro-organisms will grow, is selected, and two test-tubes, each containing some of it, are taken; to one of these the supposed antiseptic is added. Some fluid containing the micro-organisms is then added to both test-tubes; both are plugged with sterilized cotton wool to prevent the entrance of germs from the air, and it is observed whether the micro-organisms will grow in the tube containing no antiseptic, but not in that containing the antiseptic. As the power of an antiseptic depends on so many circumstances, no exact order of their potency can be given, but roughly the more powerful are placed first in the following list:

1. **Heat**.—This is the best antiseptic, but a temperature of at least 212° F. is usually required. After an infectious fever, clothing, bedding, &c., may be heated in a dry air chamber to between 200° and 300° F.; or what is far better, as dry air does not penetrate the spores nearly as well as moist, and the interior of the rolls of fabrics often hardly gets heated at all, steam under pressure may be driven through them. Another useful way is to boil the infected things in water. Surgical instruments are disinfected in this way.

2. **Perchloride of Mercury**.—A solution of 1 in 1000 is constantly used for washing hands, and many other purposes connected with midwifery and surgical operations.

3. **Chlorine** is, as a rule, too irritating. Chlorine gas, disengaged by the action of hydrochloric acid on black oxide of manganese, may be used to disinfect a room, the windows, chimneys, and doors of which are pasted up. Disengaged from chlorinated lime, it is used to disinfect and deodorize urinals. It must be remembered that it attacks and bleaches many substances.

4. **Bromine**, and 5. **Iodine** are rarely used, as they are too irritating.

6. **Iodoform** yields iodine when in contact with animal tissues and so acts as an antiseptic.

7. **Carbolic acid** is largely used.

8. **Creosote**, 9. **Thymol**, and 10. **Naphthol** are as powerful as carbolic acid, but far less soluble in water.

11. **Salicylic acid**, 12. **Resorcin**, 13. **Quinine**, 14. **Oleum Eucalypti** and other essential oils and oleo resins.

15. **Balsam of Tolu**, 16. **Balsam of Peru**, 17. **Benzoin** are powerful but too expensive for general use.

18. **Peroxide of hydrogen** is used in surgery. It is also the active ingredient of Sanitas.

19. **Sulphur dioxide**, formed by burning sulphur, is used to disinfect rooms.

20. **Boric acid** is feeble, but, as it is not irritating, it is widely used for surgical purposes and for preserving food materials.

21. **Permanganate of potassium**, and 22. **Chloride of zinc** are used domestically.

23. **Sulphate of zinc**, 24. **Sulphate of copper**, 25. **Nitrate of silver**, 26. **Potassium bichromate**.

27. Strong acids and alkalis such as **hydrochloric acid** and **caustic potash**.

28. **Alcohol** is antiseptic only in strong solution.

Creolin, **Lysol**, **Izal**, **Chinosol** and **Formaldehyde** (**Formalin**) are not pharmacopœial, but they are powerful and much employed.

Dixon gives the following useful classification of the way in which antiseptics act:—

- (a) Salt action. These by osmosis extract water from micro-organisms and so kill them, *e.g.* common salt (used for preserving meat) and sugar (for preserving fruit).
- (b) Oxidation, *e.g.* potassium permanganate. Chlorine, bromine and iodine act in the presence of water by abstracting hydrogen.
- (c) Reduction, *e.g.* sulphur dioxide in the presence of water, and formic aldehyde, which, however, also combines with proteins.
- (d) Precipitation of proteins, *e.g.* many metals by acting directly on the micro-organisms and also on their food in solution.
- (e) Protoplasmic poisons, *e.g.* coal-tar products.

We do not know of any drugs which, when taken internally or inhaled, will certainly destroy micro-organisms, either in the gastro-intestinal tract or respiratory passages, unless they are sufficiently concentrated to be fatal to the patient. Some authorities, however, consider that naphthol, calomel, cyllin, and certain other substances will destroy micro-organisms in the stomach and intestines, cyllin being the most active. As the ethereal sulphates in the urine are increased by bacterial action in the intestine, they form a gauge of the efficacy of intestinal antiseptics, and it is said they are a little decreased in some diseases after giving these drugs. Many attempts have been made to combat diseases due to micro-organisms by the injection of antiseptics into the blood, but there is no evidence of any success.

Deodorants or deodorizers are substances which destroy disagreeable smells. There are too many for enumeration. Many antiseptics are deodorizers.

Antizymo'ics.—This is a word sometimes applied to drugs which arrest fermentation.

Anthelmintics are drugs which kill such parasitic worms as infest the alimentary canal. Three kinds only are commonly met with among people living in England.

(1) Tapeworm (*Tenia solium* and *T. mediocanellata*). Anthelmintics: **Filix Mas** (mostly used), **Oleum Terebinthinæ**, **Cusso**, **Granati Cortex**, **Melon Pumpkin Seeds**, **Embelia**.

(2) Round-worm (*Ascaris lumbricoides*). **Santonin** (probably more strictly a vermifuge). **Neem Bark, Butea Seeds.**

(3) Thread-worm (*Oxyuris vermicularis*). Anthelmintics: Rectal injections of **salt water, infusion of quassia, solutions of iron salts, or diluted oil of turpentine.** It is doubtful whether these drugs (except turpentine) relieve the patient by killing the thread-worms which inhabit the rectum, or merely render this part unfit for them by removal of mucus.

Anthelmintics for the tape- or round-worm should be given when the alimentary tract is empty. Hence it is a good plan to give a dose of castor oil a few hours before the anthelmintic, so as to ensure that the drug comes in contact with the worm. To expel the dead parasite a purgative should be given a few hours after the anthelmintic. Purgatives used for this purpose are called **Vermifuges.** **Vermicide** is a term sometimes applied to drugs which kill intestinal entozoa.

Antiparasitics or parasiticides are substances which destroy parasites. The term is usually applied to those which destroy parasites infesting the skin.

(1) For the various forms of tinea the following are used: **Mercurial** preparations, especially the oleate, tincture of **iodine**, glycerin of **carbolic acid**, an ointment of **pyrogallic acid**, a **boric acid** lotion, **salicylic acid** lotion, **acidum sulphurosum**, **formalin**, and **thymol**; and if the patches are small, severe irritants, as **croton oil, cantharides**, and **chrysarobin** ointment. *T. versicolor* never requires severe irritants.

(2) As a parasiticide for itch, **sulphur** ointment is generally used. **Balsam of Peru** and **Storax** are also effectual.

(3) *Pediculi vestimentorum* will be killed by any mild parasiticide. Unguentum **Staphisagriæ** is often used.

(4) *Pediculi capitis* and *pediculi pubis* are also easily killed by mild parasiticides; **mercurials** are commonly employed, so is Unguentum **Staphisagriæ.**

Antiperiodics are drugs which arrest the return of diseases which recur periodically. Some, and probably all, act as direct poisons to the micro-organism causing the disease.

They are **cinchona bark, quinine** and its salts (by far the most powerful), **cinchonine, arsenious acid, eucalyptus, hydrastis, salicin, and salicylic acid.** They are used for all forms of intermittent fever and neuralgia.

Division II.—Drugs acting on the Blood.

A. Drugs acting on the Plasma. - Many substances must after absorption exist in solution in the plasma, and purgatives, diuretics, and diaphoretics must alter the composition of the plasma by abstracting substances from it. Only very slight changes in the reaction of plasma, which is normally practically neutral, are compatible with life. It is never necessary to make the plasma more acid as any excess of alkali is neutralised by carbonic acid, but in certain conditions there may be an excess of acid, which requires neutralisation. This is done by means of the carbonates, citrates or tartrates of the following metals :—

- | | |
|-----------------------|-----------------------|
| (1) Potassium. | (4) Lithium. |
| (2) Sodium. | (5) Magnesium. |
| (3) Ammonium. | (6) Calcium. |

The citrates and tartrates of these metals are oxidised in the body to alkaline carbonates.

Therapeutics. — Alkalies are administered to reduce the acidosis of diabetic coma, sodium bicarbonate being the drug usually selected. They are also given in gout in the hope of increasing the solubility of uric acid in the plasma. As the treatment is continued for some time, a preparation which does not upset digestion, such as potassium citrate or lithium citrate, is usually preferred. Both potassium and lithium urates are more soluble than the sodium urate, but the change produced in the composition of the plasma must be very slight. The excretion of potassium and lithium carbonates in the urine, which results, aids the excretion of uric acid by increasing its solubility in the urine and by causing diuresis. For the same purpose natural alkaline waters are frequently prescribed.

In *lead-poisoning* the lead is locked up in the tissues in a very sparingly soluble form. Potassium iodide is given because some authorities believe it increases the solubility of lead in the plasma, and consequently facilitates its excretion by the kidneys.

Alkalies have been largely used in *rheumatic fever*, on the assumption that there is a deleterious agent in the plasma, and that its solubility is increased by increasing the alkalinity of the plasma; but this treatment has now been abandoned in favour of that by salicylates. For the same theoretical reason alkalies have been given in rheumatoid arthritis.

Purgatives, diaphoretics, and diuretics necessarily alter the composition of the plasma, and are largely used when there is much œdema of any part, or effusion into serous cavities, in the hope that as fast as these remedies drain off fluid from the plasma it will be replaced by that which is effused pathologically. Also they are given in conditions, as uræmia, in which it is thought that there are poisons in the blood, in order that their excretion may be hastened.

The composition of the plasma can also be altered directly either by venesection or transfusion.

B. Drugs acting on the Red Corpuscles.—The most important are those which can increase the amount of hæmoglobin when that is deficient. Strictly speaking, all these have a pathological and not a physiological action, for we know of no drugs which will increase the amount of iron in perfectly healthy blood. These drugs are called **hæmatinics**. They are—

- (1) **Iron and its salts.** | (2) **Arsenious acid.**

They not only increase the quantity of hæmoglobin in each corpuscle, but also the number of red corpuscles. Their action is much aided by good food, fresh air, and attention to the general health, and especially to the digestive organs. The mode of action of these hæmatinics is very obscure, and will be discussed under each drug. Iron is by far the most important and effectual.

Potassium permanganate, salts of copper, hydrochloric acid, potassium salts and phosphorus have been incorrectly termed hæmatinics.

Indirect hæmatinics are drugs which benefit the patient by removing some obvious cause for his deficiency in hæmoglobin, or anæmia, as it is generally termed. Such are mercury, given for syphilis, quinine for ague.

The size of the red blood-corpuscles is said to be diminished by carbonic acid, quinine, and morphine, and to be increased by oxygen and hydrocyanic acid, and their number is said to be increased by small doses of mercury.

A large amount of sodium chloride causes the red corpuscles to pass rapidly through the walls of the capillaries.

There are some drugs which are not employed therapeutically for their action on the blood, which are nevertheless very important physiologically and toxicologically, for they kill by **altering the composition of the hæmoglobin**, thus preventing its uniting with oxygen. Such are carbonic oxide, which displaces the oxygen from oxyhæmoglobin forming carboxyhæmoglobin. Potassium chlorate, acetanilide, phenazone, phenacetin, pyrogallie acid, potassium permanganate, and nitrites, especially nitrites, convert the hæmoglobin into methæmoglobin, and destroy the red corpuscles.

Phosphorus, sulphuretted hydrogen, turpentine, iodine, and sulphur also reduce oxyhæmoglobin. Phosphorus is especially destructive to the blood.

When freshly drawn blood is exposed to the air its oxidation is diminished by hydrocyanic acid, alcohol, chloroform, quinine, morphine, nicotine, strychnine, and brucine.

C. Drugs acting on the White Corpuscles.—Most if not all drugs which are poisons to amœbæ are poisons to white corpuscles when applied in sufficient strength, which, however, is rarely the case in the human body. All **irritants** which set up inflammation cause the white blood-corpuscles to wander through the capillary walls; and all the **cinchona alkaloids** have the power of arresting this migration: of these, quinine is the most powerful. **Acetanilide** is also powerful. If the quinine is circulating in the capillaries, it prevents the white corpuscles

from wandering out ; if it is applied to the outside of the vessels, it prevents the corpuscles from wandering away from the vessel through the wall of which they have passed. Arsenic increases the red marrow and leads to the formation of many erythroblasts and myelocytes.

Veratrine applied to white corpuscles outside the body kills them.

Camphor, myrrh and other aromatics increase their production by increasing absorption from the intestine. Benzoic acid and large doses of colchicum increase the number of polymorphonuclear cells. Small doses of colchicum diminish them.

D. Drugs altering the Coagulability of the Blood.

Those which increase it :—

CALCIUM SALTS, especially the CHLORIDE and LACTATE ;
MILK, in virtue of its calcium salts ; MAGNESIUM OR
STRONTIUM CARBONATE OR LACTATE ; CO_2 .

Those which diminish it :—

CITRIC ACID ; ALCOHOL ; BILE ; large quantities of fluid ;
OXYGEN.

Therapeutics.—Calcium chloride or lactate is largely given to increase coagulation when bleeding is severe, *e.g.* in operations on jaundiced patients, or in hæmoptysis, or when for other reasons increased coagulability is desired, *e.g.* aneurysm. Citrates have been used to diminish the coagulability in thrombosis and embolism, but it is probable that in order to appreciably increase or diminish the coagulability of the blood larger doses of drugs would have to be used than can be given ; and further, many observations on the coagulability of the blood are quite unreliable, for it is difficult to make entirely trustworthy observations on coagulation.

Division III.—Drugs acting on the Cardiac Mechanism.

The heart is capable of spontaneously originating impulses which in health begin in the sinus venosus, and spread downwards over the auricle and the ventricle to the apex. It used to be considered that these movements were due to spontaneous impulses proceeding from the cardiac ganglia surrounding chiefly the entrance of the superior and inferior venæ

cave, the entrance of the pulmonary veins, and the auriculo-ventricular groove; but we now know that there is no certain evidence that these ganglia originate impulses, and most of the evidence goes to show that the contraction of the muscular fibres is due to spontaneous impulses arising in them. This contractile power of the muscular fibres can be inhibited by the vagus, the fibres of which proceed from the vagal nucleus in the medulla, and can be augmented by the augmentor or accelerator nerve-fibres, which proceed downwards in the cervical spinal cord to the upper dorsal nerves, from which they pass through the first thoracic ganglion to the sympathetic, and so to the cardiac plexus, and thence to the heart. We are ignorant of any function for the cardiac ganglia; we know that medullated nerve-fibres lose their medulla in them, and that more fibres proceed from them than enter them. Possibly they have a nutritive function. We have therefore only to consider the action of drugs on the muscular substance of the heart, on the vagal or inhibitory fibres, on the vagal centre, on the augmentor, accelerator, or sympathetic fibres, and on the accelerator centre. The centres are remarkably easily affected by afferent impulses, proceeding from the heart itself or from almost any part of the body. Our information concerning the action of drugs on the heart of man is necessarily rather inexact, for many experiments are difficult to perform upon the mammalian heart, consequently the cold-blooded animals have been largely used; and as some differences are observed among them—for example, between the frog and the tortoise—it is probable that the deductions drawn from experiments upon the hearts of warm-blooded animals are not wholly applicable to man. In the following account of drugs the action described is that of a moderate dose; the action of a very large dose is generally the reverse of that of a moderate dose.

A. Drugs acting upon the Heart directly.—Our knowledge of these has been gained by studying the action of drugs upon excised hearts or pieces

of the heart, and the action of drugs locally applied to the heart, either by gently applying a solution externally, or internally by means of a perfusion cannula. It is difficult to decide whether a drug acts upon the muscular fibre itself, or upon the fine nerves between these fibres, so that no attempt will here be made to distinguish between these actions. As the apex of the heart contains fewer nerves than the rest of the organ, it has been concluded that if a drug acts upon the apex, when it is cut off from the remainder of the heart it acts upon the muscle only; but it would be difficult absolutely to deny the existence of fine nerve-fibres in the apex. The vagus or inhibitory nervous mechanism has been much more studied than the accelerating. The effect of stimulating the muscle may be either to increase the rate or the force of the beat, or to do both; that of stimulating the minute branches of the vagus or its terminations in the heart will be either to diminish the rate or the force of the beat, or both; and the effect of stimulating the accelerator fibres will be just the opposite; and in each of these three cases the effect of paralysing will be the reverse of stimulating. The distinction between a stimulating effect on the terminations of the vagus and a depressing effect on the terminations of the accelerator nerves might be determined by observing the effect of stimulation of each of these nerves before and after the local application of the drug, provided that it has been shown that the muscle itself is not affected by the drug; but this is often difficult to prove. It is easily seen that the complexity of the problem is so great that it will be most convenient to classify the drugs which act locally on the heart by the effect they produce, without attempting to say whether they act on the muscle or nerve terminations.

Drugs increasing the force of the contraction:

- | | |
|---------------------------------|--------------------------------|
| (1) Digitalis. | (7) Erythrophloeum. |
| (2) Strophanthus. | (8) Barium Salts. |
| (3) Squill. | (9) Suprarenal extract. |
| (4) Convallaria Majalis. | (10) Physostigmine. |
| (5) Apocynum. | (11) Sparteine. |
| (6) Veratrine. | |

(In large doses these drugs in frogs always cause arrest of heart in systole; in mammals the final arrest may be in diastole with some, e.g. digitalis. **They all slow the pulse.**)

Drugs an important action of which is to increase the rate of the cardiac beat:

- | | |
|-------------------------|----------------------|
| (1) Atropine. | (4) Cocaine. |
| (2) Hyoscyamine. | (5) Caffeine. |
| (3) Duboisine. | |

Drugs an important action of which is to slow the rate of the cardiac beat (see also first list given above):

- | | |
|-----------------------|-------------------------|
| (1) Muscarine. | (2) Pilocarpine. |
|-----------------------|-------------------------|

Drugs which increase both the force and the number of the beats:

- | | |
|------------------------|-------------------------|
| (1) Alcohol. | (4) Anæsthetics. |
| (2) Ether. | (5) Quinine. |
| (3) Chloroform. | |

Drugs which markedly decrease both the force and the number of the beats (these are called cardiac depressants):

- | | |
|------------------------------|--------------------------|
| (1) Hydrocyanic acid. | (9) Emetine. |
| (2) Aconite. | (10) Muscarine. |
| (3) Veratrine. | (11) Pilocarpine. |
| (4) Antimony. | (12) Phenazone. |
| (5) Arsenic. | (13) Acetanilide. |
| (6) Saponine. | (14) Phenacetin. |
| (7) Chloral Hydrate. | (15) Lobelia. |
| (8) Bromides. | |

Alcohol, chloroform, salicylates, and apomorphine, all in large doses.

B. Drugs acting on the Vagus Centre.—If we observe that the giving of a drug to an animal alters the beat of the heart, but that this alteration can be done away with, either by cutting the vagi or stimulating the peripheral end of the nerve—if one only of them be cut—we may conclude that the drug acted on the vagus centre in the medulla. The excitability of the vagus centre depends so much upon the vascosity of the blood and the blood-pressure, and so many drugs that act directly on it also act on other parts of the cardiac apparatus, that a complete list of those influencing it cannot be given. The following are the chief, and reference to the individual drugs will show whether the vagus centre is the

most important part of the cardiac apparatus which is affected, and also the period of action of the drug in which the centre is affected.

Drugs which stimulate the vagus centre : that is to say, the pulse is slowed, but this slowing disappears on section of the vagi :

- | | |
|------------------------------------|--|
| (1) Aconite. | (16) Butyl Chloral. |
| (2) Veratrine. | (17) Hydrastis. |
| (3) Nicotine. | (18) Suprarenal extract. |
| (4) Digitalis. | (19) Pituitary (posterior part) Extract. |
| (5) Strophanthus. | (20) Picrotoxin. |
| (6) Squill. | (21) Staphisagria (Delphinine). |
| (7) Convallaria Majalis. | (22) Atropine. |
| (8) Apocynum. | (23) Hyoscyamine. |
| (9) Hydrocyanic acid. | (These last three only very early in their action.) |
| (10) Strychnine. | (24) Increased blood-pressure. |
| (11) Cocaine (large doses). | (25) Venous blood. |
| (12) Chloroform. | |
| (13) Alcohol. | |
| (14) Ether. | |
| (15) Chloral Hydrate. | |

Drugs which depress the vagus centre : Large doses of some of the drugs mentioned in the last list, and drugs which diminish the blood-pressure, such as amyl nitrite and cocaine.

C. Drugs acting on the Accelerating Centre.—

We know very little of drugs which depress this. The following probably stimulate it, for their administration renders the pulse still more rapid after the vagi have been cut :—

- | | |
|------------------------|-------------------------|
| (1) Ammonia. | (3) Delphinine. |
| (2) Picrotoxin. | (4) Apomorphine. |

D. Drugs acting on Cardiac Nerve Ganglia.—

These first slightly stimulate and then profoundly paralyse all nerve ganglia. In the case of the heart, they act chiefly on the vagal ganglia, and so the pulse is at first a little slowed, but soon it becomes rapid, weak, and irregular :—

- | | |
|----------------------|-----------------------|
| (1) Nicotine. | (3) Lobelia. |
| (2) Conine. | (4) Gelsemium. |

Therapeutics.—The drugs most used for their action on the heart are digitalis, squill, strophanthus, convallaria majalis, caffeine, alcohol, ether, chloroform, strychnine, belladonna, aconite, anti-

mony, and hydrocyanic acid. The therapeutic indication for each of these drugs will be found given under the individual drug.

Division IV. Drugs acting on the Vessels.

These are usually studied either by directly observing alterations in the size of the vessels in some thin structure, such as the ear of a rabbit, the mesentery, tongue, lung, web, or mylo-hyoid of a frog, or the wing of a bat; or the rate of the flow may be observed. This can be conveniently done by cutting some part, as the toes of a frog, and noticing the rate at which the blood flows from the cut vessels with and without the administration of the drug to the animal. It is often necessary that an artificial circulation should be maintained; for, if not, it might be difficult to prove that the alteration in the quantity of blood flowing from the cut surface was not due to influences acting on the cardiac mechanism. In order to determine if the changes are due to local or central effects, it is necessary to destroy the spinal cord, or to cut the nerves going to the part. When a drug is applied locally, as to the mesentery, and the vessels alter, if the nerves going to the part are not cut, it is difficult to say whether this alteration is direct or reflex.

Drugs are applied to the interior of vessels by injecting them into the circulation.

We know that each vessel is controlled by vaso-constrictor and vaso-dilator nerves, and that these proceed by different paths from the central nervous system, but we do not know upon which set of nerves drugs act; probably some upon the vaso-constrictor, and some upon the vaso-dilator. We can only classify the drugs into those which dilate or contract the vessels by local action, and those which produce these effects through their action on the central nervous system. When a drug acts locally we cannot tell whether it acts on the muscle in the wall of the vessel, or on the nerve terminations.

It of course follows that drugs acting on the

heart, or on a large vascular area, will considerably modify the blood-pressure.

A. Drugs acting locally on Vessels.

Drugs which, when locally applied to vessels, dilate them :

- | | |
|--|--|
| (1) Liquor ammoniæ. | (14) Carbolic acid. |
| (2) Silver nitrate (strong). | (15) Creosote. |
| (3) Zincchloride (strong). | (16) All volatile oils , as oil of turpentine, and many substances con- taining them, as mus- tard, Armoraciæ Ra- dix, &c. |
| (4) Copper sulphate (strong). | (17) Senega. |
| (5) Mercuric nitrate. | (18) Chrysarobin. |
| (6) Arsenious acid. | (19) Ipecacuanha. |
| (7) Tartarated anti- mony. | (20) Capsicum. |
| (8) Iodine. | (21) Croton oil. |
| (9) Chlorine. | (22) Camphor. |
| (10) Mineral acids (strong). | (23) Cantharides. |
| (11) Alcohol. | (24) Mylabris. |
| (12) Ether. | (25) Warmth , however ap- plied, but usually as a poultice. |
| (13) Chloroform (the last three if prevented from evaporating). | |

Irritants.—All the above, as they dilate the vessels, are often spoken of as vascular irritants.

Rubefacients are drugs which, when locally applied to the skin, cause it to become red because of the vascular dilatation induced. All the above drugs are rubefacients.

Vesicants.—Many of these drugs are sufficiently powerful irritants to cause inflammation. If this goes no further than the exudation of plasma from the vessels, and this plasma collects under the epidermis to form vesicles, the drug causing the production of vesicles is said to be a vesicant; *e.g.* cantharides.

Pustulants are such of the above drugs as are sufficiently powerful irritants to cause the inflammatory process to proceed to the passage of leucocytes through the walls of the capillaries. They collect in the vesicles, which consequently become pustules; *e.g.* croton oil.

Escharotics or caustics are the most powerful of all the above drugs. Their local application kills the part to which they are immediately applied, and sets up vascular dilatation of the surrounding area; *e.g.* strong nitric acid, zinc chloride, silver nitrate, and arsenious acid.

Counter-irritants.—It has been shown by experiments on animals that when the vessels of the skin are dilated by the application of an irritant, those of the viscera, especially those in the abdomen, are often reflexly constricted, leading to a rise of blood-pressure and slight acceleration of the heart and respiration. The same is probably true of man. An irritant is called a counter-irritant when it is applied to the skin with the object of constricting the vessels of the subjacent viscera. It is particularly to be remembered that this is a reflex nervous action, and is in no way due to the withdrawal of blood into the dilated vessels of the skin. Experience has shown that certain organs are best influenced by application of the counter-irritant to a definite part of the skin, *e.g.* a blister applied to the epigastrium relieves gastric pain. Usually it will be found that the area of the skin is that which Head has shown to be associated with the viscus.

The following, when inhaled, dilate peripheral vessels by acting locally on them:

- | | |
|---------------------------|--------------------------------------|
| (1) Amyl nitrite. | (3) Spiritus ætheris nitrosi. |
| (2) Ethyl nitrite. | |

Drugs which, taken by the mouth, dilate arterioles by acting locally on them:

- | | |
|--------------------------------------|----------------------------------|
| (1) Caffeine. | (8) Manitol hexa-nitrate. |
| (2) Amyl nitrite. | (9) Nicotine. |
| (3) Trinitrin. | (10) Belladonna. |
| (4) Sodium nitrite. | (11) Hyoscyamus. |
| (5) Ethyl nitrite. | (12) Stramonium. |
| (6) Spiritus ætheris nitrosi. | (13) Antimony. |
| (7) Erythrol tetra-nitrate. | (14) Barium salts. |

Drugs which, taken by the mouth, contract arterioles by acting locally on them:

- | | |
|--------------------------------|---|
| (1) Ergot. | (8) Extract of Posterior Part of Pituitary Body. |
| (2) Digitalis. | (9) Pilocarpine. |
| (3) Squill. | (10) Muscarine. |
| (4) Convallaria. | (11) Barium chloride. |
| (5) Apocynum. | (12) Veratrine. |
| (6) Physostigmine. | |
| (7) Suprarenal extract. | |

The pituitary extract, although causing general constriction of arterioles, dilates those of the kidney.

In addition to the above the following have been shown by experiments in the laboratory to cause contraction of small arteries through which they circulate.

Salts of copper, zinc, tin, platinum, all cause powerful contraction.

Salts of lithium, calcium, strontium, magnesium, cadmium, nickel, cobalt, and iron cause slight contraction.

Drugs which, when locally applied to vessels, contract them.

These may act in two ways, either by contracting the muscular coat of the vessels, or by coagulating the albuminous fluids around them, the coagulum by its contraction constricting the vessels.

Those which, applied externally, contract the muscular coat of the vessels:

- | | |
|--|--|
| (1) Cold , however produced; hence rapidly volatilizing substances, as ether. | (5) Dilute solutions of silver salts. |
| (2) Suprarenal extract. | (6) Dilute sulphuric acid. |
| (3) Stypticin. | (7) Alum. |
| (4) Lead salts. | (8) Hamamelis. |
| | (9) Acetanilide. |
| | (10) Phenazonum. |

All the above, except the last two, are used in medicine to contract vessels.

Those which coagulate the albuminous fluids around the vessels:

- | | |
|--|--|
| (1) Tannic acid and all substances containing it; e.g. galls, krameria root, kino, hæmatoxylin, hamamelis, cinnamon, eucalyptus gum, and catechu. | (2) Lead salts. |
| | (3) Silver salts. |
| | (4) Zinc salts. |
| | (5) Copper salts. |
| | (6) Alum. |
| | (7) Per-salts of iron. |
| | (8) Bismuth salts to a slight extent. |

B. Drugs which act on the Vaso-motor Centres.

Drugs which, by their action on the vaso-motor centres, dilate the vessels :

- | | |
|------------------------|------------------------------|
| (1) Alcohol. | (5) Hydrocyanic acid. |
| (2) Ether. | (6) Opium. |
| (3) Chloroform. | (7) Thyroid gland. |
| (4) Chloral. | |

Some drugs, which in small doses contract vessels by central action, in large dilate them ; e.g. digitalis and squill.

Drugs which, by their action on vaso-motor centres, cause contraction of vessels :

- | | |
|---------------------------|---------------------------------|
| (1) Ergot. | (9) Stramonium. |
| (2) Digitalis. | (10) Hyoscyamus. |
| (3) Squill. | (11) Hydrastis. |
| (4) Convallaria. | (12) Strychnine. |
| (5) Apocynum. | (13) Salicylic acid. |
| (6) Physostigmine. | (14) Turpentine. |
| (7) Cocaine. | (15) Caffeine. |
| (8) Belladonna. | (16) Ammonia (slightly). |

C. Drugs acting on Vaso-motor Ganglia.—These are the same as act on the cardiac ganglia (*see* p. 52). After transitory stimulation they paralyse the ganglia, and hence blood pressure falls. Some think that the rise of blood pressure caused by ergot is due to stimulation of these ganglia.

Astringents are drugs which diminish the size of vessels, and so decrease exudation from them.

Styptics, or **Hæmostatics**, are drugs which stop bleeding. They comprehend all **astringents**, especially cold, lead and copper salts, hamamelis, ergot, tannic acid, and above all per-salts of iron, for they coagulate the blood which is flowing from the vessel, and the clot prevents further bleeding. Matico leaves (B. P. 1885), because of the numerous hairs on their under surface, favour coagulation of blood when locally applied to a bleeding surface. Cobwebs act in the same way.

Therapeutics.—Drugs which locally dilate vessels are applied to stimulate sores to heal ; they promote absorption of inflammatory products, including bacterial toxins which increase the resistance of the body to these toxins, as seen in the application of iodine over certain diseased joints ; they act as counter-

irritants in disease of deep-seated organs, as in the application of a blister for pleurisy. Drugs which by their central action cause dilatation of all the vessels of the body are used in certain forms of heart disease, as angina pectoris; and some suppose that the good they do is brought about by dilating the vessels and so rendering the work of the heart easier. Amyl nitrite and nitro-glycerin are much used for this purpose. Drugs causing general vascular dilatation are also employed to cause dilatation of the vessels of the skin, with the object of thereby leading to an increase of perspiration and an increased radiation of heat. Alcohol, Spiritus Ætheris Nitrosi, and Ipecacuanha amongst others are used in this way.

The most important use of astringents is as styptics; they are also used to check excessive discharges of all sorts, as in diarrhœa, leucorrhœa, &c., and in relaxed conditions of vessels, such as are often seen in pharyngitis.

There is perhaps no better opportunity than this of mentioning emollients and demulcents.

Emollients are substances which soften and protect parts. The word is usually employed for substances applied to the skin.

Common emollients are substances soaked in warm water, as hot fomentations and poultices; fats of various sorts, as lard and lanolin (hydrous wool fat); non-irritating oils, as olive oil, spermaceti, petroleum, vaseline, &c.

Demulcents are substances which protect and soothe parts. They retard the local action of substances dissolved in them, *e.g.* sugar tastes less sweet when dissolved in a demulcent than when dissolved in water. They are generally applied to mucous membranes, especially when unduly dry, and thus they are often used for the mouth.

Instances of them are gelatin, isinglass, glycerin, gum honey, linseed, starch, spogel seeds, and white of egg.

Division V.—Drugs acting on the Skin.

All those described in the last section act on the cutaneous vessels, but in addition we have---

A. Diaphoretics, or drugs which increase the amount of perspiration. These may do so either by stimulating the sweat centres in the spinal cord, the nerves proceeding from the centres to the glands, the terminations of the nerves in the gland, or the glandular cells themselves; or dilatation of the cutaneous vessels may, by the increase in the amount of blood and the greater warmth, stimulate the glands and lead to an increase of sweat. It is difficult to tell whether drugs acting on the vessels do not also act on the other parts of the mechanism; and it is also difficult to decide whether a drug acts on the gland-cells or the terminations of the nerves, so we will consider diaphoretics under two headings, those which act centrally and those which act peripherally. These are differentiated by observing whether the drug acts after the spinal cord is destroyed, and on a part of the skin after the nerves going to it are cut.

(a) *Diaphoretics acting peripherally*: **Pilocarpine** greatly increases the amount of sweat, acting on the nerve terminations in the gland-cells, and certainly not on the vessels. **Muscarine** acts just like pilocarpine. **Nicotine** also acts peripherally. Local applications of **warmth**, and **alcohol** taken internally, perhaps act in the same way in addition to their vascular action.

(b) *Diaphoretics acting centrally*:

- | | |
|------------------------------|-------------------------|
| (1) Antimony salts. | (4) Ipecacuanha. |
| (2) Ammonium acetate. | (5) Opium. |
| (3) Ammonium citrate. | |

(c) *Diaphoretics whose mode of action is doubtful*: Colchicum, salicine, lobelia, aconite, **potassium citrate and acetate**. All these, except the last two, are very feeble.

When a diaphoretic acts very powerfully it is called a **Sudorific**.

B. Anhidrotics, or **Antihidrotics**, drugs which diminish the amount of perspiration. The part on which these act is determined in the same way as in the case of diaphoretics.

(a) *Anhidrotics acting peripherally*: **Atropine** is very powerful, acting on the ends of the nerves in the glands;

hyoscyamus, stramonium, and agaricin act in the same way. The local application of **cold** has a similar action.

(b) *Anhidrotics the mode of action of which is doubtful (the action of all these is very slight):*

- | | |
|------------------------|------------------------|
| (1) Acids. | (4) Picrotoxin. |
| (2) Nux vomica. | (5) Zinc salts. |
| (3) Quinine. | |

Therapeutics.—Diaphoretics are used for three purposes: either to increase the amount of sweat because that of the urine is failing, and for this purpose pilocarpine is largely used; or in the hope that poisons may be excreted by the sweat, hence the use of pilocarpine in uræmia; or as mild antipyretics, in order to increase the loss of heat by increased evaporation: for this purpose alcohol, ipecacuanha, ammonium acetate, and opium were formerly much employed, but of late years much more efficient antipyretics have been discovered.

Anhidrotics are used either for general conditions, as phthisis, or for local conditions, as sweating of the feet; but they are not of great use in medicine.

We do not know of any drugs which will alter the composition of the sweat, except in so far as that certain drugs may be excreted in the sweat when taken internally: such are iodine, potassium iodide, succinic, tartaric, and benzoic acids, the last in the form of hippuric acid.

We have no knowledge of the effects of drugs on the sebaceous secretion.

Certain drugs when taken internally in large doses produce a rash on the skin, possibly because in the course of their excretion through the skin they irritate it. Such are—

- | | |
|------------------------|-----------------------------|
| (1) Copaiba. | (6) Belladonna. |
| (2) Cubebs. | (7) Chloral. |
| (3) Bromides. | (8) Opium. |
| (4) Iodides. | (9) Quinine. |
| (5) Turpentine. | (10) Salicylic acid. |

- | | |
|------------------------------|-----------------------------------|
| (11) Arsenical salts. | (16) Antitoxins. |
| (12) Acetanilide. | (17) Serums. |
| (13) Phenazonum. | (18) Aconite. |
| (14) Phenacetin. | (19) Silver salts may dis- |
| (15) Chloralamide. | colour the skin. |

Division VI.—Drugs acting on the Urinary System.

1. *Drugs increasing the quantity of urine secreted.* These are called diuretics. The kidney is a double organ with two distinct varieties of epithelium; it is particularly well supplied with vessels and vasomotor nerves, and is also profoundly under the influence of variations in the quantity of blood flowing through it; hence it is, with our present state of knowledge, impossible to say how many diuretics act, but the following table (p. 62), modified from Lauder Brunton's work, shows the various ways in which they probably act, many in more ways than one. Probably the most powerful is extract of the posterior part of the pituitary body, which has been shown by Schäfer to cause dilatation of the renal vessels and a greatly increased flow of urine.

Therapeutics.—Diuretics are used in cardiac and pulmonary diseases when, owing to the general vascular disturbance, the quantity of urine falls below the normal standard. Also in diseases in which there is excess of fluid in certain parts of the body; for example, pleuritic effusion and ascites, with the object of getting rid of as much fluid as possible by the kidneys. Also they may be used to dilute the urine, *e.g.* when it is prone to deposit its solids. Lastly, in certain forms of kidney disease, although in these maladies it is always a question how far it is desirable to stimulate diseased organs. It is of great importance to remember that diuretics may act in many different ways, that there are many causes for diminution in the quantity of urine secreted, and that it is difficult to say in any particular case what is the cause of the decrease in the quantity secreted.

| | | | | | | |
|---------------------|---|--|---|---|---|---|
| Generally | { | Increased cardiac action | { | Digitalis group, Caffeine, Alcohol. | | |
| | | | { | Digitalis group, Strychnine, Caffeine, Cold to skin. ? same as above. | | |
| | | General vascular contraction | { | Broom, Caffeine, Buchu, Uva ursi, Juniper, Turpentine, Copaiba, Cantharides. | | |
| | | | { | Pituitary Extract, Caffeine, Urea. | | |
| | | Contract efferent vessels | { | Urea, Caffeine, Alcohol, Calomel. | | |
| | | | { | Potassium acetate, Potassium citrate, Potassium nitrate, Sodium citrate, and other salines. | | |
| | | Locally in kidney | { | Dilate, chiefly locally, renal vessels | { | Urea, Caffeine, Alcohol, Calomel. |
| | | | | | | |
| | | Increase water and solids excreted | { | Urea, Caffeine, Alcohol, Calomel. | | |
| | | | | | { | Potassium acetate, Potassium citrate, Potassium nitrate, Sodium citrate, and other salines. |

Therefore it is usual to give diuretics in combination, in the hope that if one of them does not have the desired result another will.

2. *Drugs diminishing the quantity of urine secreted.*—These are such as produce acute inflammation of the kidney when given in large doses; e.g. turpentine, cantharides, phosphorus. They are never given for this purpose in medicine.

3. *Drugs rendering the urine acid.*—The chief official drug that can do this effectually is probably **benzoic acid**, for in its passage through the kidney it is converted into hippuric acid. Benzoic acid is therefore given when from any cause the urine undergoes alkaline decomposition anywhere within the urinary passages. Acid sodium phosphate is the natural acid of the urine, and its administration by the mouth increases the acidity of that fluid. Salicylic acid will, to a slight extent, increase the acidity of the urine, as will very large doses of citric or tartaric acid.

4. *Drugs which render the urine alkaline.*—Those organic salts of the metals **potassium, sodium, lithium, calcium** which are oxidised in the body to carbonates and excreted as such by the kidneys, such as the tartrates and citrates, and to a less extent the acetates, will do this. The carbonates have the same effect. Nitric acid is said to increase the amount of ammonia in the urine, and thus to render it slightly alkaline. Organic ammonium salts and ammonium carbonate given internally do not render the urine alkaline, because they are decomposed in the body, urea being probably formed.

Lithontriptics are drugs which prevent the deposition in the urinary passages of the solids of the urine. If this fluid be acid, uric acid often crystallizes out, forming gravel or uric acid calculus; less often calcium oxalate crystallizes, giving rise to calcium oxalate calculus. When there is any likelihood of the formation of either of these calculi, alkalies may be given. If the urine is undergoing alkaline decomposition phosphates are liable to

Sodium citrate,
and other salines.

crystallize out. In this case the object will be to render the urine acid and aseptic. This will be attained by giving benzoic acid, salicylic acid, the acid phosphates, and urinary antiseptics.

Therapeutics.—The chief use of alkalies is to diminish the acidity of the urine, so as to render the precipitation of uric acid unlikely; or to render it alkaline, so as to attempt to dissolve a uric acid calculus. We know of no drug which will dissolve an oxalate of lime calculus. Alkalies are also given to gouty subjects, partly to alkalize the blood, but also partly to alkalize the urine, for such persons are very prone to deposit uric acid in the urine. Potassium urate is much more soluble than sodium urate, and lithium urate is perhaps even more soluble; citrates and acetates are not likely to upset the digestion, consequently the drugs most used are the citrates of potassium and lithium. Copious draughts of water, by diluting the urine, aid in preventing the deposition of uric acid or oxalate of lime calculi. Natural alkaline waters are largely used.

5. *Drugs destroying bacteria in the urine.*—If the urine is retained in the bladder by stricture or from any other cause, it often undergoes alkaline decomposition as a result of bacterial infection, and the same result may be brought about by the admixture of pus with it. Bacteria may also exist in weakly acid urine. The following drugs are reputed to hinder the growth of bacteria in the urine, but the action of all but the first trace is very feeble. Some act by rendering the urine acid (see p. 53). Urotropine by the formation of formaldehyde provided the urine is acid. So if this is alkaline acid sodium phosphate is given with urotropine.

- | | |
|--------------------------------|----------------------------------|
| (1) Benzoic acid. | (6) Uva ursi. |
| (2) Acid Sodium Phos- | (7) Many volatile oils. |
| (3) Urotropine. [phate. | (8) Copaiba. |
| (4) Boric acid. | (9) Cubebs. |
| (5) Salicylic acid. | (10) Oil of sanders wood. |

6. *Drugs altering the composition of the urine.*—Almost any drug will do this, either because it is

excreted in the urine, or because it sets up some changes in the body the products of which are excreted in the urine; but here we shall only refer to certain striking examples.

Turpentine, cantharides, mylabris, and salicylic acid in large doses will cause blood to appear in the urine, because they set up inflammation of the kidney.

Potassium chlorate, all nitrite, acetanilide, pyrogallol acid, poisoning by the mushroom (*Helliptella esculenta*), and transfusion of animals' blood, break up red blood corpuscles, and the products are excreted in the urine rendering it dark. Large doses of mineral acids, arsenic, and naphthol are said occasionally to produce the same result.

Phosphorus in large doses causes leucine and tyrosine to appear in the urine, and the ammonia is greatly increased.

The saline diuretics increase the solids of the urine.

The chrysophanic acid in rhubarb and senna makes the urine, if it is acid, a brownish colour; if it is alkaline, a purplish red. Logwood renders alkaline urine red or violet. Santonin colours acid urine yellow or greenish yellow, and alkaline urine red. Carbolic acid, naphthalene, creosote, and other preparations of tar, as well as the arbutin in uva ursi, make it dark greenish brown. Pieric acid makes it a bright yellow, and methyl violet a dark blue.

The urine of persons poisoned with carbonic oxide remains sweet for months.

Poisoning by carbonic oxide, urari, amyl nitrite, fusel oil, and turpentine, and sometimes mercury, morphine, chloral, prussic acid, sulphuric acid, alcohol, lead compounds, and salicylic acid, leads to the appearance in the urine of a body which like sugar reduces Fehling's copper solution. In most of these cases this body is not glucose, but glycuronic acid; for although it reduces blue copper solutions, it does not undergo alcoholic fermentation on the addition of yeast. The administration of phloridzin or phloretin leads to the production of genuine glucose in the urine.

Other drugs cause a peculiar odour in the urine; for example, the smell of violets produced by turpentine. The aromatic odour of cubebs and copaiba can be detected in the urine after the administration of these bodies.

Lead, if taken for long periods, produces chronic interstitial inflammation of the kidney. It is stated that rarely mercury will do the same.

7. Drugs acting on the bladder and urethra.—The only ones of any practical value are **sedatives** to the urinary tract.

If the urine is decomposing, drugs preventing its decomposition fall under this head. Other sedatives are **opium, belladonna, hyoscyamus, stramonium, pareira, buchu, uva ursi, couch grass, cissampelos, and hygrophila**, which are direct sedatives to the vesical and urethral mucous membrane. If the urine is excessively acid, alkalies are urinary sedatives.

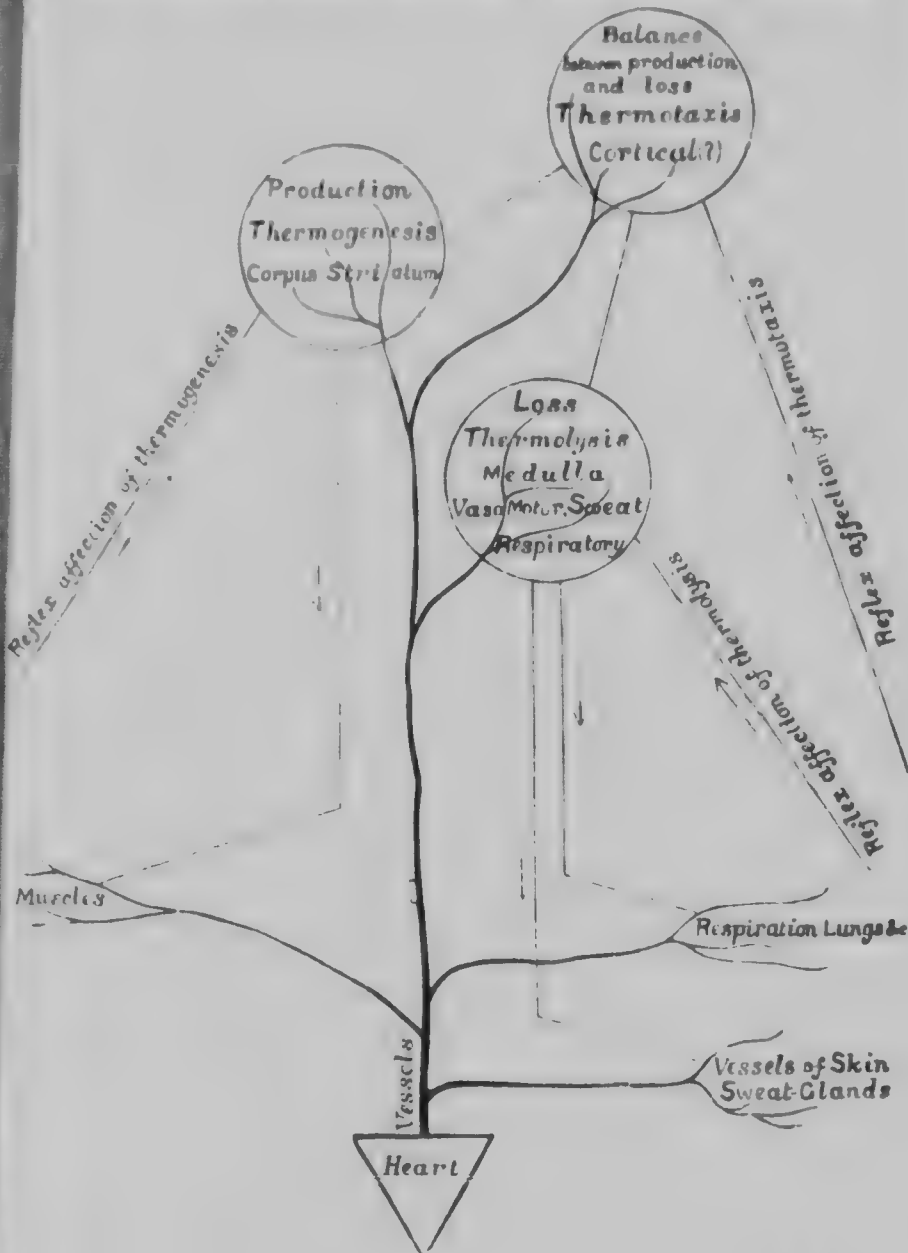
Urinary sedatives are used very largely in cases of cystitis and urethritis, whatever the cause may be. Local astringent and antiseptic injections are also employed.

Division VII. Drugs acting on the Bodily Heat.

A. Antipyretics, or Drugs which decrease the Bodily Temperature. There are few drugs which can markedly lower the temperature in health. Some, it is true, will cause the temperature to fall below normal if given to a healthy man in large enough doses to induce severe collapse. The word antipyretic is limited to those drugs which bring down the temperature when it is raised owing to disease. We know that the greatest amount of heat is produced in the muscles, and there is some evidence that there is a special part of the corpus striatum presiding over this production; that heat is lost mostly by radiation from the vessels of the skin and by the evaporation of sweat, and that these vessels and the sudoriparous glands are under the control of the central nervous system. Heat is also lost through the lungs. As the production and loss are in health so accurately adjusted, many observers believe that there is a part of the cerebrum whose function it is to maintain the balance between the production and the loss. Also all parts of this complex mechanism are supplied with blood-vessels, and must be affected by the quantity and composition of the blood supplied to them.

It may also be that the part of the central nervous

system which presides over the loss of heat (thermolysis), that which presides over the production of heat (thermogenesis), and that which possibly presides



over the balance between the production and the loss (thermotaxis), can, each of them, be influenced by afferent impulses reaching them from various parts of the body, and thus we see each of these three functions can probably be reflexly affected. (*See diagram on p. 67*).

Antipyretics which increase the loss of heat.—All sudorifics and all dilators of the cutaneous vessels act as antipyretics. Cold, such as a cold bath, increases the loss of heat by direct abstraction.

Drugs which probably diminish the production of heat. Our knowledge about these is at present uncertain, but it is very probable that **phenacetinum**, **phenazonum** (antipyrin), and **acetanilidum** (antifebrin) diminish the production by their action on the corpus striatum; and that **quinine**, **salicylic acid**, and **salicin** also diminish the production; by directly diminishing metabolism. A cold bath not only abstracts heat, but, after it has been in operation some little time, diminishes the production.

Antimony, aconite, and digitalis are probably antipyretic through their effect on the circulation, but precisely how they and benzoic acid act is not known. Sometimes the removal of some irritation which may be acting reflexly lowers the temperature. In this way purgatives are occasionally antipyretics.

Therapeutics.—The use of antipyretics is to lower the temperature in fever.

Drugs which increase the loss of heat were formerly popular as antipyretics, especially alcohol, nitrous ether, antimony, ipecacuanha, and opium, but now they are not much used. Cold is more often employed, either by cold sponging, ice, or a cold bath. Sponging with hot water will, by the vascular dilatation and subsequent sweating it induces, reduce a febrile temperature.

Of the drugs which alter the production, acetanilide and phenazonum are dangerous because of the collapse they may produce; quinine and salicylic

acid are rather uncertain, except in ague and rheumatic fever respectively. Phenazonum and phenacetinum are most in demand. They are certain antipyretics. Phenacetin is very safe, but the less powerful. They are quickly absorbed, and so act promptly; they are far more powerful than any drugs which act by increasing the loss of heat, and these are very uncertain in their action, often not lowering the temperature at all. Another reason for preferring drugs which diminish thermogenesis is that it is more rational to lower temperature by decreasing the production of heat than by increasing the loss, for then the production will, if anything, go on faster, in consequence of the attempt to compensate for the increased loss. Antipyretics should be rarely given, for probably fever is often beneficial.

B. Drugs which cause a rise of Temperature.

Belladonna, picrotoxin and cocaine in poisonous doses may do this, and β -tetrahydronaphthylamine may cause a rise of many degrees in a few hours. How these act is not certainly known.

Tuberculin, various albumoses, and certain animal poisons such as that of shell fish will cause a rise of temperature. Their mode of action is unknown.

We know of no drugs acting on thermotaxis.

Division VIII.—Drugs acting on Respiration.

Respiration can be modified by such very various influences that it is difficult to decide upon the exact mode of action of any drug which affects it. For example, alterations in the blood and in the air will modify it; the respiratory centre itself may be influenced, either directly, or reflexly from almost any organ in the body; or, again, the movements of the respiratory muscles themselves may be interfered with; and, lastly, respiration is much under the

influence of the circulatory apparatus. Furthermore, the chief object in medicine is to remove the cause of the respiratory difficulty rather than to act upon respiration itself.

We have already spoken of those drugs which produce changes in the blood and the circulation, and the consideration of those modifications of the temperature, moisture, and pressure of the air which are of value in medicine belongs to a book on general therapeutics. We will therefore now consider the respiratory drugs under the following heads:

A. Drugs altering the Composition of the Air inhaled. It is found convenient to administer some drugs, although they are not given for their influence on respiration, by making the patient inhale them; such are anæsthetics and amyl nitrite.

Some drugs when inhaled are particularly irritating to the bronchial mucous membrane, causing dilatation of the vessels, increased secretion, and reflexly cough from the stimulation of the sensory nerves of the bronchial mucous membrane.

Such are cold dry air, iodine, bromine, chlorine, senega, ipecacuanha, sulphurous anhydride, nitric acid fumes, ammonia, and tobacco. These are rarely used therapeutically as inhalations, and their inhalation is to be particularly avoided in irritable conditions of the bronchi.

The drugs which, when inhaled, are soothing to the bronchial mucous membrane are—

Hydrocyanic acid.

Conium.

These are rarely employed.

Inhalations which are used to stimulate the bronchi, that is to say, to increase their vascularity, secretion, and muscular power, are—

Carbolic acid, gr. 20.

Cajuput oil, m20.

Creosote, ʒss.

Cubebs oil, ʒss.

Tinctura Benzoini Composita, ʒss.

Vapor Olei Pini Sylvestris (B. P. 1885).

The amounts given after each are the quantities that should be added to a pint of water at 140° F.

Inhalations which are used to disinfect foul secretions from the bronchial mucous membrane are those of—

- | | |
|---------------------------------------|----------------------------------|
| (1) Creosote. | (5) Sulphurous anhydride. |
| (2) Iodoform. | (6) Oil of juniper. |
| (3) Mild solutions of benzoin. | (7) Oil of cubebs. |
| (4) Carbolic acid. | |

Inhalations for relieving spasm of the bronchial tubes are those of

- | | |
|------------------------|--------------------------|
| (1) Conium. | (1) Ether. |
| (2) Stramonium. | (5) Amyl nitrite. |
| (3) Chloroform. | |

B. Drugs acting directly on the Respiratory Centre.—If the drug, when injected into the carotid artery, very quickly produces its effect on respiration, it is concluded that it acts on the respiratory centre. Another experiment, often used to determine whether the drug acts on the centre, or on the vagal terminations in the lung, is to cut the vagi and to observe whether it acts similarly before and after the section.

Drugs which directly stimulate the respiratory centre are

- | | |
|-------------------------------------|------------------------|
| (1) Strychnine. | (3) Belladonna. |
| (2) Ammonia (very powerful). | (4) Stramonium. |
| | (5) Hyoscyamus. |

Drugs which depress the respiratory centre are —

- | | |
|---|-----------------------------|
| (1) Physostigmine (very powerful). | (10) Virginian Prune |
| (2) Chloral. | (11) Aconite. |
| (3) Chloroform. | (12) Veratrine. |
| (4) Ether. | (13) Nitrites. |
| (5) Alcohol. | (14) Gelsemium. |
| (6) Opium. | (15) Tobacco. |
| (7) Hydrocyanic acid. | (16) Cocaine. |
| (8) Codeine. | (17) Conium. |
| (9) Heroin. | (18) Caffeine. |

Alcohol, Ether, Chloroform, and Caffeine slightly excite before they depress.

Therapeutics.—The drugs which excite the respiratory centre may be used when there is any difficulty in respiration, especially with the view of increasing the force of the respiratory act whilst other means are employed to get rid of the cause of the difficulty. They are, of course, most frequently required in diseases of the lungs, especially bronchitis. Ammonia is often employed, as it is also a powerful expectorant; and belladonna is useful when there is too much secretion from the bronchial tubes.

Substances which depress the respiratory centre are very little needed for this action; but the centre for the reflex act of coughing is in the close neighbourhood of the respiratory centre, and **opium, hydrocyanic acid, codeine, heroin, virginian prune, conium**, and **ippecacuanha** are often very valuable in allaying the continual hacking cough which so frequently accompanies disease of the heart and lungs.

The drugs which relieve cough are very numerous, for it may be reflexly set up by irritation of so many peripheral parts, viz. nose, throat, pharynx, ear, teeth, larynx, trachea, bronchi, lungs, pleura, stomach, and liver; and consequently its removal may depend upon the removal of peripheral irritation in any of these organs.

C. Drugs affecting the Bronchial Secretion.

(a) *Those increasing it :*

- | | |
|---|---------------------------------|
| (1) All alkalis , especially carbonate and other salts of ammonium . | (9) Balsam of Tolu. |
| (2) Ipecacuanha. | (10) Antimony salts. |
| (3) Senega. | (11) Sulphur. |
| (4) Squills. | (12) Iodine. |
| (5) Turpentine. | (13) Tobacco. |
| (6) Camphor. | (14) Jaborandi. |
| (7) Benzoin. | (15) Many volatile oils. |
| (8) Balsam of Peru. | (16) Quillaia. |
| | (17) Apomorphine. |
| | (18) Terebene. |
| | (19) Tar. |

(b) *Those decreasing it :*

- | | |
|------------------------|------------------------|
| (1) Acids. | (3) Stramonium. |
| (2) Belladonna. | (4) Hyoscyamus. |

Many authorities think that under some circumstances alkalis decrease the secretion.

(c) *Those disinfecting it.* Drugs which, when inhaled, act in this way have already been mentioned. Copaiba, cubebs, and many volatile oils are excreted partly by the bronchial mucous membrane, and thus will disinfect the secretion.

Therapeutics.—In bronchitis, remedies which increase the secretion are used when it is so viscid that it sticks to the tubes and cannot be coughed up; and those which decrease it are employed when it is too watery to be easily expectorated. The use of the disinfectants is obvious.

D. Drugs relaxing Spasm of the Muscular Coat of the Bronchial Tubes, or Antispasmodics. The following relax contraction of the bronchial tubes :

- | | |
|------------------------|--------------------------|
| (1) Stramonium, | (6) Amyl Nitrite, |
| (2) Atropine, | (7) Chloroform, |
| (3) Hyoscyamus, | (8) Ether, |
| (4) Grindelia, | (9) Urethane. |
| (5) Lobelia, | |

The first five paralyse the terminations of the vagus in, and the last four act directly on, the bronchial muscles. It is very likely, judging by their analogous action in other parts of the body, that the following drugs also relax bronchial spasm :

Opium, Chloral, Cannabis Indica, and Conium.

Therapeutics.—Stramonium is of great use in asthma, and this and the other drugs may be employed for cases of bronchitis in which it is probable that the irritation caused by the inflammation of the tubes sets up spasm of them.

E. Drugs causing spasm of the muscular coat of the bronchial tubes—

Muscarine, Pilocarpine, and Physostigmine excite the vagal endings and induce typical bronchiolar constriction, which is abolished by Atropine. Barium, Veratrine, Bromine, and the salts of many of the heavy metals (e.g. Gold) produce constriction which is not influenced by Atropine.

F. Drugs acting on the Vessels of the Bronchi.

These are the same as have been already described (p. 53) as acting on the vascular system generally, but adrenalin, pilocarpine, and muscarine, although they constrict vessels generally, dilate those of the lungs.

G. Expectorants. The modes of action of drugs acting on the respiratory system are so complex that it is usual to regard most of them clinically simply as drugs which hinder or aid the expectoration of the contents of the bronchial tubes. Those which aid it are divided into two groups, named after their action, not on the lungs, but on the circulation.

1. *Stimulating expectorants.*—These are stimulants to the circulation generally. They are

- | | |
|----------------------------|--------------------------------|
| (1) Acids. | (8) Balsam of Peru. |
| (2) Ammonium salts. | (9) Turpentine prepara- |
| (3) Senega. | tions. |
| (4) Squills. | (10) Terebene. |
| (5) Benzoin. | (11) Oleum Pini. |
| (6) Benzoic acid. | (12) Nux vomica. |
| (7) Balsam of Tolu. | (13) Sulphur. |

2. *Depressing expectorants.* These depress the general circulation. They are—

- | | |
|----------------------------|------------------------------|
| (1) Alkalies. | (8) Saponin. |
| (2) Antimony salts. | (9) Acalypha. |
| (3) Ipecacuanha. | (10) Tylophora. |
| (4) Senega. | (11) Potassium iodide |
| (5) Lobelia. | (very slightly de- |
| (6) Jaborandi. | pressant). |
| (7) Apomorphine. | |

Therapeutics.—It is almost impossible to lay down any general directions. The prescriber must consider in any case before him whether he wishes to stimulate or to depress the circulation, to increase or to diminish or to disinfect the expectoration, to stimulate the respiratory centre, to overcome spasm of the bronchial tubes, or to allay a hacking cough; and he must combine his remedies according to the answer he makes to these questions. Warmth to the chest and warm drinks are sedative, and increase

the amount of secretion. Cold and cold drinks have an opposite effect.

H. Drugs which in Man sometimes produce Cheyne Stokes breathing

These are morphine, potassium bromide, and chloral hydrate. In animals the following in addition may do it: picrotoxin, muscarin, digitalin, strychnine, and ammonium carbonate.

Division IX. Drugs acting on the Digestive Apparatus.

A. Drugs acting on the Teeth.—Soaps and powders are used for cleaning the teeth. The basis of most tooth powders is chalk, which acts mechanically; charcoal is sometimes used in the same way. As the food is very liable to collect and decompose between the teeth, antiseptics, as quinine, borax, and carbolic acid, are often mixed with tooth powders. Astringents, such as rhatany and areca nut, are employed if the gums are too vascular. Mineral acids and alum are injurious to the teeth if used for a long time, and iron is liable to stain them; therefore these substances are best taken through a quill, and should not be used as gargles for long together.

Toothache may be relieved by local anodynes, as creosote, or strong carbolic acid. The tooth is plugged with cotton wool soaked in one of these. Clean cotton wool is placed over the carbolized wool to prevent the acid from reaching the mouth. This method may damage the tooth pulp.

B. Drugs acting on the Salivary Glands.—Much attention has been devoted to the submaxillary gland of the dog, and there is no reason for supposing that the other salivary glands of that animal or of other creatures differ markedly from it. We know that the submaxillary gland is under the influence of the chorda tympani nerve, which contains vaso-dilator fibres, and also some which directly modify the secretion of the gland apart from the secondary effects,

due to the alterations in the vessels, obtained when the chorda tympani is stimulated. This nerve has its centre in the medulla, and is capable of being excited reflexly by stimulation of many nerves, even the sciatic, but especially by stimulation of the gastric branches of the vagus, and by the terminations in the tongue and mouth of the glosso-pharyngeal and gustatory nerves. The gland is also supplied with sympathetic branches which proceed from the cervical sympathetic trunk; these are vaso-constrictor, and can also modify the quality of the secretion, but we do not know so much about them as we do about the chorda tympani. Drugs which increase the amount of saliva have been called sialogogues; those which decrease it, antisialogogues. It is clear that there are very many ways in which each of these might act, but here it will suffice to enumerate only those ways in which they are known to act.

1. *Sialogogues acting either on the secretory cells or upon the terminations of the nerves in them.* Of these jaborandi has been most studied, and, by means of the following experiments, it has been proved to act either on the cells themselves or the terminations of the nerves in them. It acts equally well after section of all the nerves going to the gland. It acts when it is injected directly into the gland but is prevented from reaching the general circulation. If it has been given, stimulation of the chorda or sympathetic produces no more effect on the amount of secretion than can be easily explained by the vascular effects.

Sialogogues falling under this heading are

- | | |
|---------------------------------|---------------------------|
| (1) Jaborandi, | (4) Mercury, |
| (2) Muscarine, | (5) Physostigmine. |
| (3) Compounds of Iodine, | |

The last probably acts also by stimulating the centre in the medulla, for section of the chorda tympani decidedly

sens the secretion caused by them. Physostigmine soon ceases to cause an increase of the secretion, for it tightly contracts the vessels of the gland.

2. *Sialogogues acting on the ganglionic cells :*

Nicotine, and to a less extent the other drugs acting on ganglion cells (see p. 52), first excite and then stop salivary secretion.

3. *Sialogogues acting reflexly by stimulating the peripheral ends of afferent nerves.* Of these there are two important varieties :

(a) Those stimulating the gustatory and glosso-pharyngeal nerves in the mouth :

- | | |
|--------------------------|-----------------------------|
| (1) All Acids and | (5) Ether. |
| (2) Acid Salts. | (6) All pungent sub- |
| (3) Chloroform. | stances, as mustard |
| (4) Alcohol. | and ginger. |

(b) Those stimulating the vagus in the stomach :

Most emetics, especially **Antimony** and **Ipecacuanha**.

4. *Antisialogogues acting either on the secreting cells or the terminations of the nerves in them.*—Of these atropine has been most studied, and it is proved to act directly on the gland by the fact that the administration of it prevents any increase of salivary secretion on stimulation of the chorda, although the vessels dilate as usual. It is highly probable that it acts upon the nerve terminations, because even after considerable doses, quite paralysing the secretion of chorda tympani saliva, stimulation of the sympathetic will still induce secretion.

Antisialogogues falling under this heading are

- | | |
|------------------------|------------------------|
| (1) Belladonna, | (3) Stramonium. |
| (2) Hyoscyamus, | |

5. *Antisialogogues acting reflexly by depressing the peripheral ends of afferent nerves.*—Alkalies, opium, and any substances which allay irritation of the mouth. Part of the effect of opium is due to its depressing action on the medullary centre.

Therapeutics. A deficiency in the amount of

saliva secreted is seen most markedly in fever, when the mouth becomes very dry, and the patient complains of thirst. Sometimes it is a disease in itself, and the origin of this malady is then probably nervous. It is a prominent symptom of belladonna poisoning. In fever, acid drinks, especially those containing carbonic acid gas or lemonade, are of use as sialogogues. Drinks which relieve this febrile thirst are called **Refrigerants**. For the disease known as "dry mouth" jaborandi has been used, and it will relieve the dryness due to belladonna poisoning. Excessive salivary secretion is hardly met with except as a symptom of poisoning, especially by mercury and jaborandi. In some forms of indigestion the saliva has a very unpleasant taste, and may even be diminished in quantity, but then the indication is to treat the indigestion.

C. Drugs acting on the Stomach.—Strictly speaking, we ought to consider these under the following heads: Those which, by modifying the secretion of hydrochloric acid or pepsin, influence the conversion of proteids into peptones and albumoses. Those which influence the property possessed by the gastric juice of curdling milk. Those which affect its antiseptic power by modifying the secretion of acid. Those which modify the secretion of mucus. Those which influence the nerves, the vessels, or the movements of the stomach. Lastly, those which are emetics. Our knowledge, however, is not sufficient to enable us to do this, and the most useful classification is into those affecting the secretion of gastric juice as a whole, the secreted contents, the vessels, the nerves, the movements, and emetics.

1. Drugs increasing the amount of gastric juice secreted.—These are usually called stomachics, and include a great many substances. Pawlow's researches show that the most powerful excitant of the flow of gastric juice is appetite, hence the sight of food which excites appetite excites gastric flow ;

food which is not appetising and the mere mechanical stimulation of the mouth or stomach do not do so. Many drugs, *e.g.* bitters and aromatics, increase the gastric flow because they act on the gustatory nerves in the mouth, increasing the appetite.

The drugs which increase the flow of gastric juice are

- | | |
|---|---------------------------|
| (1) Aromatics. | (4) Meat extracts. |
| (2) Bitters. | (5) Alcohol. |
| (3) Pungent substances (pepper, mustard, horseradish). | (6) Ether. |
| | (7) Chloroform. |
| | (8) Water. |

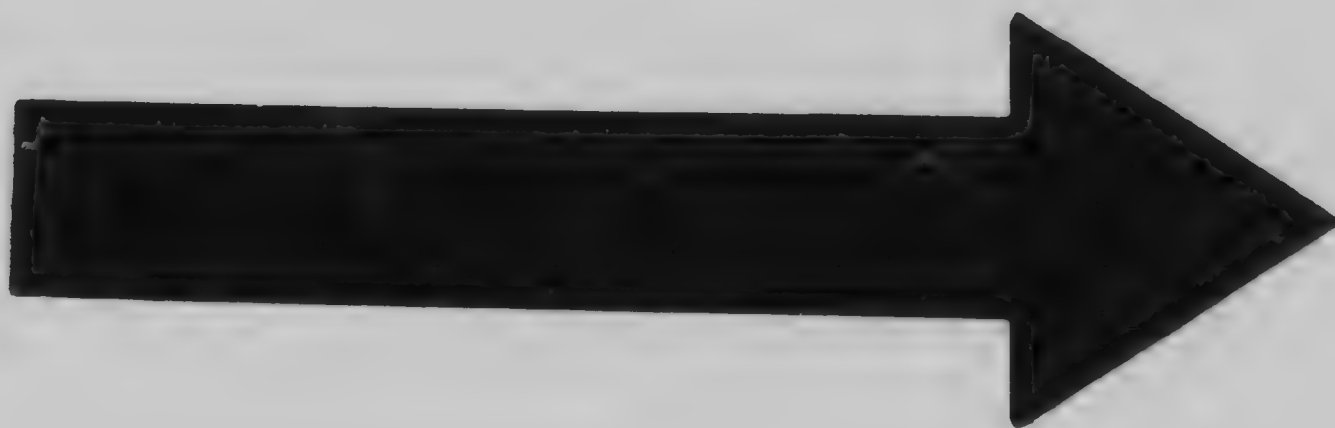
Therapeutics. Stomachics are very largely used for the purpose of increasing the secretion of gastric juice in cases of dyspepsia.

2. *Drugs decreasing the amount of gastric juice secreted.*

(1) **Alkalies.** (2) **Fats.** (3) Many of those in the last list if given in large doses, *e.g.* alcohol, ether, chloroform.

Therapeutics. Alkalies, especially sodium bicarbonate, are frequently given when there is a hypersecretion of gastric juice. They inhibit this and rest the glands, which after a period of quietude pour out a normal juice. This gave rise to the erroneous impression that alkalies increased gastric secretion. Fats, *e.g.* olive oil, are given to lessen the secretion of acid in cases of gastric or duodenal ulcer.

3. *Drugs altering the composition of the gastric contents.* Acids and alkalies naturally modify the reaction of the gastric contents. For this purpose dilute mineral acids are often prescribed to be taken about two hours after a meal, in cases in which the cause of indigestion is thought to be that the amount of hydrochloric acid secreted is deficient. In cases of indigestion in which, from the nature of the vomited matters or from any other reason, it is considered that there is an excess of acid in the stomach, alkalies are given at or after meal-times, the favourite drug being sodium bicarbonate.



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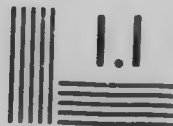
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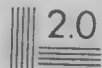
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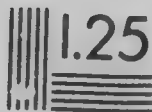
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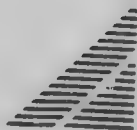
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Pepsin is given, usually in combination with dilute hydrochloric acid, when it is probable that the cause of the indigestion is the secretion of too small an amount of pepsin; but in this, as in every other variety of dyspepsia, it is far more important to remove the cause of the indigestion than to endeavour to modify the composition of the secreted gastric juice.

Many attempts have been made to try by the administration of **antiseptics** to prevent fermentation and putrefaction from going on in the stomach, but with a limited success, for a sufficient dose is frequently deleterious. Here even more than in the last case the right treatment is to remove the cause of the fermentation or putrefaction.

Drugs that have been used for this purpose are

- | | |
|---------------------------------|-------------------------------------|
| (1) Cyllin. | (9) Sodium sulpho-carbolate. |
| (2) Carbolic acid. | (10) Sulphurous acid. |
| (3) Iodoform. | (11) Naphthol. |
| (4) Beric acid. | (12) Bismuth Salicylate. |
| (5) Creosote. | (13) Salol. |
| (6) Eucalyptus. | |
| (7) Thymol. | |
| (8) Sodium hyposulphite. | |

1. *Drugs which dilate the vessels of the stomach.*

The vessels of the stomach are very sensitive to irritation. They easily dilate upon mechanical irritation, and the presence of food, especially peptones, causes the vascularity of the mucous membrane to increase. Within limits greater vascularity is an advantage, for it not only favours the secretion of gastric juice, but it facilitates absorption.

The substances which increase the vascularity of the stomach are all stomachics, dilute mineral acids, the drugs which have already been enumerated as irritants generally, and squill, digitalis, colchicum, senega, copaiba, cambogia, gaulthierum, and veratrine. This is a very long list, and many of the substances in it are never employed for their irritant

fact; in fact, the only ones in common use are stomachics: the others are far too powerful; even small doses of them set up inflammation of the gastric wall, which is also produced by over-dosage in stomachics, as we constantly see in the effects induced by alcohol. The therapeutic indications for this class of drugs are the same as those for stomachics generally.

Gastro-intestinal irritants.—In describing the individual actions of drugs the statement is frequently made that they are gastro-intestinal irritants, and this is a convenient opportunity for describing the symptoms produced in health by these drugs. If a drug has a caustic action, as many gastro-intestinal irritants have, the swallowing of it will cause considerable pain in the mouth and pharynx; in a short time these parts will become severely inflamed, and consequently very much reddened, swollen, and painful. The tongue will be often much enlarged. If the drug is corrosive, sloughs, generally white in colour at first, with a severely inflamed area around them, will be seen; as they fall off they will leave ulcers. Owing to the pain and swelling, it will for some time be impossible to take any food, or at the best only that of a soft or fluid nature. Directly the drug reaches the stomach intense irritation is set up, consequently the patient feels severe abdominal pain, and generally there is soon violent retching and vomiting. As the poison passes on it produces its severe irritant effects on the intestine, and diarrhoea ensues. Both the vomited matters and the motions often contain blood. The general symptoms are an anxious countenance, small feeble pulse, scanty urine, low temperature, and all the symptoms of collapse. Later on the gastro-intestinal irritation may be severe enough to set up general peritonitis, or a gastric ulcer may form, and then there may be added to the case all the symptoms of gastric ulcer and its

sequela. The inflammation of the oesophagus may lead to its contraction. At the post-mortem examination, if the patient has died soon after the administration of the poison, the stomach will be very red and ecchymosed, with a swollen mucous membrane. Parts of the intestine will be in the same condition. This severe inflammation may, in many places, have led to the formation of sloughs. It must be remembered that many gastro-intestinal irritants have no action on the mouth. Nicotine is a gastro-intestinal irritant because of its action on the ganglia of the intestinal nerves leading to increased peristalsis and secretion.

5. *Drugs which contract the gastric vessels.*—

These are the same as those which have already been enumerated as being generally astringent. They are much more used for the intestine than the stomach, and will therefore be considered in detail presently (p. 92).

6. *Drugs acting on the nerves of the stomach.*—

All drugs powerfully irritant to the stomach cause pain in it; those that are only slightly irritant give rise to a sensation of warmth. It is never desired to produce gastric pain.

Gastric sedatives.—These drugs are the same as those which are local sedatives to other parts of the body. Those most used for the stomach are

- | | |
|--------------------------------|---------------------------|
| (1) Bismuth carbonate. | (6) Carbonic acid. |
| (2) Bismuth subnitrate. | (7) Ice. |
| (3) Bismuth salicylate. | (8) Belladonna. |
| (4) Opium. | (9) Hyoscyamus. |
| (5) Hydrocyanic acid. | (10) Stramonium. |

They are employed in the very many painful forms of dyspepsia. All, except perhaps stramonium, are in frequent use.

7. *Drugs acting on the movements of the stomach.*

It has been observed that the movements of the stomach increase as the acidity of the contents

creases. If it be that the acidity is the cause of the movements, anything which causes an increase of acidity will lead to more powerful movements. Apart from this, strychnine appears directly to stimulate the plain muscle of the gastric wall. Stomachics also probably aid the movements, so that our complete list will be mineral acids, nuxvomica, and stomachics.

The proper churning up of the gastric contents is so necessary, that the value in dyspepsia of drugs which aid the gastric movements is very great. Hence the frequency with which nuxvomica enters into antidyspeptic acid mixtures.

Carminatives.—This term is often applied to substances which aid the expulsion of gas from the stomach and intestines. They act by stimulating the gastric and intestinal movements. It has been found from clinical observation that the most efficient carminatives are

- | | |
|---------------------------------|----------------------------|
| 1) Stomachics generally, | (6) Asafetida, |
| especially — | (7) Ammoniacum, |
| 2) Aromatics, | (8) Valerian, |
| 3) Bitters, | (9) Camphor, and |
| 4) Pungent substances, | (10) Volatile Oils. |
| (5) Alkalies, | |

8. *Emetics.*—It is well known that the many complicated mechanisms involved in the act of vomiting are under the control of a centre in the medulla, which is capable of being stimulated by afferent impulses reaching it from many sources, such as the cerebrum, as when sights or smells cause sickness, the mouth, the pharynx, the œsophagus, the lungs, the heart, the stomach, the intestines, the biliary passages, the kidney, the peritoneum, and the uterus; so that drugs acting on any of these organs, or on the centre itself, might be emetics. But it is usual, in describing drugs which cause vomiting, to mention only those which do so either by acting on the

stomach or on the centre in the medulla, and they are divided into two corresponding classes. Those acting on the stomach are sometimes called **direct** emetics, because they act directly on the stomach; and those influencing the medulla are called **indirect**; but some authors reserve the word **direct** for those acting on the medulla, and speak of those affecting the stomach as indirect. Considering this confusion, it is better to divide emetics into gastric and central. By means of the following experiments we determine to which group any drug belongs.

(1) The emetic is injected directly into the circulation. If very shortly after this vomiting takes place, the drug must have acted on the medulla, to which it has been carried by the circulation; but if some time elapses we conclude it acted on the stomach, and that it was first excreted into this organ before vomiting took place. This experiment may be made still more striking by injecting directly into the carotid, for then the medulla is quickly reached.

(2) If the least quantity of the drug which, when injected into the circulation, will produce vomiting is larger than is necessary when it is introduced directly into the stomach, the inference is that the drug acts primarily on the stomach, and that when it produces vomiting after injection into the circulation it only does so because some of it has been excreted into the stomach.

(3) If the drug will not produce vomiting after injection into the circulation when the stomach is replaced by a bladder, it shows that it acted on the stomach; but if vomiting is produced it shows that the drug acted on the medulla, and that the vomiting is caused by the contraction of the abdominal muscles.

(4) If the drug takes a long while to act after its introduction into the stomach, it probably acts cen-

trally; and the reason for the delay is that sufficient time must elapse for the drug to be absorbed.

In spite of these experiments it is difficult to be sure about the action of emetics, for some act in both ways, and some may in the course of their circulation through the blood act upon some of the many parts of the body from which the vomiting centre receives afferent impulses.

The following is a list of those emetics which are commonly used.

- | | |
|----------------------------|-----------------------------|
| Apomorphine. | (6) Copper sulphate. |
| Tartar emetic. | (7) Zinc sulphate. |
| Ipecacuanha. | (8) Sodium chloride. |
| (1) Alum. | (9) Mustard. |
| (5) Ammonium carbo- | (10) Warm water. |
| nate. | |

Of these apomorphine is the only one that acts solely centrally. The others all act chiefly on the stomach, but tartar emetic and ipecacuanha probably act partly centrally.

Therapeutics. Emetics have two uses. Firstly, to remove the contents of the stomach. Thus when that organ is over-full, and there is a feeling of nausea, an emetic by emptying the stomach may relieve. Emetics are largely used to empty the stomach in cases of poisoning, and they may benefit certain cases of sick headache. An emetic occasionally aids the expulsion of a foreign body which has become impacted in the fauces or oesophagus. Secondly, emetics are used to expel the contents of the air-passages, especially in children, for they cannot expectorate well. For this purpose these drugs are given to help children to expel the morbid products of bronchitis, laryngitis, and diphtheria. They also aid the expulsion of foreign bodies that have become impacted in the larynx. In choosing an emetic it should be remembered that although apomorphine, ipecacuanha, and tartar emetic are the most powerful they are the most depressant, and are therefore

not suitable in many cases—such, for instance, a poisoning accompanied by severe collapse. When the poison is a powerful gastro-intestinal irritant, if the condition of the mouth and oesophagus will allow of it, it is preferable to wash out the stomach rather than to use an emetic.

Emetics are not permissible for patients suffering from an aneurysm, hernia, prolapse of the uterus or rectum, prostatic, or a tendency to hemorrhage, because of the straining induced by the vomiting, which would make us cautious in giving them to those who have disease of their vessels or high tension in them, for the straining may lead to hemorrhage.

9. *Antiemetics.* The causes of vomiting are so numerous that the number of drugs which may stop vomiting is very large; therefore, in the case of emetic, we can only consider those which act either on the stomach or on the centre in the medulla.

1. *Drugs exerting their effect locally.* These are all those substances which have been already enumerated as having a sedative influence on the gastric nerves, viz.:

(1) Ice, (2) Bismuth carbonate, (3) Bismuth subnitrate, (4) Opium, (5) Hydrocyanic acid, (6) Carbonic acid. All these are sedatives, and are to be given in small quantities at a time. (7) Cocaine, (8) Cerium oxalate, (9) Vinum Ipecacuanhæ, (10) Tincture of iodine, (11) Arsenious acid, (12) Alcohol, (13) Carbolic acid, (14) Chloroform, (15) Creosote, (16) Ether, (17) Silver nitrate, and (18) Sulphocarbolates.

Antiemetics acting centrally.

(1) Opium, (2) Bromides of ammonium, (3) of potassium, and (4) of sodium, (5) Chloral hydrate, (6) Amyl nitrite, (7) Nitroglycerin, (8) Dilute hydrocyanic acid, (9) Alcohol. It will be noted that the drugs fall under both headings.

Therapeutics. The very name of these drugs indicates their therapeutical application. At the best they are only palliative; the right way to treat vomiting is, if possible, to remove the cause. Of

...cines, i.e., dilute hydrocyanic acid, carbonic acid, nitric acid, morphine, and others are perhaps the most reliable, but all are very uncertain.

D. Drugs acting on the Intestines. Many secretions are poured into the intestine, the food is much altered by the time it arrives there, and it is changed in its course down the intestine; the physiology of intestinal digestion, of the movements and the nervous mechanisms of the intestine are imperfectly known; drugs may be considerably altered by the time they come to this part of the alimentary canal, and its diseases are little understood; consequently we cannot arrange the action of drugs in a physiological classification. We know, in fact, of only two important divisions, purgatives and astringents.

The methods of experiment which have been used to determine the mode of action of purgatives are chiefly those of Thiry and Moreau. The first named surgeon cut the intestine across in two places a short distance apart: the isolated part which was still attached to the mesentery was sewn up at one end; the other, the open end, was attached to the abdominal wall, and thus there was a test-tube-like piece of intestine into which drugs could be placed. The parts on either side of the excised piece were sewn together, so that the whole intestine was the same as before but a little shorter. This method did not give very satisfactory results, and consequently Moreau devised his experiments, which seem more trustworthy. He put four ligatures round the intestine at equal distances apart, so that he shut off from the rest of the gut and from each other three pieces of intestine, each the same length. With a fine syringe he injected into the middle piece the drug to be experimented upon, and returned the whole into the abdominal cavity. In a few hours the animal was killed, and the state of the interior of the middle piece was contrasted with that of the pieces either side of it. Before Moreau's experiments there had been much discussion as to whether some purga-

tives did not act only by increasing the action of the muscular coat, and others only by stimulating the secretions, but from these experiments it appears that the majority act in both ways, some very slightly on the secretion and powerfully on the muscle and others less on the muscle and more on the secretion. But probably when purgatives are given in medicinal doses much of the fluid expelled is merely normal intestinal fluid which has been hurried through the intestine before it could be reabsorbed, and with all purgatives the increased muscular contraction which is a local effect is the chief action. It is undecided whether purgatives can cause increased muscular contraction in parts of the bowel with which they do not come in contact; the emptying of the colon which may follow after small rectal enemas appears to show they can, but then the drug may be absorbed from the rectum and excreted into the colon. Many purgatives (*e.g.* aloin) act when given subcutaneously; such action is due to excretion into the colon. In many vegetable purgatives the purgative principle is a glucoside. All these purgative glucosides readily yield derivatives of anthraquinone, and it is to these derivatives that purgation is due, *e.g.* they are contained in rhubarb, purgatin, purgen, senna, cascara, aloes. We will first consider intestinal purgatives, and then intestinal astringents.

Purgatives are divided into the following classes.
Laxatives. These are substances which slightly increase the action of the bowels chiefly by stimulating their muscular coat.

They are

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|--------------------------------------|--|
| (1) Whole meal bread. | (9) Manna. |
| (2) Honey. | (10) Cassia. |
| (3) Treacle. | (11) Sulphur. |
| (4) Most fruits, especially - | (12) Magnesia. |
| (5) Tamarinds, | (13) Olive oil. |
| (6) Figs, | (14) Castor oil (in small doses). |
| (7) Prunes, and | (15) Vaseline. |
| (8) Stewed apples. | (16) Liquid Paraffin. |

These are all of them domestic remedies employed for slight cases of constipation, especially in children; some, as brown bread, fruits, honey, form staples of diet with persons who are liable to constipation. (15) *ergot*, (16) *physostigma*, (17) *nuxvomica*, (18) *belladonna*, (19) *hyoscyamus*, and (20) *scopolamine* are also laxatives, but are not used except under medical orders. *Nuxvomica* is most valuable; it is probably a direct stimulant to the muscular coat, hardly influencing secretion. It is largely used in cases of chronic constipation, especially when occurring in anemic persons, or in those in whom, for any reason, it is likely that the intestinal peristalsis is feeble.

Belladonna in small doses increases peristaltic movements because it paralyzes the inhibitory fibres of the splanchnics, but in moderate doses it completely arrests peristaltic movements. It is chiefly employed for this latter purpose, especially in combination with opium. *Hyoscyamus* acts on the intestines in the same way, and small doses of it are often given with other purgatives to prevent griping, for it gives an orderly rhythm to the irregular contractions the stronger purgatives produce.

Ergot and *physostigma* are hardly ever used for their laxative effect.

Simple purgatives. These are rather more powerful in their action than laxatives. They stimulate peristalsis and also increase secretion. Some of the laxatives, as castor oil and *magnesia*, when given in large doses become simple purgatives.

The simple purgatives are

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|-----------------------------|-------------------------|
| (1) Aloes. | (5) Purgatin. |
| (2) Rhubarb. | (6) Purgen. |
| (3) Cascara Sagrada. | (7) Fel Bovinum. |
| (4) Senna. | |

It is interesting to observe that the first four all contain and owe their activity to emodin (trioxy-methylantraquinone), rhubarb and senna contain

chrysophanic acid (dioxymethylantracenequinone). Purgatin and purzen are anthracene derivatives; the former is an anthraquinone derivative, the latter is phenylphenol, which has a somewhat similar structure. Hence these drugs are sometimes called anthracene purgatives, for anthracene is an aromatic in which (CO) is substituted for one of the CH groups. The indications for each will be given under the individual drug.

Drastic purgatives, often called cathartics.

These excite greatly increased secretion and peristaltic movements, and if given in large doses cause severe irritation of the intestine with much secretion of mucus, great vascular dilatation and even hemorrhage, severe abdominal pain and collapse, with profuse diarrhea. The peristaltic contractions are often irregular, and hence there may be much griping pain; therefore it is usual to prescribe hyoseyamus with these drugs, which are in order of efficiency

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|-------------------------|--------------------------------|
| (1) Calomel. | (7) Oleum Terebinthinæ. |
| (2) Podophyllum. | (8) Colocynth. |
| (3) Aloes. | (9) Elaterium. |
| (4) Jalap. | (10) Croton oil. |
| (5) Scammony. | (11) Kaladana. |
| (6) Gamboge. | (12) Turpeth. |

The most powerful are placed last. Some, as elaterium, scammony, are often called **hydragogue**, because of the large amount of secretion they excite.

Therapeutics. Drastic purgatives are employed in obstinate constipation, and also to produce very watery evacuations with the object of removing as much fluid from the body as possible. Hence the frequent use of jalap in Bright's disease.

Saline purgatives.—These in hypertonic solution increase the passage of fluid from the tissues into the intestine, and if in hypotonic or isotonic solution prevent absorption of fluid, so that in any case a large amount of it accumulates in the intestine. The distension due to this accumulation excites

peristalsis, and consequently an easy painless evacuation of the bowels. It follows that if a very concentrated solution is given, much fluid passes into the intestine. Osmosis certainly plays some part in the process, but many believe that it cannot be fully explained by physical laws, and that there is a direct action on the intestinal epithelium for certain ions: thus as neither ion in magnesium sulphate is easily taken up by the epithelium, the salt remains in the bowel to act as an excellent purgative. The action is by many considered to be purely local, for no purgation follows if the salts are injected into the blood, but Hertz and his co-workers prove the salts are absorbed and act directly on the bowels as stimulants to movement and secretion, for they find that none of the salt taken reaches the portal vein by the intestinal canal until long after the purgation produced by the salt. The saline purgatives are

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|-----------------------------|--|
| 1) Potassium tartrate. | (6) Sodium citro-tartrate. |
| 2) Potassium acid tartrate. | (7) Sodium phosphate. |
| 3) Potassium sulphate. | (8) Sulphate and other salts of magnesium. |
| 4) Sodium sulphate. | |
| 5) Sodium tartrate. | |

Therapeutics. These are very largely used as cathartic purgatives, especially for persons suffering from any form of gout. They form the essential ingredient of most purgative mineral waters, as Hunyadi János, Pullna, Friedrichshall, Esculap, Rubinat, &c.

The best way of taking them is to put the required dose of the salt or the mineral water in a tumbler, add some lukewarm water, and sip it slowly while dressing in the morning.

Cholagogue purgatives will be described when speaking of the liver.

Enemata. Any fluid preparation injected into the rectum is called an enema. When a purgative is liable to produce sickness, or it is inadvisable, because of peritonitis, intestinal obstruction, ulceration, or

other disease, to give it by the mouth, it may be given by the rectum. Castor oil, aloes, olive oil, magnesium sulphate, soap, &c., may be administered in this way. Enough of a vehicle should usually be used to make a purgative enema up to three quarters of a pint or a pint, for distension of the rectum greatly aids purgation. A teaspoonful of glycerin injected into the rectum, or one of the Suppositoria Glycerini, often unlocks the bowels.

Intestinal Astringents. These may be described under the following heads.

Astringents acting on the vessels of the intestine. These are the same as those acting on vessels generally. Those employed for their action on the intestine are

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|---------------------------------------|----------------------------|
| (1) Lead salts. | (3) Alum. |
| (2) Dilute solutions of silver salts. | (4) Dilute sulphuric acid. |

Astringents coagulating albuminous fluids, and thus constricting the vessels :

- | | |
|---|--|
| (1) Tannic acid , and all substances containing it, as — | (7) Eucalyptus gum. |
| (2) Krameria root, | (8) Lead salts, |
| (3) Kino, | (9) Silver salts, |
| (4) Hæmatoxylum, | (10) Zinc salts, |
| (5) Cinnamon, | (11) Bismuth salts, |
| (6) Catechu, and | (12) Copper salts, and especially |
| | (13) Per-salts of iron. |

Astringents diminishing the amount of intestinal fluid secreted :

- | | |
|------------------------|---------------------------|
| (1) Opium. | (3) Calcium salts. |
| (2) Lead salts. | |

The precise action of these is obscure, but it is probable that they operate in the way indicated.

Astringents diminishing the contractions of the muscular coat of the intestines :

- | | |
|------------------------|---------------------------|
| (1) Opium. | (5) Lead salts. |
| (2) Belladonna. | (6) Lime. |
| (3) Hyoscyamus. | (7) Bismuth salts. |
| (4) Stramonium. | |

Therapeutics. The first proceeding in every case of diarrhoea is to remove its cause; if this can be done, it will probably subside. Often the cause is an irritating, indigestible food, and then it is advisable to give a mild purge, as castor oil or calomel, to get rid of it. The majority of cases of ordinary diarrhoea are probably due to some slight enteritis, and then any one of the astringents that have been named will be valuable, for it is desirable to constrict the dilated vessels, and to diminish the action and the movements. Intestinal astringents are therefore often combined, and when the diarrhoea is at all serious opium is of great service. If there is a persistent cause, as tuberculous ulceration, the hope of doing good is slight. But the treatment by drugs is only a small part of the battle: if the diarrhoea is severe, absolute rest is necessary, and must be very simple and given in very small quantities at a time, not much fluid should be drunk, and the patient must keep warm.

Intestinal Antiseptics. It is doubtful if it is possible to disinfect the intestinal contents while they are in the intestine, and if it were possible it might be harmful, as intestinal micro-organisms greatly help normal intestinal processes. But the attempt is often made and perhaps with some success. Sterilized milk (p. 259) is given to inhibit the growth of micro-organisms in the large intestine. The drugs used are gastric antiseptics (p. 80), lactic acid and calomel.

E. Drugs acting on the Liver. The liver has several distinct functions, viz. to secrete bile, to form and store up glycogen, to form urea, to excrete substances absorbed from the intestine, and to destroy poisonous substances absorbed from the intestine.

1. *Drugs influencing the secretion of bile.*—It does not follow because more bile appears in the faeces that more is secreted, for it may be that the gall-bladder and ducts have been thoroughly emptied, or that the bile which has been poured into the

duodenum has been swept along quickly before reabsorption, which is ordinarily brisk, has had time to take place. Drugs which increase the amount of bile actually secreted are called **direct cholagogues**, or **hepatic stimulants**; but this is a bad name, as the liver has so many distinct functions; those which simply lead to a larger amount of bile being found in the faeces without any extra secretion are called **indirect cholagogues**.

DIRECT CHOLAGOGUES. Drugs supposed to belong to this group have been studied in fasting unstarved dogs, and upon human beings with biliary fistulae. A canula is inserted into the bile duct, and is brought out of the body, the drug to be experimented upon is administered, and the amount of bile secreted before and after the administration is noted. No food must be given during the experiment, as that alone causes a considerable increase in the biliary flow.

Direct cholagogue Bile.

After bile is given by the mouth it is absorbed, carried to the liver, and there increases the secretion of bile.

The following are by some observers stated to be direct cholagogues, but others state, and probably correctly, that none of them increase the quantity of bile secreted (though believed to be the most powerful are placed first).

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|-------------------------------|---|
| (1) Euonymin. | (11) Dilute nitric acid. |
| (2) Sodium benzoate. | (12) Dilute nitro-hydrochloric acid. |
| (3) Sodium salicylate. | (13) Colocynth. |
| (4) Podophyllum. | (14) Colchicum. |
| (5) Iridin. | (15) Potassium sulphate. |
| (6) Mercuric chloride. | (16) Rhubarb. |
| (7) Sodium sulphate. | (17) Jalap. |
| (8) Sodium phosphate. | (18) Scammony. |
| (9) Aloes. | (19) Dilute arsenious acid. |
| (10) Ipecacuanha. | |

There are individual differences among these drugs; many have no real claim to be called cholagogues, and such as occupy the bowels producing a motion full of bile probably do so by hurrying on the contents of the small intestine, and hence

They are either cholagogues. Some, as sodium salicylate, are the one very watery; others, as terebinthamine, which is given to man, make it so thick that it flows through the duct with the greatest difficulty. Euonymin, sodium salicylate, Harrogate old sulphur spring and cold bad water are all stated slightly to increase both the quantity and the solids. Podophyllum and iridin, on the other hand, appear to increase the solids without affecting the quantity.

INDIRECT CHOLAGOGUES. These cause no increase in the amount of bile secreted; they act either by stimulating the upper part of the jejunum and the lower part of the duodenum, thus sweeping the bile on before there is time for it to be reabsorbed; or because the purgative, *e.g.* jalap, or scammony, acts best on the intestine when dissolved in bile, and hence when there is plenty of bile in the intestine it is quickly expelled; or, lastly, because the drug, *e.g.* calomel, is an antiseptic, and so prevents the decomposition of bile by bacteria.

They are (1) **Mercury**, (2) most **Cathartic purgatives**, especially **Calomel**.

Therapeutics. Cholagogues are used for cases of dyspepsia in which there is reason to believe that the liver is the organ at fault, and certainly they often have a very markedly beneficial effect. It is clearly an advantage to combine direct and indirect cholagogues in order to ensure that the bile shall be exerted. As bile itself is a stimulant to the peristaltic movements of the intestine, all cholagogues are purgatives, and form a distinct class of purgatives. In cases of hepatic dyspepsia attention to diet is of the greatest importance, and muscular movements, as riding, rowing, &c., and in the expulsion of bile from the gall-bladder and ducts.

ANTICHOLAGOGUES.—These are often called hepatic depressants. They decrease the quantity of bile secreted. Calomel, castor oil, gamboge,

magnesium sulphate, opium, and lead acetate have this effect, but it is not sufficiently marked to interfere with their therapeutic use for other purposes, and they are never employed for this action.

2. *Drugs modifying the formation of urea by the liver.* It is believed that some of the nitrogenous substances, especially leucin, arriving at the liver, are there converted into urea. The quantity of urea excreted by the urine is increased by phosphorus, arsenic, antimony, ammonium chloride, and iron. Phosphorus may also lead to the appearance in the urine of leucin and tyrosin. There is some evidence that this drug causes an increase of the urea through its action on the liver, for in phosphorus poisoning that organ undergoes extreme fatty degeneration, and jaundice supervenes. Whether the other drugs act through the liver is doubtful. Antimony and arsenic, if given in large doses for some time, both produce general fatty degeneration. All these substances must be administered in almost poisonous doses in order to increase the urea in the urine, and they are not employed therapeutically for this purpose.

Opium, colchicum, alcohol, and quinine are said to decrease the quantity of urea excreted.

3. *Depressants of the Glycogen Function.* **Phosphorus, arsenic, and antimony** diminish and even stop the formation of glycogen by the liver; they also cause fatty degeneration of it. In certain forms of diabetes, **opium, morphine, and codeine** have a most marked effect in diminishing the quantity of sugar in the urine.

F. Drugs acting on the Pancreas. The secretion of pancreatic juice is excited by acids, hence any of the drugs increasing the gastric juice (p. 78) and mineral acids stimulate it, but alkalies diminish it as they inhibit the gastric flow. Fats excite the pancreatic flow.

Division X. Drugs acting on the Muscular and Nervous Systems.

A. Drugs acting on Muscles. Pharmacologists have devoted much attention to this class of drugs, but as the facts ascertained are not used in medicine, we need not stop to consider them in detail.

Potassium salts locally applied depress muscular action. Strychnine and Barium excite it.

B. Drugs acting on the Peripheral Endings of Motor Nerves. Of the drugs belonging to this group the action of urari has been worked out most fully. If urari is given to an animal, it is found that the muscles will respond to a mechanical stimulus, although they will not contract when the motor nerve is stimulated. If a single muscle be removed from the circulation by ligation of its vessels before the administration of urari, afterwards it will be the only one that will respond to stimulation of its motor nerve. As this was the only muscle of the body that the drug could not reach, and it is the only one not poisoned, the poison clearly acts locally on the muscles; but as the urarized muscle will respond to mechanical stimulation urari must paralyse the motor nerves within the muscle, probably the end plates.

Urari and conium are by far the most important drugs which paralyse motor nerve ends. Therapeutically we never desire to paralyse motor nerve endings.

C. Drugs acting on the Peripheral Endings of Sensory Nerves (other than those of special sense). Our knowledge of these is derived almost entirely from observations on man, for it is very difficult to experiment upon animals, as they have such imperfect means of communicating their sensations to us.

Drugs which stimulate the terminations of sensory nerves. These, when applied locally, cause pain. They are the same as the local vascular irritants which have already been enumerated (p. 54); in

fact, most of them give rise to pain by causing local inflammation. There is no need to repeat the list.

Therapeutics. Local irritants are chiefly employed for their action on the vessels, but as they are also counter irritants, their application to the skin, while causing some pain there, will often relieve a deep seated pain. Although pain is always referred to the periphery, it is appreciated centrally, and therefore peripheral stimulation of nerves, which also reflexly excites the heart and respiration, is used to rouse people from unconsciousness, such as that of fainting or opium poisoning. For these purposes the stimulus must be prompt, hence the application of the faradic current to the skin is a good means to employ.

Drugs which depress the terminations of sensory nerves.—Of these there are two kinds: those which only relieve pain, or **local anodynes**; and those which diminish sensibility, or **local anæsthetics**.

Local Anodynes. These have but slight action unless pain be present. They are

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|---------------------------|--------------------------------------|
| (1) Aconite. | (9) Chloral. |
| (2) Carbolic acid. | (10) Chloretone. |
| (3) Menthol. | (11) Belladonna. |
| (4) Orthoform. | (12) Stramonium. |
| (5) Veratrine. | (13) Hyoscyamus. |
| (6) Ether. | (14) Opium. |
| (7) Alcohol. | (15) Sodium bicarbonate. |
| (8) Chloroform. | (16) Oxide of zinc. |
| | (17) Dilute hydrocyanic acid. |

(The last three must be allowed to evaporate.)

In the above list the most powerful are placed first. Many other substances are said to be local anodynes, but their claim to the title is doubtful. Cold is a powerful depressant of sensibility, and therefore it is an excellent local anodyne; so also is warmth, for heat dilates the vessels, and thus relieves tension, which is a very powerful factor in causing pain.

Therapeutics. It is clear that the scope for the employment of local anodynes is very wide. If possible, the first thing is to remove the cause of the

pain, but often, as in neuralgia and many forms of pruritus, we cannot do this.

Local Anæsthetics. These are cocaine, eucaine, carbolic acid, Kava root, and extreme cold, whether produced by ether or nitrous oxide spray. These drugs are not so much employed as formerly to produce general anesthesia for small operations, because they have been largely superseded by cocaine, which produces a high degree of local insensibility.

D. Drugs acting on the Trunks of Nerves. These are of greater pathological than pharmacological interest. If taken for a long time they produce chronic inflammation of the nerves, which is shown by the great increase of the fibrous tissue between the nerve fibres, and the fatty degeneration of the fibres themselves. During the earlier stages the irritation of the nerves causes much pain and tingling; later, as they lose their function, numbness, with loss of sensation, and paralysis set in, often accompanied by trophic lesions. For fuller details, books on medicine must be consulted.

The drugs producing peripheral neuritis are

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|---------------------|---------------------|
| (1) Lead. | (3) Arsenic. |
| (2) Alcohol. | (4) Mercury. |

E. Drugs acting on the Spinal Cord. The difficulties of experiment are so great that we know nothing of the action of drugs on the sensory portions of the cord. We are also ignorant of the action of drugs on the motor fibres. The following method is adopted to discover whether a drug acts on the anterior cornu. Suppose we are studying a drug which stimulates them. After the drug has been given, a slight peripheral stimulus will produce such marked reflex action that convulsions will ensue upon the stimulation. If the cord is cut across and the convulsions follow the stimulus as before, it is clear that these cannot be of cerebral origin, for in that case they would not take place below the point of section. Again, if before injection

of the drug into the circulation the vessels of the cord are ligatured, and then the drug causes no convulsion, it is clear that it acts on the cord and not on the muscles or nerves. These results are confirmed if, when the drug is injected into vessels by which it reaches the cord quickly, convulsions occur sooner than when it is thrown into other vessels; also if convulsions do not take place when the cord is destroyed; and lastly if, when the destruction is gradually caused by pushing a wire down the vertebral canal, the convulsions cease from above downwards as the cord is destroyed. Strychnine has been much more fully studied than any other drug which acts on the cord. The effect of it is to convert what would normally be inhibitory impulse into excitatory (see Strychnine).

The drugs increasing the irritability of the anterior cornua are

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|------------------------|------------------------|
| (1) Strychnine. | (5) Chloroform. |
| (2) Brucine. | (6) Ether. |
| (3) Ammonia. | (7) Ergot. |
| (4) Thebaine. | (8) Opium. |

(The last four only slightly, and early in their action.)

Therapeutics.—It is very rarely that we can do any good in spinal diseases by attempting to stimulate the anterior cornua, but strychnine is occasionally given for cases of paralysis due to disease of the spinal cord.

Drugs which depress the action of the anterior cornua are

- | | |
|---------------------------|------------------------------|
| (1) Physostigmine. | (11) Sodium salts. |
| (2) Bromides. | (12) Potassium salts. |
| (3) Alcohol. | (13) Lithium salts. |
| (4) Chloroform. | (14) Antimony salts. |
| (5) Ether. | (15) Arsenical salts. |
| (6) Ergot. | (16) Camphor. |
| (7) Opium. | (17) Amyl nitrite. |
| (8) Mercury. | (18) Sodium nitrite. |
| (9) Zinc salts. | (19) Chloral. |
| (10) Silver salts. | (20) Carbolic acid. |

- (1) **Apomorphine.**
- (2) **Veratrine.**
- (3) **Turpentine.**
- (4) **Saponine.**

- (25) **Emetine.**
- (26) **Gelsemium.**
- (27) **Colchicum.**
- (28) **Kava root.**

Of these, apomorphine, alcohol, chloroform, ether, arsenic, morphine, carbolic acid, chloral, nicotine, and veratrine, take effect slightly before depressin

Therapeutics. These drugs are of very little use as medicine for their action on the spinal cord. Physostigmine is by far the most powerful, and has been occasionally used in obscure nerve diseases accompanied by convulsions, as tetanus.

Lead has a very peculiar action in producing sclerosis of the posterior columns of the cord. Lead sometimes causes atrophy of the anterior cornual cells, and long-continued abuse of alcohol probably causes slight degeneration of the cord as a whole.

F. Drugs acting on the Brain.—The action of these cannot be localised nearly so accurately as can that of drugs acting on the spinal cord and nerves. Drugs acting on the brain illustrate two very important general laws.

First, the **law of dissolution**, which, when stated as it applies in pharmacology, is as follows. When a drug affects functions progressively, those first affected are the highest in development; that is to say, they are the last acquired by the individual and the last to appear in the species. The next affected are those next to highest, and so on; till finally the lowest of all from an evolutionary point of view, that is to say, the functions of respiration and circulation, are affected. This law is very well exemplified in the case of alcohol, for the first functions to be disordered are those of the intellect, especially the highest, such as judgment and reason; then follow disorders of movement, and finally death from failure of respiration and circulation.

Another law very well exemplified by drugs which act on the brain is that when a drug in moderate doses excites a function, in large doses it often paralyzes it. For example, a person under the influence of chloroform, soon after its administration, tosses his arms about in a disorderly way, but they subsequently become motionless; and many other cerebral stimulants may also be hypnotics. Some think that drugs excite nervous functions by direct action, others that the excitation is often due to the removal of inhibitory impulses.

Drugs acting on the motor centres of the brain.—To investigate these, the motor area of the cortex is exposed by trephining, and the strength of current which it is necessary to apply to the motor area to produce corresponding movements is noted before and after the administration of the drug. Another method is to observe the strength of current necessary to evoke a movement, then to allow the trephine wound to close, afterwards the animal is made to take the drug regularly for some weeks. The opposite motor area is then exposed, and the strength of current required to call forth movements is noted.

It has been found that

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|-------------------------|-------------------------------|
| (1) Alcohol, | (4) Potassium bromide, |
| (2) Anæsthetics, | (5) Sodium bromide, |
| (3) Chloral, | (6) Ammonium bromide, |

diminish the activity of the motor area.

Bromides are largely used in epilepsy and other convulsive disorders on account of this function.

Drugs exciting the motor area of the cortex are

- | | |
|----------------------|---------------------------|
| (1) Atropine. | (3) Strychnine. |
| (2) Absinthe. | (4) Physostigmine. |

They have no therapeutical application in virtue of this property.

General cerebral stimulants. It is impossible to know anything of these by experiments on animals.

In man they cause general excitation of the mental faculties, followed in many cases by delirium and incoherence. The exact form of delirium differs a little in each case.

Such drugs are

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|---------------------------|------------------------------|
| (1) Belladonna. | (11) Coca. |
| (2) Stramonium. | (12) Cannabis indica. |
| (3) Hyoscyamus. | (13) Lupulus. |
| (4) Alcohol. | (14) Opium. |
| (5) Chloroform. | (15) Camphor. |
| (6) Ether. | (16) Santonin. |
| (7) Nitrous oxide. | (17) Quinine. |
| (8) Coffee. | (18) Salicylic acid. |
| (9) Tea. | (19) Tobacco. |
| (10) Guarana. | |

Therapeutics. Many of these are taken habitually as cerebral stimulants; for example, alcohol, tea, coffee, tobacco, in England; opium in the East; cannabis indica in many parts of Asia; coca in parts of South America, and if it is wished to give a cerebral stimulant as a drug, one of these is usually chosen. The rest, which are very important, are commonly employed for some other action. With very many of this class of drugs, as will be seen directly, the stimulant action soon gives way to a paralysing influence.

General cerebral depressants.—These are commonly divided into three classes: Hypnotics or Soporifics, Narcotics, and Anesthetics. It is believed that one way at least in which any drug depresses the activity of a neurone is by causing retraction of the terminal filaments of its dendrons or axon, thus rendering synapses less intimate. During depression of activity the brain is anæmic, but this is the result more than the cause of the depression.

HYPNOTICS OR SOPORIFICS are drugs which produce sleep, closely resembling, if not identical with, natural sleep.

The hypnotics are

- | | |
|---|------------------------------|
| (1) Opium. | (10) Paraldehyde. |
| (2) Morphine. | (11) Trional. |
| (3) Chloral hydrate. | (12) Tetronal. |
| (4) Butyl - chloral - hy- drate. | (13) Veronal. |
| (5) Bromides. | (14) Medinal. |
| (6) Chloralamide. | (15) Adalin. |
| (7) Chloralose. | (16) Alcohol. |
| (8) Chloretone. | (17) Hyoscine. |
| (9) Sulphonal. | (18) Cannabis indica. |

Therapeutics. These drugs are often used for persons suffering from sleeplessness, but it is far more important to remove the cause of the sleeplessness. Sleep is often promoted by dilating the vessels of other parts of the body than the brain; for example, a warm bath or an abundant meal conduces to sleep. The use of hypnotics is greatly abused. Those who take them become habituated to them, so that at last even large doses do not cause sleep. Chloral, the bromides, trional, and chloralamide are perhaps the most satisfactory.

Narcotics are substances which not only produce sleep, but also in large doses depress the function of respiration and circulation. Many of them are also under the head of general anæsthetics; others are, in smaller doses, hypnotics. It has been suggested by Meyer and Overton that as many of these substances, *e.g.* ether, sulphonal, trional, tetronal, chloroform, chloral, and chloralamide, are more soluble in lecithin and cholesterol than in water, they will accumulate in the nervous system, where these substances are chiefly present, and this may help to explain the action of these drugs. This may be so, but many hypnotics, *e.g.* bromides, are not specially soluble in lecithin or cholesterol, and many substances are soluble in lecithin and cholesterol, but are not hypnotics, so this question of solubility cannot be the whole explanation.

The following is a list of narcotics

- | | |
|---------------------------------|-----------------------------|
| (1) General anæsthetics. | (5) Stramonium. |
| (2) Opium. | (6) Hyoscyamus. |
| (3) Chloral hydrate. | (7) Alcohol. |
| (4) Belladonna. | (8) Cannabis indica. |

And may be given in the following doses

Therapeutics. They are of great use in calming excitement of any kind, many of them, such as, for example, opium and belladonna, are beneficial in relieving distress and producing sleep in heart disease.

GENERAL ANÆSTHETICS.—These are drugs that lead to a total loss of consciousness, so that pain is no longer felt; at the same time reflex action is suspended. They illustrate admirably the law of dissolution, and also the fact that after excitement paralysis often succeeds; and the stages consequent upon these laws can be readily observed in any one who is taking an anæsthetic. Firstly, in obedience to the law of dissolution the highest faculty, the imagination, becomes excited, the patient sees visions and hears noises. He next begins to chatter wildly and incoherently, for in the excitement of any function by a drug the exaltation is usually irregular, and confusion results. Next, the other motor centres of the cortex are stimulated irregularly, so that he gesticulates, throws his arms about wildly, and tosses his body. By this time the brief stimulation of the higher intellectual faculties has probably ceased, and in obedience to the second law vision, hearing, and touch are dulled, and he has lost control over his reason, so that he feels light-headed, as he expresses it, crying and laughing easily; now he is totally irresponsible for his actions and careless as to their results. It will be noticed that the functions are paralysed in the order stated in the law of dissolution. Next there follows upon the stimulation of the motor areas stimulation of the heart and respiration.

The pulse and respirations both increase in number, the blood pressure rises, the face flushes. Then comes depression of all the functions previously excited; first the higher parts of the cerebrum give way, and the patient loses consciousness—neither bright lights, sounds, nor painful impressions rouse him; he becomes quiet, and ceases to throw his arms and legs about; the reflexes disappear, and consequently touching the conjunctiva does not produce closing of the eyelid; the feet do not move when they are tickled, the pupil is contracted, and the previous quickening of the pulse and respiration is succeeded by a slowing of their rate. It is at this period that the patient cannot feel pain, and that therefore operations are performed. The depression of the motor centres is followed by the depression of the muscular tone, and the muscles become quite flaccid and cease to respond to mechanical stimulation. This is the degree of narcosis that is required for the easy reduction of dislocations and for the easy manual examination of the abdominal viscera. Anesthetics should not be pushed beyond this stage. If they are, even the involuntary muscles lose their tone and reflex excitability, so that the sphincters of the rectum and the bladder relax. The depression of the pulse and respiration continues, the movements of the chest become weaker and weaker and slower and slower, the pulse becomes very feeble, slow, and irregular, and the heart finally stops in diastole. Death occurs partly by the heart and partly by the respiration. At any period of the administration during which recovery is possible, the functions of the body will return in just the reverse order to that in which they were lost, thus again illustrating the law of dissolution. It is often many hours before the mental faculties have recovered their equilibrium, and long after the patient can move his muscles he cannot co-ordinate them. There are individual differ-

ences in the different anæsthetics and in different persons.

The general anæsthetics are

- | | |
|---------------------------|---|
| (1) Chloroform. | (4) Many other substitution products |
| (2) Ether. | derived from alcohols and ethers. |
| (3) Nitrous oxide. | |

Therapeutics. Anæsthetics are given to cause unconsciousness, so that pain may not be experienced during operations, to relax muscles in cases of dislocations, abdominal examinations, or phantom tumours, to relieve severe pain, such as that of parturition, biliary and renal colic, to quiet the body during convulsions, as in tetanus and hydrophobia.

The chief dangers of anæsthetics are 1. Death from shock. This usually takes place before the patient is fully under the influence of the anæsthetic, reflex action is not yet quite abolished, and the heart is stopped reflexly from the peripheral stimulus of the operation. This is one of the greatest and most common dangers of anæsthetics, especially chloroform. It is, to a large extent, avoidable if care be taken that the patient is fully under the influence of the anæsthetic before the operation is begun; occasionally when it is trivial the operator is in too great a hurry to begin, and the patient suddenly dies from failure of the heart.

2. Death from paralysis of respiration. This is usually due to a combination of circumstances. Too much of the anæsthetic may have been given. Respiration may be difficult because the patient suffers from some disease of the lungs, or the operation may demand that he should lie on his side or in some other position which hampers respiration. It is not a very great danger, for it is heralded by lividity; and if then the posture is changed, the administration of the anæsthetic is stopped and artificial respiration is performed, the patient usually quickly recovers; even if he does not, artificial respiration with the head thrown back and the tongue pulled out

should be carried on as long as there is any evidence that the heart is beating, or if the patient draws a breath when artificial respiration is stopped for half a minute. Cases have recovered although it has been necessary to keep up artificial respiration for hours.

3. Cardiac failure may occur, owing to sudden action on the vagal centre, if the vapour is too concentrated. The patient almost suddenly becomes pale, and the pulse stops. In such a case no more anæsthetic must be given, artificial respiration must be kept up in the manner just mentioned, and the heart may be stimulated by the subcutaneous injection of brandy, by the inhalation of amyl nitrite, by the application of the faradic current over the cardiac region, by the plunging of electric needles into the heart, or by flapping the chest over the heart with hot towels and placing hot compresses over it. The feet should be raised and the head depressed.

4. Vomited matter and, if the operation is about the mouth, blood may suffocate the patient. To avoid the first contingency no food should be taken for some time before the operation, and if the patient is sick he should be turned on his side; to avoid the second special precautions must be taken, which are described in books on operative surgery.

5. Reduction of body temperature due to diminished activity and to vasodilatation of the vessels of the skin. This is minimised by keeping the surroundings of the patient as warm as possible during the operation, and by the use of hot blankets and hot bottles afterwards.

For the relative advantages of the different anæsthetics and the mode of giving each, the account of the individual drugs must be consulted.

G. Drugs acting on the Eye.

1. **Drugs acting on the Pupil.** The first thing to determine is whether any drug which dilates or contracts the pupil acts locally or centrally. It is dropped into one eye if it only acts locally and

after some time and on both eyes, it follows that it has acted centrally after absorption from the conjunctiva into the general circulation; but if it acts quickly, powerfully, and only on the eye into which it was dropped, its action is local. If it acts on an excised eye its action must be local. If, when all the vessels going to the eye are ligatured, the drug will act when dropped into the eye, but will not when thrown into the general circulation, this again shows that its action is local, and that when it acts after being thrown into the circulation when no vessels are ligatured it does so because it is circulating locally through the eye. If all the arteries and veins of the eye are ligatured, and the drug will not act when locally applied, although it would before, and will

when thrown into the general circulation, it shows that its action is central, and that it acts when dropped into the eye because some of it is absorbed.

If it has been proved by these means to act centrally the further investigation is difficult, for the central mechanism is complex.

If it has been proved to act locally, it may act either on the muscular fibres of the iris, on the terminations of the third nerve in them, or on the terminations of the cervical sympathetic in them. Stimulation of the third nerve causes the pupil to contract; section of it causes the pupil to dilate. Stimulation of the sympathetic causes the pupil to dilate; section of it causes the pupil to contract. If the pupil is dilated by the local action of a drug, and stimulation of the third nerve will not cause it to contract, but yet the muscle is responsive to mechanical stimulation, it shows that the endings of the third nerve are paralysed. If the pupil is contracted by the drug, and although responsive to mechanical stimulation, will not dilate when the third nerve is cut, it shows that the ends of the third nerve are stimulated. If a drug locally dilates the pupil, but

not as powerfully as stimulation of the sympathetic, it is clear that its whole effect is not due to a stimulation of the sympathetic; and if the muscle remains locally irritable, the third nerve ending must be paralysed. A series of similar experiments may be made with regard to the sympathetic. By these means the mode of action of many drugs has been made out, but often they act both on the sympathetic and the third nerve. In the following list they will be classified under their main actions.

Mydriatics (pupil dilators)

1. Paralyse the terminations of the third nerve.

- | | |
|--------------------------|------------------------------|
| (1) Atropine. | (6) Gelsemine. |
| (2) Homatropine. | (7) Muscarine. |
| (3) Euphthalmine. | (8) Hydrocyanic acid. |
| (4) Hyoscyamine. | (9) Aconite. |
| (5) Conine. | (10) Amyl nitrite. |

It is not quite certain how the last five act, but probably on the ends of the third nerve.

B. Stimulate the terminations of the sympathetic.

Cocaine.

C. Act centrally. Anæsthetics (late in their action).

Myotics (contract the pupil).

1. Stimulate the terminations of the third nerve. Pilocarpine, nicotine (probably).

B. Stimulate the muscle. Physostigmine.

C. Act centrally. Anæsthetics (early in their action), **opium.**

Therapeutics.—Dilators of the pupils, especially atropine and homatropine, are used to dilate the pupil for ophthalmoscopic examination, and to prevent or break down adhesions of the iris. Contractors of the pupil, especially physostigmine, are used to overcome the effects of atropine, and to prevent too much light entering the eye in painful diseases of it.

2. Drugs acting on the Ciliary Muscle.

The following drugs impair or paralyse accommodation:

- | | |
|-------------------------|---------------------------|
| (1) Atropine. | (5) Physostigmine. |
| (2) Hyoscyamine. | (6) Pilocarpine. |
| (3) Homatropine. | (7) Gelsemine. |
| (4) Cocaine. | (8) Conine. |

Intra-ocular tension is increased by atropine (large dose), hyoscyamine, daturine. It is decreased by cocaine, hyoscyne, and physostigmine.

Gelsemine paralyses the external ocular muscles, especially the levator palpebrae and the external rectus, by its action on the terminal nerve filaments.

Cocaine stimulates the unstriated fibres in the orbital membrane and the eyelids causes the eye to protrude.

Conine produces ptosis.

The capacity for seeing blue is increased by strychnine. Santonine causes first violet, then yellow vision.

H. Drugs acting on the Ears.—We know very little about the action of drugs on these. Quinine and salicylic acid cause noises and buzzing.

J. Drugs acting on Sympathetic System. The curious fact has been made out that if an animal be treated with a large dose of nicotine, or if this be applied locally to the superior cervical or other peripheral nervous ganglia, stimulation of the nerve below the ganglion no longer produces its characteristic effects, *e.g.* constriction of the ear vessels, dilatation of the pupil, secretion of saliva, although stimulation above the ganglion does. The ganglion cells are clearly paralysed. A small dose at first excites them. Curara, lobelia and conine have the same effect on ganglia, and so produce effects on the heart, vessels and secretions which have been described on pp. 52, 57 and 77. Sphaeroline acid stimulates sympathetic ganglia and is thus antagonistic to nicotine.

Division XI. Drugs acting on the Organs of Generation.

A. Aphrodisiacs.—These are substances which increase sexual desire. There are conceivably many

ways in which this might take place. There is a centre in the lumbar spinal cord, irritation of which causes erection, and this is capable of being excited by afferent impulses proceeding from many parts of the body, but especially from the cerebrum, and the genital organs themselves, or the parts in their immediate neighbourhood. The lumbar centre appears to be very dependent upon the general health, and therefore substances which improve this are indirectly aphrodisiacs.

The following drugs have been used as aphrodisiacs; their mode of action is not certainly known.

- | | |
|-----------------------------|------------------------|
| (1) Strychnine. | (5) Camphor. |
| (2) Cantharides. | (6) Phosphorus. |
| (3) Alcohol. | (7) Damiana. |
| (4) Cannabis indica. | |

B. Anaphrodisiacs. We do not know for certain of any drugs which have a depressant effect upon the lumbar centre. Most anaphrodisiacs act by decreasing or removing some irritation which is reflexly producing an aphrodisiac effect, but some probably act centrally.

Drugs used as anaphrodisiacs are

- | | |
|------------------------|------------------------|
| (1) Bromides. | (5) Hyoscyamus. |
| (2) Iodides. | (6) Stramonium. |
| (3) Opium. | (7) Digitalis. |
| (4) Belladonna. | (8) Purgatives. |

C. Ecbolics or Oxytocics are remedies which during or immediately after parturition increase uterine action.

They are

- | | |
|--------------------------------|---------------------------------|
| (1) Ergot. | (5) Rue (B. P. 1885). |
| (2) Quinine. | (6) Powerful purgatives. |
| (3) Hydrastis. | (7) Suprarenal extract. |
| (4) Savin (B. P. 1885). | (8) Cotton Root Bark. |

Of these ergot is by far the most important. Occasionally some of these drugs will act upon the gravid uterus to produce abortion before parturition has begun. They have almost all been used criminally for this purpose.

D. Emmenagogues are substances used to increase the menstrual flow. Diminution of the menstrual flow is a symptom of so many diseases that a large number of drugs which remedy these are indirect emmenagogues, but the substances which seem to have a special action in increasing the menstrual flow are

- | | |
|--------------------------|-------------------------|
| (1) All Ecbolics. | (4) Guaiacum. |
| (2) Asafetida. | (5) Cantharides. |
| (3) Myrrh. | (6) Borax. |

Among the many indirect emmenagogues the commoner are purgatives, iron, manganese, cod-liver oil, and strychnine, which act by improving the general health. Hot foot or hip baths, especially if mustard be added, often aid the onset of menstruation.

E. Substances which depress Uterine Action. - These are employed to restrain the contractions of the gravid uterus. They are -

- | | | |
|-----------------------------|------------------------|--------------|
| (1) Bromides. | (5) Chloroform. | |
| (2) Opium. | (6) Tartarated | anti- |
| (3) Chloral. | mony. | |
| (4) Cannabis indica. | | |

F. Drugs acting on the Secretion of Milk.

Galactagogues, or drugs which increase the secretion of milk.

Jaborandi and **Alcohol**. Of these jaborandi is the most powerful, but its effects soon pass off. Alcohol is very feeble. The secretion is so much under the control of the general health that the best way to ensure an abundant secretion is to keep the general health as good as possible.

Antigalactagogues, or drugs which decrease the secretion of milk.

Belladonna, either given internally or applied locally is very efficient, probably acting locally on the mammary gland as on the sweat glands.

The following *drugs*, if given, are *excreted by the milk*, and are therefore taken in by the child: Oil of anise, oil of

dill, garlic, oil of turpentine, oil of copaiba, and probably all volatile oils, sulphur, rhubarb, senna, jalap, scammony, castor oil, opium, iodine, iodide, antimony, arsenic, bismuth, iron, lead, mercury, zinc, potassium iodide. It is clear that these must be administered with care to the mother; for example, copaiba or turpentine will make the milk so nasty that the child will not take it. The above purgatives given to the mother may cause diarrhea in the child. Opium should not be given in large doses to the mother. On the other hand, mercury, arsenic, and potassium iodide may be administered to the child by being given to the mother.

Division VII. Drugs acting on Metabolism.

Our knowledge of the normal metabolism of the body is very imperfect, consequently we know very little more than has been already stated under other divisions, about the action of drugs on metabolism. Any further remarks which are necessary will be made when the individual drugs are considered. Two words in common use are **alterative** and **tonic**.

Alterative is a vague term of which no satisfactory definition can be given. It is often used to cloak our ignorance, when we have no exact knowledge of the mode of action of a drug. Many drugs comprehended under this term have the property of profoundly altering the body, especially if it be diseased; for example, mercury will, if the patient be suffering from syphilis, generally cause the absorption of syphilitic exudations. All that can be said about such drugs will be stated under each, for their mode of action is probably so different, that no useful purpose would be served by considering them together.

Tonic. This is a term, and even more vague than alterative. As commonly employed, it means a drug which makes the patient feel in more robust health than he did before he took it. Obviously this may happen in many ways. Such a drug, for instance, by improving the digestion or the quality of the blood. The word is only used just lately when applied to a drug which merely stimulates the tone.

MATERIA MEDICA.

(All the substances about to be described are pharmacopœial unless the contrary is stated.)

PART I. INORGANIC MATERIA MEDICA.

GROUP I.

Water, Peroxide of Hydrogen, and Oxygen.

AQUA DESTILLATA.

Distilled water, H_2O .

SOURCE.—Prepared by distillation from good natural potable water.

TESTS.—Evaporated in a clean platinum capsule it leaves a scarcely visible residue. It is not affected by tests for metals, chlorides, nitrates, nitrites, or sulphates. Tested with sulphuric acid and potassium permanganate, it should only show faintest traces of organic matter, and tested with Nessler's test it should only show the faintest traces of ammonia. Aqua destillata is always to be used for making up prescriptions.

ACTION.*

External. An indifferent bath ($88^{\circ} - 98^{\circ} F.$), or one in which the bather feels neither hot nor cold, produces no particular effect.

Cold baths increase the production of heat, and abstract heat from the body if they are prolonged; therefore at first the bodily temperature may rise slightly, but when the loss exceeds the production it falls. The amount of carbonic acid expired is increased. The rate of the pulse and respiration at first rises, but soon falls. The skin becomes pale, and the condition of goose-skin is seen. After the bath the duration and temperature suitable for

* Unless otherwise stated, the word action will in this book always be taken to mean physiological action, or action in health.

different persons vary widely; there is a feeling of warmth and exhilaration, and the cutaneous vessels dilate.

A warm bath if sufficiently prolonged may cause a slight rise of the bodily temperature, the skin becomes red, the pulse and respirations are more frequent, the amount of urine secreted is diminished, and after the bath there is profuse perspiration.

Internal. Warm water gives rise to nausea and vomiting. Water is very slowly absorbed from the stomach, but quickly from the bowels, and very soon afterwards the amount of urine secreted is greatly increased, and to a less degree the amount of bile, pancreatic juice, and saliva. Moderate quantities of water promote the flow of gastric juice, but large amounts should not be drunk during meal times, as that impairs digestion. If a considerable amount of water is drunk daily the amount of urinary nitrogen excreted is increased. Water not only washes out the tissues, but renders tissue metamorphosis more complete.

The action of water will be physically modified by the substances in solution in it, for there will be no physical interchange between isotonic solutions. But water passes from a hypotonic to a hypertonic solution, *e.g.* when red blood corpuscles are placed in a salt solution of such concentration that fluids pass from the corpuscles to it they shrink; but when they are placed in a weaker solution of such strength that fluid passes from the solution to them they swell. In the first case the salt solution is called hypertonic, in the second hypotonic as regards the corpuscles.

THERAPEUTICS.

External. *Cold baths* are used for the subsequent exhilarating effects, which may be increased by quick rubbing with a rough towel. Persons in whom a

feeling of warmth does not immediately follow a cold bath should not use them. The constant daily use of a cold bath probably diminishes the liability to catch cold. Cold baths are said to arrest attacks of laryngismus stridulus. They have been largely used to reduce the temperature in fever, especially **typhoid fever**. The first effect of putting the patient in the cold water is to cause, reflexly from the stimulation of the skin by the cold, an increased production of heat; for this reason and because of the cessation of radiation, the rectal temperature at first rises a little, but soon, owing to the direct abstraction of heat, and to the diminished production of heat which quickly sets in, it falls rapidly, and continues to do so after the patient is taken out. The temperature of a bath for a patient with typhoid fever should be between 68° and 58° F.; he should be lowered into it by a sheet, and remain in ten minutes, unless before that time he shows signs of collapse; he is then lifted back to bed, where a blanket is thrown loosely over him. If this treatment is adopted the bath ought usually to be given whenever the axillary temperature is 103° F. Sometimes the patient is placed in a bath at a temperature 10° F. below his own, and the water is cooled by putting in cold water or ice, till it has fallen to about 68° F., when he is taken out. Often instead of having a bath he is sponged with cold water as he lies in bed; this saves trouble, but both sponging and a cold pack (which consists of a sheet four folds thick wrung out in cold water and wrapped round the naked body for five or ten minutes) are inferior to a bath. **Pneumonia** may be treated by the application of cold, generally by means of ice poultices applied to the chest. To make an ice poultice, put on a piece of gutta percha tissue a layer of wood wool, then one of powdered ice sprinkled with a little salt, turn over the edge of the gutta percha—which has been

left wide enough—so as to cover in the poultice, and seal the edges with a little chloroform or turpentine. Put the poultice in a flannel bag, and bind it on the body where desired, with lint between it and the skin. The immediate application of cold baths is by far the best treatment for any sudden hyperpyrexia.

Cold is applied **locally** either by cold water or Leiter's coils or ice bags, in a number of conditions, with the object of arresting inflammation. These ice bags are put on the head in meningitis, or concussion, and on the knee-joint for acute synovitis, &c. According to most authorities cold contracts not only the vessels of the skin to which it is applied, but by reflex action those of the organs underneath it. Hence the application of an ice bag to the chest to arrest pulmonary hæmorrhage. Cold locally applied is therefore **hæmostatic**.

Warm baths, as they liquefy the fatty secretions, are more cleansing than cold. Hot baths, like any other application of heat, **soothe pain**, hence they are useful for rheumatoid arthritis and colic, whether renal, biliary, or intestinal. By bringing blood to the skin, and lessening the amount in the internal organs, they **relieve muscular spasm**, such as we find in stricture of the urethra, colic, laryngismus stridulus, other forms of laryngeal spasm, and infantile convulsions. In the same way they are of service in weariness from muscular or cerebral activity, and are useful in many inflammatory affections, as, for example, a cold in the head. A warm bath immediately before going to bed may sometimes cure insomnia. The subsequent **increased perspiration** makes hot baths and hot packs of great value in the various forms of nephritis and in uræmia. Great care must be taken after a hot bath which has been given to induce sweating to see that the patient is kept warm by being wrapped quickly in a hot blanket and put into a warm bed; if not, the cutaneous vessels

soon contract, and there is no diaphoresis. A local hot bath has the same effects, but to a less degree. A hot foot bath is often used for a cold in the head, or for amenorrhoea. Sponging with hot water will, by the vascular dilatation and sweating it causes, reduce the temperature slightly in fever.

A cold bath is one the temperature of which is below 70° F., one between 88° and 98° F. is properly speaking indifferent, but it is often called a warm bath. A tepid bath is intermediate between warm and cold. Anything above 98° F. is a hot bath. Few people can bear a temperature much over 102° F.

Internal The chief therapeutic use of water is to wash out the tissues, especially the kidneys, and to keep the urine dilute. Some persons who are liable to the formation of **gravel** or urinary calculi can by drinking plenty of pure water prevent their formation, for the minute collections of crystals which are the beginning of all calculi are washed out of the urinary system before they have time to grow to any size, and if they are composed of uric acid the copious drinking of water diminishes the liability of their formation, for it decreases the amount of uric acid excreted. It is stated that the liability to the formation of gall stones may also be kept in check by the drinking of plenty of water, as then the bile becomes less concentrated and flows more quickly. When large quantities of water are drunk it should usually be pure distilled water, and should be taken between meals. A glass of cold water taken on rising in the morning will with some persons cause the bowels to be opened. Warm water is an emetic.*

* It is impossible in this book to give more than a brief sketch of baths and the drinking of water and mineral waters. Further information will be found in works on 'General Therapeutics.'

LIQUOR HYDROGENII PEROXIDI.

Attention. — Solution of Peroxide of Hydrogen, H_2O_2

SOURCE. — Prepared by the interaction of water, barium peroxide, and a dilute mineral acid at a temperature below $50^\circ F.$

TESTS. — When tested it should yield between nine and eleven times its volume of oxygen, but it is often met with yielding 20 or 30 vol.

CHARACTERS. Colourless, odourless liquid; slightly acid taste. Renders the saliva frothy.

Dose, $\frac{1}{2}$ to 2 fl. dr.

USES.

As it easily parts with oxygen it is a powerful disinfectant (it is the active ingredient of Sanitas), and may be applied to ulcers and used as a mouth wash as a 1 in 8 solution. Its disadvantage is its instability. It bleaches and is used as a hair dye. Internally it has been recommended for many diseases, especially diabetes, epilepsy, and uræmia, but there is no proof of its efficacy. It is dangerous if given subcutaneously, or used to wash out serous cavities, for it is quickly decomposed; and if more oxygen is formed than the blood can dispose of, gas emboli are produced, and these, lodging in the lungs or brain, may cause death.

OXYGEN. (Not official.)

Compressed oxygen gas is sold in cylinders containing 12 or 20 cubic feet. A rubber tube with an inhaler at the end can be attached. In the corner of the tube is a large rubber bag to prevent the compressed oxygen issuing from the inhaler with too great force. Usually far too little oxygen is given and the inhaler is not kept long enough or close enough to the patient's mouth and nose.

ACTION AND THERAPEUTICS.

Oxygen inhalations are used in pneumonia, bronchitis, heart disease, convulsions, and any other condition accompanied by great lividity. This they will often relieve, and they may help a patient to tide over a temporary risk of death from asphyxia, and even if they fail to avert death, they often render the end less distressing. They make the pulse slower. The gas should be allowed to issue in a gentle stream:

as it comes out of the cylinder very cold, the tube conducting it should be surrounded by hot water. The explanation of the benefit in the above diseases is not that the blood absorbs more than the normal amount of oxygen, but that, owing to impeded respiration, the air stagnates in the alveoli, and the inhalation of oxygen leads to the quick diffusion of it into the alveoli, and hence the normal amount can be absorbed. That taken in solution in the plasma is especially valuable, for it is readily given to the tissues.

GROUP II.

THE ALKALINE METALS.

Potassium, Sodium, Ammonium, Lithium.

POTASSIUM.

Symbol, K. Atomic weight 39.15. (Not official.)

When taken by the mouth, potassium salts are excreted as quickly as they are absorbed, so no effect is produced by the potassium ion, but this is really powerfully depressant to all nerve and muscle tissue, as is shown by local application or after subcutaneous injection, in which case excretion is not nearly so rapid as absorption.

1. Liquor Potassæ. Solution of Caustic Potash. KHO.

SOURCE. - An aqueous solution of potassium carbonate boiled with slaked lime. The supernatant liquid is syphoned off. $K_2CO_3 + Ca(OH)_2 = CaCO_3 + 2KHO$.

CHARACTERS. - A colourless alkaline fluid with a "soapy" feel and taste. Sp. gr. 1.058. Strength 5.85 per cent., or 27 gr. to 1 fl. oz. of potassium hydroxide in water. To be kept in green glass bottles with air-tight stoppers.

IMPURITIES. Carbonic acid, lime, sulphates, chlorides and alumina.

INCOMPATIBLES. Acids, acid salts, metallic salts and preparations of ammonia, belladonna, hyoscyamus and stramonium, the alkaloids of these three being decomposed by Caustic Potash. All alkaloids are precipitated by alkalis.

Dose, 10 to 30 m., freely diluted.

2. Potassa Caustica. Caustic Potash. Potassium Hydroxide. KHO. *Synonym.* - Potassa hydras.

SOURCE. - Evaporate liquor potassæ and cast the residue in moulds.

CHARACTERS. - Hard, deliquescent, corrosive white pencils.

IMPURITIES. - The same as of liquor potassæ. Should contain not more than 10 per cent. of combined water and impurities.

ACTION OF POTASH.

External. It is, if concentrated, a powerful **irritant and caustic**, acting by abstracting water from the part to which it is applied. It dissolves fatty matters that may be present on the surface. It is **antacid**, and, if freely diluted, **sedative**.

Internal. *M. G.* - Alkalies have a soapy taste, and if sufficiently concentrated irritate the mouth, making the mucous membrane red.

Stomach. - Alkalies in medicinal doses only inhibit gastric secretion. The effect of large doses is described under the heading of toxicology (see p. 135). If they are given after a meal the gastric juice already secreted is **neutralized**. Being readily diffusible alkalies are quickly absorbed.

Intestine. - Alkalies lead to a diminution of pancreatic secretion, as they neutralize the acid gastric juice which excites pancreatic secretion.

Blood. - This is rendered very slightly more alkaline. All alkalies circulate in the blood as bicarbonates and phosphates. Their action as alkalizers of the blood is very temporary, for they are quickly excreted. The amount of hæmoglobin, if it is deficient, is said to be increased. The continual use of alkalies diminishes the quantity of fat.

Heart. - Very large amounts of potassium salts are **depressant** to all muscular tissues, and therefore decrease the force of the heart, ultimately causing diastolic arrest by direct action on the cardiac muscle.

Kidneys. - Alkaline potassium salts are **diuretic**, acting directly on the renal epithelium. They are quickly excreted in the **urine**, rendering it **alkaline**, and thus increasing its power of holding uric acid in solution.

Respiratory passages.—The bronchial secretion is generally increased in quantity, and it is rendered less viscid, but with some cases of bronchitis it is diminished.

Muscle.—The prolonged contraction produced by veratrine or barium salts is abolished by potassium salts. They are direct muscular depressants, and depress also the nervous system, especially the brain and spinal cord.

Metabolism.—Potassium salts, like all alkalies, if given in large doses, probably increase metabolism, leading to a greater oxidation of proteids and fats. For outside the body alkalies frequently promote oxidation. As a rule the excretion of urea is increased, that of ammonia diminished, but the total nitrogen is increased.

THERAPEUTICS OF POTASH.

External.—Caustic potash has been used to destroy lupas, and it was formerly employed to make issues. Care must be taken to limit its action, for it diffuses very rapidly. Liquor potassæ is used to dissolve off the fatty matters, and thoroughly cleanse the skin before operations, and weaker solutions of it are employed to remove the epidermis in certain chronic skin diseases. A 10 per cent. solution is recommended to remove an ingrown toe nail, which is painted with the fluid, and in a few seconds is so softened that much can be scraped off. The procedure is repeated till the nail that remains is sufficiently thin to be removed with a pair of fine scissors. Dilute solutions, acting as sedatives, relieve itching.

Internal.—To obtain the effects of alkalies upon internal organs the bicarbonate, citrate, and acetate of potassium are preferable to potash, for that is apt to irritate the stomach, but it is occasionally used in small doses as a gastric sedative for dyspepsia.

Toxicology, see Soda (p. 135).

3. Potassii Carbonas.—Potassium Carbonate, K_2CO_3 . *Synonym.*—Salt of tartar.

SOURCE. Pearlash, which is a product of the lixiviation of wood ashes, is treated with water, which dissolves little of the carbonate of potassium, and the solution is evaporated. It may be obtained by the interaction of potassium sulphate, calcium carbonate, and carbon.

CHARACTERS. A white, very deliquescent, crystalline powder with a caustic taste. Soluble in its own weight of water, insoluble in alcohol.

Twenty grains neutralize 17 grains of citric acid or 18 grains of tartaric acid.

IMPURITIES. Sulphates, chlorides.

It is used in preparing Liquor Arsenicalis (as a solvent), Decoctum Aloes Compositum (to dissolve the resin), and Mithra Ferri Composita (carbonate of iron formed).

Dose, 5 to 20 gr.

ACTION AND THERAPEUTICS OF POTASSIUM CARBONATE.

These are the same as those of potash, but the carbonate is less caustic.

1. **Potassii Bicarbonas.** Potassium bicarbonate. KHCO_3 .

SOURCE. Pass carbonic anhydride through a solution of potassium carbonate, and let the bicarbonate crystallize out. $\text{K}_2\text{CO}_3 + \text{CO}_2 + \text{H}_2\text{O} = 2\text{KHCO}_3$.

CHARACTERS. Non-corrosive, non-deliquescent, colourless rhombohedral prisms. Taste mildly alkaline. Soluble in 1.1 of water.

Twenty grains neutralize 14 grains of citric acid or 15 grains of tartaric acid.

IMPURITY.—The carbonate.

Dose, 5 to 30 gr.

ACTION OF POTASSIUM BICARBONATE.

The potassium bicarbonate is too feebly caustic to be of any use as a caustic. Otherwise its actions are those of potash.

THERAPEUTICS OF POTASSIUM BICARBONATE.

Stomach.—Potassium bicarbonate inhibiting the gastric secretion is very useful when an excessive

quantity of gastric juice is secreted. Often such juice is ineffectual, and much dyspepsia results, but normal gastric juice is secreted when the alkali has rested the glands. The increase of the antiseptic acid secretion is valuable in cases of dyspepsia associated with fermentation in the stomach. The drug may be taken after meals if too much acid is secreted, and the patient suffers from acid eructations, especially if pain be present also, but it is better treatment to remove the cause of the dyspepsia. It is not a common remedy for dyspepsia, bicarbonate of sodium being usually preferred. Either is beneficial when much mucus is present, for this is rendered less viscid by alkalies. It should not be used as an alkali in cases of poisoning by mineral acids, because of the evolution of carbonic acid gas. Bicarbonates are used in preference to carbonates, as the latter are far too strongly alkaline for the stomach. Potash water is often drunk as an effervescent water instead of soda water. It should be a solution (30 gr. to the pint) of potassium bicarbonate in water into which CO_2 gas under a pressure of four atmospheres has been passed.

Pancreas. — Alkalies decrease the pancreatic secretion, for they inhibit the formation of gastric juice, and the pancreatic flow is excited by acids.

Blood. — Potassium bicarbonate circulates in the blood as such. It was formerly much used in rheumatic fever, but is now superseded by salicylates. Probably it did no good. In gout it is given to increase the alkalinity of the blood which contains an excess of uric acid, but there is no evidence that it benefits gout, and the many alkaline mineral waters used for this disease are efficacious because they cause diuresis and render the urine less acid, thus assisting the excretion of uric acid. Potassium bicarbonate is believed to be hamatinic: that is to say, it is thought to increase the amount of hæmoglobin; but as for this purpose it is usually given with iron, its hamatinic power has not yet been proved.

K. sacra. - It is not much used for its diuretic effect and its acidizing power over the urine, as the vegetable salts are preferable.

5. Potassii Acetas. Potassium Acetate. CH₃COOK

SOURCE. Add acetic acid in excess to potassium carbonate. Evaporate to dryness and fuse the residue. $K_2CO_3 + 2HC_2H_3O_2 = 2KC_2H_3O_2 + H_2O + CO_2$.

CHARACTERS. White, foliated, very deliquescent, effervesces with acids. Solubility. 2 in 1 of water.

Dose, 10 to 60 gr.

6. Potassii Citras. Potassium Citrate. C₆H₅O₇(COOK)₃

SOURCE. Neutralize potassium carbonate with a solution of citric acid, and evaporate to dryness. $3K_2CO_3 + 2H_3C_6H_5O_7 = 2K_3C_6H_5O_7 + 3H_2O + 3CO_2$.

CHARACTERS. A white, deliquescent powder. Taste, slightly acid. Solubility. 10 in 6 of water.

Dose, 10 to 40 gr.

ACTION OF POTASSIUM ACETATE AND CITRATE.

External. - No action. Being neutral they are not even antacid.

Internal. These are the least irritating to the stomach of all potassium salts; being neutral they have no action on gastric juice. They circulate as the carbonate of potassium. Both are more powerfully diuretic than any other potassium salts, and act by directly stimulating the renal vessels. They are diaphoretic, especially the citrate, but neither of them causes a great increase of the perspiration. How they produce this effect is not certainly known.

THERAPEUTICS OF POTASSIUM ACETATE AND CITRATE.

As neither impairs digestion, they are chiefly used for remote effects.

Uses.—They have been largely given for rheumatic fever, but are now rarely employed. Many believe both salts are of great value in gout; if that is so, as they do not increase the power of blood plasma to dissolve sodium urate, they probably act by aiding the excretion of uric acid. They are powerfully antiscorbutic, that is to say, they prevent scurvy; but they are not so efficacious as lemon juice, lime juice, and fresh vegetables.

Kidneys.—Although in health the diuresis produced by citrate and acetate of potassium is slight, and the urea and other solids of the urine are actually decreased, yet clinical experience shows that both are, in Bright's disease, diuretics. They are frequently used in this disease and in feverish conditions, and also to increase the amount of urine, and thus to remove pathological fluids in cases of pleuritic effusion, ascites, &c. Diuretics are best combined, and the following is a good mixture: Potassium acetate, 20 gr.; tincture of squill, 10 m; spirit of nitrous ether, 30 m; Succus Scoparii, 1 fl. dr.; water to 1 fl. oz.

They render the urine **alkaline**, and are much employed for this purpose, having the advantage over other potassium salts that they do not derange digestion. They are of use in tubal nephritis, for the urinary alkalies aid the expulsion of fatty casts. Not only do they prevent the precipitation of uric acid, and thus hinder the formation of **uric acid gravel**, but perhaps they will dissolve small uric acid calculi. To keep the urine at the alkalinity necessary for this purpose, 40 to 60 grains of the acetate or citrate should be dissolved in four ounces of water, and taken every four hours. If more than this is used, harm is done, for an insoluble biurate forms on the surface of the calculus. With many patients it suffices if such a dose in a tumbler of water be taken at bed time; for during the night the acidity of the urine is highest, as there

is no alkaline tide due to meals. Owing to the depressing action of potassium salts, they should be used with care in persons suffering from heart disease.

Skin.—Both these salts may be used in slight pyrexia, such as that of a common cold, on account of their diaphoretic properties.

Lungs. These salts, like the carbonates and bicarbonates, are mild saline expectorants, especially suitable for cases of bronchitis, with viscid, scanty expectoration, as they increase the secretion and lessen the viscosity. The iodide of potassium is, however, still more efficacious.

7. Potassii Sulphas. Potassium Sulphate.
 K_2SO_4

SOURCE. Occurs native. Also obtained by the interaction of sulphuric acid and potassium chloride or certain other potassium salts.

CHARACTERS. Hard, colourless, rhombic prism, terminated by six-sided pyramid. Taste, disagreeable. *Solubility*. 1 in 10 of water.

IMPURITIES. Other sulphates and chlorides.

Dose, 10 to 40 gr.

It is contained in *Pilula Colocynthis Composita*, 1 in 24, *Pilula Colocynthis et Hyoseyami*, 1 in 32, *Pilula Ipecacuanhae cum Scilla*, 1 in 2, *Pulvis Ipecacuanha Compositus*, 8 in 10 (in the last two merely as a diluent).

8. Potassii Tartras. Potassium Tartrate.
 $(CHOH)_2(COOK)_2 \cdot H_2O$

SOURCE. Neutralize a hot solution of potassium carbonate with acid potassium tartrate. $2KHC_4H_4O_6 + K_2CO_3 \rightarrow 2K_2C_4H_4O_6 + H_2O + CO_2$

CHARACTERS. Small, colourless, deliquescent prisms. *Solubility*.—10 in 8 of water.

IMPURITIES. Acid tartrate and carbonate of potassium.

Dose, 20 to 60 gr. (diuretic); **2 to 4 dr.** (purgative).

9. Potassii Tartras Acidus. Acid Potassium Tartrate. $(CHOH)_2COOH.COOK$. *Synonyms*.—Bitartrate of potash; Cream of tartar.

SOURCE.—Obtained by purification from crude tartar (argl) deposited on the sides of wine casks during the fermentation of grape juice.

CHARACTERS. A fine, white, gritty powder or pieces of a larger crystalline mass. Taste, pleasant, acid. *Solubility.* 1 in 200 of cold water.

Impurity. Calcium tartrate.

Dose, 20 to 60 gr. (diuretic and refrigerant); **2 to 8 dr.** (purgative).

It is contained in Confectio Sulphuris, Pulvis Jalapa Compositus, and Trochiscus Scillæ.

ACTION OF POTASSIUM SULPHATE, TARTRATE, AND ACID TARTRATE.

External. One of these being only slightly acid and the others neutral, they have none of the external caustic or antacid properties of other potassium salts.

Internal. Intestines. All three salts are typical hydragogue **saline purges**, producing easy, soft, watery motions without griping. Their mode of action has already been fully described (*see* p. 90).

Liver. The **sulphate** of potassium is by some believed to be a moderate cholagogue, slightly increasing the biliary flow.

Kidneys.—The **tartrate** and **acid tartrate** are **diuretics**, because a small amount of them is, in the intestine, converted into a carbonate and absorbed, and this acts directly on the renal cells. Hence they render the urine alkaline. But all the sulphate and most of the tartrate and acid tartrate is excreted with the feces and if, as seems probable, some is absorbed by the small intestine in the form in which it is taken, it is excreted again into the colon.

THERAPEUTICS OF POTASSIUM SULPHATE, TARTRATE, AND ACID TARTRATE.

Internal. Intestines.—These excellent purgatives are frequently used, especially for habitual sluggishness of the bowels. A dose should be dissolved in a tumbler of warm water, and sipped during

dressing. They may be employed to open the bowels in cases, such as dropsy or uræmia, in which we wish to eliminate as much fluid as possible. They should for this purpose be given in a concentrated form, for then a large amount of fluid will be poured from the intestine to bring the solution of the salt to that degree of dilution at which it will act. Compound jalap powder is also much used for this class of case. As sulphate of potassium may have some cholagogue action it is to be preferred when it is believed that the liver is at fault.

Liver. These salts are often given to those who suffer from gall-stones, although no salts of potassium have any power to dissolve gall-stones; but the sulphate perhaps does good as a cholagogue.

Kidneys. The tartrate and acid tartrate are sometimes used as diuretics in the same class of cases as the acetate and citrate. A very pleasant drink for feverish patients is Imperial drink. It contains acid potassium tartrate, 60 gr.; glucidum, 1 gr.; oil of lemon, 3 m to a pint of boiling water.

10. Potassii Nitras. Potassium Nitrate. KNO_3 .

Synonyms. Nitre; Saltpetre.

Source.—Purified native saltpetre, or the salt artificially made by the action of sodium nitrite and potassium chloride.

CHARACTERS.—White, striated, six-sided prisms. Taste cool, saline. *Solubility.*—1 in 4 of water.

Impurities. Sulphates, chlorides, and lime.

Dose, 5 to 20 gr.

ACTION OF POTASSIUM NITRATE.

External.—Nothing noteworthy.

Internal. *Stomach and Intestines.*—Nitrates are powerful irritants and depressants, and therefore potassium nitrate is liable to cause nausea, vomiting, diarrhoea, symptomatic of the gastritis and enteritis produced by it.

Blood. Owing to its high diffusion power it quickly passes into the blood unchanged. External

to the body, nitrates prevent the coagulation of the blood, or dissolve the clot if it be already formed, but it is not known that they have any effect on the blood in the body.

Heart. Unlike other potassium salts the nitrate is a cardiac depressant, causing the beats to become feeble and slow. Large doses lead to great weakness, fainting, and death.

Kidneys. Small doses are diuretic from their direct action on the renal cells, but large ones are liable to inflame the urinary passages, causing haematuria. The drug is excreted unchanged in the urine.

Skin. Nitrate of potassium is a mild diaphoretic.

THERAPEUTICS OF POTASSIUM NITRATE.

Internal.—Blood. On account of its supposed action in preventing the coagulation of the living blood, it has been used in rheumatic fever and many inflammatory conditions, but it is now discarded. Probably, as it is a cardiac depressant, it only does harm.

Kidneys and Skin.—It is sometimes employed as a diuretic and diaphoretic in febrile conditions, but the acetate and the citrate are much preferable.

Asthma.—For the treatment of this disease, blotting paper is soaked in a solution of nitre of about 50 gr. to the fluid ounce of water; six papers about 1½ inch square are, when dry, successively placed in a jar and lighted one at a time. The patient inhales the fumes, the composition of which is not certainly known. Ringer considers it better to dip the paper also into a solution of chlorate of potash, and to burn a piece large enough to fill a whole room with the fumes. This treatment often relieves, and nitre is a common ingredient of asthma powders.

11. Potassii Chloras. Potassium Chlorate.
KClO3.

SOURCE. Pass chlorine into water holding lime or mag

It is used in the treatment of the various forms of chlorosis, and in the treatment of the various forms of anemia. It is also used in the treatment of the various forms of hemorrhage, and in the treatment of the various forms of poisoning. It is also used in the treatment of the various forms of disease of the blood, and in the treatment of the various forms of disease of the organs of the body.

Dose, 5 to 15 gr

Preparation.

Trochiscus Potassii Chloratis. 3 gr. in each
with a little sugar.

ACTION OF POTASSIUM CHLORATE.

External. It is believed to be easily decomposed by septic tissues, and that the nascent oxygen given off acts as a stimulant and antiseptic to them.

Internal. *Stomach and Intestines.* Small doses have no effect; poisonous ones produce symptoms similar to those induced by the nitrate.

Blood. Here also small doses have no effect, but several cases of poisoning show that in large doses chlorate of potassium disintegrates the red corpuscles, and converts hæmoglobin into methæmoglobin. The altered blood, owing to loss of oxygen-carrying power, causes the skin to be cyanotic; it is passed by the urine, which is therefore dark-coloured, and contains granular *débris*, and thus the urine is exactly like that met with in paroxysmal hæmoglobinuria. The liver and spleen are enlarged. There may be jaundice and hæmatemesis, and the marrow of the bones becomes very vascular. Nephritis is induced, the tubules are blocked by the *débris* of the blood, and so the urine is scanty. Death occurs from cardiac weakness or uræmia.

As potassium chlorate easily yields up its oxygen, formerly it was believed that it gave off part of its oxygen to the tissues while circulating in the blood, but much of it is excreted unchanged in the urine and other excretions.

THERAPEUTICS OF POTASSIUM CHLORATE.

It is used for stomatitis, tonsillitis, and pharyngitis of all varieties, either as lozenges, gargle (10 gr. to 1 fl. oz. of water or decoction of cinchona), or given to be swallowed in solution, for it is then excreted by the saliva. Its therapeutic action, which has been thought to be due to nascent oxygen, is therefore always local. It is especially valuable for ulcerative stomatitis. It has been given to women liable to miscarry.

12. **Potassii Bichromas**, see Chromates.

13. **Potassii Permanganas**, see Manganates.

14. **Potassii Iodidum**, see Iodine.

15. **Potassii Bromidum**, see Bromine.

16. **Potassa Sulphurata**, see Sulphur.

17. **Sapo Mollis**, soft soap, is Potassium Oleate, Olive Oil.

SODIUM.

Symbol, Na. Atomic weight, 23.0.

The metal sodium as met with in commerce. It decomposes water, and must therefore be kept under naphtha.

CHARACTERS. — Well known.

From it is prepared Liquor Sodii Ethylatis.

The sodium salts act either by salt action or by the action of the other ion.

1. **Sodii Carbonas**. Sodium Carbonate. $\text{Na}_2\text{CO}_3 \cdot 10\text{H}_2\text{O}$. *Synonym*. Soda or washing soda.

SOURCE. — Obtained from sodium chloride either by inter-action with ammonium bicarbonate or by its conversion into the sulphate and treating this with carbon and calcium carbonate.

CHARACTERS. — Large oblique rhombic crystals, transparent when fresh, but they soon effloresce, and become white on the surface. Taste, caustic. *Solubility*. 1 in 2 of cold water.

Twenty grains neutralize 9.8 grains of citric acid, 10.5 grains of tartaric acid.

IMPURITIES. — Sulphates and chloride.

It is contained in Extractum Ergotæ.

Dose, 5 to 30 gr.

2. **Sodii Carbonas Exsiccatus**. *Exsiccated Sodium Carbonate*. Na_2CO_3 . It is nearly anhydrous.

SOURCE. — Sodium carbonate is gently heated till losing water of crystallization it loses 63 per cent. of its weight.

CHARACTERS. A dry white powder.

obtained in Pilula Ferri (carbonate of iron is formed)

Dose, 3 to 10 gr.

ACTION AND THERAPEUTICS OF SODIUM CARBONATE AND DRIED CARBONATE.

The same as those of potash, except that they are less caustic.

3. Sodii Bicarbonas. Sodium Bicarbonate. NaHCO3.

SOURCE. Made from the carbonate in the same way as potassium bicarbonate is made. Or, by the reaction of sodium chloride and ammonium bicarbonate.

CHARACTERS. A white powder or small monoclinic crystal. Slightly alkaline, not caustic. *Solubility.* 1 in 11 of cool water.

Twenty grains neutralize 16.7 grains of citric acid or 17.8 grains of tartaric acid.

IMPURETIES. The carbonate.

INCOMPATIBLES. It is decomposed by acids and acid salt e.g. bismuth subnitrate.

Dose, 5 to 30 gr.

Preparation.

Trochiscus Sodii Bicarbonatis. 3 in each with a rose basis.

ACTION OF SODIUM BICARBONATE.

Sodium salts are not, when locally applied, depressant to the cardiac, muscular, and nervous systems, and therefore are not locally poisonous like potassium salts. Sodium bicarbonate is more slowly absorbed than the potassium salt, but after absorption its action is the same.

THERAPEUTICS OF SODIUM BICARBONATE.

External. A lotion of 7 gr. to 1 fl. oz. of water is employed as a sedative to relieve itching.

Internal. - *Stomach.* - Its use in disease is very similar to that of the corresponding salt of potassium, but on account of the two differences just mentioned

it is much more frequently given. Hence it is a very common ingredient of medicines designed to relieve dyspepsia, being taken shortly after meals to inhibit the flow of ineffectual gastric juice, or some time afterwards to neutralize excessive acidity in the cases in which the patient complains of pain, which is relieved by food and comes on about four hours after a meal, or of heartburn and acid eructations. Its value is also partly due to its sedative action on the gastric nerves, whereby it relieves gastric pain, and partly also to its power of liquefying tenacious mucus. A very favourite gastric sedative mixture consists of about 10 grains of sodium bicarbonate, together with 10 grains of bismuth carbonate, suspended in mucilage. A grain or two of sodium bicarbonate, with a grain of powdered rhubarb and some sugar, forms a common stomachic powder for children. Sodium bicarbonate and gentian are also often combined together in stomachic mixtures. Effervescent soda water (made the same way as potash water, p. 125) is a mild gastric sedative. In commerce these waters often contain neither potash nor soda, but even then the carbonic acid gas acts as a sedative.

Sodium bicarbonate is so slowly absorbed, and is, in comparison with potassium salts, so poor a solvent of uric acid, that it is rarely used for any effects it may have after absorption. Large doses (150 to 500 grains a day) are useful for diabetic coma and all forms of acidosis, in which they neutralize the excess of acids in the blood.

TOXICOLOGY.

Poisoning by caustic alkalis is very rare; usually it takes place either by potash, soda, pearl ash (potassium carbonate), or soap lees (sodium carbonate). (Both the last are impure. They contain caustic soda or potash.)

Symptoms.—A caustic taste is experienced, and is quickly followed by symptoms of gastro-intestinal irritation, viz. burning heat in the throat, vomiting, diarrhoea, and abdominal pain, together with those of depression, viz. a feeble quick pulse, and a cold and clammy skin. Soon the lips, tongue, and

throat become swollen, oft. and red. *Post mortem appearances.* The mucous membrane of the mouth, tongue, stomach, and oesophagus, and occasionally that of the larynx, is excoriated, dark, softened, and inflamed.

Treatment. - Wash out the stomach, or give emetics, as zinc sulphate, 20 gr.; or powdered ipecacuanha, 30 gr.; or copper sulphate, 5 gr. in half a pint of tepid water; or vinum ipecacuanhae, 1 fl. oz.; or mustard, a table-spoonful in half a pint of tepid water; or common salt, 2 table-spoonfuls in half a pint of tepid water; or 1 gr. of apomorphine hydrochloride hypodermically. If none of these are handy, give plenty of warm water and tickle the back of the throat. Then give feeble acids, as vinegar, diluted lemon juice, dilute solution of citric acid, dilute acetic acid. Then demulcents, as oil, linseed tea, or water and white of egg.

1. Sodii Phosphas. Sodium Phosphate. $\text{Na}_2\text{HPO}_4 \cdot 12\text{H}_2\text{O}$.

SOURCE. Digest bone ash with sulphuric acid; acid calcium phosphate is formed, $\text{Ca}_3(\text{PO}_4)_2 + 2\text{H}_2\text{SO}_4 = \text{CaH}_2\text{PO}_4 + 2\text{CaSO}_4$. Filter and add to the solution sodium carbonate, $3\text{CaH}_2\text{PO}_4 + 4\text{Na}_2\text{CO}_3 = 4\text{Na}_2\text{HPO}_4 + 3\text{H}_2\text{O} + 4\text{CO}_2 + \text{Ca}_2\text{P}_2\text{O}_7$.

CHARACTERS. Transparent, colourless, efflorescent rhombic prisms. Taste, mildly saline. *Solubility.* 1 in 6 of cold water.

IMPUITY. - Calcium phosphate.

Dose, 30 to 120 gr. for repeated administration, $\frac{1}{4}$ to $\frac{1}{2}$ oz. for single administration.

5. Sodii Phosphas Effervescens. Effervescing Sodium Phosphate.

SOURCE. Dry 25 oz. of sodium phosphate till it has lost 60 per cent. of its weight as water. Mix with it sodium bicarbonate, 25 oz.; tartaric acid, $13\frac{1}{2}$ oz.; citric acid, 9 oz. Heat the mixture till it aggregates, and then stir till it assumes a granular form.

CHARACTERS. - White granules, which effervesce on the addition of water.

Dose, 60 to 120 gr. for repeated administration, $\frac{1}{4}$ to $\frac{1}{2}$ oz. for single administration, in 3 to 6 fl. oz. of water.

6. Sodii Sulphas. Sodium Sulphate. $\text{Na}_2\text{SO}_4 \cdot 10\text{H}_2\text{O}$. *Synonym.* - Glauber's salts.

SOURCE. Obtained by the interaction of sodium chloride and other sodium salts with sulphuric acid.

CHARACTERS. Colourless, monoclinic transparent prisms, efflorescing on exposure to air. Neutral; taste, saline. *Solubility.* 1 in 3 of water.

IMPURITIES. - Salts of ammonium and iron.

Dose, 30 to 120 gr. for repeated administration, $\frac{1}{2}$ to $\frac{1}{2}$ oz. for single administration.

7. Sodii Sulphas Effervescens. Effervescing Sodium Sulphate.

SOURCE. Dry 25 oz. of sodium sulphate till it has lost 56 per cent. of its weight as water. Then mix with it sodium bicarbonate, 25 oz.; tartaric acid, $13\frac{1}{2}$ oz.; citric acid, 9 oz. Heat the mixture till it aggregates, and then stir till it assumes a granular form.

CHARACTERS. White granules, which effervesce on the addition of water.

Dose, 60 to 120 gr. for repeated administration, $\frac{1}{2}$ to $\frac{1}{2}$ oz. for single administration in 3 to 6 fl. oz. of water.

8. Soda Tartarata. Tartarated Soda, Sodium Potassium Tartrate. $(\text{CHOH})_2\text{COONaCOOK}\cdot 4\text{H}_2\text{O}$. *Synonyms.* Tartrate of sodium and potassium; Rochelle salt.

SOURCE. Add acid potassium tartrate to a hot solution of sodium carbonate. $2\text{KHC}_4\text{H}_4\text{O}_6 + \text{Na}_2\text{CO}_3 = 2\text{KNaC}_4\text{H}_4\text{O}_6 + \text{H}_2\text{O} + \text{CO}_2$.

CHARACTERS. - Large, colourless, neutral, trimetric prisms. Taste like common salt. *Solubility.* - 1 in 2 of cold water.

IMPURITY. - Acid potassium tartrate.

Dose, 30 to 60 gr. (diuretic); $\frac{1}{2}$ to $\frac{1}{2}$ oz. (purgative).

Preparation.

Pulvis Sodæ Tartaratæ Effervescens. *Synonym.* - Seidlitz powder. Take tartarated soda 120 grains and sodium bicarbonate 40 grains; mix and wrap in blue paper. Tartaric acid 38 grains, wrapped in white paper.

Dose. Dissolve the powder in the blue paper in nearly half a pint of cool or warm water, and then add that in the white paper, and drink while effervescing.

9. Sodii Citro-Tartras Effervescens. Effervescing Sodium Citro tartrate.

SOURCE. Mix sugar, 15 oz., sodium bicarbonate, 51 oz., citric acid, 18 oz., and tartaric acid, 27 oz. Heat the mixture till it aggregates and assumes a granular form.

CHARACTERS. White deliquescent granules, which effervesce on the addition of water.

Dose, 60 to 120 gr. in 3 to 6 fl. oz. of water.

ACTION OF SODIUM PHOSPHATE, SULPHATE,
CITRO-TARTRATE, AND TARTARATED SODA.

Internal.—*Intestines.* Owing to the slowness with which, compared with the corresponding potassium salts, these sodium salts are absorbed, they pass on into the intestine and there act more efficiently than potassium salts. They are typical **saline purgatives**, producing a soft motion about two or three hours after administration (*see p. 90*).

The sulphate, which is the most active purgative, and the phosphate are said to be cholagogues, and Carlsbad waters (*see p. 139*) have been shown to increase in the human subject the amount of bile and the solids in it.

Blood and Kidneys.—Owing to their tardy absorption the action of these salines, as alkalizers of the blood and urine, and as diuretics, is more feeble than that of the corresponding potassium salts.

THERAPEUTICS OF SODIUM PHOSPHATE, SULPHATE,
CITRO-TARTRATE, AND TARTARATED SODA.

Internal.—*Intestines.* These salts of sodium are some of the best purgatives we possess, being especially useful for habitual constipation, and for constipation associated with gout, with hepatic dyspepsia, or with any of the manifestations of an excess of uric acid in the blood or the urine. The best way to take them is to dissolve the required amount in half a tumbler of lukewarm water, and to drink it in successive small draughts while dressing in the morning. The bowels are then usually comfortably opened soon after breakfast. These salts, especially the phosphate and sulphate, are perhaps cholagogues: these two are therefore to be preferred in cases of gall-stones and disease of the liver. The sulphate is the most powerful purgative of all. It is the chief constituent of Carlsbad, Marienbad, Tarasp, and Condal waters, and it occurs associated with much sulphate

of magnesium in Epsalap, Hunyadi Janos, Seidlitz, Pullna, Friedrichshall, Rubinat, Apenta, and Kissingen waters. A powder consisting of 30 grains of each of sodium sulphate and magnesium sulphate, and a grain of each of sodium chloride and sodium bicarbonate (dose 60 to 240 gr.), forms when dissolved a good imitation of Epsalap, Hunyadi Janos, and Franz Josef waters. The phosphate is a milder and less unpleasant purgative than the others; it is often given to children. The effervescing preparations are palatable forms.

If large doses are used the evacuations are very watery, and therefore these drugs are useful to remove fluid in cases of dropsy or ascites (especially if due to disease of the liver). Sufferers from gall-stones are undoubtedly benefited by a course of waters containing sulphate of sodium, and therefore frequently go to Carlsbad.

10. Sodii Chloridum. Sodium Chloride, NaCl.

Synonym. Common salt.

SOURCE. Ocean's native.

CHARACTERS. Small, white, crystalline grains or transparent cubic crystals. *Solubility.* 1 in 2½ of cold water.

Dose, 10 to 240 gr.

ACTION OF SODIUM CHLORIDE.

Common salt forms an article of diet with all creatures living on vegetable food, especially if it contains large amounts of potassium, but is not used either by carnivorous animals or by tribes living solely on flesh. The importance of it is seen in the long distances herbivorous animals will wander to salt-licks, and by the fact that tribes living on vegetables will go to war for the possession of it. Bunge's explanation of this desire for salt is as follows: Blood plasma contains much sodium chloride, vegetable foods contain a large amount of potassium salts; when, therefore, these salts of potassium reach the blood, potassium chloride and the sodium salt of

the acid which was combined with the potassium are formed. This and the potassium chloride are excreted by the kidneys, and the blood loses its sodium chloride, which loss is therefore made up by taking sodium chloride with the food. The deprival of salt leads to general weakness, edema, and anæmia, a series of symptoms often seen in France before the repeal of the salt tax.

Quantities of a tablespoonful and upwards act as an emetic, and may also purge, for the hypertonic solution withdraws fluid from the gastro-intestinal mucous membrane, and so acts as an irritant. Rectal injections of solutions of salt are used as an anthelmintic for the *Oxyuris vermicularis*.

THERAPEUTICS OF SODIUM CHLORIDE.

It is occasionally used as an emetic, also as an anthelmintic. Bathing in sea water acts as a mild general stimulant, and very concentrated hot salt baths, such as those of Droitwich and Nantwich, are useful for chronic rheumatism and sciatica. Ninety grains of common salt (0.9 per cent. is isotonic with the blood) in a pint of boiled water allowed to cool to 100° F. form a normal saline solution, which is frequently injected in cases of collapse in which the fluid in the blood vessels is lessened, as from hæmorrhage, vomiting, or diarrhoea, often with strikingly good results. A pint or rather more is a usual quantity to employ for an adult. It may be injected into the rectum, under the skin, or into a vein, according to the urgency. Such injections have also been used for diabetic coma, and may render the patient sensible again for a little while as they dilute the excess of poison in the blood.

II. Liquor Sodii Ethylatis. Solution of Sodium Ethylate. $\text{C}_2\text{H}_5\text{ONa}$.

SOURCE. Dissolve sodium 22 gr. in absolute alcohol 1 fl. oz. $\text{Na} + \text{C}_2\text{H}_5\text{OH} = \text{NaC}_2\text{H}_5\text{O} + \text{H}$.

CHARACTERS.— A clear syrupy liquid, changing to brown by keeping, hence should be freshly made as wanted. *Strength*, 18 per cent. of the sodium ethylate.

ACTION AND THERAPEUTICS OF SODIUM ETHYLATE.

Used locally as a mild caustic for naevi, warts, moles, lupus, and other growths. It is applied with a pointed glass rod for two or three days; then a scab forms; when this has fallen off, the treatment may be repeated. Sodium ethylate is perhaps our best caustic.

12. *Sodii Sulphis.* Sodium Sulphite. $\text{Na}_2\text{SO}_3 \cdot 7\text{H}_2\text{O}$.

SOURCE. Saturate a solution of sodium carbonate with sulphurous acid gas.

CHARACTERS. Colourless, transparent, monoclinic prisms. *Solubility.* 1 in 4 of water.

Dose, 5 to 20 gr.

ACTION AND THERAPEUTICS OF SODIUM SULPHITE.

Sodium sulphite solutions (1 in 8) may be used externally as mild antiparasitics. This body is in the stomach decomposed by the acids there, and gives off sulphurous anhydride. It may therefore be given to arrest fermentation. If any remains undecomposed it is absorbed as a sulphite. No other action of this salt is known. It is very rarely given in medicine, but in sufficient doses might produce the effects of sodium sulphate.

13. Acid Sodium Phosphate. (Not official.) NaH_2PO_4 . This salt is the cause of the natural acidity of the urine, and given internally, in doses of 10 to 20 gr. in water every hour, it increases the acidity of the urine, and is very useful when that fluid is alkaline from decomposition within the urinary tract. It may be given with urotropine.

14. *Sodii Citras.* Sodium Citrate. (Not official.) Much of the indigestion that follows giving cow's milk to infants is owing to the fact that the curds of cow's milk formed in the stomach are very dense. The density is proportionate to the amount of calcium in the milk. If citrate of sodium is added, calcium citrate is formed and the curds are much less dense. It is found that if to each ounce of cow's milk a

drachm of water containing a grain of sodium citrate is added, the curds are not dense, the indigestion is relieved, and the absorption of efficient calcium from the milk is not prevented. Judged by careful experience sodium citrate thus given certainly does no harm, but it has been stated that although it is to the mercy of the mother the child is not made, it does not do harm in the presence of the mother's milk. The same treatment may be applied to the milk given to those suffering from typhoid fever, for here also dense curds are troublesome.

15. Sodii Bromidum, see Bromine.

16. Sodii Iodidum, see Iodine.

17. Sodii Hypophosphis, see Phosphorus.

18. Sodii Arsenas, see Arsenic.

19. Sodii Sulphocarbolas, see Acidum Carbonicum.

20. L. quor Sodæ Chlorinatæ, see Chlorine.

21. Sodii Nitris, see Nitrites.

22. Sodii Benzoas, see Acidum Benzoicum.

23. Sodii Salicylas, see Acidum Salicylicum.

24. Borax, Sodium Baborate, see Acidum Boricum.

25. Sapo Durus, Hard Soap, is Sodium Oleate.

26. Sapo Animalis, Curd Soap, is chiefly Sodium Stearate.

AMMONIUM.

Symbol, NH_4 . Weight of equivalent, 18. (Not official.)

1. Liquor Ammonia Fortis. Strong Solution of Ammonia. NH_3 (32.5 per cent. dissolved in water).

SOURCE. Generate ammonia gas by heating ammonium chloride with slaked lime, and pass it into water.

CHARACTERES. A colourless liquid, of a very pungent odour, and very alkaline. Sp. gr. 0.891.

IMPURETIES. Ammonium chloride, sulphide, and sulphate, pyridine and other compound ammonias.

Preparations.

1. Linimentum Camphoræ Ammoniatum.

Synonym.—Compound liniment of camphor.—Liquor Ammonia Fortis, 100; camphor, 50; oil of lavender, 2½; alcohol (90 per cent.) to make 100 parts.

2. Linimentum Hydrargyri, see Mercury.

3. Spiritus Ammonia Aromaticus, see Ammonium Carbonate.

4. Spiritus Ammonia Fetidus, see Asafetida.

5. Tinctura Guaiaci Ammoniata, see Guaiacum.

2. Liquor Ammoniae. Solution of Ammonia. NH_3 (10 per cent. dissolved in water).

SOURCE. Mix strong solution of ammonia, 1 part, and distilled water 2 parts.

CHARACTERS. Like but less pungent than the strong solution. Sp. gr. 0.959.

Dose, 10 to 20 m. well diluted.

Preparations.

1. Linimentum Ammoniae. Liquor Ammoniae, 1; almond oil, 1; olive oil, 2. Ammonia soap or oleate of ammonium is formed.

2. Tinctura Ergotæ Ammoniata. *see* Ergot.

3. Tinctura Opii Ammoniata. *see* Opium.

4. Tinctura Quininæ Ammoniata. *see* Quinine.

5. Tinctura Valerianæ Ammoniata. *see* Valerian.

ACTION OF SOLUTIONS OF AMMONIA.

External. A solution of ammonia produces **rube faction** with a sensation of heat, and, if strong, a sensation of pain and burning. If the vapour is confined it causes vesication.

Internal. Nose. When inhaled, the vapour of ammonia is irritating to the nose and air passages, causing a pungent sensation and sneezing. The eyes and nose water. The **pulse** and **respiration** are reflexly **accelerated**. If very concentrated it produces swelling and inflammation of the nose, glottis, and respiratory tract.

Stomach.—As an alkali ammonia acts like other alkalies (*see* potassium bicarbonate). It dilates the gastric vessels, and produces a feeling of warmth in the epigastrium. It reflexly stimulates the **heart** and **respiration**.

Blood.—Its action on the blood is not known, but it is supposed to diminish its local liability to clot in cases of thrombosis, and to dissolve clot that is already formed.

Heart. Ammonia causes a rise of blood-pressure from contraction of the arterioles following stimulation of the vaso-motor centre. Usually there is an

increased pulse rate, due probably to stimulation of the accelerator mechanism.

Respiration. It increases greatly the frequency of **respiration**, probably from stimulation of the respiratory centre in the medulla.

Nervous system. The brain is unaffected, and the nerves also, except for the tingling produced when a strong solution of ammonia is locally applied. Convulsions are often produced in animals poisoned by ammonia; these are certainly central, and are probably due to stimulation of the spinal cord.

Kidneys. Ammonia and ammonium carbonate are converted by the liver to urea, which is excreted by the kidneys. Ammonium salts of mineral acids such as the chloride are excreted unchanged. Organic salts such as the citrate and acetate are partly converted to urea, the acid radicle being oxidized to carbonic acid, partly excreted unchanged.

THERAPEUTICS OF SOLUTIONS OF AMMONIA.

External. The two liniments are used as counter-irritants in numerous conditions, such as chronic joint disease and chronic rheumatism, and they are often rubbed on the chest in bronchitis. Ammonia is a very uncertain vesicant. Weak solutions of it are often applied to the bites produced by insects. Liquor ammoniac is very valuable when held to the nose of any one who has fainted, for it almost instantly reflexly produces its stimulating effect on the heart and respiration.

Internal. Ammonia in some form may be given before meals as a gastric stimulant in dyspepsia. Sal volatile is often used for this purpose, and also for its general stimulating effect on the cardiac, respiratory, and spinal systems, especially in sudden collapse from any cause. Ammonia has been injected subcutaneously in cases of snake bite.

3. Ammonii Carbonas. -Ammonium Carbonate. A variable mixture of ammonium hydrogen carbonate NH_4HCO_3 , with ammonium carbamate $\text{NH}_4\text{NH}_2\text{CO}_2$.

SOURCE. A mixture of ammonium sulphate or chloride and calcium carbonate is subjected to sublimation and resublimation.

CHARACTERS. Translucent crystalline cakes, volatile, and pungent to the smell. *Solubility.* -1 in 4 of water.

Twenty grains neutralize 26½ grains of citric acid or 28½ grains of tartaric acid.

IMPERITIES. Sulphates and chloride.

Dose, 3 to 10 gr. (stimulant or expectorant); **30 gr.** (emetic).

Preparation.

Spiritus Ammoniae Aromaticus. *Synonym.* — Spirit of sal volatile. Ammonium carbonate, 4 oz.; Liquor Ammoniae Fortis, 8 fl. oz.; oil of nutmeg, 1½ fl. dr.; oil of lemon, 6½ fl. dr.; alcohol (90 per cent.), 6 pints; water, 3 pints. Mix the oils with the alcohol and water. Distil. To the last portion of the distillate add the ammonia and the carbonate. Heat till solution takes place, and then add to the first portion of the distillate. Sp. gr. 0.890.

It contains in alcoholic solution normal ammonium carbonate, $(\text{NH}_4)_2\text{CO}_3$, with a large excess of ammonium hydroxide.

Dose, 20 to 40 m. for repeated, **60 to 90 m.** for single administration.

ACTION AND THERAPEUTICS OF AMMONIUM CARBONATE.

The external and internal actions of the carbonate are the same as those of Liquor Ammoniae. It is not used externally, but Spiritus Ammoniae Aromaticus is inhaled for its reflex effects, is taken as a **gastric stimulant** and carminative in dyspepsia, and as a **cardiac and general stimulant** in syncope, &c. The carbonate is, in addition, an excellent **expectorant**, stimulating the respiratory movements, and by its general stimulating effect aiding the expulsion of thick mucus. It is most used for bronchitis in children and the aged. It is an **emetic** acting directly on the stomach.

TOXICOLOGY

Liquor ammonia and the carbonate produce symptoms like other alkalis, but are more corrosive. The air passages are often inflamed, and the inhalation of the vapour has been known to kill from this cause.

Treatment as for other alkalis (see p. 136).

I. Ammonii Chloridum. *Ammonium Chloride.* NH_4Cl . *Synonym.* Sal ammoniac.

Source. May be formed by neutralizing a crude solution of ammonia or ammonium carbonate with hydrochloric acid.

CHARACTERS. Colourless crystals, volatile, soluble 1 in 3 of water.

IMPURITIES. Chiefly tarry matters.

Dose, 5 to 20 gr.

ACTION OF AMMONIUM CHLORIDE.

Locally applied ammonium chloride increases the secretion of mucous membranes, and to a slight extent it does the same after absorption. It is said to be a feeble cholagogue, diaphoretic, and diuretic. In large doses it has the same action on the heart, respiration, and nervous system as ammonia.

THERAPEUTICS OF AMMONIUM CHLORIDE.

It is a very favourite remedy for local application, by means of inhalation of the vapour, to increase the secretion of mucus from the pharynx, Eustachian tubes, larynx, trachea, and bronchi in cases of chronic pharyngitis, otitis media, laryngitis, and bronchitis. Many forms of apparatus for its inhalation are in the market. In most of them it is generated by the action of hydrochloric acid on ammonia. It is occasionally given by the mouth either as a cholagogue, gastric stimulant, diaphoretic, or diuretic, but it is too feeble to be recommended, and it is very nasty; the taste may to some extent be concealed by liquorice. It is sometimes useful in chronic bronchitis with much expectoration, and is then best given as a lozenge. Some authorities consider it a specific for neuralgia. It is not a general stimulant.

5. Liquor Ammonii Acetatis. Solution of Ammonium Acetate. *Synonym.* - Minderer's spirit.

SOURCE. Ammonium carbonate 1 oz. is dissolved in water 10 fl. oz. The solution is neutralized with acetic acid, and water is added to make 1 pint.

INCOMPATIBLES. - Potash, soda, and their carbonates, acids, lime water, salts of lead and silver. Should be preserved in green glass bottles.

Dose, 2 to 6 fl. dr.

6. Liquor Ammonii Citratis. Solution of Ammonium Citrate.

SOURCE. Dissolve $2\frac{1}{2}$ oz. of citric acid in $12\frac{1}{2}$ fl. oz. of water, neutralize with ammonium carbonate, and add water to make 1 pint. Preserve in green glass bottles.

Dose, 2 to 6 fl. dr.

ACTION AND THERAPEUTICS OF THE AMMONIUM ACETATE AND CITRATE.

These are mild **diaphoretics** and **diuretics** and are used only for these effects. They probably act in both cases either on the secretory cells or the nerves connected with them. They do not irritate the kidneys, but increase both the water and the solids excreted. They are employed in Bright's disease as diuretics, and in febrile conditions as diaphoretics.

7. Ammonii Phosphas. Ammonium Phosphate $(\text{NH}_4)_2\text{HPO}_4$.

SOURCE. - Add a strong solution of ammonia to dilute phosphoric acid. $\text{H}_3\text{PO}_4 + 2\text{NH}_4\text{HO} = (\text{NH}_4)_2\text{HPO}_4 + 2\text{H}_2\text{O}$.

CHARACTERS. - Transparent colourless prisms. *Solubility.* - 1 in 4 of water.

Dose, 5 to 20 gr.

ACTION AND THERAPEUTICS OF AMMONIUM PHOSPHATE.

As its solution is capable of dissolving a considerable amount of uric acid, it has been used for gout, and also to prevent the precipitation of uric acid when there is a tendency to the formation of uric acid calculi.

8. **Ammonii Benzoas.** Ammonium Benzoicum.

9. **Ammonii Bromidum.** see Bromine.

LITHIUM.

Symbol, Li. Atomic weight, 6.97. (Not official.)

1. **Lithii Carbonas.** Lithium Carbonate. Li_2CO_3 .

SOURCE. Obtained from native lithium silicates.

CHARACTERS. A white powder, or minute crystalline grains; alkaline. *Solubility.* 1 in 70 of water.

IMPURITIES. Lime, alumina.

Dose, 2 to 5 gr.

2. **Lithii Citras.** Lithium Citrate. $\text{C}_3\text{H}_5\text{OH}(\text{COOLi})_4\text{H}_2\text{O}$.

SOURCE. Act on lithium carbonate with citric acid.

CHARACTERS. White, crystalline powder. *Solubility.* 1 in 2 of water.

Dose, 5 to 10 gr.

3. **Lithii Citras Effervescens.** Effervescent Lithium Citrate.

SOURCE. Mix 21 oz. of citric acid and 5 oz. of lithium citrate, add 31 oz. of tartaric acid and 58 oz. of sodium bicarbonate. Triturate, heat at 210° F., when granular dry at 120° F.

Dose, 60 to 120 gr.

ACTION OF LITHIUM SALTS.

The official lithium salts are converted into a chloride in the stomach, and if given too concentrated, or in too large doses, cause vomiting and diarrhoea, due to gastro-enteritis, which is the cause of death in animals poisoned by lithium. The gastro-enteritis occurs also if lithium is given subcutaneously, the drug being then partly excreted by the gastrointestinal mucous membrane. However given it is excreted chiefly by the urine, and to a less extent by the saliva. These lithium salts render the urine **alkaline**, and are in virtue of their salt action **diuretic**. Lithium biurate is readily soluble, but is only formed from concentrated solutions of lithium salts, and hence they are useless as solvents of uric acid in man. They are general depressants to

muscular tissue, but in this respect they are much less powerful than potassium salts.

THERAPEUTICS OF LITHIUM SALTS.

A lotion of the carbonate of lithium (4 gr. to 1 fl. oz. of water) has been applied externally on lint covered with gutta serena to relieve the pain of gouty inflammation, to promote the healing of gouty ulcers, and to aid the disappearance of tophi, but any benefit that may follow is due to the warmth of the application, and not to a solvent action of the lithium salt upon the uric acid, for lithium salts cannot be absorbed through the skin. Salts of lithium have been much given to patients suffering from acute or chronic gout, uric acid calculus, or gravel, but in the body they must be too dilute to be of any use as a solvent of uric acid, and any improvement that follows their employment might equally well be obtained by distilled water. It has been shown that the addition of medicinal doses of lithium salts to blood serum does not increase the solubility of uric acid in it. Lithium salts should always be freely diluted. The citrate has the advantage of greater solubility. Lithium salicylate (dose, 7 to 15 grains) is recommended, as salicylic acid increases the excretion of uric acid.

GROUP III.

METALS OF THE ALKALINE EARTHS AND THEIR ALLIES.

Calcium, Barium, Strontium, Magnesium, Cerium.

Of these Calcium, Barium, and Strontium are metals of the alkaline earths, and Magnesium was formerly included among them. Cerium is so unimportant that it is not worthy of separate consideration, and is placed here for convenience.

CALCIUM.

Symbol, Ca. Atomic weight, 40.1. (Not official.)

Calcium Carbonate is pharmacopoeial in two forms.

1. Creta Preparata. Prepared Chalk. CaCO_3 .

SOURCE. Chalk freed from impurities by elutriation and drying.

CHARACTERS. White friable pieces or a dull white powder. Insoluble in water.

INCOMPATIBLES. --Acids and sulphates.

Dose, 10 to 60 gr.

Preparations.

1. Hydrargyrum cum Cretâ, *see* Hydrargyrum.

2. Mistura Cretæ. Prepared chalk, 1; tragacanth, $\frac{1}{2}$; sugar, 2; cinnamon water, 32.

Dose, $\frac{1}{2}$ to 1 fl. oz.

3. Pulvis Cretæ Aromaticus. Prepared chalk, 11; cinnamon, 4; cloves, $1\frac{1}{2}$; cardamom seeds, 1; nutmeg, 3; sugar, 25.

Dose, 10 to 60 gr.

4. Pulvis Cretæ Aromaticus cum Opio, *see* Opium.

2. Calcii Carbonas Precipitatus. Precipitated Calcium Carbonate. CaCO_3 . *Synonym.* Precipitated chalk.

SOURCE. Boil together solutions of calcium chloride and sodium carbonate. $\text{CaCl}_2 + \text{Na}_2\text{CO}_3 = \text{CaCO}_3 + 2\text{NaCl}$.

CHARACTERS. A white crystalline powder insoluble in water.

IMPURITIES. Chlorides, alumina, and iron.

INCOMPATIBLES. --Acids and sulphates.

Dose, 10 to 60 gr.

Contained in Trochiscus Bismuthi Compositus.

ACTION OF CALCIUM CARBONATE.

External. --It is mildly astringent and helps to dry moist surfaces.

Internal. *Stomach and Intestines.* Calcium carbonate is **antacid**. It is a mild but certain **astringent**. How it acts as an astringent is unknown. Very nearly all of any calcium salt is excreted unchanged in the feces.

Absorption. When calcium salts are taken, small quantities are absorbed; most of that absorbed is excreted by the epithelium of the large intestine, the rest by the kidneys. Calcium is necessary for all forms of protoplasm, thus many lowly organisms die when placed in water from which it is absent.

Kidneys.—Because certain mineral waters containing bicarbonates and sulphate of calcium, amongst other salts, have been used successfully in cases of urinary gravel and calculi, it has been asserted that these salts are diuretic, and solvent for uric acid, but it is more likely that the beneficial effects of these waters are due merely to the large amount of water drunk; anyhow, there is no proof that it is due to the salt. Such waters are those of Contrexéville and Vittel.

THERAPEUTICS OF CALCIUM CARBONATE.

External.—Prepared chalk forms an excellent dusting powder for moist eczema.

Internal.—*Alimentary canal.*—Because of its mechanical action it is a good tooth powder. The following is a good formula: Potassium chlorate, 40 gr.; powdered hard soap, 80 gr.; carbolic acid, 20 gr.; oil of cinnamon, 10 m; precipitated calcium carbonate to 1 oz. *Mistura Cretæ* and *Pulvis Cretæ Aromaticus*, particularly the former, are very valuable for checking mild diarrhoea, especially in children.

Kidneys. There is no doubt that persons passing gravel or urinary calculi, especially if composed of uric acid, are benefited by drinking the waters of Contrexéville and Vittel. They should be taken in quantities of 5 to 6 pints a day and between meals, to avoid the large amount of fluid causing indigestion. At Contrexéville the great bulk is drunk before breakfast.

3. Calx. Lime. Calcium oxide. CaO .

SOURCE.—Made by calcining chalk, limestone, or marble to expel carbonic acid gas.

CHARACTERS.—Compact masses of a whitish colour which readily absorb water, and then swell and crack, with great evolution of heat, and fall into a powder (slaked lime).

4. Calcii Hydras.—Calcium Hydroxide. *Synonym.*—Slaked Lime. Ca(OH)_2 .

SOURCE.—Prepared by the interaction of water and calcium oxide.

CHARACTERS. A white, strongly alkaline powder. *Solubility.* 1 in 900 of cold water; if sugar be added 1 in 60.

IMPURITIES. Those of the lime, viz. iron, alumen, silica.
INCOMPATIBLES. Acids, metallic salts, tartar emetic.

Calci Hydraz. is used to make Extractum Ipecacuanhae Liquidum.

Preparations.

1. Liquor Calcis. *Synonyms.*—Aqua calcis. Lime water. Shake up washed calcium hydroxide 2 oz. in distilled water 1 gallon, and siphon off. To be kept in green glass bottles. *Strength,* 1 gr. to 1 fl. oz.

Dose, 1 to 4 fl. oz.

2. Liquor Calcis Saccharatus. Shake up calcium hydroxide 1 oz. and sugar 2 oz. in water 1 pint, and siphon off. Is a solution of calcium saccharosate. To be kept in green glass bottles. *Strength,* 8 gr. to 1 fl. oz.

Dose, 20 to 60 m.

3. Linimentum Calcis. Equal parts of lime water and olive oil. Lime soap or calcium oleate is formed.

Carron oil is composed of equal parts of lime water and linseed oil.

Liquor calcis is used in preparing Lotio Hydrargyri Flava, and Lotio Hydrargyri Nigra.

ACTION OF LIME AND SLAKED LIME.

External.—Slaked lime is caustic. Lime water is astringent.

Internal. *Alimentary tract.* Lime is antacid. It prevents milk from forming solid bulky curds in the stomach. It **allays vomiting**, and is an antidote for poisoning by mineral acids, oxalic acid, and zinc chloride. It acts as a mild intestinal **astringent**.

THERAPEUTICS.

External. Slaked lime, employed as a caustic, is usually mixed with caustic potash, when it forms Vienna paste, used to destroy warts and other small growths. Lime water applied to weeping eczema is especially serviceable if mixed with glycerin. Linimentum Calcis is very valuable for burns.

Internal. Lime water is much used to mix with milk to prevent its forming thick curds in the

stomach, especially when, as is often the case with children, the curds cause vomiting. It is difficult to understand how it acts, for although lime water contains so little lime it is often efficacious. In severe cases of infantile vomiting, equal parts of milk and lime water may be ordered. If it is undesirable to dilute the milk so much, the saccharated lime water is an excellent preparation. Lime water will check slight diarrhoea. It is a useful injection for thread worms, for leucorrhoea, and for gleet.

5. Calcii Phosphas. Calcium Phosphate. $\text{Ca}_3(\text{PO}_4)_2$. *Synonym.* Phosphate of lime.

SOURCE. Dissolve bone ash (impure Calcii Phosphas) in dilute hydrochloric acid; add the liquid to a diluted solution of ammonia. Wash and dry the precipitate. Or it may be made by the interaction of calcium chloride and sodium phosphate.

CHARACTERS. A light white amorphous powder, insoluble in water.

Dose, 5 to 15 gr.

It is contained as a diluent in Pulvis Antimonialis and Extractum Euonyini Siccum.

Preparation.

Syrupus Calcii Lactophosphatis. Precipitated calcium carbonate, $2\frac{1}{2}$ oz.; lactic acid, 6 fl. oz.; concentrated phosphoric acid, $4\frac{1}{2}$ fl. oz.; refined sugar, 70 oz.; orange flower water of commerce undiluted, $2\frac{1}{2}$ fl. oz.; distilled water to make 5 pints. Contains calcium phosphate, about 1 in 40.

Dose, $\frac{1}{2}$ to 1 fl. dr.

ACTION AND THERAPEUTICS OF CALCIUM PHOSPHATE.

Calcium phosphate is a most important constituent of bones, and therefore it is necessary that food should contain it. If not the bones become soft. Calcium salts are abundant in milk, yolk of egg, vegetables, and the bones that carnivora eat. They are absorbed from the intestine, and excess is excreted into the intestine and passed with the faeces.

Calcium phosphate has been given for rickets, and for the anaemia and feebleness often seen in

young children, but it is not certain that it does any good; nor indeed is it likely to, for in rickets the defect is not a lack of calcium salts, but an inability of growing bone to use them. It may be given to pregnant and suckling women in order to provide the child with sufficient calcium salts for its bones.

It is used as a diluent for powders, as it is inert and it prevents their agglutination. For these reasons, and because it is insoluble, it is a useful constituent of pills containing essential oils.

The *Syrupus Calcii Lactophosphatis* is with many a favourite preparation for phthisis and other conditions of anæmia and weakness.

6. Calx Sulphurata. Sulphurated Lime. A mixture containing much calcium sulphate, some carbon, and not much less than 50 per cent. of calcium sulphide CaS .

SOURCE. Obtained by heating a mixture of calcium sulphate and wood charcoal.

CHARACTERS. A grey white powder, with a peculiar smell.

Dose, $\frac{1}{4}$ to 1 gr. in a pill.

THERAPEUTICS OF CALX SULPHURATA.

It has been given internally in cases of suppuration, but it probably has no influence on the process. Lately it has been used for various glandular enlargements, and also for inflammatory processes induced by influenza.

7. Calcii Chloridum. Calcium Chloride, $\text{CaCl}_2 \cdot 2(\text{H}_2\text{O})$.

SOURCE. Obtained by neutralizing hydrochloric acid with calcium carbonate and evaporating.

CHARACTERS. White masses, having a great affinity for water, and so deliquescent that they cannot be easily weighed. The drug should be kept in solution. Soluble in its own weight of water.

Dose, 5 to 15 gr.

THERAPEUTICS OF CALCIUM CHLORIDE.

Outside the body calcium salts increase the rate of coagulation of the blood, and calcium chloride has therefore been recommended for hæmoptysis, hæmophilia, and other forms of hæmorrhage, and also for aneurysm. As jaundiced patients often bleed profusely, it is given before operation on them. Calcium

lactate (dose, 5 gr.) is also used to increase the coagulability of the blood. It has been given for chilblains. Probably the dose of calcium salts necessary to affect the coagulability of the blood is so large that these salts are of no use given therapeutically, and certainly in practice they often fail. The lactate and the chloride are both nasty, and should therefore be given with liquorice or other strong flavouring agents.

It used to be given with the object of reducing enlarged lymphatic glands, but is not now employed.

8. Calx Chlorinata, *see* Chlorine.

9. Calcii Hypophosphis, *see* Phosphorus.

BARIUM.

Symbol, Ba. Atomic weight, 137.4. (Not official.)

Barii Chloridum. Barium Chloride. $\text{BaCl}_2 \cdot 2\text{H}_2\text{O}$.
CHARACTERS. Colourless, translucent tablets.

It is in the Appendix of the Pharmacopœia, as an aqueous solution, used for testing, but it may be given internally.

Dose, $\frac{1}{2}$ to 2 gr.

ACTION.

Barium salts cause the cardiac contractions to become slower and more forcible, acting like digitalis. The blood-vessels all over the body, including those of the lungs, are constricted by direct action on their muscle, and blood-pressure rises; the bronchioles too are constricted. The plain muscular fibres of the intestine may be excited, and then peristalsis being increased diarrhoea ensues. In these respects barium resembles ergot as well as digitalis. It acts like veratrine when applied locally to voluntary muscles, prolonging the contraction; but this effect is done away with by the application of potassium salts.

THERAPEUTICS.

Barium chloride is not often given, but it has been used for mitral insufficiency accompanied by irregularity of the heart, for hæmorrhage, and as a stimulant in atony of the bladder or intestine. Formerly it was given in nervous diseases. The waters of Llangammarch wells contain 6.7 grains per gallon of barium chloride, and have been used in cardiac cases.

Barium Sulphide (not official). From 1 to 3 parts, with wheat starch 3 parts, made into a cream with water, spread on the skin, left for five or ten minutes, and then removed with a blunt knife, forms a good depilatory.

TOXICOLOGY.

Poisonous doses of barium salts cause salivation, thirst, vomiting, purging, difficulty of breathing, a slow pulse, and, from their ultimate action on the spinal cord, paralysis of the limbs. The heart is arrested in systole.

Strontium Salts. (Not official.)

The bromide (dose, 5 to 30 gr.) is given for epilepsy, and is said to be less depressant than the bromide of sodium and potassium. The lactate (dose, 5 to 30 gr.) is said to be beneficial in parenchymatous nephritis. It often diminishes the amount of albumen. Both salts are easily soluble in water. Strontium salts are only feebly toxic.

MAGNESIUM.

Symbol, Mg. Atomic weight, 24.36. (Not official.)

1. Magnesii Sulphas. — Magnesium Sulphate, $\text{MgSO}_4 \cdot 7\text{H}_2\text{O}$. *Synonym.* — Epsom salts.

SOURCE. It may be obtained from dolomite (native carbonate of calcium and magnesium), or magnesite (native magnesium carbonate), by the action of sulphuric acid. $\text{MgCO}_3 + \text{H}_2\text{SO}_4 = \text{MgSO}_4 + \text{H}_2\text{O} + \text{CO}_2$, or by purifying the native sulphate.

CHARACTERS. Minute colourless rhombic prisms very like zinc sulphate, but moister, and of a bitter taste, whilst that of the zinc salt is metallic. *Solubility.* 1 in 1 of cold water.

INCOMPATIBLES. Alkaline carbonates, phosphoric acid, phosphates, lime water, lead acetate, and silver nitrate.

IMPURITIES. Lime and iron.

Dose, 30 to 120 gr. for repeated administration, $\frac{1}{4}$ to $\frac{1}{2}$ oz. for single administration.

Preparations.

Mistura Sennæ Composita. Magnesium sulphate, 1 oz. in 4 fl. oz. *See Senna.*

2. Magnesii Sulphas Effervescens. Effervescing Magnesium Sulphate.

SOURCE. Dry 50 oz. of magnesium sulphate till it has lost 23 per cent. of its weight. Then mix with it sodium bicarbonate, 36 oz.; tartaric acid, 19 oz.; citric acid, $12\frac{1}{2}$ oz.;

refined sugar, $10\frac{1}{2}$ oz. Heat the mixture till it aggregates, and stir till it assumes a granular form.

CHARACTERS. White granules which effervesce on the addition of water.

Dose, 60 to 240 gr. for repeated administration; for a single administration $\frac{1}{2}$ to 1 oz. in 3 to 6 fl. oz. of water.

3. Magnesii Carbonas Ponderosus. Heavy Magnesium Carbonate. $(MgCO_3)_x, Mg(OH)_2, 4H_2O$.

SOURCE. Mix strong boiling aqueous solutions of magnesium sulphate and sodium carbonate. Evaporate. $4MgSO_4 + 4Na_2CO_3 + H_2O = (MgCO_3)_x, Mg(OH)_2 + 4Na_2SO_4 + CO_2$.

CHARACTERS.—A white granular powder, feebly soluble in water; $3\frac{1}{2}$ times as heavy as the light carbonate.

IMPURITIES.—Lime, sulphates.

Dose, 5 to 30 gr. for repeated administration, 30 to 60 gr. for a single dose.

Preparations.

Liquor Magnesii Carbonatis. *Synonym.*

Fluid magnesia. Carbonic acid gas under a pressure of three atmospheres is passed into a mixture of freshly prepared magnesium carbonate and distilled water. It is kept securely corked. **Characters.** A clear effervescent fluid, containing 10 gr. of the carbonate in 1 fl. oz.

Dose, 1 to 2 fl. oz.

Heavy Magnesium Carbonate is contained in Trochiscus Bismuthi Compositus.

4. Magnesii Carbonas Levis. Light Magnesium Carbonate. $(MgCO_3)_x, Mg(OH)_2, 4H_2O$.

SOURCE.—Made like the heavy carbonate, except that the solutions are mixed cold and boiled after mixture.

CHARACTERS.—A very light white powder. Partly amorphous, with slender microscopic prisms intermixed. Very insoluble.

Dose, 5 to 30 gr. for repeated administration; 30 to 60 gr. for a single dose.

5. Magnesia Ponderosa. Heavy Magnesia. MgO . *Synonyms.* Heavy calcined magnesia, Heavy magnesium oxide.

SOURCE.—Heat the heavy carbonate to expel the CO_2 .

CHARACTERS. A white powder, very insoluble in water, $3\frac{1}{2}$ times as heavy as the light.

Dose, 5 to 30 gr. for repeated administration; 30 to 60 gr. for a single dose.

6. Magnesia Levis. Light Magnesia. MgO .

Synonyms.—Light calcined magnesia, light magnesia oxide.

SOURCE.—Heat the light carbonate to expel the CO_2 .

CHARACTERS.—A light bulky white powder, to be rubbed.

Dose, 5 to 30 gr. for repeated administration, 30 to 60 gr. for a single dose.

Pulvis Rhei Compositus contains heavy or light magnesia.

ACTION OF MAGNESIUM SALTS.

External.—None.

Internal. *Stomach and Intestines.* Magnesia and the magnesium carbonate are antacid, acting in many ways like the potassium and sodium alkalies. The carbonic acid given off, if the carbonate has been given, is sedative to the stomach. They are both decomposed by the gastric juice, the chloride, lactate, and bicarbonate of magnesium being formed. These three salts, or the sulphate if that has been taken, act in the intestine as typical **saline purgatives**. The sulphate is most powerful and is one of the best of saline purgatives for the intestinal cells having very little selective action for either ion, the drug, according to most authorities, acts almost entirely by osmosis (see p. 91).

Blood and Urine. Like other alkaline remedies, these magnesium salts increase the alkalinity of the blood, alkalize the urine, help to keep uric acid in solution, and are diuretic. But their action on the blood and urine is feebler than that of salts of potassium and sodium, for they are with difficulty absorbed. Large doses injected into the blood of animals are toxic, killing by action on the heart.

THERAPEUTICS OF MAGNESIUM SALTS.

Internal. *Stomach.* Magnesia and the carbonate are mild alkaline remedies, and may be used in the same class of cases as other alkalies. They form insoluble compounds with mineral acids, oxalic acid, and salts of mercury, arsenic, and copper. By alkalizing the gastric contents they hinder the

absorption of alkaloids. They are therefore antidotes to all these substances; the objection to them is their bulk. Magnesia is to be preferred, as the carbonate gives off carbonic acid gas. They must be freely given. The sulphate is an antidote to lead and barium salts, forming insoluble sulphates.

Intestines. The magnesium salts are very common purgatives. Magnesia, the carbonate, and fluid magnesia are excellent for children. The sulphate is one of our best saline purgatives. It is very largely used, especially for the varieties of constipation that are associated with hepatic disorder, gout, or excessive uric acid. Its use is then spread over some time, and it may conveniently be taken as one of the mineral waters which contain it and sodium sulphate (see p. 139). A concentrated solution, causing as it does a greatly increased secretion of intestinal fluid, is a useful purge for dropsy or ascites.

Blood and Kidneys. So little of these salts is absorbed, that they are only to be given for their alkaline effects on the blood and urine in those cases of gout and uric acid gravel in which potassium or sodium salts cannot be borne.

CERIUM.

Symbol, Ce. Atomic weight, 140.25. (Not official.)

Cerii Oxalas. Cerium Oxalate. $\text{Ce}_2(\text{C}_2\text{O}_4)_3 \cdot 9\text{H}_2\text{O}$.

SOURCE. Precipitate a solution of an oxalate with a soluble salt of cerium.

CHARACTERS. A white granular powder, insoluble in water.

IMPURITIES. Lanthanum oxalate, didymium oxalate.

Dose, 2 to 10 gr.

THERAPEUTICS.

It is given empirically for vomiting, especially that of pregnancy, and occasionally with benefit. No physiological action is known, and probably no cerium is absorbed.

GROUP IV.

Plumbum, Argentum, Zincum, Cuprum, Bismuthum, Aluminium.

The pharmacopœial salts of these metals are powerful astringents. Many of them have some salts which are emetics, and others which, when applied locally, are caustic.

PLUMBUM.

Lead. Symbol, Pb. Atomic weight, 206.9. (Not official.)

1. Plumbi Oxidum. Lead oxide. PbO . *Synonym.* Litharge.

Source. Made by roasting lead in air.

Characters. Pale brick red heavy scales. Insoluble in water, soluble in nitric and acetic acid.

Impurities. Copper, iron, carbonate.

Preparation.

Emplastrum Plumbi. This is lead oleate, and is sometimes called lead soap. Lead oxide is boiled in water and olive oil (glyceryl oleate) $3PbO + 3H_2O + 2(C_2H_5, 3C_2H_5, H_{44}O_2) = 3(Pb2C_{25}H_{50}O_2)$. Lead oleate, $+ 2(C_2H_5, 3OH)$, glycerin.

Emplastrum Plumbi is contained in *Emplastrum Hydrargyri, Plumbi Iodidi, Resinae, and Saponis.*

2. Plumbi Acetas. Lead Acetate. $Pb(C_2H_3O_2)_2 \cdot 3H_2O$. *Synonym.*— Sugar of lead.

Source. Dissolve lead oxide or lead carbonate in acetic acid and water.

Characters. White monoclinic prisms, slightly efflorescent and of a sweet taste. *Solubility.* 10 in 25 of water.

Incompatibles. Hard water, mineral acids and salts, alkalis, lime water, potassium iodide, vegetable astringents, preparations of opium, and albuminous liquids.

Impurity. Lead carbonate.

Dose, 1 to 5 gr.

Preparations.

1. Pilula Plumbi cum Opio. Lead acetate, 6; opium, 1; syrup of glucose, \frac{ss} . 1 of opium in 8.

Dose, 2 to 4 gr.

2. Suppositoria Plumbi Composita. — Lead acetate, 36; opium, 12; oil of theobroma, 132. To make twelve suppositories. 1 gr. of opium in each.

3. Unguentum Plumbi Acetatis. Lead acetate, 20 gr.; white paraffin ointment, 1 oz.

Preparations made from the Acetate in which Lead exists as the Subacetate, $Pb_2O(C_2H_3O_2)_7$

1. Liquor Plumbi Subacetatis Fortis. — Strong solution of lead subacetate. *Synonym.* — Goulard extract. Lead acetate, 5, and lead oxide, $3\frac{1}{2}$, are boiled together in water, 20. A dense, clear, colourless liquid, sweet astringent taste, alkaline reaction. Sp. gr. 1.275. *Strength*, 24 per cent. of the subacetate.

2. Liquor Plumbi Subacetatis Dilutus. *Synonyms.* — Goulard water, Goulard lotion. Liquor Plumbi Subacetatis, 1; alcohol (90 per cent.), 1; water, 78.

3. Glycerinum Plumbi Subacetatis. Lead acetate, 5, lead oxide, $3\frac{1}{2}$, glycerin, 20, and water, 12, are boiled together.

4. Unguentum Glycerini Plumbi Subacetatis. — Glycerinum Plumbi Subacetatis, 1, white paraffin ointment, 5.

3. Plumbi Carbonas. Lead Carbonate or Lead Hydroxy-carbonate. A mixture of carbonate and hydrate. $2(PbCO_3), Pb(OH)_2$. *Synonym.* — White lead.

SOURCE. — Expose lead to the vapour of acetic acid and to air charged with carbonic acid. $6Pb + 6HC_2H_3O_2 + 3O_2 + 2CO_2 = 2(PbCO_3), Pb(OH)_2 + 2H_2O + 3(Pb_2C_2H_3O_2)_7$.

CHARACTERS. — A heavy, soft white powder, insoluble in water.

IMPURITY. — Lime.

Preparation.

Unguentum Plumbi Carbonatis. 1 with 10 of white paraffin ointment.

4. Plumbi Iodidum. Lead Iodide. PbI_2 .

SOURCE. — Mix solutions of lead nitrate or lead acetate and potassium iodide and dry the precipitate.

CHARACTERS. — Heavy bright yellow powder or crystalline scales almost insoluble in water.

Preparations.

1. Emplastrum Plumbi Iodidi. Lead iodide, 1; resin, 1; lead plaster, 8.

2. Unguentum Plumbi Iodidi. 1 with 10 of white paraffin ointment.

ACTION OF LEAD SALTS.

External. The action of lead salts on the unbroken skin, if they have any, is very slight; but when applied to the abraded skin, to sores and to ulcers, they coagulate the albumen of the discharge, thus forming a protective coat; they coagulate the albumen in the tissues themselves; and they directly, not reflexly, contract the small vessels; for these three reasons they are **powerfully astringent**. They also soothe the pain, and are therefore excellent local sedatives. It is obvious that substances so markedly astringent will be **hæmostatics**. Any salt may be irritant and caustic if enough is used and it is sufficiently concentrated.

Internal. Lead salts act on mucous membranes precisely as on the broken skin, and are therefore powerfully astringent and hæmostatic to all parts of the alimentary canal, from the mouth downwards. In the stomach they are converted into a chloride. Lead excites tonic contractions of unstriated muscle, hence the colic and abortion caused by it. (For other actions see Toxicology.)

THERAPEUTICS OF LEAD SALTS.

External.—Lead salts are applied as lotions or ointments in many conditions for which an astringent, sedative effect is desired, as in weeping eczema and many varieties of ulceration. The glycerin of the subacetate diluted fourfold with glycerin or milk is very useful for these conditions. The lotions may be injected in vulvitis, leucorrhœa, gleet, and otorrhœa, but should not be applied for ulceration of the cornea, lest the white precipitate formed should lead to permanent opacity. Their sedative effect is

well seen in their use in pruritus, but of course the cause of the itching should if possible be removed. The Liq. Plumbi Subacetatis Fortis is rarely used, as it is strong enough to irritate; the dilute form is that usually employed when a lotion is desired. It is often applied to bruises when the skin is unbroken, but it is doubtful if it is absorbed. The ointment of the glycerinum is an excellent remedy, and a lotion of lead and opium is a favourite preparation. It may be made by mixing 5 gr. of extract of opium with 1 fl. oz. of Liquor Plumbi Subacetatis Dilutus and 1 fl. oz. of water. Diachylon ointment consists of equal parts of lead plaster and soft paraffin melted together, and mixed with an equal quantity of zinc oleate ointment and mercuric oleate ointment it forms a transparent ointment excellent for many purposes.

Internal. The chief uses of lead salts (the acetate is the only one given internally) are as astringents in severe diarrhœa, such as that of typhoid fever, and as hæmostatics, as in gastric ulcer, or in hæmorrhage from the intestine, especially if severe, as in typhoid fever or tuberculosis. For these purposes the Pilula Plumbi et Opio is very valuable, and the suppositories may be employed for rectal hæmorrhage. Lead salts produce marked constipation. Other drugs are generally preferred, but the subacetate of lead may be used as a gargle, or painted on as the glycerinum when an astringent effect on the mouth or pharynx is desired.

TOXICOLOGY.

ACUTE LEAD POISONING. As when applied externally, so when taken internally, the salts of lead, if concentrated, are powerful irritants. Cases of acute poisoning are rare. The acetate is most frequently taken. There is a burning, sweetish taste in the mouth, thirst, vomiting, abdominal colic, and usually constipation, but if the bowels are open the *feces* are black, the skin is cold, and there is collapse. If the patient lives long

enough, cramps in the legs, giddiness, torpor, coma, and convulsions are present. *Post mortem.* The stomach and intestines show signs of irritant poisoning.

Treatment. Give emetics (see p. 136), or wash out the stomach. Give sodium or magnesium sulphate to form an insoluble sulphate, and to open the bowels. If collapse is present, stimulants and warmth should be used.

CHRONIC LEAD POISONING. This is so common that it is fully described in text books on medicine. Among those who work in lead, it usually occurs because the dust in the air they breathe contains minute particles of lead compounds; formerly it was thought that they generally were taken into the body with food because the workers did not wash their hands before meals. Those who work at white lead factories are very liable to it. It has also occurred in many ways from the impregnation of food and water with lead, especially from the storage of soft water in leaden cisterns and pipes.

Symptoms. The earliest are constipation and intestinal colic. Lead is certainly absorbed, for it circulates in the blood and is excreted by the bowel and kidneys. It is supposed to be taken up as an albuminate. After absorption it diminishes the amount of hemoglobin and the number of red blood corpuscles, and produces a sallow anemia; it checks the separation of urate from the blood and then excretion by the kidneys, hence gout is very common in those poisoned by lead. As it circulates in the gums, and the lead impregnated plasma bathes their epithelium, through which some of the sulphur in the food and in the tartar of the teeth has diffused, a lead sulphide is precipitated in the gums, and forms the well known very dark blue line at the base of the teeth. For the same reason a blue line may occasionally be seen round the anus, and, after death, deposits of pigment in the intestines. Circulating in the nervous system, lead very often produces chronic inflammation of the peripheral nerves, especially those supplying the extensors of the hand, and hence wrist drop is a common symptom; but any muscle, and sometimes almost all the muscles of the body, may be paralysed from neuritis. It is noteworthy that the supinator longus usually escapes. The sensory fibres of the nerves are not often affected, hence pain and anesthesia are rare; but pains, especially round the joints, may occur. In exceptional cases the anterior cornua of the spinal cord waste, and lead often affects the brain, causing saturnine lunacy, and also convulsions, known as saturnine epilepsy. Inflammation of the optic nerve, or optic neuritis, sometimes occurs, leading to blindness, which, however, may be present without any change in the nerve. The kidneys

are often the seat of chronic inflammation; whether this is due to the passage of the lead through them, or to the gout caused by the lead, is an open question. The treatment consists chiefly in avoidance of the source of poisoning. Potassium iodide is often given, as it is supposed to increase the excretion of lead in the urine. This is probably incorrect. Very little lead passes out by the urine; most leaves the body by the faeces. It is said also to be excreted in the bile, sweat, and milk. For a clinical account of the symptoms and treatment a text-book of medicine must be consulted.

ARGENTUM.

Silver. Symbol, Ag. Atomic weight, 107.93. (Not official.)

1. Argenti Nitras. - Silver Nitrate. AgNO_3
Synonym. - Lunar caustic.

Source. - Obtained by the interaction of silver and nitric acid.

Characters. - Colourless, tabular, right rhombic crystal.
Solubility. - 2 in 1 of water. Should be kept in the dark, a light blackens it.

Incompatibles. - Alkalies and their carbonates, chlorides, acids (except nitric and acetic), potassium iodide, solutions of arsenic, and astringent infusions.

Impurities. - Other nitrates.

Dose, $\frac{1}{4}$ to $\frac{1}{2}$ gr. in a pill with kaolin.

2. Argenti Nitras Induratus. *Synonym.*
 Toughened caustic.

Source. - Fuse together silver nitrate, 19 parts, and potassium nitrate, 1 part, and pour into proper moulds.

Characters. - White or greyish white cylindrical rods or cones. Freely soluble in water.

3. Argenti Nitras Mitigatus. *Synonym.*
 Mitigated caustic

Source. - It is a mixture made by fusing together one part of silver nitrate and two parts of potassium nitrate. The product is poured into moulds.

Characters. - White or greyish-white rods or cones. Freely soluble in water.

4. Argenti Oxidum. - Silver Oxide. Ag_2O

Source. - Shake a solution of silver nitrate with lime water. $2\text{AgNO}_3 + \text{Ca(OH)}_2 = \text{Ag}_2\text{O} + \text{Ca(NO}_3)_2 + \text{H}_2\text{O}$

Characters. - An olive-brown powder, feebly soluble in water.

INCOMPATIBLES. Chlorides and organic substances, especially crocote, for it rapidly oxidizes them and forms explosive compounds.

IMPURITY. Metallic silver.

Dose, $\frac{1}{2}$ to 2 gr. in a pill with kaolin.

ACTION OF SILVER SALTS.

External. The action of silver salts is very like that of lead salts, but they are more powerful. Therefore silver nitrate is much used as a **caustic**, but it does not act deeply; it is consequently an admirable agent when we wish a limited caustic action on any particular part. Lotions of it may be used as **astringents**, but they are not so useful as lead lotions, for they are more irritating and cause pain. Silver salts, like lead salts, are **hæmostatic**, acting in precisely the same way. Weak solutions of the nitrate stimulate to healthier action indolent ulcers and other inflamed surfaces.

Internal. Silver salts, when locally applied to the mucous membrane of the mouth, act as on the abraded skin. In the stomach the nitrate is decomposed, we do not know what compound is formed, but it is said to have no astringent action. Silver is absorbed from the alimentary tract, for its long-continued use leads to a permanent dark bluish-slate colour first of the lips, inside of the cheeks, gums, nostrils, and eyelids, and later of the skin (argyria). This colour is due to the deposition of minute granules of metallic silver. Very little is known about its further action. In acute poisoning severe vomiting and nervous symptoms, as convulsions, are met with; the chronic form, seen more often when silver was frequently prescribed internally, is shown by paralysis like that due to lead, albuminuria, and the discoloration above mentioned. Some is passed in the faeces as the sulphide; some is deposited in the internal organs, especially the kidney.

THERAPEUTICS OF SILVER SALTS.

External. Nitrate of silver is much used because it is from its limited action one of the best caustics, and may be employed to destroy warts and exuberant granulations, or to apply to bites; but it must be remembered that it is no use when an extensive or deep action is required. Because of its combination of an irritant stimulating effect with an astringent influence, lotions of it, of generally about 5 gr. to the fluid ounce of water, are of much benefit when applied as a paint to indolent ulcers, to bedsores, to the affected parts in chronic pharyngitis or laryngitis, or as an injection in gleet or inflammation of the os uteri. A urethral bougie should contain $\frac{1}{2}$ gr. Weaker solutions (2 gr. to 1 fl. oz.) are employed for granular lids and various forms of ophthalmia. Solutions of the nitrate will sometimes relieve pruritus, and may be applied to the red skin of a threatening bed sore; very strong solutions have been recommended as a local application in erysipelas. Tinea tarsi is often treated by the application of solid silver nitrate, and ulcers of the mouth and other parts may be touched with it. It is an excellent hæmostatic for leech-bites. It is also applied to smallpox vesicles to prevent pitting, to boils, and to the uterus in chronic cervical catarrh. Protargol, a proteid compound containing 8 per cent. of silver, easily soluble in water, is used as an injection for gonorrhœa. The usual strength is 1 per cent. Largin is a somewhat similar silver-proteid compound.

Internal. Silver salts are not much used internally, and their continuous employment is objectionable on account of the argyria produced. They were formerly often given in nervous diseases, but there is no evidence that they did any good. Although it is said that the compound of silver formed in the stomach is non-astringent, nitrate of silver will

certainly check severe diarrhoea, especially that of children. Sixty grains of nitrate of silver dissolved in three pints of tepid water, and injected high up the rectum, have been used with great benefit in dysentery.

ZINCUM.

Zinc. Symbol, Zn. Atomic weight, 65.4. (Not official.)

1. **Zinci Chloridum.** Zinc Chloride. ZnCl_2 .

SOURCE. Zinc chloride is prepared by the interaction of hydrochloric acid and zinc.

CHARACTERS. Colourless opaque rods or tablets, very deliquescent and caustic. *Solubility.* Freely soluble in alcohol, ether, and water if a trace of acid is present.

IMPURITIES. Iron, calcium, and sulphates.

Preparation.

Liquor Zinci Chloridi. Treat zinc 1 lb. with hydrochloric acid 4 fl. oz., and add water. Sp. gr. 1.53.

ACTION OF ZINC CHLORIDE.

External. It is very **caustic**, penetrating deeply, and limited in its effect to the seat of application. It is strongly **antiseptic**, and a solution of it of sp. gr. 2.0, known as Sir Wm. Burnett's fluid, is used as a domestic antiseptic.

Internal, see Toxicology.

THERAPEUTICS OF ZINC CHLORIDE.

External. It is used as a powerful caustic, and is often made into sticks with plaster of Paris to destroy warts, naevi, condylomata, lupoid patches, &c. For the same purposes it may be made into a paste with equal parts of starch or flour. Either the liquor, or Burnett's fluid, may be employed to wash out bed pans, closets, &c., but chloride of zinc is not so commonly used as other antiseptics. It is not given internally.

TOXICOLOGY.

Chloride of zinc is a corrosive irritant poison, causing a sensation of burning in the mouth and throat, abdominal pain, vomiting—the vomit containing blood, mucus, and shreds of

mucous membrane violent purging, and collapse. *Post mortem.* The appearances are those produced by an acute irritant.

Treatment. Wash out the stomach, or give emetics (see p. 136), and then demulcents (see also p. 136).

2. Zinci Sulphas. Zinc Sulphate. $\text{ZnSO}_4 \cdot 7\text{H}_2\text{O}$.

SOURCE.—Made by the interaction of zinc and sulphuric acid.

CHARACTERS. Minute colourless prisms, very like sulphate of magnesium, but having a metallic taste. *Solubility.* 10 in 7 of water.

IMPURITIES. Lead, iron, copper, arsenic.

INCOMPATIBLES. Alkalies and their carbonates, lime water, lead acetate, silver nitrate, astringent vegetable infusions or decoctions, and milk.

Dose, 1 to 3 gr. (tonic); 10 to 30 gr. (emetic).

Preparation.

Unguentum Zinci Oleatis. Dissolve zinc sulphate, 2 oz., in distilled water; also dissolve 4 oz. of hard soap in shavings in distilled water. Mix the two solutions. Collect the zinc oleate; dry it and add an equal weight of white soft paraffin.

3. Zinci Carbonas. Zinc Carbonate, Zinc Hydroxycarbonate. $\text{ZnCO}_3 \cdot (\text{Zn}2\text{HO})_2\text{H}_2\text{O}$.

SOURCE. Boil together solutions of zinc sulphate and sodium carbonate. $3\text{ZnSO}_4 + 2\text{H}_2\text{O} + 3\text{Na}_2\text{CO}_3 = \text{ZnCO}_3 \cdot (\text{Zn}2\text{HO})_2 + 2\text{CO}_2 + 3\text{Na}_2\text{SO}_4$. Dry the precipitated zinc salt.

CHARACTERS. A white tasteless powder, insoluble in water. Similar in constitution to magnesium carbonate.

IMPURITIES. Sulphates, chlorides, copper.

Dose, 1 to 3 gr. (tonic); 10 to 30 gr. (emetic).

Rarely used except to make the oxide and the acetate.

4. Zinci Oxidum. Zinc Oxide. ZnO

SOURCE.—Prepared by heating the carbonate to redness in a crucible, or from metallic zinc by combustion.

CHARACTERS.—A soft, nearly white, tasteless powder, insoluble in water.

IMPURITIES.—The carbonate and its impurities.

Dose, 3 to 10 gr.

Preparation.

Unguentum Zinci.—Zinc oxide, 3; benzoated lard, 17.

5. Zinci Acetas.

Solubility. Zinc Acetate, $\text{Zn}(\text{C}_2\text{H}_3\text{O}_2)_2 \cdot 3\text{H}_2\text{O}$.
Solubility. Dissolve the zinc carbonate in acetic acid and water, and boil: $\text{ZnCO}_3 + \text{Zn}(\text{OH})_2 + \text{H}_2\text{O} + 6\text{C}_2\text{H}_3\text{O}_2 = 3\text{Zn}(\text{C}_2\text{H}_3\text{O}_2)_2 + 6\text{H}_2\text{O} + \text{CO}_2$. Zinc acetate crystallizes out.

CHARACTERS. Thin, translucent, colourless, crystalline plates, with a pearly lustre and a sharp taste. *Solubility.* 10 in 25 of water.

IMPURETIES. Those of the carbonate.

INCOMPATIBLES. The same as of the sulphate.

Dose, 1 to 2 gr.

6. Zinci Sulphocarbolas,

see Acidum Carbolicum.

7. Zinci Valerianas, *see* Valeriana Rhizoma.

ACTION OF ZINC SULPHATE, CARBONATE, OXIDE, OLEATE, AND ACETATE.

External. These salts, when applied to the broken skin or an ulcerated surface, are all **astringents**, acting by precipitating the albumen in the discharge and also that in the tissues. Thus they resemble lead and silver salts, but as a whole they are less powerfully astringent. The most active of them are the sulphate and acetate, whilst the carbonate and oxide are very weak. All these zinc salts are mild hemostatics.

Internal. *Alimentary canal.*—They all have an astringent effect on the gastric and intestinal mucous membranes. The sulphate, and to a less degree the carbonate, in doses of about 20 grains are prompt **emetics**. They act directly on the stomach, and have the advantage of producing very little depression.

Remote effects. Very little is known about the remote action of zinc salts, nor do we know how they act on the blood. It has been stated that they are depressant to the nervous system as a whole, and that they act as remote astringents, and will therefore arrest haemorrhage from the uterus, kidneys, &c.; but this statement is probably incorrect. The prolonged administration of zinc salts causes symptoms like those of lead poisoning. Probably the symptoms

of which those who work with zinc sometimes complain are due to arsenic and other metals which contaminate compounds of zinc.

THERAPEUTICS OF ZINC SULPHATE, CARBONATE,
OXIDE, OLEATE, AND ACETATE.

External. A solution of the sulphate, generally about 2 gr. to 1 fl. oz., usually coloured red with compound tincture of lavender, and then called *Lotio Rubra*, is very often applied for its astringent effect to all sorts of raw surfaces and ulcers, and as an injection in gonorrhœa, leucorrhœa, vulvitis, or otitis. Plain solutions of this strength may be applied to the eye for conjunctivitis. A urethral bougie should contain a grain; sometimes a grain of the alcoholic extract of belladonna is added. The oleate is an excellent application to sores and ulcers when a less astringent preparation is required; and the oxide and carbonate, either dusted on the parts or used as an ointment, are in constant use for cases in which only a mild astringent effect is desirable. An ointment, often known as *Unguentum Metallorum*, consists of equal parts of ointments of zinc oxide, lead acetate, and dilute mercuric nitrate. This is a very good application for many varieties of eczema, sores, and ulcers. Equal parts of zinc oleate, mercuric oleate, and diachylon ointment (p. 163) form an ointment which has the great advantage of being transparent, and therefore the progress of the disease can be observed without washing off the ointment. Calamine (impure zinc carbonate) is an excellent slight astringent for skin diseases. An ointment (1 to 5 of benzoated lard) and a lotion (prepared calamine, 15 gr.; zinc oxide, 15 gr.; lime water, 80 m; glycerin, 20 m; water, 1 fl. oz.) are good preparations. The following sometimes succeeds in pruritus: Zinc oxide, 150 gr.; gelatin, 120 gr.; glycerin, 6 3; water to 6 3. The jelly to be melted when used, and applied with a brush, and then covered with cotton wool.

Internal. *Alimentary canal.* On account of their disagreeable taste, solutions of zinc salts are not used as astringents to the mouth. Small doses of the oxide or sulphate may be given as astringents in diarrhoea. The sulphate is a very good emetic for cases of poisoning, for it acts promptly without causing much nausea and hardly any depression. It is occasionally given as an emetic to children suffering from laryngitis or bronchitis.

Remote effects.—Because it is believed to act as a depressant to the nervous system, zinc sulphate has been given in hysteria, epilepsy, whooping-cough, and chorea in doses of 1 to 3 grains thrice a day. It has been prescribed much for chorea, but often its effect is so slow that it is difficult to prove that the patient would not have improved quite as rapidly without any drug. It is usually said to be a tonic, but there is no trustworthy evidence for this statement. The oxide given internally will occasionally check the night sweats of phthisis.

CUPRUM.

Copper. Symbol, Cu. Atomic weight, 63.6. (Not official.)

Cupri Sulphas. Copper Sulphate. $\text{CuSO}_4 \cdot 5\text{H}_2\text{O}$.
Synonyms. Blue vitriol; Blue stone; Cupric sulphate.

Source. Obtained by the interaction of water, cupric oxide or copper and sulphuric acid.

CHARACTERISTICS. Deep blue crystals in triclinic prisms. *Taste.* Astringent. *Solubility.* 1 in 3.5 of water. Solution strongly acid.

Impurity. Iron.

INCOMPATIBILITIES. Alkalies and their carbonates, lime water, mineral salts (except sulphates), iodide, and most vegetable astringents.

Dose, $\frac{1}{4}$ to 2 gr. (astringent); 5 to 10 gr. (emetic).

ACTION OF COPPER SULPHATE.

External. In the solid form this salt is, when applied to raw surfaces, a powerful **caustic**. In dilute solutions it is **astringent**, acting like zinc

sulphate, but more powerfully. Copper salts are strongly antiseptic.

Internal. *Alimentary canal.* Here also, if very concentrated or given in large doses, copper sulphate is an acute caustic irritant, but poisoning by it is very rare. In medicinal doses it is strongly **astringent**. Five to ten grains of the sulphate form a powerful **emetic**, acting directly on the stomach. As it is more irritating than zinc sulphate, it acts more readily, but it has the disadvantage that, if it fails to act, the stomach must be promptly emptied by some other means, for if not the copper sulphate will cause inflammation of it.

Remote effects.—Copper salts are slowly absorbed, and copper is chiefly re-excreted by the liver in the bile.

THERAPEUTICS OF COPPER SULPHATE.

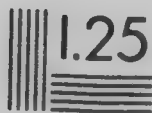
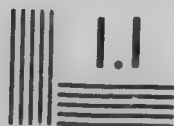
External. The sulphate is applied as a caustic to reduce exuberant granulations, and is used for tinea tarsi, being rubbed on the edges of the lids; as it is milder than nitrate of silver, it causes less pain. The "lapis divinus," which is often used for this last purpose, consists of copper sulphate 3 oz., potassium nitrate 3 oz., alum 4 oz., camphor 60 gr. The first three are fused together. The camphor is added, and the mass is cast into cylindrical moulds. Lotions of copper sulphate, usually about 2 gr. to 1 fl. oz., may be applied as astringents for just the same purposes as lotions of zinc sulphate; but it must be remembered that they are more powerful. This is the usual strength for solutions which are to be dropped into the eye. Rather stronger solutions are mild hæmostatics.

Copper oleate made, with lanolin, into an ointment of a strength of 10 to 20 per cent. is an excellent parasiticide for ringworm.

Internal. In small doses copper sulphate is valuable for severe diarrhoea; usually it is given by



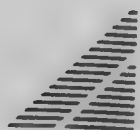
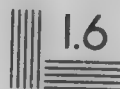
MICROCOPY RESOLUTION TEST CHART



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APPLIED IMAGE INC.

the mouth in the form of a pill, but it may be given as a rectal injection. It is a rapid emetic, and may be employed in laryngitis and bronchitis in children, and in cases of narcotic poisoning, for which it is useful on account of its prompt action. It is particularly serviceable in phosphorus poisoning, for if it is used copper is deposited on the phosphorus, rendering it inert. It is usual to give three or four grains of the sulphate in water every few minutes till vomiting takes place. After emetic doses of copper sulphate there is generally only one act of vomiting, but by that the stomach is completely emptied. Very little is known about the remote action of salts of copper, but it was formerly stated that the sulphate would cure chlorosis.

TOXICOLOGY.

In sufficient doses salts of copper are poisonous, but not so fatal as those of arsenic or strychnine.

Copper may be taken in very small quantities for a long time without producing any effect. For many persons habitually consume without harm pure green vitriol, the green color of which is due to the presence of the copper.

It has been found that copper salts are particularly liable to phthisis, but they are not more poisonous than the followers of other dietary habits. Workers in brass may suffer from anaemia, a green line on and at the base of the teeth, wasting, weakness, dyspepsia, nervous headache, vertigo, pain, paralytic and laryngeal catarrh, with occasional hemoptysis and aphonia, and profuse sweating, sweat which may be green. These symptoms are thought to be due to the copper contained in brass. Sometimes eczema due to the contamination of copper and brass by food.

BISMUTHUM.

Bismuth. Symbol, Bi. Atomic weight, 208.5. (Not official.)

I. Bismuthi Carbonas. Bismuthi Oxycarbonate.
 $2\text{BiO} \cdot \text{CO}_2 \cdot \text{H}_2\text{O}$

Source. It may be prepared by the interaction of bismuth nitrate and ammonia carbonate.

Characteristics. A heavy white powder, insoluble in water.

Preparations. As of the salubrate.

Dose, 5 to 20 gr.

Preparation.

Trochiscus Bismuthi Compositus. Bismuth oxycarbonate, 2 gr.; heavy magnesium carbonate, 2 gr.; precipitated calcium carbonate, 4 gr.; and a rose leaf.

2. Bismuthi Subnitras.—Bismuth Oxynitrate $\text{BiONO}_2 \cdot \text{H}_2\text{O}$.

SOURCE. Prepared by the interaction of bismuth nitrate and water.

CHARACTERS.—A heavy white powder in minute crystalline scales. Insoluble in water, but soluble in dilute nitric acid.

INCOMPATIBLES.—With water it always yields a little free acid, and hence leads to the liberation of carbonic acid gas from bicarbonate of sodium, or if prescribed with potassium iodide leads to the liberation of iodine. Bismuth salts form tannate of bismuth when prescribed with substances containing tannin.

IMPURITIES. Lead, arsenic, tellurium, chlorides, nitrates.

Dose, 5 to 20 gr.

Preparation.

Liquor Bismuthi et Ammonii Citratis.

Synonym. Liquor Bismuthi. Dissolve 613 gr. of bismuth oxynitrate in 1 fl. oz. of nitric acid diluted with water. Add 613 gr. of potassium citrate and 175 gr. of potassium carbonate with a little water; heat to 212°F . Dissolve the precipitate in ammonia and add water to make a pint. Contains 3 gr. of bismuth oxide to 1 fl. dr.

Dose, $\frac{1}{2}$ to 1 fl. dr.

3. Bismuthi Oxidum. Bismuth Oxide. Bi_2O_3

SOURCE. Boil the oxynitrate in a solution of soda and dry the precipitate. $2\text{BiONO}_2 + 2\text{NaHO} = \text{Bi}_2\text{O}_3 + 2\text{NaNO}_3 + \text{H}_2\text{O}$.

CHARACTERS.—A dull heavy brownish-yellow powder, insoluble in water, soluble in nitric acid and water.

Dose, 5 to 20 gr.

4. Bismuthi Salicylas. Bismuth Salicylate or Bismuth Oxysalicylate, $\text{C}_6\text{H}_4\text{OHCOO} \cdot \text{BiO}$, may be prepared by the interaction of bismuth nitrate and sodium salicylate.

CHARACTERS AND TESTS.—A white or nearly white heavy amorphous powder insoluble in water, alcohol, and glycerin. It gives the reactions for bismuth and a violet colour with ferric chloride.

Dose, 5 to 20 gr.

ACTION OF BISMUTH SALTS.

External.—Salts of bismuth have no action on the unbroken skin. Dusted on a raw surface they

form a protecting coat, are feebly germicidal, and are very **mildly astringent**.

Internal. If large doses of salts of bismuth are injected under the skin of animals, or if large doses of soluble salts are given to them by the mouth, they produce effects as severe as those due to antimony. The chief are gastro-intestinal irritation and fatty degeneration, and it is stated that some very susceptible persons may be poisoned by large doses by the mouth of insoluble salts; but, as a rule, any symptoms of gastro-intestinal irritation caused by the insoluble salts of bismuth are due to the arsenic with which bismuth salts, especially the subnitrate, may be contaminated. When pure, it is probable that these salts, like any bland heavy powder, act chiefly as protectives to the gastro-intestinal mucous membrane. They have an **astringent** action, diminishing secretion, and are gastro-intestinal antiseptics. The subnitrate is believed to be the most powerful in the last direction because in contact with water it tends to split up into bismuth oxide and nitric acid, and in the intestine bismuth sulphide is formed, and nitrous vapours, which are antiseptic, are liberated, but it may be that it acts as an oxygen carrier like arsenic, for the oxide certainly appears to act in this way. Bismuth is very slowly absorbed and excreted chiefly in the urine, and it may be found in the liver, kidneys, spleen, and nervous system. Nothing certain is known of any remote effects. Bismuth leaves the rectum as the sulphide, and colours the faeces black. It may cause a purplish line on the gums. The breath of persons taking salts of bismuth occasionally has an odour like onions. This is due to the contamination of the bismuth with minute traces of tellurium.

Therapeutics of Bismuth Salts.

External.—Salts of bismuth may be dusted on sores as protectives and mild astringents; for this

purpose the oxychloride, much used as a cosmetic (blanc de perle), is the best. The following is a good bismuth ointment:—Bismuth oxide 1 part, and oleic acid 8 parts, stirred in with 3 parts of white wax liquefied by heat, with 9 parts of soft paraffin. The subnitrate is sometimes snuffed up the nose during a cold, and suspended in mucilage it may be used as an injection for gonorrhœa or leucorrhœa. Dermatol, which is bismuth subgallate, has been employed as an ointment and dusting powder.

Internal. The subnitrate and the carbonate are chiefly employed, and they seem to be more efficient than the soluble preparations. They must be suspended, preferably by means of compound tragacanth powder (not acacia, for with this a compact mass is formed at the bottom of the bottle); given thus they are more efficacious than as a lozenge. It is not known how the effect is produced, but either of these salts is remarkably efficient in removing gastric pain, whether due to ulcer or to gastritis, or even when no cause can be detected. The usual dose is 10 or 20 gr. Both these drugs will often stop vomiting due to gastritis, gastric ulcer, chloroform, pregnancy, or indeed any other cause. For their astringent action they are given in diarrhœa, doses of 60 gr. being administered without any ill effect, and some believe that part of the benefit is due to the antiseptic action of bismuth salts. They appear sometimes to check the severe diarrhœa of tuberculous ulceration of the bowel. Their efficacy as gastric anodynes and as gastric astringents is much increased by combination with a little morphine, and if given as gastric sedative, the addition of sodium bicarbonate as well as the morphine is an advantage. In such a prescription the bismuth carbonate is preferable to the subnitrate, for the latter may act on the sodium carbonate and lead to the production of sufficient

carbonic acid to drive the cork out of the bottle. Many think the insoluble oxychloride (dose, 5 to 20 gr.) a more useful preparation than the subnitrate or the carbonate.

The salicylate has been largely used in various gastric affections. It is supposed to combine the virtues of bismuth salts with the antiseptic actions of salicylic acid. It easily splits up, and is therefore best given in cachets, but the following is a useful prescription for summer diarrhoea and cholera : Salicylate of bismuth, 5 gr. ; compound powder of cinnamon, $7\frac{1}{2}$ gr. ; compound tincture of chloroform (B. P. 1885), 20 m ; aromatic spirit of ammonia, 20 m ; essence of peppermint, 10 m ; chalk mixture to 1 fl. oz. To be taken every three or four hours.

ALUMINIUM.

Symbol, Al. Atomic weight, 27. (Not official.)

1. Alumen. Alum. A sulphate of aluminium and potassium (potassium alum), $\text{Al}_2(\text{SO}_4)_3 \cdot \text{K}_2\text{SO}_4 \cdot 24\text{H}_2\text{O}$, or a sulphate of aluminium and ammonium (ammonium alum), $\text{Al}_2(\text{SO}_4)_3 \cdot (\text{NH}_4)_2\text{SO}_4 \cdot 24\text{H}_2\text{O}$.

Source. Made by the combination of aluminium sulphate with potassium sulphate or with ammonium sulphate.

CHARACTERS.—Acid, regular octahedral crystals, transparent, colourless, and with a sweetish astringent taste. *Solubility.*—1 in 10 of cold water ; 1 in 4 of glycerin.

INCOMPATIBLES. Alkalies, lime, salts of lead, mercury, iron, tartrates, and tannic acid.

IMPERIES. Iron sulphate and silicates.

Dose, 5 to 10 gr.

Preparation.

Glycerinum Aluminis. Alum, 1 ; Distilled water, 2 ; glycerin, 6.

2. Alumen Exsiccatum. Exsiccated alum.

Source. Heat potassium alum to not above 400°F . till no more aqueous vapour is given off. It contains 45 per cent. of water than alum.

CHARACTERS. A white powder or spongy masses. *Solubility.* Slowly but completely soluble in water.

3. Kaolinum. Kaolin.

A native aluminium silicate powdered and freed from gritty particles.

CHARACTER. A soft white powder. *Solubility.* Neither in water nor dilute acids.

It is contained in Pilula Phosphorici.

ACTION OF ALUM.

External. It has no action on the unbroken skin, but coagulates the albumen of the discharges from ulcers, sores, &c., and thus forms a protecting covering to the parts, and acts as an efficient **astringent**. The albumen in the tissues themselves is coagulated also. This coagulated albumen will compress and occlude the vessels, and thus alum is **hæmostatic**. Dried alum absorbs water, and therefore its solid form is mildly caustic.

Internal. -*Alimentary tract.* Alum is an excellent astringent for the mouth, stomach, and intestines, and will cause constipation. In large doses it is **emetic**, acting directly on the stomach, and in larger still, irritant and purgative. Most, if not all, is passed by the feces; probably, in medicinal doses, it has no remote effects on the tissues.

Nervous system. -Given to animals in large dose it produces paresis, loss of sensation, forced movements, drowsiness, and death from respiratory paralysis.

THERAPEUTICS OF ALUM AND KAOLIN.

External. Alum is occasionally used as a caustic to destroy weak exuberant granulations. Kaolin is a good dusting powder. Fuller's earth, also a native aluminium silicate, is used as a dusting powder. Be-

cause of its astringency alum has many uses; it may, for example, be applied to weeping eczematous surfaces, and as an injection or soaked on lint for vulvitis of children. Solutions of it have been used for leucorrhœa and gleet. Ten grains to the fluid ounce of water is a common strength for most purposes. Five grains to the fluid ounce make a good eye wash or a gargle. Strong solutions or powdered alum applied locally stop bleeding, if it is not severe, such as occurs from piles, leech-bites, slight cuts, the gums, and the nose. Alumnol, an aluminium salt of naphthol-sulphonic acid, is very soluble. It forms an excellent lotion or ointment for raw surfaces.

Kaolin resists most chemical reagents, and therefore it is used as a basis for making pills of such bodies as phosphorus, silver nitrate, or potassium permanganate, for with them chemical reaction would occur if an ordinary basis were used.

Internal.—*Alimentary canal.*—As a mouth wash or gargle (5–10 gr. to 1 fl. oz.) alum is very valuable in ulcerative stomatitis, in aphthous conditions of the mouth, and in slight pharyngitis or tonsillitis. Glycerinum Aluminis painted on with a camel's-hair brush is excellent for these conditions. If the nose be irrigated with a solution of alum it may remedy a chronic *ozæna*. It has been found that other astringents are preferable for bleeding from the stomach and for diarrhœa, but a teaspoonful of alum dissolved in simple syrup and given every quarter of an hour till vomiting is produced is an excellent emetic for children, and may be used to produce vomiting in laryngitis and bronchitis, as it is non-depressant. Alum whey, obtained from milk curdled by alum, may be given in the diarrhœa of typhoid fever. In lead colic alum may open the bowels, probably because, being a sulphate, it precipitates any lead salts as insoluble sulphates.

GROUP V

Iron and Manganese.

Some authorities consider that the action of these drugs is somewhat similar.

IRON.

Ferrum. Symbol, Fe. Atomic weight, 55.9. (Official)

1. Ferrum. Annealed iron wire, diameter 0.005 inch, or wrought-iron nails, free from oxide.

Metallic iron is pharmacopœial in two forms, viz. the oxidized and reduced iron.

Preparation.

Vinum Ferri. *Synonym.* Steel wine. Iron wire, 1 oz.; sherry, 1 pint. Digest for thirty days. *Strength.* 1 in 20.

Dose, 1 to 4 fl. dr.

2. Ferrum Redactum. Reduced Iron. A fine powder containing at least 75 per cent. of metallic iron with a variable amount of iron oxide.

SOURCE. Ferric hydroxide is precipitated with ammonia from a dilute solution of iron perchloride. It is heated in a gun-barrel, and reduced by having hydrogen passed over it.

CHARACTERS. A greyish-black powder, strongly attracted by the magnet.

IMPURITY. — Sulphur.

Dose, 1 to 5 gr.

Preparation.

Trochiscus Ferri Redacti *Strength.* — 1 gr. of reduced iron in each with a simple basis.

The following (viz. the sulphate, the carbonate, the arsenate, the phosphate, and the iodide) are ferrous salts; that is to say, salts of the lower oxide of iron, FeO. The iodide is not itself official, but a preparation containing it is.

3. Ferri Sulphas. Ferrous Sulphate, $\text{FeSO}_4 \cdot 7\text{H}_2\text{O}$

SOURCE. — Iron wire is dissolved by boiling in sulphuric acid and water. The sulphate is crystallized out.

CHARACTERS. Pale green, oblique rhombic prisms, with a styptic taste. *Solubility.* 1 in 1½ of water.

IMPERFECT. For the full description see page 181.
Dose, 1 to 5 gr.

Preparation.

Mistura Ferri Composita. *Synonym.* — "Griffith's mixture." Ferrous sulphate, 25 gr.; potassium carbonate, 30 gr.; myrrh, 60 gr.; sugar, 60 gr.; spirit of nutmeg, 50 m; rose water, 10 fl. oz. It is a dark green mixture containing the iron carbonate, for the iron sulphate and the potassium carbonate act on each other.

Dose, $\frac{1}{2}$ to 1 fl. oz.

1. Ferri Sulphas Exsiccatus. Exsiccated Ferrous Sulphate. $\text{FeSO}_4 \cdot \text{H}_2\text{O}$ (called Dried Sulphate of Iron B. P. 1885).

Source. — Heat the sulphate to 212°F . It loses six-sevenths of its water of crystallization.

CHARACTERS. A dirty white powder which easily absorbs water, and therefore pills made of it may spoil. $2\frac{1}{2}$ gr. = 4 gr. of the sulphate.

Dose, $\frac{1}{2}$ to 3 gr.

Preparation.

1. Pilula Ferri. *Synonym.* — Bland's pill. Exsiccated ferrous sulphate, 150; exsiccated sodium carbonate, 95; gum acacia, 50; tragacanth, 15; glycerin, 10; syrup, 150; water, a sufficiency. Divide into 5-gr. pills. Each contains 1 gr. ferrous carbonate, the same change taking place as in Mistura Ferri Composita.

Dose, 5 to 15 gr.

2. Pilula Aloes et Ferri, see Aloes.

3. Ferri Carbonas Saccharatus. Ferrous oxycarbonate, $2\text{FeCO}_3 \cdot \text{Fe}_2\text{O}_3 \cdot \text{H}_2\text{O}$, more or less oxidized and mixed with sugar. The carbonate FeCO_3 form about one third of the mixture.

Source. Precipitate a solution of ferrous sulphate with ammonium carbonate. The iron carbonate thus precipitated, by exposure take up oxygen. It is rubbed up with sugar.

CHARACTERS. Grey lumps of a sweetish taste. It is a very unstable compound, being easily oxidized. The sugar in

both this preparation and in Bland's pill forms a coating which prevents further oxidization. The saccharated carbonate of iron should not be given in a mixture, for the sugar is dissolved out, and then the compound can decompose.

IMPURITIES. Ammonium sulphate, excess of iron oxide.

Dose, 10 to 30 gr. in a cachet or as a lozenge.

6. Ferri Arsenas. Iron Arsenate (called Arseniate of Iron in B. P. 1885). It consists of both ferrous $\text{Fe}_2(\text{AsO}_4)_2 \cdot 8\text{H}_2\text{O}$, and ferric arsenates, with some iron oxide.

SOURCE. — Mix hot solutions of sodium arsenate and ferrous sulphate, add sodium bicarbonate to neutralize the free sulphuric acid that is formed. Arsenate of iron is precipitated.

CHARACTERS. A greenish amorphous powder, insoluble in water.

IMPURITIES. Sulphates.

Dose, $\frac{1}{16}$ to $\frac{1}{4}$ gr. as a pill.

7. Ferri Phosphas. Iron Phosphate. It consists of both ferrous phosphate, $\text{Fe}_3(\text{PO}_4)_2 \cdot 8\text{H}_2\text{O}$, and ferric phosphate, with some iron oxide.

SOURCE. Made exactly as Ferri Arsenas by substituting sodium phosphate for sodium arsenate.

CHARACTERS. A slate blue amorphous powder, insoluble in water. It contains not less than 47 per cent. of the hydrous ferrous phosphate.

IMPURITY. Arsenic.

Dose, 5 to 10 gr.

Preparation.

1. Syrupus Ferri Phosphatis. Dissolve iron wire, 75 gr., in concentrated phosphoric acid, 6 fl. dr., and add syrup. *Strength.* — 1 gr. of ferrous phosphate in each fluid drachm.

Dose, $\frac{1}{2}$ to 1 fl. dr.

2. Syrupus Ferri Phosphatis cum Quinina et Strychnina. *Synonyms.* Easton's Syrup. Syrupum Ferri Phosphatum. Iron wire, 75 gr.; concentrated phosphoric acid, 10 fl. dr.; powdered strychnine, 5 gr.; quinine sulphate, 130 gr.; syrup, 14 fl. oz.; water, to make 20 fl. oz.

Dose, $\frac{1}{2}$ to 1 fl. dr.

Each fl. dr. represents 1 gr. of ferrous phosphate, 1 gr. of quinine sulphate, and $\frac{1}{2}$ gr. of strychnine.

8. Syrupus Ferri Iodidi. Make a hot solution of ferrous iodide in water and add it to syrup. It is *Strength*, 5.5 gr. of ferrous iodide in 1 fl. dr. It is liable to change, forming the oxyiodide of iron and free iodine, which makes it yellow. This alteration cannot be prevented, but it may be retarded by adding some syrup of marshmallows. Because the Syrupus Ferri Iodidi is so liable to change, a patient should not buy more than 3 or 4 fl. oz. at a time. The iodide may be given as a pill in the same way as recommended for Hydrargyri Iodidum. *Verde*, *op. cit.*, p. 203. When the iodide is reduced to free iodine, it may be made soluble by the addition of potassium iodide, and then the iodine becomes hydriodic acid.

Dose, 30 to 60 m.

The following (viz. the perchloride, the persulphate, the permanganate, and the acetate) are *ferric salts*; they are compounds of the higher oxide of iron, Fe_2O_3 . Most are officinal in the form of liquors.

9. Liquor Ferri Perchloridi Fortis. *Strong Solution of Ferric Chloride.*

Preparation. Boil iron in hydrochloric acid and water. $\text{Fe} + 2\text{HCl} = \text{FeCl}_2 + \text{H}_2$. Nitric acid is then added, and the ferrous is converted into ferric chloride, $6\text{FeCl}_2 + 6\text{HCl} + 2\text{HNO}_3 = 3\text{Fe}_2\text{Cl}_6 + 4\text{H}_2\text{O} + 2\text{NO}$. *Strength*, 22.5 per cent. of iron.

CHARACTERS.—An orange brown liquid, usually containing some free hydrochloric acid.

IMPERIUMS.—Ferrous salt.

Preparation.

1. Liquor Ferri Perchloridi. The *strong solution*, 1; water, 3.

Dose, 5 to 15 m.

2. Tinctura Ferri Perchloridi. The *strong tincture*, 1; alcohol (90 per cent.), 1; water, 2. It will be noticed that the Liquor and the Tincture are the same *strength*. When exposed to light they become pale, because some of the iron is reduced to the ferrous state. Glycerin, which is frequently prescribed with perchloride of iron to cover the rough taste, slowly does the same, but this change does not appear to influence the therapeutic efficacy of perchloride of iron.

Dose, 5 to 15 m.

10. Liquor Ferri Persulphatis. *Solution of Ferric Sulphate.* $\text{Fe}_2(\text{SO}_4)_3$.

SOURCE. A hot solution of ferrous sulphate in sulphuric acid and water is boiled with nitric acid and water. $6\text{FeSO}_4 + 3\text{H}_2\text{SO}_4 + 2\text{HNO}_3 = 3(\text{Fe}_2\text{3SO}_4) + 4\text{H}_2\text{O} + 2\text{NO}$

CHARACTERS.—A dark red very astringent. Soluble with water.

11. Liquor Ferri Pernitratis. Solution of Ferric Nitrate. $\text{Fe}_2(\text{NO}_3)_6$

SOURCE. Dissolve iron wire in nitric acid and water. $\text{Fe} + 8\text{HNO}_3 = \text{Fe}_2(\text{NO}_3)_6 + 4\text{H}_2\text{O} + 2\text{NO}$. *Strength.* 3·3 per cent. of iron.

CHARACTERS.—A clear reddish brown liquid, astringent.

IMPURITIES. Ferrous salts.

Dose, 5 to 15 m.

12. Liquor Ferri Acetatis. Solution of Ferric Acetate. $\text{Fe}_2(\text{C}_2\text{H}_3\text{O}_2)_6$

SOURCE. Ferric sulphate is precipitated with a dilute solution of ammonia. $\text{Fe}_2(\text{SO}_4)_3 + 6\text{NH}_4\text{HO} = \text{Fe}_2(\text{OH})_6 + 3(\text{NH}_4)_2\text{SO}_4$. The resulting hydrate is dissolved in glacial acetic acid. $\text{Fe}_2(\text{OH})_6 + 6\text{HC}_2\text{H}_3\text{O}_2 = \text{Fe}_2(\text{C}_2\text{H}_3\text{O}_2)_6 + 6\text{H}_2\text{O}$.

CHARACTERS. A deep red fluid, miscible with water or spirit.

Dose, 5 to 15 m.

The following are scale preparations of iron, so called because they are dried to form scales. They are not well-defined chemical compounds. The base of all is ferric hydrate. There are three—the tartarated iron, the ammonio citrate, and the citrate of iron and quinine.

13. Ferrum Tartaratum. Tartarated Iron

SOURCE.—Dissolve freshly made ferric hydrate in a hot solution of acid potassium tartrate, evaporate to a syrup, and dry on sheets of glass.

CHARACTERS.—Garnet-coloured scales, slightly sweetish and astringent. *Solubility.*—1 in 4 of water; feebly in spirit.

IMPURITIES. Ammonia and ferrous salts.

Dose, 5 to 10 gr.

14. Ferri et Ammonii Citras. Iron and Ammonium Citrate.

SOURCE. Dissolve ferric hydrate in a hot solution of citric acid, neutralize with ammonia, evaporate, and dry on sheets of glass.

CHARACTERS.—Red scales like the tartarated iron, but not so deep in colour. *Solubility.* 10 in 5 of water; almost insoluble in spirit.

IMPURITIES. Tartrate and lactate salts.
Dose, 5 to 10 gr.

Preparation.

Vinum Ferri Citratis. 1 oz. citric acid solution, 1 gr.; orange wine, 1 fl. dr.

Dose, 1 to 4 fl. dr.

15. Ferri et Quinine Citras. Iron and Quinine Citrate.

SOURCE. Made like Ferri et Ammonii Citra. Quinine being also dissolved in the citric acid solution.

CHARACTERES.—Greenish-yellow scales of a bitter taste.
 Solubility.—2 in 1 of water.

IMPURITIES.—Alkaline salts and other alkaloids instead of quinine.

Dose, 5 to 10 gr.

INCOMPATIBLES OF IRON SALTS IN GENERAL.—All substances containing tannic or gallic acid form an intense black with per-salts of iron. Preparations of iron are therefore incompatible with all vegetable astringent solutions, and only infusions with which they can be prescribed are infusion of quassia and infusion of calumba. It is a common mistake to forget that because of its tannin, the tincture as well as the infusion of digitalis makes an inky mixture with iron preparations. Such a mixture may be clarified with a little phosphoric acid, but after a few days a slight precipitate of phosphate of iron falls. Per-salts of iron render mucilage of acacia gelatinous.

Alkalies and their carbonates, lime water, carbonate of calcium, magnesia and its carbonate give green precipitates with ferrous, and brown with ferric salts. The same preparations of iron, however, are not precipitated by alkaline solutions.

ACTION OF IRON AND ITS SALTS.

External.—Solutions of iron salts are antiseptic. They have no action on the unbroken skin, but when applied locally to the abraded skin, sores, ulcers, and mucous membranes, either in solution or when dissolved by the secretions, the ferric salts are powerful astringents, because they coagulate albuminous fluids, both those discharged from the surface and also those in the tissue itself. There is no direct effect on the walls of the vessels, but the contraction of the coagulated albumen compresses them and

diminishes their calibre. Partly for this reason, but still more because these salts of iron quickly cause the coagulation of blood, and the clot thus formed plugs the bleeding vessels, they are almost the most perfect **local hæmostatics** we possess, and will often arrest very severe hæmorrhage. The perchloride, the sulphate, and the permnitrate of iron are all very strongly astringent; but the scale preparations, steel wine, reduced iron, the carbonate, the iodide, the arsenate, the phosphate, and the acetate of iron are so very feebly astringent that they are never used as local applications; in fact, to most persons they are non-astringent. Oxides of iron have the property of converting oxygen into ozone, and are therefore disinfectant.

Internal. Mouth.—Preparations of iron have a styptic taste, the **teeth** and **tongue** may be blackened when they are taken, owing to the formation of the sulphide of iron, the sulphur being derived from the food and the tartar on the teeth; hence it is advisable to take iron preparations through a glass tube or a quill. The astringent preparations have, when locally applied, the same action on the mucous membrane of the mouth as on the raw skin.

Stomach.—Whatever form of iron is given by the mouth, it is converted in the stomach into **ferric chloride**, with probably a little ferrous chloride. Long experience has shown that ferric chloride is to the physician a most valuable preparation of iron; probably this is because it will not abstract hydrochloric acid from the gastric juice as is the case with all other preparations of iron. It is often stated that an albuminate of iron is formed in the stomach; this is incorrect unless more iron is given than can unite with the hydrochloric acid, and when albuminate of iron is given by the mouth it will be converted into a chloride in the stomach. Although whatever form of iron is administered ferric chloride is formed

in the stomach, the choice of the preparation is a matter of great importance; for if strongly acid salts are given, the acid set free after the formation of the chloride will act as an irritant, and damage the mucous membrane; even the preparations of the perchloride may do this, for they often contain a considerable amount of free acid. These facts explain why iron preparations, especially the acid ones, so often cause headache, nausea, loss of appetite, and other symptoms of severe indigestion. We also learn why experience has taught that the sulphate, which is so often used, should be given in the form of a pill, for this, especially if coated, is not dissolved till the intestine is reached, and the acid is harmless in the alkaline solutions of that part of the alimentary canal. Further, we see why the preparations which are either not acid at all or only very slightly acid, such as the reduced iron, dialysed iron (B. P. 1885), the carbonate, and the scale preparations, do not as a rule cause indigestion. The perchloride of iron is very astringent, hence the astringent effect on the stomach of iron salts. The non-astringent preparations can only be astringent in proportion to the amount of ferric chloride formed from them by the gastric juice; but if large quantities of astringent preparations are given, the excess which is not decomposed by the gastric juice will add its astringency to that of the perchloride formed in the stomach.

Intestines.—On passing into the intestine, the contents of which are alkaline from carbonate of sodium, the ferric chloride becomes an oxide of iron, which remains in solution owing to the presence of organic substances; the subchloride is converted into ferrous carbonate, which is also soluble. Lower down in the intestine, by the action of the sulphur compounds, the nascent hydrogen, and other readily oxidized products of decomposition there present, these compounds of iron are converted into the

ferrous sulphide and tannate (the tannic acid being derived from the vegetables in the food), and as such are eliminated with the faeces, which are turned black. Large amounts of the astringent preparations have a **constipating effect**; this is owing to there being an excess of them, so that they are not acted upon in the stomach or intestines, for the oxides and carbonates are non-astringent preparations.

Absorption.—Iron is certainly taken up from the alimentary canal, for the growing child gets from its food all the iron necessary for its increase in weight, but as the total amount of iron in the adult body is only about 38 grains, it is probably absorbed very slowly in very minute amounts, and as iron in food exists as organic compounds, there is no doubt about the absorption of organic iron. Whether, however, inorganic iron salts can be absorbed has been much discussed.

The prevailing opinion, founded chiefly on histological evidence, now is that they can be taken up by the intestinal epithelium and passed into the leucocytes of the blood in minute particles. This iron is first deposited in the spleen, but later on is conveyed to the liver, where it is built up into complex bodies—one of which is called ferratin—which are the precursors of haemoglobin; where in the body this is finally made is not known, but the red marrow utilizes it to make red blood-corpuscles. Any excess of iron in the liver, after resting there some time, is taken away by the blood and excreted into the intestine.

The opinion formerly held was that inorganic iron salts are not absorbed. The chief reason for this view was that the giving of such salts by the mouth does not lead to more iron in the urine; but we now know that this is because in such a case the excess of iron taken up is excreted into the intestine as an organic compound, and as it has

been shown that under all circumstances the bile contains the merest traces of iron this excretion must take place by the intestinal mucous membrane. Indeed, the excretion of iron has been shown to take place in the large intestine only, whilst its absorption takes place in the upper part of the small intestine.

Blood. It is often stated that giving iron causes, in healthy subjects, an increased number of red blood-corpuscles, but this is very doubtful. Probably in health it has little or no effect on the blood.

Iron salt injected into animals subcutaneously or directly into the vein cause gastro-intestinal irritation and paralysis from depression of the central nervous system. Part of the iron is stored up, but much is excreted by the gastro-intestinal mucous membrane. The amount in the urine is hardly increased. Iron given during hæmorrhage maintains the hæmoglobin at the point it was before the hæmorrhage.

In certain forms of anemia (a condition in which either the amount of hæmoglobin and the number of corpuscles are diminished, or they appear to be owing to an excess of the plasma), especially chlorosis, the administration of iron rapidly improves the blood in all respects. It is therefore said to be *hæmatinic*; and as an improvement in the quality of the blood leads to an improvement in the functions of all the organs of the body, iron is also called a tonic. Tonics are drugs which indirectly improve the action of the several organs of the body; usually they act by improving the quality of the blood or by aiding digestion, and thus rendering the digestion and absorption of food more easy (*see p. 111*). If, as already stated, inorganic iron is directly taken up by the intestinal epithelium and passed to the leucocytes, the benefit in anemia is easy to understand. But we have seen that formerly it was believed that inorganic iron is not absorbed, and if this be so, it is at first sight

difficult to understand how it can benefit anaemia. As the organic iron in food must be absorbed we must conclude that it is in some way or other protected from decomposition in the alimentary canal, if we believe that the inorganic compounds which would result if it was decomposed are incapable of absorption. Bunge's hypothesis was that in some forms of anaemia, especially chlorosis, organic salts of iron taken in the food are in some way split up in the intestine so as to be incapable of absorption. In those anæmic conditions which can be benefited by iron the administration of the inorganic salts prevents the decomposition of the organic salts in the food by fixing the excessive amount of decomposing agents, which according to Bunge are chiefly alkaline sulphides, and forming sulphide of iron. This, he says, is supported by the fact that to cure chlorosis rapidly enormous doses of iron are often found necessary; for example, a patient will take 6 grains of reduced iron three times a day, or 18 grains a day. Now, the whole amount of iron in the blood of an ordinary healthy woman is about 38 grains, for there is only one atom of iron in a molecule of hæmoglobin, which contains considerably over 2000 atoms. Supposing she had lost half her hæmoglobin, if the iron given were simply absorbed, one day's treatment might almost restore her to health, but it is well known that weeks are often required. But if this view were correct we should expect that bismuth, manganese, or arsenic, by fixing the decomposing agents, would cure chlorosis as efficiently as iron. It has been stated that they will, but Stockman has published results which point in a contrary direction, and he has shown that sulphide of iron will cure chlorosis although on Bunge's hypothesis it should not, for it will not fix the decomposing agents if they are alkaline sulphides; also there is in chlorosis no excess of these sulphides in the intestine. Further, many think that it is not necessary to give large doses of iron to cure chlorosis.

Iron injected subcutaneously cures chlorosis, but this does not tell in one direction more than another, for it may be excreted into the intestine and there fix the alkaline sulphides. Thus the evidence is strongly opposed to Bunge's view.

Remote effects. As iron in anæmic subjects increases the amount of hæmoglobin, more oxygen is carried to the tissues, and thus the whole body shares in the benefit of a course of iron, which has also been thought to have a direct effect on the kidneys as a mild diuretic, and a direct effect in promoting the menstrual flow. These actions are, however, slight, and may be due to the general improvement in health. Iron salts have been given to produce abortion, but without any result. Remote astringent effects have been attributed to them, but there is no satisfactory proof that they have any; and indeed, when we remember that very little if any iron is absorbed in an astringent form, and it cannot exist in the blood in such a form, we should hardly expect that salts of iron could be remotely hæmostatic or astringent. Iron is chiefly stored in the spleen, lymphatic glands, liver, and marrow; possibly it is by stimulating the activity of this that iron cures chlorosis.

Excretion.—One milligramme of iron is eliminated daily in the urine, and this remains constant under all circumstances. Any excess of elimination following subcutaneous injection, or excessive absorption from the intestine, takes place through the intestinal mucous membrane.

THERAPEUTICS OF IRON AND ITS SALTS.

External. Solutions of the sulphate, the perchloride, the permanganate, and the Liquor Ferri Subsulphatis, $\text{Fe}_2\text{O}_3 \cdot \text{SO}_4$, strength 43 p.c., official in the United States (Monsel's solution), are the most valuable local astringents we have. It matters very

little which of these is used. In England one of the solutions of the perchloride is perhaps oftenest employed. Either is of service in many cases—for example, to stop hæmorrhage from leech bites, from the nose, from piles, or from the uterus, as in the hæmorrhage of malignant disease. A convenient way to apply them is on lint or cotton wool soaked in the solution, and a cavity such as the nose or uterus may be plugged with the lint. The aqueous solution of the perchloride has been used as a spray for hæmoptysis, but as it may excite coughing it is not to be recommended. It is very useful as an astringent for painting on the fauces, pharynx, or tonsils in inflammation of these parts. It may for this purpose be diluted with an equal quantity of water, or a solution of 1 part of perchloride of iron in 4 of glycerin may be used. It has been advised to paint erysipelatous skin with the tincture of perchloride of iron. A solution of the sulphate (1 gr. to 1 fl. oz.) has been used in gleet.

Internal.—(*Gastro-intestinal tract.*)—The astringent preparations may be swallowed in cases of severe bleeding from the stomach, such as that of malignant disease, ulcer, or cirrhosis. If the bleeding is profuse, a drachm of the *Liquor Ferri Perchloridi* with a drachm of glycerin to facilitate swallowing may be given every hour or oftener, and this will sometimes apparently save a patient's life. For less serious hæmorrhage smaller quantities will suffice. Intestinal hæmorrhage may also be treated in the same way.

The tendency of the per-salts of iron to constipate is usually overcome by the addition of some purgative; thus magnesium sulphate is commonly given with the perchloride, and aloes is often prescribed with iron sulphate in a pill. The per-salts have been given for diarrhœa, but there are many drugs more suitable for this symptom. Chronic

constipation is often very effectually treated by a pill of iron sulphate and extract of nux vomica, but probably the efficient purgative in it is the nux vomica, although some claim that large doses of iron sulphate will overcome chronic constipation. Anyhow the constipating effect of the ferric salts is often much exaggerated.

A rectal injection of a fluid drachm of the tincture of the perchloride of iron to half a pint of water kills threadworms.

Arsenical poisoning is best treated by the humid peroxide of iron, which should be freshly prepared by mixing together 3 fl. oz. of Liquor Ferri Perchloridi with 1 oz. of sodium carbonate diluted with water. Half an ounce should be given every five or ten minutes. An insoluble arsenite is formed, and may be got rid of by a thoroughly purgative dose of magnesium sulphate or some other simple purge. A dose of common salt or sodium bicarbonate, followed by 1 fl. oz. of the Liquor Ferri Dialysatus of the B. P. Codex diluted with water, is also efficient in poisoning by arsenic.

Blood.—The great use of iron salts is to restore the blood to its normal condition in anæmia, especially chlorosis. They are useless in pernicious anæmia and generally of little value, if any, in the anæmia of leucocythæmia, exophthalmic goitre, or Hodgkin's disease. All other common forms of anæmia are secondary to some definite cause, such as hæmorrhage, lead poisoning, scurvy, &c., and are treated by the removal, if possible, of the cause of the anæmia, but recovery may be aided by the administration of iron. The perchloride and the sulphate of iron are two of the most efficacious preparations, and pills containing a grain of the dried sulphate, with aloes or nux vomica if constipation is present, or the Pilula Ferri, are very valuable. It is usual to begin with one pill containing one grain of

the dried sulphate of iron thrice a day, but gradually the number of pills may be increased till three or four are taken at a dose. This method of large doses of the sulphate often appears to cure more rapidly than smaller doses. If the astringent preparations cure, nothing more any of the milder preparations may be resorted to. The carbonate may be given in pills, increasing the dose, or the dose of reduced iron, conveniently given on bread and butter, may be pushed. *Mistura Ferri Composita* is a disagreeable preparation to take and to look at. The styptic taste of some of the preparations, especially the astringent ones, may be concealed by giving them with a drachm of glycerin, which acts by its viscosity and by reducing some of the ferric to a ferrous salt. It is often added to the tincture of the perchloride. The scale preparations hardly ever disagree, they are therefore used for patients with a delicate digestion, and for such it is much better to make no attempt to rapidly increase the dose, but to depend on small doses spread over a long period. *Liquor Ferri Albaminati* (dose, 1 to 4 fl. dr.), *Liquor Ferri Peptonati* (dose, 1 to 4 fl. dr.), and dialysed iron (dose, 10 to 30 m.), all in the B. P. Codex, are very useful non-official preparations for anæmic persons whose digestion is weak. The last should be given as drops or with glycerin. Mineral waters containing iron (such as those of La Bourboule and Levico) may be given in such cases (see p. 219). Flitwick water contains a good deal. Often iron and quinine citrate is prescribed as a pill; powdered tragacanth and syrup form the best excipient. Treatment of anæmia by iron leads, of course, to the improvement of the numerous symptoms, such as amenorrhœa, constipation, dyspepsia, &c., which are dependent upon the anæmia. That form of neuralgia which is associated with anæmia usually yields to iron.

Syrupus Ferri Phosphatis cum Quinina et Strych-

nina (see p. 183), or Easton's syrup, is a very popular preparation; it is used for anæmia, and to promote the health and appetite during convalescence after long illnesses. A pill very similar to the syrup, and containing iron phosphate, 1 gr.; quinine, 1 gr.; strychnine, $\frac{1}{4}$ gr.; concentrated phosphoric acid, 1; m; liquorice powder to 5 gr., is prepared. It is called Easton's pill, or *Pilula Trium Phosphatum*. A similar tablet is in the market.

The iodide of iron has been given, sometimes apparently with success, in cases of rheumatoid arthritis, but it must be continued thrice daily for many months. A pill is often preferable to the syrup, as that so readily changes. Two grains may be made into a pill in the same way as that advised for the green iodide of mercury (see p. 203), and one or two such pills may be given thrice a day.

Large doses of iron (10 or even 20 minims of the tincture of the perchloride every hour or two) have been given in diphtheria and other forms of bad sore throat, such as hospital sore throat, apparently with considerable benefit. Erysipelas has been treated in the same way. Fever due to other causes is said to contra-indicate the use of iron.

Kidneys. Iron salts are reported to have a feeble diuretic action, but this is doubtful. The perchloride is often given empirically for all forms of Bright's disease. Whether it does good unless anæmia is present is undecided.

As iron is liable to cause indigestion, it should not be given near a meal. Occasionally a patient is found who cannot take iron in any form, because of the headache and indigestion caused by it.

The Therapeutic Preparations of iron. These have already been classified into astringent and non-astringent. There are some, viz. the arsenate, the iodide, the phosphate, and the citrate of iron and quinine, the value of which depends in part

at least a portion of the phosphorus. The mineral must be present in the water in sufficient concentration that it is probable the animal will ingest it. However, it is not clear how many *Trachusa* species and other insects are able to ingest phosphorus from a solution. The nonphosphorus, water-soluble phosphorus in the urine, phosphoric acid, and phosphoric anhydride (P_2O_5) are not available to insects because of its high toxicity. It is not known whether insects can ingest the phosphorus in the form of a phosphate salt. It would only be good that the phosphorus in water is in the form of a phosphate salt because of its toxicity. The iron in the lake has been utilized for the same purpose, namely, to gain the benefit of fish consumption, but the phosphorus has been to remove iron from the lake. This is necessary to remove the toxicity of both iron and phosphorus. It is very difficult to get a population for such a case of ammonia, but must not be provided with alkalies, as they precipitate the phosphorus.

Parrish's Food. (No. 1011)

Acornite is prepared by the "Acorn" Chemical Food. The Surplus Term Phosphate Corporation of the British Process Chemical Company produces it. The ingredients of this are iron wire, concentrated phosphoric acid, precipitated calcium carbonate, potassium carbonate, sodium phosphate, cochineal, sugar, cranberry flower and distilled water.

Dose, $\frac{1}{2}$ to 2 fl. dr.

This is a pleasant preparation for the lake, the phosphate and iron in it. One can take it easily.

Ferratin. (No. 2,000.)

This is a tasteless, reddish-brown powder, insoluble in water, prepared by treating iron ore and the carbonate of iron and potassium with soda. Contains 7 percent. of iron.

Dose, 8 to 15 gr.

It is very easily borne by the stomach, and is therefore suitable for Anemic people with weak digestion.

MANGANESEUM.

Manganese. Symbol, Mn. Atomic weight, 55. (Not official.)

Potassii Permanganas. Potassium Permanganate. KMnO_4 .

SOURCE. It may be obtained by the interaction of potassium chlorate, potassium hydroxide, and manganese dioxide.

Character.—Dark purple, deposits a brown precipitate. Soluble in 1 in 20 of water, insoluble in alcohol and to a less extent in water.

Internal Use.—It is very readily decomposed by the presence of organic matter. For this reason it is a powerful antiseptic, and is used with caution in the treatment of cancer, and in the treatment of the skin.

External Use.—Potassium permanganate, black, may be used as an oxidant.

Dose, 1 to 3 gr. as a purgative.

Preparation.

Liquor Potassii Permanganatis.—A 1 per cent. solution in distilled water. It has a very bitter taste, and is easily decomposed in the presence of organic matters to a brown color.

Dose, 2 to 4 fl. dr.

ACTION OF POTASSIUM PERMANGANATE.

External.—In the solid form it is a mild caustic and is, when kept dry, a permanent salt. Its most important action is that when moist it readily gives up its oxygen in the presence of organic bodies, and its solutions therefore quickly turn dark brown, manganese dioxide being formed. The power possessed by its solution of giving up oxygen makes it a **disinfectant, deodorant, and antiseptic**, especially as much of the oxygen is in the form of ozone. But its action as a germicide is very limited, for it so readily gives up its oxygen to the organic substances in which the micro-organisms flourish that it very soon becomes inert.

Internal.—Potassium permanganate when taken internally must be quickly decomposed. Manganese salts are only absorbed from the intestine in extremely minute quantities. When they are injected into the blood they are excreted in the urine and into the intestine. Probably they have no

important action after absorption. Formerly it was thought that they could replace iron in the body, but this is not so. The red corpuscles do not take up manganese.

THERAPEUTICS OF POTASSIUM PERMANGANATE.

External.—Although potassium permanganate is not of much practical use as a germicide, it is commonly employed as a deodorant for drains, bed pans, to wash utensils, and to wash the hands; for the last purpose it is suitable as being non-irritant. It has one advantage; namely, that it is easy by its change in colour to see when it has lost its efficacy. 1 in 150 is a serviceable strength. Condy's red fluid consists of 8 grains of sodium permanganate to the fluid ounce of distilled water. It is expensive for purposes requiring a large quantity. It stains fabrics. The stain may be got out by applying sulphurous acid, but the fabric must be immediately rinsed in water, for sulphuric acid is formed.

Internal. The official liquor of potassium permanganate diluted to 1 in 50 can be used as a mouth wash or gargle in foul conditions of the mouth, or as an injection in cases of foul discharges, such as may occur with gonorrhœa, vaginitis, uterine disease, or ozæna. Some have considered that potassium permanganate is beneficial for the same cases of anæmia as iron, but probably it has no effect. Others praise its power in amenorrhœa. It should always be given as a pill or tabella, for the taste of solutions of it is very nasty. It oxidizes morphine and is therefore an antidote to opium poisoning.

GROUP VI.

Containing **Mercury** only.**I. HYDRARGYRUM.**

Mercury. Quick silver. Symbol, Hg. Atomic weight, 200.

Source. Cinnabar, the native sulphide, is roasted or distilled with lime.

CHARACTERS. A brilliantly lustrous fluid metal, easily divisible into small globules. Boils at 662° F. Solidifies at -40° F.

IMPURETIES. Lead, tin, and other metals.

*Preparations containing free mercury.***1. Hydrargyrum cum Creta.** *Synonym.*Gray powder. *Strength.* 1 of mercury with 2 of prepared chalk. By keeping, the mercury is liable to become mercuric oxide, which makes the powder more active.**Dose, 1 to 5 gr.****2. Emplastrum Hydrargyri.** Mercury, 164; olive oil, 7; sublimed sulphur, 1; lead plaster, 328. The sulphur provides the globules of mercury with a fine coat of sulphide of mercury, and thus prevents them running together. *Strength.* 1 in 3 of mercury.**3. Emplastrum Ammoniaci cum Hydrargyro.** Mercury, 164; olive oil, 7; sublimed sulphur, 1; ammoniacum, 656. *Strength.* 1 in 5 of mercury.**4. Linimentum Hydrargyri.** Mercurial ointment, 1; strong solution of ammonia, 1; camphor liniment, $1\frac{1}{2}$. *Strength.* 1 in 6 of mercury, nearly.**5. Pilula Hydrargyri.** *Synonym.* Blue pill. Mercury, 1; collection of roses, 1; oporicea, 4. *Strength.*—1 in 3 of mercury.**Dose, 4 to 8 gr.****6. Unguentum Hydrargyri.** *Synonym.*—Blue ointment. Mercury, 16; lard, 16; suet, 1. *Strength.* 1 in 2 of mercury. After this ointment has been kept some time it contains metallic mercury, mercuric oleate, and mercurous and mercuric oxides.**7. Unguentum Hydrargyri Compositum.** *Synonym.* Seet's ointment. Merc and ointment, 10; yellow wax, 6; olive oil, 6; camphor, in flowers, 3. *Strength.*—1 in 5 of mercury.

2. Hydrargyri Oxidum Rubrum. Red Mercuric Oxide. HgO . *Synonym.*—Red precipitate.

SOURCE.—Obtained by heating mercuric nitrate until acid vapours cease to be evolved.

CHARACTERS.—An orange-red powder or crystalline scales, almost insoluble in water.

IMPURITIES.—Red lead, brickdust, nitrate of mercury.

Dose, $\frac{1}{4}$ to 1 gr.

Preparation.

Unguentum Hydrargyri Oxidi Rubri. *Synonym.*—Red precipitate ointment. Red mercuric oxide, 1; yellow paraffin ointment, 9.

3. Hydrargyri Oxidum Flavum. Yellow Mercuric Oxide. HgO .

SOURCE.—Precipitate a solution of mercuric chloride with caustic soda.

CHARACTERS.—A yellow powder, insoluble in water. Not given internally. It is contained in Lotio Hydrargyri Flava. It has the same composition as the red oxide, but is amorphous.

Preparation.

Unguentum Hydrargyri Oxidi Flavi.

Yellow mercuric oxide, 1; yellow soft paraffin, 49.

1. Hydrargyri Perchloridum. Perchloride of Mercury, Mercuric Chloride. *Synonym.* Corrosive sublimate. HgCl_2 .

SOURCE.—Heat a mixture of mercuric sulphate, sodium chloride, and manganese dioxide. $\text{HgSO}_4 + 2\text{NaCl} + \text{MnO}_2 \rightarrow \text{HgCl}_2 + \text{Na}_2\text{SO}_4 + \text{MnO}_2$. The perchloride sublimes and is condensed.

CHARACTERS.—Heavy, colourless masses of prismatic crystals. **Solubility.**—1 in 16 of water; 1 in 3 of alcohol (90 per cent.). It must be dissolved in distilled water, for ordinary water decomposes it.

INCOMPATIBLES.—Alkalies and their carbonates, potassium iodide, lime water, tartar emetic, silver nitrate, lead acetate, albumen, soaps, vegetable preparations containing tannic acid and in fact most substances.

Dose, $\frac{1}{32}$ to $\frac{1}{16}$ gr.

Preparations.

1. Liquor Hydrargyri Perchloridi. Mercuric chloride, 10 gr.; distilled water, 1 pint. **Strength.** $\frac{1}{2}$ gr. to 1 fl. oz., or $\frac{1}{4}$ gr. to 1 fl. dr.

Dose, 30 to 60 m.

2. Lotio Hydrargyri Flava. *Synonym.* - Yellow wash. Mercuric chloride, 40 gr.; lime water, 1 pint. The insoluble yellow oxide is formed thus: $\text{HgCl}_2 + \text{Ca(OH)}_2 = \text{HgO} + \text{CaCl}_2 + \text{H}_2\text{O}$. *Strength.* 2 gr. in 1 fl. oz.

5. Hydrargyri Subchloridum. Subchloride of Mercury, Mercurous Chloride. *Synonym.* Calomel. HgCl . *Source.* Rub mercury with mercuric sulphate to form the mercurous sulphate, Hg_2SO_4 . Add sodium chloride, and then heat. Calomel sublimes. $\text{Hg}_2\text{SO}_4 + 2\text{NaCl} = 2\text{HgCl} + \text{Na}_2\text{SO}_4$.

CHARACTERS. A dull white, heavy, insoluble, nearly tasteless powder.

IMPURITY. Mercuric chloride.

Dose, $\frac{1}{2}$ to 5 gr.

Preparation.

1. Lotio Hydrargyri Nigra. *Synonym.* - Black wash. Calomel 50 gr.; glycerin, $\frac{1}{2}$ fl. oz.; mucilage of tragacanth, 1 fl. oz.; lime water, to make 10 fl. oz. The insoluble black or brownish oxide is formed. It is suspended in the mucilage of tragacanth. $2\text{HgCl} + \text{Ca(OH)}_2 = \text{Hg}_2\text{O} + \text{CaCl}_2 + \text{H}_2\text{O}$. *Strength.* 60 gr. to the pint, or 3 gr. to 1 fl. oz.

2. Pilula Hydrargyri Subchloridi Composita. *Synonym.* - Plummer's pill. Calomel, 1; sulphuretted antimony, 1; gallicum resin, 2; castor oil, 1; alcohol (90 per cent.), 4. *Strength.* Calomel, 1 in 1.

Dose, 4 to 8 gr.

3. Unguentum Hydrargyri Subchloridi. Calomel, 1; benzoated lard, 9.

6. Hydrargyri Oleas. Mercuric Oleate.

Source. Mix calcic acid, 1 fl. dr., with hard soap, 2 oz. Dissolve in water and boil with 1 oz. of mercuric chloride dissolved in water.

CHARACTERS. - A light greyish yellow, oleaginous, semi-solid substance.

Preparation.

Unguentum Hydrargyri Oleatis. Mercuric oleate, 1; benzoated lard, 3.

7. Hydrargyri Iodidum Rubrum. Red Iodide of Mercury, Mercuric Iodide, Bimodide of Mercury. HgI_2 .

Source. Mix hot solutions of mercuric chloride and potassium iodide. Filter and dry the precipitated red residue.

CHARACTERS. A yellowish crystalline powder, freely soluble in water, but insoluble in a solution of potassium iodide. Impurities: Iron and arsenic in the precipitate.

Dose, to gr.

Preparation.

1. Liquor Arsenii et Hydrargyri Iodidi.

Source. Dissolve 10 grains of arsenic in five equal parts of arsenic acid and mercuric iodide in water. A clear pale yellow liquid. Sp. gr. 1 per cent. of each iodide.

Dose, 5 to 20 m.

2. Unguentum Hydrargyri Iodidi Rubri.

Mercuric iodide, 1; benzoated lard, 24.

8. Hydrargyri Iodidum Viride. H. L. (Not Official.) Green Iodide of Mercury. *Synonym.* Subiodide of mercury.

Source.—Rub together mercury and iodine with a few drops of spirit.

CHARACTERS.—A dull green powder insoluble in water. Must be kept in the dark, for it very soon becomes the red iodide. Keeps better if a slight excess of mercury is present.

Dose, $\frac{1}{2}$ to 2 gr. in a pill. It is best prescribed thus: Hydrargyri Iodidum Viride, the required dose; milk sugar, gr.; excipient, q. s. The excipient has the following composition: Tragacanth powder (not Co.), 240 gr.; water, 240 m; syrup of glucose, $\frac{3}{4}$ l.

9. Liquor Hydrargyri Nitratis Acidus.

Mercuric Nitrate, or Pernitrate of Mercury. $\text{Hg}(\text{NO}_3)_2$ in solution in nitric acid.

Source. Dissolve 4 oz. of mercury in 5 fl. oz. of nitric acid with $1\frac{1}{2}$ fl. oz. of water, and heat.

CHARACTERS. A colourless, strongly acid liquid containing much free nitric acid. Sp. gr. 2.0.

Impurity.—Mercurous nitrate.

10. Unguentum Hydrargyri Nitratis. *Synonym.* Citrine ointment.

Source. Mix a solution of 1 of mercury in 3 of nitric acid, with 1 of acid and 7 of ointment.

CHARACTERS. A lemon yellow ointment.

Preparation.

Unguentum Hydrargyri Nitratis Dilutum.

Mercuric nitrate ointment, 1; soft yellow paraffin, 4.

11. Hydrargyrum Ammoniatum.—Ammoniated Mercury. NH_4HgCl_2 . *Synonyms.* White perchloride of ammonio-chloride of mercury.

Source. Mix solutions of ammonia and perchloride of mercury, $\text{H}_2\text{O}_2 + 2\text{NH}_4\text{OH} + \text{NH}_4\text{Cl} + \text{NH}_4\text{Cl} + 2\text{H}_2\text{O}$. Filter and wash the precipitate with water.

Character. An opaque white powder, very soluble.

Impurities. The same as of the perchloride.

Preparation.

Unguentum Hydrargyri Ammoniatum. *Synonym.* White perchloride ointment. Ammoniated mercury, 1; white paraffin ointment, 9.

ACTION OF MERCURY AND ITS SALTS.

External.—The **perchloride of mercury** is one of the most powerful and important antiseptics with which we are acquainted. In 1870 it was discovered that 1 part in 6000 would kill infusoria and spermatozoa. Now it is known to be a universal germicide. The published results of experiments with it vary very much, because the duration of the action, the solvent, and the micro-organism experimented upon are not always the same. Evans ('Guy's Hosp. Rep.,' vol. xlvii.) found that anthrax spores were destroyed by corrosive sublimate solutions of 1 in 1000 acting for a quarter of an hour, and 1 in 3000 acting for one hour. The bacilli themselves were destroyed by solutions of 1 in 15,000 acting for one minute, and 1 in 25,000 acting for half an hour. A solution of 1 in 70,000 prevented the growth of the spores, and one of 1 in 500,000 prevented the growth of the bacilli. A reference to carbolic acid will show how much more powerful corrosive sublimate is. A solution of 1 in 1000 is very commonly employed for many disinfecting purposes. If albumen be present in the fluid to be disinfected, an albuminate of mercury is formed, and the antiseptic value of the fluid is destroyed. This change may be prevented by the addition of 5 parts of either hydrochloric or

tartaric acid to 1 of corrosive sublimate. The biniodide, dissolved in potassium iodide solution, is also a powerful antiseptic. Metallic instruments cannot be disinfected with the perchloride, for mercury is deposited on them.

Most mercurials, especially the oleate, oxide, ammoniate, nitrate, and perchloride, will destroy the animal and vegetable parasites that infest the skin; they are therefore **antiparasitic**. Also most of them will occasionally relieve itching, even when no cause is to be found.

The soluble salts are powerful irritants, for the albuminate of mercury formed is dissolved in the fluids of the tissues, and the acid of the mercurial salt exerts its irritant action. the acid solution of the nitrate is strongly caustic. Insoluble salts are slightly irritant and stimulating; calomel is sometimes applied to sores for this property.

Metallic mercury and its salts are **absorbed by the skin**, especially when rubbed in either as an oleate or an ointment. These preparations are also taken up, although to a less degree, if simply applied to the skin, for minute particles of mercury or its salts pass into the hair follicles and sebaceous follicles, from which they are absorbed as an oxide or a chloride. All the symptoms of mercurial poisoning can be produced if the drug is absorbed through the skin. The vapour can be absorbed through the mucous membrane of the lungs, and mercury compounds are so volatile that when they are applied to the skin some usually enters the blood by the lungs.

Internal. Although the different salts of mercury have different external actions, after absorption their actions are, in most respects, similar. The long-continued use of excessive doses of mercurials produces well-marked and important symptoms (see Toxicology). The actions for which mercurials are used in medicine are the following.

Stomach and Intestines.—The **metal mercury**

itself and mercurous compounds being mildly irritant in their action, are often used as **purgatives**; but the mercuric compounds given in the same doses produce severe gastro-intestinal irritation. The action is chiefly on the duodenum and upper part of the jejunum; the precise mode of irritation is unknown, but it is certain that, in consequence of the administration of the mercurial, the contents of the duodenum are hurried along before there is time for the bile to be reabsorbed or altered, and hence the motions are very dark-coloured. There is probably some, but not an excessive increased secretion from the intestinal walls, for the motions, although large and loose, are not watery. As the action of the mercurial is chiefly on the upper part of the intestine, it is greatly assisted by giving a saline purge a few hours after it, for this will act more on the lower part of the bowel. The contents are passed along so quickly, that it is doubtful whether there is time for much mercury to be absorbed if a purgative dose of it has been given. Calomel and the metallic preparations are the two forms most used as purgatives. The former is the more powerful.

Whatever compound of mercury is taken by the mouth, it, in the stomach, becomes a complex albuminate containing mercury, sodium, chlorine, and albumen. This compound, in the presence of the sodium chloride in the stomach, can exist in solution there. This same compound is formed when perchloride of mercury is injected subcutaneously, and therefore the solution for injection should contain a little sodium chloride. Precisely what happens to it in the duodenum is doubtful, but it is quite certain that if the dose is insufficient to cause purgation some mercury is absorbed as an albuminate, the rest passing out of the bowel as a sulphide.

Liver. -It was formerly taught that calomel increased the amount of bile formed by the liver.

This is now known to be an error, but perchloride of mercury may possibly slightly increase the quantity, and perhaps, occasionally when calomel is administered, some of it is converted into the perchloride. Calomel and, to a less extent, preparations of metallic mercury are, however, called **indirect cholagogues**, because they, in the manner already explained, aid the excretion of bile, and being powerful antiseptics increase its purgative action by preventing its decomposition, hence the stools are dark green; they contain calomel, mercuric sulphide, and unaltered bile.

Blood. After absorption the mercurial compound formed in the stomach and intestines probably becomes oxidized, and circulates as an oxyalbuminate. Minute long-continued doses of mercury slightly increase the richness of the blood in red corpuscles, and may add a little to the weight of the body. **Large doses produce anæmia.** Mercury checks the emigration of white corpuscles, and this perhaps explains its antiphlogistic action.

Remote effects.—Mercury is chiefly excreted by the cæcum, colon, and saliva; in large doses it irritates the salivary glands and is a powerful **sialogogue**. Minute amounts are excreted by the urine, sweat, milk, and bile. By itself it is in health a feeble diuretic, but it sometimes powerfully aids other diuretics when dropsy is present. It is eliminated very slowly, and hence accumulates in the body, especially in the liver, kidneys, and spleen.

THERAPEUTICS OF MERCURY AND ITS SALTS.

External.—*Antiseptic action.*—Solutions of the perchloride are very largely employed. A strength of 1 in 1000 is used for washing the hands, for washing the parts to be operated upon, for soaking towels, lint, sponges, &c., used in operations, for washing infected articles, infected rooms, furniture, linen, &c. For wounds and cavities (as the uterus), the strength for a single washing should not exceed 1 in 2000,

for continual irrigation 1 in 10,000. Corrosive sublimate discs, tinted blue, made so that one dissolved in a pint of water makes a solution of 1 in 500, are a convenient form in which to carry the antiseptic. Corrosive sublimate solutions should always be tinted blue to render them easy to recognize.

Antiparasitic action.—White precipitate ointment, dilute nitrate of mercury ointment, and a wash of the perchloride are very useful for destroying lice on the head; and these three, especially the last, are excellent for destroying the fungus in ringworm and favus. The mercuric oleate is useful for destroying that in pityriasis versicolor; if the skin is easily irritated the ointment of it should be used. Mercurials should not be applied over so large an area that there is a risk of poisoning from absorption.

Irritant action.—The acid solution of the nitrate is used to destroy warts, condylomata, &c.; no doubt much of its caustic action is due to the free nitric acid it contains. Milder preparations, such as the dilute ointment of the nitrate, or the red oxide ointment if diluted, may be used for tinea tarsi; and the same ointments are very beneficial to any ulcer or sore that requires a stimulant, whether or not it be syphilitic. When a milder preparation is required calomel is often dusted on the part; and black wash is very commonly used, especially for syphilitic sores and condylomata.

Itching.—Black wash, yellow wash, or Unguentum Hydrargyri may be employed to relieve the itching of skin diseases, such as prurigo senilis and urticaria, if they are not too extensive. A very favourite ointment for many skin diseases is composed of equal parts of the dilute mercuric nitrate, zinc oxide, and lead acetate ointments (*see p. 171.*).

Absorbent action.—All mercurial ointments and the oleate, when applied to or gently rubbed into any part which is chronically inflamed, often aid the

absorption of the products of inflammation, if they are not too deep seated. For this purpose the ointment and Scott's ointment, or the oleo ointment, are very commonly used for chronic inflammation of joints, chronically enlarged glands, and chronic peritonitis, which certainly sometimes appears to be cured by the application of a binder spread with one of these preparations or the *Linimentum Hydrargyri*, even when the disease is tuberculous. The ointment of the red iodide is in India applied to the thyroid gland in goitre.

Internal. *Alimentary canal.* Very dilute solutions of the perchloride (4 gr. to 10 fl. oz. water with 1 fl. dr. of dilute hydrochloric acid and a little glycerin) may be used as a mouth wash for syphilitic ulceration. Ringer advises grey powder in minute doses for the sudden vomiting immediately after food sometimes met with in children. By far the most important intestinal action of mercury is its purgative effect. Calomel and blue pill are pre eminently the purgatives to employ when there is, from the headache, constipation, furred tongue, feeling of weight over the liver, and general lassitude, reason to suspect that the dyspepsia is hepatic. Either of these drugs at night, followed by a watery purge, as *Mistura Scamm Composita*, in the morning, will often completely relieve the symptoms. The blue pill at night and black draught (*Mistura Scamm Composita*) in the morning have long been a favourite combination. Mercury or calomel is also one of the best purgatives for cases of cirrhosis, and for cardiac cases in which there is considerable hepatic congestion. Grey powder mixed with a little sugar is an excellent purgative for children, or even for adults, when a very mild purge is required, as, for example, after severe enteritis or peritonitis, if it is desirable to open the bowels during typhoid fever. Children take mercury very well. Infants can easily bear grain doses of the grey powder. As diarrhoea, especially in children, is so often due to the

presence of some irritant, a simple preparation of grey powder, will, by removing it, often cure the inflammation. This preparation hardly ever causes salivation, but calomel is liable to do so. Mercury compounds, on account of their intestinal antiseptic action, have been given in Germany for typhoid fever (pp. 80 and 93).

Remote uses. In cases of heart disease mercury is often combined with digitalis and squill as a diuretic. In the following recipe (blue pill) blue pill 12 gr., powdered squill root 12 gr., powdered digitalis leaves 12 gr., extract of hyoscyamus 20 gr.; make 12 pills), and in some cases this combination does great good.

Syphilis. Mercury in any form is powerfully anti-syphilitic. The perchloride is often used for adults, and grey powder for children. This action is so important that it makes mercury one of the most valuable drugs we have. It has been mentioned that it may be applied locally to syphilitic ulceration, but to be of use it is essential that it should also be administered so as to reach the blood. It is a direct poison to the *spirochæta pallida*, the cause of syphilis; it can completely cure the patient; its use must be long continued, but should never be pushed to salivation. Treatment should be begun as early as possible. It is especially valuable in the primary and secondary stages; authorities differ as to its value in tertiary syphilis. It is as efficacious for the congenital as for the acquired disease. It is also administered for non-syphilitic varieties of chronic inflammation, but not so often as formerly. Patients with disease of the kidneys do not bear it well.

The green iodide is commonly prescribed for syphilis, and often succeeds when other preparations have failed. Its great disadvantage is its instability. Mercurous tannate (dose, 1 to 2 gr. in a pill) is strongly recommended by some authorities.

Sal Ambroth. (N. S. Mercur.)

Ammonio-mercuric Chloride, a double chloride of mercury and ammonium.

Soluble. Mix 271 parts of mercury with 107 of potassium perchlorate and heat to 100° C.

Character.—It is a white powder, which is soluble in water. It contains one molecule of potassium perchlorate combined with two molecules of mercury. It is soluble in water and is not volatile. It is not oxidized by air. It is not so readily absorbed as perchloride of mercury, and it is therefore less irritating.

ACTION AND THERAPEUTICS.

Sal alembroth gauze (containing 1 per cent.) and sal alembroth wool (2 per cent.), both tinted with aniline blue, which is bleached by the discharge, so that it is easy to see if it has soaked through, are much used to dress wounds antiseptically.

Sal alembroth injections ($\frac{1}{2}$ gr. in 10 ml of water) are a convenient non-irritating form in which to inject mercury intramuscularly in syphilis.

Mercurio-zinc Cyanide. —(N. 100, 101)

Character.—A white powder, soluble in water.

Character.—A white powder.

ACTION AND THERAPEUTICS.

Mercurio-zinc cyanide gauze and wool, each containing 3 per cent. of the salt, and tinted mauve pink with rosolane, are used in antiseptic surgery as the salt is unrritating. It is also used as an ointment.

Method of administration of mercury.—1) **By the mouth.**—The *Liquor Hydrargyri Perchloratis* is given to children in doses of 1 to 2 minims for the later symptoms.

Phosphorus is sometimes administered with it. The dose of mercury is 1 grain and is kept in solution by the addition of potassium iodide. Mercurous iodide, of the green color, is also used up to 20 grains in children. It is soluble in water and is incompatible with potassium iodide and metallic mercury. The best preparation for children is $\frac{1}{2}$ to 1 grain of mercury in 10 minims of water, to avoid purgation, and 1 to 2 minims of a 1 per cent. solution of potassium iodide.

2) **By the rectum.** Occasionally mercury is given as a suppository.

3) **Endermically.**—Mercurials, especially calomel, are often dusted on sores and ulcers, and lotions are also locally applied. Mercury can be absorbed in this way.

(4) **By inunction.** Blue ointment may be rubbed into the skin. Usually a piece the size of the top of the thumb (about a drachm) is rubbed in once a day by the ungloved hand. The part of the body should be varied daily; the convex outer side of the thighs, abdomen, arms, are suitable situations; hairy parts should be avoided. The daily duration of the rubbing is 15-20 minutes. The ointment has been put inside the sock for many patients, but it is not so satisfactory. A very efficient way of applying it in children is to smear it on a flannel liner which is worn at the bedtime. The ointment may be employed for inunction in the treatment of one of the best means of insuring the absorption of mercury, but many patients object to such a tedious and dirty process and left to themselves perform it very inefficiently. Inunctions should be given on about 50 consecutive days and then after an interval resumed.

(5) **Intramuscularly.** One-eighth of a grain or less of the perchloride dissolved in about 5 to 8 m of distilled water with a trace of sodium chloride may be used for a dose. The needle of a hypodermic syringe is plunged deeply into some muscles, preferably those of the gluteal region, and to the outer side of it, so that the patient does not sit or lie on the spot, and the required dose of the perchloride solution is injected. If much pain is caused, a piece of ice may be held over the part before the injection and after the needle is withdrawn. The injection should be repeated daily. Before going to bed is a good time. With proper care no abscesses result. This is a very rapid and thorough way of bringing the patient under the influence of mercury. Mercuric lactate (dose, $\frac{1}{2}$ to $\frac{1}{4}$ gr.) and mercuric cyanide (dose, $\frac{1}{20}$ to $\frac{1}{10}$ gr.) are good salts for intramuscular injection.

Mercury is usually best given intramuscularly in the metallic form, for then only one injection weekly is required. Lambkin advises the following: mercury, $\frac{1}{2}$ oz.; lanolin, 2 oz.; carbolyzed liquid paraffin, ad 5 oz. This equals gr i in mxx. Maximum dose, mxx, once a week. If calomel is used the dose is $\frac{1}{4}$ gr. However mercury or its salts are given, administration for two years is necessary to efficiently treat syphilis. The inunction and intramuscular methods are the best. The teeth and mouth must be kept clean to avoid salivation, and there may be short intervals when mercury is not given.

(6) **Fumigation.** - Calomel is used. The patient, who is naked, sits on a cane-bottom chair; a blanket, which reaches to the floor, is fastened tightly round his neck. Twenty grains of calomel are placed in a porcelain dish over a spirit lamp under the chair. The calomel volatilizes, and is absorbed by

the skin. A bath should last twenty minutes, with obvious modifications this method may be applied to patients in bed.

(7) **Inhalation.** This is rarely or never used.

(8) **Baths** of three drachms of the perchloride to thirty gallons of water, with one dram of lemon of lysine, are said to have been used, but they are very rarely employed.

THERAPY.

Acute poisoning is rare. Salts of mercury, especially the per-salts, produce severe gastro-intestinal irritation, causing great pain, vomiting, and diarrhea. Copious sublimate and white precipitate are the proper drugs to be taken. A dose of 100 grains of the white precipitate is given every four hours with 10 grains of perchloride of mercury.

Chronic poisoning by mercury or its salts produces a train of remarkable symptoms. They were very common when it was the practice to give larger doses of mercury than are now employed, and they are occasionally seen in those who work in mercury. In the present day, when the patient shows any sign of mercurialism, the dose is reduced. These symptoms (which constitute hydrargyrisms or mercurialism) may be brought about however the mercury is taken. The first indications noticed are slight factor of the breath and soreness of the gums when the teeth are knocked. Then follows a disagreeable metallic taste in the mouth, the gums become swollen and soft, and they bleed readily. Next there is a considerable increase in the amount of saliva secreted. All these symptoms gradually become more marked, and the tongue swells. The teeth are now loose, the saliva, which is thick and viscid, covers over the mouth, the parotid and salivary glands are enlarged and tender, and there is a slight rise of temperature. In older days these symptoms occasionally ended in the falling out of the teeth, extensive ulceration of the mouth and tongue, necrosis of the jaw, great weakness, emaciation, anemia, a watery state of the blood, a liability to hemorrhages, exhaustion, and death.

More rarely the symptoms are, for the most part, nervous. These occur chiefly, if not entirely, among those who work in the metal and inhale the vapour. The first to be observed is tremor, beginning in the face, then invading the arms, and afterwards the legs. Early in the case the trembling is seen only on movement; soon it is permanent. It resembles paralytic spasms. Usually there is considerable weakness of the affected muscles ("mercurial palsy"). There may be pains, and a weak mental condition is common. Nothing has been found, post mortem, to account for these symptoms.

GROUP VII.

Arsenic, Antimony, Chromium.

The compounds of these metals have several physiological and some chemical points in common. They are all soluble in water, and are all absorbed by the alimentary canal. They are all excreted by the kidneys, and are all excreted in the urine. They are all excreted in the urine, and are all excreted in the urine.

ARSENICUM.

Metallic Ar-senic. Symbol, As. Atomic weight, 75.
(Not to be taken.)

I. Acidum Arseniosum. Arsenious Acid; As_2O_3 .
Synonyms. - Arsenic Acid; White arsenic. As_2O_3 .
Source. Arsenic acid is a by-product of the manufacture of sulphuric acid.

INCOME TAXES: 1990-91 100.00
INCOME TAXES: 1991-92 100.00

Dose, $\frac{1}{2}$ to 1 gr.

I have no more to say.

1. Liquor Arsenicalis. *Synonym.*—Fowler's solution. Arsenious acid, 87½ gr.; pure distilled water, 87 m. Dissolve the arsenious acid in 40 m. of pure distilled water, and add 47½ m. of pure distilled water. No decomposition occurs, but a small amount of arsenic acid is formed. No precipitate is formed when acid in 110 m. or 1 per cent.

Dose, 2 to 8 m.

2. Liquor Arsenici Hydrochloricus.—Arsenic is added to this mixture in the form of arsenic trioxide. No decomposition occurs, but a small amount of arsenic acid is formed. *Strength*,—1 g. of arsenious acid in 110 m., or 1 per cent.

Dose, 2 to 8 m.

2. Sodii Arsenas.—Sodium Arsenate, Disodium Hydrogen Arsenate, Na_2HAsO_4 (Arsenate of Sodium, B.P. 1884).

Solvent: Ethanol. Temperature of crystallization: 40°C. Sodium acetate, which may be prepared by reacting acetic acid with water, the product of the reaction of acetic anhydride with water, with sodium nitrate and sodium carbonate.

Gray arsenic.—A white powder. The hexagonal form, which is the most common, is obtained by the direct union of arsenic and hydrogen. See *Iron*, p. 188.

Solubility.—Insoluble in water, but soluble in alkalis.

Dose, $\frac{1}{10}$ to $\frac{1}{2}$ gr.

Liquor Sodii Arsenatis. *Strength.* 1 per cent.

Preparation.—Dissolve 10 gr. of arsenious acid in 1000 of water. It is also prepared by the direct union of metallic sodium and arsenious acid.

Dose. 2 to 8 m.

3. Arsenii Iodidum. Arsenious Iodide. *AsI₃*.

Preparation.—Made by the direct union of iodine and metallic

arsenic.

Gray arsenic.—Same as above, but the iodine is in excess, and the product is a white powder. See *Iron*, p. 188.

Dose, $\frac{1}{10}$ to $\frac{1}{2}$ gr.

Preparation.

Liquor Arsenii et Hydrargyri Iodidi. *See*

Donovan's solution.—*See* Mercury, p. 2.

1. Ferri Arsenas, *see* Iron, p. 183.

ACTION OF ARSENICAL COMPOUNDS.

External.—Arsenious acid has no action on the skin, but applied to raw surfaces it is a powerful caustic.

Internal.—*Alimentary canal.*—Unless the dose is very small, all preparations containing arsenic are very severe **gastro-intestinal irritants** (*see* Toxicology). Part at least of this effect is due to excretion of the arsenic into the stomach after absorption, for if given subcutaneously there may be no local effect, although there is intense gastritis soon after injection. In minute doses they are gastric stimulants, causing dilatation of the gastric vessels and an increased flow of gastric juice. Small doses also stimulate the duodenum.

Blood. Arsenic is quickly absorbed into the blood, and is found especially in the polymorphonuclear white corpuscles. It cannot in health, but can in some forms of anemia increase the hæmoglobin and the number of red corpuscles; how it does this is unknown. Arsenic given during hæmorrhage has little effect on the blood, but if combined with iron it

maintains the hæmoglobin even more than iron alone. It may cause brown pigmentation of the skin, and then the depth of pigmentation appears to be proportionate to the increase in the red corpuscles.

Bone.—In animals arsenic slightly stimulates the formation of compact bone. In small repeated doses it increases the leucoblasts but not the erythroblasts of marrow, it dilates the vessels and leads to atrophy of the fat. In doses large enough to cause general emaciation the marrow undergoes hyaline degeneration. All these changes occur with many other drugs and are not peculiar to arsenic.

Circulation.—In the frog the rapidity and force of the heart are lessened till it finally stops. This is a local action, for it takes place when applied to the excised heart. Large doses destroy the capillaries and lead to hæmorrhage.

Remote effects. In many diseases arsenic evidently profoundly affects metabolism, for the patient recovers under treatment by this drug. If given in small doses to healthy persons it usually improves the general condition, probably by increasing metabolism, but perhaps only by sharpening the appetite. It has been incorrectly stated to unite with albumen; another view, that of Binz and Schulz, is that arsenious acid becomes arsenic acid by taking oxygen from the protoplasm, but that the arsenic acid subsequently yields up the oxygen again and that the activity of arsenic is due to its being a carrier of oxygen. It makes the skin glossy. Some of the people in Styria eat white arsenic in small quantities, and it increases their strength, weight, and appetite and clears their complexion. It is probable that the reason why these people can take arsenic in such quantities is that an antitoxin is developed in them. Wood concludes that small doses of arsenic check tissue change and decrease nitrogenous elimination. Large doses certainly have the opposite effect, and cause fatty degeneration, especially of the liver, stomach, and intestines; the glycogen disappears from the liver, and the alkalinity of the blood falls

owing to the formation of lactic acid. But our knowledge of the influence of arsenic on nutrition is very imperfect, nor do we know of any action to which its beneficial effects in many diseases can be referred, but as the drug certainly in some way alters the condition of the sufferer it is vaguely called an alterative. It is eliminated chiefly by the urine, to a less extent by the alimentary canal, the sweat, the saliva, the bile, the milk, hair, cutaneous epithelium, and even the tears, but it is also stored in the body, chiefly in the liver and kidneys. It may be found many years after death in the bodies of those who have taken it during life. It can pass from the mother to the fetus.

Excretion.—Most of it is excreted by the urine. Minute amounts pass out by the mucous membrane of stomach, bowel, and lungs, and by the skin.

THERAPEUTICS OF ARSENICAL COMPOUNDS

External.—Formerly arsenious acid was used as a caustic to destroy growths, lupus, warts, &c., either pure or as a paste. Arsenious acid, 1 part; charcoal, 1 part; red sulphide of mercury, 4 part; and water, q. s., is the formula of a paste once very popular. It must be used strong enough to make the mass of dead tissue slough out quickly, or else the patient becomes poisoned, for the arsenic is rapidly absorbed. Arsenious acid $\frac{1}{8}$ grain with a grain of calomel, vermilion, or black antimony make a caustic powder. Liquor Arsenicalis has been recommended by Ringer as an application for corns.

Internal.—*Alimentary canal.*—Arsenious acid is useful to destroy the tooth pulps before stopping teeth.

In some forms of dyspepsia small doses of the Liquor Arsenicalis are occasionally given to stimulate the appetite. Arsenic is so liable to cause sickness, diarrhoea, and other symptoms of poisoning, that it is a rule always to begin a course of it with small doses, say 3 or 4 m of the Liquor Arsenicalis, or $\frac{1}{16}$ to $\frac{1}{8}$ gr. of arsenious acid as a pill, and gradually to

increase the quantity. Arsenic in any form should always be taken immediately after meals, so as to stimulate it by the contents of a full stomach. Children bear it well, old people do not. Very small doses sometimes check vomiting, especially that form in which the food simply regurgitates, and in exceptional cases it may succeed in checking diarrhoea when other drugs have failed.

Remote effects. Arsenic is of great value in chronic superficial skin diseases not owing their cause to an irritant. It is therefore largely used for psoriasis, pemphigus, and sometimes for chronic eczema. It is of no use in the later stages of these maladies, nor if cutaneous inflammation is deep-seated.

Cases of anæmia which cannot be cured by iron, and which fall under the heading of primary anæmia, may be much improved by arsenic. For this purpose 1 to 5 gr. of sodium arsenate dissolved in 10 minims of water may be injected subcutaneously, but the drug is usually given by the mouth. Such are pernicious anæmia, splenic leucocythæmia, and Hodgkin's disease; but often no drug is of any avail. In other forms of anæmia, such as chlorosis, arsenic may be tried, but not often with benefit, when iron compounds disagree. It often improves the metabolism, the appetite, and the weight in those whose general health is feeble. Arsenic is, next to quinine, the best antiperiodic we have, but it is not nearly so efficacious. It may, however, in the absence of quinine, be used for ague, and is especially valuable for the anæmia which follows ague, and for neuralgia due to the same cause. It often does distinct good in rheumatoid arthritis if given for a long while. It is frequently prescribed for chorea, but it is difficult to prove that the cases get well more quickly than they would without any drug. Arsenic has been strongly recommended in asthma and in hay fever. For asthma it may be given by the mouth, or smoked as cigarettes, made by saturating bibulous paper in a solution of fifteen grains of potassium arsenite to an ounce of water. It has been given in phthisis, but

without benefit. If taken with thyroid preparations it appears to diminish the liability to thyroidism. The springs of Levico and La Bourboule contain arsenic acid. The waters are sold in England, and form a convenient way of giving the drug. Strong Levico contains $\frac{1}{2}$ gr. arsenious acid and 30 grains of iron salts in a pint. Weak Levico contains $\frac{1}{16}$ and 8 gr. respectively. La Bourboule contains $\frac{1}{2}$ gr. arsenious acid and a trace of iron to the pint. These waters should be drunk at meals.

Cacodylates. (N. 100.)—A white crystalline powder, given in the form of the cacodylate of sodium (the sodium salt of cacodylic acid ($\text{CH}_3\text{AsO}_2\text{H}$)). **Dose, $\frac{1}{2}$ to 1 gr.** The drug contains 61.8 per cent. of arsenious acid, and yet it is stated that large doses of it do not cause poisoning; this is because arsenious acid is very slowly formed from it within the body, and possibly much of the cacodylate is got rid of before this happens. It has not been conclusively shown to be therapeutically superior to arsenious acid. It is often given hypodermically, $\frac{1}{2}$ gr. in 15 min. of treatment.

Sodium Aminophenylarsonate. (N. 101.)—*(Synonyms.*—Sodium aminarsonate, atoxyl, sodium arsamin.) A white crystalline powder, soluble 1 in 6 of water.

Dose, 1 to 3 gr. by mouth or hypodermically dissolved in water. Even 15 gr. has been given for a single dose. This compound of aniline and arsenious acid contains about 24 per cent. of metallic arsenic, but much larger doses of it than of ordinary arsenical preparations can be given without symptoms of poisoning. Lately it has been much given both alone and in combination with salvarsan in the treatment of the relapsing fever, and syphilis, but although it may in some cases benefit appears to follow it has not yet been shown to definitely cure. Precisely how it acts is not known, it does not affect trypanosomes outside the body. Many cases of pernicious anaemia have been treated with it, but in spite of the throat, headache, vomiting, diarrhoea, and in some cases total blindness due to optic atrophy. Injections are given subcutaneously—rarely intravenously—at intervals of 2 or 3 days.

Sodium Acetarsonate (Not official). (*Synonyms.*—Ar-acetin, aracetin, atoxyl, arsacetin.) This is the sodium salt of an acetyl radicle, may be used in the same doses as atoxyl, and has the great advantage of being less toxic. It is believed that full doses of atoxyl or arsacetin drive the trypanosomes out of the blood and then the administration of mercury kills them, but both drugs are still on their trial. Solutions of arsacetin keep better and bear being injected better than those of atoxyl.

Salvarsan. (Not official.) *Synonym* This body is chemically diarsylamide or diarsobenzene dihydrochloride. It is often called "606" because that was its number in a series investigated. A bright yellow powder slowly but completely soluble in water. Strongly acid solution, 34.15 per cent. Aqueous. It is applied in glass tubes, first emptied and then filled with an inert gas to prevent oxidation. The tube should not be opened until immediately before administration. **Dose, 0.3 to 0.6 gramme.** The amount usually contained in each tube is 0.6 gram. Most, and certainly best, given intravenously as a solution. 100 c.c. of hot, sterile, freshly-distilled water are put in a sterilized glass vessel. Into it the salvarsan is slowly shaken and dissolved, by stirring with a glass rod. Add 4 per cent. sodium hydrate solution. A precipitate forms, and as the solution is slowly added, it re-dissolves. When this happens, make up the total bulk to 200 c.c. by the addition of water, normal saline, made with freshly-distilled water. Insert the needle into the bend of the elbow with any of the various apparatus at such a temperature that when it enters the vein it is about 100° F. The patient should be watched for 24 hours before re-injection. During this time he should have his bowels well opened, and have only light diet. During injection he should be recumbent, and must remain in bed on light diet, for 24 hours after injection. The operation must be strictly aseptical. Often there is a fever after it, a slight pyrexia for a few hours; but severe symptoms, as considerable pyrexia, rigor, vomiting, and diarrhea, can be avoided if every one of the above details is observed, especially the use of freshly distilled water: for after distilled water has remained in the laboratory some time bacteria appear in it, and even if soon sterilized before use, it contains the dead bodies of them, and it is these dead bacteria which are the cause of the pyrexia and other symptoms which often follow the use of salvarsan.

When given intramuscularly, the dose of salvarsan is shaken into 10 c.c. of warm distilled water; 6 c.c. of 4 per cent. sodium hydrate solution is added, and then 6 per cent. acetic acid till the mixture is just acid; then a drop of sodium hydrate solution is added, so that when injected it is just alkaline. It is then injected intramuscularly into the gluteal region, or into the scapular muscles. Occasionally this leads to a painful swelling, and intravenous injection is much to be preferred to intramuscular. It should never be given subcutaneously and should never be ordered for any patient who has heart disease, renal disease, phthisis, or arterial disease, but some have given it to such patients in minute doses. For further details special works must be consulted. Usually one,

two or three times a week at intervals of about two weeks.

ACTION AND THERAPEUTICS.

A syphilitic chancre, a secondary syphilitic ulceration, or a tertiary gumma or ulceration, generally improve extraordinarily rapidly after a dose of salvarsan. Syphilitic lesions that have been chronic for months will disappear in a few days. It is of use in acquired or congenital syphilis, but in parasymphilitic affections it has not been yet proved to be of great benefit, but it may prevent their progress. The use of salvarsan causes the syphilitic spirochetes to disappear and the Wassermann reaction becomes negative. Sometimes a transient rise of temperature follows. It should not be given if the patient is suffering from any serious disease other than his syphilis. Sufficient time has not yet elapsed for us to be sure that syphilis is permanently cured by salvarsan, and probably it is wise after the injection of salvarsan to give a two or three years' course of mercurv. Salvarsan (0.1 gram., water 30 ml., glycerin 1 fl. oz.) has been used with benefit as a local swab for chronic ulcerations of the mouth.

Neo-salvarsan. (Not official.) A condensation product of formaldehyde sulphoxylate of sodium and salvarsan. Known as No. 914. A yellow powder. Has the great advantage over salvarsan of being freely soluble in water, forming a neutral solution. 1.5 gram. neo-salvarsan equals 1 gram. salvarsan. A usual dose is 1 gram. dissolved without heating, or with very little shaking, in 200 c.c. of distilled water, given intravenously. It is believed to be as efficacious for syphilis as salvarsan.

TOXICOLOGY.

Acute Poisoning.—White arsenic is frequently used as a poison. Soon after taking it the sufferer experiences faintness, nausea, sickness, epigastric pain and tenderness. These symptoms quickly increase. The vomit is brown, and often streaked with blood; the pain is very severe; there is profuse diarrhœa, with much tenesmus; and there are cramps in the calves of the legs. The vomiting becomes violent and incessant; there is a burning sensation in the throat, with intense thirst. Soon severe collapse sets in; the skin is cold, the pulse small and feeble, and the patient dies collapsed. The symptoms frequently bear a close resemblance to those of

[illegible]

A second, and more important, reason for the lack of a theoretical basis for the model is that the model is not based on a sound understanding of the processes that are involved in the formation of a solid solution. The model is based on the assumption that the solid solution is formed by the random distribution of the two components in the lattice. This is not always the case, and the model is therefore not valid for all systems. The model is also based on the assumption that the solid solution is formed by the random distribution of the two components in the lattice. This is not always the case, and the model is therefore not valid for all systems.

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Repeated dose given to animals abolishes the excretory function of the liver, and causes death from the absorption of the fourth ventricle and the lower cells of the epidermis. In those poisoned with arsenic the epidermis peels off very easily. This is due to degeneration of its lower cells, the degeneration proceeding from the lowest layer outwards.

ANTIMONIUM.

1. Antimonium Nigrum Purificatum.

2. Antimonium Sulphuratum. Sulphurated

CHARACTERS. A dull red powder, insoluble in water.

Dose, 1 to 2 gr.

Contained (1 part in 4) in Pilula Hydrargyri Subchloridi Compound.

3. Antimonii Oxidum. Antimonious Oxide.

Preparation. The antimonious oxychloride is precipitated: $\text{SbCl}_3 + \text{H}_2\text{O} = \text{SbOCl} + 2\text{HCl}$. The precipitate is treated with sodium carbonate: $\text{SbOCl} + 2\text{NaCO}_3 = \text{SbO} + 2\text{NaCl} + \text{CO}_2$.

CHARACTERS. A greenish white powder, insoluble in water.

Formulae: H_2SbO_3 .

Dose, 1 to 2 gr.

Pulvis Antimonialis.—A substitute for Antimonium Nigrum Purificatum, 1, calcium phosphate, 2.

Dose, 3 to 6 gr.

4. Antimonium Tartaratum. Tartarated Antimonium or Potassio-tartrate of Antimony. $(\text{KSbO}_4\text{C}_4\text{H}_4\text{O}_{10})$.

Preparation. Prepared by setting aside a mixture of antimonious oxide and tartaric acid, which gradually combine to form a white crystalline mass, which is washed with water, and dried.

CHARACTERS. Colourless transparent crystals with 4 rhombic facets. Solubility. — 1 in 17 of cold, 1 in 3 of boiling water. The solution is faintly acid.

Reaction. The solution gives a white precipitate with ammonium ions, alkalis, lead salts.

Identity. Acid tartrate of potassium.

Dose, $\frac{1}{24}$ to $\frac{1}{2}$ gr. (diaphoretic); $\frac{1}{2}$ to 1 gr. (cardiac depressant); 1 to 2 gr. emetic.

Preparation.

Vinum Antimoniale. Tartarated antimony, 10 gr. (1 fl. oz. of water to 1 fl. oz. of wine); 19 fl. oz. *Strength* 2 gr. to 1 fl. oz.

Dose, 10 to 30 m.; 2 to 4 fl. dr.

ACTION OF ANTIMONIAL COMPOUNDS.

External. Antimonial compounds are powerful external irritants. Tartar emetic produces a pustular eruption at the point of application.

Internal. *Pharmacology.* All compounds of antimony are powerful irritants, internally as well as externally; the action of tartar emetic is best known. The first result of swallowing this is vomiting. The early acts of vomiting are entirely due to the direct action of the drug on the wall of the stomach, but it is quickly absorbed, and by its action on the medulla it also produces sickness; but this action is slight. It will produce vomiting when injected into the blood, partly by its action on the medulla for it will act if the stomach is replaced by a bladder—but also because some of it is excreted into the stomach and intestines, and thus the vomiting is continued for some time. In large doses tartar emetic is irritant to the intestine.

Heart. Antimony acts upon man as upon the lower animals. It is a powerful cardiac depressant, diminishing both the frequency and the force of the beat of the heart. Experiments on animals have shown that the final stoppage takes place in diastole, and that the chief action of antimony is that of a direct depressant to the cardiac muscle itself. Of course the cardiac depression causes the arterial pressure to fall, but part of this effect is due to a coincident action upon some portion of the vaso-motor system: the probability being that antimony, paralyzing the muscular coat of the arteries, relaxes them.

Respiration. Respiration is depressed, the movements become weaker, and inspiration is shortened, but expiration is prolonged. Finally, the pauses

become very long and the movements very irregular. The cause of this is not known: probably it is very complex.

Nervous and muscular systems.—Here also antimony acts as a **powerful depressant**, especially to the spinal cord, and to a less extent to the brain; hence moderate doses cause a feeling of languor, inaptitude for mental exertion, and sleepiness. Experiments on animals show that after the administration of large doses of antimony reflex movement is soon lost, and that this is due to a depressing effect on the sensory part of the spinal cord. This depressing influence is felt also in the muscles, and hence antimony will relieve spasm, but whether it does so by direct action on the muscles, or by acting on the nervous system, is doubtful.

Temperature.—Moderate doses of antimony have little influence on the temperature, but large doses cause a **considerable fall**, due, no doubt, in the main to the circulatory depression, but also, it is said, to a direct action in decreasing the amount of heat produced.

Excretion.—Antimony is excreted by the urine, bile, sweat, bronchial secretion, milk, and particularly by the faeces. We have seen that part of its emetic effect is due to its excretion into the stomach. As it passes out by the bronchial mucous membrane it increases the amount of secretion, and thus acts as an **expectorant**. On the skin its action is that of a profuse **diaphoretic**. This is chiefly a secondary result of the depression of the circulation, but it is possibly in part a direct local effect. In frogs the action on the skin is very like that of arsenic, but antimony softens rather than detaches the epidermis, which thus becomes a jelly-like mass. Being excreted in the bile, it perhaps aids its flow; therefore it may be a **cholagogue**.

In passing through the kidneys it may be slightly diuretic, but this depends upon the amount of perspiration produced by it. If its use is continued

for some time it will cause, like arsenic, fatty degeneration, especially of the liver, and abolition of the hepatic glycogenic function.

THERAPEUTICS OF SALTS OF ANTIMONY.

External.—Many years ago an ointment of tartar emetic was commonly applied as a counter-irritant, but it causes much pain, and is now seldom used.

Internal.—*Alimentary canal.*—Tartar emetic is not to be recommended as an emetic, for the action is slow, and the general depression of emetic doses is great. For this reason it should never be given to produce purgation. The only cases in which it is permissible are those in which an emetic is required for laryngitis, bronchitis, or some other acute inflammatory condition of the respiratory tract, for then its depressant action on the circulation may perhaps be beneficial, but usually ipecacuanha is preferable.

Circulation.—Antimony was formerly largely employed, especially in combination with aconite, to reduce the force and frequency of the pulse in all sorts of febrile conditions, but this is now generally thought unnecessary. If it is to be used it is especially indicated in respiratory affections, for then its expectorant effect may be valuable.

Respiration.—It has been very much given for the early stage of acute bronchitis, but certainly it should not be continued after a free secretion of bronchial mucus has been set up by it. After that it is, on account of its depressing influence, an undesirable expectorant.

Nervous and muscular systems.—Its use as a sedative in delirium tremens is now abandoned, and the introduction of chloroform has made it unnecessary to employ tartar emetic to relax muscular spasm in hernia and dislocations.

Remote effects.—Occasionally it is given in fevers for its diaphoretic influence, and for its slight antipyretic action. Sometimes it is ordered as a chola-

arsenic, but because of its powerful depressant action it is less used as a medicine than formerly.

POISONING.

Acute Poisoning. The symptoms are very like those of arsenical poisoning (p. 220). *Post mortem.* The gastric irritation is very similar, but it is not nearly so marked.

Treatment. Unless the vomiting is very copious, emetics should not be used, but ipecacuanha may be used. A cathartic should be given, such as a draught of tannic or gallic acid dissolved in water, or tea or coffee, mucilage, or a saline cathartic, given simultaneously. Hot water bottles and warm enemata may be used.

Chronic poisoning is not sufficiently common to call for notice here.

CHROMIUM.

Symbol, Cr. Atomic weight, 52.1. (Not official.)

1. Acidum Chromicum. Chromic Acid. *Chromic acid*. CrO₃.

SOURCE. Prepared from potassium bichromate by the action of sulphuric acid.

CHARACTERS.—Crimson acicular crystals, very deliquescent, soluble in water. Readily yields oxygen when heated, and easily explode. It does so with either glycerin or alcohol.

PREPARATION.

Liquor Acidi Chromici. Chromic acid. 1. water, 3.

ACTION.

External. In consequence of its oxidizing power chromic acid is a powerful deodorant and disinfectant. It coagulates albumen and oxidizes organic matter, and is therefore a powerful caustic.

Internal.—None is known.

THERAPEUTICS.

External.—As a lotion, 1 in 40, or even stronger, chromic acid has been used for its disinfectant properties to wash foul ulcers and sores, and also as a local application for ozæna, gonorrhœa, leucorrhœa, and bad ulceration of the mouth, but a gargle should contain only a grain in a fluid ounce. The pharma-

copied liquor is occasionally used as a caustic to destroy condylomata.

2. Potassii Bichromas.—Potassium Bichromate. $K_2CrO_7 \cdot CrO_3$.

SOURCE. Prepared from chrome ironstone.

CHARACTERS. Large orange-red transparent triclinic crystals. **Solubility.** -1 in 10 of water.

INCOMPATIBLES. Owing to the fact with which it oxidizes it readily forms explosive compounds. Hence it is best prescribed with kaolin or in capsules.

Dose, $\frac{1}{10}$ to $\frac{1}{2}$ gr., in capsules, or as a pill with kaolin.

ACTION AND THERAPEUTICS OF POTASSIUM BICHROMATE.

Occasionally solutions of it have been taken by mistake. Symptoms of very severe gastro-intestinal inflammation with much collapse have followed. Handling the salt frequently may produce eczema. Its solution is caustic and antiseptic, but it is weaker than chromic acid. Potassium bichromate is useful for gastric catarrh and gastric ulcer; it is best given on an empty stomach thrice a day.

The remaining groups of the inorganic drugs are non-metallic.

GROUP VIII.

Containing **Phosphorus** only.

PHOSPHORUS.

Symbol, P. **Atomic weight,** 31. (**Official.**)

SOURCE.—Obtained from calcium phosphate.

CHARACTERS.—A wax-like solid, freely soluble in carbon bisulphide, sparingly soluble in alcohol, ether, and chloroform, 1 in 80 in olive oil or melted fat, insoluble in water; luminous in the dark. Must be kept under water, as it oxidizes and takes fire very easily. Heated with hydrogen it forms red or amorphous phosphorus, which is non-poisonous, as it is so insoluble that it cannot be absorbed.

Dose, $\frac{1}{100}$ to $\frac{1}{20}$ gr., in pill or solution.

Preparations.

1. Oleum Phosphoratum.—1 gr. of phosphorus dissolved at 180° F. in 99 gr. of almond oil, which

must first be heated to 300 F. and filtered to remove water and organic matter, for this would otherwise oxidize the phosphorus. This preparation is very nasty. *Strength*.—1 per cent.

Dose, 1 to 5 m. (in a gelatin capsule).

2. Pilula Phosphori.—Phosphorus, 10 gr.; white beeswax melted, 125 gr.; lard melted, 125 gr.; kaolin, 115 gr.; carbon bisulphide, 33 m. Place the wax and lard in a warmed mortar, and stir till like cream. Dissolve the phosphorus in the carbon bisulphide, and mix with the melted fats; add the kaolin. Keep the mixture in cold water in a bottle from which light is excluded. When dispensed, every 3 grains of the mixture is incorporated with 1 gr. of gum acacia. This pill contains 2 per cent. of phosphorus. It should be varnished.

Dose, 1 to 2 gr.

ACTION.

The only known action of minute doses of phosphorus is that in animals the spongy tissue of the bones is thickened by the deposition of true bone of normal composition, and the compact tissue is rendered more dense. If rather larger, frequently repeated doses are given for some time, proliferation of the interstitial connective tissue of the stomach, liver, and kidney is also found. With still larger doses fatty degeneration is produced, as described under Toxicology. Phosphorus enters the blood as phosphorus, and acts as such, not as phosphoric acid. It is eliminated in the urine as phosphates. Elixir Phosphori (Brit. Pharm. Codex) dose, 15 to 20 m. is the best fluid preparation.

THERAPEUTICS.

It has been used in osteomalacia, in rickets, and in cases of ununited fracture, but for rickets at least is a very inferior remedy, and it is probably of little use in medicine.

TOXICOLOGY.

Acute Poisoning. Phosphorus is often taken, or administered criminally, either as match heads or vermin poison. For the first few hours there are no effects, then the following symptoms of gastro-intestinal irritation set in:

Nausea, abdominal pain, and vomiting; the vomited matters smell of phosphorus and are luminous. There is some general depression. Diarrhoea is rare. The patient may die of collapse, but far more frequently these symptoms all pass off, and he appears quite well. But after three or four days jaundice is noticed, and this soon becomes very deep; there is now great prostration, the liver is enlarged, the abdomen distended, and he complains of intense thirst. Vomiting of altered blood and diarrhoea with bloody stools may be observed, but these two symptoms are not severe. The skin is cold, the pulse feeble and rapid. The urine is scanty, highly coloured, albuminous, bile-stained, and perhaps bloody; it contains the acetone bodies and lactic acid, and in the final stages may contain bile acids and crystals of leucin and tyrosin. There is an excessive protein metabolism as shown by the increase of sulphates, phosphates, and nitrogen in the urine. This last comes from the excess of ammonia which is produced in the protein tissues and poured into the blood to neutralize the lactic acid and the acetone acids, which appear because phosphorus prevents the complete oxidation of glycogen, fat and the non-nitrogenous results of protein breakdown. This incomplete oxidation leads to the accumulation of fat in the liver and the muscles which undergo fatty degeneration. Muscular twitchings occur, the patient becomes comatose and dies. *Post mortem*.—Two results are very striking. (1) Fatty degeneration (thus phosphorus resembles arsenic and antimony), affecting principally the liver, in which it is very marked; and if the patient lives long enough there may be a diminution in size of the organ. Fatty degeneration is also found in the muscles, kidneys, and gastro-intestinal tract. (2) Haemorrhages are seen in many places, and ecchymoses are sometimes very abundant. If they occur in the gastric and intestinal mucous membranes they may give rise to the erroneous belief that evidences of acute gastro-intestinal irritation can be found at death. The symptoms of phosphorus poisoning in many respects resemble those of acute yellow atrophy of the liver.

Treatment.—Thoroughly empty the stomach by a stomach-pump or by washing it out. Give copper sulphate as an emetic (see p. 174), three grains every few minutes till vomiting is induced, then every 15 minutes; also half a drachm of oil of turpentine (*q.v.*) every half-hour. A full dose of a saline purge may be administered. No other oils or fat should on any account be given.

Chronic Poisoning. This, which used to be seen in those who worked among phosphorus fumes, is now of great

arity. The chief symptoms are those of gastro-intestinal irritation and necrosis of the jaw. This Stockman has shown to be due to the fact that the phosphorus fumes, when the gum is broken, gain access to the bone and lower its vitality, so that it easily becomes the seat of tubercular disease. Patients who suffer from phosphorus necrosis often die from general debility.

1. Calcii Hypophosphis.—Calcium Hypophosphite. $\text{Ca}(\text{PHO})_2$.

SOURCE. Heat phosphorus with slaked lime and water. $\text{Ca}(\text{HO})_2 + \text{SP} + 6 \text{H}_2\text{O} = 3\text{Ca}(\text{PHO})_2 + 2\text{PH}_3$.

CHARACTERS. White pearly crystals, with a bitter nauseous taste. *Solubility.* 1 in 8 of cold water.

Dose, 3 to 10 gr.

2. Sodii Hypophosphis. Sodium Hypophosphite. $\text{Na}(\text{PHO})_2$.

SOURCE. Add sodium carbonate to a solution of calcium hypophosphite and evaporate. $\text{Ca}(\text{PHO})_2 + \text{Na}_2\text{CO}_3 = \text{CaCO}_3 + 2\text{Na}(\text{PHO})_2$.

CHARACTERS. A white granular salt with a bitter taste. *Solubility.* —1 in 1 of water.

Dose, 3 to 10 gr.

THERAPEUTICS OF HYPOPHOSPHITES OF CALCIUM AND SODIUM.

These drugs have been recommended for phthisis, but although in some cases they appear to have done good there is no satisfactory evidence of their value. Hypophosphite of iron is often prescribed (dose, 1 to 5 gr., slightly soluble in water). All three hypophosphites are best given dissolved in water and syrup. The *Liquor Hypophosphitum Compositum* (B. P. Codex; dose, $\frac{1}{2}$ to 2 fl. dr.) contains these three with manganese hypophosphite, and the *Syrupus Hypophosphitum Compositus* (B. P. Codex), dose $\frac{1}{2}$ to 2 fl. dr., contains those of iron, potassium, quinine, calcium, and manganese, together with $\frac{1}{16}$ gr. of strychnine in each drachm. It should be remembered that hypophosphites explode if heated. Calcium Lactophosphate is described on p. 153.

Glycerophosphates. (Not official.)

Calcii Glycerophosphas (dose, 3 to 10 gr., soluble in water) is most used. Ferri Glycerophosphas (dose, 1 to 5 gr.,

sparingly but sufficiently soluble in water) is a useful salt. Glycerophosphates have been much given to persons who from overwork or disease are run down, weary, and easily tired, and certainly in some cases they are of benefit. They are best given in an ounce of water flavoured with syrup, and taken directly after meals three daily. Many other glycerophosphates, besides the above, are in the market. An excellent preparation is the Sympus Glycerophosphatum Compositus (B. P. Codex), dose 1 to 2 fl. dr. It contains glycerophosphates of calcium, potassium, sodium, magnesium, and iron, with citric acid, caffeine, and strychnine. *Santalogen* is sodium glycerophosphate of casein. Tunnicliffe's researches appear to show that the phosphorus of glycerophosphates is absorbed and retained in the body.

GROUP IX.

Chlorine, Iodine, Bromine

These elements, which are chemically so closely allied, are all of them powerful disinfectants and irritants.

CHLORINE.

Symbol, Cl. Atomic weight, 35.45.

This gas is not official under its own name, but it is officially obtained from chlorinated lime and chlorinated soda, and acidum nitro-hydrochloricum dilutum contains free chlorine.

1. Calx Chlorinata. Chlorinated Lime, CaCl_2O , CaCl_2 . *Synonym.* Bleaching powder. It may be regarded either as a compound of calcium hypochlorite and calcium chloride, or as one of lime and chlorine.

SOURCE.—Pass chlorine gas over slaked lime. $2\text{CaH}_2\text{O}_2 + 2\text{Cl}_2 = \text{CaCl}_2\text{O} + \text{CaCl}_2 + 2\text{H}_2\text{O}$.

CHARACTERS.—A dull white powder, smelling of chlorine, which it evolves on addition of an acid or on exposure to air, for it absorbs carbonic acid gas. Contains 33 per cent. of available chlorine.

Preparation.

Liquor Calcis Chlorinatae.—1 of chlorinated lime shaken up with 10 of water. Yields 3 per cent. of chlorine.

2. Liquor Sodæ Chlorinatae. Solution of Chlorinated Soda, $\text{NaCl}\cdot\text{NaClO}$. *Synonym.* Labarraque's disinfecting fluid.

SOURCE.—Mix a solution of sodium carbonate with one of chlorinated lime.

CHARACTERS.—A colourless liquid with an odour of chlorine. It is a mixture of chloride, hypochlorite, and carbonate of sodium. Contains 2·5 per cent. available chlorine. To be preserved in a cool, dark place.

Dose, 10 to 20 m.

ACTION OF CHLORINE.

External.—Chlorine is one of the most powerful **disinfectants** and **deodorizers**. It has a very great affinity for hydrogen, and hence decomposes compounds which contain hydrogen, oxygen generally being set free. Chlorine is a very active and destructive **irritant** to the skin and mucous membranes.

Internal. It is hardly ever given internally. If it were, it would become converted in to chlorides.

THERAPEUTICS OF CHLORINE.

External.—Chlorine is largely used in the form of chlorinated lime to disinfect privies, drains, urinals, &c. It may be employed also to disinfect rooms after infectious diseases. All metals or articles, such as mirrors, likely to be bleached, should be covered up or removed; the windows and chimneys should be pasted up. The gas can be evolved from common salt, black oxide of manganese, and sulphuric acid. The door is then shut, and the cracks around it are pasted over with paper. Chlorine water is sometimes employed as a wash for foul ulcers and discharges. The preparation known as Electrozone owes its antiseptic properties to chlorine. It is sea water the alkaline chlorides of which have been converted into alkaline hypochlorites by electrolysis. Its antiseptic strength is about the same as that of **Liquor Sodæ Chlorinatæ**.

Internal. Chlorine is used internally for the mouth. A wash (strong hydrochloric acid, 5 m; potassium chlorate, 9 gr.; water, 1 fl. oz.) containing free chlorine is very useful for syringing the fauces and nose in scarlet fever. The vapour of chlorine gives rise to great irritation of the respiratory tract, and should never be inhaled.

IODUM.

Iodine. Symbol, I. Atomic weight, 126.97. (Official.)

SOURCE.—Obtained from the ashes of seaweeds and from mineral iodides and iodate.

CHARACTERS. Rhombic prisms or octahedrons, with a peculiar odour and dark colour, giving a violet vapour on heat. *Solubility*.—1 in 5000 of water; freely in alcohol (90 per cent.), ether, chloroform, a solution of potassium iodide or sodium chloride.

INCOMPATIBLES.—Metallic salts, mineral acids, alkaloids, oil of turpentine, and ammonia; with the last two explosive compounds may be formed.

IMPURITIES.—Cyanogen iodide, iron, water.

Preparations.

1. Liquor Iodi Fortis.—Iodine, 5; potassium iodide, 3; water, 5; alcohol (90 per cent.), 36. *Strength*.—11½ per cent. of iodine. This corresponds to Linimentum Iodi, B. P. 1885.

2. Tinctura Iodi.—Iodine, 1; potassium iodide, 1; water, 1; alcohol (90 per cent.), 37. *Strength*.—2½ per cent. of iodine.

Dose, 2 to 5 m.

3. Unguentum Iodi.—Iodine, 1; potassium iodide, 1; glycerin, 3; lard, 20. *Strength*.—4 per cent. of iodine.

ACTION.

External.—The actions of iodine applied externally are the same as those of chlorine, that is to say, it is powerfully **disinfectant and irritant**. The latter action is the most important. Iodine applied to the skin produces a yellow stain, which can be removed by an alkali or sodium hyposulphite. At the same time it causes a sensation of heat and burning, dilation of the vessels (rubefaction), some oedematous swelling, and some exudation of leucocytes, to which its energetic absorbent action is partly due. There often is an accumulation of fluid under the epidermis forming a vesicle. Preparations of iodine are rarely used strong enough to produce more powerful irritation than this. The external application of them

probably reflexly contracts the vessels of the subjacent organs, and this may explain their use as counter-irritants. If they are too strong, the irritation set up by them will proceed to the formation of pustules, and deep inflammation with scarring. They usually destroy the superficial cuticle, so that after the use of them the skin peels. Iodine may be absorbed from the skin, and the alkalies of the blood serum lead to the formation of sodium iodide and sodium iodate; thus



These, when they meet an acid, undergo double decomposition; thus



Thus free iodine is formed in the stomach and kidneys, and so if iodine has been applied to too large an area we get gastro-intestinal irritation and vomiting. The same may happen if it is taken by the mouth, and it may cause precisely the same symptoms of iodism as potassium iodide (p. 239). Iodine preparations are **parasiticide** to the various vegetable and animal parasites which infest the skin.

Internal.—Minute doses of the tincture occasionally stop vomiting. In the stomach iodine is converted into iodides; what is known of their action will be described presently. The vapour is very irritating to the respiratory passages. Iodine, bromine, and chlorine all cause rigor mortis and an acid reaction in the muscles of frogs.

THERAPEUTICS.

External. Iodine is rarely employed for its antiseptic properties, as chlorine is cheaper. The preparations of iodine are in constant use as irritants and counter-irritants. The ointment, tincture, and liquor are much milder than the liniment, which was official in B. P. 1885, and was too strong for many persons. Preparations of iodine are frequently used

as counter-irritants for chronic inflammation of joints, for pleurisy, chilblains, periostitis, and many other purposes. The mild preparations of iodine are applied over chronically inflamed lymphatic glands when the cause of the swelling cannot be removed. A decolorized tincture of iodine is prepared, consisting of iodine dissolved in rectified spirit, and decolorized by a strong solution of ammonia. Its strength is 1 in 40 nearly. It is a Brit. Pharm. Codex preparation, and has the advantage of not staining the skin, but it contains no iodine, for iodide and iodate of ammonium are formed. Therefore it is a much milder irritant than other iodine preparations. Any effect it may have is due to excess of ammonia. For its irritant effect the official tincture may be injected into a hydrocele or a cyst to cause adhesive inflammation, and it has been injected into joints, abscesses, and the pleural cavity after empyema; but in such cases great care must be taken that the inflammation induced is not too severe, and this treatment is now very rarely used, for the cavities being kept aseptic heal up without it. The tincture, or, if it can be borne, the liquor, is often used as an antiparasitic for ringworm. Coster's paste, which is sometimes employed for this disease, consists of 120 grains of iodine dissolved in 1 fl. oz. of light oil of wood tar. Morton's fluid, which is used as an injection for spina bifida, consists of iodine 10 grains, potassium iodide 30 grains, glycerin 1 fl. oz.

Internal.—The vapour of iodine is occasionally inhaled for diseases of the lungs, but it probably does more harm than good. One or two minims of the tincture in half an ounce of water are often given, quite empirically, every half-hour in cases of vomiting, and sometimes with distinct benefit. Preparations of seaweed have among uneducated persons a reputation for reducing obesity. If they have any such action it is probably because the iodine, chlorine, and bromine in them set up such dyspepsia that the

proper digestion and absorption of food are prevented. Extracts of *Fucus vesiculosus*, the bladderwrack or seawrack, have been used, and are the basis of some quack preparations.

Iodipin.—(Not official.) *Synonym*—Jodipin, Iodinol.

Dose of 25 per cent. preparation, **30 to 60 m.** by mouth, subcutaneously or intramuscularly.

A compound of iodine and sesame oil prepared by repeatedly iodizing the oil by iodine monochloride. It is a thick yellow oil similar to bromipin (see p. 245), and the strength usually sold contains 25 per cent. of iodine. It is used for tertiary syphilis as is potassium iodide (*q.v.*). The above mentioned doses may often be greatly exceeded with advantage. Iodipin may be given by injection, or if by the mouth, as an emulsion. A 10 per cent. compound is prepared and may be used in corresponding doses.

1. Potassii Iodidum. Potassium Iodide. KI .

Source.—Dissolve iodine in liquor potassie. $6I + 6KHO = 5KI + KIO_3 + 3H_2O$. Evaporate and heat the residue with charcoal; the oxygen of the iodate is carried off as carbonic oxide. Dissolve in boiling water, filter, wash, and crystallize. $KIO_3 + 3C = KI + 3CO$.

CHARACTERS. Whitish opaque cubical crystals having a saline taste, without odour if pure. **Solubility.**—4 in 3 of water; 1 in 12 of alcohol (90 per cent.); 1 in 3 of glycerin.

INCOMPATIBLES.—Bismuth subnitrate, sweet spirits of nitre, liquorice, preparations containing starch.

IMPURETIES. Iodates.

Dose, 5 to 20 gr. or more.

Preparations.

1. Linimentum Potassii Iodidi cum Sapone.

Potassium iodide, 12; curd soap, 16; glycerin, 8; oil of lemon, 1; water, 80.

2. Unguentum Potassii Iodidi. Potassium

iodide, 50; potassium carbonate, 3; water, 47; benzoated lard, 400.

Potassium iodide is contained as a solvent in all pharmacopœial preparations of iodine.

2. Sodii Iodidum.—Sodium Iodide. NaI .

Source. Made from a solution of soda, as potassium iodide is made from a solution of potash.

CHARACTERS. A white, deliquescent, crystalline powder, with a saline taste. Freely soluble in water, glycerin, and alcohol.

Dose, 5 to 20 gr.

ACTION OF POTASSIUM AND SODIUM IODIDES.

External. They have none. They do not irritate, and they are absorbed by the unbroken skin in very small quantities.

Internal. There is much uncertainty about the action of iodides, and several views have been put forward. The best known is that of Binz, who teaches that they are decomposed in the body by small quantities of nascent oxygen set free by living protoplasm acting upon an iodide which is in an acidulated solution, the acid being provided by carbonic acid. Thus



and then



We have just shown that iodine acts as an absorbent and that it leads to leucocytosis; and that iodides act in virtue of the iodine set free from them in the body is supported by the fact that the older physicians produced the same therapeutic effects by giving iodine internally as we procure with iodides, and that iodine taken internally will produce symptoms of iodism. Potassium iodide replaced iodine in therapeutics because it does not cause the same gastro-intestinal irritation. The beneficial effects of iodides are so very marked in syphilis that in this disease they must have some specific action in addition to their general powers as absorbents. They also have a specific effect on the mammary gland, for they lessen the secretion of milk. In long-continued large doses they cause atrophy of the testicles and breasts. Some believe that they aid the elimination of lead, and this may be due to the fact that albuminate of lead is soluble in solutions of potassium iodide. Occasionally a well-marked feeling of general depression is produced by large doses of potassium iodide. It has recently been conclusively shown that neither iodide of potas-

sium nor that of sodium produces any effect on the heart or blood-vessels. Iodides are rapidly eliminated by the urine, saliva, sweat, and mucous membranes. When taken in excess they produce a number of symptoms known as iodism.

Iodism.—The patient complains of heavy pain over the frontal sinus, running at the nose, sore throat, increased secretion of saliva, and an eruption on the skin, consisting of patches of erythema. In rare cases there is albuminuria. The inflammation about the fauces may spread to the gums or down the trachea, setting up laryngitis, tracheitis, and bronchitis. These symptoms have been ascribed to an excessive formation of free iodine formed as mentioned above—and this is supported by the fact that they can be checked by large doses of sodium bicarbonate, which keep the fluids of the body alkaline and thus prevent the formation of free iodine—and also to the decomposition of iodides by nitrites, for minute traces of these are believed to exist in saliva, nasal and bronchial mucus, and sweat, and they will liberate free iodine from potassium iodide. It is stated in support of this view that sulphanilic acid (dose, 60 to 90 gr.), which forms a very stable compound with nitrous acid, will prevent iodism. The susceptibility of people to poisoning by iodides varies very much. Iodates, a rare impurity of iodides, may perhaps by their tendency to liberate iodine cause iodism.

THERAPEUTICS OF POTASSIUM AND SODIUM IODIDES.

The most important use of iodides is for syphilis: their value for the primary and secondary stages is comparatively slight, but they are invaluable for the tertiary stages, as they often cause the rapid absorption of nodes, gummata, and other syphilitic deposits. The pharmacopœial dose may often be exceeded: patients sometimes take two, three, or even four drachms a day. Large doses are especially used in syphilis of the nervous system. Potassium

iodide is often prescribed with perchloride of mercury. The biniodide is formed and dissolved in the excess of potassium iodide.

Chronic rheumatoid arthritis is often treated, and sometimes with benefit, by small doses of potassium iodide continued for a long while, but probably iodide of iron is more useful. Gonorrhoeal rheumatism is often treated with potassium iodide. It frequently aids the absorption of chronic inflammatory products, even when they are not syphilitic. Therefore certain forms of joint disease, of pleurisy, and of pulmonary consolidation sometimes yield to treatment by this drug. It has been applied successfully by means of cataphoresis to parts affected with chronic rheumatism. It often benefits some forms of goitre and increases the amount of iodine in the thyroid. The attempt has been made to cure aneurysms which are inaccessible to surgery by giving potassium iodide for long periods, for it is thought that it aids the coagulation of blood in them; but as at the same time the patient is always kept in bed, it is difficult to say how much of any improvement that may happen to take place is due to the iodide. Frequently it relieves the pain of aneurysm or angina pectoris. It is a valuable expectorant, and sometimes cures cases of bronchitis when other remedies have failed. Lately, chronic Bright's disease has been largely treated with this drug. Lardaceous disease of the kidneys and other organs is benefited by it. It is recommended for asthma, and in some cases does much good, either given by the mouth, or as one of the numerous proprietary liquid inhalations sold for asthma, many of which contain iodide of potassium, acetone and glycerin. It is occasionally given to decrease the secretion of milk. Potassium iodide perhaps causes a slightly increased excretion of both lead and mercury if they exist in the body, and it is therefore occasionally given in cases of chronic poisoning by these metals.

Sodium iodide is not so much used, but it

probably produces the same effects as the potassium salt. Ammonium iodide (dose, 3 to 20 gr.) may be given if the potassium salt causes depression, and it is said that rubidium iodide (dose, 5 to 20 gr.) is sometimes better tolerated than potassium iodide.

BROMINE.

SOURCE.—Br. At. wt. 79.96. (Not official.)

SOURCE.—Obtained from sea water and saline springs.

CHARACTERS.—A darkish brown volatile liquid with a strong and disagreeable odour. *Solubility.*—1 in 30 of water.

COMPOSITION.—Iodine and ...

ACTION.

Like that of chlorine and iodine. It is rarely used in medicine.

1. Potassii Bromidum. — Potassium Bromide.

SOURCE.—Made from bromine, liquor potassie, and charcoal in the same way as potassium iodide.

CHARACTERS.—Colourless cubic crystals, readily soluble in water, with a saline taste.

INCOMPATIBLES.—Acids, acid salts, metallic salts, and lime.

Dose, 5 to 30 gr.

2. Sodii Bromidum. — Sodium Bromide. NaBr.

SOURCE.—Made with caustic soda as potassium bromide is from caustic potash.

CHARACTERS.—A granular white powder in small cubic crystals with a saline taste. *Solubility.*—1 in about 2 of water.

INCOMPATIBLES.—Those of potassium bromide.

Dose, 5 to 30 gr.

3. Ammonii Bromidum. — Ammonium Bromide NH₄Br

SOURCE.—Made by neutralizing hydrobromic acid with ammonia and crystallizing.

CHARACTERS.—Small colourless cubic crystals with a faint saline taste. *Solubility.*—1 in 12 of water.

INCOMPATIBLES.—Acids, acid salts, trypanol, and spirit of ether.

IMPURETIES.—Iodides, free bromine.

Dose, 5 to 30 gr.

ACTION OF BROMIDES

External.—They have none.

Internal.—Alimentary canal. — Solutions of any

of these three bromides, free iodine painted on the throat, diminish its sensibility. Medicinal doses have no other effect on the alimentary canal. All bromides are quickly converted into **sodium bromide** in the stomach and intestines, and they are readily absorbed.

Nervous system.—Bromides are powerful **depressants to the nervous system**. Thus, if an animal be given large doses of any of them, irritation of the cortical motor areas, which before easily excited movements, fails to do so. Experiments also show that the reflex excitability of the cord is considerably diminished, and that the activity of the sensory mechanism is also impaired, for large doses of bromides given to frogs cause cutaneous anæsthesia. In man at least, not only the cortical motor area but the brain as a whole is depressed; therefore these drugs are powerful **hypnotics**. It is probable that in addition to the brain and spinal cord the peripheral nerves are depressed, so that bromides are well worthy to be called powerful nervous depressants. The activity of the muscles is also diminished, not only by the action of the drugs on the nervous system, but by their direct action on them. It has been definitely shown by H. K. Wright that excessive doses of bromide of potassium cause in both man and rabbits degeneration of the cortical cells, and that this degeneration begins at the periphery of the dendrons.

Circulation.—Many sufferers from epilepsy take large doses of bromides daily for years without any effect on the heart or circulation, hence the common statement that bromides in such doses are depressant is incorrect. Toxic doses produce a fall of temperature; this is probably in some way secondary to the depression of the circulation.

Respiration is slightly depressed by bromides.

Metabolism.—The amount of carbonic acid exhaled is greatly decreased by taking large doses of bromides. The amount of urine is increased;

the colouring matters, the sulphur, and the nitrogen in it are increased; but the phosphorus is decreased.

Sexual organs. If bromides are taken for a long time, a failure of sexual vigour is produced, and ultimately there is a great lessening of the sexual appetite. Bromides are therefore anaphrodisiacs.

Elimination.—Bromides are rapidly eliminated by the kidneys, skin, saliva, intestinal mucous membrane, bronchial mucous membrane, and milk.

Bromism. If bromides are taken for too long a period, a series of symptoms of poisoning, to which the above name has been given, may appear. The earliest of them is a rash, consisting of red papules, chiefly on the face and back, exactly resembling some forms of acne. This is probably the result of the excretion of the bromide by the skin. The next symptoms are a general lowering of the cutaneous sensibility and also of that of the pharynx, then there is diminution of sexual power, the patient becomes less spirited, easily fatigued, unfit for work, and his intellect is dulled, and in bad cases this passes on to dementia, melancholia, and other mental disorders. There may be a little conjunctivitis, and some increased secretion from the bronchi.

Bromides owe their action to the bromine in them. In man at least, the higher functions of the brain are depressed before the lower, and these again before the spinal. Thus the depression takes place in regular order from above downwards, in the reverse order of the physiological development of the functions, and this is commonly the case with many drugs. (See Law of Dissolution, p. 101.)

Those who take bromides habitually find themselves unable to sleep without them, and their intellect becomes obscured. These bad effects are intensified by the fact that gradually larger doses are required to produce sleep, and thus the unfortunate

sufferer becomes more and more a slave to the drug.

THERAPEUTICS OF BROMIDES.

External.—None.

Internal.—*Alimentary canal.* Formerly the back of the throat was painted with a solution of a bromide before a laryngeal examination, but now cocaine is employed for this purpose.

Nervous system.—Because of their depressing effect bromides are largely used for many nervous diseases. They are the most valuable drugs we have for the treatment of epilepsy, acting no doubt by diminishing the excitability of the cerebral cortex. They rarely cure, but often greatly diminish the number of fits. It is impossible to say of any given case whether bromides will do good, therefore they must be tried in all; petit mal is more difficult to influence than grand mal. The next most common use of bromides is as hypnotics. They are most useful when there is no organic cause to explain the insomnia, and therefore they are not employed when pain keeps the patient awake, but are given with great benefit in the insomnia of overwork, worry, or that connected with the climacteric period. The sleep induced is quiet and refreshing, without dreams, and therefore these drugs are often of great value in nightmare, and in the night screaming of children, which may be regarded as allied to nightmare. Also because of their depressant effect on the nervous system they are given in migraine, and often they are the only drugs which do any good for the intense headache of this disease. Large doses, often a drachm at a time, are given in delirium tremens, especially in combination with chloral, and sometimes the patient seems quieter for this treatment. Not only the insomnia, but the other nervous symptoms that are common at the climacteric period

may be relieved by bromides. For their depressing power on centres below the cortex they are used, and with good results, in laryngismus stridulus, and have been given in whooping-cough, but the benefit is not marked. Some cases of tetanus have recovered after enormous doses of bromides. Here their value is, no doubt, due to their power of diminishing the reflex function of the spinal cord. Bromides have been given as antidotes for strychnine poisoning. Sometimes they succeed in cases of hysteria and neuralgia, and some varieties of functional disease of the heart are much improved by them.

Sexual functions. Because of its depressant effect bromide of potassium is given for spermatorrhœa and nymphomania.

The bromides of potassium, sodium, and ammonium probably have, in the main, the same action, but potassium bromide is usually preferred, and the other two are only given when the potassium salt produces considerable cardiac depression. Rubidium ammonium bromide (dose, 30 gr.) appears to be the best bromide for some cases of epilepsy. Monobromated camphor (one hydrogen atom of camphor is replaced by bromine) is often efficacious (dose, 2 to 10 gr. in a pill).

The *Liquor Bromochloral Compositus* (B. P. Codex), dose, $\frac{1}{2}$ to 2 fl. dr. (one fl. dr. contains 10 gr. each of chloral hydrate and bromide of potassium, and, in addition, Indian hemp, *Succus hyoseyami*, orange peel, syrup, and liquorice) is an imitation of the mixture called *Bromidia*.

Bromipin. --(Not official.)

This combination of bromine with sesame oil contains 10 per cent. of bromine. The usual dose is 1 to 4 drachms, and it may be given in an emulsion or in capsules. It is very popular with some prescribers and is used for the same conditions as other bromides, *e.g.*, epilepsy, sleeplessness, and many functional nervous disorders. A 33 per cent. strength is prepared for rectal injection.

Bromural (not official) is monobrom-isovalerianyl urea. It is an excellent hypnotic with no depressing after effects. The dose is 7 to 10 grains. Usually it is sold in tablets.

4. Acidum Hydrobromicum Dilutum.
Diluted Hydrobromic Acid. HBr .

SOURCE. It is prepared by the distillation of potassium bromide with concentrated phosphoric acid.

CHARACTERS.—A colourless acid liquid. Sp. gr. 1.077. Contains 10 per cent. of hydrogen bromide.

Dose, 15 to 60 m.

ACTION AND THERAPEUTICS.

The action of this acid appears to be the same as that of the bromides of the alkaline metals, but it is very rarely used for the same purposes. It has been employed with occasional success to relieve noises in the ears, and it is said to prevent the symptoms of poisoning by quinine.

GROUP X.

Containing **Sulphur** only.

SULPHUR.

Symbol, S . Atomic weight, 32.06.

Sulphur is official in two forms.

1. Sulphur Sublimatum. Sublimed Sulphur.
Synonym.—Flowers of sulphur.

SOURCE.—From crude sulphur or sulphides by sublimation.

CHARACTERS.—A greenish-yellow gritty powder.

IMPURITIES.—Sulphurous and sulphuric acids, sulphide of arsenic, earthy matters.

Dose, 20 to 60 gr.

Preparations.

1. Confectio Sulphuris. Sublimed sulphur, 4; acid potassium tartrate, 1; tragacanth, $\frac{1}{2}$; syrup, 2; tincture of orange, $\frac{1}{2}$; glycerin, $1\frac{1}{2}$.

Dose, 60 to 120 gr.

2. Unguentum Sulphuris. Sublimed sulphur, 1; benzoated lard, 9.

Sublimed sulphur is contained in Pulvis Glycyrrhizæ Compositus.

2. Sulphur Precipitatum.—Precipitated Sulphur. *Synonym.*—Milk of sulphur.

Source. Sulphur is precipitated by hydrochloric acid from a solution of calcium sulphides and thiosulphate, which has been made by boiling together sulphur and lime in water.

CHARACTERS.—A greyish-yellow soft powder free from lumps.

IMPURITY.—Calcium sulphate, which makes it gritty.

Dose, 20 to 60 gr.

Preparation.

Trochiscus Sulphuris. Precipitated sulphur, 5; potassium acid tartrate, 1; sugar, 8; gum acacia, 1; tincture of orange, 1; mucilage of gum acacia, 1. To form 1 lozenge, containing 5 gr. of sulphur and 1 gr. of potassium acid tartrate.

ACTION OF SULPHUR.

External.—Sulphur itself has no action on the skin, but some of it is converted into sulphuretted hydrogen, and that is a mild vascular stimulant causing slight dilatation of the vessels and in some persons eczema. It kills the *Sarcoptes hominis*, and is therefore a **parasiticide**. When applied to raw surfaces it is converted into sulphurous and sulphuric acids, and is therefore a severe irritant.

Internal. Alimentary canal.—It has no effect on the stomach, and most that is taken is passed out in the faeces unaltered. A certain amount is, in the intestine, converted into sulphuretted hydrogen and other sulphides. These cause a **mild laxative** effect, increasing the secretion of intestinal juice, and slightly stimulating the muscular coat, producing soft semi-liquid stools, sometimes accompanied by flatus of sulphuretted hydrogen, which, if in sufficient quantity, makes sulphur an undesirable laxative.

Remote effects. Sulphur is absorbed as sulphides and sulphuretted hydrogen, which is a powerful poison, decomposing the blood and thus producing symptoms of asphyxia. It also paralyses the whole nervous and muscular systems, but sulphur is never given to man in sufficient doses to produce any

remote effects. Patients taking sulphur get rid of some minute portion of it as sulphuretted hydrogen through the kidneys, the milk, the lungs, and skin, and some as sulphates in the urine. The breath occasionally smells of it, and silver ornaments next to the skin may be discoloured.

THERAPEUTICS OF SULPHUR.

External — Sulphur is commonly used to kill the *Sarcoptes hominis*, and thus to cure scabies. The skin should be well scrubbed with soft soap and hot water to lay open the burrows. Then it is thoroughly rubbed with the ointment. The patient should do this before bedtime, sleep in flannel, and wash the ointment off the next morning. This proceeding repeated three or four times will generally cure the disease. Sulphur ointment was formerly applied as a stimulant to ulcers, and was rubbed in for chronic rheumatism, but these modes of treatment are now rarely used, and their value is doubtful. Mild sulphur preparations are applied for acne.

Internal. *Alimentary canal.* — Sulphur is a very good laxative, especially for children; as it produces a soft motion but no pain, it is useful for cases of piles or fissure of the anus. Sublimed sulphur is contained in compound liquorice powder, which is an excellent and popular laxative. One or two sulphur lozenges taken at bedtime often secure an easy evacuation of the bowels the next morning in persons liable to slight constipation. These lozenges have been recommended for constipation associated with hepatic disease, and many mineral waters containing sulphides of sodium and hydrogen have considerable reputation for hepatic disorders. Of these, Harrogate water has been shown to increase the amount of bile and the solids in it.

Remote effects. — Sulphur has been administered internally for all sorts of skin diseases, generally

without any good result, but occasionally chronic eczema associated with much itching appears to be benefited by it, so that the sulphur lozenge is a suitable laxative for these cases. Sulphur has been also given for bronchitis, for chronic rheumatism, and rheumatic myalgia, but it is very doubtful whether in these diseases there is much relief from this treatment.

Potassa Sulphurata. Sulphurated Potash. *Synonym.*—Liver of sulphur. A mixture of salts of which the chief are potassium sulphide.

Source.—Heat in a crucible a mixture of sulphur and potassium carbonate.

Characters.—Dull green solid masses, the freshly broken surfaces of which are liver-coloured.

Calx Sulphurata. Sulphurated Lime. A mixture containing not less than 50 per cent. of calcium sulphide with calcium sulphate and carbon.

Source.—Heat calcium sulphate with wood charcoal.

Characters.—A greyish-white powder, smelling of sulphuretted hydrogen.

Dose, $\frac{1}{4}$ to 1 gr.

Sulphuris Iodidum. Sulphur Iodide. *SI.*

Source.—Fuse together sublimed sulphur and iodine.

Characters. Greyish-black crystalline pieces, smelling strongly of iodine. *Solubility.* 1 in 60 of glycerin; insoluble in water.

Preparation.

Unguentum Sulphuris Iodidi. Sulphur iodide, 1; glycerin, 1; benzoated lard, 23.

ACTION OF SULPHURATED POTASH, SULPHURATED LIME, AND SULPHUR IODIDE.

External. These preparations are irritant, and are powerful **parasitocides** for the *Sarcoptes hominis*.

Internal. Nothing is known of their internal action.

THERAPEUTICS OF SULPHURATED POTASH, SULPHURATED LIME, AND SULPHUR IODIDE.

External. An ointment of either will cure scabies, and a sulphurated potash ointment (1 in 80) is often used for this purpose in the same way as sulphur ointment. Both drugs have been used for many chronic skin diseases, but now they are not often employed. They appear, however, occasionally to do good to cases of *acne indurata*. Baths containing sulphides in solution are considered by many to be very useful for chronic rheumatic arthritis and rheumatic myalgia. The famous natural sulphide baths are those of Aix-la-Chapelle, Aix-les-Bains, and there are many others, which will be found described in works on general therapeutics; but as in all of them the water is warm, and warm water is beneficial for chronic rheumatism, and the sulphides exist in infinitesimally small quantities, it is very probable that the benefit is due more to the heat of the water than to its constituents. An artificial bath (sulphurated potash 1 oz., water 30 gals.) is used for chronic psoriasis.

Internal.—Sulphides have been given for chronic rheumatism, various skin diseases, and phthisis, but the evidence of the good done is scanty. *Calx Sulphurata* has been especially recommended for boils, carbuncles, and tubercular glands in the neck. Half a grain or a grain should be given every four hours. It is best made into a pill with acacia, milk sugar, and syrup.

GROUP XI.

ACIDS.

Those acids which will be considered here may be divided into two classes.

Class I.—Those which are strongly acid, the more power-

fully acid being active caustics. They are **Sulphuric, Nitric, Hydrochloric, Nitro-hydrochloric, Phosphoric, Acetic, Tartaric, Citric, Lactic,** and **Formic** acids. **Hydrobromic** acid might be placed here, but it has already been considered (see p. 246).

Class II. Those which, although feebly acid, are powerfully antiseptic. They are **Boric** and **Sulphurous** acids.

Dilute hydrocyanic, carbolic, benzoic, gallic, tannic, oleic, and salicylic acids are not used as acids, and will be considered under other headings.

Arsenious acid and chromic acid are not true acids; they are anhydrides, and have already been considered (see pp. 214 and 227). Oxalic acid is in the Appendix to the Pharmacopœia as a test.

CLASS I.

1. Acidum Sulphuricum. — Sulphuric Acid, H_2SO_4 .

SOURCE. Produced by the combustion of sulphur or pyrites, and the oxidation and hydration of the resulting sulphurous anhydride by means of nitrous and aqueous vapours.

CHARACTERS. A colourless liquid, of an oily consistency, intensely acid and corrosive. Sp. gr. 1.843. Contains 98 per cent. of hydrogen sulphate.

IMPURITIES.—Oxides of nitrogen, lead, arsenic.

INCOMPATIBLES.—Alkalies, their carbonates, lead, and calcium salts.

Preparations.

1. Acidum Sulphuricum Dilutum. Sulphuric acid diluted with distilled water until it has a sp. gr. 1.094, and contains 13.65 per cent. of hydrogen sulphate.

Dose, 5 to 20 m.

It is contained in Infusum Rosæ Acidum.

2. Acidum Sulphuricum Aromaticum.

Synonym. Elixir of vitriol. Sulphuric acid, 3; alcohol (90 per cent.), $29\frac{1}{2}$; spirit of cinnamon, $\frac{1}{2}$; tincture of ginger, 10. Sp. gr. 0.922 to 0.926. It contains much ethyl sulphuric (sulphovinic) acid.

Dose, 5 to 20 m.

It is contained in Infusum Cinchonæ Acidum.

2. Acidum Nitricum.—Nitric Acid. HNO_3 .

SOURCE.—Made from potassium nitrate or sodium nitrate by distilling with sulphuric acid

CHARACTERS. A colourless, fuming, very acid liquid. Sp. gr. 1.42. Contains 70 per cent. hydrogen nitrate.

IMPURETIES. Sulphuric acid, nitre, and lower oxides of nitrogen, giving ruddy fumes.

INCOMPATIBLES. Alcohol, alkalies, carbonates, oxides, iron sulphate, lead acetate.

Preparations.

1. Acidum Nitricum Dilutum. Nitric acid diluted with distilled water until it has a sp. gr. 1.101, and contains 17.44 per cent. of hydrogen nitrate.

Dose, 5 to 20 m.

2. Acidum Nitro-hydrochloricum Dilutum. Nitric acid, 3; hydrochloric acid, 4; distilled water, 25. Make fourteen days before use. Contains free chlorine, hydrochloric, nitrous, and nitric acids dissolved in water. The fumes given off consist of nitrosyl chloride. Sp. gr. 1.07.

Dose, 5 to 20 m.

3. Acidum Hydrochloricum. - Hydrochloric Acid. HCl .

SOURCE. The fumes produced by the action of sulphuric acid on sodium chloride are dissolved in water.

CHARACTERS.—A colourless, very acid, fuming liquid. Sp. gr. 1.16. Contains 31.79 per cent. of hydrogen chloride.

INCOMPATIBLES.—Lead and silver salts, alkalies and their carbonates.

Preparations.

1. Acidum Hydrochloricum Dilutum.—Hydrochloric acid diluted with distilled water until it has a sp. gr. 1.052, and contains 10.58 per cent. of hydrogen chloride.

Dose, 5 to 20 m.

2. Acidum Nitro-hydrochloricum Dilutum, see Nitric Acid.

4. Acidum Phosphoricum Concentratum. Concentrated Phosphoric Acid. H_3PO_4 .

SOURCE. Treat with nitric acid and water the residue left after burning phosphorus in the air.

CHARACTERS.—A colourless syrupy liquid, of a sour taste. Sp. gr. 1.5. Contains 66.3 per cent. of hydrogen orthophosphate.

INCOMPATIBLES.—Calcium preparations, sodium carbonate.

Preparation.

Acidum Phosphoricum Dilutum. Phosphoric acid, diluted with distilled water until it has a sp. gr. 1.08, and contains 13.8 per cent. of hydrogen orthophosphate.

Dose, 5 to 20 m.

5. Acidum Aceticum. Acetic Acid. CH_3COOH .

SOURCE.—Obtained from wood by destructive distillation and purification, or from ethylic alcohol by oxidation.

CHARACTERS.—A colourless liquid. Sp. gr. 1.044. Contains 33 per cent. of hydrogen acetate.

IMPURITIES.—Lead and copper, sulphuric, hydrochloric, and sulphurous acids.

Preparations.

1. Acidum Aceticum Dilutum. Acetic acid diluted with distilled water until it has a sp. gr. 1.006, and contains 4.27 per cent. of hydrogen acetate.

Dose, $\frac{1}{2}$ to 2 fl. dr.

2. Oxymel.—Acetic acid, 1; water, 1; clarified honey, 8.

Dose, 1 to 2 fl. dr.

6. Acidum Aceticum Glaciale. Glacial Acetic Acid. CH_3COOH .

SOURCE.—Distil dry sodium acetate with strong sulphuric acid. $\text{NaC}_2\text{H}_3\text{O}_2 + \text{H}_2\text{SO}_4 = \text{CH}_3\text{COOH} + \text{NaHSO}_4$.

CHARACTERS.—A colourless very acid liquid, crystallizing below 60° F. Sp. gr. 1.058. Contains 99 per cent. of hydrogen acetate.

7. Acidum Citricum. Citric Acid. Hydrogen Citrate. $\text{C}_6\text{H}_7\text{OH}(\text{COOH})_3\text{H}_2\text{O}$.

SOURCE.—Obtained from the juice of the fruits of various species of Citrus.

CHARACTERS.—Large colourless trimetric prisms, very soluble in water. 35 gr. to 1 fl. oz. of water make a solution the same average strength as lemon juice, and neutralize 50 gr. of potassium bicarbonate, 42 gr. of sodium bicarbonate, or 26 gr. of ammonium carbonate. Citric acid, like tartaric acid, is often used to produce an effervescing mixture with one of the above carbonates, the two solutions being mixed immediately before taking. The carbonic acid gas which causes the effervescence is formed thus:— $3\text{KHCO}_3 + \text{H}_2\text{C}_6\text{H}_7\text{O}_7 = \text{K}_3\text{C}_6\text{H}_7\text{O}_7 + 3\text{CO}_2 + 3\text{H}_2\text{O}$.

INCOMPATIBLES.—Potassium tartrate, alkaline carbonates, acetates.

IMPURITIES. Copper, lead, sulphuric and tartaric acids, mineral matters.

Tartaric acid is contained in Succus Limonis, Syrupus Limonis.

Dose, 5 to 20 gr.

8. Acidum Tartaricum.—Tartaric Acid, or dextro-tartaric acid, or tartaric acid, $C_4H_4O_6$. It may be regarded as dioxysuccinic acid or dihydroxysuccinic acid.



SOURCE.—Prepared from potassium acid tartrate.

CHARACTERS. Colourless opaque monoclinic prisms, longer than those of citric acid. Very soluble in water. **35 gr. neutralize 46 gr. of potassium bicarbonate, 38 gr. of sodium bicarbonate, or 24 gr. of ammonium carbonate.**

INCOMPATIBLES. Salts of potassium, calcium, mercury, lead, vegetable astringents.

IMPURITIES. Lead, oxalic acid, lime, and potassium tartrate.

Tartaric acid is contained in Pilula Quininae Sulphatis.

Dose, 5 to 20 gr.

9. Acidum Lacticum. Lactic acid, Hydrogen Lactate. $CH_3.CH(OH).COOH$.

SOURCE.—It may be made by the action of a special ferment on lactose.

CHARACTERS. A colourless syrupy liquid. Sp. gr. 1.21. Contains 75 per cent. of hydrogen lactate. Mixes well with water, alcohol, and ether.

IMPURITIES.—Mineral acids, sugar, lead, and iron.

Preparation.

Syrupus Calcii Lactophosphatis (see p. 153).

ACTION OF SULPHURIC, NITRIC, HYDROCHLORIC, PHOSPHORIC, ACETIC, CITRIC, TARTARIC, LACTIC AND FORMIC ACIDS.

External.—All these acids are powerful irritants when applied externally. The feeblest is citric. Its concentrated solution has no action on the sound skin, but is irritant to mucous membranes and abraded surfaces. Tartaric is stronger than citric acid; it will act upon the unabraded skin, and

applied to a sore it produces pain, a sensation of burning, and considerable vascular dilatation. The remaining acids are very powerful irritants, therefore even weak dilute solutions of them may produce considerable redness and perhaps vesication, and when the solution is strong they are very energetic **caustics**; sulphuric and phosphoric acids, having a powerful affinity for water, are especially active. Sulphuric acid leaves the carbon untouched, therefore it blackens; nitric stains the skin a deep yellow owing to the formation of nitro-derivatives of tyrosine; it does not redissolve the albumen it precipitates, and it is consequently limited in its area of action; nitro hydrochloric is very powerful; hydrochloric is the least active of the mineral acids; glacial acetic acid is useful when a limited action is required. All the stronger acids unite with and **coagulate albumen**; hence weak solutions, not strong enough to form a slough, which by its separation may cause bleeding, will, by coagulating the blood and so plugging the vessels, and by coagulating the albumen in the tissues and so constricting the vessels, act as **astringents** and **hæmostatics**. Dilute solutions of acids are cooling to the flushed skin of fever, therefore they are called **refrigerants**. Acids are general protoplasmic poisons, hence they kill many micro-organisms, are antiseptic, and locally applied to the heart depress it.

Internal. Mouth. All acids have a peculiar taste, and give rise to a feeling of roughness about the teeth. With regard to the saliva they **increase the amount secreted**, consequently by keeping the mouth moist they allay thirst.

Stomach. - Nitric acid interferes with digestion of proteins, as it combines with them. When the amount of acid secreted by the gastric mucous membrane is deficient, acids taken after a meal, when all that the stomach can secrete has been secreted, aid digestion, hydrochloric being the best.

Pancreas. — Acids experimentally placed in, or passed from the stomach into, the duodenum convert the prosecretin existing in the duodenal mucous membrane into secretin, and, this being absorbed into the blood, excites the pancreatic flow.

Intestine. Acids quickly become converted into neutral salts, and are probably absorbed as such. Some, especially sulphuric (diluted), are said to preserve in the intestine their astringent action. They have been said to increase the amount of bile poured into the intestine, especially in the case of nitric acid and nitro-hydrochloric acid. The presence of acids in the duodenum leads to reflex closure of the pylorus; hence when sufficient of the gastric contents have passed into the duodenum, the pylorus closes, and relaxes again as the duodenal contents are neutralized and passed on. Lactic acid is believed to be an excellent intestinal disinfectant, especially of the large bowel.

Remote effects. Acids increase the acidity of the blood to only a slight extent. The mineral acids are neutralised by combining with the bases of the blood and tissues, thus displacing carbonic acid, so that the blood contains less carbonic acid. In man and the carnivora these acids are also neutralised by ammonia. They are excreted in the urine, neutralised partly by bases partly by ammonia, so that the ammonia nitrogen ratio rises, but the acidity of the urine is only slightly increased. As high alkalinity of plasma and tissues favours metabolism, acids slightly diminish it. Phosphoric acid is believed to increase the amount of phosphates in the red blood-corpuscles. The administration of hydrochloric acid will increase the number of red corpuscles in chlorosis, but it does not alter the amount of haemoglobin. Nitric acid is stated to be excreted to a small extent as ammonia, and hence slightly to increase the alkalinity of the urine. Acetic, citric, lactic, and tartaric acids are mainly oxidised

acid, but to carbonic acid. This has already been mentioned (127). Again, it is important to note that the action of acids on and produce of compounds containing carbon is very different from the acidity of the acid. In many of the results, very difficult to explain, owing to the neutralisation of the acid by ammonia.

PHYSIOLOGICAL EFFECTS OF SULPHURIC, NITRIC, HYDROCHLORIC, PHOSPHORIC ACIDS, CITRIC, TARTRIC, AND LACTIC ACIDS.

External. Nitric acid is more often used as a caustic than the others, for, owing to their great affinity for water, it is difficult to limit the action of sulphuric and phosphoric acids; and the remaining acids are not so powerful as nitric acid. It is employed to destroy warts, or syphilis, or unhealthy eruptions, or to remove warts. Glacial acetic acid is used for warts and warts. If this is painful it may be diluted. Very diluted solutions are rarely employed for their irritant effects; but some bathing establishment acid baths are used, but it is not proved that they do any good. A very well diluted acid, especially sulphuric, may be used to check slight bleeding, as that of leech bites, or warts. Vinegar can always be obtained; even it should be diluted. In fever the skin is often bathed with vinegar as a refrigerant, and very dilute sulphuric acid is used as a local astringent in the treatment of phlebotomy.

Internal.—Mouth. As acids damage the teeth, they should be taken through a glass tube. Lemon juice or citric acid itself is often used to stimulate the secretion of saliva, and hence allay the thirst of febrile patients. Lemonade is a favourite drink for this purpose. Lactic acid has been strongly recommended to dissolve off the membrane in diphtheria, but there is no evidence that this treatment benefits the patient. Equal parts of lactic acid and water

may be applied with a mop, or a spray of a strength of 1 fl. dr. to 1 fl. oz. of water may be employed. Very dilute nitric acid has been used for the same purpose. Lactic acid may be applied with a brush in tuberculosis of the larynx, and in some cases with good results. It is usual to begin with lactic acid 50 per cent., water 25 per cent., and glycerin 25 per cent. The strength of the solution is increased till at last lactic acid alone is used. Other accessible tuberculous ulcers—as those of the tongue and skin—may be treated in the same way.

Stomach and Intestines.—Hydrochloric and to a less extent nitro-hydrochloric acids are of the greatest value to that variety of dyspepsia in which the acidity of the gastric juice is deficient. They should, as already explained, be given some little while after a meal. A very usual stomacheic mixture consists of dilute nitro hydrochloric acid combined with tincture of *nux vomica* and some other stomacheic, as compound tincture of gentian. Lactic acid has been used for the same purpose. Acids will often alleviate that form of indigestion in which the patient complains of acid eructations and heartburn. For this purpose they should be given during a meal or before it. They then check the excessive secretion of acid and restrain fermentation. An acid mixture sometimes benefits the indigestion of pregnancy, and small doses of hydrochloric acid may be prescribed during typhoid and other fevers, because the secretion of this acid is much diminished when the temperature is raised. Vinegar is often drunk to reduce obesity, but it only does so because a long course of any acid will set up a mild gastritis, and thus hinder the digestion and absorption of food. Carbonic acid, taken in an effervescing mixture, is a common and very efficacious gastric sedative, beneficial therefore in painful dyspepsia and in vomiting. Dilute sulphuric acid may be used as a hæmostatic in bleeding from the stomach or

intestines, but its action is feeble. It is, however, successful as an astringent in many cases of summer diarrhoea. Nitric and nitro-hydrochloric acids, increasing the amount of bile poured into the intestine, are given, and sometimes with much benefit, when it is considered that dyspepsia is due to disordered action of the liver. Dilute sulphuric acid is often taken by workers in lead factories, as it forms an insoluble sulphate of lead in the intestines, and so prevents absorption of lead.

Soured milk is of benefit in many intestinal diseases, *e.g.* summer diarrhoea and colitis. Several powders, *e.g.* lacto bacilline, and liquids are in the market, each said to contain a mixture of lactic acid bacilli; of these the Eastern varieties, *e.g.* the Bulgarian bacillus, are the most valuable. Previously sterilised milk is sown with a suitable powder or liquid and maintained at a certain temperature for a certain time until it is curdled and not too bitter for taste. It may then be drunk like ordinary milk two or three pints a day for an adult, and the still active lactic acid bacilli in it inhibit the growth of intestinal protozoans and the lactic acid formed from the lactose in the milk acts as an intestinal disinfectant. The temperature and duration of the preparation of the milk vary with the apparatus used and the temperature of the external air. This milk is especially useful for diseases of the large bowel.

Remote effects. The remote effects of salts of citric, tartaric, and acetic acids have already been described (p. 126). They are due to the increase in the acidity of the blood and the urine. Phosphoric acid is often given to weak, sickly, anæmic children on the view of improving the quality of the red blood corpuscles, and possibly aiding the growth of bone, but it has not been proved to have any great value. The same may be said of the vegetable acids when employed for scurvy, and of lactic and phosphoric acids when given for diabetes; indeed, the latter are said to do harm. Lime juice was formerly

a popular remedy for acute rheumatism, but it did little if any good. Sulphuric acid is by some said to be antidirotic in the night sweating of phthisis, and had some reputation as a remote haemostatic, but it is rarely given now for these purposes. Aromatic sulphuric acid, with a little syrup and water, forms a pleasant cooling drink in fever. Rehrig found that acids diminished the tracheal secretion, and some physicians find that they diminish the secretions in bronchitis. Alkaline citrates, diminishing the coagulability of the blood outside the body, have been given for thrombosis, but it is probably impossible to give enough to produce any appreciable result. We thus see that the remote effects of all acids, except citric, tartaric, and acetic, are unimportant.

10. Formic Acid. *Acid. formic. Syn.* Ame. Aminic Acid, CH_2O_2 . A colourless pungent caustic liquid. **Dose, 2 to 10 m.**, diluted with water. Given hypodermically 2.5 m. cl. in 1,000 solution.

This acid is believed to increase the tone of the muscles and so has been given in general weakness such as that which follows influenza and for fatigue of the ocular muscles. It is usually given as sodium formate (1 to 3 gr.). It may be flavoured with syrup and vanilla. Elixir Formatum (B. P. Codex). **Dose, 1 to 2** ℥. (the official preparation).

TOXICOLOGY OF ACIDS.

All these acids are severe gastro-intestinal irritants when given in toxic doses. Tartaric, citric, and lactic are very rarely taken as poisons. The symptoms produced by the whole class are—excoriated and painful mouth, extending from the mouth to the stomach, excoriation of the mouth with the formation of sloughs, great difficulty in swallowing, vomiting of dark brown coffee coloured material, and clouds of mucus, intense abdominal pain aggravated by the slightest movement, generally obstinate constipation, but if the bowels are open the motions are dark from the blood contained in them. Some of the acid generally passes down to the larynx and causes swelling of that organ, and consequently dyspnoea from obstruction to respiration. The patient becomes cold, collapsed, and covered with a cold sweat; his pulse is very feeble, and he suffers from great thirst. *Post mortem*.—The mucous membrane of the mouth and gullet is softened and

and violent vomiting, whitish grey stools and haemorrhages may be present. The coats of the stomach are softened. If the stomach is not relaxed, the aperture of the pylorus may escape into the peritoneal cavity, and the contents of the stomach may escape into the peritoneal cavity. Should there be inflammation of the stomach, there may be corrosion and inflammation of parts of the small intestine. The mucous membrane of the stomach is inflamed and swollen.

A cathartic should be given at once, e.g. soap and water, nitre water, magnesia, washing soda; and then sulphuric acid should be given in small doses. Do not use the stomach tube if sulphuric acid has been taken, otherwise it may cause perforation. Morphine may be injected subcutaneously for relief of pain.

CH₃SH.

I. Acidum Sulphurosum.—Sulphurous Acid.

H₂SO₃.

SOURCE. Sulphurous anhydride may be prepared by burning sulphur in air or oxygen, or by boiling sulphuric acid with ferrous sulphate.

CHARACTERS. A colourless liquid with a sulphurous odour. Sp. gr. 1.025. An aqueous solution containing 6.4 g. of sulphurous anhydride (H₂SO₃) and corresponding to 10 g. of sulphuric acid (H₂SO₄).

IMPERIUMS. Sulphuric acid, 10 g. in 100 g. of water.

Dose, $\frac{1}{2}$ to 1 fl. dr. Best known mixture Amygdal.

ACTION.

External. Sulphurous acid is strongly deoxidizing, and as it takes up oxygen so easily from organic bodies, it readily decomposes them, becoming itself converted into sulphuric acid, and hence is irritant, but not violently so, for the amount of sulphuric acid in proportion to the water is slight. It is a disinfectant and deodorant, for, in virtue of its property of absorbing oxygen, it destroys micro-organisms and arrests fermentation. When applied to the skin it is parasiticide.

Internal. It is believed to act as a disinfectant of the stomach and intestines, but it is very doubtful whether enough of it to have any appreciable action in this direction can be safely taken.

THERAPEUTICS.

External. Sulphurous acid is chiefly used as an antiseptic, disinfectant, and deodorant. Sulphurous anhydride is employed as a disinfectant for a sick room after a patient with an infectious disease has been in it. The chimneys and windows should be stopped up. A quarter to half a pound or more of flowers of sulphur is placed in an earthenware vessel and lighted. The door is shut, and the cracks around it pasted over. The room should be left untouched for six hours. Generally not enough sulphur is burnt for this method to be efficacious. Sulphurous acid (2 fl. dr. to 1 fl. oz. of water) is locally applied to cure ringworm. Foul sores may be washed with it.

Internal.—Sulphurous acid is sometimes given internally with the object of preventing abnormal fermentation in the stomach and intestines in certain varieties of dyspepsia, but there is no clinical proof that it can do this, and it should be remembered that it is possible it may do harm by impeding the action of the normal ferments.

2. Acidum Boricum. Boric Acid. H_2BO_3 . *Symptoms.* Boracic acid, H_2BO_3 .

SOURCE.—Native, or made by the action of sulphuric acid on borax.

CHARACTERS. Colourless, pearly, lamellar crystals, feebly acid. **Solubility.**—1 in 30 of cold water; 1 in 3 of boiling water; 1 in 4 of glycerin; 1 in 30 of alcohol 90 per cent. The solubility of boric acid is greatly increased by the addition of borax.

INCOMPATIBLE. With sodium salicylate in powder, a sodium salicylate is formed.

Dose, 5 to 15 gr.

Preparations.

1. Glycerinum Acidi Borici. Boric acid, powdered, dissolved in glycerin with the aid of heat. **Strength.**—3 in 10. This is an imitation of Borax Glyceride (*see p. 267*).

2. Unguentum Acidi Borici. Boric acid, finely powdered, 1; white paraffin ointment, 9.

3. Borax.—Borax, Sodium Pyroborate. *Synonym.*—Sodium baborate. $\text{Na}_2\text{B}_4\text{O}_{10}\cdot 10\text{H}_2\text{O}$.

Source. Neutralize boric acid with sodium carbonate, or boil native calcium borate with a solution of sodium carbonate. Also found native.

CHARACTERS.—Transparent, colourless crystals, alkaline, with a sweetish taste. *Solubility.* 1 in 25 of cold water; 1 in 1 of glycerin; not in alcohol.

Dose, 5 to 20 gr.

Preparations.

1. Glycerinum Boracis.—Borax, 1; glycerin, 6. Sodium metaborate, glyceryl borate, and boric acid are formed.

2. Mel Boracis.—Borax, 2; glycerin, 1; clarified honey, 16. A similar decomposition takes place here.

ACTION OF BORIC ACID AND BORAX.

External. Both boric acid and borax destroy micro-organisms, and are thus **disinfectant and antiseptic**, but their value is slight, and they are much more active in preventing than in inhibiting decomposition. The effect is extremely local. Solutions of boric acid will relieve itching. Neither substance produces any irritation. Boric acid is very largely used to preserve milk, butter, and animal food.

Internal.—Borax and boric acid check the action of saliva on starch, but, if anything, they increase the action of the gastric juice and the pancreatic secretion. Large amounts, however, slightly retard digestion, and still larger are gastro-intestinal irritants. Boric acid is rapidly eliminated in the urine; it is said to increase the urea and the quantity of urine. It is also excreted in the saliva, sweat, and feces, and it is stated in rare cases to cause abortion. It may cause a scaly eruption. In exceptional instances, when large quantities have been applied to raw surfaces or mucous membranes, rise of temperature, depression of spirits, feeble pulse, ecchymoses, lumbar pain, albuminuria, and nausea, vomiting, and diarrhoea have supervened. Harmful symptoms do not follow from taking food preserved with boric acid if the

Good wash for the mouth:—Glycerin of borax, 1 fl. oz.; tincture of myrrh, 10 m; water to 1 fl. oz. Listerine, used as a lotion or mouth wash, contains many ingredients, of which the chief is boric acid.

Borax has been used in typhoid fever, and its use is limited to mild cases. It is also combined with advantage in combination with iodoform, but it is decidedly inferior to them, although in exceptional cases it may succeed when they have failed. As it is an antiseptic, it has been given internally in typhoid fever and dysentery, but with doubtful success. Taken internally it is said to relieve irritability of the bladder. In rare cases its use has caused either psoriasis, a papular eruption especially marked near the elbows, an erythematous rash, or eczema. Nausea, loss of appetite, vomiting, and diarrhoea may be produced. It has no effect on the milk-lactae. The external use is best covered with a syrup of orange peel. Borax is given internally in a useful urinary antiseptic, especially if the urine is alkaline; indeed, it is the only urinary antiseptic that is efficient in an alkaline urine.

Boro-glyceride. (N. S. 100)

SOURCE: H. A. J. Oudejans, *J. Pharm. Med.*, 62, 84, 1902.
CHARACTERISTICS: A white crystalline powder, soluble
in water and alcohol.

ACTION AND THERAPEUTICS

It is a powerful antiseptic, and has been used as a dressing for wounds (see p. 264). The pharmaceutical imitation of it is *Glycerinum Acidi Borici* (p. 262).

GROUP XII.

CARBON AND ITS COMPOUNDS.

Class I. - Carbon.

CARBO.

Carbon. Symbol, C Atomic weight, 12.

Carbo Ligni. Wood Charcoal.

SOURCE. Wood charred without access of air.

CHARACTERS. A black powder without odour or taste.
Dose. 60 to 120 gr.

Dose, 60 to 120 gr.

ACTION.

External.—Dry charcoal absorbs gases and condenses them within its pores. It thus absorbs oxygen, and hence has an oxidizing power, parting with the absorbed oxygen to oxidize organic and other substances. Organic matter is believed to be decomposed by aerobic microorganisms which act by oxidation, and anaerobic which decompose directly, producing offensively smelling and toxic bodies. Wild suggests that the reason for the **deodorant** action of charcoal is that it converts anaerobic into aerobic decomposition. It attracts and oxidizes colouring matters, and consequently decolorizes them. It has no effect on living organisms, and is not antiseptic.

Internal. Formerly it was thought only to oxidize when dry, but to a less degree it has this power when moist, presumably because there is still some **active oxygen** in its interstices. It is passed in the feces unchanged.

THERAPEUTICS.

External.—Charcoal has been recommended as a deodorant for foul ulcers, but it is a dirty preparation, and large quantities must be used. Charcoal is used in pharmacy as a decolorizing agent.

Internal. It has been given as a powder, as lozenges, and as biscuits, with the object of preventing fermentation in the stomach, but it is not of much use. Garrod has shown that a tablespoonful or larger doses of charcoal frequently repeated are antidotes against most active vegetable poisons, as opium, nux vomica, and aconite, for charcoal seems to have a special attraction for alkaloids. Animal charcoal is the best form to give as an antidote. Charcoal is used as a tooth powder.

CLASS II. **Ethyl Alcohol, Amylic Alcohol, Chloroform, Bromoform, Ether, Acetic Ether, Ethyl Chloride, Methyl Chloride, and Ethyl Bromide.**

We know very little about the action of amylic alcohol, but all the other substances produce local anaesthesia by

operation. They are rubefacient if their vapour is confined to the chest, heart, and central nervous system, and are first narcotized and then depressed by them. Narcosis is followed by a period of stimulation.

ALCOHOL ETHYLICUM.

Ethylie Alcohol. Ethyl hydroxide. C_2H_5OH .

Ethyl hydroxide is official in the nine following forms:

1. **Alcohol Absolutum.** Absolutum alcohol is simply an incorrect name, for it may contain 1 per cent. of water. Rectified spirit is at least 99 per cent. of water free from ethyl alcohol, and then distilled. Contains not less than **99** per cent. of **alcohol**, and not more than **1** per cent. **water**. Boils at $173.62^\circ F$. Entirely volatilized. For tests, see Rectificatus.
2. **Spiritus Rectificatus.** Rectified Spirit. Ethyl Hydroxide, **90** per cent. by volume; **Water**, **10** per

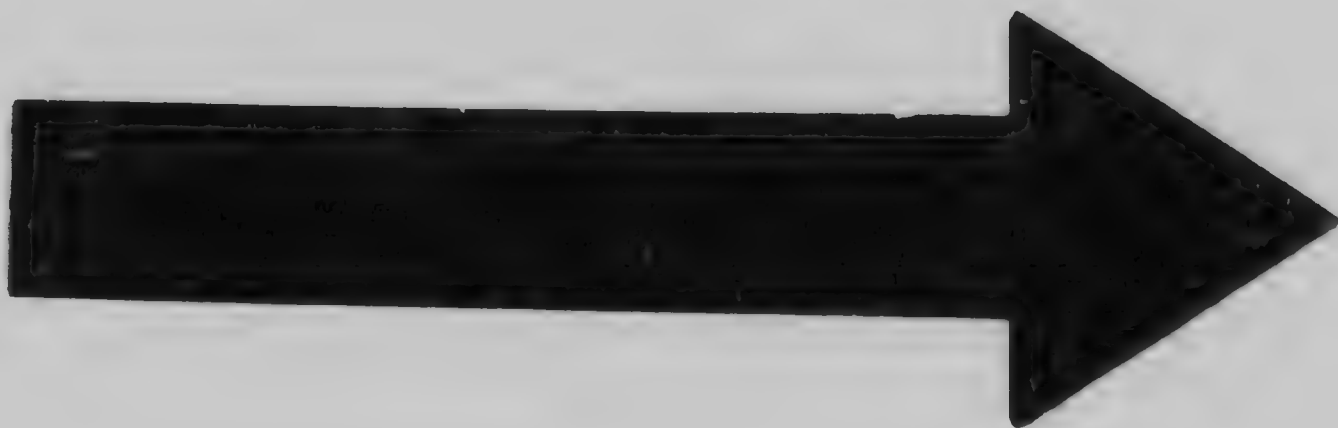
Source. Obtained by distillation of fermented saccharine

CHARACTERS AND TESTS. Colourless, transparent, inflammable liquid with a burning taste. Sp. gr. 0.834. No residue on evaporation. Clear when mixed with water (absence of gum and resin). No unpleasant smell when evaporated from paper (absence of fusel oil and allied bodies); and it responds to other tests given in the Pharmacopœia.

Alcohol 90 per cent. is only slightly stronger than stated in the B. P. 1885, containing 1.35 per cent. more. On mixing alcohol and water contraction of volume takes place of temperature 60° C. When such a mixture is cooled the cooled liquid need be evaporated.

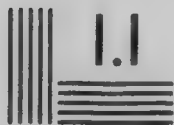
The four official spirits obtained by distilling alcohol 90 per cent. with distilled water are:

3. **Alcohol (70 per cent.)** (by volume) = 100 fl. oz. (90 per cent.) = 31.05 fl. oz. distilled water.
4. **Alcohol (60 per cent.)** (by volume) = 100 fl. oz. (90 per cent.) = 53.65 fl. oz. distilled water.
5. **Alcohol (45 per cent.)** (by volume) = 100 fl. oz. (90 per cent.) = 105.34 fl. oz. distilled water.
6. **Alcohol (20 per cent.)** (by volume) = 100 fl. oz. (90 per cent.) = 355.8 fl. oz. distilled water.
7. **Spiritus Vini Gallici.** Synonym. Brandy.



MICROCOPY RESOLUTION TEST CHART

ANSI Z39.48-1968 (PERMANENT)



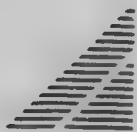
2.8

2.5

3.2



4



APPLIED IMAGE INC.

Source: A liquid distilled from wine.

CHARACTERS. Light sherry colour, peculiar flavour. Contains not less than 1.3 per cent. by volume of ethylic alcohol, with a volatile acid in solution.

Journal of Interpersonal Violence

Mistura Spiritus Vini Gallici. *Synonym.*

Unguentum Spiritus Vini Gallici. *Synonym.*
 French Liniment. Beat up the yolks of two eggs with half an ounce of oil of sweet almonds. Then add six ounces of brandy and cinnamon water to it. *℞* 4℥.

Dose, 1 to 2 fl. oz.

S. Vinum Xericum.—Sherry.

CHARACTERS. A Spanish wine. Pale yellowish brown colour. Contains not more than **16** per cent. *by volume* of **ethylic alcohol**, with oils, colouring matters, &c., and water. Used to make all Vina except the two made with orange-wine.

9. **Vinum Aurantii.** Orange Wine.

Sorbet. Made by fermentation of a saccharine solution to which the fresh peel of bitter orange is added.

CHARACTERS. Contains from **10 to 12** per cent. by volume of **ethylic alcohol**. Used to make Vinum Ferri Citrati and Vinum Quinini.

| Alloy | Aluminum Aluminum (U.S.P.) | Iron | per cent |
|---------------------|-------------------------------|----------|----------|
| Aluminum (U.S.P.) | 99 | 1 | |
| Spinning (Aluminum) | 94 | 6 | |
| Aluminum (U.S.P.) | 90 | 10 | |
| Aluminum (U.S.P.) | 64.5 | 35.5 | |
| Wrought Aluminum | 51 to 59 | 49 to 41 | |
| Rolling (Aluminum) | 51 to 59 | 49 to 41 | |
| Spinning (Aluminum) | 57 to 60 | 43 to 40 | |
| Spinning (Aluminum) | 43 to 57 | 57 to 43 | |
| Rolling (Aluminum) | 29 to 30 | 71 to 70 | |
| Aluminum (U.S.P.) | 23 to 29 | 77 to 71 | |
| Spinning (Aluminum) | 16 to 22 | 84 to 78 | |

* Pure spirit is 100% A. C. 14. A cement as being such a "proof" spirit is 50% A. C. which is exactly half of the pure spirit in the 100% A. C. "water." weaker spirits are found in the 100% A. C. "proof" "over proof." Thus 25% A. C. over proof is 125% of the 100% A. C. and water in a 100% proportion, that is 100 volumes of this mixture when diluted with water to give 100 volumes of "proof" spirit yields 125 volumes of "proof" spirit and 175 of water. "over proof" means a mixture of "proof" spirit and water containing in 100 volumes 75 of "proof" spirit and 25 of water.

| | |
|--------------------------------|-----------------------------|
| Vinum Album (U.S.P.) | contains 12 to 14 per cent. |
| Champagne | 10 to 14 . . |
| Vinum Aurantii | 10 to 12 . . |
| Burgundy | 9 to 12 . . |
| Hock | 9 to 12 . . |
| Claret | 8 to 12 . . |
| Cider | 7 to 9 . . |
| Sherry | 7 to 9 . . |
| Port and Portlet | 2 to 5 . . |
| Reinolds | 1 to 3 . . |

ACTION OF ALCOHOL.

External.—It is an antiseptic, preventing the formation of and killing putrefactive bacteria. If applied to the skin, alcohol quickly evaporates. It therefore cools the skin, which consequently becomes pale from the contraction of the small vessels; owing to this less sweat is secreted. Alcohol is thus refrigerant, astringent, and anhidrotic. But if evaporation is prevented in any way, such as by a watch-glass or a piece of gutta serena, or the alcohol is rubbed in, it quickly absorbs water from the skin, and thus hardens it. Having passed through the epidermis it dilates the vessels, causes a feeling of warmth, and produces a **rubefacient** effect. It has the power of coagulating albumen, but the coagulum quickly redissolves. It extracts water from all tissues.

Internal.—*Mouth.*—When concentrated, alcohol produces a feeling of warmth, or often even a **burning sensation**, in the mouth. If held there for some time the albumen of the superficial tissues is coagulated, and the mucous membrane becomes white, congested, and opaque, but this appearance soon disappears, as the coagulum is redissolved by the fluids of the tissues. Directly the alcohol is put in the mouth there is an increased flow of saliva, and the pulse may be quickened; these results are reflex, for they occur before there is time for the alcohol to be absorbed, but after absorption small amounts stimulate, large amounts depress the secretion of saliva. Alcohol has a slight local anæsthetic effect.

Stomach.—Here also, if the alcohol is sufficiently

concentrated, there is a sensation of warmth or even of burning. If only small quantities are given, the gastric vessels dilate, the mucous membrane becomes red, and there is an increased secretion of gastric juice. All this can be seen to happen in cases of gastric fistula. The result of these effects is that the appetite is sharpened, and this explains the custom common with many people of taking a little alcohol immediately before meals, and also the common experience that alcohol taken during meals aids digestion. It also markedly increases the activity of the gastric movements and promotes absorption. Thus there are several ways in which **moderate doses of alcohol** may help the digestive process, and Binz has actually demonstrated, by removing the gastric contents at stated times after a meal, that alcohol aids digestion, and by giving potassium iodide he showed that it increased the rapidity of absorption. With small doses its effect on the ferments is unimportant. In some cases it produces **local anæsthesia** in the stomach, and so it may relieve gastric pain. It is to a slight extent decomposed into aldehyde and acetic acid, and consequently some of the pepsin, peptones, and proteids are precipitated. This hinders digestion, but usually not sufficiently to outdo the aid due to the vascular dilatation, the increased secretion, and the greater movement. The effect of **large doses** is **very harmful**. The activity of the gastric juice is destroyed, the gastric walls are inflamed, large quantities of mucus are poured out, and if the over-indulgence is continued chronic gastritis ensues, the gastric glands atrophy, and consequently we get the permanent dyspepsia of drunkards.

A single dose of alcohol introduced into the stomach in a concentrated form, *e.g.* neat brandy, immediately produces **important reflex effects**. The heart beats more rapidly and more forcibly, the vessels of the whole body dilate, especially those of the skin; hence there is a feeling of warmth. The blood-pressure rises. These reflex effects are well seen in

the immediate restoration of a fainting person by the ingestion of a single dose of brandy. Dilute alcohol, beer, does not produce them. They are quickly followed by the effects of alcohol upon the circulation due to its presence in the blood after absorption.

Intestines.—Here alcohol has a slight **astrigent** effect, and consequently it may check diarrhoea. It acts on the pancreatic as on the salivary secretion.

Blood. Alcohol is absorbed quickly and more largely by the blood-vessels than the lacteals. It is said to increase and then diminish the amoeboid movements of the white blood-corpuscles.

Temperature.—Alcohol is **antipyretic**, lowering the temperature in fever, and with large doses in health. This is chiefly due to cutaneous vascular dilatation and rapidity of circulation, but also slightly perhaps to general diminished oxidation.

Metabolism.—A litre of Rhine wine of average strength produces by its oxidation as much heat as five or six tablespoonfuls of olive oil, and an ounce of brandy yields 100 calories of energy. Neither the intake of oxygen nor the output of carbonic acid gas is altered by alcohol, therefore as it has been oxidized in the body it saves the tissues and is a food. Repeated observations have shown the proof of this, for although moderate doses of alcohol by their toxic action at first increase protein metabolism, yet in a few days they diminish the output of urea and uric acid 6 or 7 per cent., and by their oxidation protein tissues are spared; and that it is a food is also proved by the fact that the weight of the body may be maintained if a large amount of alcohol is taken, even if the rest of the food is very small in amount.

It will be noticed that it is a food which can be absorbed without any previous digestion.

The diminished oxidation of tissues being much more marked in fatty than in protein tissues, may, in habitual drinkers of large quantities of alcohol, lead to an imperfect combustion of fat, consequently it accumulates in the tissues, and **obesity**, which is

often increased by the presence of such coarse matters that demand longer time for solution. The skin appears ashy and livid.

With moderate doses of quinine the blood leaves the body in the capillaries, and is returned with large doses, the circulation is arrested.

Effects of small doses.—In small doses the circulation reflexly is affected, stimulating the stomach and intestines, hence slightly increasing their action. After a small dose is absorbed the effect on the heart is twofold. It **beats more powerfully and more rapidly**, the pulse becoming stronger, the vessels dilated, due to the peripheral and central dilatation and to the reflex effect on the heart. The vessels of the skin dilate; therefore, if the patient is chilly, he warms up. As has been taken the alcohol had worn off, blood-pressure rises slightly, the increased tension of the arteries is not accompanied by reflex vasoconstriction. The reflex effect of alcohol on the circulation is more complex, it appears more slowly, and has a more marked peripheral effect, similar to the action of the alcohol stimulating the stomach, and therefore increasing its action. The result of the peripheral effect on the skin the various organs is that they are stimulated to activity; hence the mental faculties are increased for a time, the muscular strength is increased, and more time is passed, but the patient is weary. I have known, who has taken the alcohol, that he feels somewhat better rested. I have known, however, that some persons have a headache, and have vomited immediately after taking it. The peripheral effect on the vessels of the body has been attributed to the secondary effect of the alcohol on the vessels in the mucous and connective tissue of the skin. There are many reasons for the secondary effect of the alcohol.

It has been generally supposed that the blood vessel which stimulates the heart, although at first stimulated, is more exhausted after the stimulation has passed off than it was before. This is

true also of all the organs of the body stimulated by the increased circulation induced by alcohol. In many campaigns and arctic expeditions it has been found that although at first the men, after taking alcohol, could do more work, yet soon they felt so tired and exhausted, that on the whole they could do much more without than with the alcohol. **Large doses** of alcohol do not stimulate the heart at all; they **paralyse** it, both reflexly from the stomach and after absorption. Enormous doses poured into the stomach kill almost immediately by reflex action. A drunkard who is "dead drunk" is, accurately speaking, one who is killed by the paralyzing effect of alcohol on the heart, but the phrase is often applied to any one who is very drunk.

Respiration.—The rapidity of respiration and the amount of air breathed are slightly increased by ordinary doses of alcohol. Whether this is due to stimulation of the respiratory centre is doubtful. Very large doses depress it.

Skin. Alcohol is a **mild diaphoretic**, partly because of its vaso dilator action, and perhaps also because of some direct influence on the sweat glands. As just mentioned, the cutaneous vascular dilatation leads to a feeling of warmth if the patient's cutaneous vessels were previously contracted from cold. It may be that part of the **antipyretic** power of alcohol is due to increased radiation from the dilated vessels, and also to evaporation of the increased amount of sweat. If a person is in a cold atmosphere, alcohol, by increasing the radiation from the skin, leads to the loss of so much heat that he may die from cold, although at first the increased cutaneous circulation, making him feel warmer, gives him a delusive feeling of warmth.

Kidneys.—About 2 per cent. of the alcohol ingested unless very large quantities are taken—is excreted unchanged, mostly in the urine, to a less extent in the expired air, only the merest trace in sweat, and none in the milk or faeces. Most of it is

coperies. Rags or lint dipped in it are applied to sprained joints, bruises, &c. The alcohol evaporates, cools the part, consequently the vessels contract, and inflammation may thus be checked. At the same time the local anaesthetic effect of the cold relieves the pain. In a similar way many varieties of headache may be soothed by bathing the forehead with either eau de Cologne or bay rum, which consists of oil of *Myrcia acris*, 16; oil of orange peel, 1; oil of pimento, 1; alcohol (91 per cent.), 1220; water to 2000. Brandy or some other form of alcohol is often used to bathe the skin in order to harden it by abstraction of water, and thus prevent the formation of bedsores or cracked nipples. Spirit lotions dabbed on the skin may, by means of the local vascular contraction produced, stop sweating. Alcohol rubbed in, as in the use of *Linimentum Camphoræ Ammoniatum*, is commonly employed for its rubefacient effect, to aid the absorption of inflammatory products and to relieve pain, as in chronic rheumatism, myalgia, &c.

Internal. - Mouth.—A little brandy held in the mouth will be a local anaesthetic and relieve toothache. Alcohol is used in the form of a gargle of port wine for its power of precipitating gelatin and acting as an astringent in cases of chronic sore throat, excessive salivation, or inflammation of the gums.

Stomach.—Because it increases the secretion of gastric juice, the vascularity and the movements of the stomach, alcohol aids digestion and absorption. It must only be taken in small quantities, for large amounts paralyse the secretion and cause gastritis, and ultimately lead to atrophy of the gastric glands. It should be given just before or during a meal. It is harmful in acute dyspepsia, but for the indigestion of the aged and feeble, or for those who are thoroughly exhausted by overwork, it is very valuable, as the

stomach shares in the general exhaustion. It is also useful because it increases the appetite, and it is a food which is absorbed without previous digestion. Owing to its astringent property it may relieve pain in dyspepsia, and may check vomiting, especially if taken with carbonic acid gas, as, for example, in the form of champagne or brandy and soda-water, and it may increase the activity of the gastric movements it may relieve flatulency. A small dose of four or five pints poured into the stomach is often employed with great benefit for its reflex stimulant effects on the circulation for those who have fainted, who are collapsed from cold or any other cause.

Intermittent. Brandy and water will often check malarial fever. Perhaps this is owing to the astringent power of the brandy.

Fever.—Alcohol has been largely used in all sorts of febrile conditions. We have seen that it impairs oxidation by its action on the red corpuscles, that it is utilized and is therefore a food, that as a food it has a high caloric value, that it saves proteid tissues, that it can be absorbed without taxing digestion, and that it is mildly antipyretic and diaphoretic. These properties would render it beneficial in fever. On the other hand, the acceleration of the pulse would be distinctly harmful, although it must be remembered that very often, for some unexplained reason, alcohol lowers the pulse in fever; the indigestion caused by the taking of large quantities, and the liability to depression of the respiratory and cardiac centres, would be very undesirable. The best rules are that while alcohol may be given often with advantage in fever, either to aid digestion, to slow the pulse, as a cardiac stimulant if the patient is much collapsed, or to produce sleep, yet it may in any of the ways alluded to do harm. Therefore, when it is being used the effect must be carefully watched, and if the pulse becomes quick and feeble, or, as indicating gastric irritation, the tongue be

CHLOROFORM

Dose, 1 to 5 m.

1. Aqua Chloroformi.

Dose, 1 to 2 n. oz.

2. Linimentum Chloroformi.

3. Spiritus Chloroformi.

Strength, — 1 in 20.

Dose, 5 to 20 m. for repeated administration,
30 to 40 m. for a single administration.

4. Tinctura Chloroformi et Morphinae Composita.—Intended to be an imitation of the proprietary medicine called chlorodyne. Mix chloroform, $1\frac{1}{2}$ fl. oz., tincture of capsicum, $\frac{1}{2}$ fl. oz., tincture of Indian hemp, 2 fl. oz., oil of peppermint, 14 m, and glycerin, 5 fl. oz., with alcohol (90 per cent.), 9 fl. oz. Dissolve morphine hydrochloride, 87 gr., in the mixture. Add to it diluted hydrocyanic acid, 1 fl. oz., and enough alcohol (90 per cent.) to make 20 fl. oz. *Strength.* 10 m contains chloroform, $\frac{3}{4}$ m; morphine hydrochloride, $\frac{1}{11}$ gr.; Acidum hydrocyanicum dilutum, $\frac{1}{2}$ m.

Dose, 5 to 15 m.

N.B. — The composition and proportion are quite different from B. P. 1885. The morphine is more than 4 times as much in the present preparation, which is very nasty, and not at all like chlorodyne. Martindale's *Liquor Chloromorphinae* is a better imitation, and contains chloroform, morphine, atropine, and oil of peppermint for active ingredients. Its dose is 5 to 15 m.

ACTION.

External.—Chloroform in many respects act-like alcohol, but it is more powerful. Thus if allowed to evaporate on the skin it produces cold; therefore the vessels at the point of application contract, and at the same time local anæsthesia is induced. If the vapour be confined, or if chloroform be rubbed into the skin, it acts as an irritant. The vessels dilate, the part becomes red, and there is a sense of heat. This rubefacient effect may pass on to vesication. It is a powerful antiseptic and general protoplasmic poison.

Internal.—Mouth.—If concentrated, it produces irritation and a burning sensation. If dilute, it has a sweetish taste, which renders *Aqua Chloroformi* a valuable vehicle for the administration of nauseous drugs. It reflexly gives rise to an increased secretion of saliva, and is a local anæsthetic.

Stomach.—The action of chloroform is very like that of alcohol. Large doses cause marked gastro-intestinal irritation. Small doses produce a feeling of warmth, dilatation of the gastric vessels, an increased secretion of gastric juice, and more regular

and more powerful gastric movements. It is perhaps slightly astringent to the intestines.

Absorption.—It is absorbed into the blood from the stomach and intestines, and, if given as vapour, from the lungs. But it is very uncertain what changes it subsequently undergoes. Probably most of it is combined with the cholesterol and lecithin of the red corpuscles, but some is certainly eliminated in the breath and some in the urine; it may be found in the blood of those who have been poisoned by it, and glycuronic acid may appear in the urine.

Temperature.—The temperature falls about 1° F. after the prolonged administration of chloroform.

Metabolism.—After its administration the nitrogen and sulphur in the urine are increased, indicating a greater destruction of protein. The chlorides in the urine, too, are increased, showing that some chloroform is decomposed in the body. If the patient be suffering from diabetes, the sugar in the blood and urine is much increased. Repeated inhalation of chloroform produces fatty degeneration, especially of the liver, heart, and kidneys, and prolonged over-indulgence leads to fibrosis of the same organs.

Excretion.—This takes place mainly by the lungs.

Nervous system.—Chloroform is an excellent instance of the law of dissolution (see p. 101), and also of the well-known fact that drugs which in small doses appear to stimulate any part, in large doses often depress it. The phenomena resulting from the inhalation of chloroform are commonly divided into three stages. Here, as with alcohol, it is an open question whether the symptoms of stimulation are due to removal of inhibition or to direct stimulation.

First stage.—This is at first one of general stimulation, the highest functions being the most stimulated, usually unevenly, so that the patient is somewhat incoherent. The imagination is momen-

chloroform kill by the heart or the respiration. The Commission appointed by the N. Am. Hy. Board reported that it killed by depression of the respiratory centre, that respiration always failed before the heart, and that the fall of blood-pressure was not due to any effect on the heart. But their results have been disputed, and it has been shown that chloroform may suddenly kill by the heart owing to stimulation of the vagus centre in the medulla, even before breathing is affected, and that the fall of blood-pressure is mainly due to a weakening effect on the heart, and to a less extent to depression of the vaso-constrictor centre. The depression of respiration is merely the result of the fall of blood-pressure.

The recovery from chloroform also illustrates the law of dissolution. The lowest functions, such as muscular tone, are the first to reappear; but the patient does not usually regain his mental equilibrium for hours. Chloroform and many drugs of the methane series are especially soluble in lecithin and cholesterolin, and this fact has been used to explain their narcotic action (see p. 104).

With the exception of its local actions on the skin and alimentary canal, and its later effect on the cardiac nerve, and that on the vessels, chloroform acts entirely on the central nervous system, and this action is not the result of any effects on the blood. The peripheral nerves are not affected, unless it be just before death. Chloroform narcotizes infusoria.

Vomiting is very liable to occur during the administration of chloroform, and its advent is often made known by pallor and wide dilatation of the previously contracted pupil. Immediately before death the pupil may be either dilated or contracted.

THERAPEUTICS.

External. Chloroform is employed in the form of a liniment to produce rubefacient and irritant effects in cases of chronic rheumatism, myalgia, and

chronic inflammations. A drop of chloroform to the fluid ounce of urine or of animal and vegetable infusions or decoctions will keep them from decomposition.

Internal.—It may be used as a local anæsthetic for toothache, the tooth being plugged with a piece of cotton wool soaked in chloroform. It disguises the taste of nauseous medicines, and therefore *Aqua Chloroformi* is a very common vehicle, and *Spiritus Chloroformi* is much used as a flavouring agent. In the stomach it acts like alcohol, and is given in the same varieties of dyspepsia as are benefited by that drug. Small doses may be used as cardiac stimulants.

Inhalation.—It is inhaled to abolish sensations of pain, whether from surgical operations, biliary, renal, and intestinal colic, or parturition. In the last case not much need be given. It is also inhaled to relax muscular spasm, as in the reduction of dislocations or herniæ, or for the relaxation of muscles for diagnostic purposes, as, for example, when we wish to feel the abdominal viscera thoroughly, or to see whether a swelling is a phantom tumour; or, lastly, it is inhaled to relax spasm in cases of tetanus, hydrophobia, or in other varieties of convulsions, as chorea. The A.C.F. mixture, which consists of absolute alcohol 1 vol., chloroform 2 vols., and pure ether 3 vols., is very commonly employed for all these purposes. It is said to be safer than chloroform. All its three constituents volatilize from it at an equal rate.

The following points should be attended to in the administration of chloroform:

1. The respiration and pulse should be carefully watched for any signs of failure.
2. The operation should never be begun till reflex action is profoundly depressed—that is to say, till the stage of muscular relaxation has commenced. Many patients have been lost from neglect of this precaution, for the stimulus of the knife has reflexly stopped the heart. It is a common and dangerous

error to think that, because the operation is trivial, it may be begun early; many of the deaths from chloroform have taken place when the operation had been started.

3. Great care must be exercised if the heart be fatty or feeble from disease, so that the patient will be insured against the heart failing before the work is done.

4. Deep breaths must be administered, and be taken to such an extent as to get down to the chest.

5. It is better to give a little more than enough, therefore a small dose should be given for every hour, not at the intervals of an hour. The patient must be watched all the while, so that no violent matter comes out of the lungs.

6. The tongue should be taken out of the mouth.

7. The eyes should be kept open.

8. The head should be turned to the side, for if it is the heart may directly get away from the action of the spinal cord. About 5 per cent. of ether or 10 to 15 per cent. of amyl is a good mixture.

9. The head should be a little raised, and the lower jaw held open, so that the tongue should not fall back over the larynx.

10. Special care must be taken when the operation necessitates a downward position, especially if respiration is affected, with regard to the lateral position used in most of the minor cases.

11. During the operation, while the patient should be kept warm.

If the cold fall on the back, the patient is in a very weak state, and work should not be continued. In cold at once be removed, the tongue removed for a few days longer, and allow the patient to lie on the back. The face and limbs should be clothed with wet towels, and kept at a temperature of 60° Fahrenheit, and the patient should be kept in a warm bed. If the patient should get cold, it is never an extreme means of any kind, and it does harm. Artificial respiration should be maintained at least an hour, or so,

even if there be no signs of returning life: and if there be the slightest evidence of a cardiac beat, or a single convulsive respiratory movement, artificial respiration must be persisted in for several hours. If the face be pale, the pupils should be dilated, and nitrite of amyl administered. Atropine may be injected if necessary, in the hope of accelerating the slow recovery of the chloroform from the vagal centre.

Bromoform. *CHBr₃* (C₂HBr₄)

CHARACTERS. A heavy, colourless, sweet, quaternary, soluble in alcohol, very slightly soluble in water.

Dose, $\frac{1}{2}$ to 2 m.

ACTION AND THERAPEUTICS.

Bromoform is used for whooping cough. It diminishes the severity and number of the paroxysms. In any cases of poisoning care should be taken, for it is almost insoluble in water, and having a specific gravity of 2.9 it sinks to the bottom of a mixture with water, and is all taken in the last dose. This may be avoided by dissolving in alcohol. This is done by 2, alcohol (90 per cent.) 7.5, glycerin 30. This is then mixed with water, and with other drugs, with a precipitate of the bromoform. It may be administered in emulsion mixture dissolved in three times volume of fixed oil. The symptoms of poisoning are the same as those of chloroform.

ETHER.

Ethyl Ether, *C₂H₅OC₂H₅* (C₄H₁₀O).

Synonyma. Ethyl Ether, Ethyl Oxide.

Source. Prepared by the action of sulphuric acid on alcohol.

CHARACTERS. A colourless, volatile liquid, with a taste and odour peculiar to itself. Boiling point 105° F., and having a specific gravity of 0.735. Soluble in 12 parts of water, and in 8 parts of ethyl alcohol.

Impurities.—Water, 0.05 per cent. or less.

Dose, 10 to 30 m. (The maximum dose is 40 to

60 m.)

Preparations.

1. Æther Purificatus. Ether from which most of the ethylic alcohol has been removed by washing with distilled water, and most of the water by subsequent distillation in the presence of fresh lime and calcium chloride.

CHARACTERS.—A colourless liquid. Sp. gr. not exceeding 0.722 and not below 0.720; boils at 96° F.

2. Spiritus Ætheris. Ether, 1 part; alcohol (90 per cent.), 2 parts. Sp. gr. 0.806 to 0.811.

Dose, 20 to 40 m. for repeated, **60 to 90 m.** for single administration.

3. Spiritus Ætheris Compositus. *S. Hoffmanni.* Hoffmann's anodyne. Mix sulphuric acid 36 fl. oz. with alcohol (90 per cent.), 40 fl. oz. A complex ethereal compound called oil of wine is formed. It is chiefly ethyl hydrogen sulphate, and is thus produced: $\text{C}_2\text{H}_5\text{OH} + \text{H}_2\text{SO}_4 = \text{C}_2\text{H}_5\text{HSO}_4 + \text{H}_2\text{O}$. After twenty-four hours slowly distil the mixture. The distillate contains water, sulphur dioxide, ethylene, and a little oil of wine. Add water to the upper layer of distillate after it is removed from the lower, then shake it with sodium bicarbonate to neutralize the acid. Separate the ethereal liquid, which consists chiefly of oil of wine, add to it ether, 5½ fl. oz., and alcohol (90 per cent.), 38 fl. oz.

Dose, 20 to 40 m. for repeated, **60 to 90 m.** for single administration.

ACTION.

External.—Ether evaporates very quickly, producing great cold, and consequently the part to which it has been applied becomes white from the contraction of the vessels. The cold is sufficient to cause such marked local anæsthesia that the pain of very slight operations performed upon the part anaesthetized can hardly be felt. To produce this result ether is best applied as a fine spray. If it be rubbed in, or evaporation be prevented, it, like alcohol or chloroform, is an irritant.

Internal. In the mouth and stomach also it acts like chloroform or alcohol. Thus ether causes a burning taste in the mouth, an increase of the

diva, of the gastric secretion and gastric movements, and dilatation of the vessels of the stomach. Consequently it is carminative and aids digestion. Directly it reaches the stomach it **reflexly** excites the heart, increasing the force and frequency of the pulse, and causing a rise of blood-pressure; it is one of the best **cardiac stimulants** we have. In the same way it excites respiration. It is quickly absorbed, and its stimulating influence on the heart and respiration continued. It is thus a good instance of a rapidly accessible stimulant. It is also antispasmodic.

Narcosis sætis. Ether is a powerful **general anæsthetic**. The phenomena and stages of ether anaesthesia are so like those of chloroform anaesthesia that the description already given (p. 281) will suffice. The following differences, however, should be noticed:

- (1) The heart is paralysed with much greater difficulty by ether than by chloroform.
- (2) The same is true of the vaso-motor centre.
- (3) And also of the respiratory centre.
- (4) Ether is much more irritant to the respiratory mucous membrane, and hence is more liable to increase bronchitis in those already suffering from it.
- (5) With ether the stage of stimulation is more protracted, therefore there is more struggling.
- (6) For the same reason the anæsthetic stage is not reached so soon.
- (7) The reduction of temperature is greater with ether.
- (8) Ether must be given nearly pure, about 50 per cent. of air to 70 of ethereal vapour; hence it is more difficult to administer.
- (9) The smell of ether is more disagreeable, and patients dislike it more.
- (10) Ether is eliminated more slowly, and hence the smell hangs about the patient some time.
- (11) Ether being very inflammable cannot be used in the close neighbourhood of a naked light.

THERAPEUTICS.

External.—Ether, allowed to evaporate, may be used to cause local anæsthesia in cases of neuralgia. An ether spray is occasionally employed to produce local anæsthesia for small operations; but as the ether makes the skin hard and brawny the operation must be quite superficial, and even then there is much subsequent tingling and pain.

Internal. Stomach.—It may be used for the same classes of dyspepsia as chloroform or alcohol, and is often employed as a carminative to expel gas in flatulent dyspepsia.

Heart. Administered subcutaneously (dose, 10 to 15 m) or by the mouth, ether is an excellent cardiac stimulant of great value in fainting, cardiac failure, or palpitation, its advantage over chloroform and alcohol being that it is more rapid in its action. It is very useful as an antispasmodic during an attack of asthma. Spirit of ether with an equal part of aromatic spirit of ammonia and some water forms an excellent restorative.

Inhalation.—Ether is inhaled for the same purposes, and with the same precautions, as chloroform. There is great divergence of opinion as to which is the safer anæsthetic. All the published statistics in which the two are contrasted appear to show that ether is much safer, and this is what might have been expected from the contrast between the two already given. Chloroform is administered carelessly more often than ether, as it is easier to give, but even allowing for this ether is probably on the whole safer. The nausea and vomiting which sometimes follow the administration of ether may, it is said, be checked by giving 15 grains of sodium bromide. Very often anæsthesia is commenced with a few inhalations of nitrous oxide gas, and then completed with ether. This is much pleasanter for the patient than to use ether from the first.

ETHER ACETICUS.

Acetic Ether. An ethereal liquid consisting of ethyl acetate, $\text{CH}_3\text{COO}(\text{C}_2\text{H}_5)$, 1.250 gr. with an equal amount of ethylic alcohol and other substance.

Source. A mixture of sodium acetate, sulphuric acid, and ethylic alcohol is distilled. The residue is digested with dried potassium carbonate, and the portion boiling between 165° and 172° F. is separated.

Characters. A colorless liquid, sp. gr. 0.9 to 1.05. **Solubility.**—1 in 10 of water, miscible with alcohol or ether.

Dose, 20 to 40 m. for repeated administration; **60 to 90 m.** for a single administration.

It is used in *Liquor Epispasticus* as a solvent for camphor.

ACTION AND THERAPEUTICS.

It acts like ether, as a stimulant, antispasmodic, and carminative, but has a pleasanter taste.

NITROUS OXIDE.

Nitrous Oxide Gas. N_2O . (Not official.) *Synonym.* Laughing Gas.

Source. Prepared by heating ammonium nitrate to red heat.

Characters. A colorless, odorless gas. It is supplied in the liquid form, for convenience in the expression of certain properties. It is not chemically united to other substances, but is considered here for convenience.

ACTION.

The gas is always administered by inhalation. Outside the body it supports combustion, but it is not of the same use to living tissues as oxygen, and if it replaces oxygen it leads to a *phyxia* owing to the absence of oxygen.

Nervous System.—When the gas is inhaled, the patient experiences, after a few seconds, a rushing noise in the ears, and indistinctness of vision. He feels as if he is losing control of his higher faculties; he has a great desire to laugh, and feels happy; his speech and other movements are inco-ordinate; respiration becomes difficult, and by the time inhalation has lasted about 30 seconds he is cyanotic, and the following additional evidences of asphyxia are often present, viz: jerky, grunting stertor, muscular clonic

twitchings, irregularity and finally stoppage of respiration. The face piece must be removed when cyanosis begins to appear, and it will be seen that there is no corneal reflex; the eyes are fixed, and the pupils dilated. The patient is also now completely anesthetized, so that he does not feel a short operation, such as the withdrawal of a tooth. Very soon after the removal of the face piece he takes a deep breath, and the cyanosis disappears. The stage of anesthesia lasts from 20 to 40 seconds, and after it the patient wakes in two or three minutes, and suffers from no after effect.

It will be noticed that we have here the stage of excitation followed by depression. Whether the excitation is due to direct stimulation of the central nervous system or to removal of inhibition is undecided. To some extent the gas depresses the nervous system by cutting off oxygen, but Bert showed that, if administered under increased pressure with oxygen, so that there was plenty of oxygen in the blood, anesthesia was nevertheless produced; therefore the gas has a direct effect on the nervous system, possibly, as Dixon suggests, owing to its easy solubility in the fats there present.

Cardiac action. Nitrous oxide has no direct influence on the heart. The rise of blood pressure and the slowness of the pulse are due to asphyxia. It is simply dissolved in the blood; the amount there corresponds to the partial pressure of the gas in the lungs.

Respiration. The asphyxia is chiefly due to deprivation of oxygen, for the gas replaces much of that in the blood. The glycoemia that occasionally occurs after its administration is due to the asphyxia.

THERAPY.

Nitrous oxide is used solely to produce anesthesia for short operations. The steel cylinders in which the liquefied gas is contained have a tap which is worked by the administrator's foot. The liquid is vapourized directly it escapes from the cylinder, and

is passed into a large and rubber bag, from which the patient inhales it. It is a mask, with a valve so arranged that, when the patient breathes from the bag or expires into it, the air is forced out. If air, or still better oxygen, is inhaled at the same time as the nitrous oxide, we can produce the direct depressant effects of the gas on the central nervous system without the asphyxial symptoms, therefore pure nitrous oxide is rarely employed, but an apparatus devised by Hewitt, by means of which oxygen and nitrous oxide in varying proportions can be administered, is used; and patients can be kept anesthetized for a long time.

Ethyl Chloridum. *Nitro-ethyl Chloride.* *Hydrochloric ether.* *Kelene.* The vapour of this liquid is used for the purpose of inducing unconsciousness in a patient. It is contained in a glass capsule, with a pointed end, the point being the escape point. When the capsule is held with the point pointing towards the part to be anesthetized, the vapour escapes from it, the liquid ethyl chloride by its own weight remaining in the capsule. The vapour is inhaled by the patient, and by its evaporation produces cooling of the part. It is used for the performance of delicate operations, such as the removal of small warts. All fat is removed from the skin by means of it, and, with ether, ethyl chloride is inflammable. It is a powerful irritant, and a general anesthetic.

Methyl Chloride (Not official) is used in the same way to produce unconsciousness, and to remove pain of neuralgia, &c. The vapour is allowed to play freely on the surface for five or six minutes.

Anestile (Not official) is a non-official mixture of methyl chloride and ethyl chloride, and is used in the same way as ethyl chloride.

Ethyl Bromide (Not official) is a non-official mixture of ethyl chloride and ethyl bromide, and is used in the same way as ethyl chloride.

CLASS III. Nitrites.

Spiritus Ætheris Nitrosi. **Amyl Nitrite.** **Nitroglycerin.** **Sodium Nitrite.** **Ethyl Nitrite.** **Erythrol Nitrate.** **Manitol Hexanitrate.**

All these dilate the peripheral vessels, and increase the activity of the heart.

SPIRITUS ÆTHERIS NITROSI.

Spirit of Nitrous Ether. *Synonym.*—Sweet spirit of nitro.

This is a solution in alcohol of several substances, the chief being ethyl nitrite, aldehyde, paraldehyde, acetic acid, and acetic ether.

Source.—Distil a mixture of alcohol (90 per cent.), nitric acid, sulphuric acid, and copper, and dissolve the distillate in alcohol (90 per cent.). Probably what happens is this: Copper nitrate is first formed and hydrogen set free. This reduces some nitric acid to nitrous acid; this reacts with ethyl alcohol, forming ethyl nitrite and water. The copper nitrate first formed is decomposed by the sulphuric acid, nitric acid being regenerated and copper sulphate produced. The distillate consists of a mixture of ethyl nitrite, alcohol and its oxidation products.

Pure ethyl nitrite can be kept any time, but Spiritus Ætheris Nitrosi should be preserved in the dark in small hermetically sealed bottles, for it soon becomes acid. Much that is sold is not prepared according to the pharmacopœial directions.

CHARACTERS.—Transparent, nearly colourless, mobile, inflammable, slightly acid liquid of an apple-like odour and a sweet cooling taste. *Strength.* According to the Pharmacopœia it must contain between 2·5 and 1·75 per cent. of ethyl nitrite. Sp. gr. 0·840 to 0·845.

INCOMPATIBLES.—Potassium iodide, iron sulphate, tincture of guaiacum, gallic and tannic acids, antipyrin, and emulsions.

IMPURITY.—Excess of acetic acid.

Dose, 20 to 40 m. for repeated. **60 to 90 m.** for single administration.

ACTION.

External. Spirit of nitrous ether evaporates when it is applied externally, and a slightly anæsthetic effect is produced.

Internal.—It combines the action of the ether with that of the nitrites contained in it. Because of the ether it is a diffusible stimulant, a stomachic, and a carminative. Because of the nitrites it acts like amyl nitrite; but as the ethyl nitrite is so diluted, its action in this direction is feeble: thus it only moderately dilates the vessels, and except in poisonous doses probably does not affect the blood. The dilatation of the vessels leads to a diaphoretic effect on the skin, a diuretic effect on the kidneys, and

a lowering of arterial blood-pressure. The dilatation of the cutaneous vessels, the sweating, and perhaps the changes in the blood, produce a slight antipyretic influence. It is obvious that in these effects the nitrites will to some extent be aided by the ether.

THERAPEUTICS.

For its diaphoretic and slight antipyretic effects it is commonly given in mild febrile attacks, such as a common cold. It is also used as a diuretic in chronic Bright's disease, and cardiac and pulmonary diseases accompanied by oedema.

AMYL NITRIS.

Amyl Nitrite.

SOURCE.—Produced by the interaction of nitrous acid and amyl alcohol that has been distilled between 262° and 270° F. It consists chiefly of isoamyl nitrite, $C_5H_{11}NO_2$, but it contains other nitrites of the homologous series.

CHARACTERS.—An ethereal liquid of a pale yellow colour, smelling strongly like the sweetmeat pear drops, which flavoured with amyl acetate. Sp. gr. 0.88. Very volatile. Soluble in ether, chloroform, or spirit, but not in water.

IMPURITIES. Free acid and amyl nitrate.

Dose, 2 to 5 m., cautiously inhaled from a handkerchief in which a glass capsule containing the nitrite of amyl has been crushed.

ACTION.

External.—Locally applied it diminishes the activity of the sensory nerves, but they quickly recover.

Internal.—Amyl nitrite is rarely given by the mouth, so the following account will refer to the effects of inhalation. The effects of a single inhalation pass off in two or three minutes.

Circulation.—From a medical point of view by far the most important effects of amyl nitrite are those produced upon the heart and vessels. Within a minute of inhalation the face flushes, the heart beats very rapidly and violently, there is a throbbing in the head, and the vessels, e.g. the carotids, may be seen to pulsate actively. Headache, giddiness, dilatation of the pupils, and increased respiratory movements quickly supervene. The vessels of

the body rapidly dilate, but of the cutaneous vessels only those of the head and neck are affected, hence the flushing. The vessels may be actually seen to widen in the ear of a rabbit or in the retina. This is due to a direct action on the arterioles, for it happens if the cord is destroyed. It is the unstriated muscles of the arterioles, and not the ends of the nerves, which are affected. The blood pressure and arterial tension of course fall very low. The increase in the rate of the pulse is unaccompanied by any alteration in the force of the beat; it is apparently due to a depressing influence on the inhibitory vagus centre, possibly as a result of lowered blood pressure. In toxic doses the heart may be arrested in diastole from direct action on the cardiac muscle.

Respiration.—The rapidity and depth of respiration are at first somewhat increased, probably from central stimulation; the respiratory centres are later depressed, the breathing becoming slower and shallower, and usually death finally occurs from paralytic asphyxia of central origin.

Nervous system.—Many of the symptoms referable to the nervous system are secondary effects of the dilatation of the vessels of the brain and spinal cord. Such are the throbbing, sense of fulness, giddiness, and headache noticed directly after inhalation. The headache may remain some time. If much has been inhaled there is unsteadiness of gait and general restlessness. The pupil dilates, and disturbances of vision are present. The motor centres of the cord are profoundly depressed, therefore after large doses reflex actions are abolished. The function of sensory nerves, motor nerves, and muscles is depressed by the local application of the drug to them, but not after inhalation until shortly before death.

Temperature.—Amyl nitrite causes this to fall considerably both in fever and health. The fall is due to the peripheral vascular dilatation, and, if large doses are given, to the changes in the blood.

Urine.—The drug probably escapes in the urine as nitrites and nitrates; it is slightly diuretic, and may cause glycosuria, due, it is said, to dilatation of the vessels of the liver or of the medulla.

Blood.—Nitrites given in medicinal doses circulate as sodium nitrite. Outside the body they greatly diminish oxidation, and the same takes place in the blood. After the inhalation of a considerable amount (more than is usually given to a man) the arterial and venous blood both become a uniform chocolate colour. This is due to the formation of methemoglobin and another body, probably nitric oxide hemoglobin. The hemoglobin can no longer absorb oxygen, and hence its oxidizing power is diminished. It is by this action on the blood that in man nitrites kill, not by their vaso-dilator action; therefore the treatment for poisoning by them is inhalation of oxygen, that more may be dissolved in the plasma. In some of the lower animals they kill by acting as a direct poison to animal tissues.

Therapeutics.

Heart and Blood-vessels. Brunton in 1867 observed that in a case of angina pectoris the peripheral vessels were strongly contracted during an attack of pain. This noticed him to make the patient inhale amyl nitrite, and it was found that the vessels dilated and the pain passed off. Inhalation of amyl nitrite is now used for all sorts of cardiac pain, especially when it comes on in paroxysms. Generally the drug affords relief in a minute or so after inhalation, but by no means always. We do not sufficiently understand the pathology of angina pectoris to know how it acts. It may be by dilating the peripheral vessels, but I must that view is the fact that they are not always contracted during attacks of angina pectoris; amyl nitrite may relieve patients in whom the vessels are not contracted. The attacks of pain common in thoracic aneurysm may be relieved by it. It is successfully used to avert the dangerous pallor

sometimes seen during the administration of chloroform, and may be inhaled for other forms of syncope. The peculiar hot flushes experienced by some women during the menopause are benefited by inhalation of it. It is said to be useful, by lowering the blood pressure, in hæmoptysis and other varieties of severe hæmorrhage.

Nervous system.— If it is inhaled when the aura is felt, an epileptic fit may sometimes be prevented, and it has also been found useful during the status epilepticus. Because in migraine the vessels of the head are contracted, it has been used, and sometimes successfully, for this complaint. Its depressing action on the cord has suggested its employment in tetanus and strychnine poisoning.

Occasionally the inhalation of amyl nitrite relieves an attack of asthma. It has been shown in whooping-cough, sea-sickness, and cholera, without much good effect.

NIROGLYCERIN.

Trinitrolycerin. $C_3H_5(NO_2)_3$. (Not official.)

Synonyms.— Trinitron, Glycerin oil, N. B. S. blasting oil.

Source.— Glycerin is dropped into a mixture of sulphuric and nitric acid kept at 150°.

Characteristics.— A colourless oily liquid. Sp. gr. 1.6; slightly soluble in water, easily in ether, oil, alcohol, ether. Highly explosive. Mixed with silica forms dynamite.

Dose, $\frac{1}{200}$ to $\frac{1}{50}$ gr., never to be inhaled.

Preparations.

1. Liquor Trinitrini.— Nitrolycerin, $17\frac{1}{2}$ gr.; alcohol (90 per cent.), 4 fl. oz. *Strength.*— 1 per cent. Sp. gr. 0.840.

Dose, 1 to 2 m.

2. Tabellæ Trinitrini. Nitrolycerin, $\frac{1}{100}$ gr.; chocolate, 5 gr. Chocolate is used, as with it there is no risk of explosion.

Dose, 1 or 2 tablets.

ACTION AND THERAPEUTICS.

Its action is the same as that of amyl nitrite, except that in many animals and probably in man large doses do not form methæmoglobin in the blood,

the effects of nitroglycerin are **more persistent**, and as it is only suitable for administration by the mouth they are slower in their onset. It is frequently taken by persons liable to cardiac pain, with the object of warding off the attack, and often such persons require and bear large doses. Small doses are often used to lower the arterial tension in chronic interstitial nephritis. Occasionally it does good in asthma. It is really a nitrate of glycerin, but certainly physiologically it belongs to the class of nitrites; therefore, probably, directly it gets into the blood, sodium nitrite is formed.

SODIUM NITRITE.

Sodium Nitrite. NaNO_2 .

SOURCE. Made by heating sodium nitrate with lead, which becomes an oxide, taking oxygen from the nitrate.

CHARACTERS. A white, crystalline, deliquescent powder, soluble in water.

Dose, 1 to 2 gr.

LIQUOR ETHYL NITRITIS.

Solution of Ethyl Nitrite.

A mixture of 95 parts by volume of absolute alcohol, 4.5 parts by volume of glycerin, containing, when freshly made, 3 per cent. by weight, and even when long kept not less than 2½ per cent. of ethyl nitrite.

SOURCE. Obtained by the interaction of alcohol (90 per cent.), sodium nitrite, and diluted sulphuric acid at a low temperature.

CHARACTERS AND TESTS.—A limpid, almost colourless liquid with characteristic apple-like odour and taste. Highly flammable. Sp. gr. 0.823 to 0.826. Should be stored in small bottles.

Dose, 20 to 60 m.

ACTION AND THERAPEUTICS.

The action of sodium nitrite and ethyl nitrite is the same as that of amyl nitrite and other nitrites. They are suitable for the same cases as nitroglycerin, as they are **slower and gentler** in their action than amyl nitrite. Sodium nitrite has the same action on the blood as amyl nitrite.

ERYTHROL NITRAS. (Not official.)

Erythrol Nitrate. *Synonym.* Erythrol tetranitrate.

Characteristics. It is a colorless, crystalline solid, soluble in water, and in alcohol.

Dose, to 1 gr.

Erythrol nitrate has the same action as nitrites. It is less powerful than nitrite of amyl and nitroglycerin. It is best given in chocolate tablets, and, as its action is slow, it is the best of this group for Bright's disease.

Manitol hexanitrate. *Synonym.* Hexanitrate of manitol. It is a colorless, crystalline solid, soluble in water, and in alcohol. It is cheaper and less powerful than erythrol nitrate.

CLASS IV. Hypnotics.

Chloral Hydras, Butyl-chloral Hydras, Chloretone, Chloralose, Chloralamide, Paraldehydum, Sulphonal, Trional, Tetronal, Veronal, Medinal, Adalin.

CHLORAL HYDRAS.

Chloral Hydrate, or Trichlorethylidene Alcohol.
 $\text{CCl}_3\text{CH(OH)CH}_3$

Solubility. Alcohol is soluble in water, and is also soluble in ether, and in chloroform. It is also soluble in benzene, and in carbon tetrachloride.

Characteristics. Chloral hydrate is a colorless, crystalline solid, melting at 57°C . It is soluble in water, and in alcohol. It is also soluble in benzene, and in carbon tetrachloride. It is also soluble in ether, and in chloroform.

Preparations. Alcohol hydrate.

Preparations. Hydrate of chloral.

Dose, 5 to 20 gr.

Preparations.

Syrupus Chloral. *Synonym.* Chloral syrup.

Dose, $\frac{1}{2}$ to 2 fl. dr.

Action.

External. - It is a powerful antiseptic. Locally applied it is irritant, causing vesication.

Internal.—*Alimentary canal.*—Unless diluted chloral hydrate is a gastric irritant; large doses therefore may give rise to vomiting and purging.

Blood.—It is readily absorbed, and circulates in the blood unchanged. It was formerly thought that alkalies convert it into chloroform and formic acid, this change would take place in the blood, and consequently Liebreich suggested its use as an anæsthetic. It is now known that this view is wrong, no chloroform can be found in the blood of chloralised animals, nor in the breath, nor in the urine, unless that fluid is alkaline, in which case chloral hydrate is decomposed by the alkali in the urine.

Circulation.—Chloral hydrate **depresses the heart**, large doses having this action to a considerable degree. This is due to a local effect on the heart itself; probably both the muscular substance and the nerves contained in it are affected. The pulse, which may at first be slightly quickened, soon becomes slow, feeble, and irregular, and the heart finally stops in diastole. The **vaso-motor centre is depressed**, and consequently the vessels dilate. As a result of these actions on the heart and the vessels the **blood-pressure falls**.

Respiration. After large doses the respirations become slow and full, and after toxic doses they become irregular and shallow before finally ceasing. This is due to the action of chloral hydrate on the respiratory centre.

Temperature. Large doses cause a fall by diminishing the production and increasing the loss of heat.

Brain.—Chloral hydrate is a **powerful hypnotic**, acting directly on the brain. The stage of excitation, if it exists, is very short. Soon after taking a moderate dose the patient is overcome by sleep, which lasts several hours, and is indistinguishable from natural sleep. On waking there is neither confusion nor headache, and he feels refreshed. Large doses produce coma. The pupil is always contracted

Spinal cord. At first the anterior cornua may be slightly stimulated, but soon they are depressed, and there is consequently paralysis and loss of reflex excitability. The motor nerves and the muscles are not affected, nor are the sensory nerves unless the dose is very large, when there may be anesthesia.

Metabolism. Prolonged large doses lead to fatty degeneration of the tissues and to an increase of nitrogen, phosphorus, and sulphur in the urine, indicating an excessive breaking down of protein tissues. The urine reduces Fehling's solution; this is due to the presence of urochlorealic acid, not to sugar, as was formerly thought.

It will be observed that chloral hydrate is a **powerful general depressant**, chiefly of the cerebrum, but also of the respiratory centre, the vaso-motor centre, the anterior cornua, the production of heat, and the heart. It is only because it depresses the cerebrum much earlier than any other part of the body that we can use it as an hypnotic. Chloral hydrate is often called chloral, but this is an oily liquid.

THERAPEUTICS.

External. The compound with camphor has been employed as a local anodyne for neuralgia, and may be applied to aching teeth.

Internal. Chloral hydrate is largely used for its hypnotic effect. Its great advantages over many other hypnotics are that doses sufficient to produce a deep sleep are not large enough to cause gastrointestinal irritation, cardiac and respiratory depression, and the other harmful effects. Chloral hydrate is certain in its action; it quickly produces sleep; and there are no bad after-effects. Children take it well.

It is especially useful in simple insomnia from overwork or worry. Its disadvantages are that it does not relieve pain at all, and it should therefore not be used for insomnia due to this cause; and that, as it depresses the heart and respiration, it must be given

carefully in diseases of the heart and lungs, and also when the stomach or intestines are diseased, as it may irritate these structures. In febrile insomnia it is very valuable in the early stages, but must be given cautiously later when there is any danger of cardiac weakness. It does not relieve the distress and cough of diseases of the heart and lungs. It has been used as a cerebral depressant in delirium, mania, puerperal convulsions, and mania, but very large doses are required, and consequently the results must be watched with great care.

From its action on the spinal cord chloral hydrate has been used, and sometimes with success, in tetanus, whooping-cough, incontinence of urine, and strychnine poisoning.

Hypnal (dose, 15 gr. in a cachet) is a compound of chloral hydrate and antipyrine which has been used to produce sleep when pain is present.

TOXICOLOGY.

Acute Poisoning.—As will be inferred from the action of chloral hydrate, the symptoms of poisoning by it are deep sleep, a weak, feeble, irregular, slow pulse, which may become imperceptible before death; diminished frequency of respiration and cyanic lividity; and abolition of reflex movements. The temperature of the skin is cold, and the temperature is subnormal. *Treatment.* Give emetics (see p. 136) or wash out the stomach. Keep up the temperature by hot bottles, hot fomentations, friction, and massage. Prevent sleep by the injection of strong coffee into the rectum, shouting at the patient, rousing him, flapping with wet towels, bathing, &c. Give a subcutaneous injection of strychnine, because of its stimulant action on the anterior cornua. Use inhalations of amyl nitrite to stimulate the heart, and artificial respiration if necessary.

Chronic poisoning. The taking of chloral hydrate is a vice to which many persons are addicted. A craving for it is soon established. The chief symptoms of chronic chloral poisoning are gastro-intestinal irritation, a great liability to erythematous eruptions, dyspnoea dependent upon the cardiac and respiratory system, and general weakness. There may be disturbance of mental equilibrium, and persons have been known to become permanently weak-minded. A slightly larger dose than usual may be quickly fatal.

BUTYL-CHLORAL HYDRATE.

Butyl-chloral hydrate. *Butylchloralhydrat* (Fr.).



Symptoms.—Calmness, dulness of vision, and a feeling of heaviness in the head. Sleep is induced in 15 to 20 minutes. The action is similar to that of chloralhydrate, but the effect is more rapid and more pronounced.

Characteristics.—It is a colorless, odorless, and tasteless liquid, which is soluble in water and alcohol. It is a powerful hypnotic and sedative.

Dose, 5 to 20 gr.

ACTION AND THERAPEUTICS.

The action of butyl-chloralhydrate is exactly similar to that of chloralhydrate, but it is less potent in its effect. It is said to depress directly to the heart, and to have a direct action on respiration and on the fifth nerve, but both statements are doubtful.

Chloretone. *Chloretone* (Fr.).

Symptoms.—It is a powerful hypnotic and sedative.

Characteristics.—It is a colorless, odorless, and tasteless liquid, which is soluble in water and alcohol.

Dose, 5 to 20 gr.

ACTION AND THERAPEUTICS.

It is a powerful hypnotic and sedative, and its action is similar to that of chloralhydrate. It is said to depress directly to the heart, and to have a direct action on respiration and on the fifth nerve, but both statements are doubtful.

Chloralose. *Chloralose* (Fr.).

Symptoms.—It is a powerful hypnotic and sedative.

Characteristics.—It is a colorless, odorless, and tasteless liquid, which is soluble in water and alcohol.

Dose, 3 to 10 gr.

ACTION AND THERAPEUTICS.

It is a powerful hypnotic and sedative, and its action is similar to that of chloralhydrate. It is said to depress directly to the heart, and to have a direct action on respiration and on the fifth nerve, but both statements are doubtful.

Chloralamide. *Chloralamide* (Fr.).

Synonym.—Chloralformamide.

CHARACTER. Shining, colourless crystal. Taste slightly bitter. Solubility. Slightly soluble in about 1 in 20 of water, 1 in 2 of alcohol (90 per cent.), and in weak acid solutions. Should not be heated over 140° F., or mixed with alkalis, for in either case it decomposes.

Dose, 15 to 40 gr.

ACTION AND THERAPEUTICS.

Chloralamide is an excellent hypnotic, producing clear refreshing sleep without any bad after effects. It has little or no cardiac, vaso-motor or respiratory depressant action. In the blood it is decomposed into chloral and formamide, and it may be that the latter prevents the depressant action of the chloral. Frequent use does not necessitate an increased dose, nor, as far as we know, is any chloralamide habit contracted. It does not relieve pain, but is equally serviceable for all varieties of insomnia unless due to pain. If possible it should not be given as a powder, for it is then so very slowly absorbed that probably some of it is decomposed in the intestines or stomach; occasionally, when powdered chloralamide has been administered in the evening, the patient has not slept during the night, but has slept all the next day, because the drug has been so slowly absorbed. The best way to give it is to dissolve it in a little alcohol. The patient may be told to dissolve 20 or more grains in sufficient brandy, to add water not above 130° F., and drink it before going to bed. It will require stirring for some time. Some specimens are very insoluble, and must be suspended. It is said that 10 minims of aromatic sulphuric acid added to 1 fl. oz. of water will dissolve 30 gr. of chloralamide, but this is not always true. It acts if given as an enema. Fifteen grain of each of potassium bromide and chloralamide, flavoured with tincture of orange and chloroform water, has been strongly recommended for insomnia and for sea-sickness. This mixture resembles a proprietary preparation called chlorobrom.

PARALDEHYDUM.Paraldehyde. $C_6H_{12}O_3$.

SOURCE.—A product of the polymerization of aldehyde by means of various acids or salts. For example, aldehyde may be acted on by hydrochloric acid, sulphuric acid, or zinc chloride; during the action the mixture becomes hot; on cooling to 32° F. paraldehyde crystallizes. $3C_2H_4O = C_6H_{12}O_3$.

CHARACTERS.—A colourless liquid of ethereal odour and burning taste. It freezes at 50° F., boils at 250° F. Sp. gr. 0.998. *Solubility.* 1 in 10 of water; freely in alcohol and ether. It should be kept preserved from light and air.

Dose, $\frac{1}{2}$ to 2 fl. dr. in capsules or a mixture (see below).

ACTION.

External.— It is antiseptic.

Internal. Large doses increase the flow of urine and somewhat strengthen the heart, but they do not affect the gastrointestinal tract or respiration; enormous doses weaken the heart, and kill by paralysis of the respiratory centre.

Nervous system.— It is a powerful hypnotic, without any unpleasant after-effects. It acts quickly, and the sleep, which lasts several hours, is quiet, refreshing, and dreamless. Paraldehyde in toxic doses paralyzes the anterior cornua of the spinal cord; thus it abolishes reflex action and causes paralysis. It does not affect nerves or muscles.

THERAPEUTICS.

It is given solely as an hypnotic in the same class of cases as chloral, and as it does not act on the heart it may also be used for patients suffering from cardiac disease. It has been used largely in asylums to produce quiet in mania and sleep in melancholia. It may produce an erythematous rash. Unless given in capsules the great objection to its use is its nasty taste, which is best covered by syrup and tincture of orange peel with at least two fluid ounces of water to ensure a usual dose being dissolved. It gives its unpleasant odour to the breath, which lasts many hours. Its nasty taste usually prevents the formation of a paraldehyde habit, but occasionally

muscle is contracted and the symptoms exactly resemble those of delirium tremens.

SULPHONAL.

Dose. 10 to 30 gr. in cachets or in capsules.

Chemical formula.

Synthesis. It is prepared by the action of the acid chloride of sulphonal on sodium acetate.

Properties. It is a white, crystalline substance, melting at 100° C. It is soluble in water, alcohol, and ether. It is stable in air and light.

Dose, 10 to 30 gr., in cachets or in capsules in milk or in flavoured boiling water, drunk as soon as cool.

ACTION AND THERAPEUTICS.

Sulphonal is an **hypnotic**. It does not depress the heart. The drug is given for the same class of cases as chloral hydrate, but as it is so insoluble it is absorbed with difficulty and slowly; hence it takes two or more hours to act, and its action may be prolonged into the next day. It produces its effect rapidly if the fluid in which it is suspended is alkaline, but as they are so much more convenient it is usually given in cachets an hour and a half before bedtime. Sulphonal rarely leads to a "sulphonal habit" or to any disagreeable after-effects. The symptoms of a sulphonal habit are general lethargy, mental, moral and muscular weakness, loss of nutrition, and dyspepsia. It has been known to produce eruptions on the skin and hematoporphyrin in the urine. Enormous small doses produce, in addition to these symptoms, prolonged sleep, lasting many days, paralysis of sphincters, anuria, a fall of temperature, and, late in the case, depression of respiration.

Trional and Tetronal.—(Not official.)

These two substances have the same general formula as sulphonal, but contain respectively two ethyl groups and three methyl groups in place of the ethyl group and the methyl group in sulphonal respectively.

Dose, Trional, 10 to 30 gr.; Tetronal, 10 to 20 gr. Both are best given in cachets.

ACTION AND THERAPEUTICS.

They are used for the same purposes as sulphonal, and like it may produce haematoporphyrinuria. As a rule they act more quickly than sulphonal. Trional is the most popular. It is rare for either to lead to the formation of a habit or to induce disagreeable after-effects.

Veronal. — (Not official.)

Synonymum.—Diethyl-malonal.

A white crystalline powder feebly soluble in water.

Dose. 5 to 10 gr. in a cachet or hot fluid.

This is a hypnotic, inducing refreshing sleep almost always without evil effects, but occasionally it causes a severe erythematous rash, and rarely an ordinary dose has produced dangerous and even fatal symptoms. It does not depress the heart, and patients do not acquire the habit of taking it. Large doses may even be given to moribund patients. As with all insoluble hypnotics, sleep may be deferred till some time after giving the drug. **Medinal** (which is a diethyl-veronal), **dose 5 to 15 grains** dissolved in water, and **Adalin** (which is bromodiethyl-acetyl-urea), **dose 5 to 15 grains** in a cachet, are both given as hypnotics. Often they are very useful.

CLASS V. Drugs which have an Antipyretic or Analgesic Action.

Acetanilidum, Phenazonum, Phenacetinum, Salipyrin, Citrophen, Pyramidon, Tolpyrin, Exalgin, Resorcin, Methylene Blue, Orthoform.

ACETANILIDUM.

Acetanilide. $\text{CH}_3\text{CO}\cdot\text{NH}\cdot\text{C}_6\text{H}_5$.

Synonyms.—Antifebrin, Phenyl-acetamide.

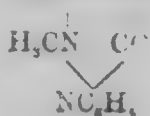
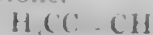
SOURCE.—Glacial acetic acid and aniline are heated together. $\text{C}_6\text{H}_5\text{NH}_2 + \text{HC}_2\text{H}_3\text{O}_2 \rightarrow \text{CH}_3\text{CO}\cdot\text{NH}\cdot\text{C}_6\text{H}_5$. Acetanilide is distilled over and purified by crystallization.

CHARACTERS.—Colourless scaly crystals of a pungent taste. *Solubility.*—1 in 200 of cold water, 1 in 18 of boiling; 1 in 4 of alcohol (90 per cent.); freely in ether and chloroform.

Dose, 1 to 3 gr. in cachets or suspended.

PHENAZONUM.

Phenazone. $\text{C}_{11}\text{H}_8\text{N}_2\text{O}$. *Synonyms.*—Antipyrine, Phenyl-dimethyl-isopyrazolone.



[illegible]

CHARACTERS. Colourless, odourless, sealy bitter crystals, soluble in water, insoluble in alcohol.

INCOMPATIBILITIES. It is incompatible with the second condition that it should be prescribed

Dose, 5 to 20 gr.

PHENACETINUM.

$\text{C}_6\text{H}_4\text{NO}_2$. *Synonym.* Para-acetphenetidin.
 $\text{CH}_3\text{OCH}_2\text{NHCOCH}_3$.
 Glacial acetic acid is made to act upon para-
 nitrophenol, $\text{C}_6\text{H}_4\text{NO}_2$, and the product is
 $\text{CH}_3\text{OCH}_2\text{NHCOCH}_3 + \text{H}_2\text{O}$.

CHARACTERS.—Colourless, tasteless, scaly crystals, very soluble in 17000 soluble in water. Soluble in 20 parts of alcohol, 90 parts of ether. Insoluble in benzene, chloroform.

Dose, 5 to 10 gr. in cachets, capsules, or suspended.

ACTIONS OF ACETANILIDE, PHENAZONE, AND PHENACETIN.

None of these substances has any action externally or on the gastro-intestinal tract. Acetanilide and phenazone are local haemostatics, as they contract blood-vessels when applied to them. Acetanilide and phenacetin are in the body converted into para-amido-phenol and act as such. The change takes place the more rapidly with acetanilide and hence that is the more powerful and dangerous of the two.

Blood.—With ordinary doses of these drugs this is unaffected, but in large doses the colour is changed from the formation of methæmoglobin. The passage of this in the urine discolours it. Acet. An. causes the red corpuscles to break up, and arrests the movements of the white. We do not now for certain whether the other two substances produce this result.

Heart.—All these substances depress the heart.

probably owing to a directly paralysing action on the cardiac muscle. This cardiac depression is much less marked with phenacetin than the other two, and is perhaps less with phenazone than acetanilide. Some persons, especially weakly women, are particularly susceptible, and the dangerous symptoms described under Toxicology may be easily produced in them.

Vessels.—Acetanilide and phenazone contract the smaller vessels from direct action on their muscular coat. The blood-pressure therefore rises at first, but later it falls from the cardiac depression.

Respiration.—This is not affected by ordinary doses. After toxic doses the force of the respiratory act progressively diminishes.

Kidneys.—Large doses of any of these drugs cause the urine to be dark from the passage of altered blood. Phenazone is quickly excreted as such combined with sulphuric acid in the urine. The other two often lead to the appearance of glycuronic acid in the urine.

Skin.—Any of these three drugs may produce an erythematous rash which is usually measly or urticarial, and they are occasionally mild diaphoretics.

Temperature.—These three substances are all powerful **antipyretics**. They have a very slight action on the temperature of health, but they reduce it very markedly when it is raised from any cause. They were all introduced into medicine for this property. We have already seen (see p. 67) how numerous are the ways in which antipyretics may act. The fall of temperature produced by these drugs is not due to any action on the blood or the circulation, and it is too marked to be entirely owing to their slight diaphoretic action. They all decrease heat production, and it is most likely that they act directly upon that part of the central nervous system, perhaps the corpora striata, which presides over heat production. They all increase heat dissipation. The result of these two actions is that the temperature falls. The proof

of these statements is too long and complicated to give here, but we may mention that it is stated to have been shown both by a calorimeter, and by the increase of the products of the febrile destruction of tissue, such as urea, that these drugs diminish heat production. Some differ from the above statement, and believe these drugs act only by dilating, by central action, the cutaneous vessels, and so increasing the heat loss.

Nervous system. These three drugs are powerful **analgesics**. Acetanilide and phenazone in large doses are said to produce first convulsions, then coma and paralysis of motor nerves and muscles; but all these statements require further experiments.

THERAPEUTICS OF ACETANILIDE, PHENAZONE, AND PHENACETIN.

External. — Acetanilide is occasionally employed as a dusting powder, or as an ointment (2.5 gr. to 2.0 oz.), for chronic ulcers and eczema.

Internal. — *Pyrexia.* — Originally these drugs were introduced into medicine on account of the property they have of reducing pyrexia. The opinion now is, however, that if the temperature is dangerously high no attempt should be made to reduce it, for probably the raised temperature is an endeavour on the part of the body to defend itself against the micro-organisms which are the cause of the particular fever from which the patient is suffering; in other words, the pyrexia is a "defensive mechanism." Further, these drugs are all cardiac depressants and therefore unsuitable for patients suffering from fever, and this last consideration makes many physicians prefer to use cold water rather than these drugs when the temperature is so high that it is considered that it, in itself, is dangerous to life. Should it, however, for any reason be decided to give one of these drugs as an antipyretic, phenacetin has the great advantage of depressing the heart very little, and rarely producing the alarming

toxic effects described below. It is, however, very insoluble, and slower and less powerful in its action than the other two, but the effect is longer. In order to gain a rapid effect, those who use these drugs commonly give either phenazone or acetanilide. Phenazone has the advantage of being soluble, and the balance of evidence is that toxic symptoms are more common after acetanilide, which, too, does not keep the temperature down quite so long as phenazone. Both take about two hours to reduce the pyrexia to its minimum, the last named being rather the more rapid of the two. Phenazone may be given subcutaneously, but this is not advisable, as sores may be produced. Either may be given *per rectum*.

Analgesic action. All the three drugs have the property of relieving pain. It is least marked with acetanilide, most with phenazone; but as phenacetin possesses it very strongly it is perhaps on the whole to be preferred as an analgesic, for toxic results after it are very rare. These drugs, especially phenazone, are largely used to relieve the pains of neuralgia, sciatica, dysmenorrhœa, locomotor ataxy, migraine, and various headaches. The dose of phenacetin for this purpose is 5 grains every hour for three or four hours; this generally gives relief. Doses of 10 grains of phenazone may be used for the same purpose. Useful preparations are *Phenacetinum cum Caffeina Effervescent*, dose 60 to 120 gr., and *Pulvis Acetanilidi Compositus* (B. P. Codex), dose 3 to 5 gr. *Antikamnia*, a proprietary drug, contains acetanilide 70 per cent., caffeine 10 per cent., and sodium bicarbonate 20 per cent. *Antimervin* contains acetanilide, sodium salicylate, and potassium bromide.

TOXICITY.

All these drugs occasionally produce in man collapse, cyanosis, very slow respiration, a feeble and irregular pulse, vomiting, profuse sweating, and profound prostration. Many deaths have been caused by them. It has been stated that during one epidemic of influenza in Vienna seventeen persons were killed by phenazone. Acetanilide is most likely, and

phenacetin least likely, to be accompanied by symptoms of poisoning. Any of these drugs may produce a rash, most often like measles or scarlet fever, but sometimes like pem-

Treatment. Stimulation by alcohol and ether subcutaneously and by the mouth. Strychnine subcutaneously to stimulate the heart. Oxygen inhalations. Warmth to the feet and body.

Salipyrin (Not official), containing 42.3 per cent. of salicylic acid and 57.7 per cent. of salicylic acid, has been used chiefly as an analgesic for chronic rheumatism and sciatica.

Dose, 10 to 15 gr. in a cachet, or dissolved in alcohol.

Citrophen (Not official), a combination of citric acid and parphenetidin (**Dose, 3 to 8 gr.** in water), has been used to relieve headache.

Pyramidon (Not official), an amido derivative of pyrazolone (**Dose, 5 to 8 gr.** in a cachet), has been much used for headaches and neuralgia.

Tolypyrin (Not official) is antipyrin with one hydrogen of the phenyl group replaced by methyl. (**Dose, 5 to 20 gr.** in a cachet.) It has been used for neuralgia.

Exalgin.—(Not official.)

Synonym.—Methyl-acetanilide. $C_6H_5N(CH_3)CH_2CO$.

CHARACTERS.—Colourless acicular or tabular crystals, with a slight saline taste. **Solubility.**—1 in 60 of water; 1 in 10 of alcohol.

Dose, $\frac{1}{2}$ to 3 gr.

ACTION AND THERAPEUTICS.

Exalgin is a powerful analgesic, and has been given with success for neuralgia. Often it relieves when many other drugs have failed. Medicinal doses rarely cause depression, but very large quantities may be dangerous, breaking up the blood of the acetanilide. It is best dissolved in Tinctura Aurantii, and flavoured with Syrupus Aurantii Floris, or may be made into a pill with syrup of glucose.

Resorcin.—(Not official.)

Synonym.—Metadihydroxybenzene.

It is a derivative of benzene or phenol.

CHARACTERS.—White crystals resembling, but larger than, those of benzoic acid. **Solubility.**—1 in 1 of water; 1 in 20 of olive oil; easily in alcohol.

Dose, 3 to 8 gr.

ACTION AND THERAPEUTICS.

This substance, originally introduced as an antipyretic, is now rarely given internally, as it is too depressant to the heart. A solution of resorcin in glycerin, 1 in 4, is excellent for removing epidermic scales in chronic skin diseases, and also for getting rid of the scurf in seborrhoea sicca of the scalp. A lotion: Resorcin 1, ether 1, castor oil 1, camphor Cologne 10, alcohol 90 per cent. 35, is useful for dandruff and alopecia. Resorcin is a powerful antiseptic, and a 5 per cent. solution may be injected into the bladder in cystitis.

Methylene Blue. *ANILINE DERIVATIVE.*

CHARACTERS.—Dull, dark green crystals forming an intensely blue solution in water. As commercial methylene blue contains zinc chloride, it must be ordered medicinally pure.

Dose, 1 to 4 gr.

It has been used as an analgesic in neuralgia, migraine, sciatica, and rheumatism. Some authors recommend it strongly for malaria. It colours both urine and feces a brilliant blue. Occurs in the urine in cystitis.

Orthoform. *ANILINE DERIVATIVE.*

The methylester of orthoformic acid, $\text{C}_6\text{H}_5\text{OCH}_2\text{N}(\text{C}_6\text{H}_5)_2$. A white crystalline powder with no other taste than that of the very strong odour which it emits.

It is not poisonous, and has no action on healthy skin and mucous membranes, but is useful for anæsthetic purposes, either as a powder or in solution (10 to 20 per cent. with lino. oil), as a powerful anæsthetic for the treatment of great ulcers to relieve the patient of excruciating pains. It is also successful in all cases of the erysipelatous form of carbuncle, it removes the pain of cancer of the mammae.

CLASS VI.—Antiseptics.

Carbolic Acid, Picric Acid, Sulphocarbolates, Creosote, Guaiacol, Iodoform, Naphthol, Creolin, Cyllin, Chinosol, Atophan, Lysol, Izal, Formaldehyd, and Urotropine.

ACIDUM CARBOLICUM.

Carbolic Acid. Phenol, or Phenyl alcohol. $\text{C}_6\text{H}_5\text{OH}$.

SOURCE. From coal tar oil by fractional distillation, and purification.

CHARACTERS.—Colourless acicular crystals of a peculiar odour. Treated with about 6 per cent. of water, they become fluid; they are very hygroscopic, and hence soon become fluid on exposure to air. Often reddish from the impurities of ann and rosolic acid, which form a red compound by the absorption of carbonic acid and oxygen. Melts at 91.5° F. to an oil. Does not redden litmus paper, coagulates albumen. *Specific gravity*.—1 in 14 of water; freely in alcohol, fats, and oils.

It is contained in Liquor Thyroidei, and in Injectio Ergota-Hypodermica.

Dose, 1 to 3 gr. as a p... The... is made thus: Acidum Carbohcum, 60 gr.; hard paraffin, 12 gr.; wheaten flour, 45 gr.; glucanth, 3 gr.

Preparations

1. Acidum Carbolicum Liquefactum.

Phenol, 10; water, 1.

Dose, 1 to 3 m.

2. Glycerinum Acidi Carbolici.—Phenol, 1;

Glycerin, 5.

3. Suppositoria Acidi Carbolici. 1 gr. in

each. Made with white beeswax and oil of theobroma.

4. Trochiscus Acidi Carbolici. 1 gr. in each

with a tolu basis.

5. Unguentum Acidi Carbolici. Phenol, 1;

Glycerin, 3; white paraffin ointment, 21.

ACTION.

External. Carbolic acid, being a protoplasmic poison, is a powerful **antizymotic**, rapidly destroying organized ferments, both animal and vegetable. Consequently it destroys those of septic diseases, hence it is **antiseptic**. It thus prevents the formation of the products of the decompositions which are set up by these organisms. For this reason it is **disinfectant**, and as these products of decomposition are generally foul-smelling, it is **deodorant**. It does not act so readily on unorganized ferments (enzymes), such as pepsin and pyruhin, but in large doses it likewise destroys their activity. Carbolic acid is not so powerful an anti-

zymotic as perchloride of mercury (*see* p. 201); for Evans ('Guy's Hospital Reports,' vol. xlvii.) found that anthrax spores were not killed in twenty-four hours by a solution of 1 in 100, but were killed by a solution of 1 in 20 acting for twenty-four hours, but not when it acted for only four hours. The bacilli of anthrax were killed by solution of 1 in 100 acting for five minutes, 1 in 150 acting for a quarter of an hour, 1 in 175 acting for half an hour, but were unaffected by a solution of 1 in 150 acting for one minute, 1 in 175 acting for a quarter of an hour, 1 in 300 acting for an hour. Strengths of 1 in 40 and 1 in 20 are commonly employed in surgery. The solution in oil has no antiseptic properties. The power of carbolic acid to destroy low organisms makes it an efficient **parasiticide** against certain vegetable parasites infesting the skin.

When applied to the skin in weak or moderately strong solutions, it produces **local anæsthesia** with a feeling of numbness, which lasts some hours. If concentrated it acts as an **irritant** and **caustic**, causing a burning pain, and in a few minutes a white spot appears, which becomes red when the acid is removed. If the application is prolonged a white eschar or slough results. There is no vesication.

Internal.—*Gastro-intestinal tract.*—If concentrated, carbolic acid produces the same effect on the mouth as on the skin, and is a powerful gastro-intestinal irritant (*see* Toxicology). In the stomach it is converted into a sulphocarbolate, and unless poisonous doses be given, it is so diluted by the gastric contents that it loses its antizymotic power.

Blood.—It is not known in what form carbolic acid circulates.

Circulation.—Medicinal doses have no effect. Large doses paralyse the vaso-motor centre in the medulla, and the blood-pressure falls. It is not until very large doses have been given that the heart is affected, and then its activity is depressed.

Respiration.—Small doses have no influence on respiration, but large ones accelerate it, probably from stimulation of the vagi. Ultimately respiration is paralysed, and death results.

Temperature.—This is unaffected by small doses of carbolic acid, but large doses cause it to fall, because they diminish the production of heat and increase its dissipation.

Nervous system.—Carbolic acid is a cerebral depressant in large doses, for coma is produced by them; they first stimulate the anterior cornua, producing convulsions, but subsequently depress them, causing paralysis.

Urine. Much interest attaches to this, for even after moderate doses of carbolic acid, or absorption from surgical dressings, the urine may become dark, especially on being kept exposed to air. This is not due to blood, as was once thought, for Sir Thomas Stevenson has shown that there is no increase of iron in the urine. After taking carbolic acid, parts of phenyl sulphuric acid and glycuronic acid, pyrocatechin and hydroquinone appear in the urine. The last two are oxidation products of carbolic acid, which on further oxidation produce dark-coloured substances, which are the cause of the colour of the urine. The presence in the urine of these results of carbolic acid is recognized by distilling them over from it after acidifying with sulphuric acid. The distillate gives a blue colour with neutral ferric chloride, a white crystalline precipitate of tribromophenol with bromine water, and a red colour on heating with Millon's reagent. Some carbolic acid escapes in the other excretions; some is burnt up in the body. When very large doses are given, carbolic acid itself may appear in the urine in the free state.

THERAPEUTICS.

External. Carbolic acid is largely used as a deodorant and disinfectant for drains, bed-pans (for

which the cheap crude acid may be employed), soiled linen, surgical instruments, the surgeon's hands, &c. Carbolic lotion (1 in 40) is used to wash wounds to keep them antiseptic, and carbolized gauze (which is unbleached cotton gauze medicated with half its weight of a mixture of carbolic acid 1, resin 4, paraffin 4) is employed as a dressing for the same purpose. A spray of a solution of carbolic acid was formerly much used to keep the air round the wound antiseptic during an operation, but it is now discarded as unnecessary.

Glycerin of carbolic acid is a very efficient preparation to destroy the fungus of *tinea tonsurans* or *tinea versicolor*; for the latter it should be diluted.

Because of its anæsthetic effect a strong solution (1 in 20) will relieve itching from any cause. Carbolized vapour has been inhaled in phthisis, but by the time it reaches the lungs it is far too dilute to have any action on the tubercle bacilli. Cresol, which is a mixture of orthocresol, metacresol, and paracresol, which are present in crude carbolic acid is useful when slowly vaporized over a spirit lamp for reducing the paroxysms of whooping cough.

Internal. — Mouth.—The glycerinum, if diluted, may be applied as a stimulant to the mouth in aphthous stomatitis, or when any indolent ulceration is present. A gargle (15 m of Glycerinum Acidi Carbolici to 1 fl. oz. of water) is an excellent preparation. The glycerinum has been used for diphtheria, but probably it does no good, except that being a local anæsthetic it soothes pain. A piece of cotton wool soaked in strong carbolic acid will relieve pain if placed in a decayed tooth, but care must be taken to prevent it from coming in contact with the soft parts by putting another piece of dry cotton wool over it.

Stomach.—Carbolic acid has been given to relieve flatulence, because it was thought that it

would prevent decomposition in the stomach; but it is powerless to do this, owing to the degree to which the gastric contents dilute it. Some state that it checks vomiting and helps to cure dyspepsia, but it is not a remedy which is universally regarded as useful for these purposes. It may, however, be tried in obstinate cases, and it will sometimes be found to be a good carminative. It has been given internally as an antiseptic in phthisis, but it does no good, and those who give it forget that probably scarcely any carbolie acid reaches the lungs. It has also been extensively tried in typhoid fever, but without any good effect.

ESSENCE OF

If carbolie acid is at all concentrated, immediately on contact there is an intense burning sensation in the mouth, gullet and stomach, and white eschars form in the mouth. The patient is collapsed, his skin is cold and clammy. The breathing becomes more and more feeble and shallow, and finally stops. The urine is darkish green. Reflex movements are abolished, and ultimately he becomes insensible. *Post mortem*.—There are white, hard sloughs, especially on the tongue, and in the mouth, and on the nostrils. The liver is enlarged and congested, and fatty. In some cases fatty degeneration of the liver may be found.

Antidote.—Any soluble sulphate, such as an ounce of magnesium sulphate or half an ounce of sodium sulphate dissolved in half a pint of water, is the natural antidote, because sulphates and carbolie acid form sulphocarbolates in the blood, and these are harmless. Chalk and saccharated lime are excellent antidotes. Before the antidote is given wash out the stomach, or use some very quickly acting emetic, such as apomorphine given hypodermically. Give stimulants, such as coffee or brandy, sparingly. Apply hot water bottles and blankets if there are any signs of collapse.

Acidum Picricum. Picric acid. Trinitrophenol (not official.) Formed by dropping phenol into fuming sulphuric acid. A 1 per cent. solution has been used for burns, but it is not to be recommended, as poisoning symptoms may result. Esbach's picric acid solution is a good application for chilblains.

SODII SULPHOCARBOLAS.

Sodium Sulphocarbolate or Sodium phenol-para-sulphonate. $C_6H_4(OH)SO_3Na \cdot 2H_2O$.

Source. Sulphocarbolic acid is formed by dissolving carbolic acid in an excess of sulphuric acid and converting the phenolsulphonic acid so obtained into a sodium salt.

CHARACTERS. Colourless inodorous prisms, soluble in water.

Dose, 5 to 15 gr.

ZINCI SULPHOCARBOLAS.

Zinc Sulphocarbolate or Zinc phenol-para-sulphonate.
 $Zn(OH \cdot C_6H_4 \cdot SO_3) \cdot H_2O$.

Source. Sulphocarbolic acid is formed by adding sulphuric acid to carbolic acid. This is treated with zinc oxide. The zinc sulphocarbolate crystallizes out on evaporation.

CHARACTERS. Colourless crystals, freely soluble in water.

ACTION AND THERAPEUTICS OF SULPHOCARBOLATES.

Both these substances are, like carbolic acid, antiseptic, and may be used externally for this purpose. The sodium salt is occasionally given internally in the hope of controlling gastric fermentation. Zinc sulphocarbolate is not given internally.

CREOSOTUM.

Creosote.

Source. It is obtained by the distillation of wood tar. It consists chiefly of a mixture in variable proportions of guaiacol (C_8H_8O), creolol ($C_9H_{10}O$), and other phenols.

CHARACTERS. A colourless or slightly yellow liquid, with a very strong peculiar odour and a burning taste. *Sp. Gr.* = 1 in 150 in water, freely in alcohol, ether, and glacial acetic acid.

IMPURITY. Carbolic acid.

INCOMPATIBLE.—Explodes when mixed with oxide of silver.

Dose, 1 to 5 m. suspended in mucilage; or as a pill thus, creosote 10 m. melted yellow wax 15 gr., powdered curd soap 35 gr. to make 10 pills, or (diluted with three times the quantity of almond oil) in capsules.

Preparations.

1. Mistura Creosoti.—Creosote, 1; spirit of juniper, 1; syrup, 30; water, 450.

Dose, $\frac{1}{2}$ to 1 fl. oz.

properties. The reason of these discrepancies is probably this: Iodoform only acts as an antiseptic by its decomposition, which results in the liberation of free iodine. The fats always present in tissues dissolve it. When dissolved it is easily decomposed by many agents, such as light, oxygen, living cells, and alkalies, which would have no effect on it if it were undissolved. By one or more of these it is dissolved after being dusted on a wound, slowly decomposed. Iodine is thus set free rapidly enough to act as an antiseptic, but not rapidly enough to act as an irritant.

Internal.—Not much is known about the local action of iodoform. It is eliminated in all secretions, but chiefly in the urine, as iodine, iodides, and iodates. They may be found in the urine for three days after administration of iodoform.

THERAPEUTICS.

External.—Iodoform is much used as a local anæsthetic, antiseptic, and disinfectant. The clinical value to its value is overwhelming.

Its anæsthetic influence diminishes the pain, if there is any, of the sores to which it is applied. It is an excellent application for all sorts of ulcers, burns, and wounds, but especially for tuberculous, syphilitic ulcerations and chancres. Powdered iodoform is usually sprinkled on them. Wounds and sore throats are often painted with a solution of it in collodion (1 in 12 of flexible collodion). This is an excellent application. Iodoform is useful as an emulsion (iodoform 1, starch 2) for ozæna, ulcers of the mouth and throat, and tuberculous ulcers of the larynx. Often $\frac{1}{3}$ gr. of acetate of morphine is added. An emulsion (iodoform 1, moistened with oil; boiling water 2, glycerin 7) is very useful for injection into sinuses or abscess cavities. It has been used in the form of a bougie for the urethra and the nose. The suppository is useful in painful conditions of the rectum. It is occasionally employed for

pruritus, and to relieve the pain of neuralgia. Many attempts have been made to get rid of its odour, balsam of Peru, musk, and 2 per cent. of creolin have been used, but oil of geranium (1 to 25) is best.

Internal.—Iodoform has not been found to be of any use internally. It has been tried unsuccessfully in phthisis and many other conditions.

TOXICOLOGY.

Curious symptoms, often severe and sometimes ending in death, are occasionally observed after the application of iodoform to a raw surface. They are a quick pulse, gastro-intestinal irritation, fever, rapid collapse, melancholia, hallucinations, dilated pupils, extensive erythema, and perhaps eczema. These symptoms vary much in severity, and it is rare for more than two or three of them to be present at once. It is not known how iodoform causes them. The mental symptoms are the most characteristic. Fatty degeneration of the liver and muscles may occur. Stimulants, diaphoretic, and sponging the skin with warm water are recommended.

Iodoform-like Substances.—(Not official.)

There are many of these in the market. They all depend for their antiseptic properties on the iodine in them. They have no advantage over iodoform, except that some of them have no odour. The following are the chief.

| | | |
|------------------------|------|---------------------|
| Iodoform contains | 96.7 | per cent. of iodine |
| Iodol .. | 90.0 | |
| Iosophan .. | 80.0 | |
| Di-iodo-salicylic acid | 66.0 | |
| Sezoiodol contains | 51.0 | |
| Iodo-salicylic acid | 50.0 | |
| Aristol contains | 46.0 | |
| Europen .. | 28.0 | |

NAPHTHOL.

Beta-naphthol or Beta-mono-hydroxy-naphthalene, $C_{10}H_7OH$.

SOURCE. Prepared from naphthalene-sulphonic acid.

CHARACTERS AND TESTS.—White shining laminar crystals or in powder. Odourlike phenol; taste pungent. *Solubility.* Easily in alcohol, ether, chloroform, benzene, 1 in 1000 in water, 1 in 8 of olive oil, 1 in 80 of vaseline.

Dose, 3 to 10 gr. (in a cachet).

ACTION AND THERAPEUTICS.

A powerful antiseptic. A 10 per cent. ointment cures scabies, and stronger may be used for ringworm.

has been used for psoriasis. It is given as an intestinal antiseptic in typhoid fever and infantile diarrhea, but it is difficult to say how far any improvement which follows is due to rest or dieting, and it is possible that, as micro-organisms play a part in healthy digestion, a really efficient intestinal antiseptic might do more harm than good. It is useful in dilated stomach. Used for long periods it may cause nephritis. Large doses cause symptoms like those due to carbolic acid.

Scarlet Red. (Not official.)

Amido-azo toluene tetrasulphate. A red powder soluble in oils and fats. An excellent staining agent, added to paint, with a hard basis. The dressing should be renewed night and morning.

Naphthalin. (Not official.)

$C_{10}H_8$. A hydrocarbon. Commonly called tar camphor, is used instead of camphor to prevent the ravages of insects, etc. It is an anthelmintic in doses of 3 to 6 grains.

Creolin. (Not official.)

This is a dark yellow liquid derived from coal tar. It is a mixture of cresols. Jeyes' disinfectant and other preparations contain it. It is a powerful germicide. It forms a white emulsion with water, is cheap, and has a pleasant smell. Toxic symptoms are known, but are very rare.

Cyllin. (Not official.)

A dark liquid coal-tar derivative strongly antiseptic. It is purified creolin. It forms a white emulsion with water, and a lotion (1 in 200) is often used. It is one of the best of the coal-tar disinfectants, and capsules containing 2 or 3 of the tablets are given for colitis, summer diarrhoea, dysentery, and other intestinal diseases. It may be given freely with food, if suspended, but the taste is nasty.

Chinosol. (Not official.)

The potassium salt of a compound of oxychloroacetic and tartaric acid. A coal-tar derivative, used as a surgical antiseptic; 15 grains to the pint equal to 10 of carbolic acid.

Atophan. (Not official.)

A substance allied to chinosol; it is excreted in the urine. Dose 10 to 20 grains, in alcohol.

Lysol and Izal. (Neither official.)

These coal-tar derivatives are powerful antiseptics, are highly poisonous, and are, when mixed with water (Lysol 1 per cent., Izal $\frac{1}{2}$ per cent.), used in surgery. Lysol is very dark. It does not affect instruments, but may make them

difficult to hold, as it is a solution of tar oils in a neutral soap. Lyod and allied resins are derivatives of carbon, and combine with the oxygen of the air to form carbonic acid. The carbonic acid is absorbed into the blood and then, when the blood is again exposed to the air, the carbonic acid is expelled from the system into the stomach. Treatment must be prompt and general stimulants will be required.

Formic Aldehyde. (Not official.)

CHO . A gas. *Synonym*, Formaldehyd.

The aqueous solution, containing 40 per cent of the gas, is called formalin.

ACTION AND THERAPEUTICS.

Formic aldehyde vapour when inhaled is very irritating to the air-passages, and causes violent sneezing.

Formalin is powerfully caustic; diluted with ten times its bulk of water it is used for corns, and is a good preservative for museum specimens, which do not shrink in it. Diluted twenty-five times it is used as a histological hardening agent. It is an excellent germicide, and has been employed (30 per cent) with good results for ringworm of the scalp.

It is not much used in surgery as it retards healing, but it is a most powerful disinfectant and does not destroy coloured fabrics. It is believed to act in virtue of its power of combining with proteins. A two per cent. solution may be used. Formalin 1, water 500, is an admirable wash for a foul mouth. Tablets called formamint tablets, of which the principal ingredient is formic aldehyde, are much used for disinfection of the mouth.

Paraform—a white amorphous substance and a polymer of formaldehyd—on being heated by an enclosed spirit lamp sublimates, and, combining with the products of combustion, is converted into the vapour of formaldehyd. This has been recommended as a disinfectant for sick rooms after illness. Kanthack has shown that at least two Formogène Richard lamps should be used, and that only surfaces are disinfected, for the vapour did not penetrate thin dusters.

Lysoform—a liquid formaldehyde potash—soap—is a powerful antiseptic, inodorous and miscible with

A 2 per cent. solution is used for many dental and surgical purposes. A mouth wash, tooth powder, and soap are prepared.

1. Retropine. $\text{C}_{10}\text{H}_{15}\text{N}$ 145.24. $\text{C}_{10}\text{H}_{15}\text{N}$ 145.24. $\text{C}_{10}\text{H}_{15}\text{N}$ 145.24.

Dose, 5-15 gr., 3 or 4 times a day, after meals.

Actions and Therapeutics.

Protropine is the most powerful urinary antiseptic we have; it acts by the formation of formaldehyde in the urine, in proportion as this is acid. Citric acid phosphate of sodium should be given with protropine. It is very useful for keeping the bladder sweet in cases of cystitis; also, it is useful in the treatment of the nocturnal incontinence of children when that is due to bacillus coli in the bladder, and to infect the urine when typhoid bacilli are excreted in it. Occasionally it causes a measly eruption, accompanied by much itching, rarely it causes stomatitis. It is slightly anesthetic. Outside the body it forms citric acid, but there is no notice that the administration of it increases the acidity of uric acid in the urine. Helmitol and Helmitolol are both soluble in water; dose of each, 5 to 10 gr.; and bodies of a similar constitution and action.

VII. The Remaining Carbon Compounds.

...together, and each must
be satisfied.

ACIDUM HYDROCYANICUM DILUTUM.

Dissolved Hydrocyanic Acid, Hydrogen Cyanide, HCN.

16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 217, 218, 219, 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 231, 232, 233, 234, 235, 236, 237, 238, 239, 240, 241, 242, 243, 244, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255, 256, 257, 258, 259, 260, 261, 262, 263, 264, 265, 266, 267, 268, 269, 270, 271, 272, 273, 274, 275, 276, 277, 278, 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 295, 296, 297, 298, 299, 300, 301, 302, 303, 304, 305, 306, 307, 308, 309, 310, 311, 312, 313, 314, 315, 316, 317, 318, 319, 320, 321, 322, 323, 324, 325, 326, 327, 328, 329, 330, 331, 332, 333, 334, 335, 336, 337, 338, 339, 340, 341, 342, 343, 344, 345, 346, 347, 348, 349, 350, 351, 352, 353, 354, 355, 356, 357, 358, 359, 360, 361, 362, 363, 364, 365, 366, 367, 368, 369, 370, 371, 372, 373, 374, 375, 376, 377, 378, 379, 380, 381, 382, 383, 384, 385, 386, 387, 388, 389, 390, 391, 392, 393, 394, 395, 396, 397, 398, 399, 400, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833, 834, 835, 836, 837, 838, 839, 840, 841, 842, 843, 844, 845, 846, 847, 848, 849, 850, 851,

[illegible]

As a result of the above, the authors would like to propose a new method for the construction of a fuzzy inference system. Very similar to the previous one, but with the difference that the fuzzy inference is performed on the fuzzy membership functions of the input variables, and not on the fuzzy membership functions of the output variable. In this way, the fuzzy inference system will be able to handle a small inverted umbrella.

coloured stoppered bottles. Old specimens may be inert
Sp. gr. 0.997. *Strength*, 2 per cent.

INCOMPATIBILITIES. Salts of silver, copper, and iron, red
oxide of mercury, and sulphide.

IMPURETIES. Sulphuric and hydrochloric acid.

Dose, 2 to 6 m.

Preparation.

Tinctura Chloroformi et Morphinae Composita.— $\frac{1}{2}$ m. of Acidum Hydrocyanicum Dilutum
in 10 m. (*See p. 280.*)

Dose, 5 to 15 m.

Hydrocyanic acid is contained in *Aqua Ferrocyanas*, and
also a good number of other preparations. It is probably the
active ingredient of the preparations of *Veratrum Viride*.

ACTION.

External.—Hydrocyanic acid can pass through
the epidermis, and then it paralyses the terminations
of the sensory nerves; thus it is a **local anæsthetic**
and **sedative**. It is very rapidly absorbed from raw
surfaces, and may cause poisoning if applied to them.

Internal. Alimentary tract.—It is quickly ab-
sorbed by mucous membranes, and has the same
anæsthetic and sedative effect on the mouth and
stomach as on the skin. It must always be
employed very dilute. A single drop of the pure
acid placed inside the eye of even a moderately large
animal will kill it instantly.

Blood.—If death takes place almost immediately
after the administration of the drug, all the blood
in the body is of a bright arterial tint; but if death
does not occur for some little time (within half an
hour), the blood is of a dark venous colour. The
primary transitory reddening of the venous blood
is due to the fact that the hæmoglobin in it is still
oxidized, because prussic acid retards the absorption
of oxygen by the tissues, so lowering metabolism. The
subsequent darkening of the arterial blood is due to
the fact that it has lost its oxygen, and contains
carbonic acid gas; why this should be is not
certain, but probably it depends upon the asphyxia
consequent upon the action of hydrocyanic acid on

respiratory centre. If blood be shaken up with prussic acid, after some time oxyhæmoglobin is inverted into cyanohæmatin, the oxygen being driven out. Prussic acid added to drawn blood alters the shape of the red blood-corpuscles. Neither of these actions is seen in life, for sufficient prussic acid to cause them would kill before they could take place. Lactic acid and sugar are found in the urine if much prussic acid has been taken. They are usually present when from any cause oxidation of tissues is imperfect.

Heart.—Large doses cause instantaneous **diastolic arrest**. As this is also true if the drug is applied locally, we may conclude that large doses paralyse the heart directly. But prussic acid acts also on the cardiac centre in the medulla. A small dose will cause a slowing of the pulse from stimulation of the vagus centre, and the stoppage from larger doses is due both to the direct action on the heart and to that on the medulla.

Vaso-motor system.—The vaso-motor centre in the medulla is first briefly stimulated, and the blood pressure rises, but soon it is profoundly **paralysed**; **blood-pressure** therefore falls **very low**.

Respiration.—The respiratory centre is **paralysed** even more readily than the cardiac or vaso-motor centres, consequently the respirations quickly diminish both in force and frequency. Unless the heart has been instantaneously stopped by a large dose, asphyxia is the cause of death, and the heart ceases on beating after the respirations have stopped. If the dose be quite small, all three centres may be first transitorily stimulated, so that the pulse and respirations may be increased in frequency, and blood-pressure may rise.

Nervous system. Cerebrum. Medicinal doses of prussic acid have no effect on the cerebrum. Toxic doses cause deep insensibility and coma. In man convulsions are rarely seen—in animals they

are common. It is probable that the comas and convulsions are due to the direct effect on the brain, but they may in part be due to the altered circulation through it, or to the asphyxia.

Peripheral effects.—In animals dead of prussic acid poisoning these are unexcitable. This paralysing effect is due to a direct action on the nerves and muscles themselves, for it does not occur in the peripheral part of a limb if it is connected with the rest of the body only by its nerve. In this case, as no blood is circulating through the distal part of the limb, no prussic acid reaches it, but if the acid be applied locally to the severed limb, the nerve and muscles are paralysed. This explains the local anæsthetic effect of prussic acid.

Shortly before death the spinal cord is paralysed. The pupil is dilated.

Kidneys.—We do not know of any effect of prussic acid on the kidneys. Part of it is excreted as a sulphocyanide. It slightly reduces the temperature.

THERAPEUTICS.

External.—Lotions of a strength of about 40 m of the diluted acid to 1 fl. oz. of water are valuable for allaying itching due to any cause. If the skin is abraded they must not be used.

Internal.—Small doses, 2 to 4 m of the diluted acid, are used for their sedative effect on the nerves of the stomach, to allay vomiting, and to relieve gastric pain, whatever may be their cause, and often with good effect. A useful way of giving it is in an effervescent draught. It is a common ingredient of cough mixtures, for by its depressing effect on the central nervous system it diminishes reflex excitability, and is consequently most serviceable for a dry hacking cough, by means of which nothing is expectorated.

TOXICOLOGY.

With a large dose the symptoms usually begin in a few seconds; it is rare for them to be delayed to five or ten minutes.

patient is perfectly insensible, the eyes are fixed and the pupils dilated, the limbs flaccid, the skin cold.

The respiration is slow, deep, and convulsive, pulse is almost imperceptible. *Post mortem.* There may

be a trace of prussic acid about the body, which is very

The fingers are clenched, the jaws firmly closed, and the mouth is open; the eyes are fixed and glistening.

The pupils are dilated. The stomach may be a little distended. The blood is very dark.

Treatment.—Wash out the stomach immediately. If emetics are available large doses must be given very promptly. The first moment is important. Give ether or brandy and atropine subcutaneously. Use inhalations of ammonia and artificial respiration.

GLUSIDUM.

Gluside. Benzoyl sulphonimide. $C_6H_5CO.SO_2NH_2$.

Synonyms. Glucosimide. Saccharin.



Source. It is derived from toluene $C_6H_5CH_3$, a derivative of coal tar, by a complicated process.

Characters. A light, white, minute crystalline powder. Its solution has an intensely sweet taste; 1 of saccharin is equal to 300 of cane sugar. *Solubility.* 1 in 400 of cold water; 1 in 24 of boiling water; 1 in 500 of chloroform; 1 in 25 of alcohol (90 per cent.); 1 in 48 of glycerin. It unites with alkaline carbonates and carbonates, evolving from the latter carbonic acid gas, and yielding soluble saccharin, which has lost none of its sweetness, and is very soluble in water.

Impurities. Commercial saccharin is not a pure or uniform product; it often contains less than 50 per cent. of actual glusidum.

Dose, $\frac{1}{2}$ to 2 gr.

ACTION AND THERAPEUTICS.

Glusidum is an antiseptic, but is not used as such. It is employed as a **sweetening agent** when from any cause, as diabetes, sugar cannot be taken. It may be given as tablets or with sodium carbonate to form soluble saccharin. Elixir Glusidi (B. P. Codex)—containing glusidum, sodium bicarbonate, alcohol (90 per cent.) and distilled water—is excellent for covering the taste of nauseous medicines. Usually 20 m are required for a four-ounce mixture.

PARAFFINUM LIQUIDUM.

Liquid Paraffin.

SOURCE. Obtained from petroleum after the more volatile portions have been removed by distillation.

CHARACTERS. A colourless, odourless, tasteless clear oily liquid. Sp. gr. 0.885 to 0.890.

It is an excellent aperient. The usual dose is two to ten fluid drachms.

PARAFFINUM DURUM.

Hard Paraffin.

SOURCE. Obtained by distillation from shale and separation of the liquid oils by cooling, pressure, and purification.

CHARACTERS. A semi-transparent, colourless, crystalline, inodorous, tasteless solid, slightly greasy to the touch. Melts at 110 to 115 F. Burns with a bright flame. Sp. gr. 0.82 to 0.94. **Solubility.** Freely in ether and chloroform, slightly in alcohol; not at all in water. It is a mixture of several of the harder members of the paraffin series.

PARAFFINUM MOLLE.Soft Paraffin. *Synonym.* Vaseline.

SOURCE. Formerly obtained by purifying the less volatile portion of petroleum.

CHARACTERS. A white or yellowish translucent, soft and greasy semi-solid mixture of the soft members of the paraffin series of hydrocarbons, free from acidity, alkalinity, or any unpleasant colour or flavour. Melts at 95 to 102 F. Insoluble in water.

Preparation.

Unguentum Paraffini. Hard Paraffin, 3. Soft Paraffin, 7. When paraffin ointment is the basis of white ointments, it should be made from white soft paraffin; when it is the basis of coloured ointments it should be made from yellow soft paraffin. In order to meet the exigencies of climate and temperature the proportion of hard and soft paraffin may be varied.

USES.

As paraffins cannot become rancid, or irritate the skin, and as they are not acted upon by acids or alkalis, or by powerful oxidizing agents (*e.g.* chromic acid), they form a very good basis for many ointments; but as they are absorbed with difficulty, they are not a suitable vehicle for the absorption of drugs by the skin. Therefore paraffin ointment should only be used as a basis when it is desired that the ointment shall protect sores or wounds. A teaspoon-

ful of vaseline is a good aperient. Like liquid paraffin, it may be taken for a long period, and does not gripe. Both it and liquid paraffin may be flavoured to taste.

BENZOL.

A mixture of benzene and toluene obtained from coal-tar oil. It contains about 70 per cent. of benzene, C_6H_6 , and 20 to 30 per cent. toluene, $C_6H_5CH_3$.

CHARACTERS.—A colourless volatile liquid free from opalescence, with strong characteristic odour. Sp. gr. 0.88 to 0.888. Used to make Liquor Caoutchouc and Charta Sinapis.

ACTION AND THERAPEUTICS.

One free application will destroy pediculi capitis and pediculi pubis.

Purified benzol (dose, 5 to 20 m) on sugar, or suspended in mucilage, has been given for winter cough and for whooping-cough.

CARBONIS BISULPHIDUM.

Carbon Bisulphide, CS_2 .

SOURCE.—May be prepared by combining carbon and sulphur at a high temperature.

CHARACTERS.—Clear, colourless, highly refractive liquid, with characteristic odour. Sp. gr. 1.268 to 1.269. Very slightly soluble in water, but soluble in alcohol, ether, chloroform, fixed and volatile oils.

USES.

Used to make Liquor Caoutchouc and Pilula Phosphori.

Carbon Dioxide.—(Not official.) *Synonym.*—*Carbonic snow.*

The gas in cylinders at a pressure of 65 atmospheres is allowed to escape into some suitable receptacle, such as a chambered soap to form a fine foam, or a condensing form, and snow, which can be turned into a thick cream. It can be moulded or cut with a knife to form a cap, which, covered to protect the hand, may be applied to any part of the skin, capes, or moist areas. The piece should be of such a size that it can be pressed down on the desired part; it covers the whole of it, if small, or a part of it, if large, at once. The application is continued for about half a minute or a little longer. On removal, some simple ointment is applied. This treatment is excellent for removing the above condition.

PART II.—ORGANIC MATERIA MEDICA.

SECTION I. PHARMACOPŒIAL SUBSTANCES DERIVED FROM THE VEGETABLE KINGDOM.

The drugs comprehended in this section may be arranged in many ways, but there are objections to each. It is, therefore, the medical student has to be well acquainted with the action of these drugs in health and disease, those which act similarly may be grouped together. In the Appendix a list of these drugs arranged according to their Natural Orders, will be found.

GROUP I.

Drugs acting chiefly on the Nervous System.

These may be classified as follows:

CLASS I. Acting on the cerebrum.

a. Cerebral depressants or soporifics.
Opium. Hops.

b. Cerebral excitants:

| | | | |
|-----------|---|-------------------------|-------------------|
| Deliriant | { | Belladonna. | Voluntary motion. |
| | | Stramonium | |
| | | Hyoscyamus. | |
| | | Duboisine. | |
| | | Cannabis Indica. | |
| | | Caffeine. | |
| | | Guarana. | |

CLASS II. Acting on the spinal cord.

a. Exciting the anterior cornua. **Strychnine.**

b. Depressing the anterior cornua. **Calabar bean, Gelsemium.**

CLASS III. Acting on the nerves.

a. Depressing the motor nerves. **Conium, Tobacco.**

b. Depressing the sensory nerves. **Cocaine.**

c. Stimulating the secretory nerves. **Jaborandi, Muscarine.**

d. Depressing the secretory nerves. **Agaricin.**

e. Depressing the motor end plates. **Curare.**

Vegetable Drugs acting chiefly on the Cerebrum.

POPPY CAPSULES.

Papaveris Capsulae. The nearly ripe, dried fruit of *Papaver somniferum*, the white poppy (Nat. Ord.

Papaveraceae). Globular, 2 to 3 in. in diameter. Crowned with a persistent calyx. Yellowish brown with blackish spots. Internally a number of thin, brittle, parietal placentae. The seeds are small, round, flattened, and smooth.

Characteristics. A bitter cream in the capsules, and a strong opiate odour.

Actions and Uses.

A warm decoction is used locally as an anodyne ointment. Preparations of poppy capsules are suitable for internal use, as the amount of opium contained is small and uncertain.

OPUM.

Opium. The juice obtained by incision into the unripe fruit of *Papaver somniferum*, the white poppy (Nat. Ord. *Papaveraceae*), is exuded by spontaneous evaporation. An equal weight of opium may be used to obtain the liquid extract of either of their respective alkaloidal strengths, provided when dry it contains not less than 7.5 per cent. of morphine; but otherwise the preparations of opium must be made from opium of such a strength that when dried at 100° C. it shall yield from 9.5 to 10.5 per cent. of morphine. Opium containing more morphine may be diluted to strength by the addition of opium containing between 7 and 10 per cent. of morphine or by milk sugar.

Characteristics. *Asia Minor opium* (*Synonymus*, Smyrna opium, Levant opium) is the variety most frequent. It is sold in irregular, or flattened masses, commonly weighing from 1 to 2 lbs. in weight, usually covered with poppy leaves, and scattered over with reddish-brown spots of a species of *Rhizoglyphus*. When fresh it is soft, coarsely granular, reddish or chestnut brown, becoming harder by keeping, and darkening to blackish colour strong, peculiar, narcotic. Taste nauseous. A fluid preparation reddens litmus paper, owing to the presence of meconic acid.

VARIETIES. In addition to Asia Minor opium the following are met with in commerce. (a) Constantinople opium, small lenticular masses, $\frac{1}{4}$ to $\frac{1}{2}$ lb. in weight, and enclosed in a poppy leaf, but without the *Rumex* seeds. Sometimes the term Turkey and Levant opium include this. (b) Egyptian opium. Flat, more or less circular cakes, two or three inches in diameter, reddish hue internally, covered with a leaf externally. Persian, Indian, English, French, and German opiums are rarely met with in England.

COMPOSITION. (1) *Alkaloids.* At least eighteen in number. Most are combined with meconic acid, some with sulphuric acid, and some are free. Some morphine salts and codeine and its phosphate are official. Morphine, codeine, narcotine, and thebaine are important. The following are the alkaloids existing in opium:

| | |
|-------------------------------------|-----------------|
| Morphine (up to 12 per cent.). | Cryptopine. |
| Codeine (up to 6 per cent.). | Hydrocotarnine. |
| Thebaine (up to 3 per cent.). | Laudanine. |
| Narcotine (also called Anarcotine). | Laudanosine. |
| Narceine. | Meconidine. |
| Papaverine. | Rhaadine. |
| Pseudo-morphine. | Codamine. |
| Protopine. | Gnoscopine. |
| Oxynarcotine. | Lanthoptine. |

(2) *Neutral bodies.* Two in number:

| | |
|----------|-------------|
| Meconin. | Meconiasin. |
|----------|-------------|

(3) *Organic acids.* - Two in number:

| | |
|---------------|-------------------|
| Meconic acid. | Thebolactic acid. |
|---------------|-------------------|

(4) *Water, 16 per cent.*

(5) *Mucilage, resin, albumen, glucose, fats, essential oil, caoutchouc, odorous substances, and salts of ammonium, calcium, and magnesium.*

The following analysis shows how specimens vary.
Two specimens yielded:

| | Morphine per cent. | Anarcotine per cent. |
|--------------|--------------------|----------------------|
| Patna opium | 3.98 | 6.36 |
| Smyrna opium | 8.27 | 1.94 |

IMPURITIES. Water, stones, fruits, leaves, starch, &c. 100 gr. dried at 212° F. should yield **9.5 to 10.5 gr. of morphine.**

INCOMPATIBLES. Perchloride of iron gives a deep red colour (due to meconic acid). Salts of zinc, copper, and arsenic, silver nitrate, acetate and subacetate of lead, give precipitates.

meconates, sulphates, and colouring matters. All tannin staining preparations precipitate codeine tannate. Fixed alkalies, their carbonates, and ammonia precipitate morphine and narcotine. The small amount of glucose in opium may cause it to explode when made into a pill with nitrate of silver.

Dose, $\frac{1}{2}$ to 2 gr.

Preparations.

1. Emplastrum Opii.—Powdered opium, 1; resin plaster, 9. *Strength of opium.*—1 in 10. (Very little used.)

2. Extractum Opii.—Sliced opium, distilled water. *Strength of opium.* 2 in 1. *Standardized to contain 20 per cent. of morphine.* (To obtain the correct strength, stronger and weaker extracts may be mixed, or stronger diluted with water or sugar of milk.)

Dose, $\frac{1}{4}$ to 1 gr.

3. Extractum Opii Liquidum.—Extract of opium, $\frac{3}{4}$; water, 16; alcohol (90 per cent.), 4. *Strength of opium.* 1 in 13 $\frac{1}{2}$ (1 gr. in 15 m). *Standardized to contain 0.75 per cent. of morphine.* (Official imitation of Liquor Opii Sedativus or Battley's Sedative Solution.)

Dose, 5 to 30 m.

4. Pilula Plumbi cum Opio.—Powdered opium, 1; lead acetate, 6; syrup of glucose, $\frac{5}{8}$. *Strength of opium.*—1 in 8.

Dose, 2 to 4 gr.

5. Pilula Saponis Composita.—Powdered opium, 1; hard soap, 3; syrup of glucose, 1. *Strength of opium.*—1 in 5. (Often wrongly called Pilula Opii.)

Dose, 2 to 4 gr.

6. Pulvis Cretæ Aromaticus cum Opio.—Powdered opium, 1; aromatic chalk powder, 39. *Strength of opium.*—1 in 40.

Dose, 10 to 40 gr.

7. Pulvis Ipecacuanhæ Compositus. *Synonym.*—Dover's powder. Powdered opium, 1; ipecacuanha, 1; potassium sulphate, 8. *Strength of opium.* 1 in 10.

Dose, 5 to 15 gr.

8. Pilula Ipecacuanhæ cum Scillâ.—Compound ipecacuanha powder, 3; squill, 1; ammoniacum, 1; syrup of glucose, q. s. *Strength of opium.* 1 in 20.

Dose, 4 to 8 gr.

9. Pulvis Kino Compositus. Powdered opium, 1; kino, 15; cinnamon, 4. *Strength of opium.* 1 in 20.

Dose, 5 to 20 gr.

10. Pulvis Opii Compositus. — Powdered opium, 3; black pepper, 4; ginger, 10; caraway, 12; tragacanth, 1. *Strength of opium.* 1 in 10.

Dose, 2 to 10 gr.

11. Suppositoria Plumbi Composita. Powdered opium, 1; lead acetate, 3; oil of theobroma, 11. *Strength of opium.* 1 gr. in each.

12. Tinctura Opii. *Synonyma.* Laudanum. Powdered opium, 3 oz.; alcohol (90 per cent.) and water, equal parts. *Standardized to contain 0.75 per cent. of anhydrous morphine.* *Strength of opium.* On the average 32.8 grains (containing 10 per cent. morphine) in 1 fl. oz., that is, 1 in 13½ (1 gr. in 15 m.).

A preparation of opium called *Nepenthe* is the same strength as *Tinctura Opii*. Sydenham's *laudanum* is a tincture of opium flavoured with saffron. *Aceticum Opii Crocatum* (black drop) is four times as strong as *Tinctura Opii*.

Dose, 5 to 15 m. for repeated, **20 to 30 m.** for single administration.

13. Linimentum Opii. Tincture of opium and soap liniment, equal parts. *Strength of opium.* 1 in 27.

14. Tinctura Camphoræ Composita. *Synonyma.* — Paregoric. Tincture of opium, 585 m; benzoic acid, 40 gr.; camphor, 30 gr.; oil of anise, 30 m.; alcohol (60 per cent.) to make 20 fl. oz. *Strength of opium.* — 2 gr. (containing 10 per cent. morphine) in 1 fl. oz.; that is, 1 in 219 (1 gr. in 240 m.).

Dose, ½ to 1 fl. dr.

15. Tinctura Opii Ammoniata. *Synonyma.* Scotch paregoric. Dissolve benzoic acid, 180 gr., and oil of anise, 1 fl. dr., in alcohol (90 per cent.), 12 fl. oz. Add tincture of opium, 3 fl. oz., solution of ammonia, 4 fl. oz., and alcohol (90 per cent.) to make 1 pint. *Strength of opium.* — 5 gr. (containing 10 per cent. morphine) in 1 fl. oz., or 1 in 88 (1 gr. in 96 m.).

Dose, ½ to 1 fl. dr.

16. Unguentum Gallæ cum Opio. Powdered opium, 7½; ointment of galls, 92½. *Strength of opium.* 1 in 15.

It will be noticed that
 From *Extractum Opium* I prepared *Extractum Opii*
 From *Extractum Opium* I prepared *Extractum Opium*
 From *Extractum Opium* I prepared *Extractum Opium*
 From *Extractum Opium* I prepared *Extractum Opium*

The following list, in which the doses are arranged approximately according to those given in the Pharmacopœia of the United States:

| <i>Extractum Opium.</i> | <i>Name.</i> | <i>Approximate Dose.</i> |
|-------------------------|------------------------|--------------------------|
| 1 | Opium | 1-4 gr |
| 8 | Pil. Saponis Co. | 2-4 gr |
| 9 | Pil. Plumbi et Opio | 2-10 gr |
| 10 | Poly. Opium Co. | 2-10 gr |
| 11 | Pil. Ipecac. et S. Co. | 2-10 gr |
| 12 | Poly. Ipecac. Co. | 2-10 gr |
| 13 | Linct. Opium | 15-20 gr |
| 14 | Ext. Opium Liq. | or 30 |
| 15 | Poly. Kino Co. | 10-40 gr |
| 16 | Pil. Cere. et Opium | 30-60 gr |
| 17 | Tinct. Opium Armo. | 30-60 gr |
| 18 | Tinct. Camph. Co. | 30-60 gr |
| 19 | Suppositoria Plumbi Co | |
| 20 | Emplast. Opium | |
| 21 | Ung. Galle et Opium | |
| 22 | Linnimentum Opium | |

Morphinæ Hydrochloridum. Morphine hydrochloride. $C_{17}H_{19}NO_3 \cdot HCl \cdot 3H_2O$. Called hydrochlorate of morphine. B. P. 1885.

SOURCE. The hydrochloride of an alkaloid obtained from *Papaver*.

CHARACTERS.—White acicular, silky prisms or a white crystalline mass. *Solubility.* 1 in 24 of water; 1 in 50 of alcohol (90 per cent.); 1 in 8 of glycerin.

INCOMPATIBLES.—Salts of lead, iron, copper, mercury, and alkaline earths; lime water; Liquor Arsenicalis; all astringents containing tannin.

Dose, 1 to 5 gr.

*Preparations.***1. Liquor Morphinae Hydrochloridi.**

Morphine Hydrochloride, 17½ gr.; dilute hydrochloric acid, 38 m.; alcohol (90 per cent.), 1 fl. oz.; water, to make 4 fl. oz. *Strength.* 1 per cent. or 1 gr. in 110 m. or about 4½ gr. of the base equivalent to 1 fl. oz.

Dose, 10 to 60 m.

2. Suppositoria Morphinae.

Morphine Hydrochloride, 1 gr.; extract of theobroma, 14½ gr. *Strength.* 1 in 60 (½ gr. in each).

3. Tinctura Chloroformi et Morphinae Composita.

See p. 279. *Strength.* ½ gr. in 10 m.

Dose, 5 to 15 m.

4. Trochiscus Morphinae.

Morphine Hydrochloride, 1 gr.; with tolu basis. *Strength.* 1 gr. in each.

5. Trochiscus Morphinae et Ipecacuanhae.

Morphine Hydrochloride, 1 gr.; ipecacuanha, 1 gr.; with a tolu basis. *Strength.* 1 gr. in each.

Morphinae Acetas. Morphine Acetate, $C_{17}H_{19}NO_5 \cdot C_2H_3O_2$. The use of the acetate is diminishing, as it is unstable, losing acetic acid on exposure to air.

SOURCE. Morphine is dissolved in acetic acid and water, and the neutral solution is evaporated.

CHARACTERISTICS. A white crystalline or amorphous powder. *Solubility.* 1 in 2½ of water. Many specimens are not so soluble as this, 1 in 100 of alcohol (90 per cent.); 1 in 5 of glycerin.

INCOMPATIBLES. As morphine hydrochloride.

Dose, ½ to 1 gr.

*Preparation.***Liquor Morphinae Acetatis.**

Morphine Acetate, 17½ gr.; dilute acetic acid, 38 m.; alcohol (90 per cent.), 1 fl. oz.; distilled water, to make 4 fl. oz. *Strength.*

1 per cent. or 1 gr. in 110 m. or about 4½ gr. of the acetate to 1 fl. oz.

Dose, 10 to 60 m.

Morphinae Tartras.

Morphine Tartrate ($C_{17}H_{19}NO_5 \cdot C_4H_4O_6 \cdot 3H_2O$).

SOURCE. May be obtained by the combination of morphine and tartaric acid.

CHARACTERS. A white powder consisting of tufts of acicular crystals. *Solubility.* 1 in 11 of cold water, in alcohol.

INCOMPATIBLES.—As morphine hydrochloride.

Dose, $\frac{1}{4}$ to $\frac{1}{2}$ gr.

Preparations.

1. Injectio Morphinae Hypodermica. Dissolve 50 gr. of morphine tartrate in 1100 m of boiled, cooled water. *Strength.*—22 m contain 1 gr., that is 5 per cent. of morphine tartrate.

The morphine strength of this is slightly less than half that of B. P. 1885.

Dose, 2 to 5 m. subcutaneously.

2. Liquor Morphinae Tartratis. Morphine Tartrate, $17\frac{1}{2}$ gr.; alcohol (90 per cent.), 1 fl. oz.; water, 3 fl. oz. *Strength.*—1 per cent., or 1 gr. in 110 m , or about $\frac{1}{4}$ gr. of the tartrate to 1 fl. oz.

Dose, 10 to 60 m.

ACTION.

The action and uses of opium in man are due almost entirely to its morphine, and therefore they may be studied together. For Codeine, see p. 352.

External. Opium probably has no action when applied to the unbroken skin, but it has been said to be slightly anodyne. It can be absorbed from the skin and relieve the pain of raw surfaces.

Internal. Alimentary canal.—As far as we know opium diminishes all the secretions of the body except the sweat. The mouth consequently becomes dry, and the patient feels thirsty, but after a small dose not markedly so. This effect is partly due to the direct action of the opium on the mouth, but to a less extent to its influence exerted after it has been absorbed. In the stomach and intestine, by the same feeble action, the secretion of the gastric and intestinal juices is diminished. The drug also paralyses the peristaltic movements of the stomach and intestines. This is due to its action on the nervous or muscular structures in the wall of the intestine itself. The result of the diminution of secretion and peri-

talsis is that opium *opiates* often can **indigestion**, almost always **constipation**, and if vomiting or diarrhoea may prevent it. These actions are due partly to its sedative influence on the nervous system. It pre-exists in the abdomen or elsewhere as a powerful **anodyne**. Most of it is absorbed, but not slowly. If injected subcutaneously it is exerted on the stomach and bowels. With some persons it causes **vomiting**, often most marked many hours after the drug has been taken. Whether the salivary and pancreatic secretions are diminished is not known. Much of the morphine taken is excreted in the urine.

Blood. Morphine for the most part enters into the blood as such, and is excreted almost entirely by the intestinal mucous membrane, and very slightly by the kidneys, but a small part of it is destroyed in the body, probably by the liver. If morphine is taken habitually, the amount so destroyed gradually increases, and this explains why some persons can take such large quantities. The fate of the other alkaloids is not known, nor are we aware of any direct action of any of the components of opium on the blood itself.

Circulation. In moderate or healthy men small doses of opium hardly affect the heart or vessels, but with those who are ill morphine often makes the **pulse slow**. Patients rarely die from the direct effect of opium on the heart and its nervous apparatus, this being much less important than the influence on respiration, and even if the cardiac depression may be secondary to asphyxia.

The vaso motor centres are slightly depressed by moderate doses, hence the **vessels**, particularly those of the **skin**, dilate with large doses, the depression is considerable.

Respiration. Opium is a direct poison to the **respiratory centre**. Breathing therefore becomes

less air is taken in at each inspiration, and death takes place from **asphyxia**. The secretion of tracheal mucus is decreased.

Nervous system. Brain. The **higher faculties** at first **excited** by small doses. In a few persons there is no inco-ordination in this excitement. Intellectual power and mental vigour are increased, and therefore the drug is taken by some people to enable them to do their mental work. Usually, however, the excitation does not affect the mind evenly; generally the imagination is powerfully and pleasantly excited, much more so than the faculties of reason and judgment, which are a little depressed. The expression on the face is one of happiness and comfort, and this corresponds with the condition of mind, which is in a state of peace, calm, and happiness. This is soon succeeded by **sleep**, which is accompanied by pleasant dreams, generally of an agreeable nature. With some persons, however, the sleep is quite dreamless. This, which is the beginning of the depression of the highest centres, is soon followed by depression of the others, the higher being influenced before the lower, so that soon the sleeper does not respond to any sound, light, or pungent stimulation, **nor does he feel pain**. It is this last fact that makes the drug so invaluable, especially as the quantity of morphine necessary to relieve pain is often insufficient to cause much general depression. If a large or even moderate amount is given, generally there is no primary excitement, and then the first symptom that opium has been taken is drowsiness. On waking from sleep induced by opium some persons feel quite well, but usually there is a little languor, headache, and nausea. Opium eaters take it for its stimulant effect. It is given medicinally as a hypnotic and anodyne. The **pupil is contracted**; this is due to the effect of the drug on the pupillary centre in the floor of the aqueduct of Sylvius. In man, just a

the stimulation of the intellectual centres is brief, so is that of the cerebral motor centres—in fact, it is often difficult to detect any evidence of it. Their subsequent depression is never so marked as that of the intellectual faculties: for although there is languor and muscular weakness, and the patient always lies down, yet he can be walked about if he is supported. Vomiting is occasionally caused by transient irritation of the vomiting centre, but soon this is depressed, and therefore emetics do not act well in cases of opium poisoning.

The motor cells of the **spinal cord** are at first slightly stimulated, and consequently reflex excitability is exaggerated, but they are soon **depressed**, and it is difficult to obtain reflex movements.

The excitability of motor and sensory nerves is unaltered except that in the later stages of opium poisoning by enormous doses it is depressed, that of the sensory before the motor. The muscles remain irritable to the last.

Opium, in its action on the nervous system, illustrates the common fact that functions at first stimulated by a drug are usually subsequently paralysed by it (see p. 101); and it affords an excellent example of the law of dissolution, for higher functions, such as the intellectual and imaginative, are first affected; motion is then disordered; next the pupillary centre, and then the medullary centres for respiration and cardiac action are implicated. The spinal cord is influenced to a less degree, the nerves very slightly, and the muscles not at all.

In **man** the peculiarities of the action of morphine are the slightness of the stage of stimulation, its predominating influence on the higher mental functions, and the slight affection of the motor and the **vaso-motor** centres, the cord, the nerves, and the muscles. In **frogs** morphine produces violent convulsions, because its predominating action is to

stimulate the spinal cord. **Birds** are only affected by large doses, which produce coma. **Mammals** are for the most part affected in the same way as man, except that the first or excitement stage is more marked; hence with many mammals, especially cats, morphine is a violent convulsant; dogs and rabbits require large doses to produce symptoms.

Kidneys.—Sometimes opium slightly increases, sometimes it slightly decreases, the urinary flow. As already stated, morphine is decomposed in the body, and oxydimorphine has been found in the urine of those taking morphine.

Skin.—Opium is a mild diaphoretic. It may cause itching.

Metabolism. If the person taking it has glycosuria, the amount of sugar he passes in the urine is frequently diminished. General metabolism is slightly decreased also, for the amounts of nitrogen and carbonic acid excreted and oxygen absorbed are lessened.

Temperature.—Large doses depress this, probably from the effect of the drug on the thermogenetic nerve centres.

Persistent use of large doses decreases the secretion of milk and the menstrual discharge. Morphine is excreted by the milk, and so may affect the child.

Peculiarities.—There are few drugs which have such different effects upon different people. The above description states the manner in which most human beings are affected by opium, but in some the stage of excitation is very evident, so that they become delirious and cannot sleep. In others, vomiting and indigestion are very marked. Some of these peculiarities are due, no doubt, to the varying composition of opium. **Children** are easily poisoned by it, and therefore only **small doses** should be administered to them; women are more readily affected than men. Persons who take it habitually soon

tolerate enormous quantities. It may produce an erythematous eruption on the skin.

Differences in action between opium and morphine. (1) Morphine, being more readily absorbed, acts more quickly. It is especially suited for subcutaneous injection; given in this way it acts very rapidly. (2) Opium is more liable to upset the digestion and to cause constipation, but this last fact often makes it the more valuable in many abdominal diseases. (3) Opium is the better diaphoretic. (4) Morphine is more certain in its action as an anodyne and soporific; possibly this is because of the other powerful alkaloids in opium. (5) Opium is stated to act more powerfully in reducing the amount of sugar present in the urine in glycosuria.

THERAPEUTICS.

External. Hot fomentations or poultices sprinkled with laudanum are often applied to painful parts, but probably it is the heat and not the opium which relieves the pain. Linimentum Opii rubbed into the skin diminishes the pain of chronic rheumatism and myalgia; probably in this case the friction is more efficacious than the opium. Locally applied to sores and ulcers, it may soothe the pain due to them. The ointment of galls and opium will often relieve the pain of piles and anal fissures, especially if a mild laxative is given by the mouth.

Internal.—Stomach.—Morphine is of great service for the pain of gastric ulcer, cancer, or even for simple painful dyspepsia. One of the official solutions of morphine (15 m doses) is preferable to opium, as that may aggravate the indigestion. They are frequently combined with preparations of bismuth, and taken immediately before or after meals. Many forms of vomiting are relieved by morphine, because it decreases pain, peristalsis, and excessive secretion.

Intestines. Opium is invaluable for stopping many varieties of diarrhoea. If they will yield to

ment, opium is most likely to be successful. Spasmodic colic, being due to irregular excessive peristalsis, is generally relieved by opium and, indeed, so is abdominal pain of all sorts. If in acute inflammatory conditions of the peritoneum, as appendicitis or general peritonitis, no operation is anticipated, full doses of opium must be given, the object being to paralyse the intestinal movements as to prevent the peritoneal surfaces rubbing against each other. It is much used after operations or wounds of the abdomen. Opium is preferable to morphine in abdominal cases, if they are severe it must be freely pushed, the patient being kept just drowsy with contracted pupils, and it often does not matter if the bowels are not open for a week or even more. It should rarely be given if an abdominal operation is pending, for it masks the symptoms.

Heart.—Much skill is required to give opium early in heart disease. The hypodermic injection of morphine is, on the whole, to be preferred to opium. A great indication for it is when cardiac pain and restlessness keep the patient awake. Often it acts like harm, a quiet refreshing sleep being the result of the injection. No doubt it is a cardiac depressant, but we have to set against this the exhaustion from pain and insomnia. Still, if the patient is very weak these two factors must be carefully balanced. It likewise often relieves the pain of aneurysm and of thoracic growths. Its depressant effect may to some extent be counterbalanced by combining strychnine with it.

Blood.—Opium is a good haemostatic. It is probably efficient after absorption, but its great use is in gastric and intestinal hæmorrhage, when it acts partly by stopping peristaltic movements. An efficient form in which to give it is the *Pilula Plumbi et Opio*. It is also very useful in hæmoptysis, for it acts as a haemostatic and relieves the cough.

Respiration.—It will be remembered that opium depresses the respiratory centre; therefore it, by diminishing the activity of the centre for the reflex act of coughing, will often alleviate this distressing symptom, but it is only justifiable to give it when the irritation which reflexly sets up a cough is irremovable, as in intra-thoracic growth or aneurysm, or when there is little or no lividity and yet the cough is violent, as is often the case in pleurisy, and to a less extent in phthisis. The liability to lividity and asphyxia in many diseases attended with cough must never be forgotten. Thus opium is quite inadmissible in the last stages of bronchitis and pneumonia, and, as a rule, in even the earlier stages of bronchitis other means of relieving the cough should be tried first; and if opium is given, it must be administered with caution and judgment. But in pneumonia without lividity it is very useful, lessening cough and pain and promoting sleep. A "linctus opiatu8," a favourite remedy, is often given at night when a cough keeps the patient awake. It may consist of tincture of opium, 2 m; dilute sulphuric acid, 2 m; treacle, 30 m; water to 1 fl. dr. The object of the treacle is to soothe the pharynx locally. Opium must also be given cautiously for asthma, as there is in this disease a great liability to the growth of a permanent opium habit. An insufflation of $\frac{1}{2}$ gr. of acetate of morphine with 5 gr. of starch is of great use when blown on to a larynx painful from organic disease. A grain of boric acid or a grain of iodoform is often added to each insufflation.

Nervous system. Brain.—It is in its action on this organ that the marvellous value of opium is seen, its great function being to relieve pain and to produce sleep when that is prevented by pain. For these purposes it is best given hypodermically as morphine, for that acts more quickly, more certainly, and is less liable to produce indigestion and excite

or than opium. Many like to inject a solution containing $\frac{1}{4}$ gr. of atropine sulphate to each 1 gr. of morphine salt, for by so doing the liability of opium to upset the stomach and bowels is diminished, and its efficacy as an anodyne is not thereby lessened. It would be a long list to give the diseases the pain of which can be relieved by opium; cancer and fractures are typical instances. Opium is very valuable for the insomnia of acute cases; but it should never be prescribed for actual sleeplessness, for fear the patient should contract the habit of opium taking—unless the disease causing the insomnia is incurable and will not last long, when the use of opium is quite justified. It should be given cautiously in gout, for that is often accompanied by granular kidneys; and not for hysteria, often it does not relieve hysterical pains, and an opium habit may be formed. It is especially useful in renal and biliary colic, and for the after pains of a confinement. In these cases it relieves the pain partly from its power as an anodyne, and also because by its paralyzing effect on unstriated muscle it relaxes the muscular contraction. This property also makes it valuable in some cases of spasmodic stricture of the urethra. It may be given as a sedative in delirium tremens and some forms of mania, but often such large doses are required that its use is not justifiable. Patients suffering great pain can take enormous doses without any symptoms of poisoning.

Spinal cord.—Its use for the pains of locomotor ataxia and for convulsive diseases is to be deprecated, as the morphia habit is easily formed.

Kidneys. It should always be remembered that morphine is excreted with great difficulty if the kidneys are diseased. There are several cases recorded in which persons suffering from Bright's disease have been killed by quite small doses of opium. But it often so markedly relieves uræmic

dyspnoea, uræmic insomnia, the cardiac dyspnoea which may complicate Bright's disease, and even uræmic convulsions, that it may be justifiable to inject $\frac{1}{6}$ of a grain of a salt of morphine subcutaneously into a patient suffering from one of these conditions and run the slight risk there is of poisoning him. But it is clear that this treatment must be adopted very cautiously.

Skin. - Combined with ipecacuanha as Dover powder, opium is commonly given as a mild diaphoretic in cases of slight inflammatory disorder, such as a common cold.

Metabolism.—Opium is administered to persons suffering from diabetes, and the amount of sugar in the urine often certainly diminishes and the patient's general health improves. Opium can, in the opinion of many, control all varieties of inflammation; therefore it is given for a cold in the head, for cystitis, pleurisy, &c. Occasionally persons taking opium suffer from retention of urine. We have indicated the occasions on which opium and morphine are respectively preferable.

POISONING.

Acute poisoning. There may be extreme susceptibility, but ordinarily more or less of the following symptoms follow exertion, deep and finally deep coma. The pupils are minutely contracted. At first the patient can be roused, but soon no stimulation will do this. Reflex action is abolished. The skin is cold, the face and lips are livid, and towards the end bathed in sweat. The pulse is weak and thready. The respiration becomes slow and irregular, and at last ceases, and the patient dies from asphyxia.

Deeper poisoning. **(1) Fatal poisoning.** There may be poisoning. Often very little at a specially fatal dose may happen, the remedy being used with great care, and often had to give him. The pupils are minutely contracted, and the patient is in a deep coma. The respiration is slow and irregular, and at last ceases. The pulse is weak and thready. The patient dies from asphyxia. **(2) Fatal poisoning.** There may be poisoning. Often very little at a specially fatal dose may happen, the remedy being used with great care, and often had to give him. The pupils are minutely contracted, and the patient is in a deep coma. The respiration is slow and irregular, and at last ceases. The pulse is weak and thready. The patient dies from asphyxia.

If the diagnosis difficult, but look carefully for local paralysis. If any cerebral hæmorrhage takes place into the cerebellum, and then the face and the limbs on the opposite side paralysed. If the hæmorrhage is a small one, and if it is in the pons, the temperature may be raised; if a very large one the temperature falls for the first hours, but may rise subsequently. If the pupils are dilated the case is one of cerebral hæmorrhage. (3) *From acid poisoning*, in which there may be coma and contracted pupils. The acid produces white patches in the skin, and the odour is characteristic. (4) *From chloroform ether poisoning* by the odour of the breath and of the excreted matters. (5) *From uræmia* by the signs of Bright's disease, especially albuminuria. (6) *From diabetic coma* by the smell of the breath and the glycosuria. (7) *From the early stage of an epileptic fit* by the history, the dilatation of the pupils, and the fact that the lividity does not persist. (8) *From the same stage of a fit in general paralysis of the insane and other nervous diseases* by the same phenomena.

Post-mortem. The appearances after death from opium poisoning are those always found after fatal asphyxia.

Treatment. Wash out the stomach at half-hour intervals. Liquor Potassii Permanganatis (which decomposes morphia) diluted with three times the quantity of warm water, giving about 5 fl. oz. in the stomach. Give prompt emetic (p. 136), as apomorphine subcutaneously. Always rouse the patient by walking him about, flapping him with a towel, flogging him, applying the faradic current, and putting ammonia to the nose; a pint of strong coffee should be injected into the rectum, $\frac{1}{10}$ gr. atropine sulphate given subcutaneously, or 30 m of tincture of belladonna by the mouth repeated every quarter of an hour. If the breathing is very stilt, artificial respiration should be employed. Oxygen or nitrite inhalations may be used. The treatment must be kept up for several hours if necessary.

Chronic Morphine poisoning. As many persons administer the drug subcutaneously to themselves, chronic poisoning is very common. The symptoms are that the patient loses all sense of right and wrong, he will lie and steal in the most degrading way, especially if his desire is to obtain the drug, and absolutely no statement that he can be trusted. He neglects his work, and lets his affairs go to ruin. He wastes and becomes anæmic, he loses all sense of appetite, indigestion, dry mouth, sluggish

bowels, and a foul tongue. The nails are brittle, the skin dry, the hair falls grey early, and falls out. There is sexual impotence, no erection takes place, no semen is secreted, there is amenorrhœa, and the flow of milk is stopped, but there is pyæmia. The pupils are small, and loss of muscular power, heart ataxia, and tremor are present in severe cases. The arms or other parts are scarred with marks of the syringe, and 20 grains of morphine a day may be taken.

The patient must be isolated and carefully watched to see that he gets no morphine the often eludes or bribes his nurse. It should be diminished gradually, so that at the end of a fortnight he is taking none. If it is stopped suddenly there may be serious collapse and wild delirium. Relapses are very common, and a complete cure after a relapse is very rare.

ANTAGONISM.

Atropine. Atropine (taken out of belladonna) is an antidote to morphine, because it powerfully stimulates the respiratory centre. It also stimulates the cerebral convolutions, and intestinal peristalsis, both depressed by morphine. It appears to be antagonistic to opium in other particulars, but is not really so. Thus, although it prevents perspiration and dilates the pupil, these effects are due to action on the peripheral nerve terminations, while morphine produces contrary results—action on the central nervous system. Still it has been found that some of the undesirable effects that may follow the subcutaneous injection of morphine, such as indigestion, constipation, and heart depression, may be avoided if 1 to 2 gr. of atropine sulphate is injected at the same time.

Omnopon. *S. pom.* Paropon (not official).

A solution of the total alkaloids of opium as hydrochlorides and freed from mucous acids, gums, and resins.

Composition. Morphine, 52 per cent.; narcotine, 20 per cent.; codeine, 2 per cent.; papaverine, 2.5 per cent.; thebaine, 1 per cent.; narcine, 1.2 per cent.; other alkaloid, 1 per cent.; water, 8 per cent.; vanillic acid, 9 per cent.

It is given in powder, readily soluble in water.

Dose, to gr. by mouth; to subcutaneously.

1 gr. omnopon corresponds to 5 gr. opium.

Omnopon acts more like morphine, and especially depresses the respiratory centre less, so it is of considerable use to stop purposeless coughing. It is less effective in diminishing peristalsis, and therefore upsets digestion less. It has no disadvantages to counterbalance these advantages.

Codeina. Codeine. Methymorphine. $C_{17}H_{19}(CH_3)NO_2 \cdot H_2O$.

SOURCE. --An alkaloid obtained from opium or morphine.

CHARACTERS. Nearly colourless trimetric crystals. *Solubility.* 1 in 80 of cold water, 1 in 24 of boiling water, 1 in 2 of alcohol (90 per cent.), 1 in 2 of chloroform.

Dose, $\frac{1}{4}$ to 2 gr.

Codeinæ Phosphas. Codeine Phosphate.

$\text{H}_2(\text{CH}_3\text{NO}_2\text{H}_2\text{PO}_3)_2 \cdot 3\text{H}_2\text{O}$.

CHARACTERS. White crystals, slightly bitter. *Solubility.* 1 in 1 of water.

Dose, $\frac{1}{4}$ to 2 gr.

Preparation.

Syrupus Codeinæ. *Strength.* $\frac{1}{4}$ gr. of codeine phosphate in each fluid drachm.

Dose, $\frac{1}{2}$ to 2 fl. dr.

ACTION AND THERAPEUTICS.

It may produce tremors because it excites the lumbago more, and depresses the higher faculties and respiratory centre less, than morphine, and in man its physiological action is in all respects much less than that of morphine. It often relieves the hacking cough of phthisis, and for this the official syrup of codeine phosphate is very useful. It is also used for the relief of ovarian pain, and to diminish the glycosuria of diabetes; but it is doubtful whether it does so more effectually than opium. For diabetes it is usually given as a pill. The phosphate has the advantage of being much more soluble than codeine.

Thebaine (Not official) produces powerful convulsions by its action on the cord. Its subsequent depressant action is slight.

Narcotine (Not official). This is also known as *Narcotine*, but is a bad name, for the drug does not cause sleep. It is found in opium, and it is the chief constituent of Indian opium.

Apomorphinæ Hydrochloridum. Apomorphine Hydrochloride. $\text{C}_8\text{H}_7\text{NO}_2\text{HCl}$. It is the same as the hydrochlorate of Apomorphine, B. P. 1887.

SOURCE. -- It is the hydrochloride of an alkaloid obtained by heating morphine hydrochloride or codeine hydrochloride.

THERAPEUTICS.

Emetic action.—The advantages of apomorphine over other emetics are that it is certain, prompt, and useful; it can be given when emetics introduced into the stomach would not act, and it does not irritate the stomach. It is largely used in cases of vomiting. It is usually given hypodermically. The pharmacopœial injection will not keep, it is better to use gelatin discs of apomorphine hydrochloride, which can be dissolved as required.

Expectorant action.—It is, when given by the mouth, a valuable expectorant for chronic bronchitis when we wish to diminish the viscosity of the expectoration. It may advantageously be combined with terebene suspended in mucilage, but the mixture is very nasty. The Syrupus Apomorphinæ (P. Codex), strength $\frac{1}{4}$ gr. to 1 fluid drachm, to 1 fluid drachm, is a good preparation. The drug may also be given as a lozenge.

Heroin. (Not official.)

An artificial alkaloid—diacetyl morphine—formed from morphine by substituting acetyl for its two hydroxyls.

Dose of the hydrochloride, $\frac{1}{10}$ to $\frac{1}{10}$ gr.

ACTION AND THERAPEUTICS.

Heroin is used to allay cough, especially in croupy cough, without much expectoration, and for this purpose it is one of the best drugs we possess. A good formula is heroin $\frac{1}{10}$ gr., with a drachm of each of syrup of codeine and syrup of Virginia prune, another which is very pleasant contains terpin hydrate $\frac{1}{2}$ gr., heroin hydrochloride $\frac{1}{4}$ gr. to one drachm of the syrup of Virginia prune. It is known as Elixir Terperoin. Heroin is perhaps most used in whooping cough, croup, and asthma. It does not often produce the headache and other disagreeable effects which may follow morphine. A twelfth of a grain dissolved in water can be given every two hours by the mouth, or less subcutaneously. It prolongs inspiration,

increases the depth of respiration, and depresses the respiratory centre; large doses may produce dangerous depression, and in some animals heroin induces convulsions. Dionin or ethyl morphine, usually met with as a hydrochloride, has the same action as heroin, but is less powerful, and occupies an intermediate position between heroin and codein. All three depress the respiratory centre less than morphine.

Cotarnine Hydrochloride. $C_{12}H_{11}NO_2Cl$. (Not official.) *Synonym.*—Stypticin.

Prepared by oxidizing narcotine. It occurs as primrose coloured crystals, very soluble in water and alcohol. It is allied to hydrastinine, being methoxyl-hydrastinine.

Dose, $\frac{1}{4}$ to $\frac{1}{2}$ gr., internally or hypodermically.

It is used to check hæmorrhage, especially uterine. Stypticin wool, gauze, bougies, and ointment are employed locally.

RED POPPY PETALS.

Rhœados Petala. Red Poppy Petals. The fresh petals of *Papaver rhœas* (Nat. Ord. *Papaveraceæ*).

CHARACTERS.—Scarlet, with a smell of opium and a bitter taste.

COMPOSITION. Red colouring matter, 40 per cent. This consists of papaveric and rhœadic acids. It is soluble in water. The petals contain no morphine, nor have they any narcotic properties.

Preparation.

Syrupus Rhœados. Petals, 13 oz.; sugar, 36 oz.; alcohol (90 per cent.), $2\frac{1}{2}$ fl. oz.; water to make 58 oz. In hot countries the proportion of alcohol may be a little increased to prevent fermentation.

Dose, $\frac{1}{2}$ to 1 fl. dr.

ACTION AND USES.

Poppy petals are only used as a colouring agent.

HOPS.

Lupulus. Hops. The dried strobiles of *Humulus lupulus* (Nat. Ord. *Cannabineæ*). Obtained from cultivated plants.

CHARACTERS. Strobiles $1\frac{1}{4}$ in. long, rounded, consisting of many imbricated greenish yellow membranous stipules and bracts attached to a zigzag axis.

COMPOSITION.—The chief constituents are—(1) Lupulin, a fluid alkaloid. (2) Lupulinic acid, 11 per cent., a bitter crystal principle. (3) Valerol, 1 per cent., an aromatic volatile giving the odour. (4) Resin. (5) Tannin. (6) A sesquiterpene, $C_{15}H_{24}$.

Preparations.

1. Infusum Lupuli. 1 in 20 of boiling water.

Dose, 1 to 2 fl. oz.

2. Tinctura Lupuli.—Hops, 1; alcohol (60 per cent.), 5. Macerate.

Dose, $\frac{1}{2}$ to 1 fl. dr.

Lupulinum.—Lupulin. The glands obtained from strobiles of *Humulus lupulus*.

CHARACTERS.—A granular, bright, bitter, brownish-yellow powder, smelling of hops, which when magnified is seen to consist of minute glands, the cuticle of which is raised by secreted

Dose, 2 to 5 gr.

ACTION.

The volatile oil is **stomachic** and **carminative** like other volatile oils. The bitter principle aids the stomachic influence. Hops are decidedly **soporific**. Probably it is the volatile oil that produces this effect.

THERAPEUTICS.

The pharmacopœial preparations of hop are not much used, but good beer, because of the hops contained in it, is often given with meals to those whose digestion is feeble after a long illness, or from any other cause. Many people find the soporific influence of beer very well marked.

BELLADONNA.

Belladonnae Folia. Belladonna Leaves. The leaves, with the branches to which they are attached, collected when the plant is in flower, of *Atropa belladonna*. *Syn.*—Deadly nightshade (Nat. Ord. *Solanaceæ*).

CHARACTERS.—Leaves alternate below, in pairs of unequal size above, all shortly stalked, from 3 to 8 in. long, broadly ovate, acute, entire, smooth. The expressed juice or an infusion, dropped into the eye, dilates the pupil. *Resembling* *adonna* leaves. — *Stramonium* leaves, more wrinkled; *scyamus* leaves, hairy

COMPOSITION. - The chief constituents are (1) *Atropine* (see p. 359), (2) *Hyoscyamine*, which is the same as *dati* (see p. 371). These two alkaloids are optical isomers. Atropine is optically inactive; hyoscyamine is levorotatory, but otherwise chemically identical with atropine. Together they amount to about 0.5 per cent. of the constituent. Hyoscyamine is usually the more abundant, but the proportion of the two alkaloids varies according to the species and the method of extraction employed.

Preparations.

1. Extractum Belladonnæ Viride. A green extract.

Dose. $\frac{1}{4}$ to 1 gr.

2. Succus Belladonnæ. Juice, 3; alcohol (50 per cent.), 1.

Dose. 5 to 15 m.

Belladonnæ Radix. Belladonna Root. The root of *Atropa belladonna*, collected in the autumn and dried.

CHARACTERS. Cylindrical branched pieces entirely longitudinally split, 6 to 12 in. long, $\frac{1}{2}$ to $\frac{3}{4}$ in. thick. Externally pale greyish brown, wrinkled longitudinally. Fragments short. Internally the root is white and starchy, with no evident radiate appearance. *Resembling* *Scammony root*, *Pyrethrum root*, which is unbranched, and has a burning taste and a radiate fractured surface. *Scammony root* is bitter.

COMPOSITION. As of the leaves. Usually contains 0.4 to 0.5 per cent. of alkaloids, chiefly hyoscyamine.

Preparations.

1. Extractum Belladonnæ Liquidum. Prepared by repeated percolation with alcohol and water. *Standardized to contain 0.75 per cent. of the alkaloids of the root.*

2. Extractum Belladonnæ Alcoholicum. The liquid extract evaporated and diluted with sugar of milk. *Strength.* 10 per cent. of alkaloids. *Preparation.* About $\frac{1}{4}$ of the strength of same preparation. B. P. 1885.

Dose. $\frac{1}{4}$ to 1 gr.

3. Emplastrum Belladonnæ. Liquid extract, 1; evaporate and add resin plaster, 5. *Strength.* 10 per cent. of the alkaloids.

4. Linimentum Belladonnæ. Liquid extract, 10 fl. oz.; alcohol (90 per cent.), 7 fl. oz.; camphor, 1 oz.; water, 2 fl. oz. *Strength.* 0.375 per cent. alkaloids.

5. Tinctura Belladonnæ. *Extract* 1; alcohol (60 per cent.), *M. f. tinctura* 10. *Standardized to contain 0.05 per cent. of the alkaloids of the root.* It is about twice as strong as in B. P. 1885.

Dose, 5 to 15 m.

6. Unguentum Belladonnæ. *Lipid extract*, 2; evaporate and add benzoated lard, 2½. *Strength.* 60 per cent. of alkaloids.

7. Suppositoria Belladonnæ. *Alkaloid extract*, 1½ gr.; oil of theobroma, 14 m. *Strength.* Each contains ½ gr. of the alkaloids.

Atropinæ. *Atropine. Synonym.* Atropine $C_{17}H_{23}NO_3$. *Source.* An alkaloid obtained from the leaves and root of the belladonna plant, in which very little pre-exists, but formed in the process of ripening and from its decomposition into hyoscyamine. Atropine is the chief alkaloid of the plant. *CHARACTERS.* Colourless, nearly crystalline. *Solubility.* 1 in 500 of cold, 1 in 58 of boiling water, 1 in 1 of chloroform, 1 in 3 of alcohol (90 per cent.), 1 in 30 of ether, 1 in 2 of acerin, and 1 in 15 of oleic acid.

Composition.—It consists of the alkaloid tropic acid, which is a nitrogenous base, and an acid of empirical formula $C_7H_5O_2$ salt with a weakly acid, forming a dihydrate. Atropine is optically inactive hyoscyamine containing dextrohyoscyamine in equal proportion.

Isomerism.—Choline and scopolamine.

Dose, $\frac{1}{200}$ to $\frac{1}{10}$ gr.

Preparations.

Unguentum Atropinæ. Atropinæ, 10; oleic acid, 10; lard, 450.

Atropinæ Sulphas. Atropinæ Sulphas $(C_{17}H_{23}NO_3)_2H_2SO_4$.

Source. It may be obtained by neutralizing atropine with diluted sulphuric acid.

CHARACTERS. Nearly colourless, crystalline, *solubility.* 2 in 1 of water, solution neutral; 1 in 1 of alcohol (90 per cent.).

Dose, $\frac{1}{100}$ to $\frac{1}{10}$ gr.

Preparations.

1. Lamellæ Atropinæ.—Disks containing in each atropine sulphate, $\frac{1}{500}$ gr.; gelatin and glycerin, 50 gr.

2. Liquor Atropinæ Sulphatis. Atropinæ sulphate, 17½ gr.; salicylic acid, 2 gr.; distilled water, 140 m. *Strength.* 1 per cent., or 1 gr. of the sulphate in 140 m.

Dose, 1 to 1 m.

ACTION.

The action of belladonna and atropine is the same.

External. Atropine placed by itself upon the unbroken skin cannot be absorbed, but rubbed in with substances which are absorbed, such as alcohol, glycerin, or camphor, or applied to a broken surface, it paralyses the terminations of the sensory nerves, especially if pain is present. It is thus a **local anæsthetic** and an **anodyne**. These are its chief actions; but to a much less extent it locally paralyses the terminations of the motor nerves, first contracts and then dilates the vessels, and renders the secretions of the skin less active.

Internal. *Gastro-intestinal tract.* It will be convenient to describe the effects of belladonna on all secretions when speaking of its action on nerves, and we need not mention here its influence on the muscular coat of the intestine, for that is secondary to its action on the nervous system.

Blood. Atropine is quickly absorbed, but does not affect the blood. Its main action is on the nervous system, and that must be considered in detail.

Secretory nerves. The activity of the **peripheral terminations of all the secretory nerves** in the body is, as far as we know, **depressed**, so that the secretions of those glands, whose activity is essentially regulated by their nerve supply, are markedly diminished, while the secretions of other glands are little altered.

Mouth.—Even small doses of atropine make the **mouth dry** from lack of saliva and mucus. In health secretion of submaxillary saliva always follows stimulation of the chorda tympani nerve, and, as is well known, this is due to the fact that this nerve is the secretory nerve for this gland, and not to any vascular dilatation. If atropine be given to an animal, stimulation of the chorda no longer causes an increased flow of saliva, however close to

the gland the nerve is excited, the reason being that atropine has paralysed the terminations of the chorda tympani. In the same way the terminations of the secretory nerves of the other salivary glands and the mucous glands are paralysed, and hence the mouth is dry, because normal impulses cannot reach the cells of the glands.

Stomach, liver, and intestines. Atropine has no marked effect on the secretions of these organs.

Sweat glands. Atropine paralyses the terminations of the nerves in the sudoriparous glands. Thus it causes the **skin** to become **dry**.

Kidneys. Atropine has no direct effect on the secretion of urine.

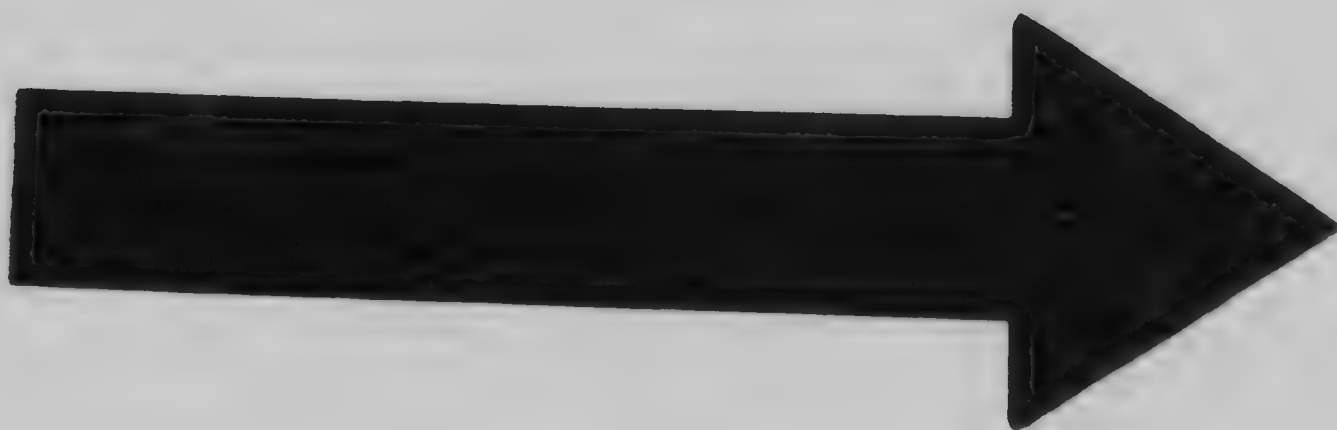
Bronchial mucous membrane. The secretion of bronchial and tracheal mucus, like that of the mouth, is **diminished**.

Mammary gland. Belladonna is used to inhibit the secretion of active mammary glands, but experiments on animals have not shown that it has any great influence in this direction.

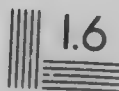
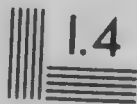
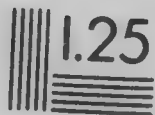
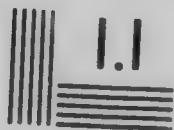
Sensory nerves.—It has already been mentioned that belladonna rubbed into the skin depresses the function of the terminations of the sensory nerves. It does the same when given by the mouth, but its action on sensory nerves—that is to say, its anæsthetic and anodyne action—is very inferior to that on the secretory nerves, and is not powerful enough for atropine to relieve pain when given internally. It is only used as a local anodyne.

Voluntary muscles and their nerves. Voluntary muscles are quite unaffected even by toxic doses of atropine; towards the end of a case of belladonna poisoning the motor nerves are slightly paralysed.

Involuntary muscles and their nerves.—If atropine in small doses is given to animals, it is observed that the bowels are relaxed, and vomiting takes place. On the other hand larger doses stop peristalsis.



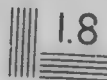
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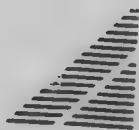
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APPLIED IMAGE Inc

These results are almost entirely due to **paralysis of some of the numerous nerve endings distributed to the ciliary and iris muscles.**

Effect of atropine on the ciliary muscles.—Those of the processes of the parasympathetic system, viz., vesicular endings, internal, and external, are **paralysed** like those in the intestine and elsewhere.

Effect of atropine on the iris.—Atropine acts only on the terminations of the nerves in the involuntary muscles of the eye. If it be dropped into the eye or given by the mouth, the **pupil dilates widely**, and cannot be made to contract by stimulation of the third nerve. That this dilation is not due to any marked action on the muscular fibres of the iris themselves is shown by the fact that the atropinized pupil will contract if the muscle itself be stimulated. Therefore it must be that the **terminations of the third nerve in the iris are paralysed.** The ending of the nerve in the ciliary muscle is affected in the same way, and consequently **accommodation is paralysed.** It is certain that, for myopia and defective accommodation, there is no part of the eye in which the contraction of the pupil produced by opium. So strong is the accommodation of belladonna, that if atropine be dropped into the recently exercised eye, the pupil will dilate. When the third nerve is cut the pupil dilates, and after this atropine be dropped into the eye it dilates still farther. From these and other reasons we learn that atropine does not paralyze the terminations of the sympathetic in the iris, but this action is comparatively slight, the effect of the fibres of the vagus nerves on the iris is evident when the circular are paralysed. The dilatation of the iris is caused by hyperæmia. The effect of atropine on the paralysis of the ciliary muscle is of interest to vision. Atropine does not act on the parasympathetic.

Effect of atropine on the vagus nerve.—The main action of atropine is to **paralyse the terminations of the vagus**

the heart, and consequently the **pulse is rendered more rapid**, and cannot be slowed by strongly stimulating the vagus. If the rate of the heart has been slowed by muscarin, which can be shown to have a direct stimulating influence on the terminations of the vagus in the heart, the application of atropine slows the heart quick again, the two thus being, in their effect on the heart, exactly antagonistic. This quickening of the pulse from inhibition of the vagal cardiac terminal filaments is the chief action of atropine on the heart, but the following minor actions must be noticed. The vagus centre and the trunk of the nerve are also depressed, but to a much less extent. Before the pulse is quickened it is occasionally slowed for a short time by atropine; this is probably owing to a brief excitation of the vagus centre. Some authorities believe that part of the quickening of the pulse is due to a slight stimulation of the cardiac accelerator nerves, in the same way as we have seen that the sympathetic fibres in the iris are excited; but if the accelerator nerves are stimulated, this stimulation is quite subsidiary to the important action of the vagal terminations. Although the **pulse is quickened by belladonna, its force is not diminished**. Toxic doses abolish the function of the cardiac muscle, and the heart stops in diastole.

On the action of belladonna on the skin and its nerves. After a considerable dose of belladonna the **skin is flushed**, and a scarlatiniform erythematous rash may be present, belladonna poisoning. It is thus obvious that such a dose of belladonna relieves the peripheral vasoconstriction, and the cause of this is not definitely known, but it is extremely probable that it is a direct peripheral action, quite different from, and with the opposite effect to, we have seen atropine to have on the involuntary muscles of the intestines, eyes, and heart; that is to say, the vasoconstrictor nerve filaments supplying the arterioles are paralyzed.

and consequently the vessels dilate. The action of atropine on the medullary vaso-motor centre is more marked than that on the cardiac medullary centre; but it is the same, the centre first being stimulated, and then depressed. This primary stimulation is sufficient to overcome the tendency of the peripheral vessels to dilate, so that belladonna at first contracts them; and as this stage of contraction lasts well into the period during which, owing to paralysis of the vagal terminations, the heart is accelerated, the **blood-pressure rises** considerably; **subsequently it falls**, the fall being due to the depression of the vaso motor centre and the peripheral action of belladonna on the vessels, causing their wide dilatation. Ultimately, when the heart itself is paralysed, the blood-pressure is very low. The spinal vaso-motor centres are acted on as powerfully and in the same way as the medullary centre.

Respiration and its nerves. Here also belladonna **paralyses peripheral nerve-filaments**, in this case those of the vagus in the bronchial tubes. Both the afferent and efferent pulmonary vagal fibres are affected. The result is that the **muscular coat** of the bronchial tubes is **relaxed**, and that the **secretions** (the activity of the afferent fibres being depressed) do not irritate the nerves so much as before, and therefore cough is lessened. It will be remembered that the quantity of bronchial secretion is diminished. The medullary and spinal respiratory centres are influenced precisely as the vaso-motor; that is to say, they are first stimulated, and so the respirations are quicker and deeper, then large doses paralyse them, and the breathing is slow and shallow. The patient becomes asphyxiated, and this contributes to the result in a fatal case.

Temperature. This is decidedly **raised** by toxic doses of belladonna; it may be four degrees Fahrenheit or more. This rise is independent of the blood-pressure and of the diminution of perspiration. It is

and that heat-production is greatly exaggerated. The heat-loss is also increased, probably because the flushing of the skin leads to a greater loss by radiation.

Spinal cord. Except for the action on the vaso-motor and respiratory spinal centres, belladonna has little influence on the spinal cord in man, but it has a well-marked tetanizing effect in frogs. It is said slightly to increase and afterwards diminish general reflex excitability.

Cerebrum.—A considerable dose of belladonna causes **delirium**, showing that the higher centres are stimulated. Generally the stimulation takes place co-ordinately. That it is powerful is indicated by the fact that in poisoning by belladonna the delirium will last for a long while. The subsequent quietude is not more than the exhaustion of the cerebrum from the continued delirium will explain. Belladonna rarely, however, produces genuine coma. Other symptoms that may be observed with large doses, and which are probably due to disorder of the brain, are visions, staggering gait, giddiness, and occasionally convulsions.

Elimination. Atropine is probably eliminated entirely by the kidney.

It will be seen that the **dominant action** of belladonna is to **depress** the activity of the terminations of nearly **all varieties of nerves**. In addition, it **first stimulates and then depresses the three great medullary centres**, and it is a deliriant. A summary of its effects on man will be given under the heading of Toxicology.

Children may take considerable doses of belladonna without any symptoms of poisoning.

Pigeons and rodents are peculiarly insusceptible to it.

The action of atropine on secretion, the heart, and pupil is due to levohyoscyamine, dextrohyoscyamine having little action on these; on the other hand, the action of atropine on the spinal cord of frogs is due to dextrohyoscyamine.

THERAPEUTICS.

External. Belladonna is used externally to relieve all sorts of pain. For example, that of neuralgia, rheumatism, and chronic osteoarthritis. Chloroformum Belladonnae, B. P. Codex: the root is extracted with ammonia and chloroform, diluted with a little olive oil, or the tincture is excellent for these purposes. A glycerin preparation made by rubbing green extract of belladonna 1 oz. with boiling water 2 fl. dr., and then adding gradually glycerin 3 fl. oz., soothes the pain of acute inflammations. This, or the plaster, or the ointment, is very efficacious in preventing the secretion of milk in women who do not for any reason nurse their infants, but it must be remembered that the plaster is sufficiently strong to produce erythema and general toxic symptoms in those especially susceptible. Pruritis and local sweating of various parts of the body, especially the feet, may sometimes be stopped by the frequent application of belladonna liniment. A lamella, or a solution of the same strength (atropine sulphate 1 gr., boric acid 5 gr., water 1 fl. oz.), will dilate the pupil for ophthalmoscopic examination. Atropine is often used in ophthalmic practice to paralyse the movements of the iris and ciliary muscle, to break down adhesions, and to prevent the formation of contractions of the iris (see Homatropine, p. 369).

Internal. - *Alimentary canal.* - Atropine has occasionally been employed to check salivation, and some use it to overcome constipation and colic. The alcoholic extract is then given, and is commonly combined with some purgative in a pill. Alcoholic extract of belladonna may be ordered with opium as a pill for patients suffering from appendicitis or peritonitis, if operation is inadvisable; as it is given several times a day, a large amount is taken, and this, as already explained, probably paralyses intestinal movements, and so aids the opium.

8. a. Atropine sulphate (1 gr.) is injected subcutaneously, or one or two minims of the Elixir of Atropine Sulphate by the mouth, will soon time the sweating, and this treatment may succeed with the sweats of putrid fever.

9. a. There are many cases of heart disease in which belladonna may advantageously be joined with other drugs. Whenever we wish to pay the ventricle completely it is useful, for it will be remembered that it increases the rapidity of the heart without diminishing the force. But its greatest use is to remove cardiac pain and distress, which it does most effectually. It may be conveniently held as a plaster over the cardiac region, or it may be given internally, usually as the tincture. A subcutaneous injection of atropine is useful for chloroform poisoning.

10. a. As belladonna relaxes the muscular coat of the bronchial tubes it is of great value in spasmodic affections of the respiratory passages. Thus, of all the numerous drugs that have been given in whooping-cough, it is one of the best. It is also very useful in asthma, and in bronchitis with asthma-like paroxysms; in the last named disease its powerful relaxation of the respiratory centre and its capability of diminishing the secretion will, in properly chosen cases, render it particularly valuable. It is generally given as the tincture, and combined with other drugs. A useful liniment contains tincture of belladonna 3 m., vinegar of squill 5 m., syrup of tolu 10 m., glycerin to 1 fl. dr.

11. a. Belladonna is one of the favourite remedies for the nocturnal incontinence of children, and it occasionally overcomes this trouble in adults when it is not due to organic disease. Its power of relieving the spasm of involuntary muscle is well shown in the obstetrical man in which the very painful vesical spasm which

accompanies calculus, cystitis, and prostatitis may be benefited by it. It may be given internally, or applied as a plaster to the perineum.

Atropine combined with strychnine has been injected subcutaneously to diminish the craving for alcohol. Atropine has also been tried in many nervous diseases, but without any good results.

TOXICOLOGY.

If a person takes a moderate dose of belladonna he soon experiences dryness of the mouth and throat, and as the food therefore cannot be properly lubricated, there is difficulty in swallowing; the pulse may at first be a little slower than usual. The pupillary dilatation is defective, and vision confused. The skin feels dry. If the dose has been a large one, the above symptoms all come on quickly; the conjunctivæ and face, and perhaps other parts of the skin, are flushed, and the rate of the pulse is greatly increased; it may even be doubled. The patient staggers, feels dizzy, and reels when he walks; the throat soon becomes very hot, the skin still more flushed, the eyelids swell, and there may be a subacute erythematous rash. The temperature is often raised, the respirations are slow and deep. The pupils are very widely dilated. By this time the patient is quite delirious. There may be purging, but this is not common; and sometimes he complains of a frequent desire to micturate, although he is unable to pass any urine. Death takes place from cardiac failure combined with a phlyxa. *Post mortem*. The organs are all in a state of venous congestion, which is due to the asphyxia. If recovery takes place the patient may have no recollection of his illness.

Treatment. Give emetics (p. 136) or wash out the stomach. Stimulants and pilocarpine or morphine subcutaneously. Employ artificial respiration and hot bottles and give strong coffee per rectum.

ANTAGONISM.

The antagonistic relation of atropine and morphine has already been discussed (see p. 351). It is clear that as pilocarpine stimulates the terminations of the secretory nerves in the salivary and sweat glands, and also excites the terminations of the third nerve in the iris and ciliary muscle, it is a diaphoretic, a sialogogue, and a myotic, and is in these respects antagonistic to atropine. *Ergostemon* also causes contraction of the pupil and spasm of the ciliary muscle by stimulation of the terminations of the third nerve, and it depresses the respiratory centre almost from the beginning. In these points it is an antagonist to atropine.

Homatropinæ Hydrobromidum. Homatropine Hydrobromide. $C_{15}H_{21}NO_4HBr$.

The hydrobromide was called the hydrate in the B. P. 1885 (Addendum, 1890).

SOURCE. It is the hydrobromide that is usually prepared from atropine by condensing it with hydrogen bromide instead of with hydrochloric acid.

CHARACTERISTICS. A white crystalline powder or a granular white trimetric crystal. Soluble in 1 fl. oz. of water, 1 fl. oz. of alcohol (90 per cent.).

Dose, $\frac{1}{80}$ to $\frac{1}{20}$ gr.

Preparation.

Lamellæ Homatropinæ. Discs of gelatin and glycerin each weighing $\frac{1}{50}$ gr. and containing $\frac{1}{2}$ gr. of homatropine hydrobromide.

ACTION AND THERAPEUTICS.

Homatropine has an action exactly similar, as far as we know, to that of atropine. It is only used to dilate the pupil in ophthalmic practice, the advantage of atropine being that the dilatation produced by atropine passes off in a quarter of the time. It may be applied either as a solution (4 gr. of the hydrobromide to 1 fl. oz. of distilled water) or as the lamella. Sometimes a solution in castor oil is used, but it is less likely to be washed out by the tears, but may be rather irritating.

Euphthalmine (Not official), a derivative of mannitolic acid, is used in 5 or 10 per cent. solution to dilate the pupil. It is like homatropine, but the effects pass off more rapidly.

STRAMONIUM.

Stramonii Semina. Stramonium Seeds. The dried seeds of *Datura stramonium*, the thorn apple (Nat. Sc. *Solanaceæ*).

CHARACTERS. One sixth inch long, reniform, flattened, ash black, finely pitted, wrinkled. Taste bitter.

COMPOSITION. The chief constituent is *daturnine* (0.02 per cent.), sometimes called *daturnine* (see p. 371). It is a malate. Usually a little atropine is present, and the term *daturine* is occasionally applied to the total alkaloids of stramonium.

INCOMPATIBILITIES. Caustic alkalies, metallic salts, mineral acids.

Preparation.

Extractum Stramonii. Alcoholic.

Dose, $\frac{1}{4}$ to 1 gr.

Stramonii Folia. The dried leaves of *Datura stramonium*. Collected from plants in flower.

CHARACTERS. - Ovate, petiolate, 4-6 in. long, dark green, wrinkled, unequal at base, margin sinuate dentate, and acuminate. Odour slightly narcotic. Taste saline and bitter. *Resembling stramonium leaves.* Belladonna leaves, wrinkled; hyoscyamus leaves, hairy.

COMPOSITION. As of the seeds, but the proportion of alkaloids is very inconstant.

Preparation.

Tinctura Stramonii. - Stramonium leaves, 1 lb.; alcohol (45 per cent.), 5. Percolate.

Dose, 5 to 15 m.

ACTION.

The physiological action of stramonium is almost the same as that of belladonna; the differences being that stramonium relaxes the muscular coat of the bronchial tubes more powerfully than belladonna, and may cause the heart to be a little irregular, and is generally thought to be more active than belladonna.

THERAPEUTICS.

There is no reason why stramonium should not be employed for the same purposes as belladonna, but it is rarely used, except in cases of asthma, to relieve the spasm of the bronchial tubes. For this it is very valuable. Cigarettes of the leaves may be smoked, or the drug may be given internally. The following powder, which gives off dense fumes if burnt, affords great relief for asthma: - leaves of *Datura Stramonium* and of *Datura Tatula*, *Cannabis Indica*, and *Lobelia Inflata*, all in powder, and of each 6 dr.; nitre in powder, 1 oz.; eucalyptus oil, 30 m. Mix thoroughly. Himrod's, Bliss's, and other "cures" for asthma are of a similar composition.

HERBANE.

Hyoscyami Folia. Hyoscyamus. *Hyoscyamus*.

Common Name. Henbane. *Hyoscyamus* is a plant of the family Solanaceae. It is a biennial or perennial herb with a thick, fleshy root. The leaves are opposite, ovate, and have a smooth, green surface. The flowers are tubular, with a yellow corolla and a purple or red throat. The fruit is a globose, fleshy berry.

Characteristics. The plant is a biennial or perennial herb with a thick, fleshy root. The leaves are opposite, ovate, and have a smooth, green surface. The flowers are tubular, with a yellow corolla and a purple or red throat. The fruit is a globose, fleshy berry. The plant is known for its narcotic properties and is used in medicine for various purposes.

Composition. The chief constituents are: (1) *Hyoscyamine*.

$C_{17}H_{21}NO_3$, a alkaloid. Character: a white mass of crystals. S. p. 1.25. M. p. 120°. Water: freely soluble. It is also soluble in benzene, chloroform, and ether. The plant is also a source of *Scopolamine*, which is a similar alkaloid. The plant is known for its narcotic properties and is used in medicine for various purposes.

$C_{17}H_{21}NO_3 \cdot H_2O$. Character: a white crystalline powder. It is soluble in water and alcohol. The plant is also a source of *Scopolamine*, which is a similar alkaloid. The plant is known for its narcotic properties and is used in medicine for various purposes.

Preparations.

1. Extractum Hyoscyami Viride. A green extract from the fresh plant.

Dose, 2 to 8 gr.

2. Pilula Colocynthis et Hyoscyami. Green extract of hyoscyamus, 1; compound powder of colocynth, 3 (see Colocynthis).

Dose, 4 to 8 gr.

3. Succus Hyoscyami. Fresh juice, 1; alcohol (90 per cent.), 1.

Dose, 1/2 to 1 fl. dr.

4. Tinctura Hyoscyami. *Infusa Hyoscyami*, 1; alcohol (45 per cent.), 10. Percolate.

Dose, 1/2 to 1 fl. dr.

Hyoscine Hydrobromidum. Hyoscine Hydrobromide. $C_7H_9NO_3.HBr.3H_2O$. It is a white, crystalline substance. The crystals are rhombic. It is soluble in Hyoscine and gives a white precipitate with Sepia and phosphoric acid, and a white precipitate with phosphoric acid.

Constituents. Contains hyoscine and hyoscyamine. It is a white, crystalline substance. The crystals are rhombic. It is soluble in Hyoscine and gives a white precipitate with Sepia and phosphoric acid, and a white precipitate with phosphoric acid.

Dose, $\frac{1}{2}$ gr. to $\frac{1}{4}$ gr.

Hyoscyamine Sulphas. Hyoscyamine Sulphate. $C_7H_9NO_3.H_2SO_4.2H_2O$. The crystals of hyoscyamine contained in Hyoscyamine are white, crystalline, and are soluble in water. They give a white precipitate with Sepia and phosphoric acid.

Constituents. Contains hyoscyamine and hyoscine. It is a white, crystalline substance. The crystals are rhombic. It is soluble in Hyoscine and gives a white precipitate with Sepia and phosphoric acid, and a white precipitate with phosphoric acid.

Dose, $\frac{1}{2}$ gr. to $\frac{1}{4}$ gr.

Both hyoscine and hyoscyamine are white, crystalline substances. They give a white precipitate with Sepia and phosphoric acid, and a white precipitate with phosphoric acid.

ACTION.

That the action of hyoscyamus is almost identical with that of belladonna and stramonium is not surprising when we remember the close resemblance of these drugs in alkaloidal composition. The following are the chief points of difference. (1) **Hyoscyamus** contains **hyoscine** in minute quantities. This is a powerful **cerebral** and **spinal sedative**, and therefore the excitation and delirium occasioned by belladonna are not so evident when hyoscyamus is given; indeed, that may, owing to the hyoscine in it, distinctly depress the higher functions of the brain. The heart is not quite so powerfully affected by hyoscyamus as by belladonna, for hyoscine has a comparatively feeble cardiac influence. Still it is, of course, affected by the hyoscyamine, which acts like atropine. (2) **Hyoscyamus** increases the peristaltic contractions of the intestines more powerfully than belladonna, and at the same time it is more efficient in relieving the griping of other purgatives.

3 **Hyoscyamus** has a more markedly sedative action on the urinary unstriped muscle than belladonna. (4) Hyoscyamine diminishes intra-ocular tension, therefore hyoscyamine does not affect the eye so much as belladonna.

Atropine and hyoscyamine have precisely similar actions, but hyoscyamine is twice as powerful in its action on the nerve centres in the salivary glands, heart, and pupil.

THERAPEUTICS.

Hyoscyamine might be used for the same purposes as belladonna, but is chiefly employed in combination with purgatives to diminish griping. It is also given to relieve vesical spasm in calculus, cystitis, and proctitis, usually with other urinary sedatives, as buchu, ursi, or benzoic acid if the urine is alkaline. It should be noticed that the doses of hyoscyamus are larger than those of the corresponding preparations of belladonna.

Hyoscine, often called scopolamine, and hyoscyamine may be employed as cerebral depressants, and are used in acute mania, delirium tremens, epileptic delirium, and insomnia, sometimes with good results. They are often given in asylum practice, but must be given carefully, as the activity of different specimens varies, and fatal results have followed their use. They should never be employed if the patient is weak. Hyoscine is most used, and is usually given subcutaneously. Chorea, paralysis agitans, and other convulsive diseases have been treated with it, but the convulsions always recur when it is discontinued. Combined with morphine it is largely employed to diminish sensibility before a general anæsthetic and in labour.

Duboisiana Sulphas. *Not official.*

The sulphate of the alkaloid obtained from the leaves of *Duboisia myoporioides*. Duboisine is probably identical with hyoscyamine (see p. 371). Its actions are like those of atropine, and opththalmic drops containing a 1 per cent. are used to dilate the pupils.

CANNABIS INDICA.

Cannabis Indica. Indian Hemp. The dried flowering or fruiting tops of the female part of *Cannabis sativa* (Nat. Ord. *Cannabaceae*), from which the resin has not been removed. *India*.

Green. It is composed of dry green masses, consisting of the upper part of the stem bearing the remains of flowers, leaves, and flower stalks, and compressed by suberose resin. The upper leaves are imbricate, 1-3 partite; the lower opposite and dentate. The fruit is scarcely supported by stalk.

Chemical.—The active constituent is a resin, of which many names have been given; the best known constituent is the principle called hashish; 2) a volatile oil; 3) chlorophyll; 4) carotene; 5) chlorophyll; 6) chlorophyll. *Isomers.*—Water, which precipitates the resin.

Preparation.

1. Extractum Cannabis Indicæ. Alcoholic

Dose, $\frac{1}{4}$ to 1 gr.

2. Tinctura Cannabis Indicæ. Extract, 1.

Alcohol (90 per cent.), 20. Simple solution.

Dose, 5 to 15 m.; should be triturated with milk.

Before water is added, as this precipitates the resin.

Tincture of Indian Hemp is contained in Tinctura Chloroformi et Morphinæ Composita.

Hashish. Hashish is a collection of the dried Ganjah or *ganja*, is the dried flowering tops of the cultivated female plant, which are coated with resin. *Chunus crebans* is the resin scraped off the leaves. *Bhang* is the dried leaves; in the provinces it means powdered *ganja* made into a drink. *Ganja* and *chunus* are often smoked like tobacco.

ACTION.

External. None is known.

Internal. The effects of *cannabis indica* vary very much in different people. This is partly due to the uncertain strength of the preparations of the drug, and partly to individual peculiarities, but generally the symptoms are somewhat as follows. After some time, usually from half an hour to two or three hours, there is a pleasurable sensation of mild intoxication; the patient is particularly gay, joyous, and pleased with everything; he will laugh, and smile on the

best provocation, and is himself able to say up, witty things. Pleasant ideas flit through his mind with wonderful rapidity, so that time seems to him much extended. Generally the ideas are easily forgotten, but sometimes the memory of them remains after recovery. The eyes are bright, pupils may be dilated. The limbs feel heavy, but there is a marked lowering of general sensibility, so that he scarcely feels a severe pinch; this may pass on to complete anæsthesia. There may be headache. After a time sleep, which is often accompanied by delightful dreams, comes on. The drug is frequently taken in the East to produce the early morning symptoms, and, in moderation, it causes no harm. Very few take it to excess, but in them it leads to loss of appetite and strength, trembling, and anxiety. *Cannabis indica* is reputed to occasionally induce sexual excitement, but this is incorrect. The most constant effect is that time seems prolonged. Minutes appear to be days. Large doses given to a dog only made him sleepy, and uncertain of his legs, but he appeared contented and pleased. The same results followed when a monkey was made to inhale the smoke daily for 181 days.

THERAPEUTICS.

It has been given with success in migraine and neuralgia, but it very often fails to afford relief. Its use as a hypnotic has been discarded. The tincture is very difficult to prescribe, because of the voluminous precipitate of resin which falls on the addition of water. Mucilage must be used to suspend it, and the vessel should be covered with spirit of chloroform.

CAFFEINE.

Caffeina. Caffeine. $C_8H_{10}N_4O_2 \cdot H_2O$. *Synonymus.*

1. Guaranine.

Source. An alkaloid usually obtained from the dried leaves of *Camellia thea*, common tea (Nat. Ord. *Ericaceæ*).

niacea), or the dried seeds of *Coffea arabica*, common coffee (Nat. Ord. *Rubiaceae*). When evaporated from aqueous solutions it contains one molecule of water.

CHARACTERS. Colourless, silky, inodorous, acicular crystals. **Solubility.** 1 in 70 of cold water, 1 in 1 of boiling water, 1 in 10 of alcohol (90 per cent.), 1 in 100 of ether, 1 in 7 of chloroform. The solubility of caffeine is perfect in cold water, if for each grain of caffeine a grain of sodium salicylate is added. The addition of alcohol as in tinctures or spirit of chloroform does not impair the solubility. Tea contains 3 to 5 per cent. (hence the name theine). Coffee, 1.3 per cent. (coffee leaves contain much more). Guarana (the seeds of *Paullinia cupira*), 5 per cent. (hence the name guaranine). Mate (Paraguay tea, the leaves of *Ilex paraguayensis*), 0.5 per cent. Kola nut (which is used as a beverage in Africa), 3 per cent.; this is the fruit of *Strickia acuminata*. Yonpon (Apache tea) also contains caffeine. Most of these substances also contain theobromine. Caffeine is trimethyl-xanthine, theobromine, dimethyl-xanthine, and both can be prepared synthetically from xanthine. It is a feeble alkaloid, its salts being very liable to split up.

INCOMPATIBLES. Potassium iodide, salts of mercury, and tannic acid.

Dose, 1 to 5 gr. or more.

Caffeine Citras. Caffeine Citrate. $C_8H_{10}N_4O_7$, $C_6H_8O_7$.

SOURCE. Add caffeine to a hot solution of citric acid, and evaporate.

CHARACTERS. A white, inodorous powder. A feeble salt easily splitting up. Taste and reaction acid. **Solubility.** 1 in 32 of water, 1 in 22 of alcohol (90 per cent.), 1 in 10 of a mixture of 2 of chloroform and 1 of alcohol (90 per cent.). With 1 in 10 of water, it forms a clear, syrupy, supersaturated solution, but directly the mixture is stirred the caffeine citrate is precipitated; then, if more water is added, this precipitate re-dissolves. This peculiarity in the solubility of caffeine citrate often leads to mixtures being prescribed in which the caffeine citrate is precipitated, but then it can be suspended in mucilage. If caffeine citrate is prescribed with sodium salicylate a very bulky precipitate forms.

INCOMPATIBLES.—The same as of caffeine.

Dose, 2 to 10 gr.

Caffeine Citras Effervescens. Effervescent Citrate.

SOURCE. MIX citric acid, 18 gr., tartaric acid, 27 gr., sodium citrate, 40 gr., Alcohol sodium bicarbonate, 54 gr., and sugar, 14 gr. Incorporate the two mixtures, heat to 60° F. When the mixture is granular pass through a No. 60 sieve at a temperature not exceeding 130° F.

Dose, 60 to 120 gr.

ACTION.

External. None.

Internal.—Alimentary canal.—Excessive tea drinking may cause indigestion, but this is probably induced by the tannin in the tea, and not by the caffeine. The teeth of tea-tasters are liable to decay. Coffee is, with some persons, slightly laxative; it is not known to what ingredient this is due.

Heart. Caffeine is freely absorbed. It produces a change in the blood. Moderate doses **increase the rate of the cardiac beat**, due to stimulation of the cardiac muscle. The diastole is shortened. Large doses cause the heart to become irregular; caffeine acts much less powerfully on the heart than digitalis. In man the heart is occasionally at first slowed from stimulation of the inhibitory paratus, and this may be the cause of the palpitation experienced by some who take too much tea.

Vessels.—Caffeine causes first a constriction and then a dilatation of the arterioles of the body, and this is due principally to its action on the vaso-motor centre and slightly to its action on the muscular coat. During the dilatation the pressure remains raised owing to cardiac action.

Respiration.—In animals the rate and extent of breathing are increased by caffeine from stimulation of the medulla.

Nervous system.—It is well known that tea and coffee **stimulate the cerebrum**. This is due to the caffeine in them. The patient becomes wakeful, the

mental activity and capability for work are increased, the reasoning powers being quite as much affected as the imagination. In this respect the cerebral stimulation of caffeine differs from that of ether and amoniac, in that the excitation is not inordinately, nor is it soon replaced by sleep. The special senses are excited more slowly. Very excessive tea drinking causes trembling of all the muscles of the body, and renders the patient extremely "nervous."

In man the spinal cord and muscles are very little affected by caffeine, but in some frogs the spinal cord is decidedly stimulated, and convulsions occur; in other species the muscles are thrown into a state of rigidity, which is clearly due to an action on the muscles themselves, for it follows the local application of caffeine to an isolated muscle, the fibres of which become white and opaque, the transverse striation disappears, and rigor supervenes. Sometimes the muscle curve is altered in character. In man the power to do muscular work is increased by caffeine. Motor and sensory nerves are uninfluenced in all animals.

Kidney. As caffeine first causes a contraction of arterioles, there may be a decrease in the urinary flow; but soon the renal vessels dilate, the renal cells are directly stimulated, and the flow of urine is increased—chiefly its fluids, but to a less extent its solids. Thus caffeine is a good **local diuretic**, but theobromine is better, as there is with it no preliminary contraction of the vessels, it is more powerful and does not cause sleeplessness.

Metabolism. Many elaborate experiments have been made upon the action of caffeine on tissue waste; they are all of them inconclusive, most likely because it has no effect. It increases the excretion of xanthin in the urine because it loses its methyl groups in its passage through the body; the increased urea sometimes excreted is derived directly from the xanthin. Toxic doses may cause a rise of temperature.

THERAPEUTICS.

Heart. Caffeine has been most used in heart disease. It is given when, as in aortic or mitral affection, a purely stimulant effect is desired; in doses, 3 or 8 grains a day of caffeine, are easily borne, and may be combined with strychnine.

It will not replace digitalis, for it somewhat enlarges the heart, does not make it regular, and retards the diastole. It is, on account of its stimulant action, especially valuable in cardiac cases.

When there is dropsy, Tea and coffee are, in some cases, liable to produce irregularity of the heart.

Kidney. Small doses of caffeine are powerfully diuretic, and are therefore used in heart disease, dropsy, and pleuritic effusion. Their action is often aided by giving digitalis at the same time. When the drug acts directly on the kidney, it should be used cautiously in renal disease. Many patients soon become used to it, that at the end of a week it has lost its power of producing diuresis.

Nervous system. Occasionally it cures migraine, but is not so useful as phenazone or phenacetin. The use of the effervescent citrate in half a tumbler of water is a pleasant form in which to give caffeine for this purpose.

It may be rendered sufficiently soluble for subcutaneous administration by mixing it with a solution of sodium salicylate of sodium.

Diuretin. (Not official.)

This is the name given to Theobromine sodium salicylate. It corresponds to Caffeine sodium salicylate, which is the most used in Germany. It contains about 10 per cent of theobromine, 40 per cent of sodium salicylate, and 50 per cent of sodium salicylate.

Dose, 5 to 15 gr.

ACTION AND THERAPEUTICS.

Theobromine (the chief principle in cocoa, often described as diuretin, is an excellent diuretic; it

acts on the renal epithelium, and is most efficacious in relieving edema in diseases of the kidneys and heart, especially if digitalis is given at the same time. It is said not to produce much depression, but it may occasionally cause serious symptoms. Theobromine itself may be given in cachets in doses of 1 to 5 gr. There are many salts of it in the market, each of which has been from time to time employed therapeutically.

Guarana. (Not official.)

Synonym. *Blatterkraut*, com. The seed of *Paulownia* (Nat. Ord. *Simarubaceae*, *Evodia*). They are beaten, powdered, and made into a paste with water.

Characteristics. Cylindrical, of dried paste.

Composition. The chief constituent is *guaranine*, which is identical with caffeine (p. 379). **Dose, to 5 gr.**

Dose, 20 to 60 gr., in powder or infused in a cup of boiling water.

Preparation (Brit. Pharm. Codex).

Elixir Guaranae. Guarana in powder, 1 lb.; light magnesia, 1 fl. oz.; oil of cinnamon, 6 min.; syrup, 2 fl. oz.; proof spirit, q. s.

Dose, 1 to 2 fl. dr.

ACTION AND THERAPEUTICS.

Although there is no reason to believe that guaranine does not produce the same actions on the nervous system, heart, and kidneys as caffeine, yet it is rarely used except for sick headaches, but in these cases it is sometimes of great service.

Class II Vegetable Drugs acting chiefly on the Spinal Cord.

NUX VOMICA.

Nux Vomica. (S. *Strychnos*, *Pocoumat*). The dried ripe seeds of *Strychnos nuxvomica* (Nat. Ord. *Loganiaceae*, East Indies). The S. I. name is *Benne Strychna*, *Benne*, and different in shape and contents from *S. nuxvomica*.

Characteristics. Disc-shaped, $\frac{1}{2}$ to 1 in. in diameter, $\frac{1}{4}$ in. thick. Flat on concave convex. Margin rounded. On inner surface a central cavity in which a stalk passes to the margin and ends in a short prominence. Externally ash-brown, greenish turning with short silvery hairs. Internally horny and slightly translucent. No odor. Taste extremely bitter.

COMPOSITION.—The chief constituents are (1) *Strychnine* (see below), 0.9 to 1.9 per cent. (2) *Brucine*, which is dihydroxy-strychnine, $C_{21}H_{25}N_2O_4$, 0.9 to 1.5 per cent. Colourless prismatic crystals or pebbly flakes. Very bitter, but less than strychnine. *Solubility*. 1 in 3200 of cold water, 1 in alcohol. It has the same action as strychnine, but considerably less powerful and slower in its effect. Strongly emetic of nitric acid gives a blood red colour. (3) *Isostrychnine*, with which the strychnine and brucine are united as *Isostrychnine*, an insignificant side.

Dose, 1 to 4 gr.

Preparations.

1. Extractum Nucis Vomicae Liquidum.

Alcoholic. Standardized to contain 1.5 per cent. of strychnine, that is, $1\frac{1}{2}$ gr. in 110 m.

Dose, 1 to 3 m.

2. Extractum Nucis Vomicae.

The liquid extract is evaporated and diluted with weak alcohol. Standardized to contain 5 per cent. of strychnine.

This contains about $\frac{1}{10}$ of the amount of strychnine in B. P. 1885.

Dose, $\frac{1}{4}$ to 1 gr.

3. Tinctura Nucis Vomicae.

Liquid extract of nux vomica, 2 fl. oz.; water, 3 fl. oz.; alcohol, 90 per cent., q. s. Mix. Standardized to contain 0.25 per cent. of strychnine, that is, $\frac{1}{4}$ gr. in 110 m.

This contains about twice as much strychnine as in B. P. 1885.

Dose, 5 to 15 m.

Strychnina.—Strychnine. $C_{21}H_{25}N_2O_4$

SOURCE.—This alkaloid is prepared from the dried ripe seeds of nux vomica and other species of *Str.*

CHARACTERS. Minute, colourless, odourless, trimetric crystals. Intensely bitter; can be tasted in a solution of 1 in 1000, but only to be tasted in weak solutions, as it is so acrid. *Solubility*. 1 in 5700 of cold, 1 in 2500 of hot, water, 1 in 6 of chloroform, 1 in 150 of alcohol, 90 per cent. Gives no colour with nitric or sulphuric acids. Add to a test-tube strong sulphuric acid, and then add a particle of potassium bichromate; a beautiful violet colour, passing to brown and green, is formed. *Resembling strychnine*. Salt of acid.

INCOMPATIBLES.—Alkalies, iodides, bromides; the last are especially dangerous, for the precipitated bromide of strychnine is slowly.

IMPURITY.—Brucine, distinguished by tests.

Dose, to $\frac{1}{4}$ gr. in solution, or made in a pill with a small quantity of starch (thoroughly divide it) and glycerin of tragacanth.

Preparation.

Syrupus Ferri Phosphatis cum Quinina et Strychnina. Each fl. dr. represents $\frac{1}{32}$ gr. strychnine. (Comp. 1830.)

Dose, $\frac{1}{2}$ to 1 fl. dr.

Strychnina Hydrochloridum. Strychnine hydrochloride. $C_{21}H_{27}NO \cdot HCl \cdot 2H_2O$

It is white and crystalline. Discovered by Strychnine in B. P. 1885. Characteristic. Smell, of a strong bitter principle, which may often be made very bitter. Solubility. 1 part in 600 alcohol (90 per cent.).

Dose, to gr.

Preparation.

Liquor Strychninae Hydrochloridi. Symp. 1880. **Liquor Strychninae.** Strychnine hydrochloride, 17½ gr.; alcohol (90 per cent.), 1 fl. oz.; distilled water to make 4 fl. oz. **Strength.** 1 per cent.; that is, 1 gram in 110 m.

Dose, 2 to 8 m. by the mouth; 1 to 4 m. subcutaneous.

ACTION.

External. Strychnine is a very powerful antiseptic. Brucine is a local anæsthetic.

Internal. Gastro-intestinal tract.—Being intensely bitter, nux vomica is a good **stomachic**, increasing the vascularity of the gastric mucous membrane, the secretion of gastric juice, and the movements of the stomach by its action on the mouth, just like calumba (*q.v.*), or any other bitter; consequently it aids digestion and sharpens the appetite. It is a stimulant to the intestinal muscular coat, and by this means it **increases peristalsis**, and is therefore purgative.

Blood.—Strychnine is absorbed into the blood and circulates as such. If blood is mixed with strychnine and shaken with air it contains more oxygen and less carbonic acid than it would have done had the strychnine been absent; but there is no evidence that strychnine in small doses alters the oxidizing power of living blood.

spinal cord.—Strychnine causes convulsions. They are not cerebral, for they occur if the spinal cord is separated from the brain. They do not depend on an excitation of the motor nerves or muscles, for they are absent in a limb the spinal anterior nerve roots of which are cut. They occur if the posterior nerve roots are cut, provided the proximal end is isolated. Therefore they must be **spinal**; and this is proved by the fact that if all the vessels of the lower part of the spinal cord are ligatured just at the entry into the cord, so that this is the only part of the body deprived of its blood supply, and strychnine is injected into the blood, convulsions occur in the muscles except those the nerves of which come from the part of the cord which the strychnine does not reach. Again, if an animal be convulsed by strychnine, and a probe be slowly passed down the spinal canal, the convulsions will gradually cease from above downwards. But a peripheral stimulus, particularly if sharp and sudden, so easily excites convulsions when strychnine has been given that we are justified in assuming that every convulsion is excited by a peripheral stimulus, and often so slight that it is not to be evident. Further, strychnine enormously exaggerates the conduction power of the spinal cord in such a way that general convulsions reflexly follow a very slight local stimulus. It is believed that the precise part of the spinal cord stimulated to increased excitability by strychnine is that immediately on the afferent side of the anterior cornual cells. When a muscle contracts, centripetal impulses go up afferent nerves, and these reinforce the inhibitory impulses going to the opposing muscles. Recent research (Sherrington) shows that strychnine reverses the cord these inhibitory impulses, making them excitatory. Usually we are unaware of these inhibitory impulses, but when they become excitatory they are manifest, and especially so if strychnine has been given.

for them, as just mentioned, the excitability of the cord is heightened. The patient makes some slight movement, which would normally be associated with an appreciated inhibition of the extensors of the spine; but strychnine converts these inhibitory into powerful excitatory impulses, with the result that powerful contraction of the extensors takes place (opisthotonos). In the same way, an attempt to open the jaw becomes a powerful contraction (lockjaw).

Masses and Nerves.—Even with enormous doses the muscles and afferent nerves are unaffected. Towards the end of a case of poisoning the functional activity of the motor end-organs is depressed. This is due to direct action on them, and occurs readily in some species of frog.

Brain. The **convulsions** are quite **unaffected** by ordinary doses, but large doses slightly stimulate the cells of the motor area; but as in the cord, here, normal unappreciated inhibitory impulses become powerfully excitatory. Thus stimulation of the very part of the motor area that would normally produce, say, flexion of one hind limb now produces strong extension of that limb. The centres in the medulla, which are really the continuation upwards of the anterior cornua of the cord, are **powerfully stimulated**, especially the **respiratory centre**. The **vaso-motor centre** is also considerably **excited**, and chiefly for this reason the blood pressure rises from the very first. The cardiac centre is but slightly affected.

Circulation.—Strychnine **stimulates the heart**, but whilst this is partly due to a direct action on the heart, it chiefly results from the great **rise of blood-pressure**. This is caused by the contraction of the vessels all over the body, which is brought about first by the direct excitation by the strychnine of the medullary vaso-motor centre, and subsequently by its asphyxial stimulation, and also by the increased peripheral resistance which must occur from the frequent contraction of all the muscles. Strychnine

to some extent causes vascular constriction by stimulation of the pericardium of the arterioles.

Respiration. Respiration is rendered **quicker and deeper** because strychnine excites the spinal medullary respiratory centres. The respiratory muscles are involved in the general convulsions, with the result that the patient ultimately becomes exhausted owing to exhaustion of them, and to a prolonged contraction during the convulsive fits. The heart continues to beat after death, and is entirely due to failure of respiration. The excessive vascular contractions occasionally cause a fall of temperature, but so rarely that often the loss of heat must be carefully measured.

Senses. Smell, hearing, touch, and sight sharpened by strychnine. The field of vision, usually for blue, is said to be enlarged. All these effects are probably due to local action on the peripheral sense organs.

Excretion. Strychnine is eliminated unchanged in the urine. It is excreted rather slowly, and therefore tends to accumulate in the system. Urance is never established. For a clinical account of strychnine poisoning see Toxicology.

Brucine and thebaine act like strychnine, but hyalbrucine, methylthebaine, and methylstrychnine do not influence the cord, but paralyse the ends of the motor nerves like curare.

Strychnine acts on all animals in the main as man, but some birds and guinea pigs are less susceptible to it, for they absorb it slowly.

THE THERAPEUTICS.

External. Strychnine is so poisonous that its use as an antiseptic would not be safe.

Internal.—*Contraindications.*—Tincture of Nuxvomica is very largely given with excellent results as a bitter stomachic and carminative, especially in

cases in which the following is a most valuable part of generally feeble rectal. A mixture of dilute hydrochloric acid, gentian and opium is of great service in these cases. As a general tonic, it is of general health increasing value. Because of its power to stimulate peristalsis, the vomiting is of an aid for cases of constipation in which the contractile strength of the muscular coat of the intestine is weak: usually this is part of a general weakness of the whole body. The constipation of senility, which can be very successfully treated by a pill of extract of nux vomica and iron sulphate, is a good instance of the variety of constipation.

Cardiac. In cases of heart disease in which digitalis is inadequate, nux vomica and strychnine are excellent cardiac tonics, and for this purpose they may be combined with each other. Patients who die from failure of the heart in the course of chronic cardiac disease may apparently be brought round by the subcutaneous injection of strychnine; but some doubt its efficacy.

Respiration. Strychnine may be combined with expectorants as it stimulates the respiratory centre, and it is extremely serviceable when from any cause, such as severe bronchitis or pneumonia, the respirations are feeble and shallow: it is then best given subcutaneously in frequently repeated doses.

Nervous system. It has been given for a number of nervous diseases, but with no certain good results, for when the disease is not in the anterior cornu strychnine is hardly indicated; and if it is in this part of the cord, it is doubtful whether it is advisable to stimulate the part of the body which is diseased.

THYROID

In about an hour after a patient has taken the powder he begins to feel an erythema over the face, neck, and chest, and in a little time convulsions follow, the muscles of the face and neck are the muscles of the body next affected at once. The arms are thrown out the hands are extended, the head is pushed forwards and then bent backwards, and the whole body is per-

convex border. Testa hard, brittle, rough, deep brown, enclosing two hard, white, brittle cotyledons separated by a cavity. Inodorous. No distinctive taste. Usually contains about 0.12 per cent. of total alkaloids.

COMPOSITION.—The chief constituent is the alkaloid *Physostigmine* or *Eserine* as follows.

Preparation.

Extractum Physostigmatis. Alcohol, with sugar of milk.

This is $\frac{1}{4}$ of the strength of that of B. P. 1885.

Dose, $\frac{1}{4}$ to 1 gr. As this is not standardized it is unsuitable for internal administration, and it is better to use Physostigmine Sulphate in pill or solution.

Physostigminæ Sulphas. $(C_{11}H_{13}N_2O_2)_2H_2SO_4 \cdot 3H_2O$. *Synonym.* Eserine sulphate.

Source. The sulphate of an alkaloid obtained from Calabar bean.

CHARACTERS. Yellowish-white, minute crystals, becoming red on exposure to light and air. Bitter taste. Very soluble in water and alcohol. The solution in salicylic acid is permanent.

Dose, $\frac{1}{20}$ to $\frac{1}{10}$ gr. Best given subcutaneously.

Preparation.

Lamella Physostigminæ. Physostigmine sulphate, $\frac{1}{100}$ gr.; gelatin and glycerin together, $\frac{1}{20}$ gr.; each lamella.

ACTION.

External.—None.

Internal.—Mouth.—After physostigmine is absorbed it increases the salivary secretion; and this has been shown to be due to stimulation of the terminations of the secretory nerves in the glands. Other secretions are increased, probably in the same way. After a time the flow of saliva ceases, because the drug has so acted on the circulation as to constrict the vessels, and consequently the flow of blood through the salivary glands is diminished.

Stomach and Intestines.—The muscular coat of the stomach and intestines is greatly stimulated by the direct action of the drug circulating through it. The result is that after a large dose vomiting and purging occur. Physostigmine is quickly absorbed.

Circulation.—No influence on the blood is known.

The effect on the heart is obscure, but it appears that the irritability of the peripheral terminations of the vagus is at first increased, and that consequently the heart is **slowed**. Very large doses are said to reverse the irritability of the vagus. In addition to its effects on the vagus, physostigmine, in frogs at least, powerfully stimulates the contractile force of the heart. The **beat** is therefore both more **forcible** and slower. Ultimately the organ is paralysed and stops in diastole.

The **blood-pressure** rises very much; this is partly due to the increased force of the cardiac beat, partly to stimulation of the vaso-motor centre, partly to contraction of all the unstriated muscle of the abdominal viscera, driving much blood out of the lumen. It is not known for certain if the unstriated muscle of the arteries is stimulated. Analogy would lead us to suppose that it is.

Respiration is first quickened but soon retarded, and **death** takes place from **asphyxia**. Three factors at least are probably concerned in bringing about these results. The ends of the vagi in the lungs are stimulated, for if these nerves are cut and physostigmine is administered there is no primary quickening of respiration. Physostigmine, from its action on involuntary muscular fibre, causes contraction of the smooth muscle in the bronchial tubes, with consequent constriction of them. Lastly and most importantly, the activity of the respiratory centres in the medulla and pons is depressed.

Nervous system. *Brain.* Even in fatal doses consciousness is unimpaired. The only part of the brain certainly known to be affected is the respiratory centre, but it has been said that the motor cortex is temporarily excited.

Spinal cord. - It is here that physostigmine produces its most characteristic effects. **Reflex activity** is inhibited; by exclusion it can be shown that this

is not owing to any influence on the nerves or voluntary muscles, therefore it is due to **depression of the spinal cord**. The most conclusive proof of this is the direct application of the drug to the cord. This is, then, at first, in the neck, which is caused by almost any substance, but it increases or rather excites it, but it soon goes on to complete abolition of it. Later on the posterior part of the cord is also paralyzed, so that there is a diminution of cutaneous sensibility.

Effects on the voluntary muscles. Muscular twitches follow large doses in many animals. These appear to be due to action on the motor nerve terminations; sensory nerves are unaffected.

Effects on the involuntary muscles. We have already seen that the involuntary muscles of the intestines, stomach, and bronchial tubes are made to contract by physostigmine; so also are those of the spleen, uterus, bladder, and iris. Probably in all these instances it is the terminations of the motor nerves that are affected.

Eye. Physostigmine applied locally to the conjunctiva or introduced into the circulation causes **contraction of the pupil, spasm of accommodation** from direct stimulation of the ends of the motor nerves of the iris and the ciliary muscle. There is a **diminution of intra-ocular tension**. Thus, as regards both secretions and the eye, physostigmine is antagonistic to atropine.

The action of physostigmine is much more constant than that of Calabar bean, perhaps because the other active principles in the bean interfere with the action of physostigmine.

THERAPEUTICS.

Physostigmine. Because of its stimulating power on striated muscle Calabar bean has been recommended for chronic constipation, atony of the bladder, and chronic bronchitis with deficient power

expectoration, but it is rarely given for these purposes.

Strychnine. Calabar bean has been largely used tetanic, and some cases of recovery have been cured. It must be administered boldly. The extract has often been given, but it is better to inject strychnine sulphate under the skin. Doses of $\frac{1}{10}$ frequently repeated may be employed, but the gut must be carefully watched. Physostigmine has been given as an antidote for strychnine poisoning. *Uses.* The liniment is placed in the eye to break adhesions of the iris, to diminish intraocular tension, and to prevent prolapse of the iris after wounds of the cornea. It is also employed in myopia, in paralysis of the iris and ciliary muscles, and to prevent the entrance of light into the eye in aphakia. If used in solution, $\frac{1}{2}$ to 2 gr. of strychnine sulphate to 1 fl. oz. of water is the full strength.

ANISOTISMUS.

It will be observed that in this action on the pupil, on the one hand, and on the sympathetic system, on the other, to atropine. There is a difference of parasympathetic and sympathetic control as indicated by the following.

GELSEMIUM.

Gelsemii Radix. Yellow bell root. The dried root and tubers of *Gelsemium* (Natl. Ord. *Loganiaceae*). It grows in the United States, Canada, and Mexico. The root is branched, to 4 in. in diameter, and is covered with a thin, brown, papery, and sometimes with a thin, white, papery, covering. The root is bitter, and is used in the treatment of various diseases.

Properties. The active constituents are: 1. Gelsemine, a crystalline substance, white, soluble in water, and in alcohol, and in ether. The hydrochloride is soluble in water, and in alcohol, and in ether. 2. Gelsemine, a crystalline substance, white, soluble in water, and in alcohol, and in ether.

There is much correspondence between the two bodies, for gelsemine is often called gelseminine and vice versa.

Dose, of gelseminine hydrochloride, $\frac{1}{16}$ to $\frac{1}{20}$ gr.

Tinctura Gelsemii. Gelsemium, 1; alcohol (60 per cent.), 10. Percolate.

Dose, 5 to 15 m.

ACTION

External.—None.

Internal. Gelsemium produces no effect on the stomach or intestines. Its powerful general physiological effects are due to the gelsemine in it.

Brain.—In poisoning by gelsemium consciousness is maintained till the end; the drug, therefore, has no power on the higher cerebral centres.

Spinal cord.—The most marked symptom produced by gelsemium is paralysis of all the muscles of the body; and by a series of experiments, like those used for strychnine, this can be shown to be due to depression of the activity of the cells of the anterior cornua of the spinal cord. If a larger dose is given the whole of the lower neurons is depressed, and hence the peripheral motor nerves and their endings are paralysed. This is said to be followed by a depression of the sensory part of the cord, with consequent anæsthesia, but this is less important. The result of the action of the drug is that the patient may be unable to walk, or if he can the gait is staggering; his general sensibility is somewhat impaired. Convulsions may be produced. The cause of these cannot be made out, for they appear to be neither cerebral, spinal, nor peripheral.

Eyes. Gelsemium soon causes disturbance of vision, then follows diplopia, due to paralysis of the ocular muscles, and from the same cause the upper lid drops. The pupil is dilated. All these symptoms are probably owing to the paralysis of the neurons of the motor centres in the floor of the fourth ventricle.

the aqueduct of Sylvius, for these are the continuation upwards of the anterior cornua.

Circulation.—The action of moderate doses is not marked. Toxic doses are powerfully depressant; the force and rate of the pulse and the blood-pressure are lowered.

This is owing to a direct action on the cells of the vagal ganglia, the drug acting like nicotine.

Respiration.—Soon after the administration of emetine the respiration becomes slower and more shallow; ultimately it stops, death taking place by asphyxia. This is due to paralysis of the respiratory centres in the cord and medulla. Before death the temperature falls, and the skin is bathed in a cold sweat.

THERAPY.

Gelsemium was formerly given for many conditions, but as it did no good and is an uncertain, powerful poison, it is not often prescribed, but sometimes it is used successfully for neuralgia and headache. A good combination for these diseases is emetine hydrochloride $\frac{1}{2}$ gr., with butyl chloral hydrate 3 gr., made into a pill with mucilage, and given every two hours till the pain is relieved. Formerly, too, it was employed to dilate the pupil and to relieve accommodation. It will do this when applied locally, for it is quickly absorbed from the eye. Tablets, each containing $\frac{1}{800}$ gr. gelsemine, are made for application to the eye.

III.—Vegetable Drugs acting chiefly on Nerves.

CONIUM.

Conii Folia.—Hemlock Leaves. The fresh leaves and branches of *Conium maculatum*, the spotted hemlock (Ord. Umbellifera), collected when the fruit begins to ripen (in June).

CHARACTERS.—Divided pinnately; lower leaves decumbent, and sometimes 2 feet long; glabrous, arising from a stem marked with purple spots, by clasping petioles of equal length, those of the lower leaves being hollow. Odour of leaves strongly like that of mice and very disagreeable, especially if they are rubbed with a solution of potash.

INCOMPATIBILITIES. — Caustic alkalies, vegetable acids, and astringents.

COMPOSITION. — Succus Conii. 1 fl. dr. ; alcohol (70 per cent.), 5 fl. dr.

Preparation.

1. Succus Conii. — Hemlock fruit, 1 lb. ; alcohol (70 per cent.), 5 fl. dr. ; and benzenes, 3 ; alcohol (90 per cent.), 1.

Dose, 1 to 2 fl. dr.

2. Unguentum Conii. Succus Conii, 2 fl. dr. ; hyposulphite of soda, 1 lb. ; oil, 1 lb.

Conii Fructus. Hemlock Fruit. The dried green but unripe fruit of *Conium maculatum* (Nat. O. Umbelliferae).

CHARACTERS. — About $\frac{1}{2}$ in. long, broadly ovoid, compressed laterally, dull greenish-grey, and crowned by the flattened stylopod. In commerce consists usually of the serrated mericarpia, which are flattened and crowned with the flattened stylopod. Powdered and rubbed with potash, it gives off a strong disagreeable odour due to the alkaloid. *Resembling conium fructus* Caraway, anise, dill, all known by having vittae.

COMPOSITION. The chief constituents are (1) Coniine, $C_8H_{17}HN$, propyl piperidine, the active principle. A colourless, strongly alkaline liquid alkaloid, with a mouse-like odour and a burning taste. *Solubility*. — 1 in 100 of water. It is obtained from the plant by distillation with alkalis. It is most abundant in the fruit. It is readily decomposed by light and heat, and the preparations of coniine are therefore of very varying strengths. Its salts are much more stable. (2) Methyl-coniine, $C_9H_{19}CH_3N$. A colourless fluid alkaloid. (3) Conhydrine, a nearly inert crystallizable alkaloid.

INCOMPATIBILITIES. — Caustic alkalies, vegetable acids, and astringents.

Preparation.

Tinctura Conii. — Hemlock fruit, 1 ; alcohol (70 per cent.), 5. Percolate.

Dose, $\frac{1}{2}$ to 1 fl. dr.

External. — Coniine probably has no influence on the unbroken skin, but it has been thought to be anæsthetic when applied to painful broken surfaces. This is doubtful, for in the first place we have no proof that it can be absorbed from sores ; and,

ACTION.

By experiments show that large doses have to given to depress the activity of sensory nerves.

Internal.—*Gastro-intestinal tract.* It may occasionally give rise to vomiting and diarrhœa for it acts on sympathetic ganglia like nicotine.

Circulation. Coniine is absorbed into the blood, and circulates unchanged. It causes vacuoles to form in the red cells. It depresses the cardiac vagal innervation, and hence the pulse quickens; speaking generally conine, like nicotine, paralyzes peripheral innervation; this is one cause of the fall of blood pressure. The heart beats long after breathing has ceased.

Respiration. Owing to the profound paralysis of the motor nerves, and the later depression of the respiratory centre and motor part of the cord, death takes place from enfeeblement of respiration and consequent **asphyxia**.

Nervous system.—**Nerves.**—Coniine powerfully depresses all the motor nerves. This depression begins at the periphery, and gradually **ascends** till the whole nerve, up to the spinal cord, is incapable of responding to stimuli. This leads to paralysis of the muscles of the body as far as voluntary and reflex motion are concerned, but they themselves are unaffected, retaining their irritability to local stimuli.

Sensory nerves are not implicated unless the dose is very large; then their conducting power is impaired. The effects on nerves are well illustrated by the death of Socrates, for he was directed to hold out till his legs felt heavy (motor paralysis), after, when his foot was pressed he could not feel.

Spinal cord.—This remains uninfluenced till quite late, then, if poisonous doses have been given, the action of its motor cornua is feebly depressed, as is that of the respiratory centre in the medulla. These actions are probably due to the methylconine. The amount of this is variable in different

specimens, the exact period at which these effects come on varies with different preparations. In some animals asphyxial convulsions are very marked.

Brain.—Except for the respiratory centre, the whole of the brain is unaffected by conine. Consciousness is preserved until the stage of asphyxia.

Eye.—Conine, when dropped into the eye, causes immediate contraction of the pupil reflexly from the conjunctival irritation. But soon the pupil dilates, and accommodation is paralysed; the same usually happens when the drug is given internally. Probably these results are owing to paralysis of the terminal portions of the third nerve, for well-marked ptosis, which is due to this cause, is present, but the pupillary effects are partly due to depression of the ciliary ganglion, as conine paralyzes all peripheral ganglia.

Conine is excreted unchanged, chiefly in the urine.

THERAPEUTICS.

External. Conium has been applied to painful ulcers and sores, but it is, for the reasons already given, doubtful whether it produces any good effect. It has also been employed for myalgia and rheumatism, but it is quite useless.

Internal.—Conium is rarely given as a medicine, for (a) the amount of conine extracted by any preparation is very variable; (b) the amount in the same part of different plants is inconstant; (c) the amount of methyleconine present is also very uncertain; (d) conine is very volatile; (e) it is unstable in light and air making it inert. For these reasons it is probable that often the pharmacopœial preparations contain no conine at all. Ounces of the succus, which is believed to be the most reliable preparation, have frequently been swallowed without producing any effects. The preparation of the fruit is said by some to be more reliable than the preparations of the leaves. Conium has been given in spasmodic diseases.

whooping cough, in chorea, tetanus, asthma, and epilepsy, but in all it does little or no good.

Taxidromy.

The symptoms produced by exposure to smoke are in part relieved by the process of taxidromy. The sufferer feels somewhat better, the pulse quickens, the temperature rises, and the amount of perspiration is increased. The tobacco is put in a glass bottle, and the sufferer inhales the vapor and fumes of the smoke. The effect is temporary, and the process is repeated several times. The process is not a cure, but it is a relief, and it is a valuable means of relieving the sufferer in the meantime. The process is not a cure, but it is a relief, and it is a valuable means of relieving the sufferer in the meantime.

First aid.—Remove the patient from the smoke, wash out the stomach, and give a large quantity of water. Stimulate the dentals. Warm the feet. Artificial respiration.

Tabaci Folia. (N. S. 2544)

Forma Locuta.—The dried leaves of *Nicotiana glauca* L. (Ord. Solanaceae).

Characters.—Leaves up to 20 or more inches long, ovate, serrated, brown, brittle, dark and hairy. Oil of characteristic taste, not pungent, acrid.

Composition.—The chief constituents are: (1) Nicotine, H. N. 2 (8 per cent.). A colorless, volatile, oily alkaloid, and tasteless, but becomes acrid and burning with age, and in water, more so in alcohol and ether. Turkish tobacco contains hardly any. (2) Nicotinic acid. (3) Salts and other constituents.

Nicotine is the main and most active constituent of tobacco smoke. By the leaves no present, but not in a great quantity to produce any effect.

ACTION.

Tobacco leaves act in virtue of their nicotine, one of the most powerful and rapid poisons known.

External.—Nicotine is an antiseptic.

Internal.—*Gastro-intestinal tract.* Nicotine in ten minute doses ($\frac{1}{4}$ gr.) promptly produces greatly increased salivary flow, due to action on the salivary ganglionic apparatus, burning pain in the mouth, oesophagus, and stomach, horrible nausea, quickly succeeded by vomiting owing to its action on the ganglia of

the gastro-intestinal muscle—by vomiting and purging accompanied by **extreme collapse**. There are present a rapid, very feeble pulse, intense muscular weakness, laborious respiration, partial loss of consciousness, occasional convulsions, icy extremities, and profound general collapse. A dose of nicotine may kill in three minutes, but in both man and animals a certain tolerance may be acquired.

Circulation. Nicotine disintegrates the red cells of freshly drawn blood, but has not this effect on living blood, although the **spectrum** of haemoglobin is **altered**, so that the corpuscles must be in some way affected. Owing to slight stimulation with subsequent depression of the vagal ganglia and a similar effect on vaso-motor ganglia the pulse is at first slowed and the blood pressure raised, but soon the beat is powerfully depressed, the pulse becomes rapid, irregular, and feeble, and the blood-pressure rises and falls irregularly and rapidly; finally it falls profoundly.

Respiration.—This is at first accelerated and deepened; ultimately it is paralysed from depression of the centre. Death is partly due to asphyxia.

Nervous system.—The higher faculties are depressed by large doses, for those poisoned become comatose within even a minute or two of taking a large dose. The convulsions occasionally observed in man, and always in the frog, are probably due to spinal stimulation. Ultimately the **function of the motor nerves is entirely abolished**. This explains the intense muscular weakness. Probably the sensory nerves, and certainly the muscles, escape.

Whether injected into the circulation or applied locally to nerve ganglia, nicotine paralyses them after a brief period of contraction, and to this many of its actions, e.g. gastro-intestinal, are due. After internal administration or local application of nicotine the superior cervical ganglion, for example, is paralysed, so that while post-ganglionic

dilation ceases, blanching, fear, dilatation of pupil, contraction of iris, etc., which may have a local effect.

Effect. A toxic dose, taken internally, or the local action of nicotine to the eye, **contracts** the pupil of man and most animals. This will occur in all eyes, and is therefore a local effect. With animals the time is very brief.

Effect. Nicotine that is absorbed, but ultimately paralyzes the secretory structures of the body, sweat, lachrymal, and probably all other glands. It acts on the sympathetic apparatus.

Effect. Nicotine is also markedly potentiated by the heat, and chiefly in the same, the secretion of which it causes.

THE CAPSULES.

Tobacco is never used therapeutically. Formerly employed in the form of an extract of the leaves, the capsule was used so as to facilitate the reduction of dislocations.

Tobacco smoking, in those who are unaccustomed to it, produces, to a greater or less degree, the symptoms of gastro-intestinal irritation and collapse just named. Even in those who are used to it the smoke may produce catarrh of the pharynx. Moderate smoking raises the blood pressure by vaso-motor reflexion and quickens the pulse and respiration. After breakfast assists the daily action of the stomach. After excessive smoking the vaso-motor system is depressed, the blood pressure falls, and there is general collapse. With many people smoking has an invigorating effect, especially among those who lead sedentary lives, in stimulating the brain and producing a reasonable, calm state of mind. Over-indulgence may lead to loss of appetite, irregularity of the bowels, chronic laryngeal and pharyngeal catarrh, and cellular neuritis of the optic nerve. The effect of this is that the sufferer complains that objects look misty, he has a central scotoma, sometimes aplete, often only for red and green, and finally

atrophy of his optic nerve. Prolonged high blood pressure leads to degeneration of the arteries, and therefore produces excessive tension, known as arteriosclerosis, as has been shown by Lee, experimenting with rabbits; the tension of the internal carotid artery of the rabbit causes degeneration of elastic fibres and deposition of calcium salts.

The pyramidal contains an alkaloid, pyramine, acting exactly like nicotine. The leaves of it are used in Australia instead of tobacco.

COCA.

Cocæ Folia. *Synonym.* Coca. The leaf of *Erythroxylum coca*, and other species of *Erythroxylum* (Ord., *Lineæ*). South America.

CHARACTERS. 12 to 3 in. long, 1 to 1½ in. wide; leaves green, oval, entire, smooth, glaucous beneath, and striated above midrib, under surface carved with a series of ridges; the ridge and carved lines, while well marked in those from Bolivia, are usually absent in those from Peru, and are smaller. Faint tea-like odor, bitter taste.

COMPOSITION. It contains four alkaloids, viz. (1) cocaine (*sp.*), which is methylenecocaine, 0.2 per cent.; (2) truxilline, formerly called cocaine, 0.1 to 0.2 per cent.; (3) ecgonine, 0.01 to 0.02 per cent.; (4) cuscubine, 0.01 to 0.02 per cent. The first three are derivatives of ecgonine. Different species vary much in amount of cocaine. Fresh specimens are stronger than those that have been kept.

INCOMPATIBLES. Mineral acids decompose cocaine; benzoic acid and ecgonine; sodium bromide, salts of mercury, menthol, and silver nitrate.

Preparation.

Extractum Cocæ Liquidum. Powdered leaves and alcohol (60 per cent.) equal parts.

Dose, ½ to 1 fl. dr.

Cocaine. $C_{17}H_{21}NO_4$.

SOURCE. An alkaloid obtained from Coca leaves.

CHARACTERS. Colourless monoclinic prisms with a bitter taste followed by numbness. **Solubility.**—Alkaline: soluble in water, 1 in 10 alcohol (90 per cent.); 1 in 4 chloroform; 2 in 1 chloroform; 1 in 4 oleic acid; 1 in 12 olive oil.

Preparation.

Unguentum Cocainæ.—Cocaine, 1; oleic acid, 1; lard, 20.

Cocaine Hydrochloridum. (Cocaine Hydrochloride.)

1. *Chlorophyll a* and *Chlorophyll b* were determined by the method of Arar and Collins (1971).

Dose, to gr.

Dose. to gr.

1. **Injectio Cocainæ Hypodermica.** (Cocaine Hypodermic Injection.)

[illegible]

Dose, 2 to 5 m.

2. **Lamella Cocainæ.**

1. The first step in the process is to identify the problem or issue that needs to be addressed. This involves gathering information and understanding the context of the problem.

1. *Journal of the Royal Society of Medicine*, B, 1985.

3. Trochiscus Krameriae et Cocainæ. 141

1. *Chlorophyll a* (Chl. *a*)

1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13. 14. 15. 16. 17. 18. 19. 20. 21. 22. 23. 24. 25. 26. 27. 28. 29. 30. 31. 32. 33. 34. 35. 36. 37. 38. 39. 40. 41. 42. 43. 44. 45. 46. 47. 48. 49. 50. 51. 52. 53. 54. 55. 56. 57. 58. 59. 60. 61. 62. 63. 64. 65. 66. 67. 68. 69. 70. 71. 72. 73. 74. 75. 76. 77. 78. 79. 80. 81. 82. 83. 84. 85. 86. 87. 88. 89. 90. 91. 92. 93. 94. 95. 96. 97. 98. 99. 100. 101. 102. 103. 104. 105. 106. 107. 108. 109. 110. 111. 112. 113. 114. 115. 116. 117. 118. 119. 120. 121. 122. 123. 124. 125. 126. 127. 128. 129. 130. 131. 132. 133. 134. 135. 136. 137. 138. 139. 140. 141. 142. 143. 144. 145. 146. 147. 148. 149. 150. 151. 152. 153. 154. 155. 156. 157. 158. 159. 160. 161. 162. 163. 164. 165. 166. 167. 168. 169. 170. 171. 172. 173. 174. 175. 176. 177. 178. 179. 180. 181. 182. 183. 184. 185. 186. 187. 188. 189. 190. 191. 192. 193. 194. 195. 196. 197. 198. 199. 200. 201. 202. 203. 204. 205. 206. 207. 208. 209. 210. 211. 212. 213. 214. 215. 216. 217. 218. 219. 220. 221. 222. 223. 224. 225. 226. 227. 228. 229. 230. 231. 232. 233. 234. 235. 236. 237. 238. 239. 240. 241. 242. 243. 244. 245. 246. 247. 248. 249. 250. 251. 252. 253. 254. 255. 256. 257. 258. 259. 260. 261. 262. 263. 264. 265. 266. 267. 268. 269. 270. 271. 272. 273. 274. 275. 276. 277. 278. 279. 280. 281. 282. 283. 284. 285. 286. 287. 288. 289. 290. 291. 292. 293. 294. 295. 296. 297. 298. 299. 300. 301. 302. 303. 304. 305. 306. 307. 308. 309. 310. 311. 312. 313. 314. 315. 316. 317. 318. 319. 320. 321. 322. 323. 324. 325. 326. 327. 328. 329. 330. 331. 332. 333. 334. 335. 336. 337. 338. 339. 340. 341. 342. 343. 344. 345. 346. 347. 348. 349. 350. 351. 352. 353. 354. 355. 356. 357. 358. 359. 360. 361. 362. 363. 364. 365. 366. 367. 368. 369. 370. 371. 372. 373. 374. 375. 376. 377. 378. 379. 380. 381. 382. 383. 384. 385. 386. 387. 388. 389. 390. 391. 392. 393. 394. 395. 396. 397. 398. 399. 400. 401. 402. 403. 404. 405. 406. 407. 408. 409. 410. 411. 412. 413. 414. 415. 416. 417. 418. 419. 420. 421. 422. 423. 424. 425. 426. 427. 428. 429. 430. 431. 432. 433. 434. 435. 436. 437. 438. 439. 440. 441. 442. 443. 444. 445. 446. 447. 448. 449. 450. 451. 452. 453. 454. 455. 456. 457. 458. 459. 460. 461. 462. 463. 464. 465. 466. 467. 468. 469. 470. 471. 472. 473. 474. 475. 476. 477. 478. 479. 480. 481. 482. 483. 484. 485. 486. 487. 488. 489. 490. 491. 492. 493. 494. 495. 496. 497. 498. 499. 500. 501. 502. 503. 504. 505. 506. 507. 508. 509. 510. 511. 512. 513. 514. 515. 516. 517. 518. 519. 520. 521. 522. 523. 524. 525. 526. 527. 528. 529. 530. 531. 532. 533. 534. 535. 536. 537. 538. 539. 540. 541. 542. 543. 544. 545. 546. 547. 548. 549. 550. 551. 552. 553. 554. 555. 556. 557. 558. 559. 560. 561. 562. 563. 564. 565. 566. 567. 568. 569. 570. 571. 572. 573. 574. 575. 576. 577. 578. 579. 580. 581. 582. 583. 584. 585. 586. 587. 588. 589. 590. 591. 592. 593. 594. 595. 596. 597. 598. 599. 600. 601. 602. 603. 604. 605. 606. 607. 608. 609. 610. 611. 612. 613. 614. 615. 616. 617. 618. 619. 620. 621. 622. 623. 624. 625. 626. 627. 628. 629. 630. 631. 632. 633. 634. 635. 636. 637. 638. 639. 640. 641. 642. 643. 644. 645. 646. 647. 648. 649. 650. 651. 652. 653. 654. 655. 656. 657. 658. 659. 660. 661. 662. 663. 664. 665. 666. 667. 668. 669. 670. 671. 672. 673. 674. 675. 676. 677. 678. 679. 680. 681. 682. 683. 684. 685. 686. 687. 688. 689. 690. 691. 692. 693. 694. 695. 696. 697. 698. 699. 700. 701. 702. 703. 704. 705. 706. 707. 708. 709. 710. 711. 712. 713. 714. 715. 716. 717. 718. 719. 720. 721. 722. 723. 724. 725. 726. 727. 728. 729. 730. 731. 732. 733. 734. 735. 736. 737. 738. 739. 740. 741. 742. 743. 744. 745. 746. 747. 748. 749. 750. 751. 752. 753. 754. 755. 756. 757. 758. 759. 760. 761. 762. 763. 764. 765. 766. 767. 768. 769. 770. 771. 772. 773. 774. 775. 776. 777. 778. 779. 780. 781. 782. 783. 784. 785. 786. 787. 788. 789. 790. 791. 792. 793. 794. 795. 796. 797. 798. 799. 800. 801. 802. 803. 804. 805. 806. 807. 808. 809. 810. 811. 812. 813. 814. 815. 816. 817. 818. 819. 820. 821. 822. 823. 824. 825. 826. 827. 828. 829. 830. 831. 832. 833. 834. 835. 836. 837. 838. 839. 840. 84

External.—Cocaine has little action on the un-
der skin, but it injected into a wound, or applied
to the mucous membranes—its, for example, those of the
nose, mouth, rectum, vagina—it produces com-
plete local anæsthesia to pain and touch, so that
operations can be performed without the patient
feeling them. A 5 or 10 per cent. solution of the
chloride is strong enough to thus paralyse the
sensory nerves. Stronger solutions must be applied
to produce anæsthesia of the motor nerves. The
anæsthesia is confined to the parts to which the
solution is applied. If a solution is injected into the
subarachnoid space of the spine, sensation and with larger
motion—is abolished in the parts the nerves
of which arise from the cord below the point of
injection: thus by injection between the 3rd and
4th lumbar vertebræ, sensation in the lower limbs

and abdomen up to the umbilicus is abolished. When applied locally cocaine stimulates vaso-constrictor nerves and hence arteries contract.

Internal. *General anæsthetic tract.* Applied to the nose or tongue cocaine abolishes smell and taste (especially for bitter substances) respectively, and when it is taken internally, the gastric mucous membrane experiences its anæsthetic influence. Therefore the sensation of hunger is deadened, and persons taking cocaine can go a long while without feeling the want of food: but the drug is not a food, for the body rapidly wastes. Digestion is not impaired. Because of its local anæsthetic effect it sometimes stops vomiting. Very large doses may lead to diarrhoea. In the organism it is quickly converted into ecgonine.

Circulation.—Large doses stimulate both the accelerator centre and the cardiac muscle, and therefore the pulse quickens, and as both the vaso-motor centre and the sympathetic nerve terminations in the arterioles are stimulated the blood pressure rises.

Respiration.—It acts upon the respiratory centre, first stimulating it, so that the rapidity and depth of respiration are increased; but soon depression of the centre follows, the respiratory movements become feeble, of the Cheyne-Stokes type, and death takes place from **asphyxia**.

Nervous system. *Central effects.* Cocaine is a *stimulant* to the central nervous system, affecting first the higher centres, later the cord. Subsequent to stimulation depression follows. Moderate doses greatly **increase the bodily and mental power**, and give a sense of calm and happiness with abolition of bodily and mental fatigue. This greater physical energy renders possible the performance of long exhausting muscular feats. For these effects, coca leaves mixed with clay or ashes are chewed by thousands of the inhabitants of Peru and the neighbouring countries. A single large dose causes mental excitement, delirium, convulsions, and, at last, with

gent headache and depression. The ataxy is impairment of conduction of sensory impressions from the peripheral sensory nerves, but this is enough to prevent increased reflex action. Excessive indulgence in the habit of coca-chewing leads to delirium, extreme emaciation, insomnia, and debilitation of intellect.

Eye.—When a solution of cocaine of about 4 per cent. is dropped into the eye, local anaesthesia is produced first of the conjunctiva and cornea, later of the iris. It is attained in about seven minutes, and lasts for seven minutes. At first there may be a transient constriction of the pupil. This is probably due to reflex action, and soon gives way to **wide dilatation**. The maximum is attained in an hour or two. Normal state is regained in from twelve to twenty-four hours. The dilated pupil is feebly responsive to light, and the dilatation is rapidly reversed by physostigmine. The ocular tension is slightly lowered, and the palpebral aperture is widened. Accommodation is partially, but never completely, paralysed. The vessels of the eye are dilated. These effects are chiefly **due to irritation of the sympathetic**, and as they are quickly reversed by dropping the drug in the eye they are **very local**. All these effects are slowly produced by doses of cocaine are taken internally.

Work.—The amount of muscular work of which the body is capable is increased by cocaine, by its action on the central nervous system. The excretion of acid and nitrogenous metabolism are unaltered.

Intoxication.—This may rise in cocaine poisoning. **Excretion.**—Cocaine is partly excreted by these organs. In dogs the drug is mainly destroyed in the liver, only about 5 per cent. appearing in the urine. Cocaine diminishes sexual excitability.

THERAPEUTICS.

External.—A few drops of a 5 to 10 per cent. solution of the hydrochloride may be injected sub-

entaneously as a local anæsthetic when a very delicate operation has to be performed. Employ it for delicate operations by infiltration (see *Electricity*, p. 465), and to 0.1 per cent. solutions may be used. Solutions painted or dropped on may be used for eruptions on the mouth, throat, teeth, 1 per cent. eye (1 to 4 per cent.), ear, vagina, arthralgia, rectum (1 to 10 per cent.), and they may be applied to any of these parts when they are very painful. Cocaine will relieve valvular pruritis. It has been used locally to the nose in hay fever. Painful ulcers and fissures are beneficially treated with it. Ointments, lozenges, and suppositories usually containing 2 to 5 per cent. of cocaine, which is soluble in fats while the hydrochloride is not, are very useful. A 15 per cent. solution has been injected into the ear for tooth extraction, but is not strongly recommended. Cocaine liniment (8.5 per cent.) is applied to painful dental cavities. Cocaine is employed very largely to produce local anæsthesia of the eye.

Internal. *Moraine.* A solution is useful for painting or spraying on to the throat previous to laryngeal operations. The lozenges of Krasner and Cocaine are valuable for painful sore throats.

Stomach. Cocaine in some cases allays excessive vomiting, and has been said to cure sea sickness.

It is not often used in Europe as a medicine for its restorative effects; as already mentioned, it is not a food, and the good it does is only temporary. It is a respiratory depressant; but severe poisonous symptoms are rarely noticed unless the drug is injected. Then it may quickly cause vertigo, pallor, fainting, profound cardiac and respiratory depression with tremor and other nervous symptoms which may in very rare instances persist for months, even if the other symptoms are overcome.

Cocaine Overdose. *Toxicology.* *Synonym.* Cocainism. The antidote takes cocaine either for its present effect or

Novocaine. *Novocainum.*

Novocainum is the hydrochloride of the base.

This substance is used in the same way as cocaine, but it appears to be the better tolerated. Cocaine and novocaine are the most satisfactory local anæsthetics. Cocaine is often combined with adrenalin. The usual subcutaneous dose is $\frac{1}{2}$ to 1 gr.

JABORANDI

Jaborandi Folia. The dried leaflets of *Pilocarpus jaborandi* (Nat. Ord. *Rutaceæ*). *Pilocarpus jaborandi*.

CHARACTERS. Leaves very small, 1 to 2 mm. long; oval-oblong or oblong-lanceolate, unequal at base, obtuse and emarginate, with very finely serrated margins; coriaceous, green above, glaucous beneath; under surface paler, often hairy, with prominent midrib; pellucid dots. Odour when bruised aromatic. Taste, at first slightly bitter and aromatic at first, subsequently pungent and increasing to the throat.

IDENTITY. Leave a piece of *Pilocarpus jaborandi* in water.

COMPOSITION. The dried leaves contain (1) A colourless alkaloid, *pilocarpine*, $C_8H_{11}NO_2$; (2) *Isopilocarpine*; (3) *Pilocarpidine*. These are the three alkaloids; the last two are stereo-isomers, and are chemically of a tertiary type, containing a tropane pilopie radicle. (4) A volatile oil. These active principles are soluble in alcohol, but only imperfectly so in water.

Preparations.

1. Extractum Jaborandi Liquidum. Jaborandi leaves and alcohol (45 per cent.), equal parts.

Dose, 5 to 15 m.

2. Tinctura Jaborandi. Powdered leaves, 1; alcohol (45 per cent.), 5. Percolate.

Dose, $\frac{1}{2}$ to 1 fl. dr.

Pilocarpine Nitras. Pilocarpine Nitrate. $C_8H_{11}N_2O_4$.

SOURCE. Obtained from jaborandi leaves.

CHARACTERS. A white crystalline powder. Commercial samples frequently contain isopilocarpine and pilocarpidine. **Solubility.** 1 in 9 of water, 1 in 50 of cold, freely in hot alcohol (90 per cent.).

Dose, $\frac{1}{20}$ to $\frac{1}{2}$ gr. by the mouth, $\frac{1}{10}$ to $\frac{1}{2}$ gr. hypodermically.

ACTION.

External.—None.

Internal.—Pilocarpine is very quickly absorbed, and soon produces a **great increase in the amount of salivary secretion.** The mouth seems warm, and there may be a feeling of heaviness about the salivary glands. The saliva contains an abundance of salts and ptyalin, and can convert starch into sugar. Its increase is due to a stimulation of the terminal filaments of the chorda tympani and other nerves which end in the ducts of the salivary glands, so that stimulation of these nerves can add very little to the flow produced by the drug—in fact, not more than can be accounted for by vascular alterations. This action is antagonized immediately by atropine, as that paralyzes the endings of these nerves. To a slight extent pilocarpine excites the secretion of the gastric juice, intestinal fluid, and pancreatic secretion. The striped muscle of the stomach and intestine is stimulated, and thus the drug may purge. The bile is unaffected. Large doses, especially of jaborandi, produce vomiting.

Circulation.—Pilocarpine has no effect on the heart, but it is a **cardiac depressant.** The pulse, it is true, may be, and in the human being always is, a little accelerated at first, but soon it slows. This slowing of the pulse is at once set aside by atropine, but is not prevented by section of the vagus. Therefore pilocarpine acts on the heart itself, stimulating the terminations of the vagus. The arterioles of the limbs and body generally are constricted by stimulation of the nerve ends in the vessel walls, but the coronary arterioles are dilated. The vascular constriction and primary cardiac acceleration cause at first a rise of blood pressure, but soon the depression of the heart leads to a fall. The lymphocytes in the blood are increased.

Respiration. The amount of bronchial secretion is increased, and the bronchioles are contracted from excitation of the vocal crura in the bronchial muscles.

Sweat. Jaborandi, through its allied pilocarpine, produces a very **profuse** secretion of sweat. It is the most powerful diaphoretic drug we have. A single dose may cause the flow of three, four, or even of sweat. It is said that the proportion of urea and chlorides in the sweat is greatly increased. The profuse diaphoresis is due to the action of the pilocarpine on the termination of the nerves in the sweat glands, and is stopped by atropine. The skin may flush, but this is not the cause of the diaphoresis. Under a course of jaborandi the hair grows more actively, but it becomes very coarse and dark.

Urination. If the sweating is profuse the secretion of urine is lessened. Pilocarpine is excreted unchanged in the urine, which may contain sugar due to stimulation of the glycogenic function of the liver.

Temperature. The temperature falls considerably. This is probably due in large part to the evaporation of the perspiration.

Eyes.—Whether applied locally to the eye or given internally, pilocarpine produces **great contraction of the pupil**, due to stimulation of the ends of the third nerve in the eye, and this is antagonized by atropine. It also causes increased tension of the eyeball, and an approximation of the nearest and farthest points of distinct vision, due to contraction of the ciliary muscle.

Other actions. It stimulates the uterus, and has in very rare cases produced abortion. It increases the secretion of milk, of tears, of nasal mucus, and of cerumen. It causes the spleen and bladder to contract.

It will be noticed that it has two main actions: (1) it stimulates the secretions, viz. those of the salivary glands, stomach, intestines, skin, pancreas,

child mucous membrane, nose, lachrymal glands, ear. In these they have been investigated, and only in all, it acts locally. It has not been decided in every case whether the cells of the glands or nerve terminations in them are affected. (2) It dilates the nerve terminations of involuntary organs, viz. in the eye, the intestines, the stomach, bronchial tubes, the uterus, the spleen, the heart, bladder, and it acts on the muscular coat of the vessels. The most important effects are the dilatation, the salivation, and the myosis. It is constantly antagonistic in its action to atropine, but much weaker, for a small dose of atropine overacts a very large dose of pilocarpine. Men bear large doses of it well. Pilocarpine is more used than jaborandi, as it is more prompt and more certain in its action, and is less likely to cause indigestion.

As pilocarpine has in all respects a similar action to atropine, but it is much less powerful; and so is jaborandine, but it is still less active.

THLAEUTICS.

External.—Pilocarpine has been used locally to promote the growth of the hair. An ointment (Pilocarpine nitrate, 4 gr.; vaseline, 1 oz.; lanolin, 1 oz.) or a lotion (Pilocarpine nitrate, 2 gr.; quinine hydrochloride, 8 gr.; glycerin, 2 fl. dr.; aqua rosea, 6 fl. dr.) has been used.

Internal.—Pilocarpine has been employed for various conditions, but its great use is as a diaphoretic in Bright's disease. For this purpose $\frac{1}{8}$ of a grain more of the nitrate is injected subcutaneously in the evening. The sweating is aided by wrapping the patient, who should be naked, in several warm sheets, giving him hot drinks, and putting a hot water bottle to his feet. After the sweating has ceased, he should be dried and left in a dry blanket. As it is such a powerful cardiac depressant, it must

be given with great caution when the heart is diseased. Occasionally it is employed locally in affections of the eye. Patients suffering from deafness, due to disease of the auditory nerve or its terminations, are sometimes relieved by pilocarpine. Injected subcutaneously it has been given successfully as an antidote to belladonna poisoning.

Muscarine. (Not official.)

Muscarine is obtained extracted from a poisonous mushroom, *Boletus muscaria*.

It has a strong paralytic action, not so numerous as belladonna, but more powerful in action.

Agaricin. (Not official.)

A distillate containing the active principle is obtained from the white agaric, *Boletus edulis*, growing on the oak tree. It is powerful in action on the peripheral nerves of the eye, but it does not affect the other functions. It has been employed in the treatment of the watery eye. The object of its use is that it may destroy the inflamed vessels.

Curara. (Not official.)

Surgery. Curara, Official. *Urtica*, *Wormera*, *Wormia*. The South American Indians have prepared their poison from *Strychnos* and *Curatoba*.

Curare. A fluid, by which a better extract.

Curare. The active principle is a very active poison, causing paralysis of the voluntary muscles.

Dose, to gr. to 10 gr.

Pharmacopoeia (Brit. Pharm. Codex).

Injectio Curaræ Hypodermica. Curare, 5 gr. add distilled water to form a thin paste. Put in a funnel placed with absorbent wool, and gradually add more water till a drachm is obtained.

Dose, 1 to 6 m. (as directed above).

Lamella or discs, each containing 1/10 of a grain, are also prepared. They are dissolved in a few minutes of water before injection subcutaneously.

ACTION AND THERAPEUTICS.

The physiological action of curare, by which it paralyzes the end plates of the motor nerves of voluntary muscle, is well known. It has been given, and occasionally successfully, in tetanus.

GROUP II.

Vegetable Drugs whose Main Action is on the Heart.

Class I. The digitalis group, decreasing the frequency of the heart's action.

Digitalis. Strophanthus. Squill. Convallaria. Elythrophloeum.

Class II. The veratrine group, increasing the frequency of the heart's action.

Aconite. Veratrine.

Class I. The Digitalis Group.

DIGITALIS.

Digitalis folia. Digitalis Leaf. Synonym. Foxglove Leaves. The dried leaves of *Digitalis purpurea* L. Nat. Ord. Scrophulariaceae.

It grows in the part of the leaf called the cotyledon, and is the most important part of the plant.

Class I. 12 in. long, up to 6 in. broad, with a deeply lobed, serrated margin. The leaves are opposite, sessile, and have a prominent midrib. The flowers are tubular, and have a purple or white color.

Class II. 12 in. long, up to 6 in. broad, with a deeply lobed, serrated margin. The leaves are opposite, sessile, and have a prominent midrib. The flowers are tubular, and have a purple or white color. The leaves are the most important part of the plant.

It is a powerful diuretic, and is used in the treatment of dropsy. It is also a powerful emetic, and is used in the treatment of vomiting. It is a powerful cathartic, and is used in the treatment of constipation. It is a powerful sedative, and is used in the treatment of nervousness.

Class I. 12 in. long, up to 6 in. broad, with a deeply lobed, serrated margin. The leaves are opposite, sessile, and have a prominent midrib. The flowers are tubular, and have a purple or white color. The leaves are the most important part of the plant.

Class II. 12 in. long, up to 6 in. broad, with a deeply lobed, serrated margin. The leaves are opposite, sessile, and have a prominent midrib. The flowers are tubular, and have a purple or white color. The leaves are the most important part of the plant.

Class I. 12 in. long, up to 6 in. broad, with a deeply lobed, serrated margin. The leaves are opposite, sessile, and have a prominent midrib. The flowers are tubular, and have a purple or white color. The leaves are the most important part of the plant.

normal concentration of plasma albumin. A little of the normal albumin is lost in the urine. It will be noted that the heart is not enlarged.

The following preparations are used in the treatment of congestive heart failure.

(A) *Herb. Digitalis*.—Dried leaves of *Digitalis purpurea*. A very common name for this is "foxglove." It is a biennial or short-lived perennial. The leaves are opposite, lanceolate, serrated, and have a distinct longitudinal vein. The flowers are tubular, two-lipped, and are borne in a terminal raceme. The leaves contain a bitter principle, which is the source of the digitalis glycosides. The leaves are dried and powdered for use in the various preparations.

(B) *Nauph. Digitalis*.—Dried leaves of *Digitalis purpurea* of the variety *Nauph.* This variety is distinguished from the other by its leaves being more deeply serrated. The leaves are dried and powdered for use in the various preparations.

(C) *Genital. Digitalis*.—Dried leaves of *Digitalis purpurea* of the variety *Genital.* This variety is distinguished from the other by its leaves being more deeply serrated. The leaves are dried and powdered for use in the various preparations.

(D) *Digitalis*.—Dried leaves of *Digitalis purpurea* of the variety *Digitalis*. This variety is distinguished from the other by its leaves being more deeply serrated. The leaves are dried and powdered for use in the various preparations.

(E) *Purpurea*.—Dried leaves of *Digitalis purpurea* of the variety *Purpurea*. This variety is distinguished from the other by its leaves being more deeply serrated. The leaves are dried and powdered for use in the various preparations.

(F) *Digitalis*.—Dried leaves of *Digitalis purpurea* of the variety *Digitalis*.

Incognita.—For details see p. 420, lead acetate cinchona.

Dose, $\frac{1}{2}$ to 2 gr. of the powdered leaves. Subcutaneous administration of digitalis is not recommended as being irritant; but the most suitable preparation is Digitalis Pulverulenta. For details see p. 420, lead acetate cinchona.

Preparation.

1. Infusum Digitalis. Dried leaves 60 grams, boiling water, 1 pint (contains much digitalin, not much digitoxin). If kept long loses its physiological activity.

Dose, 2 to 4 fl. dr. (note that it is drachms, not ounces).

2. Tinctura Digitalis. Dried leaves, 2½

which is to produce a decided effect. It is given with
 food, and the patient should be kept at rest.

Dose, 5 to 15 m.

**As the leaf of the Digitalis purpurea is very bitter,
 it is often given in the form of a tincture, or in the form of
 capsules. **Dose, 1 to 2 gr.****

As a drug.

External. The leaves are slightly irritating, but
 it is doubtful whether any of their constituents can
 absorb by the skin. It is occasionally used, and occa-
 sionally cause abscesses if injected subcutaneously.

Internal. Gastro-intestinal tract. Digitalis is
 a mild gastro-intestinal irritant, and even in large
 doses cause vomiting and diarrhea in some people.

Heart. It is one of the slowly absorbed; it is not
 known to affect the blood.

Heart.—The first action of digitalis in mammals
 is to **slow the beat of the heart, by prolonging the
 diastole**, the duration of the systole is not altered,
 and its force is **greatly increased**, so much so that
 the large doses the heart may, in animals, be seen
 to become pale, because almost every drop of blood
 is squeezed out of it. The pulse is consequently
 increased in force, but retarded. If before the drug
 was given the heart was beating irregularly, it
 generally becomes regular. If the drug is taken
 externally, the whole of both ventricles is, in
 mammals, affected; but in frogs one portion of the
 atricle may remain spasmodically contracted
 during the diastole of the rest of it. After toxic
 doses the contractions are very irregular, and finally
 the ventricles are in frogs arrested in systole, firmly
 contracted, quite pale, and unable to respond to any
 stimuli, but in mammals the heart finally stops in
 diastole. In frogs the slowing is due to a prolonga-
 tion of systole, not diastole, for in them the direct
 action on the muscle is greater than that on the
 vagus mechanism; but the latter predominates in

mammals, hence the direct action of digitalis. If locally applied to part of the wall of the heart only the part so treated contracts more strongly and contracted; the rest of the heart is not affected. In man and in most animals, however, the force of their beat is not so much affected by the direct mechanism is much less developed than in their veins. In all animals, however, is considerable irregularity of the auricular beat.

That these properties are partly due to the **direct action** of the drug on the **cardiac muscle** is shown by the fact that digitalis not only sometimes contracts the force of the heart even when applied locally, but will even increase the force of the contraction when applied to the isolated organ in which it is believed no nerves exist and in which the ordinary heart of the chick before the nerves are developed. But the **inhibitory activity** of the vagus is increased: the action of the vagus which, before the drug was given, had no effect, was after the drug given, stops the heart. Therefore, in warm-blooded animals, although digitalis does somewhat, it does not very greatly retard the pulse if the vagi have been cut, although it increases the force of the cardiac beat, therefore in them the **vagus centre** in the medulla must have been **stimulated** to a considerable extent. Osler has shown that the vagal action, with most of the digitalis group of drugs, begins a little before the muscular.

It has been proved that small doses actually **increase the amount of work** done by the heart in a given time, thus there is a greater output at each ventricular contraction. This, indeed, must follow, for as the diastole is prolonged, the ventricular dilatation is excessive, so at the commencement of systole there is an abnormally large amount of blood in the ventricle, which, owing to increased ventricular force, is sent forward into the aorta. Large doses so slow the beat that the total work in a given time

ened. Some of the important results seem to be concerned with the vaso-motor system.

Moderate doses of digitalis produce a great rise in the blood-pressure. This is due to the fact that the arteries are forced to contract, and the water of the frog's skin, which is taken on by the arteries, has been observed to contract only when in contact has been given. At this point an artery quite separated from the rest of the body, which has been cut out of the animal and placed in a bath of water, contracts the artery by direct action **their muscular coat.** But in the intact animal, the rise in an intact animal than in one in which the heart is destroyed, or in which the nervous system is destroyed, is not observed. These are divided into three parts, also stimulates the vaso-motor centres. In some cases, the effect of digitalis on the vaso-motor system is very marked. With doses the stimulation of the centres and of the heart of the arteries, and the blood pressure falls.

Diuresis. The effect of digitalis on the kidney is certain, but usually in healthy man it produces diuresis, and the same discrepancy in its action on the kidney exists in patients with heart disease, but usually in these cases it is a **diuretic.** It certainly increases the flow in many healthy animals. It acts through the circulation.

We have no certain knowledge of the effect of digitalis on the constriction of the arteries.

Excretion. Digitalis is excreted partly by the kidneys, partly by the bowels. This takes place more slowly than its absorption, so that the drug is cumulative.

Temperature. Moderate doses have no influence on temperature, but toxic doses cause it to fall in health. The reason of this is unknown.

Respiration. This is unaffected unless large

doses have been given, when digitalis stimulates the respiratory centre.

Nervous system and Muscles. - With medicinal doses the only effect on the nervous system beyond stimulation of the vagal and vaso-motor centres, is that in some cases vomiting is partly due to stimulation of the medulla, which may also account for the deep respiration seen with large doses. These may cause headache, giddiness, and disturbances of sight and hearing, and sometimes all objects have appeared blue. These changes are not due to alterations in the cerebral circulation, as was formerly thought. Digitalis directly paralyses muscles if given in toxic doses.

Uterus. This organ is said to be stimulated to contract by digitalis.

THERAPEUTICS.

External.—Digitalis is not used externally.

Internal. - It is one of the most valuable drugs we have. It is chiefly given in cases of cardiac disorder.

Mitral regurgitation. If in any case of this variety of heart disease the organ is beating feebly, irregularly, and rapidly, digitalis in moderate doses will probably strengthen, regulate, and slow the beat. It will cause the left ventricle to contract more forcibly, and to act synchronously in all its parts: hence the mitral flaps will be better approximated, the regurgitation will be less, and more blood will be sent on into the arterial circulation. The prolonged diastole will also be of great advantage, for it will allow more time for the blood to flow from the dilated auricle, and from the right side of the heart and venous system generally, into the left ventricle. In mitral regurgitation, as is well known, venous engorgement and oedema of the lungs, of the right side of the heart, of the liver, the kidneys, and subcutaneous tissues are very common. Digitalis, by improving the venous flow towards the heart, will ameliorate all these symptoms. It might be supposed

by constricting all the peripheral arterioles it would impede the arterial flow because the heart will have to contract against a greater peripheral resistance, but this disadvantage is never enough to seriously hamper the increased cardiac power; and it must be remembered that it is a great advantage to the circulation to have a proper peripheral arterial resistance, for without that the elastic coat of the arteries cannot aid the arterial flow. If, as it usually does in these cases, digitalis acts as a diuretic, this will be of great value in removing the oedema, and causing the scanty high-coloured urine to become pale and abundant. The improvement in the circulation relieves the cardiac pain and distress which commonly accompany mitral regurgitation, the lividity passes off, the dyspnoea decreases, and usually in a day or two a wonderful improvement in the patient's condition takes place. The more any case of mitral regurgitation deviates from the above water-barged type, the less good, as a rule, will digitalis do. In cases in which there is much pain and distress and but little regurgitation are not so often benefited, although even of such cases many are improved. Sometimes the vomiting caused by digitalis prohibits its use. Fatal syncope may occur in those taking digitalis if they are too suddenly raised from the prone to the upright posture.

Mitral constriction. -- In this condition it is obvious that it will be a great advantage to lengthen the diastole, for then there will be a greater chance that the diastole will be long enough to allow the normal amount of blood to pass through the constricted orifice. In proportion as this end is attained, oedema, lividity, and other signs of backward venous congestion will be relieved, and if the digitalis induces diuresis this is very valuable in aiding the reabsorption of the oedema.

Disease of the tricuspid valve. -- In both tricuspid

constriction and tricuspid regurgitation digitalis will be beneficial in the same way as in similar affections of the mitral valve. As a rule, however, it does less good when the disease is on the right side of the heart.

Aortic regurgitation.—Often digitalis is harmful, for by prolonging the diastole more time is allowed for the blood to fall back through the imperfectly closed aortic orifice, and hence there is great danger of fatal syncope. The drug should only be given in cases of aortic regurgitation when the heart is rapid, or when there is evidence that not much blood regurgitates, or when there are reasons, such as the coincident presence of aortic obstruction, for wishing to strengthen and regulate the contraction, but then it may do much good. The dose must be small and the effects must be carefully watched.

Aortic obstruction.—This, unfortunately, is usually accompanied by aortic regurgitation; but sometimes when it is wished to increase the force of the beat, and so to drive more blood through the constricted aortic orifice, digitalis is useful, or when, as a result of the obstruction, mitral dilatation and consequent regurgitation, with much pulmonary and venous engorgement, have set in. Many cases of pure aortic obstruction do not require drugs, for the heart hypertrophies sufficiently to overcome the obstruction.

Bright's disease.—In cases of contracted granular kidney in which the cardiac hypertrophy has been unable to overcome the peripheral resistance, and consequently the left ventricle and with it the auriculo-ventricular orifice has dilated, and mitral regurgitation has therefore ensued, digitalis may be of service, for the reasons given on p. 413. A diuretic pill, often used for this condition, consists of mercurial pill, digitalis leaves, and squill, a grain of each, made up with extract of henbane. Otherwise in chronic Bright's disease digitalis is not a suitable diuretic, for it raises the tension of the pulse, which

already high. In the earlier stages of acute Bright's disease it has been given as a diuretic, but it is questionable whether it is right to constrict the vessels of an acutely inflamed organ; further, digitalis is always, unless the heart is diseased, an uncertain diuretic, and even in the early stages of acute Bright's disease the arterial tension is somewhat raised. In chronic tubal nephritis uncomplicated by cardiac disease it is worse than useless, for it has no effect on the renal cells, and it raises the blood-pressure. It is a common error to give too little digitalis, some cases of cardiac disease are not benefited by less than doses of 30 minims of the tincture, and sometimes good follows until the drug has been given for some days.

Diseases of the cardiac muscle.—If the heart be fatty or otherwise degenerate, digitalis rarely does good, for it is harmful for the diseased heart to have to work against the increased arterial tension, and it is found that there is danger of rupture of some of the degenerate fatty fibres. The weakly acting heart that is met with during pericarditis, pneumonia, typhoid fever, scarlet fever, rheumatism, and other acute diseases, even if no valvular defects are present, is markedly strengthened by digitalis. For this purpose it may be combined with caffeine, or two drachms of the infusion may be given, with three minims of strong solution of ammonia, in a little water. Each contraction is made more efficient, and the prolonged diastole allows more time for the muscle to rest. It is near that in the course of twenty-four hours this fractional repose, although but little in each cycle, amounts to a considerable time. Many men who have practised rowing or other hard exercise to excess suffer from shortness of breath, and the apex of the heart is found to be a little outside the normal position, but there is no demonstrable valvular lesion. This condition, which also occurs in soldiers after a

long campaign, is much benefited by digitalis. The dilatation of the right side of the heart that so frequently accompanies chronic disease of the lungs may be, but is not usually, improved by digitalis.

Functional disease of the heart.—The irregular palpitating beat, often seen apart from any organic disease, may be benefited by digitalis; but it must be remembered that this condition is commonly a result of indigestion, in which case the right treatment is, if possible, to cure the dyspepsia, and if digitalis is given at all, to do so cautiously, for it may excite indigestion. The functional affections of the heart met with in highly neurotic subjects may be, but are not often, benefited by digitalis.

Exophthalmic goitre may improve under a long course of digitalis; but generally this treatment fails.

Hæmorrhage.—Although digitalis contracts the arterioles it is not often given as a hæmostatic, for the increased blood-pressure may lead to greater hæmorrhage, but it may be useful in the pulmonary hæmorrhage due to disease of the mitral valve.

Alcoholism.—Moderate doses of digitalis have been said to be serviceable in chronic alcoholism on account of their stimulating effect on the circulation. Enormous doses have been given empirically in delirium tremens, but generally without any good result.

Uterus.—Because of its power to contract the uterus digitalis may be useful in menorrhagia.

It is often desirable to combine fluid preparations of digitalis with salts of iron; the resulting mixture, which is usually inky from the action of the iron on the tannin in the digitalis, can be clarified by the addition of a little citric acid. Because of this difficulty the powdered digitalis leaves are often made into a pill with dried sulphate of iron.

ANTAGONISMS.

Antagonism between *digitalis* and *aconite*. Aconite is a cardiac poison, weakening instead of strengthening the beat, dilates the peripheral vessels, it lowers the blood-pressure, and

leath the heart is always found in a condition of diastole. At all these points it is antagonistic to digitalis. The action of strophanthine is very rapid, that of digitalis very slow. Therefore these drugs are not practical antidotes to each other in poisoning. Scopolamin is also physiologically antagonistic to digitalis. Digitalis is **cumulative**. Patients who have taken it for some time while sometimes suddenly show symptoms of poisoning without any increase in the dose. This is because, as the drug is not excreted by the kidneys as fast as it is absorbed, it accumulates in the body, chiefly in the cardiac muscle. When taking it constantly should generally omit it one week every four. The most important symptom of poisoning is slowing of the pulse, but the most common is vomiting, and this often prevents its administration, but is least likely, it is said, to occur when the preparation used is given uncombined with other drugs. The irregular appearance of vomiting is sometimes due to the varying strength of the preparations (Standardization, p. 8).

STROPHANTHUS.

Strophanthi Semina. The dried ripe seeds of *Strophanthus kombé* (Nat. Ord. *Apocynaceæ*), freed from the husk. Equatorial West Africa.

CHARACTERES. Oval acuminate, greenish fawn, covered with compressed silky hairs, $\frac{3}{4}$ in. long, $\frac{1}{4}$ in. broad, base blunt, apex tapering, sides flattened, one side has a ridge from centre to apex, dorsal surface convex. Kernel white and oily, consisting of a straight embryo with two thin cotyledons surrounded by a thin albumen. Odour characteristic. Taste very bitter.

COMPOSITION. The chief constituents are (1) *Strophanthin*, $C_{31}H_{44}O_{12}$. This glucoside, which is the active principle, is in all probability the same as, or very closely allied to, the active principle ouabaine, which has also been isolated from plants closely allied to strophanthus. It exists in all parts of the plant, but mostly in the seeds (8 to 10 per cent). It is a transparent, white, cry-stalline, bitter glucoside which splits up by acids into glucose and strophanthidin). It is soluble in chloroform and ether, soluble in water. Ouabaine is said to be less soluble than strophanthin. (2) *Kombic acid*. (3) *Inein*, an active principle.

Preparations.

1. Extractum Strophanthi. Dried powdered strophanthus seeds are percolated with ether, dried, percolated with alcohol, dried, and diluted with milk sugar.

Dose, $\frac{1}{4}$ to 1 gr.

2. Tinctura Strophanthi. Dried strophanthus seeds, $\frac{1}{2}$; alcohol (70 per cent.), 20. Percolate.

This is made with half the strophanthus seeds of that of B. P. 1885 (Addendum 1890).

Dose, 5 to 15 m.

ACTION.

External.—None.

Internal.—*Gastro-intestinal tract.*—Like digitalis, strophanthus is liable to cause vomiting and diarrhœa, especially if the dose be large. In small doses its bitter action may come into play, and then it will aid digestion like any other bitter stomachic.

Heart.—Strophanthus acts on the heart of mammals exactly like digitalis, for it strengthens the force without altering the duration of the systole, prolongs the diastole, consequently slows the rate of the beat, and makes an irregular heart regular. In fatal cases of poisoning by strophanthus the heart may be arrested in either diastole or systole. The details of its cardiac action are the same as those of digitalis.

Vessels. It does not constrict the peripheral vessels, or at any rate very slightly; therefore, the slow rise of blood-pressure is almost entirely due to the action of the drug on the heart. This is the most important difference between it and digitalis, which contracts the vessels powerfully, and consequently gives a greater rise of blood-pressure.

Kidneys.—In animals it is a more certain diuretic than digitalis. This is probably mainly due to the rise of blood-pressure taking place without vasoconstriction.

Nervous system.—This is not affected. In toxic doses it is a direct poison to the voluntary muscles. Both strophanthin and ouabaine are powerful local anæsthetics when dropped on the conjunctiva.

Respiration. No particular effect is produced.

The African Kombé arrow poison is made from strophanthus.

THERAPEUTICS.

Strophanthus is used in the same varieties of cardiac disease as *digitalis*: that is to say, when it is desirable to slow the heart, to increase its force, to make it regular, and to prolong the diastole. It is clear, therefore, that it will be chiefly valuable in cases of mitral disease. *A priori*, it might be thought that as *strophanthus* does not contract the peripheral vessels and so increase the cardiac resistance, consequently it would be the more useful drug; but experience has not confirmed this, and therefore, in the treatment of a case of heart disease, *digitalis* should be used first, but if the patient does not improve on this, then *strophanthus* may be tried. It will sometimes happen that *strophanthus* will not produce vomiting when *digitalis* does, but there are many individual differences. *Digitalis* should usually be given when a diuretic effect is desired; but often *strophanthus*, as it does not constrict the peripheral vessels, is preferable when it is wished to give one of these drugs to a patient suffering from chronic Bright's disease. *Strophanthus* is not cumulative. It has been recommended in exophthalmic goitre. Probably other seeds than *strophanthus* seeds are often sold as such, hence the efficacy of the preparations is variable.

Onabaine has been given in whooping-cough.

SQUILL.

Scilla.—Squill. The bulb of *Urginea scilla* (Nat. Ord. *Liliacæ*), divested of its dry, membranous, outer scales, cut in slices and dried. Mediterranean coast.

CHARACTERS. The slices of the inner scales are curved, brownish-white or pinkish, translucent strips, 1 to 2 in. long, or none. Taste very bitter. Easily pulverizable if dry, not if wet.

COMPOSITION.—The chief constituents are—(1) *Scillitoxin*, scillidin, a glucoside, the most active principle. (2) Scilligenin, also active, and closely related to scillitoxin.

Dose, 1 to 3 gr.

Preparations.

1. Acetum Scillæ. Squill, 1; dilute acetic acid, 8. Macerate.

Dose, 10 to 30 m.

2. Oxymel Scillæ. Digest squill, 2 $\frac{1}{2}$ oz., with acetic acid, 2 $\frac{1}{2}$ fl. oz., and water, 8 fl. oz., for 7 days. Press and filter, and mix the filtrate with liquid extract of honey, 27 fl. oz.

Dose, $\frac{1}{2}$ to 1 fl. dr.

3. Syrupus Scillæ. Acetum Scillæ, 1; sugar, 2.

Dose, $\frac{1}{4}$ to 1 fl. dr.

4. Pilula Ipecacuanhæ cum Scillâ. Squill, 1; compound ipecacuanha powder, 3; ammoniacum, 1; syrup of glucose, q. s. (see Opium, p. 337).

Dose, 4 to 8 gr.

5. Pilula Scillæ Composita.— Squill, 1 $\frac{1}{2}$; ginger, 1; ammoniacum, 1; hard soap, 1; syrup of glucose, 1.

Dose, 4 to 8 gr.

6. Tinctura Scillæ.— Squill, 1; alcohol (60 per cent.), 5. Macerate.

Dose, 5 to 15 m.

ACTION.

Squill so closely resembles *digitalis* in its action that the account of that drug will apply to squill with the following additions. Many believe that squill is a more powerful gastro-intestinal irritant; and that vomiting and purging result from even moderate doses, but often this is not so. In the second place, some constituent of squill is excreted by the bronchial mucous membrane, and in passing through it irritates it. The vascularity and the amount of secretion are thereby increased. Squill is, therefore, an **expectorant**. Thirdly, squill in the course of its excretion through the kidneys stimulates them; it is, therefore, a more **energetic diuretic** than *digitalis*, and it may irritate the kidneys excessively.

THERAPEUTICS.

Because of its irritating properties squill is not given alone, but it is frequently combined with *digitalis* when that drug is administered for heart disease or as a diuretic. A very favourite diuretic

pill is composed of powdered squill, powdered digitalis leaves and blue pill, 1 grain of each, made up with some simple vehicle.

Squill is much used as an expectorant. Here also it is always prescribed in combination; it is too irritating to the bronchial mucous membrane for it to be advisable to give it in acute bronchitis; nor should it be chosen in phthisis, lest it should cause dyspepsia; but it is valuable in chronic bronchitis if the secretion is scanty.

Squill should not be given in acute Bright's disease, for it is too irritating to the kidneys.

Convallaria Majalis. — (Not official.)

The lily of the valley (Nat. Ord. *Liliaceæ*). The entire plant is used.

CHARACTERS. — Leaves 4 to 6 in. long, radical, oblong, taper-

Flower stem leafless, radical, shorter than the leaves. Flowers white, bell-shaped, drooping, forming a loose raceme.

COMPOSITION. — The chief constituents are—(1) Convallarin, a glucoside, the active principle. (2) Convallarin, a resin, said only to purge.

Preparation (Brit. Pharm. Codex).

Tinctura Convallariæ. The flowers, 1; alcohol (70 per cent.), 8.

Dose, 5 to 20 m.

ACTION AND THERAPEUTICS.

The action of *Convallaria Majalis* is precisely that of digitalis, and it may be given in exactly the same varieties of heart disease. It is sometimes successful when digitalis has failed. It is not so powerful as digitalis, but some find it less likely to induce sickness.

Erythrophloeum. — (Not official.)

Casca Bark. *Synonyms.* Sassy bark; Ordeal bark. The bark of *Erythrophloeum guineense* (Nat. Ord. *Leguminosæ*).

COMPOSITION. — The active principle is erythrophloëine, an aloid.

Preparation (Brit. Pharm. Conference).

Tinctura Erythrophloëi. Sassy bark, 1; alcohol (90 per cent.), 10.

Dose, 5 to 10 m.

ACTION AND THERAPEUTICS.

The action of erythrophloeum is much the same as that of digitalis, and it may be used for the same class of cases. It is, however, more likely to cause vomiting, and the action on the inhibitory vagal mechanism is much more marked than that on the cardiac muscle.

Apocynum. (N. officinalis) Canadian Hemp. *Apocynum cannabinum*. The root is used. It contains a crystalline body, apocynin, which is inert, and an active principle, cynotoxin, or apocynamarin. Its action is exactly that of the other members of the digitalis group. A tincture of apocynin is prepared, but it is not much used, as it is a powerful gastric irritant, but cynotoxin might be used with advantage.

CLASS II.—The Aconite Group.

ACONITE.

Aconiti Radix. Aconite Root. The dried root of *Aconitum napellus*, collected, in the autumn, from plants cultivated in Britain.

CHARACTERS.—Usually 2 to 4 in. long. Upper extremity crowned with base of stem, is $\frac{1}{2}$ to $\frac{3}{4}$ in. in diameter; conical, shrivelled, shows bases of broken rootlets; dark brown externally, whitish internally. Has a central axis with rays. Cautiously chewed, produces after some minutes tingling and numbness. Resembles horseradish (see p. 514).

COMPOSITION.—The chief active principle is the alkaloid *aconitine* (see below). Two other alkaloids are present, viz. *aconine* and *benzaconine*. Some commercial specimens of aconitine consist chiefly of these, which are much less powerful.

Preparations.

1. Linimentum Aconiti.—Powdered root, 20; camphor, 1; alcohol (90 per cent.), to make 30.

2. Tinctura Aconiti.—Powdered root, 1; alcohol (70 per cent.), 20. Percolate.

Dose, 5 to 15 m., or if very frequently repeated 2 to 5 m.

This is made with two-fifths of the aconite root. B. P. 1885.

Aconitina. Aconitine. $C_{34}H_{47}NO_{11}$.

SOURCE. An alkaloid obtained from aconite root.

CHARACTERS. Colourless, hexagonal prisms of the rhombic system. Melting point, 372-374° F. Produces tingling when

placed on tongue. Its salts are crystalline. Its solutions mixed with acetic acid give a red crystalline precipitate (reaction of potassium aconitate). By partial hydrolysis aconitine forms benzaconine, and on further hydrolysis forms aconine and benzoic acid. Soluble in alcohol and chloroform, less so in ether; nearly insoluble in water.

Preparation.

Unguentum Aconitinæ. Aconitine, 1 gr.; oleic acid, 8 gr.; lard, 41 gr.

ACTION.

The action of aconite, which has been researched by Cash and Dunstan, is due chiefly to the aconitine in it, and therefore they may be considered together. (For Benzaconine and Aconine see p. 429.)

External. Applied to the skin, to a mucous membrane, or to a raw surface, aconitine, and therefore aconite, first stimulates and then paralyses the sensory nerves; it thus causes first **tingling**, then **numbness and local anæsthesia** for touch, pain, and temperature, which last some time. Unless the skin sound a dangerous quantity may be absorbed. It is intensely irritant to the nostrils, causing, when it is inhaled, sneezing and much secretion with an icy cold sensation.

Internal.—*Gastro-intestinal tract.*—Unless it is very dilute, numbness and tingling are produced in the mouth. There are no other gastro-intestinal symptoms provided the dose is not very large; if it is, there may be vomiting and purging.

Heart.—If small doses are given to animals, the rate of the beat is soon very decidedly **steadied and slowed**; shortly after this the **force and tension** become less, and these effects are mainly due to a stimulation of the vagus centre. But after larger doses the pulse weakens, misses beats, and becomes irregular. Many of the ventricular beats have no corresponding auricular contraction, although the two auricles always

contract together and the two ventricles always contract together. As the irregularity and frequency of ventricular contractions increase, the blood-pressure rapidly undergoes great variations. It is not until quite the end of its action that aconite influences the heart muscle. The ventricles, always more affected than the auricles, pass into a condition of delirium. Even small doses lead to a fall of blood-pressure, but all the effects on blood pressure are almost entirely secondary to the action on the heart or its nerves. The vaso-motor centre is only slightly affected.

Respiration.—The respiration, after a transitory quickening, is **steadied and slowed**, expiration and the pause after it are considerably prolonged. The movements become more slow and dyspnoeal, the respiratory centre is powerfully depressed, but it is not easy to decide whether death is due to this or to cardiac failure.

Nervous system.—It appears clear that aconite, whether given internally or applied locally, **depresses** the activity of the peripheral terminations of the nerves; the **nerves of common sensation and temperature** are affected long before the motor. Any pain that may be present is **relieved**. Large doses in man cause clonic convulsions, chiefly respiratory. Later on the paralysis of the motor nerves gives rise to muscular weakness. It is doubtful whether the cord is influenced. The cerebrum is not. The pupil is dilated.

Temperature.—Aconite causes a febrile temperature to **fall**. This is in part due to its action on the circulation and respiration, but probably other causes are at work.

Skin.—Aconite is a mild **diaphoretic**; in this case also we do not understand how it acts. Occasionally it produces an erythematous rash.

Kidneys.—It is said to be a feeble diuretic, but its effect is very slight. Aconitine is excreted in the urine.

Benzaconine is bitter, and does not cause tingling numbness of mucous surfaces; in large doses it slows the pulse beat very strikingly because the regular beats are frequently not followed by ventricular contraction. Its action is probably chiefly on heart muscle itself. It does not paralyse sensory nerves, but greatly interferes with motor nerves and induces a semi-comatose condition. The fall of temperature produced by it is very slight. It will be noticed that it is in almost all respects contrary in action to aconitine.

Aconine is bitter, but does not produce numbness. It is non-toxic as regards the heart, and opposes the cardiac inco-ordination and asyncope caused by aconitine. It depresses motor nerves and respiration very strikingly, probably acting like curare.

It is worth noting that, whilst the introduction to aconitine of two additional acetyl groups (as in diacetyl-aconitine) gives rise to a derivative very similar in action to aconitine, the loss of the acetyl group, as in benzaconine, almost entirely abolishes all physiological resemblance to aconitine. On the other hand, the removal of the benzoyl radical from benzaconine (aconine remaining) produces much less variation in action although it does diminish the activity of benzaconine. Indaconitine, Pseudoaconitine, and Bikhaconitine are alkaloids derived from Indian aconite.

THERAPEUTICS.

External.—As aconite produces local anaesthesia, it is applied externally and often with great benefit in cases of neuralgia, especially facial neuralgia. Frequently it fails, and we cannot tell beforehand whether it will succeed. A small piece of the ointment may be rubbed in till numbness is produced, but as this is a very expensive preparation it is usually better to paint on the liniment with a camel's-hair brush. The pain of chronic rheumatism is sometimes re-

lieved by aconite. Chloroformum Aconiti (a B. P. Codex preparation) and Linimentum Aconiti Compositum, commonly called A.B.C. Liniment, because it contains equal parts of Aconite, Belladonna, and Chloroform liniments, are excellent preparations for external use. Aconite should never be used externally unless the skin is quite sound.

Internal.—It may be given internally for neuralgia, but it does not succeed nearly so well as when applied externally. It is not used internally so much as formerly, when it was administered in almost every febrile disease, with the object of decreasing the force and tension of the pulse. It was said to do this very effectually, but Price did not find that it reduced the rate of the pulse in some patients he examined; the reason why it is not so popular at the present time is that it is not now thought desirable to reduce the force and frequency of the heart in these diseases. Perhaps it is used too little, for many believe that the milder febrile diseases, such as tonsillitis, laryngitis, or a common cold, are distinctly benefited by aconite, especially if they occur in children. In addition to retarding the pulse it increases perspiration and lowers the temperature. As large doses diminish the force of the heart, it is usually given in doses of two or three minims of the tincture every hour or so till the pulse falls to nearly normal. for the same reason it is not advisable to use it for prolonged fevers, as typhoid, nor when the heart is diseased, except in the few cases in which there is sufficient compensative cardiac hypertrophy. In such cardiac cases it is sometimes useful to slow the pulse, even when there is no fever. It will occasionally relieve the pain of aneurysm. A common practice was to combine with it one or two drops of Vinum Antimoniale, as that has much the same action on the heart. Formerly it was much used in surgery if it was feared that inflammation might set in after injuries.

TOXICOLOGY.

The symptoms come on quickly; in a few minutes there is a severe burning, tingling sensation in the mouth, followed by numbness. Vomiting begins in an hour or so, and is very profuse. There is an intense abdominal burning sensation. The skin is cold and clammy. Numbness and tingling with a sense of prurication of the whole skin trouble the patient very much. Pupils are dilated, the eyes fixed and staring. The muscles become very feeble, hence he staggers. The pulse is small, weak, and irregular. There is difficulty of respiration. Death takes place from asphyxia, or in some cases from syncope. The patient is often conscious to the last. *Post mortem*. The usual signs of death from asphyxia are seen.

Treatment.—Wash out the stomach promptly; give emetics (136). Use artificial respiration early. Inject stimulants, ether or brandy, subcutaneously. Atropine and the tincture of digitalis should be given by mouth or subcutaneously. Hot blankets and bottles.

Amyl Colloid.—(Not official.)

Synonym.—Anodyne colloid. The composition of this is amyl hydride, 1 fl. oz.; aconitine, 1 gr.; veratrine, 6 gr.; collodion to 2 fl. oz.

ACTION AND THERAPEUTICS.

Amyl colloid is painted on the skin over painful areas in neuralgia, sciatica, &c. It is an elegant method of obtaining a local anæsthetic action of aconitine and veratrine, which is aided by the evaporation of the hydride of amyl; and when the collodion has formed a film, a piece of warm moist clopiopiline helps the anæsthetic effect of the alkaloids.

VERATRINE.

Veratrina.—Veratrine, an alkaloid or mixture of alkaloids obtained from *cevadilla*, the dried ripe seeds of *enocaulon officinale* (Nat. Ord. *Liliaceæ*). It usually consists of veratrine and slight admixtures of two other alkaloids, *cevadine* and *cevadilline*.

SOURCE.—Prepared from *cevadilla* by precipitation with ammonia.

CHARACTERS.—A pale grey amorphous powder. Odour none, but very irritating to the nostrils. Taste very bitter and acrid. *Solubility*.—1 in 6 of ether; 1 in 3 of alcohol (90 per cent.); readily in dilute acids; very feebly in water.

Dose, $\frac{1}{10}$ to $\frac{1}{15}$ gr. in pill.

Pure veratrine, $C_{12}H_{11}NO_6$, crystallizes in rhombic prisms. The pharmacopœial veratrine is very rarely pure veratrine.

Preparation.

Unguentum Veratrinæ.—Veratrine, 1 gr.; oleic acid, 4 gr.; lard, 45 gr.

ACTION.

External.—Veratrine if it is applied to the unbroken skin, and especially if it is rubbed in, produces tingling and **numbness**, followed by a sensation of coldness and **anæsthesia** to pain, touch, and temperature. Given subcutaneously, it causes violent pain and irritation.

Internal. *Gastro-intestinal tract.*—Inhalation of the minutest portion causes great irritation of the mucous membrane of the nose, violent **sneezing**, and a free **discharge of mucus**, which may be bloody. A speck on the tongue gives rise to burning pain and profuse **salivation**. On arriving at the stomach and intestine it produces great **epigastric pain, vomiting, and diarrhœa**. These results also occur if it is given subcutaneously.

Blood.—Veratrine is quickly absorbed. It is not known to affect the living blood, but it kills the white corpuscles in drawn blood.

Heart.—It acts directly on the cardiac muscle as it does upon voluntary muscle: that is to say, the **contractions** of the heart become **fewer**, but each **lasts a very long while** until ultimately the heart stops in systole. It also acts on the **vagus** as on spinal nerves, the functional activity being **first exalted**, and this is partly the reason of the slowing of the heart; afterwards the vagus is depressed, but this does not cause a quickening of the pulse, because of the action of the veratrine on the cardiac muscle, but it may make the beat irregular. The blood-pressure at first rises from the increased force of the beat, but when the heart becomes very slow it falls.

possibly these effects are also in part owing to the action of the drug on the vaso-motor centres.

Respiration.—Small doses quicken respiration, large ones retard it, producing long pauses, and finally arresting it. These results are probably due at first to stimulation, and afterwards to paralysis of the cells of the vagus in the lung, and to paralysis of the respiratory centres. The temperature is lowered.

Nervous system.—The brain is unaffected, and probably veratrine has no influence on the spinal cord. Motor nerves are first excited and then paralysed in large doses, and the same is true of sensory nerves at their endings in smaller doses, but here the sensory stimulation is more marked, hence the transient pain produced by the local inunction of veratrine.

Muscles.—The effect of veratrine is peculiar and characteristic. In animals to which it has been given, in excised muscles to which it is applied, it is found that the period during which a single contraction lasts is enormously prolonged. If a tracing of the contraction be taken it will be seen that the slope of the ascent of the curve is unaltered, that the height is greatly increased and the descent is extraordinarily extended. This is a genuine lengthened contraction, which is neither rigor nor tetanus, but almost exactly resembles the contraction of the muscles met with in Thomsen's disease. This effect of veratrine disappears if the muscle is cooled.

THERAPEUTICS.

External. Veratrine has been used as an inunction for neuralgia, and sometimes it succeeds admirably, generally in the same class of cases as are relieved by the local application of aconite.

Internal.—It is rarely given internally, as it has a powerful and peculiar action on the heart.

GROUP III.

Vegetable Drugs employed for their **Action on the Respiratory Organs**, and not falling among **Volatile Oils** (q.v.).

Senega, Ipecacuanha, Lobelia, Virginian Prune.

The first three are gastro-intestinal irritants. Senega and ipecacuanha are both excreted by the bronchial mucous membrane, which they irritate. Group II. is connected with this group by senega, which acts on the heart like squill, and squill like senega is excreted by the bronchial mucous membrane.

SENEGA.

Senegæ Radix. The dried root of *Polygala senega* (Nat. Ord. *Polygalacæ*). From North America.

CHARACTERS.—Slender roots 2 to 4 in. long, of which the upper end is an irregular knotty tuberosity with remains of small stems, tapering below into a tortuous wrinkled keeled root, $\frac{1}{8}$ to $\frac{1}{2}$ in. thick. Bark yellowish or brownish grey, transversely cracked. Fracture short and brittle. Odour of bark peculiar and rancid, its taste at first sweetish, but afterwards very sour, and causing a flow of saliva. Central column woody, tasteless, and inodorous. *Resembling senega root.*—Arnica, Valerian, Serpentry, and Green Hellebore, but none of these have a keel.

COMPOSITION.—The chief constituents are—(1) Senegin, a glucoside, is the active principle, is identical with Saponin, found in Saponaria (*Quillaia* bark, q.v.), and many other plants. Saporin is decomposed by hydrochloric acid into sugar and sapogenin. It exists as a white powder, which forms a soapy emulsion when mixed with water. (2) Polygalic acid.

IMPURITIES.—Other roots are mixed with it.

Preparations.

1. Infusum Senegæ. Senega root powdered, 1; boiling water, 20.

Dose, $\frac{1}{2}$ to 1 fl. oz.

2. Liquor Senegæ Concentratus. Percolated in the usual way for concentrated liquors (*see* p. 19).

Dose, $\frac{1}{2}$ to 1 fl. dr.

3. Tinctura Senegae. 1 to 5 of alcohol (40 per cent.). Percolate.

Dose, $\frac{1}{2}$ to 1 fl. dr.

ACTION.

External.—Saponin is a powerful irritant, and hence senega is an irritant to the skin.

Internal.—*Alimentary canal.* Senega is an irritant here also, producing salivation, vomiting, and diarrhoea. Even small doses often cause indigestion. It is absorbed with difficulty.

Circulation.—If injected into the blood saponin circulates as such. It arrests the heart in diastole, and is a general protoplasmic poison. It is excreted by the skin, the bronchial mucous membrane, and the kidneys, but when given by the mouth its action is usually limited to the alimentary canal, as very little is absorbed.

Respiration.—When the powdered root is inhaled its saponin acts as a violent irritant to the nose, causing much sneezing and coughing, together with hyperemia and increased secretion from the respiratory mucous membrane. If senega is taken by the mouth it irritates the stomach, and so by reflex action increases the bronchial secretion and the tendency to cough. Senega is therefore a **stimulating expectorant**.

Kidneys.—If absorbed it is a diuretic, because the excretion of saponin through the kidneys causes irritation of them.

THERAPEUTICS.

Senega is only used as a stimulating expectorant. It is evident that it may be useful in bronchitis, when the secretion is scanty, and when the power to cough is feeble. As when absorbed it is an irritant to the bronchial mucous membrane, it must not be given in acute bronchitis, and its action as a general irritant and protoplasmic poison often renders it undesirable.

IPECACUANHA.

Ipecacuanha Radix. The dried root of *Pipera-
tria ipecacuanha* (Nat. Ord. *Rutaceae*).—*Form.*

CHARACTERIS. Twisted pieces 2 to 6 in. long, $\frac{1}{4}$ in. di-
meter. Cortical portion thick, dark red or brown, annulate,
with a short, resinous waxy fracture. Central portion whitish,
woody axis. Taste acid, bitter. Odour slight, peculiar.

COMPOSITION. The chief constituents are:—(1) **Emetine**,
 $C_{15}H_{21}NO_7$. An amorphous alkaloid. Colourless (turns
yellow on keeping), soluble in alcohol, ether, and chloroform,
not in carbon tetrachloride. (2) **Cephaeline**, $C_{15}H_{21}NO_7$. Colourless
(turns yellow on keeping), soluble in caustic alkalis, less soluble
in ether than emetine, but freely in alcohol and chloroform.
(3) A third alkaloid, psychotrine, exists in minute quantity.
(4) A mixture called ipecacuanhic or cephaelic acid. (5) A
glucoside. (6) Tannin, volatile oil, starch, gum, &c.

Ipecacuanha root contains 2 per cent. of alkaloids. The
proportion of each varies in different specimens of the root,
but as a rule there is twice as much emetine as cephaeline.
Emetine hydrochloride and hydrobromide are in the market;
a solution of either of 1 grain in 8 fl. oz. of cherry is about the
same strength as Vinum Ipecacuanha.

IMITATIONS. Hemidesmus, which is cracked, not annu-
lated. Almond powder, occasionally found mixed with pow-
dered ipecacuanha root, gives odour of prussic acid when
moistened.

Dose of powdered root, $\frac{1}{4}$ to 2 gr. (expectorant);
15 to 30 gr. (emetic).

Preparations.

1. Extractum Ipecacuanhæ Liquidum.

Powdered ipecacuanha, 1 pound; calcium hydroxide,
700 gr.; percolate with alcohol (90 per cent.), q.s.
Standardize to contain 2.0 to 2.25 per cent. of the
alkaloids of the root.

Dose, $\frac{1}{2}$ to 2 m. (expectorant); **15 to 20 m.**
(emetic).

2. Acetum Ipecacuanhæ. Liquid extract

ipecacuanha, 1; acetic acid (90 per cent.), 2; dilute acetic
acid, 17. **Strength.** 0.1 per cent. of total alkaloids.

Dose, 10 to 30 m.

3. Vinum Ipecacuanhæ.—Liquid extract of ipecacuanha, 1; sherry, 19. *Strength.*—0.1 per cent. of total alkaloids.

Dose, 10 to 30 m. (expectorant); **4 to 6 fl. dr.** (emetic).

4. Pulvis Ipecacuanhæ Compositus. *Synonym.*—Dover's powder. Ipecacuanha, 1; opium, 1; sulphate of potassium, 8 (see Opium, p. 337).

Dose, 5 to 15 gr.

5. Pilula Ipecacuanhæ cum Scillâ. Compound ipecacuanha powder, 3; squill, 1; ammoniacum, 1; syrup of glucose, q.s. (see Opium, p. 338).

Dose, 4 to 8 gr.

6. Trochiscus Ipecacuanhæ.— $\frac{1}{4}$ gr. of ipecacuanha in each; made with a fruit basis.

7. Trochiscus Morphine et Ipecacuanhæ. Ipecacuanha, $\frac{1}{12}$ gr.; morphine hydrochloride, $\frac{1}{30}$ gr. in each (see Morphine, p. 340); made with a tolu basis.

ACTION.

External. Ipecacuanha powder is a powerful irritant to the skin, producing redness, vesication, and pustulation. It has some antiseptic powers, for it can destroy anthrax bacilli, but it has no effect on the spores. This property is not due to its emetine, but to some other constituent.

Internal.—*Alimentary canal.*—Here also the irritating action of ipecacuanha is seen. It increases the flow of saliva, dilates the gastric vessels, and stimulates the secretion of gastric juice. Therefore small doses are distinctly stomachic, and aid digestion. Large doses are, however, powerfully emetic. This is chiefly due to their irritant effect upon the stomach, but in a much less degree to the fact that emetine acts directly upon the vomiting centre in the medulla, as can be proved by observing that when the alkaloid is thrown directly into the circulation vomiting follows before there is time for it to have been excreted into the stomach. Ipecacuanha is therefore both a direct and an indirect emetic. It produces a certain

amount of depression, but not more than the mere act of vomiting will explain. It does not usually cause nausea. The irritant effect is continued in the intestine, and hyperæmia, excessive secretion, and purging result. In dysentery there is a peculiar tolerance of ipecacuanha. Ipecacuanha is said to increase the amount of bile secreted, and if so is a direct cholagogue.

Circulation.—Large doses of emetine depress the heart powerfully, the blood tension falls, and the heart finally stops in diastole.

Respiration.—This is unaffected. Ipecacuanha powder when inhaled, or if enough ipecacuanha is taken internally for it to be excreted by the bronchial mucous membrane, causes hyperæmia of it, together with an increased secretion of bronchial mucus, and therefore, reflexly, coughing is stimulated. It is consequently an **expectorant**; and because it depresses the circulation a little it is called a depressant expectorant. Animals to which large doses of ipecacuanha or of emetine have been given show, after death, considerable hyperæmia of the bronchial mucous membrane, of the lungs, and of the stomach and intestines, and the same condition of the respiratory passages is seen if ipecacuanha powder has been inhaled. With therapeutic doses, however, any expectorant action is mainly due to reflex action from irritation of the stomach.

Skin.—Ipecacuanha is a mild **diaphoretic**.

THERAPEUTICS.

External.—Ipecacuanha is never at the present day employed for its external irritant effect. It has been used with success, as an antiseptic, in cases of anthrax. It is directed that the wound should be dressed with the powdered root, and that 5 grains should be taken by the mouth every four hours. Emetine (dose, $\frac{1}{2}$ gr.) injected subcutaneously is of great value for amoebic hepatitis or amoebic dysentery.

Internal. *Stomach.* Occasionally in small doses, such as 4 or 5 minims of the vinum or $\frac{1}{4}$ gr. of the powdered root, it is employed as a stomachic, and these quantities may even stop vomiting when other drugs have failed. A usual prescription to arrest the vomiting of pregnancy is a minim of ipecacuanha wine in water every half-hour. The compound powder has been praised in cases of gastric ulcer; probably any good effect it may have is due to its stimulating power. Ipecacuanha is a very common emetic. It should not be given when it is desired, as in cases of poisoning, to empty the stomach quickly, for some time elapses before it is absorbed and influences the medulla; nor should it be given to the very feeble, for it has no action that will counteract the depression of the vomiting. But it is an excellent emetic when it is wished, by the act of vomiting, to empty the air-passages, as in bronchitis, the early stages of diphtheria, tracheitis, and laryngitis, for not only the vomiting but the effect of the ipecacuanha on the respiratory tract and the slight subsequent depression will be beneficial. It is chiefly employed for this purpose in children, as they cannot cough well, and often it seems to act like a charm. It used to be given in the early stage of fevers, to empty the stomach of undigested food. A good emetic powder consists of, for an adult, 20 grains of powdered ipecacuanha with $\frac{1}{2}$ gr. of tartarated antimony.

Ipecacuanha is stated to be a specific for dysentery. How it acts is not known. Very large doses must be given—60 to 90 grains of the powdered root in a single dose, or 20 grains every four hours. Ipecacuanha from which the emetine has been removed (emetized ipecacuanha) has been much employed (dose, 10 to 30 gr.); on the other hand, it has been stated that the efficient agent in the treatment of dysentery is the emetine.

Half a grain to a grain or more is often combined

in a pill with other cholagogues to relieve cases of hepatic dyspepsia, and sometimes with excellent results.

Respiration.—Ipecacuanha is a very common expectorant. Lozenges may be sucked, or the acetum or vinum may be given internally. It is suitable in cases of bronchitis or phthisis in which the secretion is scanty, and therefore there is much purposeless cough; and also when the disease is long-standing, for then the stimulation of the chronically inflamed mucous membrane will aid the cure of it. Its power of exciting the act of coughing adds to its usefulness.

The inhalation of ipecacuanha powder by means of an atomizer has been recommended in cases of asthma, and for the asthma-like paroxysms which often accompany chronic bronchitis. Sometimes it does good, but it may make the trouble worse.

Skin.—Dover's powder is very commonly used as a diaphoretic in mild feverish attacks.

LOBELIA.

Lobelia.—The dried flowering herb of *Lobelia inflata* (Nat. Ord. *Lobeliaceae*). North America.

CHARACTERS.—The stems are angular channelled and with narrow wings. Purple, scarred, hairy. Capsules inflated, two-celled, containing minute oblong reticulated brown seeds. Odour irritating. Taste first mild, then burning and acid when chewed.

COMPOSITION. The chief constituents are—(1) *Lobeline*, a liquid volatile oily alkaloid, 30 per cent. Taste pungent. Odour like tobacco. It is combined with (2) *lobelic acid*, and forms crystallizable salts. (3) *Inflatine*.

INCOMPATIBLES.—Caustic alkalies, as they decompose lobeline.

Preparation.

Tinctura Lobeliæ Ætherea.—Lobelia, 1; spirit of ether, 5. Percolate.

This is made with about $1\frac{1}{2}$ times the amount of lobelia used to make the tincture B. P. 1885.

Dose, 5 to 15 m.

ACTION.

External.—Lobelia has no effect on the skin, but it is stated that poisonous symptoms may occur from absorption of it through the epidermis.

Internal. *(Cathartica et Emetica.)* Moderate or large doses are powerfully **irritant**, and cause violent vomiting and purging. These results are accompanied by very intense **prostration**, as shown by the feeble pulse, cold sweats, pale skin and great muscular relaxation.

Circulation.—The heart is at first stimulated, is soon depressed, and it finally becomes rapid, irregular, and feeble. The blood-pressure falls. These effects on the gastro-intestinal tract and circulation are due, like those of nicotine and conine, to paralysis of nerve ganglia.

Respiration. Small doses slow respiration; large doses strongly depress the respiratory centre, and death takes place from respiratory failure. The muscular coat of the bronchi is relaxed.

Nervous system. Toxic doses are required to affect the higher cerebral centres, and then coma and convulsions are produced, but it is not clear how far these results are due to asphyxia. Experiments seem to show that the motor centres of the cord are depressed. Muscles and nerves are affected.

Lobeline is probably excreted by the kidneys and skin, and is said to have diuretic and diaphoretic properties.

THERAPEUTICS.

Lobelia has been recommended as a purgative and as an emetic, but it should not be used for these purposes, because of its great liability to produce collapse. It is employed in asthma to relax the muscular coat of the bronchial tubes. A teaspoonful

of the tincture should be given till nausea is experienced, but it should never be pushed beyond this point. It may also be prescribed for bronchitis accompanied by spasmodic dyspnoea.

VIRGINIAN PRUNE BARK.

Pruni Virginianæ Cortex. The bark of *Prunus serotina* (Nat. Ord. *Rosaceæ*) collected in the autumn.

CHARACTERS. Curved pieces or fragments about $\frac{1}{2}$ inch thick. Young bark frequently smooth and reddish, with transversely elongated lenticels and short granular fracture; old bark is brown and rough. Taste, astringent and bitter. Odour after maceration with water like bitter almonds.

COMPOSITION. It contains (1) Amygdalin, which yields with water glucose, hydrocyanic acid and essential oil of bitter almonds (*q.v.*). (2) Emulsin.

Preparations.

1. Syrupus Pruni Virginianæ. -Virginian prune bark, 3 oz.; refined sugar, 15 oz.; glycerin, 1½ fl. oz.; water to 20 fl. oz. Percolate.

Dose, $\frac{1}{2}$ to 1 fl. dr.

2. Tinctura Pruni Virginianæ. -Virginian prune bark, 4 oz.; alcohol (90 per cent.), 12½ fl. oz.; distilled water, 7½ fl. oz. Macerate.

Dose, $\frac{1}{2}$ to 1 fl. dr.

ACTION AND THERAPEUTICS.

When this drug is treated with water, hydrocyanic acid is formed, and that is probably the reason why it is efficacious in relieving cough, especially a hacking cough, by which nothing is expectorated, for prussic acid diminishes reflex excitability. Virginian prune is a very favourite remedy, and the syrup is a very useful flavouring agent for cough mixtures.

GROUP IV.

**Vegetable Drugs having Antiperiodic, Antipyretic,
and Antiseptic Properties.**

**Cinchona Bark, Quinine, Salicin, Salicylic Acid,
Salol.**

CINCHONA BARK.

Cinchona Rubra Cortex. Red Cinchona Bark
Dried bark of the stem and branches of cultivated plants
Cinchona succirubra (Nat. Ord. *Rubiaceae*). South America
and India.

CHARACTER.—Quills or incurved pieces, a few inches to
1 ft. long, $\frac{1}{16}$ to $\frac{1}{4}$ in. thick, coated with periderm. Outer
surface rough from longitudinal furrows, ridges, transverse
ridges, annular fissures, and warts, brownish or reddish
brown. Inner surface brick-red or deep reddish brown,
regularly and coarsely striated. Fracture nearly close in
smaller quills, finely fibrous in the larger. Powder brown
reddish brown. No odour. Taste bitter and astringent.

COMPOSITION.—The chief constituents of cinchona bark
are four alkaloids, two acids, a glucoside, tannin, a colouring
matter, and a volatile oil. (There are thirty-one cinchona
alkaloids, but only four are important.)

(1) *Quinine*. An alkaloid. $C_{20}H_{24}N_2O_8$. Exists as the hy-
drate. White acicular crystals, inodorous, very bitter. Gives
green colour with chlorine water and ammonia; turns the
plane of polarization to the left; solutions of its salts are fluo-
rescent. Soluble in ether and in ammonia. Forms salts with
acids. (See Sulphate and Hydrochloride, pp. 445 and 446.)

(2) *Quinidine*. An alkaloid. $C_{20}H_{24}N_2O_8$. Isomeric with
quinine, differing from it only in crystallizing in prisms, turn-
ing the plane of polarization to the right, and not being soluble
in ammonia except in excess.

(3) *Cinchonine*.—An alkaloid. $C_{19}H_{22}N_2O$. Colourless
crystals, inodorous, bitter. No green colour with chlorine water
and ammonia. Turns the plane of polarization to the right.
Fluorescent. Almost insoluble in ether and in ammonia.

(4) *Cinchonidine*.—An alkaloid. $C_{19}H_{22}N_2O$. Isomeric
with cinchonine, differing from it in turning the plane of
polarization to the left, being sparingly soluble in ether,
and being slightly fluorescent.

Good red bark should yield 5 to 6 per cent. alkaloids, not

less than half being quinine and cinchonidine. Of non-official cinchona barks, good yellow bark should yield 2.5 to 3.5 per cent. of quinine, and pale bark, very little quinine, but 0.7 to 1.4 total alkaloids, chiefly cinchonine and quinidine.

(5) *Chinic or quinic acid*. $C_7H_7O_6$. Large colourless prisms. It and its salts are soluble in water, and thus quinine may be given subcutaneously as quinate of quinine. This acid is found in the coffee bean and other plants. It is allied to benzoic acid, and appears in the urine as hippuric acid.

(6) *Chinovic acid*.—A white amorphous substance related to chinovin.

(7) *Chinorin*.—A glucoside, which easily decomposes into glucose and chinovic acid.

(8) *Cincho-tannic acid*.—1 to 3 per cent. It is the astringent principle of cinchona bark. It differs from tannic acid in striking green with per-salts of iron. It is easily oxidized to cinchona red.

(9) *Cinchona red*.—The colouring matter of the bark. It is almost insoluble in water.

(10) *A volatile oil*.—This exists in minute quantities. Cinchona bark owes its smell to it.

Remyia bark (from which quinine may be prepared) yields in addition homoquinine, which yields quinine and another alkaloid, eupreine.

IMPURITIES.—Inferior barks, known by their not yielding the full strength of quinine and cinchonidine.

INCOMPATIBLES.—Ammonia, lime water, metallic salts, and gelatin.

The Pharmacopœia directs that the official bark, when used to make the preparations of it, should contain between **5 and 6 per cent.** of total alkaloids, of which not less than half consists of quinine and cinchonidine.

Dose, 3 to 15 gr., or 30 to 120 gr. in aque.

Preparations.

1. Extractum Cinchonæ Liquidum. Red cinchona bark powdered, 20 oz.; hydrochloric acid, 5 fl. dr.; glycerin, 2½ fl. oz.; alcohol (90 per cent.), 1 pt.; distilled water, q. s. Standardized to contain 5 gr. of total alkaloids, or 5 gr. in 110 m.

Dose, 5 to 15 m.

2. Infusum Cinchonæ Acidum. Red cinchona bark, 1; aromatic sulphuric acid, ¼; boiling water, 20. This is a solution of the sulphates of the alkaloids.

Dose, ½ to 1 fl. oz.

3. Tinctura Cinchonæ.—Red cinchona bark, 1; alcohol (70 per cent.), Percolate. *Standardized to contain 1 per cent. of alkaloids, or 1 gr. in 110 m.*

Dose, $\frac{1}{2}$ to 1 fl.

4. Tinctura Cinchonæ Composita. Tincture of cinchona, 10 fl. oz.; dried bitter orange peel, 1 oz.; serpentary, $\frac{1}{2}$ oz.; saffron, 55 gr.; cochineal, 28 gr.; alcohol (70 per cent.), 10 fl. oz. Mix. *Standardized to contain 0.5 per cent. of total alkaloids, or $\frac{1}{2}$ gr. in 110 m.*

Dose, $\frac{1}{2}$ to 1 fl. dr.

It will be noticed that all preparations of cinchona bark directed by the Pharmacopœia to be made from red cinchona bark, but quinine salts may be made from various kinds.

Quininæ Sulphas. Quinine Sulphate. $(C_{20}H_{24}N_2O_2 \cdot H_2SO_4) \cdot 15H_2O$.

SOURCE.—An alkaloid prepared from the powder of the dried species of cinchona and remijia bark.

CHARACTERS.—Filiform, silky, very light, snow white crystals, with an intensely bitter taste. **Solubility.**—1 in 800 of water, and giving it a fluorescent, bluish tinge; easily in slightly acidulated water (1 m of a mineral acid in 2 fl. oz. of water will dissolve 1 gr. of sulphate of quinine), but precipitated by ammonia; the precipitate is soluble in excess of ammonia and in ether; 1 in 65 of alcohol (90 per cent.).

IMPURITIES.—It should not contain more than 3 per cent. of cinchonidine, and no cinchonine, quinidine, or cupreine. It may contain, but not more than 1 per cent. of lime, chalk, magnesia, starch, and other white powders. It is detected by its giving a blood-red colour with H_2SO_4 .

INCOMPATIBLES.—Alkalies and their carbonates, astringent agents.

Dose, 1 to 5 gr. (bitter), or 5 to 20 gr. (antipyretic and periodic).

Preparations.

1. Ferri et Quininæ Citras, see Iron, p. 186.

Dose, 5 to 10 gr.

2. Pilula Quininæ Sulphatis. Quinine sulphate, 30; glycerin, 4; tartaric acid, 1; tragacanth, 1.

Dose, 2 to 8 gr.

3. Syrupus Ferri Phosphatis cum Quinina et Strychnina.—Each fl. dr. represents $\frac{1}{2}$ gr. of quinine sulphate (see p. 183).

Dose, $\frac{1}{2}$ to 1 fl. dr.

4. Tinctura Quininae Ammoniata.—Quinine sulphate, 175 gr.; solution of ammonia, 2 fl. oz.; alcohol (60 per cent.), 18 fl. oz. Mix.

Dose, $\frac{1}{2}$ to 1 fl. dr.

Quininae Hydrochloridum. Quinine Hydrochloride. $C_{20}H_{24}N_2O_7 \cdot HCl \cdot 2H_2O$. Called Hydrochlorate of Quinine, B. P. 1885.

SOURCE.—An alkaloid obtained from the same source as sulphate of quinine.

CHARACTERS.—Crystals resembling those of the sulphate, but larger. Solubility.—1 in 35 of cold water, 1 in 3 of alcohol (90 per cent.). Very soluble in boiling water or boiling alcohol. Its solution gives a green colour with chlorine water and ammonia.

Dose, 1 to 10 gr.

Preparations.

1. Tinctura Quininae.—Quinine hydrochloride, 175 gr.; tincture of orange, 1 pint. Dissolve.

Dose $\frac{1}{2}$ to 1 fl. dr.

2. Vinum Quininae.—Quinine hydrochloride, 20 gr.; orange wine, 1 pint.

Dose, $\frac{1}{2}$ to 1 fl. oz.

Quininae Hydrochloridum Acidum.
Acid Quinine Hydrochloride. $C_{20}H_{24}N_2O_7 \cdot 2HCl \cdot 3H_2O$.

CHARACTERS.—The acid hydrochloride is a white crystalline powder, soluble in less than its own weight of water and yielding an acid liquid.

Dose, 1 to 10 gr.

ACTIONS OF CINCHONA BARK AND ITS ALKALOIDS.

The action of cinchona bark is due almost entirely to the quinine in it; the other alkaloids act in much the same way as this alkaloid, the sulphate and hydrochloride of which produce the same effect as quinine itself. The following description will be that of the action of quinine sulphate, which is often called quinine. Any differences between it and the bark or the other alkaloids will be mentioned in the course of this description.

External. Quinine is a very powerful antiseptic. A solution of 1 in 500 destroys many forms of micro-organisms, and a solution of 1 in 250 prevents fermentation and putrefaction. Quinine is very fatal to almost all low forms of animal and vegetable life. A solution of 1 in 1000 kills many infusoria. No effect is produced upon the sound skin by quinine, but it is irritant to a raw surface.

Internal.—*Alimentary canal.*—Quinine acts like any other bitter, such as calumba. The bitter taste is very marked; in the mouth the gustatory nerves, and in the stomach the gastric nerves are stimulated. This leads reflexly to an increase of the salivary and gastric secretions, and to greater vascularity and peristalsis of the stomach, the appetite is sharpened, and digestion is aided. Quinine is, therefore, a **stomachic**. These effects, of course, bring about a better absorption of food; and hence, if digestion was previously feeble, the patient feels stronger after a course of quinine. In the stomach any salt of quinine is converted into a chloride, some of which is absorbed there. In the intestines it is probably precipitated by the alkaline secretions; but as quinine is soluble in alkaline waters if aerated, perhaps some of it remains in solution. It is often excreted unchanged in the feces.

Blood. Quinine, as a chloride, is readily absorbed into the blood; and although this is alkaline, it is not precipitated, being probably held in solution as carbonate of quinine by the gases of the blood. It is not known to undergo any alteration there, but it produces some remarkable changes in blood.

(a) *White corpuscles.* If the movements of the white corpuscles are being watched in a drop of blood on the warm stage of the microscope, and some quinine is added, they at once cease. Again, the mesentery of a living frog is put under the microscope, and slightly irritated so as to set up

inflammation, emigration of the white corpuscles through the capillary walls, or diapedesis, as it is called, will be observed; if now some quinine be injected into the circulation this ceases, but those white corpuscles that have already passed out wander further from their capillary. If the quinine be applied locally to the mesentery, directly the white corpuscles have passed through their capillary their movement is stopped, and the motionless corpuscles collect in large numbers around the capillaries. It is clear, therefore, that quinine has the power of **arresting the movements of white blood-corpuscles**. In sufficient quantity it appears actually to destroy them, for in a cat killed by quinine they are much fewer in number than in a healthy cat.

(b) *Red corpuscles*.— Quinine is said to cause a diminution in the size of these, but this is most likely not strictly correct. In fever, if the temperature is high, the red corpuscles are probably a little larger than natural. If the temperature be reduced by any means the corpuscles regain their normal size. Quinine will reduce the temperature, but it probably has no special action on the corpuscles.

(c) *Acidity of the blood*.— Blood outside the body gradually becomes acid. Quinine prevents this.

(d) *Ozonizing power*.— If ozonized oil of turpentine be mixed with tincture of guaiacum, nothing occurs, but if a drop of blood be added, that transfers the ozone to the guaiacum, oxidizes it, and turns it blue. This **ozonizing power** of blood is **prevented** by the addition of quinine.

(e) *The stability of erythæmoglobin* is **strengthened** by quinine, so that the blood does not yield up its oxygen as easily as normally, consequently it cannot absorb oxygen readily. This inability of hæmoglobin to take up oxygen in the presence of quinine is parallel with its action on other varieties of protoplasm. For example, fungi absorb oxygen slowly

quinine be present, and thus fermentation may be prevented. Phosphorescent infusoria (the phosphorescence is due to rapid oxidization) lose this property in the presence of quinine. The ozonizing power of fresh vegetable juices is retarded by it. Quinine is, therefore, very constant and very powerful interfering with oxidation.

Circulation.—Small doses of quinine probably increase the activity of the heart reflexly because they stimulate the stomach; but large doses (larger than are given to man medicinally), either applied to the excised heart or circulating through it, directly paralyse the organ; the pulse becomes slower and more feeble, and the heart is finally arrested in diastole. Whether it acts on the muscle or the ganglia is not known. Large doses lower the blood-pressure considerably; this is owing directly to the effect on the heart, but it is probable that this fall of arterial pressure is due in part also to the action of quinine on the blood-vessels. If the spleen is enlarged as a result of malarial fever, the administration of quinine, curing the fever, leads to a decrease in the size of the spleen, but it has no direct effect on this organ, as is often asserted.

Respiration. Although, as we have seen, quinine acts, because of its retardation of oxidation, have a powerful influence on internal respiration, diminishing the activity of metabolism, it has but a moderate effect on the respiratory movements. Small doses slightly increase, large doses depress them.

Temperature.—Quinine has very little power over the healthy temperature, but that of fever is markedly lowered; it is, therefore, an energetic antipyretic. Considering its direct capability of diminishing metabolism in the tissues, it seems fair to assume that it also diminishes heat production, and that it does so by acting directly on the thermogenetic tissues; but, whether it decreases heat production by also

influencing the cerebral thermogenetic centres is not known.

Cerebrum.—Small doses are believed to stimulate cerebral activity. The results of experiments upon the action of quinine on the brain are so discordant as to be at present valueless. The effects of a large dose in man will be described under Cinchonism.

Spinal cord and nerves.—In frogs quinine causes a lessening of reflex excitability, which is removed by section below the medulla; but in large doses it produces a permanent diminution of reflex excitability. In these animals quinine also first excites and then paralyses the sensory nerves or their peripheral endings. The muscles are uninfluenced. These effects are not seen in man.

Uterus.—It has often been stated that quinine will lead to abortion, that it will when labour has commenced aid the expulsion of the foetus, and that it will increase the menstrual flow if that is scanty. It appears that the first statement is certainly incorrect, and that the second and third are correct only for some women.

Kidneys.—After a full dose of quinine it is found in the urine in half an hour, and is slowly excreted for several days, but by far the greater part is eliminated within the first forty-eight hours. The excretion of uric acid, urea, and sulphur in the urine is greatly diminished, from which we learn that quinine retards considerably the protein metabolism of the body, but it should be stated that very little alteration is observed in the absorption of oxygen and excretion of carbonic acid gas by the lungs. It is said that minute quantities of quinine are got rid of by all the secretions, as it may be detected in milk, saliva, bile, and tears, and it may be found in dropical fluids if the patient has been taking it.

Cinchonism.—In many persons a dose of ten grains or more of quinine produces a train of physio-

logical symptoms, chiefly from its influence on the nervous system. The patient soon complains of ringing in the ears, fulness in the head, and slight deafness. With larger doses these symptoms increase, disturbances of vision and giddiness are added, he may stagger when he walks, and the headache may be very intense.

Quinine is hardly ever given as a poison, but if it should be, all these symptoms of cinchonism will be very severe; the patient may be delirious and comatose, quite deaf and blind, and if he die it will be from collapse due to cardiac and respiratory failure. Great congestion of the middle ear and labyrinth is found in animals poisoned by quinine. The mild degrees of cinchonism pass off directly the drug is discontinued. Rarely quinine causes an erythematous rash, and it may give rise to epistaxis and other hæmorrhages. Those who work among cinchona barks may have a rash on their skin from the mechanical irritation of the powder.

Relative Action of the Alkaloids.—The other alkaloids are quite similar in their action to quinine, but they are not so powerful. Their relative antipyretic effect is quinine 100, quinidine 90, cinchonine 70, cinchonine 40.

THERAPEUTICS.

External. Quinine is too expensive for use as an antiseptic.

Internal.—*Gastro-intestinal tract.*—It is very largely used on account of its stomachic properties, chiefly for that variety of indigestion which is the outcome of general ill-health, want of fresh air, and anemia, and not often when the stomach is the organ primarily at fault. The preparations of cinchona bark are very useful for this variety of dyspepsia; they contain quite enough of the alkaloids. The compound tincture has the advantage of

containing other stomachics. Iron is very commonly given at the same time to correct the general condition. Quinine is frequently prescribed with the tincture of perchloride of iron, there is always enough free acid in this to dissolve any preparation of quinine. Alkalies, especially sal volatile, are often prescribed with solutions of sulphate of quinine, but they precipitate the quinine, and therefore mucilage must be used to suspend it. The dose of the sulphate or hydrochloride of quinine as a stomachic bitter is $\frac{1}{2}$ to 2 gr. The acid hydrochloride is often preferable, as it is more soluble.

Antipyretic effect.—Quinine was commonly used as an antipyretic, but for the rare occasions on which antipyretic drugs are required, it has now been replaced by those which are more certain, as phenacetin, acetanilide, and phenazone. It is, however, a very fairly certain antipyretic. It is best given for this purpose in a single dose of 20 to 40 grains for an adult. Such large doses may be prescribed either in cachets, or as a solution of the hydrochloride, or as the sulphate suspended in milk. About one or two hours elapse before the temperature begins to fall. Quinine is more efficacious in reducing a temperature just beginning to fall than a rising one. Hence if possible it should be administered an hour or two before the time at which previous experience of the particular case shows the temperature will probably attain its maximum; then the fall will be more marked and last longer than if the drug had not been given.

Specific action.—Quinine, and to a less extent the other cinchona alkaloids, have the remarkable property of arresting the paroxysms of malarial fever. If 15 to 30 grains be taken about one or two hours before the attack is due, it will not take place, or it will be very mild. The same effect will be produced if smaller doses, about 5 grains, have been

taken four or five times a day during the period between the attacks. Not only is it thus prophylactic, but the continued use of it is curative. It is also preventive, even if the persons to whom it has been given have never had ague. For this purpose it is administered to soldiers and sailors who have to enter malarious regions, and it is then found that few of them get ague. If the disease is very severe it is best to give single large doses.

If a person has once had ague, illnesses that he subsequently suffers from are liable to assume a malarial type. This is especially the case with neuralgia, which is then peculiarly paroxysmal. It is often on the forehead, when it is called brow ague. In such illnesses the effect of quinine is frequently very well marked, and a cure speedily takes place. Sometimes neuralgia which is not malarial is temporarily benefited. Quinine cures ague by acting, while circulating in the blood, as a direct poison to the hæmatozoa (protozoa), which infest the blood and are the cause of the disease. Different forms of ague or malaria are due to different but closely allied parasites. Tertian and quartan parasites are more readily affected than quotidian and malignant. Quinine has been given for a host of diseases, especially septicaemia, but there is no evidence that it does good to any, except those mentioned.

It has been stated that quinine, given to those who have malaria, causes blackwater fever; therefore it is doubtful whether quinine should be used for this disease.

The preparations of the bark contain so little quinine that they cannot be used as antipyretics or tiperiodics.

Quinine should if possible be avoided in (1) persons suffering from acute or subacute disease of the middle ear; (2) those suffering from gastro-intestinal irritation, which it may increase; (3) those

people, occasionally met with, in whom quite small doses produce very severe symptoms of cinchonism.

Both hydrobromic acid and ergotin are said to diminish the liability to cinchonism.

If it is wished to give quinine hypodermically, the best salts are the lactate (soluble 1 in 5 of water) or the official acid hydrochloride; 6 to 30 m of a solution of 1 gr. of either in 6 m of water may be used.

Warburg's tincture is a medicine which has a very high reputation in India for malaria. It has been called *Tinctura Antiperiodica*. The published formula states that it is a tincture made with alcohol (57 per cent.), and containing quinine sulphate, 1 in 50; Socotrine aloes, 1 in 40; opium, 1 in 1000; rhubarb, 1 in 125; camphor, 1 in 500; with angelica root, elecampane, saffron, fennel, gentian, zedoary, cubeb, myrrh, and white agaric as aromatics. Dose, 1 to 4 fl. dr. It is often prescribed to be made without the aloes.

SALICIN.

Salicinum. $C_6H_{10}O_5 \cdot OC_6H_4 \cdot CH_2OH$. A crystalline substance obtained from the bark of various species of *Salix*, and of *Populus* (Nat. Ord. *Salicaceae*).

CHARACTERES. Colourless, shining, trimetric, tabular crystals of a bitter taste. Coloured red with sulphuric acid. *Solubility.*—1 in 28 of cold water, 1 in 1 of boiling water, 1 in 60 of alcohol (90 per cent.). Not in ether.

Dose, 5 to 20 gr.

Acidum Salicylicum. Salicylic Acid. It is orthohydroxybenzoic acid. $C_6H_4(OH) \cdot COOH$.

SOURCE.—Made by the interaction of sodium carbolate and carbonic acid gas. Thus dry carbonic anhydride is passed through sodium carbolate heated to $400^\circ F$. $C_6H_5ONa + CO_2 = NaC_6H_4O_3$ (sodium salicylate). This is treated with hydrochloric acid. $NaC_6H_4O_3 + HCl = NaCl + HC_6H_4O_3$ (salicylic acid).

Or salicylic acid may be obtained from natural salicylates, such as the oil of winter-green (*Gaultheria procumbens*, Nat. Ord. *Ericaceae*), which contains methylsalicylate, or the oil of sweet birch, *Betula lenta* (Nat. Ord. *Betulaceae*).

CHARACTERES. Distinct, prismatic, colourless crystals. Inodorous. Taste first sweetish, then acid. Light, easily diffused, irritating to the nostrils. Melt at $313^\circ F$. *Resembles salicylic acid.*—Strychnine, but the crystals of strychnine are more

are larger, non-irritating, less soluble, and more agreeable in *solubility*.—1 in 500 of water. Readily in alcohol, ether, hot aqueous solutions of ammonia or caustic soda, and in solutions of phosphoric or boric acids. The natural salicin is more soluble than the artificial. Aqueous solutions give a reddish violet color with perchloride of iron.

INCOMPATIBLE.—Spirits, acids, ether.

IMPERFECTS.—Orthoacetic acid, salicylic acid, and paracetic acids. These exist only in artificial salicin. In the best specimens they are absent.

Dose, 5 to 20 gr.

Preparation.

Unguentum Acidi Salicylici. Salicylic acid.

1 gr.; white paraffin ointment, 49 gr.

Salicylic acid is contained in Injectio Cocaine Hypodermatica.

Sodii Salicylas. Sodium Salicylate. $\text{C}_6\text{H}_5\text{O}_2\text{Na}$, OH , 10Na , H_2O .

SOURCE.—Obtained by action on sodium carbonate or caustic soda with salicylic acid.

CHARACTERS.—Small colourless scales or prisms, rhombohedral. Odour none. Taste sweetish saline. Sol. 1 in 1 of water, 1 in 6 of alcohol (90 per cent).

INCOMPATIBLE.—Hydrobromic acid, for sodium bromide is formed and salicylic acid is precipitated.

IMPERFECTS.—As of salicylic acid.

Dose, 10 to 30 gr.

For Bismuthi Salicylas see p. 175, and for Salol see p. 160.

ACTION OF SALICIN, SALICYLIC ACID, AND SODIUM SALICYLATE.

External.—Salicin and salicylic acid are **antiseptics** rather more powerful than carbolic acid. They are stimulant and mildly irritant to the skin. Locally applied they **check sweating**. Sodium salicylate is less antiseptic. Salicylic acid softens and removes epithelium.

Internal. *Alimentary tract.* When inhaled or applied to the throat, salicylic acid is irritating, causing sneezing and coughing. In the stomach also it is irritant, giving rise to pain, nausea, and vomiting unless well diluted, and should therefore never be



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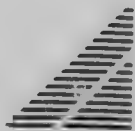


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given as pill or powder. The sodium salt and salicin are much less irritating. The glucoside salicin is in the bowel converted into glucose and saligenin, $C_7H_8O_2$, and this is further decomposed into salicylic acid, salicyluric acid, $HC_7H_5NO_4$, and salicylous acid, $HC_7H_5O_2$. The bile is rendered much less viscid.

Blood. Salicylic acid, whether taken directly or formed in the bowel from the decomposition of salicin, is rapidly absorbed in spite of its insolubility, and therefore it is probably taken up as sodium salicylate; anyhow, this is the form in which it circulates in the blood, and consequently the following description will apply whether salicin, salicylic acid, or sodium salicylate has been taken. It has been thought also to exist in the blood as an albuminate, but of this there is no evidence, nor for the theory put forward by Binz, that when the sodium salicylate meets with carbonic acid, either in the blood or in the inflamed tissues of rheumatic fever, salicylic acid is set free. Some of the salicylic acid of the sodium salt unites with glyccoll, forming salicyluric acid, which appears in the urine. Thus: $HC_7H_5O_4 + C_2H_5NO_2$ (glyccoll) = $HC_9H_7NO_4$ (salicyluric acid) + H_2O . It will be noticed that this change is precisely analogous to the conversion of benzoic into hippuric acid by its union with glyccoll. The beneficial germicidal effect of this acid is well seen in a disease of bees known as foul brood, and due to certain schizophytes, for feeding the bees on syrup containing salicylic acid cures them.

Liver.—It is of interest that sodium salicylate, like sodium benzoate, probably increases both the amount and the solids of the bile.

Heart.—Salicin and salicylic acid are often stated to depress the force of the heart and cause a fall of blood-pressure. Careful comparison shows that salicin is not nearly so depressant as the acid—in fact, it is probable it has not this action at all

unless given in toxic doses. Further, natural salicylic acid is not so depressant as some specimens of the artificial variety. For example, Charteris found that 10 grains of salicin, or 10 grains of natural salicylic acid, or 32 grains of natural sodium salicylate had no serious effect on a rabbit, but that much smaller doses than these of the artificial acid or its salt killed the animal. The artificial variety was found to contain orthocresotic and paracresotic acids, and the former is a powerful **cardiac depressant**. Thus it is probable that the depressing effects commonly ascribed to salicylic acid are really due to the impurities occasionally present in the artificial form. Salicylic acid increases the blood pressure from stimulation of the vaso-constrictor centre.

Respiration.—Moderate doses have very little effect on respiration. Toxic doses strongly depress it.

Temperature.—In medicinal doses salicin and salicylic acid have no influence on the temperature of man, in toxic doses they slightly lower it; but they readily depress a febrile temperature, and are therefore called **antipyretics**. They cause a slight increase of perspiration, but this is not sufficient to explain the fall.

Salicylic acid and salicin are **antiperiodic**.

Nervous system.—We know little of the effect of salicylic acid on the individual parts of the nervous system. The clinical symptoms known as salicylism will be described presently.

Kidney.—Salicylic acid escapes chiefly through the kidneys. It to a much less extent also leaves the body by the sweat, the saliva, the bronchial secretions, and the faeces. It appears in the urine very soon after its ingestion (in from 10 to 30 minutes), but the elimination goes on slowly. It is excreted as salicyluric acid and sodium salicylate, which is split up by the phosphoric acid in the urine, yielding salicylic acid. The dark greenish colour of the

urine sometimes seen is due to small quantities of either indican or pyrocatechin. Occasionally salicylic acid causes hæmaturia, due to congestion of the kidneys.

Salicylic acid **increases protein metabolism**, hence the total nitrogen and sulphur in the urine are increased. The quantity of uric acid is particularly great. It renders the **urine antiseptic**, and the salicyluric acid in that fluid will reduce Fehling's solution. The urine of patients taking it gives a **purple colour with perchloride of iron**.

Uterus.—It may cause abortion.

Salicylism. In some persons to whom salicylic acid or its salt is given a train of symptoms is produced to which the above name has been applied. They are very like those produced by quinine. The cause of at least some of them is the impurities existing in artificial salicylic acid, but it is stated that the natural acid may very rarely give rise to them. Orthocresotic acid is certainly toxic, metacresotic acid has no action, and it is doubtful whether paracresotic acid is toxic. The commonest symptom is deafness, which is often accompanied by ringing in the ears. Headache is also very frequent. The administration of the drug is usually stopped when these symptoms show themselves, but if it is continued the patient becomes violently delirious, there is nausea and vomiting, the face is flushed, and the other symptoms increase in severity. The pulse falls in both frequency and force, it becomes irregular, epistaxis is common, and hæmorrhages from other parts of the body have been recorded, such as hæmaturia and retinal hæmorrhage. Albuminuria without hæmaturia has been observed. One of the rarest symptoms is erythema or urticaria. Very large doses may cause the breathing to become weaker, and death may take place either from cessation of the heart or of the respiratory movements.

THERAPEUTICS.

External.—The ointment may be used when an antiseptic stimulating ointment is required. A collodion composed of salicylic acid, a drachm, collodion flexile, an ounce; a glycerin containing 10 per cent. of salicylic acid; and a plaster, also 10 per cent., are good preparations. Strong applications of salicylic acid are very useful for removing excess of epidermis, warts, or corns. Salicylic acid 11 parts, Extract of Cannabis Indica 2 parts, Collodion flexile 57 parts, form an excellent remedy (commonly known as green solution) for soft corns. Powdered salicylic acid mixed with starch or chalk may be employed to check profuse perspiration of the feet and axillæ. The German Pharmacopœia has for this purpose a Pulvis salicylicus cum Talco (salicylic acid, 3; wheaten starch, 10; talc, in powder, 87). The sweats of phthisis may be treated in the same way. A little salicylic acid is often added to Thompson's fluid (p. 264). A preparation called "Antiphlogistine" is much used externally to relieve pain. It is said to be composed of glycerin, salicylic acid, boric acid, ferrous carbonate, peppermint, gaultheria, eucalyptus, and iodine, combined with an earthy base.

Internal.—Salicylic acid is a specific for rheumatic fever; it lowers the temperature, lessens the swelling, leads to a rapid cessation of pain, and diminishes the liability to pericarditis and other complications. It must be given well diluted to prevent dyspepsia. The sodium salt is often preferred as being the most soluble, but in order to diminish the risk of salicylism it should be prepared either from pure artificial or from natural salicylic acid. If the attack is severe, 20 grains every two or three hours should be given for the first twelve or twenty-four hours; then, if the patient is doing well, the frequency of the dose may be gradually diminished, but it should be continued thrice daily for ten days after the temperature is normal and the

pain has ceased. The micro-organism which is the cause of rheumatic fever forms formic acid, which is excreted by the sweat and urine. The formation of this acid is controlled by the administration of salicylic acid. Salicin is not so powerful as sodium salicylate, but it is said to be less depressant than the synthetic acid.

These preparations are of no use for gout or severe osteo-arthritis, but occasionally the pains of chronic rheumatism, sciatica, migraine and painful menstruation are somewhat relieved.

Salicylic acid or salicin may produce a fall of temperature in any fever, but, as we have more certain antipyretics, they are not used except for rheumatic fever.

Some writers have found salicylic acid useful in diabetes.

It has been given to render the urine acid in cases of alkaline urine and cystitis, but there are better remedies for this purpose.

It has also been given in cases of gallstone with the object of rendering the bile less viscid.

Aspirin.—(Not official.) Acetyl-salicylic or salacetic acid, often called aspirin, is much given in doses of 10 to 15 grains in a cachet. It irritates the stomach less than other salicylates, for, being insoluble in acids, it is not acted on until it reaches the intestines, where it is dissolved by the alkaline secretions. It is useful for painful neuritis, sciatica and chronic rheumatism, and with some acts as a hypnotic. It often relieves dysmenorrhœa.

Mesotan.—(Not official.) Methoxymethyl ester of salicylic acid. A pale yellow fluid. Mixes with oil, and when painted on the skin is quickly absorbed. It has been applied for chronic rheumatism, but without much benefit. A usual formula is equal parts of mesotan and olive oil lightly rubbed in or painted on with a camel's-hair brush. It is not to be recommended as it may cause a severe dermatitis.

SALOL.

Salol. Phenyl salicylate. $C_6H_5OHCOCOC_6H_5$.

SOURCE.—Prepared by the interaction of salicylic acid and phenol, or of their sodium salts with phosphoryl chloride or carbonyl chloride.

CHARACTERS AND TESTS.—Small colourless crystals of a faint aromatic odour and almost tasteless. *Solubility.* Not in water; 1 in 20 in alcohol (90 per cent.), 3 in 1 in ether or chloroform. Contains 60 parts of salicylic and 40 of carbolic acids.

Dose, 5 to 15 gr. in cachets or suspended. The large quantity of carbolic acid in salol renders caution necessary when large doses are given.

ACTION AND THERAPEUTICS.

External.—It is an antiseptic, and when mixed with talc (1 in 5) may be used as a dusting powder.

Internal.—In the intestine salol splits up into carbolic and salicylic acids, and the former may render the urine dark. A good mouth wash consists of salol 2·5, saccharin 0·004, peppermint oil 0·5, alcohol (80 per cent.) 97, with clove and caraway oil added.

In rheumatic fever it is efficacious on account of the salicylic acid it contains, but it has no advantage over salicin or salicylic acid, and the carboloria may be troublesome. It is used as an intestinal disinfectant. These have been discussed when describing naphthol (p. 324) and on p. 93. It disinfects the urinary tract. The following is a good way of prescribing it: Salol, gr. x; almond oil, ℥ xx; powdered acacia, gr. x; syrup, ℥ xx; water, 3 ss. The emulsion should be made in a warm mortar with water at 150° F.

GROUP V.

Vegetable Purgatives.

CLASS I.—Laxatives.

Prunes, Figs, Tamarinds, Cassia, Castor Oil (small doses).

CLASS II.—Simple purgatives.

Castor Oil, Rhubarb, Purgatin, Purgen, Senna, Cascara Sagrada, Aloes.

CLASS III.—Drastic purgatives.

Scammony, Jalap, Croton Oil, Colocynth, Elaterium, Gamboge.

CLASS IV.—Cholagogues.

Podophyllum, Euonymus Bark, Iridin.

CLASS I.—**Laxatives.****PRUNES.**

Prunum.—The dried ripe fruits of *Prunus domestica* the plum (Nat. Ord. *Rosaceæ*). South of France.

CHARACTERS.—Ovoid-oblong, 1½ in. long, black, shining, brownish pulp; sweet mucilaginous taste.

COMPOSITION.—The chief constituents are—(1) Sugar, (2) malic acid, and (3) a purgative principle.

Prunes are contained in Confectio Sennæ, 6 in 75.

ACTION AND THERAPEUTICS.

Prunes are demulcent and slightly laxative. They may be eaten as articles of diet in cases of slight constipation.

FIGS.

Ficus.—The dried fleshy receptacles of *Ficus carica* (Nat. Ord. *Urticaceæ*). Smyrna.

CHARACTERS.—Well known.

COMPOSITION.—The chief constituents are—(1) Sugar 62 per cent. (2) Gum.

Figs are contained in Confectio Sennæ, 12 in 75.

ACTION AND THERAPEUTICS.

Figs are a pleasant food and mildly purgative, forming a convenient remedy for slight constipation. There are in the market pleasant tasting syrups and elixirs of figs. Senna is the active ingredient of most of them. They are, in doses of 1 to 4 drachms taken at night, excellent laxatives.

TAMARINDS.

Tamarindus. The fruit of *Tamarindus indica* freed from the brittle outer part of the pericarp and preserved with sugar (Nat. Ord. *Leguminosæ*). West Indies.

CHARACTERS.—A reddish-brown, moist, sugary mass enclosing strong-branched fibres, and brown, shining seed each enclosed in a tough membranous coat. Taste agreeable, refreshing, subacid.

IMPURITY.—Copper.

COMPOSITION.—The chief constituents are—(1) Tartaric acid and potassium tartrate. (2) Citric, acetic, and other acids. (3) Sugar.

Tamarind is contained in Confectio Sennæ, 9 in 75.

ACTION AND THERAPEUTICS.

Tamarind is pleasant and acid to the taste, and a mild laxative. It may be made into tamarind whey

1 part of tamarinds to 30 of milk) and given as acid, cooling, slightly purgative drink in fevers. It is a good purgative for children, and may be spread on bread and butter.

CASSIA PULP.

Cassia Pulpa. The pulp obtained from the pods recently imported of *Cassia fistula*, the purging cassia (Nat. Ord. *Leguminosae*). East or West Indies.

CHARACTERS. The pods are $1\frac{1}{2}$ to 2 feet long, 1 in. in diameter. Shortly stalked, pointed, blackish brown, very hard, indehiscent; divided internally by their transverse partitions into numerous cells, each containing a solitary smooth, flat, oval, reddish-brown seed, surrounded by pulp. The pulp, which alone is official, is viscid, blackish brown, sweet in taste, sickly in odour.

COMPOSITION.—The chief constituents are—(1) A purgative principle closely allied to cathartic acid. (See Senna, p. 462.) (2) Sugar 60 per cent.

Cassia pulp is contained in *Confectio Sennæ*, about 75.

ACTION AND THERAPEUTICS.

It is a laxative, only given in confection of senna.

CLASS II. Simple Purgatives.

CASTOR OIL.

Oleum Ricini. The fixed oil expressed from the seeds of *Ricinus communis* (Nat. Ord. *Euphorbiaceæ*). India.

CHARACTERS.—Viscid, colourless or pale yellow. Odour faint, characteristic. Taste slight but unpleasant. Sp. gr. 0.950 to 0.965. *Solubility.*—1 in 1 of absolute alcohol, 1 in 5 of alcohol (90 per cent.). These are the characters of the pure oil expressed in the cold. Much that is sold is expressed by the aid of heat. This is dark in colour and very nasty.

COMPOSITION.—The chief constituents are—(1) *Ricinoleate of glyceryl*, $C_2H_5(C_{17}H_{33}O_2)_3$. This constitutes the chief bulk. (2) Other fixed oils, as palmitin, stearin, &c. (3) Possibly an alkaloid, ricinine, not purgative. (4) According to some authorities an active principle which has not yet been isolated.

Dose, 1 to 8 fl. dr.

Preparation.

Mistura Olei Ricini.—Castor oil, 3 fl. oz.; orange-flower water of commerce, 1 fl. oz.; mucilage of gum acacia, $1\frac{1}{2}$ fl. oz.; cinnamon water, $2\frac{1}{2}$ fl. oz. (Contains 3 fl. dr. of castor oil in 1 fl. oz.)

Dose, 1 to 2 fl. oz.

Castor oil is contained in Colodiium Flexile, Linimentum Sinapis, and Pilula Hydrargyri Subchloridi Composita. (Castor-oil seeds are not official, but it is important to recognise them. They are $\frac{3}{8}$ in. long and $\frac{1}{4}$ in. wide, oval, flattened. The seed is prolonged into a sharp beak. Epidermis shiny grey, marked by brownish bands and spots. Kernel white. They contain 50 per cent. of the oil, and an acrid substance which makes them poisonous. Three castor-oil seeds have been known to kill an adult man.)

ACTION.

External.—Castor oil is, like olive oil, protective and sedative, and may be used to drop into the eye when the conjunctiva is inflamed, and as a solvent for homatropine, but this solution is occasionally a little irritating.

Internal.—*Gastro-intestinal tract.*—The nastiness of castor oil is mostly due to the smell, and is not noticed much if the nose is held when the oil is drunk. Medicinal doses produce no effect on the stomach. Reaching the intestine the oil is an excellent **simple laxative** or mild purgative, acting in about five hours, and causing no griping nor subsequent constipation. The motion is soft but not liquid. Castor oil will purge even when rubbed into the skin. The ricinoleate of glyceryl in the oil is decomposed in the duodenum, and the ricinoleic acid purges. Castor oil will purge when given *per rectum*.

Mammary glands.—Applied locally to the breasts it is said to be **galactagogue**.

THERAPEUTICS.

Castor oil is perhaps the best simple purgative we have, and is very useful in cases in which there is slight temporary constipation. Being mild in its action it is very suitable for getting rid of undigested food that is causing diarrhoea, and a dose of castor oil with a minute quantity of laudanum in it is a favourite remedy for certain forms of diarrhoea.

is also especially convenient in pregnancy, after delivery, and when, or any abdominal disease, as enteric fever, peritonitis, or when, after abdominal surgery, the irritation caused by the floor of the abdomen renders necessary to get the bowels open. Also very useful for children, or for very old or infirm persons, or for those suffering from piles or hemorrhoids, as a mild purgative to give before and after the application of antiseptics, and taken daily for weeks or months is valuable for any form of constipation.

Its nastiness is the only objection to it. As early mentioned, this can largely be overcome by loading the nose, and there are many forms of castor oil in the market so prepared as to be almost tasteless and odorless. It may be taken in capsules, but they are bulky. The pharmacopœial form is not to be recommended. Lemon juice or orange juice conceals the taste to some extent, or the oil may be added to a teaspoonful of peppermint water, or then a little brandy added till the oil neither rises nor swims. If the inside and rim of the glass be moistened with the vehicle, the oil, which should, if possible, be between two layers of the vehicle, is fully tasted.

As an enema castor oil 1 fl. oz., warm olive oil 4 fl. oz., mix thoroughly; it is often very useful when cold injection is required.

Breasts. The leaves of the castor-oil plant applied to the breasts will sometimes induce the secretion of milk. A fluid extract of them may also be taken three or four times a day.

Castor-oil seeds are many times more purgative than the leaves. They act in a toxic manner, which, when injected into the blood, is one of the most powerful vegetable poisons known. It is much less active when swallowed as it is largely destroyed by digestive ferments. After death the inflammation of the intestine is violently inflamed, there is erythema all over the body, and blood in the secretions. Ehrlich, by gradually increasing the dose of ricin,

was able to render animals immune to it, and this was shown to be due to the formation in their body of antitoxin, which neutralized the action of the toxin. This discovery was the basis of our knowledge of serum therapeutics.

RHEI RADIX.

Rhei Radix. Rhubarb Root. The erect rhizome, so-called root, partly deprived of its bark and dried, of *Rheum palmatum*, *Rheum officinale* (Nat. Ord. *Polygonaceae*), and probably other species. China and Tibet.

CHARACTERS.—Cylindrical, conical, plano-convex, or in regular pieces. Outer surface sometimes covered with a brassy yellowish powder; rounded or angular, smooth or a little wrinkled, showing beneath the powder reddish-brown lines, mixed with a yellowish-brown substance, and usually small star-shaped spots. The pieces are often bored with a hole, which may contain the remains of the cord used to suspend them to dry. Internally hard, compact, fracture uneven, and with a marbled appearance. Odour peculiar, aromatic. Taste feebly astringent, bitter; there is gritty feeling between the teeth when chewed.

COMPOSITION.—The chief constituents are (1) *Chrysarobin* (synonyms, rhein, chrysophan, see *Chrysarobinum*). (2) *Chrysophanic acid* or *dioxymethylantraquinone*. It is not known whether, when alive, rhubarb contains any chrysophanic acid, for when kept the chrysarobin quickly oxidizes to chrysophanic acid. The chrysarobin gives the yellow colour. (3) *Emodin* or *trioxymethylantraquinone*. (4) *Rheotannic acid*, to which the astringency of rhubarb is due. (5) *Oxalate of lime*, 35 per cent., to which the grittiness is due. (6) Other bodies, about which little or nothing is known.

IMPURITIES.—English rhubarb; different taste, smell, and excess of starch. Turmeric, which is turned brown by boric acid.

Dose, 3 to 10 gr. (repeated administration), **15 to 30 gr.** (single administration).

Preparations.

1. **Extractum Rhei.**—Alcoholic.
Dose, 2 to 8 gr.
2. **Infusum Rhei.**—1 in 20 of boiling water.
Dose, $\frac{1}{2}$ to 1 fl. oz.
3. **Liquor Rhei Concentratus.**—Percolated in the usual way for concentrated liquors. See p. 19.
Dose, $\frac{1}{2}$ to 1 fl. dr.

4. Pilula Rhei Composita. Rhubarb, 6; Socotrine aloes, 4½; myrrh, 3; hard soap, 3; oil of peppermint, 4; syrup of glucose, 5½.

Dose, 4 to 8 gr.

5. Pulvis Rhei Compositus. *Synonym.* Gregory's powder. Rhubarb, 2; heavy or light magnesia, 6; ginger, 1.

Dose, 20 to 60 gr.

6. Syrupus Rhei. Rhubarb, 2; coriander, 2; sugar, 24; alcohol (90 per cent.), 8; water, 24.

Dose, ½ to 2 fl. dr.

7. Tinctura Rhei Composita. Rhubarb, 2; cardamoms, ½; coriander, ½; glycerin, 2; alcohol (60 per cent.), 18. Percolate.

Dose, ½ to 1 fl. dr. (repeated administration);
2 to 4 fl. dr. (single administration).

ACTION.

External.—Probably rhubarb would have, to a mild degree, the same action as Goa powder, but it is never applied externally.

Internal.—*Alimentary canal.*—In the mouth, rhubarb increases the flow of saliva; and in the stomach, in small doses, it, like any other bitter substance, stimulates the flow of gastric juice, and the vascularity and peristaltic movements of the stomach. It is, therefore, a **stomachic**, and will aid digestion. In large doses it causes **purgation**, producing in from four to eight hours a liquid motion, coloured yellow by the chrysophan. Purgation is due to the chrysophanic acid and emodin, both anthraquinone derivatives, and it has been already pointed out that most vegetable purgatives owe their properties to derivatives of this body (see p. 84). The various constituents of rhubarb are said to increase the flow of bile, but certainly its cholagogue action is not sufficiently powerful to explain its purgative properties. It is commonly stated to exaggerate very actively intestinal peristalsis, but there

is no adequate proof of this. It is liable to griping. The purgation is followed by constipation; this is ascribed to the rheo-tannic acid: if so, it is probably absorbed and subsequently re-excreted into the intestine, otherwise it would all be swept away in the purgation.

Kidneys.—The colouring matter is excreted in the urine, and stains it yellow when acid, red when alkaline. The urinary flow is slightly increased.

THERAPEUTICS.

Rhubarb is commonly given to children as a stomachic purgative in indigestion, especially when caused by errors of diet, for it clears away any undigested food, and its stomachic and after-astringent effects are valuable. In the same way it is useful in diarrhoea due to irritation caused by undigested food: here the after-astringency is especially serviceable. A powder of powdered rhubarb and sodium bicarbonate (which hides the taste) equal parts, with some powdered gentian, or a similar fluid medicine, forms an excellent stomachic for young children. Rhubarb should never be given alone, because of the griping it causes.

Purgatin.—(Not official.)

This is the usual name for Anthrapurpurin diacetate.

Dose, 15 to 30 gr.

Purgatin is of great interest, as it is a derivative of anthraquinone, and it was the first made synthetic purgative. It may cause colic, but a great practical objection to it is that it colours the urine a bright red.

Purgen.—(Not official.)

This is the usual name for Dihydroxyphthalophenone or phenolphthalein. It is also called Laxoin.

This body is described here because it can be converted into anthraquinone derivatives. It is an excellent purgative, and being tasteless is suitable for children. It is usually sold in tablets; the smallest contain $\frac{3}{4}$ gr. each, and are used for children: the next larger contain $1\frac{1}{2}$ gr. each, and the largest $7\frac{1}{2}$ gr. It is also sold as palatinoids of Laxoin, containing 2 gr. each. Very little is absorbed, and large doses must be given for any to appear in the urine, but much is excreted by the

es, which therefore turn a brilliant purple when an alkali is added to them. It rarely purges, and if given overnight causes an easy action next morning. It does not irritate the kidneys. Owing to its very slight depressant effect it is suitable for cases of heart disease.

SENNÆ.

Senna Alexandrina.—Alexandrian Senna. The dried leaflets of *Cassia acutifolia* (Nat. Ord. *Leguminosæ*). Alexandria.

CHARACTERS.— $\frac{3}{4}$ to $1\frac{1}{4}$ in. long, lanceolate or oval-lanceolate, acute, unequal at the base, entire, thin, brittle, pale yellowish green. Finely pubescent. Veined on the lower surface. Odour peculiar, faint, tea-like. Taste mucilaginous, sickly. *Resembling senna.*—Leaves of *Solenostemma Argel*, *Uva Ursi*, and *Barosma*, all equal at the base.

IMPERITIES.—Any of the above.

Senna Indica.—East Indian Senna. *Synonym*—Anniveily senna. The dried leaflets of *Cassia angustifolia* (Nat. Ord. *Leguminosæ*). Southern India.

CHARACTERS.—1 to 2 in. long, lanceolate, acute, unequal at the base, thin, entire, yellowish green and smooth above, darker beneath; glabrous or slightly pubescent. Odour and taste like Alexandrian senna.

COMPOSITION OF BOTH KINDS.—The chief constituents are:—(1) *Cathartic acid*, an amorphous sulphated glucoside, $C_{16}H_{12}N_2SO_2$. It exists as salts of earthy bases, such as calcium and magnesium. These salts are soluble in water. Cathartic acid is capable of decomposition into glucose and thartogenic acid. It is the chief purgative principle in senna and other purgatives. (2) Other glucosides, sennalid and sennapicrin, which do not in most preparations contribute to their action, as they are insoluble in water. (3) Chrysophanic acid, or dioxymethylantraquinone (see Rhubarb and Chrysarobinum). (4) Emodin, or dioxymethylantraquinone. (5) A sugar, cathartamine.

Preparations of either Kind.

1. Confectio Sennæ. Senna, 7; licorice fruit, 3; figs, 12; tamarind, 9; castor oil, 2; prunes, 6; extract of liquorice, 1; sugar, 50; water, to make 75.

Dose, 60 to 120 gr.

2. Infusum Sennæ. Senna, 1; boiling water, 10.

Dose, $\frac{1}{2}$ to 1 fl. oz., or as a stimulant, 2 fl. oz.

3. Liquor Sennæ Concentratus. — Percolate with water. *See* p. 19.

Dose, $\frac{1}{2}$ to 1 fl. dr.

4. Mistura Sennæ Composita. *Synonym* Black draught; magnesium sulphate, 5 oz.; liquid extract of liquorice, 1 fl. oz.; aromatic spirit of ammonia, 1 fl. oz.; compound tincture of cardamoms, 2 fl. oz.; infusion of senna, q. s. to make 20 fl. oz.

Dose, 1 to 2 fl. oz.

5. Pulvis Glycyrrhizæ Compositus. — Senna is the most important constituent, 2 in 12 (*see* p. 577).

Dose, 60 to 120 gr.

6. Syrupus Sennæ. — Senna, 40 oz.; oil of coriander, 10 m; sugar, 50 oz.; alcohol (90 per cent.), 40 m; alcohol (20 per cent.), 70 fl. oz.

Dose, $\frac{1}{2}$ to 2 fl. dr.

7. Tinctura Sennæ Composita. Senna, 4 oz.; raisins, 2 oz.; caraway, $\frac{1}{2}$ oz.; coriander, $\frac{1}{2}$ oz.; alcohol (45 per cent.), 1 pint. Macerate.

Dose, $\frac{1}{2}$ to 1 fl. dr. for repeated administration; 2 to 4 fl. dr. for single administration.

ACTION.

External.—None.

Internal.—Senna, because of the cathartic acid in it, stimulates the muscular coat of the intestine, especially the colon, and produces some hyperæmia. Consequently the fluid contents of the small intestine are hurried through the colon, and pale yellow watery stools, containing some undigested food, are the result. Senna acts very feebly or not at all on the biliary secretion. Large doses open the bowels several times and produce griping, but not much hyperæmia. Probably there are other substances in senna beside cathartic acid having a purgative property, but it is by far the most important. Purgation by senna does not cause subsequent constipation. Some constituents of it are absorbed, and may cause the urine to be red. It will purge if injected into the veins, and will impart its purgative properties to the milk of nursing women.

THERAPEUTICS.

Senna is a safe, useful purgative for cases of simple constipation. It is, because of its tendency to gripe and its nauseous taste, rarely given alone. The compound liquorice powder is to be preferred to the *Mistura Sennæ* ("black draught"), as this is a tasty mixture. Senna is largely used to complete the effect of duodenal purgatives, as we see in the old prescription of a blue pill at night and a black draught in the morning. Acting on the colon, it is valuable in slight cases of faecal collection. Compound liquorice powder is much used in habitual constipation and the constipation of pregnancy. Confection of senna, coated with chocolate, forms the well-known purgative *Tamar Indien*, and in this form can be taken by children. It is said that the infusion contains more of the active principles than other preparations; it soon decomposes, but 1 gr. of litre to the fl. oz. will prevent this. Some preparations of figs (*q.c.*) have senna for their active ingredient.

CASCARA SAGRADA.

Cascara Sagrada. *Synonyms.* — Sacred Bark, *Rhamni Purshiani Cortex*. The dried bark of *Rhamnus purshianus*, California buckthorn (Nat. Ord. *Rhamnaceæ*), from the North Pacific coast.

CHARACTERS. — Quills or nearly flat pieces. About 4 in. long, $\frac{1}{4}$ in. wide, and $\frac{1}{16}$ in. thick. Smooth purplish-brown bark almost covered with lichens; inner surface brown, nearly smooth, and striated longitudinally. Fracture short externally, fibrous internally. Characteristic odour. Bitter taste.

COMPOSITION. — The chief constituents are Emodin, also obtained in rhubarb and senna (*q.v.*), Cascarin, Purshianin, glucoside, several resins, various acids, and a volatile oil.

Preparations.

1. **Extractum Cascaræ Sagradæ.** Made by percolation with water.

Dose, 2 to 8 gr.

2. Extractum Cascaræ Sagradæ Liquidum.

—Made with alcohol (90 per cent.) and water.

Dose, $\frac{1}{2}$ to 1 fl. dr.

3. Syrupus Cascaræ Aromaticus. — Liq.

of ch. 8; tincture of orange, 2; alcohol (90 per cent.) 10; distilled water, 3; syrup, 6.

Dose, $\frac{1}{2}$ to 2 fl. dr.

ACTION AND THERAPEUTICS.

Cascaræ sagradæ is a simple laxative and aperient, not causing much griping, and resembling in its action frangula bark, which is no longer official and is now rarely used, but it is more certain and more active. The bitter principle gives it stomachic properties. It is very serviceable for constipation, especially if chronic. Either a single pharmacopœial dose may be taken in the evening, or 10 to 15 m of the liquid extract may be given three times a day before meals. One advantage of its use is that gradually increasing doses are not required. The liquid extract is very bitter; this taste may be concealed by aromatics, liquorice, or sal volatile, and it may be given in chloroform water. The aromatic syrup conceals the bitter taste very well, and a preparation known as Tinctura Laxativa, dose 20 to 60 m. Extractum Cascaræ Sagradæ Liquidum 2, Spiritus Ammoniac Aromaticus 2, Spiritus Chloroformi 2, Tinctura Belladonnæ 1, Tinctura Nucis Vomice 1, is miscible with water, and is a pleasant simple purge which is especially useful for chronic constipation, and may cure it. Cascaræ Jelly, dose 1 to 15, made with agar-agar jelly, makes the face bulky and red.

ALOEES.

Aloe Barbadosensis.—Barbados Aloe. The juice it flows from the transversely cut leaves of *Aloe perfoliata* (Nat. Ord. *Liliaceæ*), West Indies. The variety known as Curacao aloe, which is also official, is included under Barbados Aloe.

Aloe Socotrina.—Socotrine Aloe. The juice that flows from the transversely cut bases of the leaves of *Aloe Perryi*, and probably other species evaporated to dryness (Nat. Ord. *Liliaceae*). The variety known as Zanzibar Aloe, which is also official, is included under Socotrine Aloe. Probably very little of the so-called Socotrine aloes comes from Socotra.

CHARACTERS. The Socotrine variety is viscid and brownish yellow, or when dry in hard, dark brown or nearly black masses with a dull waxy uneven fracture. Odour strong, taste bitter. The Zanzibar variety is in liver-brown masses with a dull, waxy, smooth and even fracture. Both varieties are opaque in even small splinters, and show under the microscope minute crystals imbedded in a transparent mass. **Solubility.** Almost entirely in alcohol (40 per cent.); 50 per cent. of Socotrine aloes dissolves in water. **Resemblance to aloes.** Resins of jalap and guaiacum, which are not bitter.

COMPOSITION. The same as Barbados aloes. The *aloine* is a little different, and is called Socoaloin, but the physiological properties of the two aloins, which are isomeric, are the same.

Dose 2 to 5 gr.

Preparations.

1. Pilula Aloes Socotrinæ. Socotrine aloes, 2; hard soap, 1; oil of nutmeg, $\frac{1}{2}$; confection of roses, 1.

Dose, 4 to 8 gr.

2. Pilula Aloes et Asafetidæ. Socotrine aloes, 2; asafetida, hard soap, confection of roses, of each 1.

Dose, 4 to 8 gr.

3. Pilula Aloes et Myrrhæ. Socotrine aloes, 2; myrrh, 1; syrup of glucose, 1 $\frac{1}{2}$.

Dose, 4 to 8 gr.

Socotrine aloes is contained in Pilula Rhei Composita (1 in 6), Tinctura Benzoini Composita (1 in 60).

Aloin. $C_{10}H_{16}O_5 \cdot 3H_2O$. A crystalline neutral principle extracted from aloes by solvents and recrystallization.

CHARACTERS. Tufts of yellow acicular crystals, odourless but tasting of aloes. **Solubility.** Freely in hot fluids, sparingly in cold water or cold alcohol, not at all in ether. Rapidly altered by alkalis. The specimens of aloin are named according to the variety of aloes from which they are derived; thus we have barbaloin, socoaloin, nataloin (Natal), and zanaloin (Zanzibar). They differ very slightly

in each other; they are isomeric, and their action is the same. Barbaloïn is generally preferred. Aloïn is the active principle of aloes, but it does not gripe so much.

Dose, $\frac{1}{2}$ to 2 gr.

ACTION OF ALOES.

External. — Aloes has no external action on the broken skin, but it can be absorbed from a raw surface, for aloes sprinkled on an ulcer, to which it is a slight stimulant, will lead to purging.

Internal. — *Gastro-intestinal tract.* — In the stomach the bitter principle of aloes causes it to act as a **stomachic**, like other bitters. In the intestine it **increases** the rate of the flow of **bile**, and probably the amount secreted. It produces little influence in the small intestine, but the muscular coat of the **colon** is powerfully **stimulated**, and the intestinal secretion from that part slightly accelerated. Aloes, therefore, purges, and naturally takes some time, usually fifteen to twenty hours, to act; the motion is well formed, not very soft, as there is so little increased secretion of fluid, and it is dark coloured from the bile in it. Sometimes the drug gripes somewhat, because the muscular contraction it produces is irregular. As it acts chiefly on the lower bowel the habitual use of it may lead to piles.

Female genital organs. — Aloes will increase the menstrual flow; it is therefore an **emmenagogue**. It is excreted by the milk, for aloes given to the mother may purge the child. It is stated also to be excreted in the urine.

Barbados aloes is slightly more purgative than Socotrine aloes, and contains a greater proportion of substances soluble in water.

As a rule aloïn acts like aloes, but it does not gripe so much. Some specimens, however, have very little action. This may be owing to adulteration, or differences in the composition of different specimens.

THERAPEUTICS.

Aloes is an excellent purgative for cases of habitual constipation, many of which are due to an imperfect contraction of the muscular coat of the large intestine. It is very commonly given as a dinner pill (1 gr. of extract of aloes, 1 gr. of extract of nux vomica) to sufferers from chronic constipation, and in these cases its bitter principles acting as stomachics aid digestion. If the faeces are hard $\frac{1}{2}$ gr. of powdered ipecacuanha should be added. To avoid griping it is well to combine a little extract of hyoscyamus or a little extract of belladonna with it. One great advantage of aloes is that the dose need not be gradually increased. It is also very commonly given as a pill with nux vomica and a grain or two of the dried sulphate of iron to persons suffering from chlorosis and other forms of anemia. It overcomes the chronic constipation so common in these cases, and some regard this as very important for the cure of the disease. The amenorrhoea so frequently associated with chlorosis is often benefited by aloes, and amenorrhoea due to other causes may also be relieved. Aloes is of great service in many cases of chronic constipation of children. A warm aqueous solution of aloin purge when injected subcutaneously.

Aloes must not be given in peptic ulcers, hemorrhoids, or menorrhagia. An emulsion of it is antihelmintic.

CLASS III.—Drastic Purgatives

SCAMMONEY.

Scammonae Radix.

dried root of *Conium maculatum*.

(*Conium maculatum*). Syria and Asia Minor.

CHARACTERS. The root is a thick, fleshy, and is enlarged, and has remains of aerial stems; shrivelled, contorted, longitudinally furrowed. Externally, greyish brown.

Interior of root yellowish white. Fractured surface
 yellowish. Odor of root like jalap, faint
 taste like jalap, which is smaller.

Scammonium. Scammony. A resin obtained

from the root of *Conium maculatum*.

It is a white, crystalline resin.

Color of root yellowish gray or blackish

gray. Odor of root like jalap, faint. Very brittle

and easily broken into small pieces. Taste like

jalap, which is smaller. An infusion with

water gives a pink color.

When heated gives a pink

color.

Conium maculatum. The root of the plant and the

leaves. 1. To 80 per cent. 2. Gum, 10 to 20 per cent.

Starch.

Dose, 5 to 10 gr

Scammonia Resina. Resin of Scammony.

Scammony. Dose, 5 to 10 gr. Scammony root with
 alcohol 50 per cent. macerate the root with water, wash
 with water and dry it.

Conium maculatum. The root of the plant and the
 leaves. 1. To 80 per cent. Soluble in ether. Tincture
 of jalap, which is the most potent surface of potato.

Conium maculatum. The root of the plant and the
 leaves. 1. To 80 per cent. Soluble in ether. Tincture

of jalap, which is the most potent surface of potato.
 Jalap. 1. To 80 per cent. Soluble in ether. Tincture

Dose, 3 to 8 gr

Preparation

1. Pilula Scammonii Composita.—Scammony
 resin, 1; resin of jalap, 1; curd soap, 1; tincture of
 jalap, 1. (The only official vegetable aperient pill not
 containing alcohol.)

Dose, 4 to 8 gr.

2. Pulvis Scammonii Compositus.—Scam-
 mony resin, 4; jalap, 3; ginger, 1.

Dose, 10 to 20 gr.

Scammony resin also contained in *Extractum Colocyn-
 thidis Compositum* (1 in 6), *Pilula Colocynthis Composita*
 (1 in 3), *Pilula Colocynthis et Hyoscyami* (1 in 4).

ACTION.

Gastro-intestinal tract. Scammony has no effect till it reaches the duodenum. With the bile it forms a **strongly purgative** compound, powerfully stimulating the intestinal glands and causing a profuse secretion of intestinal fluids. There is some exaggeration of vascularity, some irregular stimulation of the muscular coat, but these are comparatively slight, and there is little if any addition to the biliary flow. As a result of these actions, in about four hours there is a profuse **watery evacuation** of the bowels. The drug is, therefore, a powerful **hydragogue cathartic**, and in large doses a strong gastro-intestinal irritant. Its action is attended with some griping. It produces no effect if injected into the blood, and therefore acts only locally on the intestine. It is anthelmintic to both round-worms and tape-worms.

THERAPEUTICS.

Scammony being a prompt purgative, obstinate constipation, in either children or adults, may be treated with it. It may also be given as an anthelmintic.

JALAP.

Jalap.—Jalap. The dried tubercles of *Ipomœa purg.* (Nat. Ord. *Convolvulaceæ*). Mexico.

CHARACTERS.—Irregularly ovoid or oblong, hard, compact roots. Size variable, generally somewhere between a walnut and hen's egg. May be in halves and quarters. Externally dark brown, furrowed, wrinkled with pale lines or scars. Internally dirty yellow or brown, with dark brown irregular circles. Odour smoky, slight. Taste sweetish, acrid, nauseous.

COMPOSITION. The chief constituent is the official resin. The Pharmacopœia directs that jalap should contain from 9 to 11 per cent. of the resin.

Dose, 5 to 20 gr.

Preparations.

1. Extractum Jalapæ. — Made with alcohol (90 per cent.) and water.

Dose, 2 to 8 gr.

2. Pulvis Jalapæ Compositus. Jalap. 5; acid tartrate of potassium, 9; ginger 1.

Dose, 20 to 60 gr.

3. Tinctura Jalapæ. Jalap. 1; alcohol (70 per cent.), 5. Percolate. *Stramonium Compositus* 15 per cent. 1 gallop mouth.

Dose, $\frac{1}{2}$ to 1 fl. dr.

Jalap is contained in Pilula Scammonii Compositus, 3

Jalapæ Resina. Jalap Resin.

Source.—Jalap is digested and percolated with alcohol (40 per cent.). From the tincture thus formed the resin is precipitated with water. It is washed and dried.

CHARACTERES. Dark brown, opaque, brittle fragments, adherent at the edges, breaking with a resinous fracture, often sweetish. Taste acid. *Solubility.* Readily in alcohol (40 per cent.), not in water. *Resembling jalap.*—Aloes, which differs.

COMPOSITION. The chief constituents are—(1) *Convulxin*, a glucoside, a hard substance insoluble in ether, more active than jalapin, and the most abundant active ingredient of jalap. (2) *Jalapin*, a glucoside. Dose, $\frac{1}{2}$ gr. This is a resinous substance, soluble in ether. The tubercles of *Conium maculatum* contain very little, but scammony and other species of *Ipomœa* contain a considerable amount.

Dose, 2 to 5 gr.

Jalap resin is contained in Pilula Scammonii Composita (in 6).

ACTION.

The mode of action of jalap is precisely the same as that of scammony, with only two exceptions. It causes a greater secretion of intestinal juice, and is therefore more hydragogue; it stimulates the vessels and muscular coat less, and therefore is less irritant and griping.

THERAPEUTICS.

Jalap is very largely used as a hydragogue purgative when we want to draw off large quantities of fluid, therefore it is especially suitable for patients with Bright's disease, for those suffering from uræmia, and for those with dropsy from any cause.

It is not to be given if the patient is in the habit of taking croton oil, as it is liable to cause severe diarrhoea.

CROTON OIL.

Oilum Crotonis. The fixed oil expressed from the seeds of *Croton tiglium* (Nat. Ord. *Euphorbiaceae*). *A. J. C.*

Character. - Brownish yellow to dark reddish brown, with a strong odour of croton oil.

Chemical. - Croton oil is a mixture of (1) Stearic acid, $C_{18}H_{36}O_2$, and (2) Triglyceride of methyl crotonic acid, $C_4H_7O_2$, and ethyl crotonic acid, $C_5H_9O_2$. It is a mixture of these two acids, but is not a true oil, as it is not soluble in alcohol.

Dose, 1 to 1 m.

Linimentum Crotonis. Croton oil, 1 part; Alcohol, 1 part.

Croton seeds are small, round, and of a brownish color. They are 1/8 in. long, 1/8 in. broad, ovoid and have a blackish brown color. When scraped they become black. The kernel is white and oily. They yield 50 to 60 per cent. of oil. The oil is brownish yellow, and has a strong odour. It is not soluble in alcohol.

ACTION.

External. - Croton oil is one of the most powerful irritants in the Pharmacopæia. A drop placed on the skin causes redness, burning pain, and quickly a crop of vesicles forms (vesication); these rapidly become pustules (pustulation), and the surrounding subcutaneous tissue is red and œdematous.

Internal.—*Gastro-intestinal tract.*—Very soon after a drop has been taken there is considerable vomiting and abdominal pain. In an hour or two the bowels are opened, and this may subsequently occur several times, the motions becoming more and more liquid. The croton oil greatly aggravates the vascularity of the stomach and intestines, the mucous membrane of which becomes red, oedematous, and angry-looking; there is a great increase of the intestinal secretion, but none of the bile. The drug produces, in fact, severe **enteritis**, and to a less extent **gastritis**. The motions may contain blood. These effects are all due to the crotonoleic acid, which resembles the ricinoleic acid of castor oil, but is much more powerful and is much more easily set free from croton oil, hence the external irritant action of the oil. It is probable that the peristaltic movements are increased also. Croton oil applied to the skin may cause free purgation, the acid being excreted into the bowel.

THERAPEUTICS.

External. Croton oil was formerly employed externally as an irritant and counter-irritant for inflamed joints, pleurisy, bronchitis, phthisis, &c.; but it is not often so used now, as the scars left after the suppuration are very unsightly, the application is too painful, and the inflammation induced too severe. A little croton oil spread over an area not exceeding that of a sixpence may be applied to set up suppuration in the scalp, and so to destroy an inveterate patch of ringworm, if it is wished to cure it quickly. The croton oil will certainly do this, but the resulting suppuration is so severe that the remedy should be used with care, and only when all others have failed. The liniment, well diluted, is occasionally employed to stimulate the skin in alopecia.

Internal.—Croton oil should only be given in very obstinate constipation not due to organic obstruction,

and only one dose should be administered. Not more than one or two drops should be prescribed. Constipation due to lead poisoning and fecal impaction are sometimes suitable cases. Placed on the back of the tongue, it is, on account of its small bulk, a useful purgative for lunatics who refuse to take anything, and for unconscious patients, because in such cases it is swallowed reflexly and acts quickly, and therefore it is commonly given to those who are unconscious from apoplexy, but it must be diluted by mixture with sugar or butter to prevent local inflammation of the tongue. It should never be administered to children, to pregnant women, to feeble subjects, to those with hæmorrhoids, nor to those suffering from peritonitis, gastritis, or enteritis.

Croton-oil seeds contain a poisonous toxalbumin, crotin which resembles ricin (see p. 465).

COLOCYNTH PULP.

Colocynthis Pulp.—The dried pulp of the fruit of *Citrullus colocynthis*, freed from seeds. *Synonym.* Bitter calumba (Nat. Ord. *Cucurbitaceæ*). Imported from Smyrna, Trieste, France, and Spain.

CHARACTERS. More or less broken, whitish, very light spongy, tough balls, about 2 in. in diameter, consisting of the pulp in which the seeds are embedded. The broken-up pulp without the seeds is alone official. This is light, spongy whitish, odourless, with an intensely bitter taste.

IMPURITIES.—Seeds and cortex.

COMPOSITION. The chief constituents are (1) *Colocynthin*, an amorphous or crystalline, bitter, active glucoside, readily soluble in water and alcohol. (2) Resinous matter having the names of citrullin, colocynthein, and colocynthisin, insoluble in water.

Preparations.

1. Extractum Colocynthis Compositum.

Colocynth pulp, 6; extract of Barbados aloes, 12; resin of scammony, 4; curd soap, 4; cardamoms, 1; alcohol (60 per cent.), 100.

Dose, 2 to 8 gr.

2. Pilula Colocynthis Composita. Colocynth pulp, 1; Barbados aloes, 2; resin of scammony, 2; potassium sulphate, $\frac{1}{4}$; oil of cloves, $\frac{1}{4}$; water, q. s.

Dose, 4 to 8 gr.

3. Pilula Colocynthis et Hyoscyami. Pilula colocynthis composita, 2; extract of hyoscyamus, 1.

Dose, 4 to 8 gr.

ACTION.

In small doses colocynth acts as a simple bitter, increasing the gastric and intestinal secretions and improving the appetite. In larger doses it augments the flow of bile and succus entericus considerably, stimulates the muscular coat, causes a little griping, and leads to the evacuation of a watery motion. In still larger doses the hypersecretion is excessive and the griping is severe because the muscular coat is powerfully irritated, and several abundant watery motions result. The drug may therefore be called drastic, hydragogue, and cathartic. The depression produced may be considerable.

THERAPEUTICS.

Colocynth should never be given alone, because of the griping it causes. In the colocynth and hyoscyamus pill, which is often prescribed, the hyoscyamus prevents this painful result. Colocynth is an excellent purgative for producing a single abundant evacuation of the bowels in chronic constipation, such as that so often met with in persons suffering from hepatic disorder, and in those confined to bed. Because of the watery character of the motions it may be given in ascites or Bright's disease, but calap or scammony is usually preferred. It is too irritant for habitual use. It should never be administered if there is any suspicion of intestinal or gastric inflammation, nor in pregnancy. It is often combined with milder purgatives. A diuretic action has been claimed for it, but this is unimportant.

ELATERIUM.

Elaterium.—A sediment of the juice of *Echallium elaterium*. The Squinting Cucumber (Nat. Ord. *Cucurbitaceae*).

CHARACTERS.—In light, friable, greenish-grey, flattened, or slightly incurved pieces, about $\frac{1}{10}$ in. thick. Odour faint, tea-like. Taste bitter, but should not be tasted, as it is so active.

IMPURITIES. Starch, flour, chalk.

COMPOSITION.—The chief ingredient is *elaterin*.

The Pharmacopœia directs that elaterium should contain from 20 to 25 per cent. of elaterin.

Dose, $\frac{1}{10}$ to $\frac{1}{2}$ gr.

Elaterinum.—Elaterin. $C_{20}H_{28}O_5$. A neutral body, the active principle of elaterium.

CHARACTERS. Small, colourless, hexagonal scales with a bitter taste (but never to be tasted). **Solubility.**—Not in water, sparingly in alcohol, easily in chloroform.

Dose, $\frac{1}{40}$ to $\frac{1}{10}$ gr.

Preparation.

Pulvis Elaterini Compositus.—Elaterinum, 1
sugar of milk, 39.

Dose, 1 to 4 gr.

ACTION.

The action of elaterium depends entirely on the elaterin. This is so powerful that if elaterium is prescribed it must not exceed the official strength. Elaterin is **violently purgative**, producing profuse watery evacuations attended with griping and much prostration. It acts like colocynth, and except that it is much more energetic the description of that drug will apply to it. It increases the salivary secretion. When injected subcutaneously it purges. It is the most powerful hydragogue purgative in the Pharmacopœia.

THERAPEUTICS.

Elaterin should not be given in ordinary constipation, as it is too violent in its effects, but on account of the large amount of fluid it brings away it is in suitable cases very useful in ascites and in

Bright's disease. The same cautions as were enumerated for colocynth are still more necessary here. It should not be given, or only with great care, in heart disease, on account of the depression produced.

GAMBOGE.

Cambogia.—Gamboge. A gum-resin obtained from *Garcinia hanburii* (Nat. Ord. *Guttifera*). Imported from Siam.

CHARACTERS. Cylindrical rolls, solid or hollow, longitudinally striated. Single or agglutinated into masses. Break with a smooth, conchoidal, glistening fracture. Reddish yellow, changing to yellow when rubbed with water. Taste astringent. Powder bright yellow.

COMPOSITION.—The chief constituents are (1) A brilliant yellow resin, *gambogic acid*, 73 per cent. (2) Gum, 23 per cent. This is soluble, so that an emulsion of gambogic acid formed with water.

IMPURITIES.—Starch, woody fibre.

Dose, $\frac{1}{2}$ to 2 gr.

Preparatum.

Pilula Cambogiæ Composita.—Gamboge, 1; Barbados aloes, 1; compound powder of cinnamon, 1; hard soap, 2; syrup of glucose, 1.

Dose, 4 to 8 gr.

ACTION.

Gamboge is a drastic hydragogue purgative, causing much griping, and in large doses great irritation of the alimentary canal. Most of it passes in the faeces, but some is absorbed, causing the urine to be yellow. It is slightly diuretic.

THERAPEUTICS.

It is not often prescribed, as it is uncertain, and grips considerably. It should never be given alone. It has been used as an anthelmintic.

CLASS IV.—Cholagogues.

PODOPHYLLUM.

Podophylli Rhizoma.—Podophyllum Rhizome. The dried rhizome and roots of *Podophyllum peltatum*, the

American May-apple (Nat. Orl. *Berberidaceae*). Imported from North America.

CHARACTERS. Pieces of variable length and about $\frac{1}{2}$ to 1 in. thick, flattened, cylindrical, with irregular tuberosities which are marked above by a depressed circular scar, and break off below a number of very brittle brownish rootlets.

When these are broken off, a corresponding number of whitish scars; externally dark reddish brown, smooth or wrinkled; fracture short; internally whitish and mealy or yellowish brown and horny. Odour faintly narcotic. Taste bitterish, acid, nauseous.

COMPOSITION.—The chief constituents are (1) The alkaloid *berberine*. (2) The official resin, which is the purgative principle.

Podophylli Resina.—Podophyllum Resin.

Synonym. Podophyllum

SOURCE. Extract the root with alcohol (90 per cent.) and precipitate the resin with water acidulated with hydrochloric acid. Wash and dry.

CHARACTERS. A pale yellow to deep orange-brown amorphous powder, soluble in alcohol and ammonia.

COMPOSITION.—Podophyllum resin contains at least two other resins, one soluble and the other insoluble in ether. These resins contain an active purgative crystalline body, podophyllotoxin. This, it is said, can be split up into piero-podophyllie acid, which is inert, and piero-podophyllin, a crystalline neutral body, the active principle. Both these also exist free in the rhizome.

INCOMPATIBLES. Water precipitates it from alcohol, acid precipitates it from ammonia.

Dose, $\frac{1}{4}$ to 1 gr.

Preparation.

Tinctura Podophylli.—Resin of podophyllum, 320 gr.; alcohol (90 per cent.), 20 fl. oz. Macerate.

This contains twice the proportion of the resin as the tincture B. P. 1885.

Dose, 5 to 15 m.

ACTION.

External.—It has no external action unless applied to raw surfaces, from which it may be absorbed and then it will purge.

Internal. *Gastro-intestinal tract.* Podophyllum has a bitter taste. It is in large doses a powerful

gastro-intestinal irritant, and has caused death. In medicinal doses it gives rise to much griping pain, perhaps some nausea, and in about ten hours there is an **evacuation of the bowels**; the motion, which is liquid, is deeply stained with bile. The pain shows that the muscular coat is stimulated, the liquidity that probably an excess of intestinal fluid is secreted, and the colour that the drug is an indirect cholagogue (p. 95). In small doses podophyllum is by some believed to increase the secretion of bile, and certainly the solids in it are greater; in purgative doses it is said not to increase the quantity, but that more bile is poured from the gall bladder into the intestine. It probably acts after absorption, for all its effects can be produced if it is injected subcutaneously.

THERAPEUTICS.

Podophyllum is only used for its cholagogue purgative action. It is especially suitable for constipation due to hepatic disorder, whether functional, as in the hepatic dyspepsia which commonly goes by the name of biliousness, or organic, as in hepatic cirrhosis and cancer. It must be remembered that, as it causes much griping, it should be combined with hyoscyamus or some other drug to overcome this; that it takes a long while to act, and will therefore be swept away before it has produced any effect if given with quickly acting purgatives; and that it is better to begin with small doses, as people are very unequally affected by it. It may be advantageously combined with calomel in a pill. It is so disagreeable to the taste that it is better to dissolve the resin in aromatic spirits of ammonia (1 gr. to 1 fl. dr.) than to use the pharmacopœial tincture, as water does not precipitate the resin from ammonia, but it does from the pharmacopœial tincture.

EUONYMUS BARK.

Euonymi Cortex.—Euonymus Bark. The dried root-bark of *Euonymus atropurpureus*. *Synonyms.*—Wahoo, spindle-tree, hominy bush (Nat. Ord. *Celastrineæ*). United States.

CHARACTERS.—Incurved or quilled pieces, $\frac{1}{12}$ to $\frac{1}{4}$ in. thick. Colour light ash-grey with darker patches. Inner surface tawny white and smooth, when freed from fragments of white wood. Taste at first sweet, then bitter and acid.

COMPOSITION.—The chief constituents are (1) *euonymin*, a resin, (2) a paragan, and (3) oxalic acid.

Preparation.

Extractum Euonymi Siccum (commonly called *euonymin*).—Euonymus bark, 20 oz., is percolated with alcohol (45 per cent.); the liquid is evaporated till a brown dry powder is left, which is incorporated with a quarter of its weight of calcium phosphate, the object of which is to prevent it from agglutinating. It must be kept in a well-stoppered bottle.

Dose, 1 to 2 gr.

ACTION AND THERAPEUTICS.

In small doses euonymin stimulates the appetite and the flow of gastric juice. In larger it is irritant to the intestine and is cathartic. It is an indirect cholagogue (p. 95), but does not gripe or cause much intestinal secretion. Some state that it increases the solids of the bile. It has slight diuretic and expectorant effects, but its only use is as a purgative for those cases of constipation in which the liver is disordered, and for which it is particularly efficacious. It is usually combined in a pill with other cholagogues, as iridin and calomel.

Iridin.—(Not Official.)

SOURCE.—Iridin. The powdered extractive obtained from the root of *Isoselinis*, the blue flag (Nat. Ord. *Umbelliferae*). Britain.

CHARACTERS.—A thick brown, bitter, resinous powder.

Dose, 1 to 3 gr. in a pill with glycerin of tragacanth or extract of henbane.

ACTION AND THERAPEUTICS.

Iridin is a cholagogue, increasing chiefly the biliary fluids, and as it rarely gripes it may be given when it is required to use a cholagogue purgative daily for some time. It may be combined with enonymin, calomel, podophyllin, and other cholagogue purgatives.

GROUP VI.

Volatile Oils.

These, when applied externally, stimulate the skin, and cause **redness**, sometimes even vesication, tingling, and consequent numbness. Taken internally, they stimulate the gastro-intestinal tract, increasing its vascularity, the flow of saliva, of gastric juice, and of succus entericus; and they excite un-striped muscular fibres. Thus in moderate doses they are **stomachics** and **carminatives**; in large doses they are gastro-intestinal **irritants**. Their irritation of the stomach reflexly stimulates the heart and the central nervous system. They are absorbed and excreted by the skin, which they may irritate, and by the bronchial mucous membrane, which they consequently stimulate, increasing the amount of secretion from it, its vascularity, the expulsive power of its un-striped muscle, and reflexly this irritation leads to coughing; consequently they are **expectorants**. They are also largely excreted by the kidneys, which are stimulated even to inflammation, and hence these drugs are often **diuretic**; and by the **genito-urinary mucous membrane**, which is also stimulated, often so energetically that it becomes inflamed. Some volatile oils act strongly in all these ways; others act much more powerfully in some than in others. They will be classified according to the tissues on which they chiefly act, for the action for which they are mostly used.

CLASS I.—Volatile oils (or substances containing them) acting chiefly upon, or used chiefly for their stimulation of, the **skin**.

Oil of Turpentine, Wood Wool, Tar, Oil of Cade, Burgundy Pitch, Resin, Frankincense, Canada Balsam, Mustard, Oil of Cajuput, Oil of Eucalyptus, Oil of Rosemary, Arnica, Mezereon Bark.

CLASS II. Volatile oils (or substances) containing them, acting chiefly upon, or used chiefly for their stimulation of the **gastro-intestinal tract**.

Pyrethrum, Cloves, Pimento, Pepper, Nutmeg, Cinnamon, Horseradish, Capsicum, Ginger, Cardamoms, Sumbul, Oil of Lavender, Oil of Peppermint, Oil of Spearmint, Anise, Coriander, Fennel, Caraway, Dill, Elder Flowers, Chamomile, Rose.

CLASS III. Volatile oils (or substances) containing them, acting chiefly upon the stomach, so as to reflexly stimulate the **heart and central nervous systems**, or chiefly used for this purpose.

Valerian, Asafetida, Galbanum, Ammoniacum, Myrrh.

CLASS IV. Volatile oils (or substances) containing them, acting chiefly upon, or used chiefly for their stimulation of the **bronchial mucous membrane**.

Terebene, Balsam of Peru, Balsam of Tolu, Storax, Oil of Pine.

CLASS V. Volatile oils (or substances) containing them, acting chiefly upon, or used chiefly for their stimulation of the **kidneys and genito-urinary tract**.

Oil of Juniper, Buchu, Copaiba, Cubebs, Oil of Sandal-wood.

CLASS I. OF Volatile Oils.

Those used chiefly for their action on the skin.

OIL OF TURPENTINE.

Oleum Terebinthinae. Oil of Turpentine. The oil distilled, usually by the aid of steam, from the oleo-resin (common turpentine) exuding from *Pinus sylvestris* and other species of *Pinus*. (Other common species are *P. austriaca* and *P. taeda*, America; *P. pinaster*, France; *P. sylvestris*, Russia). Rectified if necessary. (All Nat. Ord. *Coniferae*.)

CHARACTERS.—Limpid, colourless. Odour strong, peculiar. Taste pungent, bitter. Begins to boil at 320° F., and almost entirely distils below 356° F. Neutral. Mixes with other volatile and fixed oils. Dissolves resins (the solution forms varnish), wax, sulphur, phosphorus, and iodine. *Solubility*.

Not at all in water, 1 in 6½ of alcohol (90 per cent.), 3 in 10 of ether, and in all proportions in absolute alcohol, bisulphide of carbon, and chloroform. It is easily oxidized. Old oil of turpentine is an ozonizing agent; it readily absorbs oxygen and becomes converted into an oleo-resin. French oil of

entine is levo-rotatory, some of it comes from *P. maritima*.

English oil of turpentine, which mostly comes from America, and Russian oil of turpentine are dextro-rotatory.

COMPOSITION. Oil of turpentine is a mixture of (1) several terpenic hydrocarbons (*terpenes*), all having the formula $C_{10}H_{16}$. The chief of them found in the oil are pinene, limonene, and dipentene. They vary in their optical points and the direction in which they rotate the plane of polarization. The principal terpene in American oil of turpentine is dextropinene; the principal terpene in English oil of turpentine is levopinene. (2) Sesquiterpenes. (3) Bornyl acetate. Most turpentine contains about 1 per cent. of oil of turpentine. Many official volatile oils, such as lavender, peppermint, chamomile, caraway, cloves, contain various terpenes, all isomeric, and all having the formula $C_{15}H_{24}$. An oxidation product of terpene is camphor, $C_{15}H_{22}O$, which is pharmacopœal (see p. 600). Santalol, $C_{15}H_{26}O$, is another product of the oxidation of a terpene.

Dose, 2 to 10 m., or 3 to 4 fl. dr. (anthelmintic)

1 fl. dr. is emulsified with thorough tituration emulsified with 1 fl. oz. of water.

Preparations.

1. Linimentum Terebinthinæ. Oil of turpentine, 13; camphor, 1; soft soap, $1\frac{1}{2}$; water, 5.

2. Linimentum Terebinthinæ Aceticum. Oil of turpentine, 4; glacial acetic acid, 1; liniment of camphor, 4.

ACTION.

External. Oil of turpentine has to a marked degree the action of other volatile oils. Thus, applied to the skin, especially if rubbed in, it causes the vessels to dilate, there is a sense of warmth, the skin becomes red, and subsequently common sensation is blunted. This oil is therefore **rubefacient**, **irritant**, and **counter-irritant**. If enough is applied it is a **vesicant**. Like the other volatile oils it is **antiseptic** and **disinfectant**. It is absorbed by the unbroken skin.

Internal.—*Alimentary canal.*—Oil of turpentine has the same stimulant effect when locally applied to the mouth and pharynx as it has on the skin,

and in the stomach it powerfully dilates the vessels, increases peristalsis and the gastric secretion, and reflexly stimulates the heart, but on account of its nauseous taste it is not used for these properties, which it has in common with other volatile oils. Its effects on the intestine are the same as those on the stomach, the most marked being its energetic stimulation of the muscular coats, hence it is a strong **carminative**, expelling gas from the bowels. If a very large amount is given the excitation of the muscular coat leads to **purging**, the motions sometimes containing blood, hemorrhage resulting from the great vascular dilatation. Oil of turpentine is **anthelmintic**, killing the tapeworm when administered in doses of 2 to 4 fl. dr.; but this treatment may cause severe symptoms. When given as an enema it kills the threadworm.

Circulation.—Oil of turpentine is readily absorbed. Formerly it was thought to stimulate the heart, but any action in this direction is very slight. It contracts the vessels, acting on the vaso-motor centre, and for this reason and because, locally applied to a bleeding vessel, it clots the blood, it is a **hæmostatic**. The blood-pressure rises. After a large dose of any variety this stimulation is followed by depression, the heart beats feebly, the vessels dilate, and blood pressure falls.

Respiration.—When inhaled, oil of turpentine acts on the bronchial mucous membrane as it does on the skin, irritating it, dilating the vessels, increasing and disinfecting the secretion, stimulating the muscles of the bronchi, and reflexly exciting cough. If given internally, as some of it is excreted by the bronchial mucous membrane, similar effects are produced. At the same time the activity of the respiratory movements is increased from central stimulation, so that the drug is a **powerful expectorant**.

Nervous system.—Oil of turpentine in large doses is a severe depressant to the nervous system, producing languor, dulness, sleepiness, and unsteady gait. Toxic doses cause coma and paralyse the sensory nerves; consequently reflex action is abolished.

Kidneys.—It acts more powerfully on these than on any other volatile oil. Even moderate doses may lead to pain in the loins, scanty high coloured urine, albuminuria, and hæmaturia. The urinary passages are also irritated; consequently, owing to muscular spasm, there is difficulty in passing water, micturition is painful, and a sensation of heat in the prepuce is present (these symptoms constitute strangury). If a large dose has been given the urine may be completely suppressed. Turpentine causes the urine to smell of violets. Some of it is excreted unchanged, some in combination with glycuronic acid.

Skin.—Oil of turpentine is excreted by the skin, and may cause an erythematous rash.

Some is excreted by the respiratory mucous membrane, the milk, bile, and intestinal mucous membrane.

It is said to be a mild antipyretic. Oil of turpentine is an antidote to phosphorus, and it is stated that old oil of turpentine and French oil of turpentine are preferable, but this is doubtful.

THERAPEUTICS.

External.—Oil of turpentine is very largely employed as an irritant or counter irritant in various forms of chronic inflammation, such as osteoarthritis, bronchitis, or pleurisy. The liniments form useful applications. They may also be rubbed in over painful areas, as in neuralgia, myalgia, rheumatic pains, and lumbago. Sometimes it is used as a parasiticide for ringworm. Sanitas is an aqueous

solution of common turpentine, which has been allowed to oxidize in the air. Its active antiseptic principle is peroxide of hydrogen (see p. 120), and it contains a little thymol. It is a very pleasant disinfectant, but is not so strong as carbolic acid.

Internal. *Stomach and Intestines.* Oil of turpentine is not often prescribed for its carminative and stomachic effects, though given either by the mouth or as an enema (1 fl. oz. to 15 fl. oz. of mucilage or starch) it is often very efficacious in removing the intestinal distension due to gas. If it is used as an anthelmintic, 2 to 4 fl. dr. emulsified in mucilage and followed by a dose of castor oil should be given. Sometimes it promptly relieves gastric or intestinal hæmorrhage, such as that due to gastric ulcer or typhoid fever. Whenever it is prescribed as a hæmorrhagic, considerable doses, 30 to 60 m., suspended in mucilage, should be administered every hour for a few hours.

Circulation.— It is not employed to influence the circulation except as a hæmorrhagic. It has the reputation of being fairly efficacious in arresting hæmorrhage.

Respiration. It is not much used as an inhalation, for the vapor of *Oleum Pini* (see p. 537) is less pleasant; but it might be employed to disinfect foul bronchial secretions, and to stimulate the mucous membrane in chronic bronchitis.

It should be remembered that oil of turpentine must be given internally with great care because of its liability to cause inflammation of the kidneys; indeed, this fact and its nasty taste account for its not being so often administered as would otherwise be the case. It should never be given to the subject of Bright's disease.

Wood Wool. (Not official.)

This is finely comminuted pine wood rendered antiseptic with corrosive sublimate.

ACTION AND THERAPEUTICS.

It is very absorbent, is used for dressing wounds, and is very popular in the form of diapers (sanitary cloths) for use during menstruation or uterine discharges, or after delivery. It is also used for infants' napkins, for gonorrhoea bags, and for making ice poultices (see p. 117).

TAR.

Pix Liquida.—Wood Tar. A bituminous liquid obtained from the wood of *Pinus sylvestris*, and other species of *Pinus* (Nat. Ord. *Coniferae*), by destructive distillation, and is in commerce as Stockholm Tar.

CHARACTERS.—It is thick, black, and of a peculiar odour peculiar, aromatic. Water shaken with it acquires a brown colour, empyreumatic taste, and acid reaction. 1 in 10 of alcohol (90 per cent.), slightly in oil of turpentine or olive oil, 1 in 3 of a solution of caustic soda. On distillation it gives off an empyreumatic oil (oil of tar), which is official in the United States, and pyroligneous acid. The residue that remains behind is pitch. This is black, solid, melting in boiling water.

COMPOSITION.—Wood tar is a very complex substance. The constituents are (1) Oil of turpentine (see p. 190), (2) Creosote (see p. 320), (3) Phenols (see p. 314), (4) Pyrene (see p. 564), (5) Acetone, (6) Acetone, (7) Naphthalene, (8) Methyl alcohol, (9) Benzene.

Dose, 20 to 60 m., in the form of pills.

Preparation.

Unguentum Picis Liquidæ. Wood tar, 1; yellow beeswax, 2.

Pix Carbonis Præparata. Prepared coal tar. **SOURCE.**—Commercial coal tar is distilled and treated at 100° F. for 1 hour.

COMPOSITION.—It contains chiefly (1) Benzene and other volatile hydrocarbons, (2) Phenols, (3) Solid hydrocarbons, as naphthalene and anthracene.

Preparation.

Liquor Picis Carbonis. Quillaia bark, 2 oz.; alcohol (90 per cent.), 20 fl. oz. To the percolate is added prepared coal tar, 4 oz. When in prescribing water is added to this solution of tar the quillaia helps to suspend the precipitated tar.

ACTION.

External.—Tar has precisely the same actions as oil of turpentine, but is not so powerful, therefore the vascular dilatation rarely proceeds to the stage of vesication; but pustules may result if the tar is rubbed in.

Internal. It is very liable to upset digestion; in large doses it causes epigastric pain, vomiting, severe headache, dark urine, and other symptoms of carbolic acid poisoning (*see* p. 319). Some of its constituents are excreted by mucous membranes, especially the bronchial, on which it acts as a disinfectant stimulating expectorant.

THERAPEUTICS.

External.—Tar ointment, which is rather hard, and may be softened by replacing half the wax with almond oil, is often applied as a stimulant to chronic skin diseases, such as psoriasis and chronic eczema. Because of its mildly local anæsthetic action, it is sometimes useful in pruritus.

Liquor Picis Carbonis is a favourite preparation for many skin diseases. It is an imitation of the popular Liquor Carbonis Detergens, which is an alcoholic solution of ordinary coal tar.

Internal. Coal tar is rarely prescribed for internal use. Wood tar is only given as an expectorant, and it is very valuable for chronic bronchitis. It may be prescribed as a pill, as perles, or as the Syrupus Picis Liquidæ (B. P. Codex, dose 1 to 2 fl. dr.), or as Vinum Picis (a saturated solution of wood tar in sherry, dose 1 to 4 fl. dr.), or as the French preparation eau de goudron. Tar water is made by stirring a pint of wood tar with half a gallon of water for fifteen minutes and decanting. The dose is a pint daily. It may be used externally as a wash. The Syrup of Tar with Syrup of Virginian Prune (*see* p. 442) and $\frac{1}{2}$ gr. of Apomorphine hydrochloride forms an excellent cough mixture.

OIL OF CADE.

Oleum Cadinum.—*Synonyms.* Huile de cade. Higher tar oil. An empyreumatic oily liquid obtained by the destructive distillation of the woody portions of *Juniperus communis* (Nat. Ord. *Coniferae*) and other species.

CHARACTERS. An empyreumatic, dark reddish-brown, thick, oily liquid. Odour smoky, tar-like. Taste aromatic. *Sp. gr.* 0.99. *Solubility.* Freely in ether and chloroform, freely in alcohol, not in water. Mixes readily with fats and resins.

COMPOSITION. Probably similar to that of wood tar.

ACTION AND THERAPEUTICS.

Oil of cade has the same action on the skin as tar, but it is preferable, as the odour is pleasanter. The diseases treated by the application of it are psoriasis, chronic eczema, and pruritus. A usual formula is oil of cade 1, soft soap 4, alcohol (90 per cent.) 4, but an ointment made by melting it with an equal part of yellow wax is a more agreeable preparation.

BURGUNDY PITCH.

Pix Burgundica. The resinous exudation from the stem of *Picea excelsa*, the spruce fir (Nat. Ord. *Coniferae*), collected and strained. Austria.

CHARACTERS.—Hard and brittle, yet gradually adapting itself to the form of the vessel in which it is contained. Colour, dull reddish or yellowish brown, fracture clear and conchoidal. Odour agreeable, aromatic, especially when heated. Taste sweet, aromatic. Readily soluble in glacial acetic acid.

IMPURITIES. Palm oil, resin, and water, detected by not being soluble in glacial acetic acid.

COMPOSITION. The chief constituents are pimaric acid and a volatile oil.

Preparation.

Emplastrum Picis. Burgundy pitch, 26; frankincense, 13; resin, $4\frac{1}{2}$; yellow beeswax, $4\frac{1}{2}$; olive oil, 2; water, 2.

ACTION AND THERAPEUTICS.

Pitch is used as a basis for plasters. It is mildly stimulant to the skin.

RESIN.

Resina. *Synonym.*—Rosin. The residue left after distillation of turpentine from the crude oleo-resin of various species of *Pinus* (Nat. Ord. *Coniferae*).

Characteristics.—Translucent, yellowish, brittle, pulverulent. Fracture lustrous. Odour and taste like turpentine. Burns with a green flame and much smoke. Soluble in alcohol, ether, chloroform, and carbon bisulphide.

Composition.—The chief constituent is abietic acid $C_{19}H_{31}COOH$, a crystalline substance.

Preparation.

1. Emplastrum Resinæ. *Synonym.*—Adhesive plaster. Resin, 2; lead plaster, 16; hard soap, 1.

2. Unguentum Resinæ. *Synonym.*—Basilicon. Resin, 8; yellow beeswax, 8; olive oil, 8; alcohol, 6.

Preparation continued in many parts.

ACTION AND THERAPEUTICS.

Resin is antiseptic and slightly stimulant, and is, therefore, an excellent application for indolent ulcers, sores, and wounds. Resin soap, formed by boiling together in an evaporating dish for two hours 1800 gr. of resin, 300 gr. of caustic soda, and 1 pint of water, separating the soap by a strainer, and drying on a water-bath, may be used as an emulsifying agent, but the taste is very disagreeable.

FRANKINCENSE.

Thus Americanum. Frankincense. The concrete resin scraped off the trunks of *Pinus palustris* and *Pinus resinosa* (Nat. Ord. *Coniferae*). Southern United States.

Characteristics.—When fresh it is a soft, yellow, opaque, tough solid, becoming darker, dry, and brittle by keeping. Odour and taste as of turpentine.

Composition.—It is an oleo-resin.

Frankincense is contained in Emplastrum Picis.

ACTION AND THERAPEUTICS.

Frankincense is used for the same purposes as resin (see p. 498).

CANADA BALSAM.

Terebinthina Canadensis. Canada Turpentine or Canada Balsam. The oleo-resin obtained from *Abies Canadensis* (Nat. Ord. *Coniferae*). Canada.

CHARACTERS. It is pale yellow, faintly greenish, transparent, fluid, of the consistency of thin honey. Odour peculiar, agreeable. Taste slightly bitter. It slowly dries, leaving a transparent varnish. Readily soluble in ether, and in most spirits.

COMPOSITION. It is an oleo-resin, and contains oils and resin, combining with the oil of turpentine and resin.

Cruciferae—*Colchicum* Florida.

ACTION AND THERAPEUTICS.

Canada balsam is rarely used except for its physical property of drying to form an adhesive varnish. It has the same action as oil of turpentine.

MUSTARD.

Sinapis Albae Semina. White Mustard Seeds. The dried ripe seeds of *Brassica alba* (Nat. Ord. *Cruciferae*).

CHARACTERS. About 1/16 in. in diameter, roundish, pale green, very finely pitted, hard, externally yellow, oily. In odour. Taste pungent.

COMPOSITION. The chief constituents are: (1) A bland oil. (2) *Sinapisin* or *allyl isothiocyanate*, the latter is an enzyme, in contact with water converts sinigrin, which is a glucoside, into a fixed pungent body called acrinyl isothiocyanate, allyl isothiocyanate, and sinapin sulphate.

Sinapis Nigrae Semina. Black Mustard Seeds. The dried ripe seeds of *Brassica nigra* (Nat. Ord. *Cruciferae*).

CHARACTERS. Scarcely half the size of white mustard seeds. Roundish, dark reddish or greyish brown, finely pitted, hard; yellow internally. Inodorous if dry even when powdered, but when rubbed with water yielding a strong pungent odour and irritating the eyes. Taste very pungent. *Resembling black mustard seeds.* *Colchicum* seeds which are larger, lighter, and not quite globular.

COMPOSITION. The chief constituents are—(1) The same fixed oil as the white seeds, about 35 per cent. (2) *Sinigrin* (which is potassium myronate, $C_{10}H_{16}KO_6NS_2$, a potassium salt of myronic acid, which is a crystalline glucoside) and an enzyme which on contact with water convert it into the official volatile oil of mustard (C_4H_5NCS , which is allyl isothiocyanate), glucose, and potassium hydrogen sulphate. The volatile oil is very pungent, and its development on the addition of water explains the pungency of ordinary mustard.

Oleum Sinapis Volatile. The volatile oil distilled from black mustard seeds after maceration with water.

CHARACTERS. Pale yellow or colourless; intensely pungent and irritant. Sp. gr. 1.018 to 1.030. *Solubility.* - 1 in 50 of water, readily in spirit and in ether.

COMPOSITION. - It contains 95 per cent. or more of *Allyl isothiocyanate*, C_4H_5NCS .

Preparation.

Linimentum Sinapis. Volatile oil of mustard, 2; camphor, 3; castor oil, 7; alcohol (90 per cent.), 43.

Sinapis. Black and white mustard seeds powdered and mixed.

CHARACTERS. A greenish-yellow powder, of an acid, bitterish, pungent taste; odourless when dry, but exhaling when moist a characteristic pungent odour, and very irritating to the nostrils and eyes.

IMPURITIES. Starch and flour.

Preparation.

Charta Sinapis. - Extract the fixed oil from bruised mustard seeds with benzol. Dry and powder the residue. Mix 75 grains of it with 5 fl. dr. of the Liquor Caoutchouc and spread on one side of 30 square inches of cartridge paper.

ACTION OF MUSTARD.

External. - Mustard is a typical powerful local irritant. Thus it first produces dilatation of the vessels, which causes redness of the skin (rubefacient effect) and a sensation of warmth. Because of the irritant action of mustard on the sensory nerves, a severe burning pain is soon felt. This irritation of the nerves is followed by their paralysis, consequently there is a local loss of sensibility, and a diminution

both of the pain produced by the mustard and of any that may have been present before its application. The irritation of the vessels leads to the transudation of plasma through them; thus, collecting under the epidermis, raises it, and thus **vesicles**, blebs, or blisters are formed (vesicant effect). Mustard is also **counter-irritant** (see p. 55): that is to say, the stimulation of the cutaneous nerves reflexly leads to an alteration in the size of the vessels of the viscera under the seat of application.

This excitation of the sensory nerves is sufficiently powerful to **reflexly stimulate the heart and respiration**, and sometimes to restore consciousness after fainting.

Internal. *Gastro-intestinal tract.* Mustard also acts here as an irritant. Taken in the usual small quantities as a condiment, it causes a sense of warmth in the stomach, it moderately **stimulates** the secretion of gastric juice and the peristaltic movements, and therefore sharpens the appetite. A dose of one to four teaspoonfuls stirred up in a tumbler of water is sufficiently irritating to be a direct stomachic **emetic**, causing prompt vomiting without the depression which usually attends emetics, because the mustard reflexly stimulates the heart and respiration.

THE RAPIDITY.

External. A poultice made with linseed and having a little mustard (1 part to 16 of linseed) sprinkled on it is a very common and efficacious application as an irritant and counter-irritant in rheumatism, pleurisy, pneumonia, bronchitis, pericarditis, and many inflammatory diseases. In the manner already explained it will, when applied to the skin, soothe pain in gastralgia, colic, painful diseases of the chest, neuralgia, and lumbago. The paper or any of the mustard leaves that are sold, moistened in water, form an excellent application.

Often the local application of mustard over the stomach relieves vomiting. A large mustard poultice applied to the legs was formerly used as a reflex stimulant in cases of syncope, asphyxia, and coma.

Common colds and febrile conditions, especially in children, are often treated by placing the feet and legs or the whole body in mustard and warm water (10 to 15 ounces of mustard to every 15 gallons of water, as hot as can be borne), the object being by the cutaneous dilatation to withdraw blood from the inflamed part. A mustard sitz bath may be taken at the period to induce menstruation.

Internal.—Mustard is used as a condiment, and also as an emetic. It is especially valuable for poisoning by narcotics, because of its reflex stimulant effects.

Thiosinamin. (Not official.)—This is the usual name for Allylsulphocarbamide, $CS \cdot NH \cdot C_2H_5 \cdot NH_2$. It is prepared by warming oil of mustard with alcoholic solution of ammonia. *Solubility.*—1 in 18 water, 1 in 2 alcohol, 1 in 10 glycerin.

Dose, internally or subcutaneously, 1 to 1.2 g.

It has been largely used because it has been stated to soften cicatricial fibrous tissue. Thus it is given in cases of fibrous stricture of the œsophagus, pylorus or urethra. Also for Dupuytren's contracture, parametritis, contracture due to scars, and deafness due to chronic fibrous conditions in the middle ear. In some cases a certain improvement is said to follow its use, in others none ensues. It is usually given as

Fibrolysin, which consists of thiosinamin and sodium salicylate in solution. This is injected subcutaneously or intramuscularly every other day, beginning with 20 m and increasing the dose to 40 for each injection. As it does not keep after exposure to air it is sold in ampullæ or glass bulbs.

CAJUPUT OIL.

Oleum Cajuputi.—The oil distilled from the leaves of *Melaleuca leucadendron* (Nat. Ord. *Myrtaceæ*). Imported from Batavia and Singapore.

CHARACTERS.—A transparent, very volatile, limpid, pale bluish-green liquid, with a strong, penetrating, camphoraceous odour. Taste warm, bitter, aromatic, camphoraceous, and succeeded by a sensation of coldness. Floats on water. Sp. gr. 0.922 to 0.930. Readily soluble in alcohol.

COMPOSITION. The chief constituents are (1) Hydrate of cajuputene, or *cineol*, isomeric with Borneo camphor (see p. 600), 75 per cent. This is found in oil of eucalyptus (see below) and other volatile oils. (2) Another

IMPURITIES.—Other oils and copper.

Dose, $\frac{1}{4}$ to 3 m.

Preparation.

Spiritus Cajuputi. Oil of cajuput, 1; alcohol (90 per cent.), 9.

Dose, 5 to 20 m.

This is five times as strong as in B. P. 1885.

Oil of cajuput is contained in Linimentum Crocatum.

ACTION.

The action of cajuput oil is exactly the same as that of the oil of cloves (see p. 508).

THERAPEUTICS.

External. Cajuput oil is used as a stimulant, irritant, and counter-irritant—usually diluted with sweet oil—for all sorts of purposes when any of these effects are needed. Thus it is rubbed in for chilblains, myalgia, rheumatic pains, chronic inflammatory conditions of the joints or periosteum. It has also been employed as a parasiticide for *Tinea tonsurans*. The only objection to its use is its strong smell.

Internal.—It is occasionally given in dyspepsia, usually combined with other remedies, for the sake of its carminative, stomachic, and antispasmodic effects; it may be taken on sugar.

OIL OF EUCALYPTUS.

Oleum Eucalypti. The oil distilled from the fresh leaves of *Eucalyptus globulus*, the blue gum tree (Nat. Ord. *Myrtaceæ*), and probably other species of *Eucalyptus*. Imported from Australia.

CHARACTERS.—Colourless or pale straw-coloured, becoming darker and thicker by exposure. Odour aromatic. Taste spicy, pungent, leaving a sensation of coldness in the mouth. Neutral. Sp. gr. 0.910 to 0.930. **Solubility.** In an equal weight of alcohol. The oils from different species of *Eucalyptus* vary very much.

COMPOSITION. The chief constituents are (1) A volatile

oil, *eucalyptol*, about 70 per cent. It is that portion which in distillation passes over between 330° and 352° F. It is a mixture of (a) an irritating terpene called phellandrene, $C_{10}H_{16}$, and (b) cymene, $CH_3 \cdot C_6H_4 \cdot CH(CH_3)_2$, (see p. 524). It is met with in commerce. (2) A crystallizable resin, probably derived from the oil, and yielding ozone. (3) Tannin. (4) An oil, *cineol*, isomeric with hydrate of cajuputene (see p. 503). It is met with in commerce, and is called *eucalyptol*, or more properly crystallizable *eucalyptol*, as it solidifies at 30° F. It is found in many volatile oils.

INCOMPATIBLES. Alkalies, mineral acids, metallic salts.

Dose, $\frac{1}{2}$ to 3 m.

Preparation.

Unguentum Eucalypti. Oil of eucalyptus, 1. white soft paraffin, 5; hard paraffin, 4.

ACTION.

External. Oil of eucalyptus is much less irritant when applied externally than other volatile oils, but if its vapour is confined it will produce vesication and rustulation. It is powerfully **antiseptic** and **disinfectant**. Old oil is more antiseptic than new, probably from the greater amount of ozone it contains.

Internal. - *Gastro-intestinal tract.* - In medicinal doses oil of eucalyptus is stomachic, having the same actions as oil of cloves. In large doses it produces severe gastro-intestinal irritation, as shown by vomiting, diarrhoea, and abdominal pain.

Circulation.—It, like quinine, arrests the movements of the white blood-corpuscles; and it likewise resembles this drug in its antipyretic and its anti-periodic actions, and also, it is said, in causing contraction of the spleen; but quinine is in all respects the more energetic. In medicinal doses the heart is stimulated by oil of eucalyptus, and the blood-pressure rises; probably these effects are reflex from the stomach. After large quantities the action of the heart is enfeebled, and temperature falls.

Respiration.—Small doses slightly accelerate, poisonous doses slow, respiration.

Nervous system.—Large doses are powerfully depressant to the brain, to the medulla, and to the spinal cord, abolishing reflex action. Death occurs from paralysis of respiration.

Mucous membranes, kidneys, and skin.—Like other volatile oils, eucalyptus is excreted by all these channels. It imparts its odour to, and disinfects, the breath and the urine. It stimulates the organs by which it is excreted, consequently it is a diaphoretic, a stimulating expectorant, a diuretic, and a stimulant to the genito-urinary tract. Large doses cause renal congestion.

THERAPEUTICS.

External.—It is used as an antiseptic for wounds, sores, and ulcers. It is three times as powerful as carbolic acid, and is therefore preferred by some surgeons. A eucalyptus gauze has been prepared as a dressing for wounds, which may be washed with a weak solution of the oil in alcohol. An ointment of eucalyptus oil 8 pts., iodoform 1 pt., hard paraffin and vaseline 40 pts. of each is applied to chancres. An emulsion of the oil is used as a urethral injection. It would probably be an efficient parasiticide.

Internal.—A vapour or a spray of oil of eucalyptus has been recommended for diphtheria and foul bronchitis, and it is sometimes given by the mouth to correct the faecal odor of the expectoration. Occasionally it is used for its stomachic, carminative effects, especially if the faeces are very foul smelling, and some employ it in cystitis and pyelitis. It has been prescribed in septicæmia. As an antiperiodic for ague and an antipyretic it is far inferior to quinine.

OIL OF ROSEMARY.

Oleum Rosmarini. The oil distilled from the flowering tops of *Rosmarinus officinalis* (Nat. Ord. *Labiata*).

CHARACTERS.—A colourless or pale yellow volatile oil. Odour of rosemary. Taste warm, aromatic. Sp. gr. 0.915.

COMPOSITION. The chief constituents are (1) The terpene, pinene. (2) Cineol. (3) Borneol, an alcohol isomeric with geraniol (p. 527). (4) Linalool (p. 519). (5) Menthol (p. 604).

Dose, $\frac{1}{2}$ to 3 m.

Preparation.

Spiritus Rosmarini. Oil of rosemary, 1 : alcohol (90 per cent.), 9.

Dose, 5 to 20 m.

This is five times as strong as in B. P. 1885.

Oil of rosemary is contained in Linimentum Saponis and Tinctura Lavandulae Composita.

ACTION AND THERAPEUTICS.

Oil of rosemary has an action similar to that of other aromatic volatile oils. It is very commonly used to give a pleasant scent to hair lotions and other preparations which are used externally.

ARNICA.

Arnica Rhizoma. Arnica Rhizome. The dried rhizome and rootlets of *Arnica montana* (Nat. Ord. *Compositae*). Middle and Southern Europe.

CHARACTERS.—1 to 2 in. long, $\frac{1}{4}$ to $\frac{1}{2}$ in. in diameter, cylindrical, dark brown, contorted, rough. Remains of leaves at upper end, wiry rootlets from the lower surface. Odour peculiar, aromatic. Taste acrid, bitter. *Resembling arnica*, Valerian and Serpentry, each having characteristic odour.

COMPOSITION.—The chief constituents are (1) A volatile oil. (2) Arnicin, $C_{12}H_{22}O_2$, the active principle. (3) Inulin, and a resin.

Preparation.

Tinctura Arnicae. Arnica root, 1 : alcohol (70 per cent.), 20. Percolate.

ACTION AND THERAPEUTICS.

The action of arnica is the same as that of volatile oils generally. Externally the tincture is used as an application to bruises, but it is very doubtful how far its good effects are owing to the spirit, and how far to any increase of cutaneous vascularity due to the volatile oil of the arnica.

It is rarely given internally, but in small doses it is a stomachic, a carminative, and a reflex stimu-

lant, and in larger doses causes vomiting and purging. It is excreted by the kidneys and mucous membranes, and has been credited with obscure effects on the central nervous system.

MEZEREON BARK.

Mezeret Cortex.—The dried bark of *Daphne mezereum*, *Daphne laureola* or *Daphne genkium* (Nat. Ord. *Thymelacae*). Britain.

CHARACTERS. Long, thin, flattened strips, usually rolled into small quills. Externally covered by a brown corky layer. Internally whitish, silky, very tough.

COMPOSITION. The chief constituent is a soft, brown vesicant resin.

Mezereon Bark is contained in Liquor Sarsae Compositus Concentratus.

ACTION AND THERAPEUTICS.

Mezereon bark is a rubefacient and vesicant externally, and internally it is a gastric stimulant.

CLASS II. OF Volatile Oils.

Those used chiefly for their action on the gastro-intestinal tract.

PYRETHRUM.

Pyrethri Radix.—Pyrethrum. *Synonym.* Pellitory root. The dried root of *Anacyclus pyrethrum* (Nat. Ord. *Compositae*). Levant.

CHARACTERS. Unbranched pieces, 2-4 in. long, $\frac{1}{2}$ - $\frac{3}{4}$ in. in diameter. Bark thick, brown, shrivelled; studded by dark coloured receptacles for the resin. Close fracture, showing radiate surface. Inodorous. Causes a pricking sensation in the mouth when chewed. *Resembling pyrethrum.*—*Taraxacum*, which is darker, and has not a burning taste.

COMPOSITION. The chief constituents are (1) Volatile oils and resins. (2) Inulin.

Preparation.

Tinctura Pyrethri.—Pyrethrum, 1; alcohol (70 per cent.), 5. Percolate.

ACTION AND THERAPEUTICS.

Pyrethrum is a powerful sialogogue, and causes a burning sensation in the mouth, followed by numbness and tingling. Small quantities give a pleasant taste to tooth powders.

CLOVES.

Caryophyllum. Cloves. The dried flower-buds of *Eugenia caryophyllata* (Nat. Ord. *Myrtaceae*). Penang, Ben-
coolen, and Amboyna.

CHARACTERS. Over $\frac{1}{2}$ in. long, consisting of a dark brown, wrinkled, subcylindrical, and somewhat angular calyx tube, which tapers below and is surmounted by four teeth, between which the paler coloured petals, enclosing the numerous stamens and style, are rolled up in the form of a ball. Odour strong, fragrant, and spicy. Taste very pungent and aromatic. Permits oil when incised.

COMPOSITION. The chief constituents are—(1) *Oleum Caryophylli*, 18 per cent. (see below). (2) Eugenin, a crystalline body. (3) Caryophyllin, a neutral body isomeric with camphor.

Preparation.

Infusum Caryophylli. - 1 in 40 of boiling water.

Dose, $\frac{1}{2}$ to 1 fl. oz.

Cloves are contained in Infusum Aurantii Compositum.

Oleum Caryophylli. Oil of Cloves. The oil distilled from cloves.

CHARACTERS.—Colourless when recent, becoming yellowish and then brown. Taste and odour like cloves. Easily soluble in spirit or ether. Sp. gr. 1.050-1.065.

COMPOSITION. The chief constituents are (1) *Eugenol* (synonym, Eugenic acid), $C_{10}H_8O_2$, 85 per cent., which chemically resembles phenol, and forms permanent salts with alkalis. This is also found in oil of pimento (see p. 511). (2) A hydrocarbon, caryophyllene, $C_{15}H_{26}$.

Dose, $\frac{1}{2}$ to 3 m.

Oil of cloves is contained in Pilula Colocynthis Composita, and Pilula Colocynthis et Hyoseyami.

INCOMPATIBLES.—Lime water, salts of iron, mineral acids and gelatin.

ACTION OF CLOVES AND OIL OF CLOVES.

Oil of cloves is a typical example of a volatile oil the most important actions of which are exerted in the stomach.

External.—When rubbed into the skin it is stimulant, rubefacient, irritant, and counter-irritant,

and gives rise to considerable vascular dilatation. At first it causes a sensation of tingling and pain, which afterwards is replaced by local anæsthesia. It is a parasiticide and antiseptic.

Internal.—Mouth.—In the mouth oil of cloves produces the same effects as on the skin; there is a burning sensation accompanied by vascular dilatation and an increased flow of saliva, and followed by local anæsthesia. Cloves stimulate the nerves of taste, and being volatile and aromatic, those of smell also; by both these means taste is sharpened.

Stomach.—The stimulant effect of cloves is experienced here. The vessels are dilated, peristalsis is accelerated, the secretion of gastric juice is excited, and as cloves are pleasant and aromatic, they do not ordinarily produce nausea; consequently the **appetite is increased**. The combined effect of these actions is to aid digestive processes—therefore oil of cloves is **stomachic**; and to facilitate the expulsion of gas—thus it is **carminative**. The stimulation of the gastric nerves to a slight extent reflexly affects the heart in the same way as alcohol; therefore the **rate and force of the pulse are moderately increased**.

Intestines.—Here likewise oil of cloves dilates the vessels, and stimulates the secretion and the muscular coat of the intestine, consequently colicky pains due to irregular contraction of it are relieved, and flatus is expelled.

Circulation.—Oil of cloves is readily absorbed from the intestine, circulates in the blood, and is said to increase the number of white corpuscles. It may to a slight extent stimulate the heart directly, but the greater part of the stimulation of the heart excited by it is reflex from the stomach. It is credited with the power of arresting painful spasmodic contractions in various parts of the body. It can, as we have seen, do this in the intestine, and possibly it may have to a slight extent the same action in the

bronchial tubes and heart. This causes it to be called **antispasmodic**.

Mucous membranes. - Like other volatile oils it is excreted by the kidneys, skin, bronchi, and genito-urinary tract, and in passing through these structures will act as a **stimulating disinfectant** to their secretion; but oil of cloves is never used for these purposes.

THERAPEUTICS OF CLOVES AND OIL OF CLOVES.

External. - Oil of cloves is too dear for frequent external application, but on account of its local anæsthetic effect it has been used for neuralgia. It is employed to give a pleasant scent to liniments.

Internal. The oil is sometimes dropped into decayed teeth to relieve pain. Cloves are frequently employed in cookery for their taste, and because they stimulate the appetite and aid digestion. The oil or the infusion may be used medicinally as a stomachic, as a carminative, as an antispasmodic, or to relieve colicky pains in indigestion. It will have been noticed that oil of cloves is present in the two pills containing colocynth. This is to prevent the griping this purgative might otherwise cause.

PIMENTO.

Pimenta. - Pimento. The dried, full-grown unripe fruit of *Pimenta officinalis*, the allspice tree (Nat. Ord. *Myrtaceæ*). West Indies.

CHARACTERS. - Dry, light, roundish, $\frac{1}{2}$ in. or more in diameter, crowned with the remains of the calyx in the form of a raised scar-like ring; pericarp roughish, from the presence of oil-glands; brittle, dark brown, two-celled, each cell containing a brownish-black, somewhat compressed, reniform seed. Odour and taste like cloves. *Resembling pimento.* - Pepper, which has no calyx; cubebs, which is stalked.

COMPOSITION. - The chief ingredient is a volatile oil. It is chemically almost the same as that found in cloves. It is official (see p. 508).

*Preparation.***Aqua Pimentæ.**—1 in 20.**Dose, 1 to 2 fl. oz.****Oleum Pimentæ.** The oil distilled from the fruit of *Pimenta officinalis*.**CHARACTERS.** It is yellow, but becomes brown by keeping. Sp. gr. 1.04.**COMPOSITION.** (1) Eugenol, 70 per cent. This is also found in oil of cloves. (2) A sesquiterpene.**Dose, $\frac{1}{2}$ to 3 m.****ACTION AND THERAPEUTICS.**

The actions and uses of pimento and its oil are precisely the same as those of cloves and oil of cloves.

BLACK PEPPER.**Piper Nigrum.** The dried unripe fruit of *Piper nigrum* (Nat. Ord. *Piperaceæ*). East Indies.**CHARACTERS.**—Globular, $\frac{1}{8}$ in. in diameter. Thin, blackish brown pericarp containing a hard, smooth, roundish, yellowish-brown or grey seed. Odour aromatic. Taste pungent. *Resembling black pepper.*—Pimento, which has a calyx; cubebs, which is stalked.**COMPOSITION.**—The chief constituents are—(1) An oleo-resin, readily yielding a volatile oil with the odour of pepper, and a resin. (2) Piperine, $C_{17}H_{19}NO_3$, a pale yellow crystalline feebly basic alkaloid, which is broken up by caustic alkali to piperic acid, $C_{12}H_9O_3$, and piperidine, $C_4H_{11}N$, or hexahydropyridine, a strongly basic volatile liquid alkaloid.**Dose, 5 to 20 gr.***Preparation.***Confectio Piperis.** *Synonym.* Ward's paste. Pepper, 2; caraway, 3; clarified honey, 15.**Dose, 60 to 120 gr.***Black pepper is contained in Pulvis Opii Compositus.***ACTION.**

Pepper, because of its volatile oil, acts like other substances containing volatile oils; thus externally it is at first rubefacient and counter-irritant, and subsequently it acts as an anodyne. Internally it increases the secretions of the mouth, and in the stomach it is stomachic and carminative. During

its excretion it stimulates the mucous membrane of the genito-urinary tract. Piperine is believed to be a feeble antipyretic and antiperiodic.

THERAPEUTICS.

Occasionally pepper is used externally as an irritant for the same class of cases as mustard. Internally it may be employed, in the form of a gargle, as a stimulant for relaxed conditions of the throat. It is taken in the form of a condiment for its stomachic properties. The confection or pepper lozenges are given empirically to relieve hæmorrhoids, ulcers of the rectum, and fissures of the anus.

NUTMEG.

Myristica. Nutmeg The dried seed of *Myristica fragrans* (Nat. Ord. *Myristicaceæ*) divested of its testa. Malay Archipelago.

CHARACTERS.—Ovoid, about 1 in. long. Externally greyish brown, with reticulated furrows. Internally greyish red, marbled with brownish-red veins. Odour aromatic. Taste warm, bitter, aromatic.

COMPOSITION.—The chief constituents are (1) The fixed *concrete oil*, 25–30 per cent., which consists of Glyceryl oleate, Glyceryl butyrate and Glyceryl myristate. (2) The official *volatile oil*, 2–8 per cent. (see below).

Nutmeg is contained in Pulvis Catechu Compositus, Pulvis Crete Aromaticus, Spiritus Armoracie Compositus, and Tinctura Lavandule Composita.

Oleum Myristicæ. Volatile oil of nutmeg. The oil distilled from nutmegs.

CHARACTERS.—Colourless or pale yellow. Odour and taste of nutmeg. Sp. gr. 0·87 to 0·91.

COMPOSITION.—The chief constituents are—(1) The *terpene*, pinene. (2) Myristicin. (3) Myristic acid.

Dose, $\frac{1}{2}$ to 3 m.

Preparation.

Spiritus Myristicæ. Oil of nutmeg, 1; alcohol (90 per cent.), 9.

Dose, 5 to 20 m.

This is five times as strong as in B. P. 1885.

Oil of nutmeg is contained in Pilula Aloes Socotrinæ, Tinctura Guaiaci Ammoniata, Tinctura Valeriana Ammoniata, and Spiritus Ammonia Aromaticus.

Spiritus Myristicæ is contained in Mistura Ferri Composita.

ACTION AND THERAPEUTICS.

The action of oil of nutmeg is the same as that of other aromatic oils. Nutmegs are much employed in cookery for the sake of their volatile oil, which is an agreeable stomachic. A Linimentum Myristicæ, containing one part of expressed oil of nutmeg to three of olive oil, is an elegant antiparasitic for mild cases of ringworm.

CINNAMON.

Cinnamomi Cortex. The dried inner bark of shoots from the truncated stocks of the cultivated cinnamon tree, *Cinnamomum zeylanicum* (Nat. Ord. *Laurinæ*). Ceylon.

CHARACTERS.—Closely rolled quills, $\frac{3}{4}$ in. in diameter, and containing several smaller quills, thin, brittle, splintery. Externally dull light yellowish brown, with little scars and faint wavy lines. Internally darker brown. Odour fragrant. Taste warm, sweet, aromatic.

COMPOSITION.—The chief constituents are—(1) The official volatile oil (see p. 514) 0.2 to 1 per cent. (2) *Tannin*. (3) Sugar and gum.

IMPURITY.—Cassia bark.

Cinnamon is contained in Pulvis Catechu Compositus, Pulvis Creta Aromaticus, Pulvis Kino Compositus, Decoctum Hamatoxyli, Tinctura Cardamomi Composita, and Tinctura Lavandulæ Composita.

Dose, 10 to 20 gr.

Preparations.

1. Aqua Cinnamomi.—1 in 10.

Dose, 1 to 2 fl. oz.

2. Pulvis Cinnamomi Compositus. Cinnamon, 1; cardamoms, 1; ginger, 1.

Dose, 10 to 40 gr.

3. Tinctura Cinnamomi. Cinnamon, 1; alcohol (70 per cent.), 5. Percolate.

Dose, $\frac{1}{2}$ to 1 fl. dr.

Aqua Cinnamomi is contained in *Mistura Cretæ*, *Mistura Guaiaci*, *Mistura Olei Ricini*, *Mistura Spiritus Vini Gallici*, *Syrupus Aromaticus*, and *Syrupus Caseæ Aromaticus*.

Compound cinnamon powder is contained in *Pilula Aloës et Ferri* and *Pilula Cambogiæ Composita*.

Oleum Cinnamomi. The oil distilled from cinnamon bark.

CHARACTERS. Yellowish, becoming cherry-red on keeping. Odour and taste like cinnamon. Sp. gr. 1.025 to 1.035.

COMPOSITION. The chief constituents are—(1) Cinnamic aldehyde, which makes up the greater part. (2) A terpene. (3) Eugenol (see p. 508).

Dose, $\frac{1}{2}$ to 3 m.

Preparation.

Spiritus Cinnamomi. Oil of Cinnamon, 1; alcohol (90 per cent.), 9.

Dose, 5 to 20 m.

This is five times as strong as in B. P. 1885.

Spirit of cinnamon is contained in *Acidum Sulphuricum Aromaticum*.

ACTION AND THERAPEUTICS.

Oil of cinnamon has the same action as other aromatic volatile oils, and is therefore stomachic and carminative. Cinnamon bark in addition has, in virtue of its tannic acid, some astringent action, and is consequently a common flavouring stomachic vehicle for astringent powders and mixtures, except such as contain iron. Finely powdered cinnamon (60 to 90 gr.) is given morning and evening in acute dysentery.

HORSEBADISH.

Armoracia Radix. Horseradish Root. The fresh root of *Cochlearia armoracia* (Nat. Ord. *Cruciferae*). Collected from cultivated plants.

CHARACTERS.—A long, cylindrical, fleshy root, enlarged at the upper end, where it is marked by scars of fallen leaves,

$\frac{1}{4}$ to 1 in. in diameter, and usually a foot or more long. Pale yellowish or brownish white externally; whitish and fleshy within. Taste very pungent. Inodorous unless bruised or scraped, when it gives a pungent odour. *Resembling horseradish root.*—Aconite root, which is shorter, conical, not cylindrical, darker, and causes tingling and numbness when chewed.

COMPOSITION.—The chief constituent is a substance which, by the action of a ferment, yields a volatile oil, butyl sulphocyanide, C_4H_9CNS .

Preparation.

Spiritus Armoraciae Compositus. Scraped horseradish root, 5 oz.; dried bitter orange peel, 5 oz.; nutmeg, 55 gr.; alcohol (90 per cent.), $1\frac{1}{4}$ pints; water, $1\frac{1}{2}$ pints.

Dose, 1 to 2 fl. dr.

ACTION AND USES.

Horseradish is a condiment having the same action as mustard. It has been used as a counter-irritant. The spirit is a pleasant flavouring and carminative agent.

CAPSICUM.

Capsici Fructus. *Synonyms.*—Guinea pepper. Pod pepper. The dried ripe fruit of *Capsicum minimum* (Nat. Ord. *Solanaceae*). Zanzibar.

CHARACTERS.— $\frac{1}{2}$ to $\frac{3}{4}$ in. long, $\frac{1}{4}$ in. in diameter, shrivelled, fusiform. Consists of a dull red, shining, smooth, brittle, translucent pericarp, enclosing several small, roundish, flat seeds. Odour peculiar, pungent. Taste very bitter.

COMPOSITION.—The chief constituents are—(1) Capsaicin, a crystallizable acid substance. (2) Capsicine, a volatile alkaloid smelling like coniine. (3) A volatile oil. (4) A resin. (5) Fatty matter.

Dried and powdered it constitutes red pepper.

IMPERITIES.—Various red substances, *e.g.* red-lead.

Dose, $\frac{1}{6}$ to 1 gr.

Preparations.

1. Tinctura Capsici.—Capsicum, 1; alcohol (70 per cent.), 20. Macerate.

Dose, 5 to 15 m.

2. Unguentum Capsici. — Capsicum, 12; Spermaceti, 6; Olive oil, 44. This resembles Smedley's chillie paste.

The Tincture is contained in Tinctura Chloroformi et Morphine Composita.

ACTION.

The action of capsicum is like that of volatile oils generally. Thus externally it is a powerful rubefacient, irritant, and counter-irritant. Internally in small doses it stimulates the gastric secretions, causes dilatation of the gastric vessels, and excites the muscular coat. It is therefore stomachic and carminative.

THERAPEUTICS.

External. Capsicum ointment is used as a counter-irritant for pleurisy, sciatica, neuralgia, and rheumatic pains. Capsicum plaster made with rubber is sold. The official tincture is too weak for external use, and the Tinctura Capsici Fortior (B. P. Codex) is often too strong; and Martindale advises capsicum fruit 10, percolate with alcohol (90 per cent.) 70, add oleic acid 10 and oil of lavender $\frac{1}{2}$; paint on skin or apply sprinkled on lint covered with gutta percha; its action may be arrested by smearing with vaseline. Capsicum plasters containing no lead are applied to the gums for toothache. Wool impregnated with capsicum is applied in chronic rheumatism.

Internal. It is used as a condiment. Medicinally it is given as a stomachic and carminative in dyspepsia when it is required to excite the appetite and digestion, or to cause the evacuation of gas.

GINGER.

Zingiber. The scraped and dried rhizome of *Zingiber officinale* (Nat. Ord. Scitamineæ). East and West Indies.

CHARACTERS. — Flattish, irregularly branched pieces, usually 3 to 4 in. long, each branch marked at its summit by a depressed scar. Externally pale buff, striated, fibrous. Fracture mealy, short, rather fibrous. Odour agreeable,

aromatic. Taste strong, pungent. *Resembling ginger.*
Turmeric, which is yellow.

COMPOSITION.—The chief constituents are—(1) An aromatic volatile oil, giving the flavour. (2) Gingerol. (3) Several resins and allied bodies.

Dose, 10 to 20 gr.

Preparations.

1. Syrupus Zingiberis. Powdered ginger, 1 ; alcohol (90 per cent.), 2 ; syrup, 38.

Dose, $\frac{1}{2}$ to 1 fl. dr.

2. Tinctura Zingiberis. Ginger, 1 ; alcohol (90 per cent.), 10. Percolate.

Dose, 30 to 60 m.

Ginger is contained in infusion of senna, compound squill pill, the compound powders of cinnamon, jalap, opium, rhubarb, and scammony.

Tincture of ginger is contained in Acidum Sulphuricum Aromaticum and Liquor Sennæ Concentratus.

ACTION AND THERAPEUTICS.

Its action is the same as that of other substances containing aromatic volatile oils. It is chiefly used as a stomachic, carminative, and flavouring agent. There is in commerce an oleo-resin, gingerin, which in doses of $\frac{1}{4}$ to 1 gr. is a useful addition to purgative pills to prevent griping; and Tinctura Zingiberis Fortior (B. P. Codex), dose, 5 to 20 m, commonly called essence of ginger, is much used for flatulence.

CARDAMOMS.

Cardamomi Semina. Cardamom Seeds. The dried ripe seeds of *Elettaria cardamomum* (Nat. Ord. *Scitamineæ*). Malabar. The seeds are best kept in the pericarps, but when required for use they should be separated.

CHARACTERS.—The pericarp is a three-sided capsule, $\frac{3}{4}$ to 1 in. long, $\frac{1}{5}$ to $\frac{2}{5}$ in. broad, of a tough papery character, ovoid, obtusely triangular, shortly beaked, rounded at the base, brownish yellow, longitudinally striated; no odour or taste. Seeds $\frac{1}{8}$ in. long, irregularly angular, transversely wrinkled, reddish brown externally, whitish within. Odour aromatic. Taste warm, aromatic.

COMPOSITION.—The chief constituents are—(1) A volatile oil, which contains a terpene called terpinene, $C_{10}H_{16}$. (2) A fixed oil. The pericarp is medically inactive.

Preparation.

Tinctura Cardamomi Composita. Cardamoms, $\frac{1}{4}$ oz.; caraway, $\frac{1}{4}$ oz.; raisins, 2 oz.; cinnamon, 1 oz.; cochineal, 55 gr.; alcohol (60 per cent.), 20 fl. oz. Macerate.

Dose, $\frac{1}{2}$ to 1 fl. dr.

Compound tincture of cardamoms is contained in Decoctum Aloes Compositum, and Mistura Sennæ Composita.

Cardamoms are contained in Extractum Colocynthis Compositum, Pulvis Cinnamomi Compositus, Pulvis Cretæ Aromaticus, Tinctura Gentianæ Composita, and Tinctura Rhei Composit

ACTION AND THERAPEUTICS.

Cardamoms, because of its volatile oil, acts like cloves or pepper; therefore it is carminative and stomachic. As it has a pleasant taste, and the tincture is of a red colour, it is much used as a colouring and flavouring agent. The compound tincture is a good flavouring carminative and the Tinctura Carminativa of the Brit. Pharm. Codex is another. It contains cardamoms, strong tincture of ginger, oil of cinnamon, oil of caraway, oil of cloves and rectified spirit. Dose, 2 to 10 m.

SUMBUL ROOT.

Sumbul Radix. *Synonym.*—Musk root. The dried transverse slices of the root of *Ferula sumbul* (Nat. Ord. *Umbelliferae*). Russia and India.

CHARACTERS.—Usually 1 to 3 in. in diameter, $\frac{3}{4}$ to 1 in thick. Outer surface covered with dusky brown, papery transversely wrinkled bark, with short bristly fibres. Internally spongy, coarsely fibrous, dry, farinaceous, dirty yellowish brown, mottled with whitish patches and spots of exuded resin. Odour musk-like. Taste bitter, aromatic.

COMPOSITION.—The chief constituents are (1) A volatile oil. (2) Two resins. (3) Valerianic acid. (4) Angelic acid. (5) Sumbulic acid.

Preparation.

Tinctura Sumbul. - Sumbul root, 1; alcohol (70 per cent.), 10. Macerate. This tincture is said to be useless unless the fresh root is used.

Dose, $\frac{1}{2}$ to 1 fl. dr.

ACTION AND THERAPEUTICS.

The action of sumbul is the same as that of volatile oils in general. It is only used internally, and is given as a carminative in flatulence. It is also employed in much the same class of cases as valerian - that is to say, in hysteria and neurasthenia. In Russia it is given chiefly as a reflex stimulant in typhoid fever, dysentery, diarrhoea, and for the same purposes as those for which musk is employed in many other countries.

OIL OF LAVENDER.

Oleum Lavandulæ. The oil distilled from the flowers of *Lavandula vera* (Nat. Ord. *Labiatae*).

CHARACTERS. A colourless or pale yellow volatile oil. Odour of lavender. Taste warm, bitter. Sp. gr. 0.85 to 0.89.

IMPURITY. - Oil of spike.

COMPOSITION. The chief constituents are (1) Linalool acetate (also found in oil of bergamot), (2) Linalool, $C_{10}H_{17}OH$, which is an alcohol and an oxidation product of the terpene myrcene $C_{10}H_{16}$. It is isomeric with borneol (p. 506), geraniol (p. 527), and menthol (p. 604). (3) Cineol, also found in oil of eucalyptus (see p. 504) and other volatile oils.

Dose, $\frac{1}{2}$ to 3 m.

Preparations.

1. Spiritus Lavandulæ. - Oil of lavender, 1 alcohol (90 per cent.), 9.

Dose, 5 to 20 m.

This is five times as strong as in B. P. 1885.

2. Tinctura Lavandulæ Composita. Oil of lavender, 45 m; oil of rosemary, 5 m; cinnamon, 75 gr.; nutmeg, 75 gr.; red sanders-wood, 150 gr.; alcohol (90 per cent.), 20 fl. oz. Macerate.

Dose, $\frac{1}{2}$ to 1 fl. dr.

Oil of lavender is contained in Linimentum Camphoræ Ammoniatum.

Compound tincture of lavender is contained in Liquor Arsenicalis.

ACTION AND THERAPEUTICS.

Oil of lavender has the same action as other aromatic volatile oils. It is used externally as a pleasant stimulating component of liniments, and most red lotions (*see* p. 171) are coloured with the compound tincture. Internally, especially in the form of the tincture, it makes a very agreeable gastric stimulant, carminative, and colouring agent.

OIL OF PEPPERMINT.

Oleum Menthæ Piperitæ. The oil distilled from the fresh flowering peppermint, *Mentha piperita* (Nat. Ord. *Labiata*).

CHARACTERS. Colourless, pale, or greenish yellow, thickening and becoming reddish with age. Odour like that of peppermint. Taste aromatic, followed by a sense of coldness. Sp. gr. 0.9 to 0.92.

COMPOSITION. The chief constituents are (1) *Menthol*, or mint camphor, $C_{10}H_{15}OH$, 50 to 65 per cent. (*see* p. 604). (2) *Menthene*, $C_{10}H_{18}$, a liquid terpene. (3) *Menthyl acetate*.

Dose, $\frac{1}{2}$ to 3 m.

Preparations.

1. Aqua Menthæ Piperitæ. 1 in 1000.

Dose, 1 to 2 fl. oz.

2. Spiritus Menthæ Piperitæ Oil of peppermint, 1; alcohol (90 per cent.), 9.

Dose, 5 to 20 m.

This is five times as strong as in B. P. 1885, and contains half the oil in the essence of peppermint in B. P. 1885.

Oil of peppermint is contained in Filula Rhei Composita, and Tinctura Chloroformi et Morphine Composita.

ACTION AND THERAPEUTICS.

The action of oil of peppermint is the same as that of volatile oils generally, but the cool numb

feeling often produced by volatile oils after the sensation of warmth has passed off is especially well marked with oil of peppermint, and this effect, which is due to the menthol in it, has caused it to be applied externally in neuralgia. Like many other volatile oils it is a powerful antiseptic.

Internally it is a powerful stomachic and carminative, is often used as such, and also as a flavouring agent.

OIL OF SPEARMINT.

Oleum Menthæ Viridis. The volatile oil distilled from the fresh flowering spearmint, *Mentha viridis* (Nat. Ord. *Labiata*).

CHARACTERS.—Very like oil of peppermint.

COMPOSITION. The chief constituents are—(1) *Menthemyl*, the same terpene as in peppermint. (2) *Carvone* or *Carvol*, $C_{10}H_{16}O$; also found in oil of caraway (see p. 524).

Dose, $\frac{1}{2}$ to 3 m.

Preparation.

Aqua Menthæ Viridis. 1 in 1000.

Dose, 1 to 2 fl. oz.

ACTION AND THERAPEUTICS.

These are the same as those of oil of peppermint.

ANISE.

Anisi Fructus. Anise Fruit. The dried ripe fruit of *Pimpinella anisum* (Nat. Ord. *Umbelliferae*).

CHARACTERS. Anise fruits are about $\frac{1}{4}$ in. in length, oval-oblong, greyish-brown in colour, and the whole surface is covered with short hairs. The two mericarps are united and attached to a common stalk; each is traversed by five pale slender ridges, and its transverse section exhibits about fifteen vittæ. Odour agreeable, aromatic. Taste sweetish, spicy.

COMPOSITION. The chief constituent is the official volatile oil (see p. 522).

Preparation.

Aqua Anisi.—1 in 10.

Dose, 1 to 2 fl. oz. or more

Oleum Anisi. The volatile oil, distilled from the dried ripe fruit (see p. 521), or from the star anise fruit (*Illicium*), Nat. Ord. *Magnocharitaceae*.

CHARACTERS. Colourless or very pale yellow, with the odour of the fruit, and an aromatic, sweetish taste. Sp. gr. 0.975 to 0.99.

COMPOSITION. The chief constituents are (1) Anethol, 85 per cent., $C_{10}H_{12}O$, (2) Anise aldehyde, (3) Methyl chavicol.

Dose, $\frac{1}{2}$ to 3 m.

Preparation.

Spiritus Anisi. Oil of anise, 1; alcohol (90 per cent.), 9.

Dose, 5 to 20 m.

This contains half the amount of oil of anise in the *Essence of Anise*, B. P. 1885.

Oil of anise is contained in Tinctura Camphora Composita, and Tinctura Opii Ammoniata.

ACTION AND THERAPEUTICS.

The action of oil of anise is the same as that of aromatic oils generally. It is specially used to get rid of flatulence in children, and, on account of its slightly expectorant action, as a basis of cough mixtures.

CORIANDER FRUIT.

Coriandri Fructus. The dried ripe fruit of *Coriandrum sativum* (Nat. Ord. *Umbelliferae*). Britain.

CHARACTERS. Nearly globular, $\frac{1}{8}$ in. in diameter, and consisting of two closely united hemispherical mericarps, crowned by the calyx teeth and stylopod, brownish yellow, hard, faintly ribbed with both primary and secondary ridges. The mericarps each enclose a lenticular cavity, and each is furnished on its commissural surface with two brown vittae. Taste agreeable, mild, aromatic. Odour pleasant when bruised.

COMPOSITION. The chief constituent is the official *volatile oil* (see p. 523).

Coriander fruit is contained in Confectio Sennae, Syrupus Rhei, Tinctura Rhei Composita, Tinctura Sennae Composita.

Oleum Coriandri. A volatile oil distilled from the fruit.

CHARACTERS. Colourless or pale yellow, with the odour and taste of the fruit. Sp. gr. 0.87 to 0.88.

COMPOSITION. The chief constituents are—(1) Coriandrol, a meric with linalool (*see* p. 519). (2) Pinene, the chief terpene of oil of turpentine, 5 per cent.

Dose, $\frac{1}{2}$ to 3 m.

Oil of coriander is contained in Syrupus Sennæ.

ACTION AND THERAPEUTICS.

Oil of coriander has the same action as other volatile oils. It is chiefly used as a stomachic and carminative, and to disguise the taste of rhubarb and opium.

FENNEL FRUIT.

Fœniculi Fructus. The dried fruit of cultivated plants of *Fœniculum capillare* (Nat. Ord. *Umbelliferae*). Malta.

CHARACTERS. $\frac{1}{5}$ to $\frac{2}{5}$ in. long, ovoid-oblong, curved, smooth, greenish brown or brown, capped by a conspicuous stylopod and two styles. Odour aromatic. Taste aromatic, sweet. Fruit readily separated into its two mericarps, each of which has five prominent primary ridges, and exhibits in transverse section six large vittæ. *Resembling fennel, Conium fruit (fennel is larger and has prominent vittæ), Caraway, and anise fruits.*

COMPOSITION. The chief constituent is a volatile oil probably identical with oil of anise.

Preparation

Aqua Fœniculi.—1 in 10.

Dose, 1 to 2 fl. oz.

Fennel fruit is contained in Pulvis Glycyrrhizæ Compositus.

ACTION AND THERAPEUTICS.

The same as those of oil of anise or of coriander fruit.

CARAWAY FRUIT.

Carui Fructus. Caraway Fruit. The dried fruit of *Carum carvi* (Nat. Ord. *Umbelliferae*). England and Germany.

CHARACTERS. The fruit is usually separated into its two mericarps, each about $\frac{1}{4}$ to $\frac{1}{2}$ in. long, slightly curved, tapering at each end, brown, with five pale longitudinal ridges; the transverse section of each mericarp exhibits six vittae. Odour agreeable, aromatic. Taste pleasant, sweetish, spicy. *Resembling caraway.*—Conium and fennel. Known by the small ridges and the spicy taste of caraway.

COMPOSITION.—The chief constituent is the volatile oil (*see below*).

Preparation.

Aqua Carui.—1 in 10.

Dose, 1 to 2 fl. oz.

Caraway fruit is contained in Pulvis Opii Compositus, Confectio Piperis, Tinctura Cardamomi Composita, Tinctura Sennae Composita.

Oleum Carui. The oil distilled from caraway fruit.

CHARACTERS. Pale yellow, with odour and taste like the fruit. Sp. gr. 0.91 to 0.92.

COMPOSITION. The chief constituents are (1) Cymene, $\text{CH}_3\text{C}_6\text{H}_4\text{CH}(\text{CH}_3)_2$; also found in eucalyptus oil. (2) Carvone, $\text{C}_{11}\text{H}_{20}$; this is the essential constituent. (3) Dextro-rotatory carvone or carvol, $\text{C}_{10}\text{H}_{16}\text{O}$, isomeric with thymol (*see p. 603*); also found in oil of spearmint (*p. 521*). (4) Limonene, a terpene, $\text{C}_{10}\text{H}_{16}$; also found in oil of lemon (*see p. 606*).

Dose, $\frac{1}{2}$ to 3 m.

Oil of caraway is contained in Pilula Aloes Barbadosensis.

ACTION AND THERAPEUTICS.

The action and uses of oleum carui are the same as those of other aromatic volatile oils. It is employed as a carminative, stomachic, and flavouring agent.

DILL FRUIT.

Anethi Fructus. The dried ripe fruit of *Peucedanum graveolens* (Nat. Ord. *Umbelliferae*). Middle and Southern Europe.

CHARACTERS.—Broadly oval, $\frac{1}{8}$ in. long, brown, flat, with a pale, broad, membranous border. Mericarps distinct, each shows six vittæ. Odour and taste agreeable and aromatic. *Resembling dill.* Conium, anise, fennel, caraway; but dill is winged.

COMPOSITION. The chief constituent is the official volatile oil (*see below*).

Preparation.

Aqua Anethi.—1 in 10.

Dose, 1 to 2 fl. oz.

Oleum Anethi. The oil distilled from the dill fruit.

CHARACTERS. Pale yellow. Odour pungent. Taste hot and sweetish. Sp. gr. 0.905 to 0.920.

COMPOSITION. The chief constituents are almost identical with those of caraway oil (*see p. 524*).

Dose, $\frac{1}{2}$ to 3 m.

ACTION AND THERAPEUTICS.

The sal. as those of anise and caraway. Dill water is a common carminative for children, and it covers very well the taste of sodium salts.

ELDER FLOWERS.

Sambuci Flores. Elder Flowers. The fresh flowers of *Sambucus nigra* separated from the stalks (Nat. Ord. *Caprifoliaceæ*). Britain.

CHARACTERS.—In corymbose cymes, 5 to 7 in. across. Flowers small; calyx superior, five-toothed; corolla flat, rotate, five-lobed, creamy white, with five stamens inserted in the tube. Odour fragrant, somewhat sickly. Taste bitter.

COMPOSITION. The chief constituents are (1) A resin. (2) Valerianic acid. (3) A minute amount of a volatile oil.

Preparation.

Aqua Sambuci.—1 in 1.

Dose, 1 to 2 fl. oz.

ACTION AND THERAPEUTICS.

Elder flowers are used to flavour medicines.

CHAMOMILE.

Anthemidis Flores. Chamomile Flowers. The dried expanded flower heads of *Anthemis nobilis* (Nat. Ord. *Compositae*). Collected from cultivated plants.

CHARACTERS.—About $\frac{1}{2}$ to $\frac{3}{4}$ in. in diameter, hemispherical, white or nearly white. Involucre composed of several rows of oblong bracts with membranous margins. Receptacle solid, covered with bracts. Florets ligulate and white. Odour aromatic. Taste bitter.

COMPOSITION.—The chief constituent is the official volatile oil.

Oleum Anthemidis. The official volatile oil distilled from chamomile flowers.

CHARACTERS. Pale blue or greenish blue, becoming yellowish brown. Odour and taste like chamomile. Sp. gr. 0.905 to 0.915.

COMPOSITION. The chief constituents are (1) A terpene, $C_{15}H_{26}$. (2) Angelic and tiglic esters of isobutyl, amyl, and hexyl alcohols. (3) A bitter principle.

Dose, $\frac{1}{2}$ to 3 m.

Preparation.

Extractum Anthemidis. Chamomile flowers, 1 lb.; oil of chamomile, 15 m; water, 1 gallon.

Dose, 2 to 8 gr.

ACTION AND THERAPEUTICS.

A poultice made with chamomile flowers is a popular domestic remedy. All its virtues are due to its warmth. Internally, like other volatile oils, oil of chamomile is a stomachic and carminative. An infusion in large doses a simple emetic.

ROSE PETALS.

Rosae Gallicae Petala. Red Rose Petals. The fresh and dried unexpanded petals of *Rosa gallica* (Nat. Ord. *Rosaceae*). From cultivated plants. Britain.

CHARACTERS. Little cone-shaped masses or separate petals; purplish red, velvety. Odour fragrant, roseate. Taste bitterish, feebly acid, and astringent.

COMPOSITION. The chief constituents are (1) *Oleum Rosae*, a volatile oil present in minute quantities (see p. 527). (2) Tannic and gallic acids.

Preparations.

1. Confectio Rosæ Gallicæ. *Fresh petals, 1; sugar, 3.*

Dose, 30 to 60 gr.

2. Infusum Rosæ Acidum. *Dried petals, 1; dilute sulphuric acid, $\frac{1}{2}$; boiling water, 40. The sulphuric acid makes it a darker red than it would otherwise be.*

Dose, $\frac{1}{2}$ to 1 fl. oz.

3. Syrupus Rosæ. *Dried petals, 1; sugar, 15; boiling water, 10.*

Dose, $\frac{1}{2}$ to 1 fl. dr.

OIL OF ROSE.

Oleum Rosæ. *Synonym.* Otto of Rose. The oil distilled from the fresh flowers of *Rosa damascena* (Nat. Ord. *Rosaceæ*).

CHARACTERS AND TESTS.—At low temperatures a pale yellow crystalline semi-solid, melting between 67° and 72° F. to a pale yellow oil with a strong rose odour and taste. Sp. gr. 0.856 to 0.860.

COMPOSITION.—The chief ingredient is geraniol or rhodmol, a fragrant liquid. It is an alcohol and is related to linalool, which occurs in oil of lavender (p. 519).

Preparations.

1. Aqua Rosæ. Rose water. The rose water of commerce, which is a saturated solution of oleum rosæ, diluted immediately before use with twice its volume of distilled water.

Dose, 1 to 2 fl. oz.

2. Unguentum Aquæ Rosæ. Rose water, undiluted, 7 fl. oz.; white beeswax, $1\frac{1}{2}$ oz.; spermaceti, $1\frac{1}{2}$ oz.; almond oil, 9 fl. oz.; oil of rose, 8 m. *Synonym.* Cold Cream.

Rose water is contained in Mistura Ferri Composita and certain lozenges.

ACTION AND THERAPEUTICS.

The preparations of rose are pleasant vehicles, the confection for pills, the infusion, which is mildly astringent, for mixtures, the aqua for lotions, and the ointment for ointments. The syrup and the acid infusion are agreeable colouring agents.

CLASS III. of Volatile Oils.

Those used chiefly for their actions on the heart and central nervous system.

VALERIAN.

Valeriana Rhizoma.—Valerian Rhizome. The erect dried rhizome and roots of *Valeriana officinalis* (Nat. Ord. *Valerianaceæ*). Collected in the autumn.

CHARACTERS.—Short, erect rhizome, entire or sliced. Externally dark yellowish brown, giving off many slender, brittle, shrivelled rootlets, 3 to 4 in. long. Internally whitish. Odour developed in drying, strong, peculiar, disagreeable. Taste unpleasant, camphoraceous, bitter. *Resembling valerian.* Serpentry, arnica, green hellebore; but valerian is known by its odour.

COMPOSITION.—The chief constituents are—(1) *A volatile oil* containing valerianic, formic, and acetic acids united with pinene, a terpene (see p. 491), and borneol (see p. 600). If the oil is kept it decomposes slightly and *valerianic acid*, $\text{HC}_8\text{H}_{14}\text{O}_2$, is set free. This exists in many plants, and in cod-liver oil. The amount of it in valerian increases by keeping. It can be derived from amylic alcohol, $\text{C}_8\text{H}_{17}\text{OH}$ (valeryl aldehyde). It is colourless, oily, with the odour of valerian, and strongly acid, with a burning taste. *Solubility.*—1 in 30 of water; easily in alcohol and ether.

Preparation.

Tinctura Valerianæ Ammoniata.—Powdered valerian, 4 oz.; oil of nutmeg, 30 m; oil of lemon, 20 m; solution of ammonia, 2 fl. oz.; alcohol (60 per cent.), 18 fl. oz. Macerate.

Dose, $\frac{1}{2}$ to 1 fl. dr.

Zinci Valerianas.—Zinc Valerianate or Zinc Isovalerianate. $\text{Zn}(\text{C}_8\text{H}_{13}\text{O}_2)_2$.

SOURCE. Mix hot solutions of zinc sulphate and sodium isovalerianate, evaporate and zinc valerianate crystallizes out, or it may be made by saturating isovalerianic acid with zinc carbonate.

CHARACTERS.—Pearly scales with a feeble odour of valerian and a metallic taste. *Solubility.*—1 in 120 of water.

INCOMPATIBLES.—All acids, soluble carbonates, most metallic salts, vegetable astringents.

Dose, 1 to 3 grs.

ACTION.

Neither valerianic acid nor zinc valerianate is known to have any action.

Valerian itself acts in virtue of its volatile oil, which has the same properties as other volatile oils. Valerian is therefore an irritant when applied externally; internally it stimulates the mouth, stomach, and intestines; consequently it increases the appetite and the vascularity, the secretion, and the peristaltic action of the stomach and intestines; and in its excretion, which takes place chiefly through the bronchial mucous membrane, kidneys, and genito-urinary mucous membrane, it excites the flow of fluids excreted through these parts. Acting reflexly from the stomach, it stimulates the circulation rather more powerfully than most volatile oils.

THERAPEUTICS.

Preparations of valerian, or still better the oil (2 to 5 m) suspended in mucilage with cinnamon water, are often given as carminatives in cases of flatulence, and as reflex stimulants in fainting or palpitation. Valerian and valerianates sometimes relieve neuralgia; they are often prescribed for hysteria and other neurotic conditions, and sometimes with benefit.

ASAFETIDA.

Asafetida.—A gum-resin obtained by incision into the root of *Ferula fetida*, and probably other species (Nat. Ord. *Umbelliferae*). Afghanistan and the Punjaub.

CHARACTERS.—Usually in irregular masses, composed of dull yellow tears agglutinated together by darker coloured, softer material. When broken or cut, the exposed surface has an amygdaloid appearance; the fractured surface is opaque, milk-white at first, but becomes first purplish pink and finally dull yellowish brown. Odour strong, alliaceous, persistent. Taste bitter, acrid, alliaceous. Asafetida forms a white emulsion with water. The fractured surface of a tear, on being touched with nitric acid, becomes a fine green. *Resembling asafetida.*—Galbanum, ammoniacum, and benzoin, distin-

guished by their peculiar odours, which differ markedly from that of asafetida.

COMPOSITION.—The chief constituents are—(1) *A volatile oil*, 5 per cent., containing essential oil of garlic, persulphide of allyl, $(C_2H_5)_2S$. This gives asafetida its very unpleasant odour. (2) *Bassorin resin*, 65 per cent. (3) *Gum*, 25 per cent.

IMPURITIES.—Earthy matter.

Dose, 5 to 15 gr.

Preparations.

1. Pilula Aloes et Asafetidæ. Asafetida, Socotrine aloes, hard soap, and confection of roses, equal parts.

Dose, 4 to 8 gr.

2. Spiritus Ammoniaë Fetidus. Asafetida, $1\frac{1}{2}$; strong solution of ammonia, 2; alcohol (90 per cent.), 18.

Dose, 20 to 40 m. for repeated, **60 to 90 m.** for single administration.

3. Tinctura Asafetidæ.—Asafetida, 4; alcohol (70 per cent.), 20. Macerate.

Dose, $\frac{1}{2}$ to 1 fl. dr. The resin precipitates on the addition of water, but may be re-dissolved in ammonia or suspended in mucilage.

Asafetida is contained in Pilula Galbani Composita.

ACTION.

Both internally and externally, asafetida, in virtue of its volatile oil, acts like volatile oils generally. Its action as a stimulant to the intestinal muscle is especially well marked, hence it is combined with aloes in *Pilula Aloes et Asafetidæ*; and the enema of it will relieve flatus. Owing to its containing oil of garlic it is extremely nasty, and therefore it is not, like many volatile oils, available as a condiment. Its taste is credited with some mental effect in cases of hysteria.

THERAPEUTICS.

Asafetida is not used externally. Internally it is prescribed to aid the action of other purgatives, and also to stimulate the muscular coat to expel flatus. It may be given by the mouth or as an enema

(30 gr. rubbed up with water 4 fl. oz.). Partly on account of its reflex stimulating effect, but also on account of its very nasty taste, it is used to control hysterical, emotional, and other mental disturbances, but it often fails. For this purpose it may be combined with valerian. Cases of malingering may sometimes be cured by making the patient take, three times a day, an effervescing draught containing a few minims of each of the tinctures of valerian and asafetida, with some mucilage to suspend the precipitated resin. The effervescence makes the nasty taste of these medicines "repeat" in the mouth for some time after taking them. Hysteria may be benefited in the same way. Asafetida oil would in the course of its excretion disinfect the urine and the expectoration, but its smell forbids its use for these purposes.

GALBANUM.

Galbanum.—A gum resin obtained from *Ferula galbaniflua* (Nat. Ord. *Umbelliferae*), and probably other species. Persia and the Levant.

CHARACTERS.—Tears or masses of agglutinated tears. Tears roundish, about the size of a pea, yellowish brown or yellowish orange. Translucent, rough and dirty. Hard and brittle in the cold, softening with heat and becoming sticky. Masses contain pieces of root and stem. They are hard, compact, yellowish brown or green. Odour peculiar, aromatic. Taste bitter, unpleasant. *Resembling galbanum.* Ammoniacum, asafetida, benzoin; known by their different odours.

COMPOSITION.—The chief constituents are: (1) Volatile oil, 6 to 9 per cent., consisting chiefly of a terpene, $C_{10}H_{16}$. (2) A sulphurous resin, 60 to 67 per cent. (3) Gum, 19 to 22 per cent. (4) Umbelliferone.

Dose, 5 to 15 gr.

Preparation.

Pilula Galbani Composita. *Synonym.* Compound Pill of Asafetida. Galbanum, 2; asafetida, 2 myrrh, 2; syrup of glucose, 1.

Dose, 4 to 8 gr.

This pill is almost the same as *Pilula Asafetidae Composita*, B. P. 1885.

ACTION AND THERAPEUTICS.

Galbanum acts like other substances containing volatile oils; it is always combined with ammoniacum or asafetida. It has been used externally as a plaster for its irritant effect, to aid the absorption of old inflammatory products, and internally it is given with asafetida as a carminative.

AMMONIACUM.

Ammoniacum. A gum-resin exuding from the flowering and fruiting stem of *Dorema ammoniacum* and probably other species (Nat. Ord. *Umbelliferae*). Persia and the Punjaub.

CHARACTERS. Small roundish tears, or masses of agglutinated tears; pale brown externally, darkening on keeping, milky white and opaque internally. Hard and brittle when cold, with a dull waxy fracture, but softening with heat. Odour faint, peculiar, non-alliacous. Taste bitter, acrid. Forms a nearly white emulsion with water. *Resembling ammoniacum.* Asafetida, galbanum, benzoin, known by odour.

COMPOSITION.—The chief ingredients are (1) Volatile oil, 4 per cent. (2) Resin, 70 per cent. (3) Gum, 20 per cent.

Dose, 5 to 15 gr.

Preparations.

1. Emplastrum Ammoniaci cum Hydrargyro.—Ammoniacum, 656; mercury, 164; olive oil, 7; sublimed sulphur, 1.

2. Mistura Ammoniaci.—Ammoniacum, 1, added gradually during trituration to 30 of water and 2 of syrup of tolu. It forms a milk-like emulsion.

Dose, $\frac{1}{2}$ to 1 fl. oz.

Ammoniacum is contained in Pilula Ipecacuanhæ cum Scilla, and Pilula Scillæ Compositæ

ACTION AND THERAPEUTICS.

The actions of ammoniacum are precisely the same as those of volatile oils generally. It is employed externally to aid, by its mildly irritating effects, the absorption of chronic inflammatory products, and internally in chronic bronchitis with

offensive expectoration for the sake of the remote disinfectant expectorant effect that it has in the course of its excretion through the bronchial mucous membrane.

MYRRH.

Myrrha. A gum-resin obtained from the stem of *Lalsanodendron Myrria* and probably other species (Nat. Ord. *Borseraceæ*). Collected in Arabia and Somaliland.

CHARACTERS. Roundish or irregularly formed tears or masses of agglutinated tears, varying very much in size. Externally reddish brown or reddish yellow; dry, covered with a fine powder; brittle. The fractured surface is irregular, brown, somewhat translucent, and oily. Odour agreeable, aromatic. Taste aromatic, acrid, bitter. Insoluble in water; when rubbed up with it, forms an emulsion.

COMPOSITION. The chief constituents are (1) *Myrrhin*, a resin, 23 per cent. (2) *Myrrhol*, $C_{10}H_{10}O$, a volatile oil, 2 per cent. (3) Gum, 60 per cent. (4) A bitter principle.

PROPERTIES. Many varieties of gum and gum-resins.

Dose, 10 to 30 gr.

Preparations.

1. **Tinctura Myrrhæ.**—Myrrh, 1; alcohol (90 per cent.), 5. Macerate.

Dose, $\frac{1}{2}$ to 1 fl. dr.

2. **Pilula Aloes et Myrrhæ.**—1 in $4\frac{1}{2}$ (see Aloe Socotrina, p. 474).

Myrrh is contained in Decoctum Aloes Compositum, Mistura Ferri Composita, Pilula Galbani Composita, and Pilula Rhei Composita.

ACTION.

External. Both externally and internally myrrh has the same actions as other substances containing a volatile oil. It is a mild disinfectant, and a stimulant to sores and ulcers.

Internal. It has the same effects in the mouth. It is a **stomachic carminative**, exciting the appetite, the flow of gastric juice, and the vascularity and peristalsis of the stomach and intestines. The

number of leucocytes in the blood is said to be increased by the administration of myrrh. It is excreted by mucous membranes, especially the genito-urinary and the bronchial, and it stimulates and disinfects their secretions in its passage through them. Thus it becomes an expectorant, a uterine stimulant, and an emmenagogue.

THERAPEUTICS.

External.—Occasionally myrrh has been employed as a stimulant to sores and ulcers.

Internal.—It is, in the form of $\frac{1}{2}$ fl. dr. of the tincture diffused through 1 fl. oz. of water, used as a mouth wash and gargle for sore spongy gums, relaxed throat, and other similar conditions, for which it is often combined with borax, as in the following formula:

Myrrh, 1; eau de Cologne, 16; borax, 1; water, 3; syrup, 3. It is frequently given with purgatives for the sake of its carminative and stomachic properties. It is also commonly combined with iron when this drug is given for anaemia, but the reason for this is not clear. It is prescribed for amenorrhœa, and has been given for cystitis, and as a disinfectant expectorant for chronic bronchitis.

CLASS IV. OF Volatile Oils.

Those used chiefly for their action on the bronchial mucous membrane.

TEREBENE.

Terebentum. Terebene. A mixture of dipentene and other hydrocarbons.

Source. Produced by agitating oil of turpentine with successive portions of sulphuric acid until it no longer rotates the plane of a ray of polarized light, and then distilling in a current of steam.

Characters.—Colourless liquid, with a pleasant pine-wood odour. It does not mix with water, but can easily be emulsified with tragacanth, or it may be taken on sugar or in capsules. Sp. gr. 0.862 to 0.866.

Dose, 5 to 15 m.

ACTION AND THERAPEUTICS.

Terebene is an excellent stimulating disinfectant expectorant for chronic bronchitis. It may be used as an inhalation thus: Terebene, 10 m; light carbonate of magnesium, 20 gr.; distilled water, 1 fl. oz. Use a fluid drachm of this mixture in a pint of water at 140° F. in an apparatus so arranged that air can be drawn through it and inhaled. It may be given as an expectorant either in capsules, lozenges, or suspended in a mixture; many patients find five drops a few times a day on sugar quite sufficient to cure a slight winter cough. Terpinum hydratum commonly called Terpene, a white solid, may be given in doses of 2 to 5 grains in a cachet, or suspended as an expectorant. It is made into an elixir with heroin (see p. 355). Terpinol dose (1-2 m) is a pleasant aromatic derivative of terebene and has the same action.

BALSAM OF PERU.

Balsamum Peruvianum. A balsam exuded from the trunk of *Myroxylon pereira* (Nat. Ord. *Leguminosae*), after the bark has been beaten and scorched. From Salvador in Central America.

CHARACTERS.—A liquid about as viscid as treacle, nearly black in bulk; in thin layers orange or reddish brown, and transparent. Odour balsamic. Taste disagreeable, burning, stimulant. Insoluble in water, easily in chloroform, and in 1 part of alcohol (90 per cent.), but on the addition of more alcohol the mixture becomes turbid.

COMPOSITION.—The chief constituents are—(1) A volatile oil. This is present in large quantities; it consists of cinnamin (cinnamate of benzyl), styracin (cinnamate of cinnyl), $C_6H_5COOC_6H_5$, peruvian (benzyl alcohol), styrone (cinnamic alcohol), and benzoate of benzyl. (2) Cinnamic acid, $C_6H_5\cdot CH=CH\cdot COOH$ (see p. 537). (3) Benzoic acid (see p. 608). (4) Resins.

Dose, 5 to 15 m. or more, made into an emulsion with mucilage or yolk of egg.

ACTION AND THERAPEUTICS.

External.—Like most substances containing a volatile oil, balsam of Peru is a disinfectant, and also a stimulant when rubbed into the skin or applied

to raw surfaces. Formerly it was much used for these purposes, chiefly as an application to indolent sores and chronic eczema. A mixture of balsam of Peru 1 part, lard 7 parts, is very useful for sore nipples and cracked lips, but now it is not often employed externally except as an antiparasitic for pediculi, scabies, and ringworm. For scabies it should be applied in the way already described for sulphur ointment; it is a more agreeable preparation.

Internal. Like most volatile oils balsam of Peru is carminative and stomachic, and after absorption is excreted by, and stimulates and disinfects the mucous membranes. For this reason it is used as an **expectorant** in chronic bronchitis. It is also excreted by the skin and the kidneys.

BALSAM OF TOLU.

Balsamum Tolutanum.—A balsam which on incision exudes from the trunk of *Myroxylon toluifera* (Nat. Ord. *Leguminosae*). New Granada.

CHARACTERS.—A reddish-yellow, soft, tenacious solid, becoming hard by keeping and brittle in the cold. A lens shows microscopic crystals of cinnamic acid. Very fragrant odour. Taste aromatic. *Solubility.* Easily in alcohol (90 per cent.), not in water.

COMPOSITION.—The chief constituents are—(1) Toluene, C_6H_5 . (2) Benzoic acid (see p. 608). (3) Cinnamic acid (see p. 537). (4) Tolu-resinotannol. (5) Benzyl benzoate. (6) Benzyl cinnamate. (7) Vanillin.

Dose, 5 to 15 gr. as an emulsion with mucilage or yolk of egg.

Preparations.

1. Syrupus Tolutanus. Balsam of Tolu, 1½ oz.; sugar, 2 lbs.; water to make 3 lbs. (contains very little balsam of tolu, as that is almost insoluble in syrup).

Dose, ½ to 1 fl. dr.

2. Tinctura Tolutana. Balsam of Tolu, 1; alcohol (90 per cent.), 10. Macerate.

Dose, ½ to 1 fl. dr. The balsam of tolu is precipitated by adding water, therefore it should be suspended with mucilage.

Balsam of Tolu is contained in Tinctura Benzoini Composita.

Tincture of Tolu is contained in Trochisci Acidi Carbolici, Morphine, and Morphine et Ipecacuanhe.

Syrup of Tolu is contained in Mistura Ammoniaci.

ACTION AND THERAPEUTICS.

Although it has an action in all respects similar to that of balsam of Peru, it is only used as an expectorant in cough mixtures.

STORAX.

Styrax Preparatus. Prepared Storax. A purified balsam obtained from the trunk of *Liquidambar orientalis*. (Nat. Ord. *Hamamelaceæ*). Asia Minor.

CHARACTERS. A brownish yellow, semi-transparent, semi-solid balsam. Odour strong, agreeable. Taste balsamic.

COMPOSITION. The chief constituents are (1) Styrene, $\text{C}_6\text{H}_5\text{CH}=\text{CH}_2$, a derivative of cinnamic acid. (2) Cinnamic acid, $\text{C}_6\text{H}_5\text{CH}=\text{CHCOOH}$, colourless, odourless, crystalline, can be oxidized to benzoic acid, is also found in balsams of Tolu and Peru. (3) Styracin, which is cinnamate of cinnamyl, $\text{C}_6\text{H}_5\text{COOC}_6\text{H}_5$. (4) Two resins.

Dose, 5 to 20 gr.

Storax is contained in Tinctura Benzoini Composita.

ACTION AND THERAPEUTICS.

Storax has just the same action as balsams of Tolu and Peru and benzoin, and may be employed for the same purposes. It is not often given internally except in the compound tincture of benzoin. Mixed with an equal part of olive oil it may be used to kill the *Sarcoptes hominis* and pediculi.

Cinnamic acid greatly increases the leucocytes in the blood and the uric acid in the urine. Sodium cinnamate dissolved either in water or glycerin has been given subcutaneously or intravenously to stimulate leucocytosis in cases of tuberculous disease, and coumaric acid (a derivative of cinnamic acid) has been used for phthisis and cancer, but neither has found much favour.

OIL OF PINE.

Oleum Pini.—The oil distilled from the fresh leaves of *Pinus pumilio* (Nat. Ord. *Coniferæ*). Russia. Pinol and Pumiline are similar proprietary preparations.

CHARACTERS.--Almost colourless. Odour aromatic. Taste pungent. Sp. gr. 0.865 to 0.87.

COMPOSITION. -- (1) Various terpenes. (2) Bornyl acetate.

ACTION AND THERAPEUTICS.

The action of oil of pine is the same as that of oil of turpentine (*see* p. 491). It is pleasanter to inhale, and forms a useful stimulating disinfectant expectorant inhalation in chronic bronchitis or laryngitis. To make an inhalation of it take of oil of pine, 40 m; rub with 20 gr. of light carbonate of magnesium, which helps to suspend it; add water, 1 fl. oz. Put 1 fl. dr. of this in a mixture of half a pint of cold and half a pint of boiling water in a vessel so arranged that air drawn through the fluid can be inhaled.

CLASS V. OF Volatile Oils.

Those used chiefly for their action on the kidneys and genito-urinary tract.

OIL OF JUNIPER.

Oleum Juniperi. The oil distilled from the full-grown unripe green fruit of *Juniperus communis* (Nat. Ord. *Coniferae*). North Europe.

CHARACTERS. Colourless or pale yellow. Odour characteristic. Taste warm, aromatic. Sp. gr. 0.865 to 0.890.

COMPOSITION. Oil of juniper is composed chiefly of terpenes, which are mostly pinene and cadinene.

Dose, $\frac{1}{2}$ to 3 m.

Preparation.

Spiritus Juniperi. Oil of juniper, 1; alcohol (90 per cent.), 19.

Dose, 20 to 60 m.

This is two and a half times as strong as in B. P. 1885.

Spirit of juniper is contained in Mistura Creosoti.

ACTION.

Oil of juniper has much the same action as oil of turpentine; but it is not so liable to upset the digestion; and although it is a powerful renal stimulant and diuretic, it does not easily cause hæmaturia and albuminuria.

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THERAPEUTICS.

It is not used externally. Occasionally it is given as a pleasant carminative and stomachic, but its main use is as a diuretic in heart disease, hepatic ascites, and chronic Bright's disease. It must not be given in the acute form, and should always be combined with other diuretics. It markedly increases the quantity of the urine, which it causes to smell like violets. As it is a constituent of hollands and gin, these are good forms of alcohol for persons suffering from the above diseases.

BUCHU.

Buchu Folia. *Synonym.* Bucco. The dried leaves of *Barosma betulina* (Nat. Ord. *Rutaceae*). Cape of Good Hope.

CHARACTERS.—From $\frac{1}{2}$ to $\frac{3}{4}$ in. long. Rhomboid ovate, glabrous, dull yellowish green, marked on the margins, especially the under surface, with oil-glands; peculiar strong odour; aromatic, mint-like taste. *Resembling buchu.* Senna and Uva Ursi, which have entire leaves.

IMPURITY.—Leaves of *Emplanum serrulatum*, which have no glands.

COMPOSITION.—The chief constituents are—(1) A yellowish-brown volatile oil from the glands; it consists of barosma camphor in solution in a liquid hydrocarbon. The camphor is deposited on exposure to air. (2) A bitter principle. (3) Mucilage.

Preparations.

1. Infusum Buchu. —1 in 20 of boiling water.

Dose, 1 to 2 fl. oz.

2. Tinctura Buchu.—Buchu, 1; alcohol (60 per cent.), 5. Percolate.

Dose, $\frac{1}{2}$ to 1 fl. dr.

ACTION AND THERAPEUTICS.

A medicinal dose of buchu causes a slight feeling of warmth in the stomach, and a large one gives rise to vomiting. The volatile oil diffuses into the blood and is excreted by the bronchial mucous membrane, which it stimulates, and buchu is therefore occasionally given as an expectorant. Most of the oil is

excreted by the kidneys, which are also stimulated, and thus buchu is a mild **diuretic**. In the process of excretion it gives a peculiar odour to the urine, and acts as an astringent and **disinfectant to the urinary tract**, especially the bladder. It has consequently been administered for cystitis, irritable bladder, pyelitis, and gonorrhoea. Large doses continued for a long time are said to damage the kidneys. The infusion contains very little of the oil. Alcoholic solutions, as the tincture, and a fluid extract which is sold, do not mix well with water on account of the oil in them. The action of buchu is much the same as that of pareira, but it is pleasanter to take, and is a good vehicle for diuretics.

COPAIBA.

Copaiba. Copaiva. The oleo-resin obtained from the trunk of *Copaifera lansdorfii* (Nat. Ord. *Leguminosae*), and other species of *Copaifera*. Valley of the Amazon, West and East Indies.

CHARACTERS. A more or less viscid liquid, generally transparent and not fluorescent, but some varieties are opalescent and slightly fluorescent; light yellow to pale golden brown. Odour peculiar, aromatic; taste acrid, bitter. *Solubility.* - Not at all in water, almost entirely in absolute alcohol, ether, fixed and volatile oils, benzol, and in four times its bulk of petroleum.

COMPOSITION. The chief constituents are - (1) *The official volatile oil*, 48 to 85 per cent. (see below). (2) *The resin*, 15 to 52 per cent. It exists dissolved in the oil. Dose, 10 to 20 gr. It is a brown resinous mass consisting of two resins: (a) copaivic acid ($C_{10}H_{10}O_2$), the chief constituent, a crystalline resin, with a faint odour, a bitter taste, insoluble in water, easily soluble in absolute alcohol and ammonia; (b) a non-crystallizable viscid resin, 1½ per cent.

IDENTIFICATION. Turpentine, detected by the smell on heating. Fixed oils; these leave a greasy ring round the resinous stain when heated on paper. Guggul balsam, which coagulates at 270° F.; copaiba does not.

Dose, ½ to 1 fl. dr. in two and a half times as much mucilage of acacia.

Oleum Copaiba.

SOURCE.—The volatile oil distilled from copaiba.

CHARACTERS.—Colourless or pale yellow, with the taste and odour of copaiba. Sp. gr. 0.9 to 0.91.

COMPOSITION.—It consists chiefly of the hydrocarbon caryophyllene (see p. 508).

Dose, 5 to 20 m. suspended in mucilage of acacia (1½ fl. oz. for every fl. oz. of oil of copaiba) or yolk of egg. Cammon or peppermint water, with tincture of orange or ginger, covers the taste. It may be dissolved in water with the aid of Liquor Potassæ, with which it forms a soap, or it may be given in capsules.

ACTION.

External.—Copaiba is a stimulant to the skin.

Internal.—*Gastro-intestinal tract.* It acts like other volatile oils. Small doses produce a feeling of warmth in the epigastrium, but with large doses its irritant effect leads to vomiting and diarrhoea. Its taste is very nasty, and the eructations it may cause are very disagreeable.

Mucous membranes.—Here also it acts like other volatile oils. It is quickly absorbed, and is then excreted by all the mucous membranes, which it stimulates in its passage through them, increasing their vascularity and the amount of their secretion, which if foul is disinfected. Because of these actions it is a disinfectant **expectorant**, and a stimulating **disinfectant** to the whole of the **genito-urinary tract**. It imparts a powerful odour to the breath and mucous secretions. It is also excreted by the skin, and its irritant effect here is seen in the **erythematous rash** it often produces. Some, too, passes out by the milk.

Kidneys. Copaiba has a more marked action on the kidneys than most substances containing volatile oils, and this is in great part due to the resin, which is particularly stimulating to the renal organs, and copaiba is therefore a useful **diuretic**. Large doses of it greatly irritate the kidney, as is shown by pain in the loins and blood and albumen in the urine. The oil and resin are excreted in the urine, and the

resin can be thrown down from it by nitric acid but this precipitate is known not to be albumen by the fact that it is evenly distributed through the fluid and is dissolved by heat. If the renal congestion is severe the urine may be very scanty.

THERAPEUTICS.

Genito urinary tract. Copaiba, or more usually its oil, is largely used to stimulate and disinfect this part of the body in cases of pyelitis, cystitis, vaginitis, and gonorrhoea. It is often prescribed for this last disease, and is best given when the acute symptoms have subsided, otherwise it may increase them.

Kidneys. The resin which remains after distillation of the oil from copaiba is an admirable diuretic for hepatic and cardiac dropsy, but because of its liability to irritate the kidneys should not be given in Bright's disease. After a time patients seem to become accustomed to it, for the diuresis is not so marked as at first. It is nasty and difficult to make palatable. Fifteen grains of the resin with 20 minims of alcohol (90 percent.), 15 grains of compound tragacanth powder to suspend it, and a fluid drachm of syrup of ginger in an ounce of water may be given for a dose.

Bronchial mucous membrane.—Copaiba is occasionally used as a disinfectant expectorant when the secretion is very foul as, for example, when the bronchial tubes are dilated.

Skin. Copaiba has been given in chronic skin diseases, as psoriasis, for the cutaneous stimulation caused by it, but it is now quite discarded.

The reasons why it is rarely used except in gonorrhoea, for which it would not be employed if it had not such a strongly marked beneficial action, are that the smell of the breath of those taking it is very disagreeable, it is very nasty to the taste, and often causes indigestion.

CUBEBS.

Cubeba Fructus. Cubebs. The dried unripe full-grown fruit of *Piper cubeba* (Nat. Ord. *Piperaceæ*). Java.

CHARACTERS. Globular, $\frac{3}{8}$ in. in diameter, blackish or greyish brown, wrinkled, tapering below into a rounded stalk, continuous with the pericarp, in which in the mature fruit is the seed, but in commercial specimens this is often so little developed that the pericarp is almost empty. Odour aromatic. Taste warm, aromatic, bitter. *Resembling cubeba.* Pepper and pimento; neither has a stalk.

COMPOSITION. The chief constituents are—(1) *The official volatile oil*, 6 to 15 per cent. (see below). (2) *An oleo-resin*, 6 per cent. which contains much cubebic acid and cubebin. (3) Cubebin, a tasteless, insoluble, odourless substance. (4) Cubebic acid. (5) A little piperine.

Dose, 30 to 60 gr.

Preparation.

Tinctura Cubebæ.—Cubebs, 1; alcohol (90 per cent.), 5. Percolate.

Dose, $\frac{1}{2}$ to 1 fl. dr.

Oleum Cubebæ.

SOURCE. The volatile oil distilled from cubebs.

CHARACTERS. Colourless or greenish yellow, with the odour and taste of cubebs. Sp. gr. 0.91 to 0.93.

COMPOSITION. The chief constituents are—(1) Dipentene. (2) Cadinene. (3) Cubeb-camphor.

Dose, 5 to 20 m. suspended in mucilage.

ACTION.

External. Like other substances containing a volatile oil, cubebs is rubefacient when rubbed into the skin.

Internal.—Small doses are stomachic and carminative, and improve digestion, but moderate doses are very liable to cause dyspepsia. Cubebs enters the blood, and, like so many volatile oils, slightly stimulates the heart, and also excites the organs through which it is excreted. Occasionally, therefore, it causes an erythematous eruption on the skin; it increases and disinfects the bronchial secretion, and

is consequently an expectorant; but its main action is on the **genito-urinary passages**, the mucous membrane of which is powerfully stimulated, and the secretions of which are disinfected. The kidneys are also irritated; hence cubebs is a **diuretic**. It appears in the urine in a form (probably as a salt of cubebic acid) which may be precipitated by nitric acid.

THERAPEUTICS.

It is sometimes employed as lozenges, or as a powder, or as the smoke of cubebs cigarettes, to stimulate the mucous membrane in cases of slight bronchitis, chronic sore throat, or follicular pharyngitis. Chronic nasal catarrh and hay-fever have been treated by insufflations of the powder. Asthma is sometimes relieved by the cigarettes. Many popular bronchial troches contain cubebs; in them it exercises its expectorant action. Cubebs is rarely used as a stomachic or cardiac stimulant, because it is so liable to upset digestion; but as it is less likely to do so than copaiba, is a little pleasanter to take, and is almost as powerful a stimulant to the genito-urinary mucous membrane, it is largely used in gleet, gonorrhoea, and chronic cystitis.

OIL OF SANDAL WOOD.

Oleum Santali. *Synonym.*—Santal oil. The volatile oil distilled from wood of *Santalum album* (Nat. Ord. *Santalaceae*). India.

CHARACTERS. Thick, viscid, pale yellow. Odour strongly aromatic. Taste pungent, spicy. Readily soluble in alcohol, ether, or chloroform. Sp. gr. 0.975 to 0.980.

COMPOSITION. It contains 90 per cent. of an alcohol $C_{15}H_{15}OH$.

Dose, 5 to 30 m. in capsules, or as an emulsion.

ACTION AND THERAPEUTICS.

The action of sandal-wood oil is the same as that of volatile oils in general, but, like that of the oils of

copaiba and cubebs, it is especially manifested in the **genito-urinary mucous membranes**, which are **stimulated and disinfected**. The drug is used in gonorrhoea and gleet; it is pleasanter than copaiba, but more expensive. It appears in the urine half an hour after administration. Some of it is excreted by the bronchial mucous membrane; it is therefore a stimulating disinfectant expectorant. Two or three drops on sugar will frequently relieve the hacking cough so often met with when but little sputum is expectorated.

GROUP VII.

Vegetable Bitters.

All these substances contain a bitter principle, which stimulates the functions of the stomach.

Calumba, Gentian, Quassia, Cascarella, Chiretta, Cusparia, Serpentary, Cimicifuga, Dandelion, Orange Peel.

CALUMBA.

Calumbar Radix.—Calumba Root. The dried, transversely cut slices of the root of *Jateorhiza columba* (Nat. Ord. *Menispermaceae*). From the forests of Eastern Africa north of the Zambesi.

CHARACTERS.—Flat, more or less circular slices, about 2 in. in diameter, and $\frac{1}{2}$ to $\frac{3}{4}$ in. thick. Cortical part thick, with a wrinkled brownish-yellow coat. Centre softer, concave, and greyish yellow; there is a fine dark line between the two parts. Mealy fracture. Musty odour; bitter taste.

COMPOSITION.—The chief constituents are—(1) *Calumbin* $C_{10}H_{15}O_5$, a neutral bitter principle crystallizing in white needles. (2) Berberine, an alkaloid, giving the yellow colour. (3) Calumbic acid. (4) Starch, 33 per cent. No tannin is present, so calumba can be prescribed with salts of iron.

Preparations.

1. Infusum Calumbæ.—Calumba root, 1; cold water (to avoid extracting the starch), 20.

Dose, $\frac{1}{2}$ to 1 fl. oz.

2. Liquor Calumbæ Concentratus. — Made by macerating with water, otherwise made like other concentrated liquors. (See p. 19.)

Dose, $\frac{1}{2}$ to 1 fl. dr.

3. Tinctura Calumbæ. — Calumba root, alcohol (60 per cent.), 10. Macerate.

Dose, $\frac{1}{2}$ to 1 fl. dr.

ACTION.

External. Calumba is a mild antiseptic and disinfectant.

Internal. Mouth. Calumba is a typical bitter; its main action is in the mouth, for the appetite is sharpened because the gustatory nerves are stimulated; this reflexly leads to dilatation of the gastric vessels and to an increase in the gastric and salivary secretions.

Stomach.—The effects on the gastric mucous membrane which were brought about reflexly by the stimulation of the gustatory nerves are further exaggerated by the arrival of the saliva in the stomach. The immediate effect of a bitter in the stomach is to diminish the flow of gastric juice, but it is soon absorbed, and after absorption it may slightly have the power to increase the flow of gastric juice. The result of these actions is to cause a feeling of hunger, an extra secretion of gastric juice, and greater vascular dilatation, and all this **helps the digestion** of the food. Peristalsis in the stomach and intestine appears in some people to be made slightly more active, and thus calumba and other bitters may be **carminative**. Large doses have a paralytic effect on the secretion, and are very harmful. The long continued use of bitters leads to gastric catarrh and consequent indigestion.

Most bitters, like volatile oils, cause an increased migration of leucocytes from the intestinal glands into the blood.

Injected up the rectum bitters are anthelmintic, destroying the threadworm.

THERAPEUTICS.

Calumba is only employed to stimulate the gastric functions and improve the appetite in cases of chronic indigestion due to a general weakness of action on the part of the stomach. It is thus a type of the large class of stomachics. It is especially valuable in that form of dyspepsia in which the stomach participates in a general feebleness of all the organs of the body, such as we see in anæmia, starvation, convalescence from acute diseases, tuberculosis, and general exhaustion. Bitters should never be used when there is acute or subacute gastritis, a gastric ulcer, or pain. They will obviously make all these conditions worse. They must not be too concentrated, nor be given for too long, lest they should over-irritate the stomach. They should always, as far as possible, be combined with modes of treatment designed to relieve the cause of the dyspepsia. Often they are called tonics; all that is meant by this is that, as they render the digestion of food more easy, the general health will improve. Most bitters, when given as rectal injections, are anthelmintics for the *Ascaris vermicularis*. Half a pint of the infusion of calumba may be thrown up the rectum of an adult.

GENTIAN.

Gentianæ Radix.—The dried rhizome and roots of *Gentiana lutea* (Nat. Ord. *Gentianaceæ*). Central and northern European mountains.

CHARACTERS.—Cylindrical, tough, brittle pieces or longitudinal slices, a few inches to a foot or more long, $\frac{1}{2}$ –1 in. thick, with irregular longitudinal furrows. The rhizome has closely approximated leaf scars. Peripherally yellowish and centrally reddish yellow. Bark thick, reddish. Wood grey, separated from bark by dark zone. Odour heavy, taste first sweet, then bitter.

COMPOSITION. The chief constituents are--(1) *Gentianin*, the active, very bitter glucoside, soluble in water and alcohol. Can be split up into glucose and gentiopicric acid. (2) *Gentisic* or *gentianic* acid united with gentiopicrin. (3) A trace of a volatile oil. (4) *Gentianose*, a sugar. *Gentian* contains no tannin, but cannot be prescribed with iron because that darkens the colouring matter.

INCOMPATIBLES. Iron salts, silver nitrate, and lead salts.

Preparations.

1. **Extractum Gentianæ.**—Aqueous.
Dose, 2 to 8 gr.

2. **Infusum Gentianæ Compositum.** *Gentian*, 1; dried bitter orange peel, 1; fresh lemon peel, 1; boiling water, 80.

Dose, $\frac{1}{2}$ to 1 fl. oz.

3. **Tinctura Gentianæ Composita.**—*Gentian*, 8; dried bitter orange peel, 3; cardamoms, 1; alcohol (45 per cent.), 80. Macerate.

Dose, $\frac{1}{2}$ to 1 fl. dr.

ACTION AND THERAPEUTICS.

Gentian has the same action as other bitter principles such as *calumba*, and is employed for the same class of cases. It is more used than any other bitter principle because its taste is pleasant and it is not astringent.

QUASSIA.

Quassia Lignum. The wood of the trunk and branches of *Picramnia excelsa* (Nat. Ord. *Simarubaceæ*). Jamaica.

CHARACTERS.—In billets or logs, varying in size, but often as thick as a man's thigh, and covered with a dark grey bark. Wood dense, tough, porous, yellowish white. Often seen as chips, shavings, or raspings. Odorous. Intensely bitter. Resembling *quassia*.—*Sassafras*, but this is aromatic and not bitter.

COMPOSITION. The chief constituents are—(1) *Quassia*, a bitter neutral principle occurring in crystalline needles. (2) A volatile oil. No tannin is present, and therefore *quassia* can be prescribed with salts of iron.

Preparations.

1. Infusum Quassiae. Quassia, 1. cold water, 100. The water is cold to avoid extracting too much of the bitter principle.

Dose, $\frac{1}{2}$ to 1 fl. oz.

2. Liquor Quassiae Concentratus. — Made like other concentrated liquors, but only 2 oz. of quassia to the pint is used, as quassia is so bitter. (See p. 19.)

Dose, $\frac{1}{2}$ to 1 fl. dr.

3. Tinctura Quassiae. Quassia, 1; alcohol (15 per cent.), 10. Macerate.

Dose, $\frac{1}{2}$ to 1 fl. dr.

ACTION AND THERAPEUTICS.

Quassia is an aromatic bitter stomachic, acting in the same way as calumba. As it contains no resin it is often prescribed with iron. The only objection to it is that some persons find it too bitter. Injected *per rectum*, it is an excellent anthelmintic for *Oxyuris vermicularis*; half a pint of the infusion may be given for this purpose.

CASCARILLA.

Cascarilla Cortex. — The dried bark of *Croton tiglium* (Nat. Ord. *Euphorbiaceae*). Bahamas.

CHARACTERS. — Quills, 1 to 3 or more in. long, $\frac{1}{4}$ to $\frac{1}{2}$ in. diameter. Externally there is a silvery lichen with black spots, under that a dull brown, easily separable, corky layer. Internally brown, short, resinous. Odour agreeable, aromatic, especially when burned. Taste warm, bitter. Resembling cascara. Pale cinchona, which is less white, smooth and small.

COMPOSITION. — The chief constituents are — (1) Cascarilla, a bitter neutral crystalline substance. (2) Volatile oil. (3) Resins. (4) Tannin.

INCOMPATIBLES. — Mineral acids. Lime water. Metallic

Preparations.

1. Infusum Cascarillae. — 1 in 20 of boiling water.

Dose, $\frac{1}{2}$ to 1 fl. oz.

2 Tinctura Cascarillae. — Cascarilla, 1; alcohol (70 per cent.), 5. Percolate.

Dose, $\frac{1}{2}$ to 1 fl. dr.



MICROCOPY RESOLUTION TEST CHART

ANSI/ISO TEST CHART

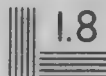


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APPLIED IMAGE Inc

ACTION AND THERAPEUTICS.

Because of its bitter principle cascarillin, cascarilla, like other vegetable bitters, improves the digestion, and this stomachic and carminative action is aided by the volatile oils in it. It is pleasant to take, and is suitable for the same cases as calumba. The infusion will not keep good for more than a day unless a tincture is added to it. Mineral acids precipitate the resin from the tincture; therefore the infusion should be prescribed with them.

CHIRETTA.

Chirata. --The dried plant *Suertia chirata* (Nat. Ord. *Gentianaceæ*), collected when in flower. Northern India.

CHARACTERS. Root 2 to 3 in. long, generally unbranched. Stem 3 ft. or more long, rounded below, quadrangular, winged and much branched above; smooth, orange brown or purplish; consists of a thin woody ring enclosing much yellow pith. Branches slender, decussate. Leaves opposite, entire, ovate, 5 to 7 ribbed. Flowers small, numerous, panicled. Odour none. Taste very bitter. *Resembling chiretta.* --Lobelia, which is not bitter.

COMPOSITION. --The chief constituents are (1) *Chiratin*, an active bitter, amorphous principle. (2) *Ophelic acid*, with which it is combined. No tannin is present.

Preparations.

1. **Infusum Chiratæ.** 1 in 20 of boiling water.
Dose, $\frac{1}{2}$ to 1 fl. oz.

2. **Liquor Chiratæ Concentratus.** Made in the usual way for concentrated liquors. (See p. 19.)
Dose, $\frac{1}{2}$ to 1 fl. dr.

3. **Tinctura Chiratæ.** --Chiretta. 1; alcohol (60 per cent.), 10. Percolate.
Dose, $\frac{1}{2}$ to 1 fl. dr.

ACTION AND THERAPEUTICS.

Chiretta has the same actions and uses as gentian, calumba, and other bitters. As it contains no tannin, it can be given with iron. It is more used in India than in England.

CUSPARIA.

Cuspariæ Cortex.—Cusparia bark. *Synonym.*—*Angustura* bark. The dried bark of *Cusparia febrifuga* (Nat. Ord. *Rutaceæ*). From tropical South America.

CHARACTERS.—Flat or curved pieces or quills, 6 in. or less long, 1 in. wide, $\frac{1}{12}$ in. thick. Externally a yellowish grey, mottled, corky layer, which can be scraped off, and shows a dark brown resinous layer; inner surface light brown, flaky. Fracture short, resinous, and showing under a lens white points or lines. Taste bitter, aromatic. Odour musty, disagreeable.

IMPURITY.—Bark of *Strychnos nux-vomica* (false *Angustura* bark): its inner surface gives bright blood-red colour with nitric acid, showing brucine; cusparia does not.

COMPOSITION.—The chief constituents are—(1) *Cusparine*, or angusturine, a crystalline bitter alkaloid. (2) An alkaloid, galipeine. (3) An alkaloid galipidene. (4) An alkaloid cusparidine. (5) An aromatic oil. It is stated that no tannin is present, but iron salts are incompatible with cusparia.

INCOMPATIBLES.—Mineral acids and metallic salts.

Preparations.

1. Infusum Cuspariæ.—1 in 20 of boiling water.
Dose, 1 to 2 fl. oz.

2. Liquor Cuspariæ Concentratus.—Made in the usual way for concentrated liquors. (See p. 19.)
Dose, $\frac{1}{2}$ to 1 fl. dr.

ACTION AND THERAPEUTICS.

Cusparia bark is an aromatic bitter, having a similar action to calumba. In South America it is given as an antiperiodic.

SERPENTARY.

Serpentariæ Rhizoma.—Serpentary Rhizome. The dried rhizome and rootlets of *Aristolochia serpentaria*, or of *Aristolochia reticulata* (Nat. Ord. *Aristolochiaceæ*). North America.

CHARACTERS.—The rhizome of *A. serpentaria* is $\frac{1}{2}$ in. thick, 1 in. long. Upper surface, remains of former stems; under surface, a tuft of slender rootlets, 1 to 4 in. long. Dull yellowish brown. Odour aromatic, camphoraceous; taste bitter,

aromatic, camphoraceous. The rhizome and roots of *A. reticulata* resemble the foregoing but are longer and thicker. *Resembling serpentary.* Arnica, valerian (*q. v.*). The rhizome deteriorates by keeping.

COMPOSITION.—The chief constituents are—(1) A bitter principle, aristolochin. (2) A volatile oil. (3) Resin.

Preparations.

1. **Infusum Serpentariæ.**—1 in 20 of boiling water.

Dose, $\frac{1}{2}$ to 1 fl. oz.

2. **Liquor Serpentariæ Concentratus.** Made in the usual way for concentrated liquors. (*See p. 19.*)

Dose, $\frac{1}{2}$ to 2 fl. dr.

3. **Tinctura Serpentariæ.** Serpentary, 1; alcohol (70 per cent.), 5. Percolate.

Dose, $\frac{1}{2}$ to 1 fl. dr.

Serpentary is contained in Tinctura Cinchona Composita.

ACTION AND THERAPEUTICS.

In the small doses in which serpentary is given in medicine it is a bitter stomachic, acting just like calumba or cascarrilla, and it is used for the same class of cases. It is rarely prescribed alone. In large doses it produces vomiting and purging. Many virtues have been attributed to it which it does not possess.

CIMICIFUGA.

Cimicifugæ Rhizoma.—Cimicifuga Rhizome. The dried rhizome and roots of *Cimicifuga racemosa* (also called *Actæa racemosa*). The black snake-root or black cohosh (Nat. Ord. *Ranunculaceæ*). Northern United States.

CHARACTERS.—Rhizome 2 to 6 in. long, $\frac{1}{2}$ to 1 in. thick. Hard, brownish black, almost odourless; bitter taste. On the upper surface remains of stout ascending branches; on the lower, wiry, brittle, branched rootlets, more or less broken off. It deteriorates by keeping.

COMPOSITION.—The chief constituents are—(1) A volatile oil. (2) Tannic and gallic acids. (3) Two resins.

Cimicifugin or macrotin is an impure resin deposited from the tincture on adding water.

Preparations.

1. Extractum Cimicifugæ Liquidum. — Powdered cimicifuga, 1; alcohol (90 per cent.), 1.

Dose. 5 to 30 m.

2. Tinctura Cimicifugæ. Powdered cimicifuga, 1; alcohol (60 per cent.), 10. Percolate.

Dose, $\frac{1}{2}$ to 1 fl. dr.

ACTION.

Cimicifuga has two chief actions. It influences the gastric secretion like any other bitter, and, to a slight extent, it depresses the rate but increases the force of the pulse, like digitalis. The arterial tension rises. It is said to cause contractions of the uterus and to increase the menstrual flow.

THERAPEUTICS.

It has been used for chorea, dyspepsia, bronchitis, amenorrhœa, dysmenorrhœa, rheumatism, neuralgia, and many other diseases. The evidence that it does much good is slight.

DANDELION ROOT.

Taraxaci Radix. The fresh and dried roots of *Taraxacum officinale* (Nat. Ord. *Compositæ*). Collected in the autumn.

CHARACTERS. — About 12 in. long, $\frac{1}{2}$ in. in diameter. When fresh is externally smooth, yellowish brown. Internally white. Short fracture. Milky juice. When dried is dark brown, furrowed longitudinally, shrivelled. Fracture short, showing yellow, porous, woody axis, with irregular concentric rings and a thick whitish bark. No odour. Taste bitter. *Resembling* pellitory, which is pungent when chewed.

COMPOSITION. — The chief constituents are—(1) Taraxacin, a neutral principle. (2) Taraxacerin. (3) Asparagin (found also in asparagus, marsh-mallow, 1 per cent., eonymus, &c.), of no therapeutical value. (4) Inulin, mannite. (5) Salts. (6) Resins (which give the plant its milky appearance).

Preparations.

1. Extractum Taraxaci Fresh extract. Made with *fresh root*.

Dose, 5 to 15 gr.

2. Extractum Taraxaci Liquidum. — Dried root, extracted with alcohol (60 per cent.) and water.

Dose, $\frac{1}{2}$ to 2 fl. dr.

3. Succus Taraxaci. — Fresh juice, 3; alcohol (90 per cent.), 1.

Dose, 1 to 2 fl. dr.

ACTION AND THERAPEUTICS.

Dandelion is a simple bitter, and acts as a stomachic, just like calumba. It is also slightly laxative. It was formerly much more used than at the present day. It has been said to stimulate the flow of bile, but this is incorrect.

ORANGE PEEL.

Aurantii Cortex Recens. — Fresh Bitter Orange Peel. The fresh outer part of the pericarp of *Citrus aurantium* (var. *Bigaradia*) (Nat. Ord. *Rutaceae*).

CHARACTERS well known.

Preparations.

1. Tinctura Aurantii. Fresh bitter orange peel, 1; alcohol (90 per cent.), 4. Macerate.

Dose, $\frac{1}{2}$ to 1 fl. dr.

2. Syrupus Aromaticus. — Tincture of orange, 1; cinnamon water, 1; syrup, 2. *Synonym.* — Simple Elixir.

Dose, $\frac{1}{2}$ to 1 fl. dr.

3. Syrupus Aurantii. Tincture of orange, 1; syrup, 7.

Dose, $\frac{1}{2}$ to 1 fl. dr.

4. Vinum Aurantii. A saccharine solution to which fresh bitter orange peel has been added is fermented. It contains 10 to 12 per cent. of alcohol.

Vinum Aurantii is used to make *Vinum Ferri Citratis* and *Vinum Quininae*.

Tinctura Aurantii is contained in *Confectio Sulphuris*, *Syrupus Cascarae Aromaticus*, *Tinctura Quininae*, and *Trochisci Sulphuris*.

Aurantii Cortex Siccatus. — Dried Bitter Orange Peel. The dried outer part of the pericarp of *Citrus aurantium* (var. *Bigaradia*) (Nat. Ord. *Rutaceae*).

CHARACTERS. — Thin pieces or strips, dark yellow colour, almost free from the white inner rind. Odour fragrant. Taste aromatic and bitter.

COMPOSITION.—The chief constituents are—(1) A fixed oil, *Oleum Corticis Aurantii*, 1 to 2 per cent. Sp. gr. 0.84 to 0.86, which consists chiefly of a terpene, dextro-rotatory limonene, $C_{10}H_{16}$. This oil is an ingredient of several elixirs. (2) Three glucosides, hesperidin, isohesperidin, aurantiamarin (the bitter principle).

Preparations.

1. Infusum Aurantii. Dried bitter orange peel, 1; boiling water, 20.

Dose, $\frac{1}{2}$ to 1 fl. oz.

2. Infusum Aurantii Compositum. Dried bitter orange peel, $\frac{1}{2}$ oz.; fresh lemon peel, $\frac{1}{4}$ oz.; cloves, 55 gr.; boiling water, 20 fl. oz.

Dose, $\frac{1}{2}$ to 1 fl. oz.

Dried bitter orange peel is contained in Spiritus Armoraciae Compositus, Tinctura Cinchone Composita, Infusum Gentiane Compositum, Tinctura Gentiane Composita.

Aqua Aurantii Floris. Orange Flower Water. The orange flower water of commerce prepared by distillation from the flowers of *Citrus aurantium* (var. *Bigaradia*) (the bitter orange tree). It is a saturated solution of the essential oil of the fresh flowers. In dispensing it is diluted with twice its volume of distilled water immediately before use.

CHARACTERS.—Colourless or slightly greenish; very fragrant; bitter taste.

COMPOSITION.—The chief constituents are—(1) A volatile oil, *Oleum Neroli*. (2) A bitter principle.

Dose, $\frac{1}{2}$ to 1 fl. oz.

Preparation.

Syrupus Aurantii Floris.—Orange flower water of commerce, undiluted, 8 fl. oz.; sugar, 3 lbs.; water to make $4\frac{1}{2}$ lbs.

Dose, $\frac{1}{2}$ to 1 fl. dr.

Orange flower water, undiluted, is contained in Mistura Olei Ricini, and in Syrupus Calcis Lactophosphatis.

ACTION AND THERAPEUTICS.

The various preparations of the orange are used largely as flavouring agents, and Syrupus Aromaticus is especially useful. They are slightly bitter and stomachic.

GROUP VIII.

Vegetable Drugs containing Tannic Acid.

These are all astringent.

Galls, Catechu, Rhatany, Kino, Logwood,
Hamamelis, Eucalyptus Gum.

TANNIC AND GALLIC ACIDS.

Galla. Galls. Excrecences on *Quercus infectoria* (Nat. Ord. *Cupulifera*), caused by the puncture and deposit of an egg or eggs of *Cynips gallæ tinctoriæ*.

CHARACTERS. Hard, heavy, subglobular, $\frac{1}{2}$ to $\frac{3}{4}$ in. in diameter; tuberculated on surface; the tubercles and the intervening spaces are smooth; dark bluish green or dark olive-green externally; yellowish or brownish white within, with small central cavity. Odour none. Taste first astringent, then sweetish.

COMPOSITION.—The chief constituents are (1) *Tannic acid*, 60 to 75 per cent. (2) *Gallie acid*, 2 to 5 per cent.

IDENTIFICATION.—See Tannic and Gallic Acids.

Preparations.

1. Unguentum Gallæ. Galls, 1; benzoated lard, 4.

2. Unguentum Gallæ cum Opio. Ointment of galls, 925 gr.; opium, 75 gr.

Acidum Tannicum. Tannic Acid. *Synonyms.* Tannin, Digallic acid. $C_{11}H_6O_6$.

SOURCE.—Tannic acid may be extracted by water saturated with ether from galls which have been subjected to a special fermentation.

CHARACTERS. A pale brownish powder, consisting of thin glistening scales. Taste strongly astringent. Reaction acid. *Solubility.* Freely in water or alcohol (90 per cent.); 1 in 1 of glycerin; 1 in 100 of ether. Gives a yellowish white precipitate with gelatin (gallic acid does not), and this is the action that takes place when hides are tanned. There are many varieties of tannic acid in pharmacopœial plants. They all have a benzene nucleus, and mostly exist in glucosides.

INCOMPATIBLES.—Mineral acids, alkalis. Salt of ammonium, lead, silver, per-salts of iron. Alkaloids, gelatin, chauli-
sion.

Dose, 2 to 5 gr., rarely given internally

Preparation.

1. Glycerinum Acidi Tannici.—1 in 5

2. Suppositoria Acidi Tannici. Tannic acid, 3 gr.; oil of theobroma, 12 gr. in each.

3. Trochiscus Acidi Tannici. $\frac{1}{2}$ gr. in each, with a fruit base.

ACTION.

External.—Tannic acid is one of our most important drugs, because it coagulates proteins with great readiness; that is to say, it tans the tissues, for it is by coagulating the interstitial fluids in skins that tannic acid converts them into leather. The coagulated protein powerfully resists putrefaction. If an albuminous discharge is taking place from a sore or mucous surface and tannic acid is applied, the excreted fluid is coagulated, and the dense, insoluble coagulum forms a solid protecting layer which prevents further discharge. As the tannic acid soaks into the tissues it coagulates the albuminous fluids there also, and this still further hinders the discharge of fluid, therefore it is an energetic **astrigent**. If bleeding is taking place, tannic acid of course coagulates the blood as it flows and the clots plug the vessels; at the same time the coagulum formed within the tissues, by its contraction, constricts the blood-vessels, and thus tannic acid becomes a powerful **hæmostatic**. It has no noteworthy direct effect on the vessels themselves. Tannic acid is mildly depressant to sensory nerves. Like other acids it is irritant, but it is very feebly so, and consequently its action in this direction is more than counterbalanced by its strongly astrigent effects.

Internal.—*Gastro-intestinal tract.*—Because tannic acid coagulates the mucous secretions and the fluids in mucous membranes, it makes the mouth dry and feel stiff when locally applied; in the stomach large doses prevent the secretion of gastric juice, decrease the flow of mucus, and may cause vomiting. For these reasons, and also because it precipitates proteins and pepsin, it interferes with digestion, but less than might be thought, because the precipitated protein is slowly broken up and converted into peptones, and they are not precipitated by tannic acid in an acid medium. It will check gastric hemorrhage. In the intestine it is either converted into gallic acid or forms alkaline tannates, and until these alterations it acts as an intestinal astringent, controlling intestinal bleeding and causing constipation; but gallic acid and alkaline tannates have no astringent properties, therefore when drugs containing large amounts of tannic acid act as powerful intestinal astringents and hemostatics, we must suppose that the amount of tannic acid taken is large enough for the conversion of it into salts or gallic acid, to take place slowly. Its administration leads to constipation, and the feces are particularly hard.

It is absorbed chiefly as gallates, and to a much less extent as tannates.

Remote effects.—Gallates and undecomposed alkaline tannates circulate in the blood, but they have no power to coagulate albumen, nor have they any astringent influence when locally applied, therefore it is difficult to believe that tannic acid has any remote astringent or hemostatic effects; some claim that it has, but they have not proved their case. It is excreted in the urine of animals as gallates with traces of tannates, but in man no derivative of it can be detected in the urine or other secretions, so that any which has been absorbed is entirely decomposed in the body. Any excess passes out in feces as

tannates and gallates. Many vegetable substances, such as logwood, depend, for their astringent properties, on the tannic acid they contain.

THERAPEUTICS.

The therapeutical applications of tannic acid are very numerous. It is used as an astringent for ulcers, sores, various moist eruptions, tonsillitis, pharyngitis, nasal catarrh, otorrhœa, gastric catarrh, diarrhœa (large doses of 30 grains may be given; catechu and logwood are favourite remedies), leucorrhœa, gonorrhœa, rectal ulcers, fissures, and prolapse. It is employed as a hæmostatic in bleeding from small wounds, ulcers, the gums, the pharynx, the nose, the stomach, the intestine, hæmorrhoids, and the bladder. *Collodium Stypticum* (B. P. Codex) contains tannin, and is a useful external remedy. Whenever practicable a good method of application is to dust tannic acid on the part, especially for hæmorrhage; if this is gastric or intestinal 30 grains or more should be frequently given by the mouth. For external use or for application to the throat the glycerinum is useful. A gargle of 1 fl. dr. of the glycerinum to 1 fl. oz. of water may be made. The lozenges are convenient for pharyngitis. A spray (6 to 10 gr. in 1 fl. oz. of water) or an insufflation of tannic acid and starch may be used for the mouth and larynx. The ointment of galls and opium is a favourite application for piles. The suppositories are useful for rectal discharges. Solutions of 10 gr. to 1 fl. oz. of water may be injected into the urethra for gonorrhœa and urethritis, and into the bladder for cystitis. The decoction of oak bark, employed as a rectal injection, destroys the threadworm. Tannigen (diacetyl tannin) and Tannalbin (tannin and albumen) have been recommended for diarrhœa. They may be given in 10-grain doses in a cachet. Tannoform

(tannin and formic aldehyde) is used as a dusting powder.

Acidum Gallicum. Gallic Acid. *Source.*—Trihydroxy-benzoic acid. $C_6H_3(OH)_3COOH.H_2O$

Source.—Boil one part of powdered galls with four parts of dilute sulphuric acid, and strain. Gallic acid crystallizes out, having been hydrolysed from the tannic acid in the galls.

CHARACTERS. White or pale acicular prisms or silky needles. Taste acid. *Solubility.*—1 in 100 of cold water; 1 in 3 of boiling water; 1 in 8 of alcohol (90 per cent.); 1 in 5 of cold, 1 in 1 of hot glycerol.

INCOMPATIBLES.—Ferrous salts of iron, and metallic salts generally; Spiritus Ætheris Nitrosi.

Dose, 5 to 15 gr.

ACTION.

Gallic acid has no power to coagulate protein, and therefore possesses none of the local properties of tannic acid. If it is wished to try to produce the supposed remote astringent effects of tannic acid, gallic acid may be administered, for tannic acid is in the intestine converted into it.

Acidum Pyrogallicum. Trixybenzol. (Not official.)

Source.—Pyrocatellol. $C_6H_3(OH)_3$.

SOURCE.—Obtained by heat from gallic or tannic acid, but chemically it is related to phenol.

CHARACTERS.—Light, small, white crystals. Odour, none. *Taste.* It produces a feeling of coldness on the tongue. *Solubility.*—1 in $2\frac{1}{2}$ of water; 1 in 10 of lard.

ACTION AND THERAPEUTICS.

It is used externally as an ointment (Jarisch's ointment is pyrogallic acid, 60 gr.; lard, 1 oz.) for the treatment of chronic psoriasis. Jarisch's ointment is very strong; a more usual strength is 10 or 20 gr. to an ounce of lard. Pyrogallic acid is also an excellent parasiticide for ringworm. It must not be applied over too large a surface, as it may be absorbed, and then it breaks up the blood-corpuscles, causing methæmoglobinuria and jaundice.

CATECHU.

Catechu. *Synonymes.* Pale catechu, Catechu Pallidum. An extract of the leaves and young shoots of *Uncaria tobiensis* (Nat. Ord. *Rubiaceae*). Prepared at Singapore and other places in the Eastern Archipelago.

CHARACTER. Incubes (sometimes agglutinated), each side 1 in., deep reddish brown externally, pale brown internally; l. l., earthy fracture, under the microscope showing myriads of small acicular crystals. Odourless. Taste at first astringent, bitter, then sweet. Entirely soluble in boiling water.

COMPOSITION.—The chief constituents are (1) *Catechuic tannic acid*, 40 per cent., the active principle, isomeric with catechin, and converted into it by boiling or by the alkali, a red colour being formed. (2) Catechin or catechuic acid, probably inactive. (3) Pyrocatechin or catechol, $C_6H_4(OH)_2$, gives a green colour with ferric chloride. Pyrocatechin is found pathologically in the urine and gives it a dark colour.

INCOMPATIBLES.—Alkalies, metallic salts, and gelatin.

IMPERITY.—Starch.

Dose, 5 to 15 gr.

Preparations.

1. **Pulvis Catechu Compositus.** Catechu, 4; kino, 2; rhatany, 2; cinnamon, 1; nutmeg, 1. *Strength* of catechu, 4 in 10.

Dose, 10 to 40 gr.

2. **Tinctura Catechu.** Catechu, 4; cinnamon, 1; alcohol (60 per cent.), 20. *Macerate.*

Dose, $\frac{1}{2}$ to 1 fl. dr.

3. **Trochiscus Catechu.** 1 gr. in each with a simple basis.

ACTION AND THERAPEUTICS.

Catechu is a powerful **astringent**, acting in virtue of its tannic acid, and having a precisely similar action to it. It is used as a lozenge for sore throats, and the other preparations, especially the compound powder, are very efficacious for diarrhœa.

Catechu, Black.—(Not official.)

An extract from the heart-wood of *Acacia catechu*. It is a blackish-brown mass almost insoluble in water. It is the name of catechu in the pharmacopœias of all countries but Great Britain, as it has the same action as, but is much more astringent and powerful than, the official pale catechu.

Dose, 5 to 15 gr. in powder.

RHATANY.

Krameria Radix. — *Krameria* Root. *Synonym.* — Rhatany Root. The dried root of (1) Para Rhatany, a species of *Krameria* attributed to *Krameria argentea*; or of (2) Peruvian Rhatany, *Krameria triandra* (Nat. Ord. *Polygalaceae*).

CHARACTERS. — (1) Para. — Cylindrical pieces, purplish-brown, smooth thick bark which adheres closely to the wood and has deep cracks. Wood, fracture short, colour reddish-brown. (2) Peruvian. — Dark reddish-brown yellow, woody axis. The bark separates easily, is thinner than that of Para, mostly rough and scaly. The bark of both kinds is strongly astringent, and tinges the saliva red.

COMPOSITION. — The chief constituents are — (1) *Rhatannia-tannic acid*, 20 per cent. (2) Rhatannia red, the colouring matter. (3) Rhatannin, a neutral substance.

INCOMPATIBLES. — Alkalies, lime water, salts of iron and lead, and gelatin.

Preparations.

1. Extractum Krameriaë. — Aqueous.

Dose, 5 to 15 gr.

2. Infusum Krameriaë. — 1 in 20 of boiling water.

Dose, $\frac{1}{2}$ to 1 fl. oz.

3. Liquor Krameriaë Concentratus. — Made in the usual way for concentrated liquors. (See p. 19.)

Dose, $\frac{1}{2}$ to 1 fl. dr.

4. Pulvis Catechu Compositus. Catechu, 4; kino, 2; krameria, 2; cinnamon, 1; nutmeg, 1.

Dose, 10 to 40 gr.

5. Tinctura Krameriaë. Powdered krameria root, 1; alcohol (60 per cent.), 5. Percolate.

Dose, $\frac{1}{2}$ to 1 fl. dr.

6. Trochiscus Krameriaë. — 1 gr. of the extract of krameria in each with a fruit basis.

7. Trochiscus Krameriaë et Cocainæ. — 1 gr. of the extract of krameria and $\frac{1}{20}$ gr. of cocaine hydrochloride in each with a fruit basis.

ACTION.

The action of rhatany is due entirely to the tannic acid it contains. It is therefore a powerful **astrin-**
gent.

THERAPEUTICS.

The powdered extract is the important ingredient of many tooth powders which are useful when the gums are liable to bleed. The infusion is an excellent gargle for a relaxed throat, and the lozenges are also efficacious, those of rhatany and cocaine being specially serviceable. Bleeding from the nose or the rectum may be stopped by applying powdered rhatany root locally; the infusion may be used as an injection in leucorrhœa and gonorrhœa. Any of the preparations, especially the compound catechu powder, are powerful astringents for all varieties of hæmorrhœa, and may be taken to stop bleeding from the stomach and intestines. They are also given as remote hæmostatics for hæmoptysis and hæmaturia, but they are not reliable for these purposes.

KINO.

Kino. The juice obtained from incisions into the trunk of *Pterocarpus marsupium* (Nat. Ord. *Leguminosæ*), evaporated to dryness. Malabar.

CHARACTERS. Small, angular, glistening, reddish-black, little fragments. In thin pieces, and at the edges translucent and ruby-red. Inodorous. When chewed, sticks to the teeth and colours the saliva blood-red. *Solubility.* Easily in alcohol (90 per cent.), also in boiling water, partially in cold.

COMPOSITION.—The chief constituents are—(1) *Kino-tannic acid*, 75 per cent. (2) *Kino*, a crystalline neutral substance. (3) *Pyrocatechin*, $C_6H_4(OH)_2$ (see p. 561). (4) *Kino*, formed from kino-tannic acid by oxidation. (5) Gum.

INCOMPATIBLES. Mineral acids, alkalies, all metallic salts, carbonates, gelatin.

Dose, 5 to 20 gr.

Preparations.

1. Pulvis Kino Compositus.—Kino, 15; opium, 1; cinnamon, 4. *Strength*, 1 of opium in 20.

Dose, 5 to 20 gr.

2. Tinctura Kino.—Kino, 2; glycerin, 3; water, 5; alcohol (90 per cent.), 12. *Macerate.*

Dose, 1 to 1 fl. dr.

3. Pulvis Catechu Compositus. 2 in 10 (see p. 561).

ACTION AND THERAPEUTICS.

Kino-tannic acid acts like tannic acid, and therefore kino is a powerful astringent. It is used in astringent gargles, and also in diarrhoea mixtures.

LOGWOOD.

Hæmatoxyli Lignum. Logwood. The heartwood of *Hæmatorylon campechianum* (Nat. Ord. *Leguminosæ*). Campeachy, Honduras, and Jamaica.

CHARACTERS.—The logs, in which form it is imported, are hard, heavy, orange or purple red externally, and internally reddish brown. The chips are reddish brown. Odour agreeable, peculiar. Taste sweetish, astringent. When chewed the saliva is coloured reddish pink. *Resembling logwood*.—Red sanderswood, which is more dense and less astringent.

COMPOSITION.—The chief constituents are—(1) *Tannic acid*. (2) *Hæmatoxylin*, $C_{16}H_{11}O_6$, 12 per cent. Occurring in colourless crystals, which become dark red on exposure to light and air. Solutions of it are used to stain histological specimens.

INCOMPATIBLES.—Mineral acids, lime water, and tartar emetic; metallic salts give a blue colour.

Preparation.

Decoctum Hæmatoxyli.—Logwood, 1 oz.; cinnamon bark, 70 gr.; water, 20 fl. oz.

Dose, $\frac{1}{2}$ to 2 fl oz.

ACTION AND THERAPEUTICS.

In virtue of its tannic acid logwood is a powerful astringent, and for this purpose is used to control diarrhoea of all sorts. It may be combined with other astringents, as chalk and opium. It does not easily produce constipation. It colours the urine and faces dark red. One disadvantage of it is that it stains linen if dropped on it.

HAMAMELIS.

Hamamelidis Cortex. The dried bark of *Hamamelis virginiana*, the witch-hazel (Nat. Ord. *Hamamelaceæ*). United States.

CHARACTERS.—Curved pieces 6 to 8 in. long, $\frac{1}{2}$ in. thick. Scaly, silver-grey outer bark marked with lenticels, but often

free from outer bark and then smooth reddish brown. Interior bright brownish red, striated longitudinally. Taste astringent.

COMPOSITION. — The chief constituents are— (1) *Tannic acid*, 8 per cent. (2) A volatile principle not yet isolated. (3) A little colouring matter.

Preparation.

Tinctura Hamamelidis. Hamamelis bark, 1; alcohol (45 per cent.), 10. Percolate.

Dose, $\frac{1}{2}$ to 1 fl. dr.

Hamamelidis Folia.— The fresh and dried leaves of *Hamamelis virginiana*.

CHARACTERS. 3 to 6 in. long, 3 to 4 in. broad, oval, apex obtuse, oblique at the base, dark brown green above, pale below. Veins prominent. Odour slightly tea-like. Taste astringent, bitter.

COMPOSITION.—The same as of the bark, but the leaves contain rather less tannin. The fresh are more active than the dried.

Preparations.

1. Extractum Hamamelidis Liquidum.— Hamamelis leaves, powdered, 20 oz., percolated with alcohol (45 per cent.), 20 fl. oz.

Dose, 5 to 15 m.

2. Liquor Hamamelidis.—Fresh leaves, 5; water, 10; alcohol (90 per cent.), 1. Macerate and distil.

3. Unguentum Hamamelidis.— The liquid extract, 1; hydrous wool fat, 9.

ACTION AND THERAPEUTICS.

Hamamelis is, because of its tannic acid, **astrigent and hæmostatic**. The liquid extract or the tincture is used for capillary hæmorrhage from wounds, for bleeding from the nose, the sockets of the teeth, the gums, or from piles, and either may be injected into the bladder in vesical hæmorrhage. For all these purposes they are diluted with water; the fluid may be any strength; 1 of the tincture to 10 or 20 of water is commonly employed. Locally applied, hamamelis, either as the ointment or a dilute fluid preparation, such as the liquor, is used as an astringent in bruises, sprains, pharyngitis, and nasal

catarrh. The ointment is often used for piles. Given by the mouth, hamamelis may check diarrhoea and dysentery; and it is reputed to be a remote hæmostatic and astringent, but this is probably incorrect. Hazeline is a distilled extract from the leaves

EUCALYPTUS GUM.

Eucalypti Gummi. *Succinum.* Red gum. A ruby-coloured exudation from the bark of *Eucalyptus rostrata* (Nat. Ord. *Myrtaceæ*) and some other species of eucalyptus Australia.

CHARACTERS. Semi-translucent and garnet-coloured grains or small masses. Tough and difficult to powder. Adheres to the teeth when chewed. Taste very astringent. Soluble in water. *Resembling eucalyptus gum.*—Kino, which is darker and feebly soluble in water.

COMPOSITION.—The chief constituents are—(1) Kino-tannic acid. (2) Catechin. (3) Pyrocatechin (see p. 561).

Dose, 2 to 5 gr.

Preparation.

Trochiscus Eucalypti Gummi. 1 gr. in each with a fruit basis.

ACTION AND THERAPEUTICS.

Red gum is, in virtue of its tannic acid, powerfully astringent, and is used for diarrhoea and dysentery. The lozenges, or a decoction of 1 in 40 as a gargle, are employed for relaxed throats. This decoction may also be given in doses of 2 to 4 fl. dr. for diarrhoea. A liquid extract (red gum, 7; water, 21; alcohol (90 per cent.), 1; dose, $\frac{1}{2}$ to 1 fl. dr.) is a useful preparation. Injected into the nose it stops epistaxis. Mixed with 1 in 10 of water it may be injected into the rectum or vagina, or may be used as a mouth wash. Suppositories, each containing 5 gr. of red gum, are prepared, and may be employed for piles.

Coto Cortex.—(Not official.)

A bark obtained from Bolivia, species undetermined.

CHARACTERS.—Flat or curved pieces, 12 in. long, 1 in. broad, of a cinnamon-brown colour. Its active principle is cotoin, a glucoside. Coto is placed here, among the dru.

containing tannic acid, provisionally until its composition is known.

Preparation (Brit. Pharm. Codex).

Tinctura Coto.—Coto, 1; alcohol (90 per cent.), 10.

Dose, 10 m. every two hours (with mucilage and syrup to suspend the large amount of resin which it contains, and which is precipitated by the addition of water).

ACTION.

Coto is employed to check diarrhœa, especially that of phthisis. Cotoin (dose, $\frac{1}{2}$ to 2 gr. in a pill) may be used.

GROUP IX.

Vegetable Demulcent Substances.

Many of these are nutritive.

Olive Oil, Soap, Glycerin, Oleic Acid, Almonds, Tragacanth, Gum Acacia, Liquorice, Linseed, Sugar, Malt, Soya Beans.

OLIVE OIL.

Oleum Olivar. The oil expressed from the ripe fruit of *Olea europæa* (Nat. Ord. *Oleaceæ*). South Europe.

CHARACTERS.—A pale yellow or greenish yellow fluid. Odour faint. Taste oleaginous. Sp. gr. 0.914–0.919.

COMPOSITION.—The two constituents are—(1) *Olein*, 72 per cent., a fluid oil, a compound of oleic acid and glyceryl, thus: $C_4H_9(C_{18}H_{33}O_2)_3$. (2) *Palmitin*, nearly 28 per cent., a solid oil, a compound of palmitic acid and glyceryl. $C_4H_9(C_{16}H_{31}O_2)_3$. The formula for oleic acid is $C_{18}H_{33}O_2$; and for palmitic, $C_{16}H_{31}O_2$. Olive oil is much adulterated, especially with sesame oil and cotton-seed oil.

Dose, $\frac{1}{2}$ to 1 fl. oz.

Olive oil is contained in many plasters, ointments, and liniments. From it are made hard soap, soft soap, and glycerin.

ACTION AND THERAPEUTICS.

External.—Olive oil is used to facilitate the rubbing of parts; for this purpose it is employed in massage. It is a common soothing protective to burns (see *Linimentum Calcis*, p. 152), and may be mixed with poultices to prevent their sticking to the skin. If rubbed in vigorously, it can be absorbed through

the epidermis, and might be thus used as a food when nourishment cannot be given by the mouth.

Internal. For its soothing protective qualities it may be swallowed after corrosive poisons have been taken. All fats retard gastric and accelerate pancreatic secretion. Because olive oil retards the flow of the gastric juice it is an excellent food in cases of gastric ulcer, for the acid prevents the healing of the ulcers. It is a good mild laxative, and can be given with food for this purpose. Some persons like it, with others it excites nausea and vomiting. An olive oil enema (warm olive oil, 5 fl. oz.; with or without warm mucilage of starch, 8 fl. oz.) is often used to open the bowels when a mild non-irritating injection is required.

A gall-stone placed in pure olive oil at the temperature of the body is slowly dissolved, because cholesterin, which is the chief constituent of gall-stones, is soluble in olive oil. It is also soluble in oleic acid and in animals soaps. Many patients suffering from gall-stones derive much benefit from taking olive oil. Possibly this is because the oil or some of its constituents are excreted by the bile, and to a much less extent because the intestinal peristalsis set up by the olive oil extends to the bile ducts. From 2 to 8 fl. oz. should be taken daily. It may be mashed with fish or potato. Some people take it better if a few grains of menthol and a drachm of brandy are added to each 8 fl. oz. of oil. If it disagrees, oleic acid (*q.c.*) may be tried. Eunatrol, or pure oleate of sodium, which is given a special name to distinguish it from the ordinary impure forms, has been successfully used in cases of gall-stones. Thirty or forty grains may be given in a day. It is best prescribed as 4- or 5-grain pills.

Olive oil is a food, and is the best means of giving food subcutaneously; 15 c.c. of sterilized oil may be injected under the skin twice a day. This yields about 280 calories, and is an aid to rectal feeding (*see p. 579*).

SOAP.

Sapo Durus. Hard soap. It is sodium oleate, $\text{NaC}_{18}\text{H}_{33}\text{O}_2$, containing 30 per cent. of water. It is rarely pure, almost always containing some alkaline hydroxide or carbonate.

SOURCE. Made by acting on olive oil with caustic soda.
 $\text{C}_3\text{H}_7(\text{C}_{18}\text{H}_{33}\text{O}_2)_2 + 3\text{NaHO} = 3\text{NaC}_{18}\text{H}_{33}\text{O}_2 \text{ (hard soap)} + \text{C}_3\text{H}_7(\text{OH})_3 \text{ (glycerin).}$

Preparations.

1. Emplastrum Saponis.—Hard soap, 6; lead plaster, 36; resin, 1.

2. Pilula Saponis Composita. Opium, 1; hard soap, 3; syrup of glucose, 1. (*See* Opium, p. 337.)

Dose, 2 to 4 gr.

Hard soap is used to make many pills.

Sapo Mollis.—Soft Soap. It is potassium oleate, $\text{KC}_{18}\text{H}_{33}\text{O}_2$. It is rarely pure, almost always containing some alkaline hydroxide or carbonate.

SOURCE.—Made by acting on olive oil with caustic potash.
 $\text{C}_3\text{H}_7(\text{C}_{18}\text{H}_{33}\text{O}_2)_2 + 3\text{KHO} = 3\text{KC}_{18}\text{H}_{33}\text{O}_2 + \text{C}_3\text{H}_7(\text{OH})_3 \text{ (glycerin).}$

Preparation.

Linimentum Saponis. *Synonym.*—Opodeldoc. Soft soap, 16; camphor, 8; oil of rosemary, 3; alcohol (90 per cent.), 128; water, 32.

Soft soap is contained in Linimentum Terebinthinæ.

Linimentum Saponis is contained in Linimentum Opii.

For Sapo Animalis see p. 622.

USES.

Hard soap, like curd soap, may be used for medicated soaps. The prescriber should state the percentage of the drug, *e.g.* ichthyol, tar, sulphur, and wishes the soap to contain. The dispenser fines the hard or curd soap into thin shavings, fines them at 100°F. , powders them in a mortar, then thoroughly mixes and beats up the soap powder, the drugs, and 1 part of alcohol (60 per cent.) to 8 parts of soap powder. The whole is put into a soap press and stamped.

Hard soap forms a basis for many pills and for the plaster of it. Soft soap is a basis for the liniment of it. Either variety is frequently made into a lather with about a pint of water at 100° F. and used as a purgative enema. Soft soap is much to be preferred; about 1 fl. oz. is commonly used. All enemata, but perhaps especially those made with hard soap, may produce an erythematous rash, probably due to the solution and consequent absorption of some faecal toxin.

GLYCERIN.

Glycerinum. Glycerin. $C_3H_7(OH)_3$. *Synonym.* Glycerol. It is a trihydric alcohol. It is always associated with a little water.

SOURCE.—It is obtained by the interaction of alkalis of superheated steam with fats and fixed oils (see pp. 4 and 569).

CHARACTERS. These are well known. It is miscible with water and alcohol. Its sp. gr. is 1.26. It is formed in the making of lead plaster (see p. 160).

Dose, 1 to 2 fl. dr.

Preparations.

1. Glycerinum Acidi Borici. *Synonym.* Boroglyceride. — Powdered boric acid; glycerin, q. s. heat gently to form a 30 per cent. solution.

2. Glycerinum Acidi Carbolic. — Carbolic acid, 1; glycerin, 5.

3. Glycerinum Acidi Tannici. — Tannic acid, 1; glycerin, 5.

4. Glycerinum Aluminis. — Alum, 1; glycerin, 6; distilled water, $\frac{3}{4}$; heat gently if necessary.

5. Glycerinum Amyli. — Starch, 1; glycerin, $6\frac{1}{2}$; water, $1\frac{1}{2}$; heat to form a jelly.

6. Glycerinum Boracis. — Borax, 1; glycerin, 6.

7. Glycerinum Pepsini. — Pepsin, 800 gr. hydrochloric acid, 110 m; glycerin, 12 fl. oz.; distilled water to 20 fl. oz. *Strength*, 1 fl. dr. represents 5 gr. of pepsin.

Dose, 1 to 2 fl. dr.

8. Glycerinum Plumbi Subacetatis. Lead acetate, 5; lead oxide, $3\frac{1}{2}$; glycerin, 20; water, 12. Boil.

9. Glycerinum Tragacanthæ. Tragacanth. 1; glycerin, 3; water, 1.

10. Suppositoria Glycerini. Gelatin, 1; glycerin, 5; water, 5; each suppository contains 70 per cent. of glycerin. They must be kept wrapped in waxed paper in a dry and cool place.

Glycerin is used in the following preparations: Potassa Iodidi cum Saponibus, Mercurii Iodidum, Lumen Lunæ, Extractum Cascarille, Tinctura Præparata, Sulphur, Ferri, Symplicia Præparata, Liqueur Hydragry, Natrii, Liquor Ethyl Nitritus, Liquor Thyroidei, Tinctura Rhei Composita, Tinctura Kino, Tinctura Chloroformi et Morphine Composita, Confectio Sulphuris, Unguentum Acidi Carbolici, Unguentum Sulphuris Iodidi, and in Unguentum Iodi.

ACTION.

External.—As glycerin is an excellent solvent for numerous bodies, such as iodine, bromine, alkalies, lactic acid, many neutral salts, alkaloids, and salicin, it is a good vehicle for applying these substances to the skin and to sores. It does not evaporate nor turn rancid, and is powerfully hygroscopic.

Internal.—In man the only visible effect produced by its administration is **purging**. This occurs with quite small doses if it is given by the rectum, but large doses are necessary if given by the mouth. It is absorbed from the alimentary canal, and is to a slight extent a food, for some of it is oxidized in the body. Sometimes its administration leads to the appearance in the urine of a body which reduces cupric oxide and gives the fermentation test for sugar. There has been much dispute as to whether glycerin can control nitrogenous metabolism, but it appears that it cannot in any way save the waste nitrogenous tissues. It probably has some influence on the amount of glycogen in the liver. It has also been thought to prevent artificial glycosuria, but this is doubtful.

Very large doses in animals cause the urine to be dark from the presence of the colouring matter of the blood, although there are no corpuscles in it;

they also lead to loss of muscular strength, lethargy, dryness of mucous membranes, collapse, and death.

THERAPEUTICS.

External.—Glycerin is much employed as a basis for applications to the skin and the eye. It is commonly used for chapped hands and slight excoriations. It is readily absorbed when rubbed into the skin, therefore it is a convenient vehicle for the absorption of substances by the skin. Belladonna mixed with glycerin is often rubbed in when we desire its local anodyne action (*see* p. 366).

Internal. As glycerin is sweet it is an excellent flavouring agent. It is demulcent, and is used as a vehicle for applying substances, such as tannic acid, to the throat. Glycerin is rarely given by the mouth for any medicinal virtue. It has been administered for dyspepsia, for diabetes, and as a nutritive agent, but probably in each case without much good. One to two fluid drachms injected up the rectum, or a glycerin suppository, form an excellent means of opening the bowels in simple constipation, especially when the faeces are in the sigmoid flexure and rectum. The result is prompt, often occurring within less than half an hour. No pain or constitutional disturbance is produced.

OLEIC ACID.

Acidum Oleicum. $\text{CH}_3(\text{CH}_2)_7\text{CH}=\text{CH}(\text{CH}_2)_7\text{COOH}$.

SOURCE. Made from oils and fats by the saponifying action of alkalies and the subsequent action of acids, or by saponifying oils and fats with superheated steam. The oleic acid is separated from the solid fatty acids present by pressure. In the case of olive oil the reaction is $\text{C}_3\text{H}_7(\text{C}_{17}\text{H}_{33}\text{O}_2)_1 + 3\text{H}_2\text{O} = 3\text{H}(\text{C}_{17}\text{H}_{33}\text{O}_2) + \text{C}_3\text{H}_7(\text{OH})_1$ (glycerine).

CHARACTERS.—A straw-coloured oily liquid, nearly odourless and tasteless, very faintly acid. By exposure it darkens in colour and becomes rancid. It becomes semi-solid at 40°F . Sp. gr. 0.89 to 0.91. **Solubility.**—Not in water. Easily in alcohol, chloroform, and ether.

IMPURETIES.—It is rarely pure, usually containing stearic and palmitic acids.

Oleic acid is contained in Unguentum Atropinae, in Unguentum Aconitinae, and Unguentum Veratrinae.

Lead plaster contains oleate of lead, and Zinc oleate ointment contains oleate of zinc.

Hydrargyri Oleas is official.

ACTION AND THERAPEUTICS.

Oleic acid is used as a solvent for remedies which it is desired to apply by means of cutaneousunction, for it more readily penetrates the skin than fats and oils. It is particularly useful as it will dissolve most metallic oxides and all alkaloïds (but not their salts), forming oleates dissolved in the excess of oleic acid. Hence its employment in the official preparations mentioned above. Oleate of copper is also used for ringworm and indolent sores. Oleic acid is given internally in capsules (7½ m in each) for gallstones. Two or three daily, best on an empty stomach. It acts like olive oil (see p. 567).

ALMONDS.

Amygdala Dulcis. Sweet Almond. *Synonym.* Jordan almond. The ripe seed of *Prunus amygdalus*, var. *dulcis* (Nat. Ord. *Rosaceae*).

CHARACTERS. More than 1 in. long, oblong, acute at one end, rounded at the other, flattened; brown, slightly rough exterior. Taste sweet and nutty.

COMPOSITION. The chief constituents are (1) *Oleum Amygdale* (see p. 574), 50 per cent., the same fixed oil as in bitter almonds. (2) Emulsin and other albuminous bodies.

IMPURITIES. The bitter almond, giving an odor of prussic acid when rubbed with water.

Preparations.

1. Pulvis Amygdalæ Compositus. Sweet almonds, 8; sugar, 4; gum acacia, 1.

Dose, 60 to 120 gr.

2. Mistura Amygdalæ. Compound almond powder, 1; water, 8.

Dose, ½ to 1 fl. oz.

TRAGACANTH.

Tragacantha.—Aummy exudation obtained by incision from *Astragalus gummifer* and other species of *Astragalus* (Nat. Ord. *Leguminosae*). Known in commerce as Syrian Tragacanth. From Asia Minor.

CHARACTERISTICS.—In white or yellowish, thin, flaky pieces, of varying size or shape, marked with concentric ridges, somewhat translucent, but not polarizable at a temperature of 120° F. Odourless and almost tasteless. Sparingly soluble in cold water, but swells into a great mass, which is tinged violet (not so deep as the colour given by starch) by the action of iodine. *Resembling tragacanth.*—*Scilla*, which is thicker and opaque.

IMPERFECTIONS.—Other gums.

COMPOSITION. The chief constituents are: (1) *Tragacanthin* (said to be identical with *Barbigerin*, a gum, $C_{12}H_{20}O_{11}$, 5 per cent., only slightly soluble in water, unfermentable. (2) An *Arabin* like gum, 53 per cent., soluble in water, very like the arabin of acacia, but it is precipitated by lead acetate or ferric chloride. (3) A little starch.

Preparations.

1. Glycerinum Tragacanthæ.—Tragacanth, 1; glycerin, 3; water, 1.

2. Mucilago Tragacanthæ.—Tragacanth, 1; alcohol (90 per cent.), 2; water, 80.

Dose, 1 to 4 fl. dr.

3. Pulvis Tragacanthæ Compositus.—Tragacanth, 1; gum acacia, 1; starch, 1; sugar, 3.

Dose, 20 to 60 gr.

Tragacanth is contained in Confectio Sulphuris, Mistura Catechu, Mistura Graminis, Pilula Ferri, Pilula Quininae Sulphatis, and Pulvis Opi Compositus.

Mucilage of Tragacanth is contained in Lotio Hydrargyri Nitratæ.

ACTION AND THERAPEUTICS.

Tragacanth is a demulcent, and as such may be soothing when applied to a sore throat. Its chief use is to suspend insoluble bodies, as resins, oils, and insoluble powders. The mucilage is better for this purpose than the compound powder, which, because of its starch, is liable to ferment.

GUM ACACIA.

Acaciæ Gummi.—A gummy exudation from the stem and branches of *Acacia senegal* (Nat. Ord. *Leguminosae*) and from other species of *Acacia*. Kordofan.

CHARACTERS.—Round or ovoid tears or masses. Colourless, or with a yellowish brown tint. The tears are either opaque from numerous minute fissures and brittle, or they are glistening, transparent, and difficult to break. No odour. Taste bland, mucilaginous. *Solubility.* Freely in water, not in alcohol.

COMPOSITION.—The chief constituent is *arabin*, or *arabinic acid*, $C_8H_{10}O_7$; most of it is combined with calcium, but some with magnesium and potassium. It is unaffected by heat or acetate.

IMPURITIES. Starch, gum-resins.

INCOMPATIBLES. Alcohol, sulphuric acid, borax, persalt of iron, and lead subacetate.

Preparation.

Mucilago Acaciæ. Gum acacia, 4; water, 6.
Dose, 1 to 4 fl. dr.

Gum acacia is contained in Pilula Ferri, Pulvis Amygdala Compositus, Pulvis Tragacanthæ Compositus, and all Trochisci.

ACTION AND THERAPEUTICS.

Gum acacia is demulcent. It is used to suspend insoluble substances, as oils, resins, and insoluble powders. A fluid ounce of most oils or resinous tinctures requires 3 fl. dr. of mucilage of acacia for suspension, but copaiba requires 10 fl. dr. A disadvantage of it is that it is liable to undergo acetous fermentation, which greatly diminishes its emulsifying power. This may to some extent be overcome by making it with tolu water or clove water. It may give rise to indigestion and diarrhœa.

LIQUORICE.

Glycyrrhizæ Radix. Liquorice Root. The peeled root and peeled subterranean stems of *Glycyrrhiza glabra* and other species (Nat. Ord. *Leguminosae*). Cultivated in Britain.

CHARACTERS.—Long cylindrical pieces; before being peeled dark brown and longitudinally wrinkled, when peeled

Oleum Lini. —Linseed Oil.

SOURCE. — Expressed at ordinary temperature from linseed.

CHARACTERS. — It is viscid, yellow fixed oil, of sp. gr. 0.93. It is commonly called "drying oil" because it unites with oxygen and becomes resinoid on exposure, the linoleic acid in it becoming oxylinoleic acid.

COMPOSITION. — It consists of a compound of glyceryl with linoleic acid together with small quantities of palmitin and myristin.

ACTION AND THERAPEUTICS.

A linseed poultice (mix gradually 4 parts of crushed linseed with 10 of boiling water, stirring all the while. Do it before the fire, and heat the basin first so that the poultice may be as warm as possible) is a very common means of applying warmth and moisture to a part. It is used to relieve pain, and as a mild irritant to accelerate inflammation and the bursting of an abscess, or as a counter-irritant in all sorts of deep-seated inflammations. The poultice should not be too thick, and should be smeared with oil to prevent their sticking to the skin. The vascular dilatation caused by a linseed poultice may be increased by adding 1 part of mustard to 16 of linseed. A layer of linseed meal may be placed over the powdered ice of an ice poultice (see p. 117), to absorb the water and to prevent the lumps of ice from hurting the skin. The ice poultice may be made in between sheets of thin gutta-percha, and the edges stuck together by being moistened with chloroform.

Linseed oil is applied to burns. Mixed with an equal quantity of lime water it forms carron oil, which is a substitute for Linimentum Calcis.

Linseed tea (linseed, 150 gr.; liquorice, 50 gr.; boiling water, 10 fl. oz.; infuse for two hours) is a common domestic demulcent; the large quantity of mucilage it contains forms a coating for the pharynx and mouth, and thus relieves cough due to irritation of the throat. It is said to be slightly diuretic.

SUGAR.

Saccharum Purificatum.

Refined Sugar.

Synonyms. Cane sugar, Sucrose. $C_{12}H_{22}O_{11}$.*Preparations.***1. Syrupus.**—5 in $2\frac{1}{2}$ of water with the aid of heat. Sp. gr. 1.330.**2. Syrupus Glucosi.** Syrup, 2 oz.; liquid glucose of commerce, 1 oz.

ACTION AND THERAPEUTICS.

Sugar is used as a sweetening agent, and in *Liquor Calcis Saccharatus* it increases the solubility of the lime. *Syrupus Glucosi* is used in pharmacy, especially in the making of pills, as it forms a neutral basis.

Glucose.—(Not official.) *Synonyms.* Dextrose, Grape-sugar. $C_6H_{12}O_6$. Those containing such an amount of glucose that, when added to a pint of sterilized water, a 5 per cent. solution with the bicarbonate of soda is formed, are sold. Such a solution, transferred into the subcutaneous tissue, may be used for artificial feeding as a preliminary to and after operations (see p. 568). Sugar is better absorbed in the rectum than any other food. A good nutrient is the yolks of 2 eggs, 0.5 gm. of common salt, 50 gm. of pure dextrose with 300 c.c. of peptonized milk. Glucose (5 per cent. in normal saline) may also be given by the rectum. This, alternated with bicarbonate of soda by the rectum, is the best treatment for acidosis not due to diabetes.

Lactulose.—(Not official.) $C_{12}H_{22}O_{11}$. Sufferers from diabetes can sometimes take this without harm when they cannot tolerate any other carbohydrate.

Malt.—(Not official.) *Synonym.* Byne. The seed of common barley, *Hordeum distichum* (Nat. Ord. Gramineae), is dried to enter the incipient stage of germination by heat and then dried. It contains the ferment diastase, which can convert starch into dextrin and finally to maltose. The $(C_6H_{10}O_5)_{2n}$ starch + $nH_2O = nC_{12}H_{22}O_{11}$ maltose.

Extractum Malti. Extract of Malt. (Not official.) *Synonym.* Extractum Bynes, Maltine. A liquid of the consistency of honey.

Source. It is prepared in many ways from malt, but most of them all is that malt is incorporated with water at $125^{\circ}F$ to $160^{\circ}F$, and evaporated to a thick extract. Sometimes cold water is added and the

mixture is heated to between 125° and 160° F., or the warm water may be added at once. The maceration lasts several hours. Sometimes the extract is then boiled to destroy the diastase ferment, for then it keeps better, but it loses a valuable constituent. Manufacturers often mix flour with the malt. The evaporation may be conducted *in vacuo*, and in some specimens the maltose has undergone some alcoholic fermentation: an quantity from a trace to 10 per cent. of alcohol may be present.

COMPOSITION. This varies very much. The chief constituent is *maltose*, $C_{12}H_{22}O_{11}$; there is also some dextrin ($C_6H_{10}O_5$), some diastase (unless destroyed by boiling), and sometimes, the salts of barley, and sometimes alcohol.

CHARACTERS. A sweet, thick, brownish liquid, like honey. Good specimens can by their diastase convert starch in maltose. It forms an emulsion with oil.

Dose, 1 to 4 fl. dr.

ACTION AND THERAPEUTICS.

Maltose is a very valuable food, especially for persons who are suffering from wasting diseases, and who have a feeble digestion. It is easily tolerated by the stomach, even when, as is often the case in phthisis, other food, especially cod-liver oil, is rejected. In such a case a malt extract is an excellent substitute for cod-liver oil. Maltose leads to the formation of fat, and, like any carbohydrate (see lactose, p. 625), saves the protein tissues in fever. The fevered patient may take as much maltine as he can without upsetting his digestion. The diastase contained in malt extract acting upon the starch in farinaceous food converts it into dextrin and maltose, and thus, if the secretion of saliva and pancreatic juice is feeble, the extract to some extent supplies their place. Like the ferments of pancreatic juice and saliva, diastase can only act in an alkaline medium, and therefore extract of malt should not be given till at least two hours after a meal. Emulsions of cod-liver oil in it are frequently useful. Bynol is an example of these. They should contain 20 per cent. of cod-liver oil to 80 per cent. of maltine. A mixture of extract of malt and

iron is also valuable iron pyrophosphate, 2 parts, water, 3 parts; dissolve and add extract of malt, 95 parts. Mix. Dose, 1 to 4 fl. dr.

Taka-diastase. —(Not official.)

This enzyme, named after its discoverer, is derived from *Eurotium oryzae*, a mould. It is a very powerful sugar ferment, fermenting 100 parts of starch in 24 hours at 60° C. It has been given when the power to digest starch has been supposed to be absent.

Soya Beans. —(Not official.)

The beans of *Soya hispida*. These are powdered and made into a flour from which bread and biscuits are prepared. The flour contains very little starch or sugar, sometimes not more than 2 or 4 per cent.

Bread and biscuits made from the flour are used in the treatment of diabetes mellitus. They are also used as a food for infants, and are efficacious in reducing the sugar passed in the urine, and may probably prove beneficial.

GROUP X.

Vegetable Drugs which are used to kill Parasites

CLASS I. —*Anthelmintics* for the various species of Tapeworm.

Male Fern, Pomegranate Bark, Cusco.

CLASS II. *Antilambic* for the *Lambricoides* (*Ascaris Lumbricoides*).

Santonin.

CLASS III. —*Anthelmintics* for the *Trichocephalus* and *Oxyuris*. These are described under the head of *Trichocephalus* (see page 545).

CLASS IV. —*Parasitocides* used for pediculi.

Stavesacre, PicROTOXIN.

CLASS I. *Anthelmintics* used for Tapeworms.

MALE FERN.

Filix Mas. —Male Fern. The rhizome of *Filix mas* (Nat. Ord. *Filices*), collected late in autumn.

It is a small, branched, and an erect part of the plant, and is collected in the autumn.

One of the most important properties of the Male Fern is its action on the liver, and it is chiefly used by the Chinese and

dark brown bases of the petioles which bear membranous scales: brown externally, yellowish white or brownish within. Odour feeble, disagreeable. Taste sweetish and astringent at first, subsequently bitter and nauseous.

Composition.—The chief constituents are—(1) *Filicic acid*, an amorphous body, which on exposure to air becomes crystalline, said to be the active principle. (2) A pectic substance. (3) Resins. (4) A fixed and a volatile oil.

Dose, 60 to 180 gr. powdered.

Preparation.

Extractum Filicis Liquidum. *Synonym.* Oil of Filix. Macerate in percolated with ether which is then evaporated, and an oily liquid is left which is really an oleoresin.

Dose, 45 to 90 m. in an emulsion with mucilage of acacia or tragacanth, or with milk; as water precipitates the resin.

ACTION AND THERAPEUTICS.

Male fern is the most certain **anthelmintic** we have for the common **tapeworm** and the **bothriocephalus latus**. The pharmacopœial dose is rather small. 1 to 2 fl. dr. of the extract is a usual quantity to give. It may be flavoured with ginger or peppermint. The intestine should first be emptied with a mild purge to ensure the worm not being protected by food. Then the male fern should be administered, and about twelve hours afterwards another dose of the purgative should be given to clear away the dead worm. It is well not to use castor oil, for filicic acid, which is believed to cause the toxic symptoms mentioned below, being soluble in this, may be absorbed. Very little food should be taken during the treatment, and the head of the worm should be carefully searched for in the motion.

The extract kills the *Ascaris stoma duodenale*, and may be given to those suffering from this parasite. It is not so efficacious as thymol.

Toxic doses are severe gastro-intestinal irritants, and also cause muscular weakness, coma, and optic atrophy.

POMEGRANATE BARK.

Granati Cortex.—Pomegranate Bark. The dried bark of the stem and root of *Punica granatum* (Nat. Ord. *Lythaceae*). South of Europe.

CHARACTERS. Curved or channelled pieces, 2 to 4 in. long, to 1 in. wide. Outer surface of root ridged and yellowish grey with irregular depressions, that of stem smooth. Internally yellow, nearly smooth. Fracture short. Odourless. Taste astringent.

COMPOSITION. The principal constituents are: (1) *Pelletierine*, per cent. a liquid alkali. (2) *Ellagic tannic acid*, 22 per cent. (3) *Isopelletierine* and other alkaloids.

INCOMPATIBILITIES. Alkalies, lime water, metallic salts, tannin.

Preparation.

Decoctum Granati Radicis.—1 in 5.
Dose, $\frac{1}{2}$ to 2 fl. oz.

ACTION AND THERAPEUTICS.

The bark of the pomegranate is a powerful astringent, and the decoction has been used as a gargle for a sore throat. In large doses it is emetic and purgative. It is anthelmintic for the tapeworm. It is so nasty that it is rarely used, but if employed the decoction may be given in 2 fl. oz. doses every four or four hours before breakfast. A purge should be administered the night before and a few hours after breakfast. *Pelletierine* is the active anthelmintic principle. Sulphate of *pelletierine* a thick, oily liquid, dose 3-8 minims - and the tannate, a solid, dose 3-8 grains—are both said to be very efficient in killing the common tapeworm. Large doses of *pelletierine* given to animals act like curare.

CUSO.

Cuso. *Synonym.* Kousso. The dried panicles of sterile flowers of *Brayera anthelmintica* (Nat. Ord. *Umbelliferae*). Abyssinia.

CHARACTERS. In compact clusters or rolls, 1 to 2 ft. long, branched or tree-like. Taste bitter. Separate panicles, branched,

[illegible]

2) On the first and second days of the experiment, the rats were placed in the maze and the time taken to find the food was recorded. The time taken to find the food was recorded for the first 10 days of the experiment. The time taken to find the food was recorded for the first 10 days of the experiment.

Dose. ; to on.

Action and Theatres

Cusco is rarely given in England, but is used abroad as an **anthelmintic** for all species of tapeworm. It is best given as an addition, which is drunk without straining.

Class II Anthelmintic used for Roundworm

SANTONIA.

[illegible]

CHARACTERS.—Colourless, flat, glittering, rhombic plates, turning yellow on exposure to light. Tasteless. **Solubility.**—Not at all in water, alcohol, ether, or oil, but easily in chloroform. It fuses at 100° with adhesion.

Dose, 2 to 5 gr.

Pr.

Trochiscus Santonini. -1 gr. in each, with

Action.

Santonin is commonly said to be anthelmintic, killing the round worm, *Ascaris lumbricoides*, but outside the body but at the body temperature, it does not kill this worm, it is supposed that it gets rid of the parasite by in some way compelling it to pass into the large intestine, from which it is expelled by the purgative usually given. It has little or no action against other intestinal parasites. Some of the santonin is

absorbed as sodium santonate. Medicinal doses will usually cause the urine to be acid, to be a greenish yellow or saffron colour, and if it is alkaline to be purplish red. This is due to the excretion in that fluid of some substance resulting from the changes undergone by santonin in the body. It is slightly emetic. Often even small doses lead to xanthopsia, that is to say, everything the patient sees has a yellow tint, though this is not the result of the staining of the tissues of the eye yellow, but is a direct effect on some other part of the visual path. Sometimes the yellow vision is preceded by violet vision.

Several cases of fatal poisoning by santonin are on record. Cerebral symptoms are very prominent. Thus convulsions, accompanied by unconsciousness, tremors, and dilated pupils, are generally present. The surface becomes cold, there is sweating, there may be trembling, the pulse and respiration become weaker and weaker, and death takes place from cardiac and respiratory failure.

THERAPEUTICS

Santonin is used solely to get rid of intestinal worms. The dose of it should be given on an empty stomach, and should be followed in two hours by a purgative, such as calomel. Santonin is certainly very efficacious for the *Ascari*. The lozenge is not to be recommended, for it may not dissolve, and then will probably fail to kill the worm. A good way to give santonin is to suspend it in castor oil emulsion flavoured with peppermint. As a remedy for the *Oxyuris*, when given by the mouth, but a suppository made with oil of theobroma, and containing 1 grain of santonin, is said to kill this parasite.

CLASS IV. Parasiticides used for Pediculi.

STAVESACRE.

Staphisagriae Semina.—Stavesacre Seeds. Dried ripe seeds of *Delphinium ajacis* Linn. (Nat. Ord. *Delphinaceae*).

CHARACTERS.—Irregularly triangular or obscurely quadrangular, arched, blackish brown when fresh, but becoming dull greyish brown by exposure. Edges wrinkled and deeply pitted. Texture soft, whitish and oily. No marked odor. Taste nauseous, bitter and acrid.

COMPOSITION. The chief constituents are (1) A fixed oil. (2) A very poisonous alkaloid, *staphisagria*, acting like aconitine. (3) Other alkaloids.

Preparation.

Unguentum Staphisagriae.—Crushed seed, 2; yellow beeswax, 1; benzoated lard, 8.

ACTION AND THERAPEUTICS.

Stavesacre is only used as a **parasiticide** to kill pediculi. The affected part is rubbed with the ointment, which in the case of pediculi vestimentorum is allowed to soak, day and night, into the garments next to the skin, for the parasite inhabits them. It is often employed, but it will be remembered that many other parasiticides for pediculi have been mentioned (see p. 44).

PICROTOXIN.

Picrotoxinum. Picrotoxin. A neutral principle obtained from the fruits of *Anamirta pretiosa* Choisy, Indian berry or fish berry, the fruit of which is known as *Cocculus indica* (Nat. Ord. *Menispermaceae*). India.

CHARACTERS. Colorless shining prisms with an intensely bitter taste. *Specific gravity.* 1 in 330 of coal. 1 in 55 of boiling water. Freely in ether, not in oil. It does not form salts. Probably commercial picrotoxin is a mixture of several bodies.

Dose, $\frac{1}{10}$ to $\frac{1}{2}$ gr. in a pill.

ACTION.

External. Picrotoxin is very destructive to lower forms of life, and is therefore **antiparasitic**.

Internal. It is a powerful poison, causing severe gastro-intestinal irritation, collapse, light-headedness, convulsions, pyrexia, slowing of the pulse, and stimulation of the respiratory centre. The peripheral nerves are uninfluenced. Death results from asphyxia, partly due to convulsions and partly to intimate paralysis of the respiratory centre.

THERAPEUTICS.

External.—An ointment of 80 gr. of the seeds and 1 oz. of lard has been applied to the scalp to kill pediculi. It must be employed with caution, for a strong poison can be absorbed if the skin be broken. It is an expensive ointment.

Internal.—Picrotoxin is used empirically to check the night sweating of phthisis. A single dose could be given in the evening. Its action is uncertain, but sometimes it succeeds. Epilepsy and many other diseases have been treated with it, but there is no evidence that it has benefited them. Lamellæ, each containing $\frac{1}{100}$ of a grain, are prepared for subcutaneous injection. One should be dissolved in a few minims of water immediately before use.

GROUP XI.

Vegetable Drugs apparently having only a Diuretic Action.

Uva Ursi, Scoparium.

UVA URSI.

Uva Ursi Folia. *Synonyms.* Bearberry leaves. Dried leaves of *Arctostaphylos uva-ursi* (Nat. Ord. *Eric.*). Britain

CHARACTERS. V. is a well marked diuretic, and astringent and disinfectant to the urinary mucous membrane. Its disinfectant action is probably due to the decomposition of the arbutin into alcohol and hydroquinone, for after V. is given hydroquinone is found in the urine, and it is a very energetic antiseptic. This decomposition must take place in the kidneys, for hydroquinone is a powerful poison. Against this being the cause of the disinfectant action of V. it is urged that others are astringents and do not disinfect the urine; but others deny this and believe that arbutin itself is a urinary antiseptic and a diuretic. The urine may be a pale greenish to dark greenish brown colour. Hydroquinone is also found in the urine in carbolic acid poisoning (see p. 319). The astringent action of V. on the urinary tract is usually ascribed to the gallic and tannic acids, but as these are remote astringents this is most likely wrong.

Prepara

Infusum Uvae Ursi.

Dose, $\frac{1}{2}$ to 1 fl. oz.

Actions.

V. is a well marked diuretic, and astringent and disinfectant to the urinary mucous membrane. Its disinfectant action is probably due to the decomposition of the arbutin into alcohol and hydroquinone, for after V. is given hydroquinone is found in the urine, and it is a very energetic antiseptic. This decomposition must take place in the kidneys, for hydroquinone is a powerful poison. Against this being the cause of the disinfectant action of V. it is urged that others are astringents and do not disinfect the urine; but others deny this and believe that arbutin itself is a urinary antiseptic and a diuretic. The urine may be a pale greenish to dark greenish brown colour. Hydroquinone is also found in the urine in carbolic acid poisoning (see p. 319). The astringent action of V. on the urinary tract is usually ascribed to the gallic and tannic acids, but as these are remote astringents this is most likely wrong.

Therapeutics.

V. is given to disinfect the urine in the same class of cases as buchu—that is to say, pyelitis, cystitis, and gonorrhoea.

BROOM.**Scoparii Caeumina.** Broom Top. *Scoparia caeumina*.

[The following description is from the Pharmacopoeia of the United States, 1890.]

Scoparia caeumina is a small, branched, woody plant, growing in the open fields and along the roadsides. The leaves are small, opposite, and linear-lanceolate. The flowers are small, white, and arranged in dense, terminal racemes. The fruit is a small, round, black berry.

The plant is a diuretic, and is used in the treatment of dropsy and other conditions of the urinary system. It is also used as a tonic and stimulant.

1. Infusum Scoparii. *Dried broom tops 2. boiling water, 20.*

Dose, 1 to 2 fl. oz.

2. Succus Scoparii. *Juice of the fresh broom tops 1. Sugar 1.00 per cent.*

Dose, 1 to 2 fl. ar.

ACTION.

Broom has no external action, and very little beyond the fact that it is diuretic is known about its internal action. Sparteine slightly increases the force of the heart like digitalis, but it is not nearly so certain in its action. It paralyzes peripheral nerve-endings like conine. Scoparin is the chief diuretic principle of broom, acting directly on the renal epithelium.

THERAPEUTICS.

Broom is a very useful diuretic. It is usually given in combination with other diuretics in cases of dropsy from heart disease or interstitial nephritis. If there is acute renal inflammation it should not be prescribed. Sparteine has been tried (best given as the sulphate, dose 1-4 gr.) in mitral disease, but it is certainly not so valuable as digitalis.

GROUP XII.

Vegetable Drugs acting locally on the Uterus
Ergot, Hydrastis.

ERGOT.

Ergota. Ergot. The sclerotium (compact mycelium or spawn) of *Claviceps purpurea* (Nat. Ord. *Clavicipitaceae*) growing in the ovary of *Secale cereale*, the common rye (Nat. Ord. *Graminaceae*). Spain and Russia.

Ergot is no part of the rye grain, which completely appears as the ergot develops.

CHARACTERS. Subcylindrical, tapering at both ends, curved, $\frac{1}{4}$ to $1\frac{1}{2}$ in. long. Longitudinally furrowed on both sides, especially the concave, often cracked. Dark violet-purple without, pinkish white within. Fracture smooth. Odour peculiar, agreeable. Taste markedly bitter.

COMPOSITION. The chief constituents are: (1) *Ergotoxin*, $C_{12}H_{17}O_5N_2$, an anisotropic alkaloid containing crystalline phosphoric acid. It is physiologically very active and is the cause of the activity of the impure bodies called phacellinic acid and sphacelotoxin. (2) *Ergotamine*, $C_{12}H_{17}O_5N_2$, is the anhydride of ergotoxin. It is inert physiologically. (3) *Tyramine* or parahydroxyphenylethylamine, $OH \cdot C_6H_4 \cdot CH_2 \cdot CH_2 \cdot NH_2$. This has a powerful physiological action resembling that of adrenaline. It may be obtained from putrid meat and from tyrosine by loss of CO_2 or synthetically. (4) *Formicamide*, $(CH_3)_2 \cdot CH \cdot CH_2 \cdot NH_2$, exists in such small quantities in ergot that it does not affect its physiological action. It occurs in putrid meat and may be derived from leucine by the loss of CO_2 . (5) *Adrenaline*, $CH = N \cdot C_6H_4 \cdot CH_2 \cdot CH_2 \cdot NH_2$. This may be formed from histidine by bacterial removal of CO_2 and is also present in extract of intestinal mucous membrane. It has a powerful physiological action. (6) A fixed oil, 30 per cent. (7) Trimethylamine, to which the odour is due. (8) Tannin. (9) Saponin.

Dose, 20 to 60 gr.

Preparations.

1. Extractum Ergotæ. *Synonym.* Ergot. Percolate powdered ergot with alcohol (60 per cent.) and evaporate the percolate and add to it distilled water. Filter and add dilute hydrochloric acid to the filtrate.

wash this with water until not acid, and then add sodium carbonate and evaporate to a soft extract.

Dose, 2 to 8 gr.

2. Injectio Ergotæ Hypodermica. Extract of ergot, 100 gr.; distilled water, 220 m; carbolic acid, 3 gr., to preserve it. *Strength.*—33 per cent. of the extract.

Dose, 3 to 10 m. hypodermically. It should be recently prepared.

3. Extractum Ergotæ Liquidum. Ergot extracted with equal parts of water and alcohol (30 per cent.).

Dose, 10 to 30 m.

4. Infusum Ergotæ.—1 in 20 of boiling water.

Dose, 1 to 2 fl. oz.

5. Tinctura Ergotæ Ammoniata. Ergot powdered, 5; solution of ammonia, 2; alcohol (60 per cent.), to make 1 pint. Percolate.

Dose, $\frac{1}{2}$ to 1 fl. dr., or less if very frequently repeated.

This tincture is ammoniated, as ammonia is said to be the best solvent for the active principles of ergot.

As the solubility and stability of the constituents vary, many believe it is best to give the powdered drug, the specimens not more than a year old.

ACTION.

Ergotoxin has been shown by Dale to be the most powerful ingredient of ergot. It acts on the motor nerve-endings of the uterus, causing powerful contraction and even abortion in some pregnant animals, e.g., the cat. By similar action it contracts the pupil, the bladder, and the arterioles, thus causing a considerable rise of blood-pressure and gangrene of the limb in fowls. Tyramine, and to a less extent isoamylamine, have the same action as adrenalin.

Minizolyethylamine stimulates the muscle of the uterus directly, and in some animals that of the bronchioles. In a similar manner it contracts most arterioles. The heart is slightly stimulated. The salivary glands are excited, and vomiting and purging occur. These ingredients of ergot are rarely given separately, and the following account refers to the

action of ergot itself but this differs much in different animals.

External.—None.

Internal.—*Gastro-intestinal tract.* The striated muscle of the intestine is stimulated by ergot, and this leads to increased peristaltic movements, but rarely strong enough to cause relaxation of the bowels. The vessels of the intestine are constricted, in part because of the contraction of their own muscular fibres, and in part because of the contraction of those of the intestinal muscular coat. The result is that the intestine is blanched.

Blood.—The active principles of ergot are readily absorbed, but they are not known to produce any effect on the blood.

Heart.—The heart muscle is directly excited by ergot, and because of this and the vascular constriction the blood-pressure rises.

Vessels.—Occasionally there is a preliminary fall of blood pressure, said by Dixon to be due to impurities, but this is soon followed by a great rise, and this is chiefly due to the **general contraction of the arteries** all over the body; though in some parts, it is seen to become moderate, especially in the splanchnic area. This vascular contraction is relatively less if the spinal cord is destroyed, from which it is fair to infer that it is partly due to the action of ergot on the vaso-motor centres in the cord, but the drug acts chiefly directly on the muscular coat of the vessels or the termination of the nerves in the muscles, exactly as does adrenalin. The capillary arteries are not constricted. If the ergot be taken for a long time, the contraction of the arterioles, together with the associated thickening of their walls produced by the ergot alkaloids, lead to **gangrene** of various parts of the body, and this was a prominent symptom of ergotism (telicremic poisoning by ergot) which used to be seen in the very poor who could get no better food than

eye infested with *Chlamydia parva*. Enormous single doses of ergot appear to paralyse the vaso-motor centres, and when the blood pressure falls from vascular dilatation and cardiac depression.

Nervous system. Medicinal doses, or even an enormous single dose, very rarely affect the nervous system, but if ergot be taken for a long time, a peculiar set of symptoms sets in: they constituted the kind and variety of chronic ergotism in the days when rased bread was eaten. The sufferer first complained of itching and tingling, and a sensation of insects running over the skin; this was followed by numbness and local anæsthesia. These symptoms first appeared in the hands and feet, but spread over the whole body. They were followed by tonic contractions of various muscles, especially those of the extremities. The muscular power was lessened, and the gait was staggering. Dimness of vision, loss of hearing, and epileptiform convulsions were sometimes present. This variety of ergotism was usually accompanied by vomiting and diarrhoea. Death resulted from asphyxia, due to spasm and weakness of the respiratory muscles. The fact that there are so many such distinct varieties of ergotism shows that ergot has an inconstant composition.

Uterus. Ergot powerfully excites the pregnant uterus of women and the lower animals to contract and expel its contents. It is therefore called an *emmenagogue*. It has very little power in human beings to cause contraction of the unimpregnated uterus.

The flow of urine, of saliva, of sweat, and of milk are slightly diminished by ergot, probably on account of the general vascular constriction.

THERAPEUTICS.

The chief use of ergot is to cause efficient contraction of the uterus after labour, and so to diminish the risk of post-partum hæmorrhage. If there is

any likelihood of profuse bleeding it should be subcutaneously, so that it may act rapidly.

Ergot should be administered cautiously if the child is expelled, for the contractions produced by it not only gradually become more severe and more prolonged, so that ultimately the uterus remains tightly contracted for several minutes; this, of course, dangerous to the life of the child, and if the resistance be very great, may lead to rupture of the uterus.

This drug has often been given as a haemostatic in hæmoptysis and other hæmorrhages from different parts of the body. Some authors claim great success, frequently it fails, and it may, by the general increase of blood-pressure, do more harm than good, especially in hæmoptysis as the pulmonary arteries are constricted by ergot. It is difficult to gauge its value, for so many hæmorrhages will stop even if no drugs are given.

It has been used to check the night sweats in phthisis, and as an antilactagogue.

It is often desirable to combine the liquid extract of ergot with perchloride of iron. Because of the tannin in the ergot an inky mixture results, this may be clarified by the addition of a little citric acid, and the taste may be covered with chloroform water.

Ergutin.—This is fluid containing the active principles of ergot; 5 to 10 minims may be given subcutaneously or 30 to 60 by the mouth.

HYDRASTIS.

Hydrastis Rhizoma. Hydrastis Rhizome. The dried rhizome and rootlets of *Hydrastis canadensis*, the golden seal, yellow-root, or yellow puccoon (Nat. Ord. *Ranunculaceæ*). Grows in the Alleghanies.

(CHARACTER.) Rhizome is $\frac{1}{2}$ to $1\frac{1}{2}$ in. long, $\frac{1}{2}$ to $\frac{1}{2}$ in. thick, irregular twisted appearance, with thin rootlets 3 to 5 in. long. Scars of decayed stems on the upper surface. Yellowish brown with short fracture. Interior yellow. Taste very bitter.

COMPOSITION. It contains (1) Hydrastine, an alkaloid, $C_{15}H_{19}NO_5$. White prismatic crystals, soluble in water. **Dose, $\frac{1}{4}$ to 1 gr.** in a pill. (2) *Coptis*, an alkaloid, Berberine, an alkaloid.

Preparations

1. Extractum Hydrastis Liquidum. Powdered hydrastis rhizome, 20 oz.; alcohol (45 per cent.), 20 fl. oz.

Dose, 5 to 15 m.

2. Tinctura Hydrastis. Powdered hydrastis rhizome, 1; alcohol (60 per cent.), 10. Percolate.

Dose, $\frac{1}{2}$ to 1 fl. dr.

The Hydrochloride of Hydrastine is an acid salt, prepared by treating the alkaloid with hydrochloric acid. It exists as a greyish white mass, soluble in 1 of water.

Dose, $\frac{1}{2}$ to 1 gr. hypodermically.

ACTION.

Hydrastis in small doses acts as a gastric bitter, promoting the appetite, and stimulating the gastro-intestinal secretions and peristalsis. It is stated, probably incorrectly, to increase the flow of bile. Moderate doses stimulate the medullary centres. Thus breathing is quicker and deeper, the heart is slowed, the arterioles are contracted, and blood-pressure rises. Large doses depress the centres, the pulse becomes rapid, blood-pressure falls, and the patient dies from paralysis of respiration. It produces convulsions similar to those of strychnine. In the lower animals it stimulates unstriated muscle and is said to increase uterine contractions and produce abortion, but this is doubtful. Its action is mainly due to the alkaloid hydrastine. It has been stated that this, before it acts, is oxidized into hydrastinine, but against this is the fact that it is excreted unchanged in the urine.

Hydrastinine, like hydrastine, contracts arterioles and raises the blood-pressure. It slows but does not depress the heart. It is said to cause contraction of the uterus by direct action on its muscle, and because of this action and that on arterioles it is used to arrest uterine hæmorrhage.

THERAPEUTICS.

External.—Hydrastis is employed empirically as a local stimulating application in chronic inflammations, such as unhealthy ulcers. It is used as a lotion in hyperidrosis, acne, and seborrhoea. Either of the preparations may be employed diluted with water.

Internal.—The chief use of hydrastis is that empirically administered for chronic inflammation of mucous membranes. It is said to be especially valuable for uterine affections, particularly menorrhagia and dysmenorrhoea. It is given to arrest uterine hæmorrhage and to arrest the growth of uterine tumours (*see also* Cotarnine, p. 356). In all these diseases hydrastinine hydrochloride has been much used. Hydrastis is also employed in the chronic gastritis of drunkards, and to a less degree in other forms of chronic gastric and intestinal catarrh. As an injection or lotion it is employed (either preparation diluted with an equal part of water) for chronic nasal catarrh, otorrhoea, leucorrhoea, gonorrhoea, and as a mouth wash in aphthous stomatitis, chronic pharyngitis, &c. Some authorities claim that it is useful for the same diseases of the heart as are benefited by digitalis. As an antiperiodic it is far inferior to quinine.

GROUP XIII.

Colchicum, Piperazin.

These drugs are used for gout.

COLCHICUM.

Colchici Cormus. *Colchicum Corm.* The fresh corm of *Colchicum autumnale* (Nat. Ord. *Liliaceæ*), collected in the early summer; and the same stripped of its coat, sliced transversely, and dried at a temperature not exceeding 150° F. Britain.

CHARACTERS.—Fresh corm $1\frac{1}{2}$ in. long, 1 in. broad, conical, flattened on one side, rounded on the other; outer coat thin, brown, mottled, inner coat reddish yellow.

dry white, solid, yielding milky juice of bitter odour, and agreeable odour. Dried slices $\frac{1}{10}$ to $\frac{1}{2}$ in. thick, at circumference, indented one side, convex the other. Reniform in outline. Surface firm, white, lustrous. Fracture short. Odour none. Taste bitter.

COMPOSITION. The chief constituents are (1) *Colchicine*, active alkaloid, yellowish, micro-crystalline, soluble in water and alcohol, but changed by most acids into colchicineine. Veratrine (see p. 431), in traces combined with gallic acid. A fixed oil. (4) Starch, sugar, gum.

INCOMPATIBLES. All astringent preparations, tincture of iron and tincture of guaiacum.

Dose, 2 to 5 gr. in powder in capsules.

Preparations.

1. Extractum Colchici. - Made from the fresh corm.

Dose, $\frac{1}{4}$ to 1 gr.

2. Vinum Colchici. - Dried corm, 1; sherry, 5.

Dose, 10 to 30 m.

Colchici Semina. The dried ripe seed of *Colchicum autumnale*.

CHARACTERS. - $\frac{1}{10}$ in. in diameter, subglobular, pointed at one end, reddish brown, rough, very hard and difficult to powder. Odour none. Taste bitter, acid. Resembling colchicum seed, but black mustard seeds (see p. 499).

COMPOSITION. - The chief constituents are (1) The same as the corm, but the proportion of the active alkaloid colchicine is larger. (2) A volatile oil in addition.

Preparation.

Tinctura Colchici Seminum. Colchicum seeds, 1; alcohol (45 per cent.), 5. Percolate.

Dose, 5 to 15 m.

Made with one and a half times as much seed as in B. P.

ACTION.

External. When applied to the skin colchicum acts as an irritant, causing hyperæmia and smarting, and the dust inhaled gives rise to sneezing.

Internal. - *Gastro-intestinal tract.* - In moderate medicinal doses colchicum produces no effect on most organs beyond perhaps slightly increasing the secretion of bile, but with others it causes loss of appetite, a little purging, nausea, and colic. In larger

doses it gives rise, in all persons, to great abdominal pain, vomiting, and profuse diarrhoea with passage of blood. Like pilocarpine, but even more powerfully, it increases the secretion and stimulates the muscle. It is in fact a powerful gastrointestinal irritant. There is also great prostration; the pulse becomes small, rapid, and thready, the skin cold and bedewed with sweat, and the respiration slow; death is due to collapse. It is probable that these results are not, to any large extent, owing to the effect of colchicine on the heart or respiration, but that they are the consequence of the severe gastro-enteritis, which, it is well known, will cause fatal collapse. They are produced if colchicine is injected subcutaneously, a circumstance which indicates that this alkaloid is an active principle of colchicum, and that it is excreted into the intestinal fluids. It is said that after a certain point increasing the quantity does not lead to an increase of the symptoms. In animals the action on the heart is not marked, but diarrhoea and vomiting are severe.

Nervous system.—Medicinal doses have no effect. Even a fatal dose does not impair consciousness. Cold blooded animals bear much larger proportions of doses than warm, but in all, after large quantities the sensation is paralysed, and ultimately the spinal motor centres are powerfully depressed, death taking place from respiratory paralysis. Colchicine is said to act on muscles like veratrine.

Kidneys.—The most discordant statements have been made about the action of colchicum on the urine, but it has not been definitely shown that either the quantity or composition, even in the amount of uric acid, is altered. After death by poisoning, the alkaloid is found in the blood and in most of the organs of the body.

Blood.—The first effect is to diminish the number of polymorphonuclear cells in the blood owing to the

action in the tissues, especially the marrow, but in there are fewer in the tissues and an enormous increase in those of the blood.

THERAPEUTICS.

Colchicum is hardly ever used except for gout. Given during the attack, it most markedly relieves the pain; in smaller doses given between the attacks it diminishes their severity. It is often useful for dyspepsia, colic, headache, neuritis, conjunctivitis, bronchitis, and other conditions which, when occurring in those suffering from gout, are probably related to it. It is a true specific; how it acts is not known. Occasionally it is combined with other reputed cathartics, especially if it is desired to give these remedies to a person who is the subject of gout. If any symptoms of gastric or intestinal irritation appear, its use must be discontinued for a time. As it is a cardiac depressant, those who take it should keep the bowels well open, lest it should accumulate in the body. Hence it is commonly combined with bicarbonate of magnesium. The seeds are said to be more active than the corm. Colchicine salicylate, often known as colchisal, frequently relieves gouty pains. The dose is $\frac{1}{16}$ grain.

Piperazin.--(Not official.)

This organic base is formed by the action of sodium on ethylenediamine hydrochloride. It was originally thought to be the same as spermine, an organic ferment derived from the testicle, but it is quite a different body. It occurs in small colorless crystals soluble in water. Outside of the body it is a powerful solvent of uric acid, but Fawcett (Hospital Reports, vol. 1) and others have shown that the urine of a person taking piperazin will not dissolve uric acid, nor does it benefit gout. In spite of this evidence of its apparent uselessness it is much given, usually in 5-gr. doses of a granular effervescent powder dissolved in half a tumbler of water. Some gouty patients profess to be much benefited by it, but others say it makes them worse. Lycetol (dose, 4 to 10 grs.) and Ly-Glin (10 to 30 mg.) are both having a reputation.

GROUP XIV.

The three bodies in this group are white solids, all closely related to volatile oils, all are anti-epileptic (two powerfully so), and two at least, and probably all three, local anæsthetics.

Camphor, Thymol, Menthol.

CAMPHOR.

Camphora. $C_{10}H_{16}O$. A white crystalline substance obtained from *Cinnamomum camphora*, the camphor laurel (Nat. Ord. Laurineæ), and purified by sublimation. India, Indies, China, and Japan.

SOURCE. The wood of the tree is submitted to distillation with steam, and the distilled product on cooling deposits crystals of camphor, which are purified by pressure and sublimation.

CHARACTERS. Solid, colourless, translucent, crystalline masses; also in rectangular tablets or pulverulent masses known as "flowers of camphor." Tough, but readily powdered if mixed with alcohol, ether, or chloroform. Odour powerful and characteristic. Taste pungent, bitter, followed by a sensation of cold. Floats on water. Sp. gr. 0.99. Burns readily with a bright smoky flame. Volatilizes slowly at ordinary temperatures. Sublimes entirely when heated. **Solubility.** 1 in 7 of water, 1 in 2 of oil of turpentine, 1 in 4 of olive oil, readily in milk, ether, alcohol, or chloroform. When triturated with either chloral hydrate, carbolic acid, or thymol it forms a thick liquid.

COMPOSITION. Camphor, $C_{10}H_{16}O$, is an oxidation product of pinene (see Oil of Turpentine), and may also be derived from cyclopropane found in eucalypti and eucalyptus oils (see p. 597). The pharmacopœia camphor is called lauric camphor, it is dextro-rotatory. Levo-rotatory and inactive camphors are known. Borneol, $C_{10}H_{18}O$, known also as Borneo camphor, is often commercially substituted for official camphor, which it closely resembles; it is derived from *Dryobalanops aromatica*, and is known from the official camphor by sinking in water; it is an alcohol. The common form of Borneol is dextro-rotatory, but levo-rotatory and inactive varieties are known.

Dose, 2 to 5 gr. as a pill, with glucanth and wheat flour as an excipient.

Preparations.

1. Aqua Camphoræ.—Dissolve 70 gr. in 1 fl. oz. of alcohol (90 per cent.), and add to a gallon of water. Contains about $\frac{1}{2}$ gr. to 1 fl. oz.

Dose, 1 to 2 fl. oz.

2. Linimentum Camphoræ. *Synonym.* Camphorated Oil.—Camphor, in flowers, 1; olive oil, 4.

3. Linimentum Camphoræ Ammoniatum.
S. O. 7m. Compound Liniment of Camphor.—Camphor, 20; Alcohol, of American Dispensatory, 40; oil of lavender, 1; alcohol (90 per cent.), 120.

4. Spiritus Camphoræ.—Camphor, 1; alcohol (90 per cent.), 9.

Dose, 5 to 20 m. In milk or on sugar, as water precipitates the camphor.

5. Tinctura Camphoræ Composita, *see* Opium, p. 318.

Camphor is contained in the following preparations: Acetate of Camphor, Camphor Balm, Hydnocarpin, Opoponax, Salapernum, Santal, and Terebinthina Acetate, and in Unguentum Camphyrum Compositum.

Spirit of Camphor (Farrar) known as Riden's contains 1 of camphor in 1 of alcohol.

ACTION.

External. Camphor, although not a volatile oil, is very much like one. Thus it is a direct cutaneous stimulant, dilating the vessels of the skin, and first causing a sensation of **warmth**, but subsequently a slight degree of local **anæsthesia**. It is a feeble antiseptic.

Internal. *Gastro-intestinal tract.* In the stomach it is mildly **stimulant**, dilating the vessels, increasing the flow of gastric juice and the peristalsis. Hence it is **stomachic and carminative**. It has a slight reflex stimulating effect on the heart. In large doses it has little action on the intestines.

Absorption. It is quickly absorbed, both from the intestines and skin, and two bodies formed in the body from it are known. One, camphorol (one atom of H in camphor is replaced by OH), combines with glucuronic acid and is excreted in the urine as camphor-glucuronic acid. Another, an amido derivative, is also found in the urine.

Circulation. It increases the number of polymorphonuclear cells in the blood. The heart is excited directly by it in addition to the reflex stimu-

lation just mentioned, and so the pulse becomes fuller and stronger; the rate is not much affected. The face may be flushed. The effect on the circulation is very slight in man.

Respiration. Probably camphor or some derivative from it is excreted by the bronchial mucous membrane, the vascularity and secretion of which are consequently stimulated. It has the reputation of being a feeble expectorant.

Skin. It is a mild **diaphoretic**. This effect is believed to be due to the action of the drug on the central nervous system. Probably camphor or some derivative from it is excreted by the skin, for the sweat may smell of it.

Nervous system.—Different people are differently susceptible to the effects of camphor. Five or ten grains will, like alcohol, in some persons produce a feeling of exhilaration, or in others a sense of comfort and quietness. Larger doses cause excitement, giddiness, staggering, a slow pulse, and ultimately headache, burning pains in the stomach, faintness, confusion of ideas, delirium, violent convulsions, insensibility, a small feeble pulse, and finally death from collapse. In mammals, including man, camphor acts by first stimulating and subsequently depressing the cerebral cortical areas. It is a mild antipyretic.

Sexual organs.—Camphor is reputed to be an aphrodisiac, but this is probably incorrect.

THERAPEUTICS.

External. Its stimulating effects make camphor a favourite ingredient of many liniments. It is constantly rubbed into the skin in some form or another as a mild irritant or counter-irritant in, for example, chronic rheumatism, chronic inflammatory indurations, and the slighter chest complaints of children; and also in myalgia, neuralgia, lumbago, and sciatica, in which cases, because of its property

of causing local anesthesia, it relieves pain. In addition to the pharmaceutical preparations, a Chloroform-Camphor compound (2 parts, dissolved in chloroform, 1 part) may be used. The liquid preparations with chloral, carbonic acid, and thymol are excellent local anodynes for neuralgia, and may be dropped into a tooth to relieve toothache.

Internal.—Camphor is used as a carminative, especially for neurotic subjects. It is a common remedy for a cold in the head, and is probably beneficial on account of its stimulation of the circulation and its slight antipyretic and diaphoretic effect. Many expectorant mixtures contain camphor. Large doses are said to check diarrhea. It has been given as an antispasmodic in hysteria and allied conditions, and some state that it is of use in cholera and as a sedative when the heart is weak. It is believed to greatly lessen the disagreeable symptoms that follow cessation of the morphia habit, and it was largely used in Germany as a cardiac stimulant, 3 grains or more being injected subcutaneously as a solution in sterilized olive oil; but it is probably of little use.

THYMOL.

Thymol. $\text{C}_9\text{H}_{10}\text{O}$ ($\text{CH}_3\text{CH}_2\text{C}_6\text{H}_4$), propylmethylhydroxy-benzene. A crystalline substance obtained from the volatile oil of *Thymus serpyllifolius* (Nat. Ord. *Lamiaceae*, Rutaceae) and from *Origanum* (Nat. Ord. *Lamiaceae*, Labiales). Purified by crystallization from alcohol.

Solubility.—It is a powder, and can be extracted with the soda from oil of thyme, where it is associated with camphor.

CHARACTERS.—Larger, oblique, prismatic crystals. They are insoluble in water. On heating the water they melt, and the steam rises to the surface, oil and thymol. 1 to 2 per cent. in the S. *residual*. 1 in 100 of water, 1 in 100 of alcohol, 1 in 2 of olive oil. Freely soluble in ether, or chloroform.

Dose, $\frac{1}{2}$ to 2 gr. as a pill.

ACTION AND THERAPEUTICS.

Thymol is a more powerful antiseptic than

carbolic acid, but its insolubility is a drawback. It has been used in antiseptic surgery. A saturated solution, thymol gauze, and thymol ointment are employed. It is non-irritating. It has considerable antiparasitic powers, and solutions in alcohol or ether (1 in 15) have been used in ringworm. A solution in glycerin (1 in 200) has been recommended for sore throats. A little alcohol is very useful for facilitating the aqueous solution of thymol.

Thymol in three successive doses of 30 gr. each is the best anthelmintic for *Ankylostoma duodenale*. A purgative should be given before and after. Thymol may make the urine green.

MENTHOL.

Menthol. $C_{10}H_{18}OH$. A crystalline substance obtained by cooling the oil distilled from the fresh herb of *Mentha piperita* (Britain) and *Mentha arvensis*, var. *piperascens et glabrata* (Nat. Ord. *Labiata*) (Japan). It is sometimes called mint camphor.

CHARACTERS. In fused crystalline masses or as colourless acicular crystals, moist from adhering oil. Odour as of peppermint. Taste of peppermint; the subsequent coldness on inhalation of air is well marked. Its melting point should not exceed 110° F. **Solubility.** Very sparingly in water or glycerin, 5 in 1 of alcohol (90 per cent.), 4 in 1 of chloroform, 1 in 4 of olive oil.

IMPURITIES.—Glass and magnesium sulphate.

Dose, $\frac{1}{2}$ to 2 gr.

Preparation.

Emplastrum Menthol.—Menthol, 1½; yellow beeswax, 1; resin, 7½.

ACTION AND THERAPEUTICS.

External.—Menthol is chiefly employed externally, for it produces local anæsthesia, a feeling of coldness and numbness, and thereby alleviates the pain of neuralgia, especially if it involves a superficial nerve. It is very efficacious in some cases. The solid menthol may be drawn along the skin, or a spirituous solution may be painted on, or the plaster may be applied. If this is used it should be spread on thin rubber cloth.

or hat lining, as it soaks through calico and linen. In very hot weather the pharmacopœial plaster may be too fluid, and then more wax should be added. A solution of 100 gr. heated in a test-tube containing half an ounce of oleic acid is an excellent preparation, and a very good liniment is formed of menthol, 3 parts; chloroform, 4 parts; olive oil, 9 parts. The local application of menthol often relieves itching. Menthol has been applied locally to carious teeth, and has been inhaled with advantage in asthma. For teeth it is best rubbed up with an equal part of absolute phenol, camphor, or chloral hydrate. The oily liquid formed in either case may be put in the tooth. For asthma it is readily volatilised by the addition of hot water. Solutions of it have been painted on the throat in diphtheria. A pigment of 1 to 4 in olive oil is employed for painting the larynx in tubercular ulceration. Glycothymelin contains thymol, menthol, and other bodies. It is used as an antiseptic wash for mucous membranes.

Internal. Its internal administration has been abandoned, as it easily upsets digestion. It is a powerful antiseptic, and is excreted in the urine as menthogylicuronic acid, rendering it aseptic and giving it a pleasant smell. Menthol should be preserved in closed tin boxes.

GROUP XV.

Vegetable Drugs acting in virtue of important Acids they contain.

Lemon juice (citric acid), **Benzoin** (benzoic acid), **Laurocerasi Folia** (hydrocyanic acid), **Araroba**, **Chrysarobinum** (chrysophanic acid). *Virginian yew* (see p. 442) and *Bitter almond* (see p. 574), both of which yield hydrocyanic acid, have already been considered.

LEMON.

Limonis Cortex. Lemon Peel. The fresh outer part of the pericarp of the fruit of *Citrus medica*, var. *β Limon* (Nat. Ord. *Rutaceæ*). South Europe.

CHARACTERS.—Thin, pale yellow pieces, rough on the outside from the presence of glands containing the oil; the inner surface has a little of the inner white rind attached. Fragrant odour; bitter aromatic taste.

COMPOSITION.—The chief constituents are—(1) The official *Oleum Limonis* (see below). (2) A bitter principle, limonidin.

Preparation.

1. **Syrupus Limonis**, see p. 607.

2. **Tinctura Limonis**. Lemon peel, 1; alcohol (90 per cent.), 4. Macerate.

Dose, $\frac{1}{2}$ to 1 fl. dr.

Lemon peel is contained in Infusum Aurantii Compositum and Infusum Gentianæ Compositum.

In India and the Colonies where fresh lemon peel cannot be obtained, the dried peel may be used for any preparation containing lemon peel.

Oleum Limonis.—The oil obtained from fresh lemon peel.

SOURCE.—Obtained by expression.

CHARACTERS.—It is pale yellow, fragrant, warm, and bitter. Sp. gr. 0.857 to 0.860.

COMPOSITION.—Oil of lemon contains (1) A terpene called *citrene* or *limonene*, $C_{10}H_{16}$, 90 per cent., strongly dextro-rotatory. This is also found in orange peel and in oil of caraway. (2) Geranial or citral, the aldehyde derived from geraniol, found in oil of rose (p. 527). (3) Citronellal, an aldehyde of the alcohol citronellol.

Dose, $\frac{1}{2}$ to 3 m.

Oil of lemon is contained in Linimentum Potassii Iodici cum Sapone, Tinctura Valerianæ Ammoniata, Tinctura Guaiaci Ammoniata, and Spiritus Ammoniac Aromaticus.

ACTION AND THERAPEUTICS.

The same as those of orange. The oil applied externally is rubefacient.

Succus Limonis. Lemon Juice. The freshly expressed juice of the ripe fruit of *Citrus medica*, var. *B. Limonium*.

CHARACTERS.—A pale yellow, slightly turbid liquid. Taste acid. Odour of lemons. One fluid ounce contains about 35 gr. of citric acid, and therefore neutralizes 50 gr. of potassium bicarbonate, 42 of sodium bicarbonate, or 24 of ammonium carbonate. It decomposes on keeping, but may be preserved by the addition of 10 per cent. of alcohol.

COMPOSITION.—Lemon juice contains citric acid (see

p. 253), both free and combined to form potassium and other salts. Also malic acid, $H_2C_4H_4O_6$, and phosphoric acid.

Dose, $\frac{1}{2}$ to 4 fl. oz.

Preparations.

1. Syrupus Limonis. Fresh lemon peel is digested in alcohol. Sugar is dissolved in lemon juice and the two liquids are mixed.

Dose, $\frac{1}{2}$ to 1 fl. dr.

2. Acidum Citricum, see p. 253.

ACTION AND THERAPEUTICS.

Lemon juice is used to relieve thirst, and to make effervescing mixtures and drinks. Its action in the body is the same as that of citric acid (see p. 253). Three or four ounces of lemon juice daily is of great benefit in scurvy. Why this is so we do not know for certain. Lemon juice is probably more efficacious than citric acid.

BENZOIN.

Benzoinum.—Benzoin. *Synonym.* Gum Benjamin. A balsamic resin obtained from *Styrax benzoin* and probably other species of *Styrax* (Nat. Ord. *Styraceae*). Known as Siam and Sumatra benzoin.

CHARACTERS.—Separate tears or masses of tears loosely agglutinated, but generally closely compacted by a deep brown translucent substance. Tears flat or curved, yellowish or reddish brown, they vary in size up to an inch or two; on breaking they either show an opaque milk-white or a reddish-brown appearance. Benzoin is very brittle, and easily softens at the heat of the mouth. Little taste. Odour balsamic. Gives off, on heating, fumes of benzoic acid. *Solubility.* 1 in 5 of alcohol (90 per cent.). Easily in ether or potash.

COMPOSITION. The chief constituents are (1) Benzoic acid (see p. 608), 12 to 20 per cent. (2) Cinnamic acid, $C_9H_8O_2$, a trace. (3) Resins. (4) Volatile oil.

Preparations.

1. Adeps Benzoatus.—Benzoated lard. Benzoin, $1\frac{1}{2}$; lard, 50.

2. Tinctura Benzoini Composita. *Synonym.*—Friar's balsam. Benzoin, 8; prepared storax, 6; balsam of tolu, 2; Socotrine aloes, $1\frac{1}{2}$; alcohol (90 per cent.), 80. Macerate.

Dose, $\frac{1}{2}$ to 1 fl. dr.

Benzoin is also contained in Unguentum Cetacei (1 in 50). Benzoated lard is contained in several ointments.

Acidum Benzoicum. Benzoic Acid. $\text{C}_6\text{H}_5\text{COOH}$.

SOURCE.—From benzoin by sublimation and also from toluene, hippuric acid, and other organic compounds.

CHARACTERS.—Light, feathery, almost colourless, flexible crystalline plates or needles. **Solubility.**—1 in 400 of water, 1 in 12 of boiling water, readily in solutions of alkali. Sodium phosphate or borax aids its solution in water. Sublimes on heating.

Dose, 5 to 15 gr.

Preparations.

1. **Trochiscus Acidi Benzoici.** $\frac{1}{2}$ gr. in each with a fruit basis.

2. **Tinctura Camphoræ Composita.**—2 of benzoic acid to 1 fl. oz. (see Opium, p. 338). Mix.

3. **Tinctura Opii Ammoniata.**—9 gr. of benzoic acid to 1 fl. oz. (see Opium, p. 338). Mix.

Ammonii Benzoas. $\text{C}_6\text{H}_5\text{COONH}_4$.

SOURCE.—Neutralize benzoic acid with ammonia, and evaporate.

CHARACTERS.—Colourless laminar crystals, with odour of benzoic acid. **Solubility.**—1 in 6 of water, 1 in 22 of alcohol (90 per cent.).

INCOMPATIBLES.—Per-salts of iron, Liquor Potassæ, and acids.

Dose, 5 to 15 gr.

Sodii Benzoas.— $\text{C}_6\text{H}_5\text{COONa}$.

SOURCE.—Neutralize a solution of benzoic acid with sodium carbonate, and crystallize.

CHARACTERS.—A crystalline or amorphous white powder. Odour faintly benzoic. Taste sweetish, alkaline. **Solubility.**—Easily in water, 1 in 24 of alcohol (90 per cent.).

Dose, 5 to 30 gr.

ACTION.

As far as is known, the action of benzoic acid and its salts, and benzoin is the same. We shall therefore only here describe the actions of benzoic acid.

External.—Benzoic acid is a powerful antiseptic. The growth of many forms of bacteria is completely inhibited by a solution of 1 in 1000. In a concentrated form it is a stimulant and irritant when applied to the skin.

Internal.—The chief fact about the internal action of benzoic acid that has been worked out

is that when it is given by the mouth, **hippuric acid appears in the urine**. This happens by combination with a molecule of glycocholic acid, $C_6H_5 \cdot COOH + NH_2 \cdot CH_2 \cdot COOH = C_6H_5 \cdot CO \cdot NH \cdot CH_2 \cdot COOH$ (hippuric acid) + H_2O . The source of the glycocholic acid is not known. The conversion takes place in the kidneys, for after giving large doses of benzoic acid it alone can be found in the blood, and if the renal arteries are tied no hippuric acid is formed, but if only the ureters are tied it is formed. Also benzoic acid has been successfully converted into hippuric acid by passing blood containing benzoic acid, but no glycocholic acid, slowly through the kidneys removed directly after death. Further researches show that the conversion is probably effected by the renal cells. Hippuric acid has been found in the urine of new-born children when benzoic acid has been given to the mother shortly before delivery. If hippuric acid is given by the mouth benzoic acid is found in the blood, but hippuric reappears in the urine. The hippuric acid in the urine **renders alkaline urine acid**, and it stimulates and disinfects the urinary mucous membrane. Occasionally succinic acid as well as hippuric acid appears in the urine.

Benzoic acid or some derivative of it is probably secreted in the bronchial secretion, for the bronchial mucous membrane is stimulated by the administration of benzoic acid, the mucus being increased in quantity and disinfected. The acid is therefore **expectorant**. The same effects are brought about if the vapour of benzoic acid is inhaled.

It is said also to be excreted by the skin and mammary glands, and thereby to increase their activity. It is slightly diuretic. Medicinal doses do not produce any effect on the stomach, intestines, circulation, or nervous systems, but greatly increase the number of morphonuclear cells in the blood.

Benzoic acid and its salts are antipyretic, and it is stated that they are even more powerful than

salicylic acid. How they produce a fall of temperature is not known. Metabolism is increased, as is shown by the excess of nitrogen and sulphur in the urine.

Sodium and ammonium benzoate increase both the quantity and the solids of the bile.

THERAPEUTICS.

External. Lint soaked in the compound tincture is a very favourite dressing for wounds and sores of all sorts. Its chief advantage is the antiseptic power it possesses. Its stimulating effect is also valuable. Benzoated lard is a common basis for ointments when it is wished that the active ingredient should be absorbed, for the lard melts on the body, especially if covered by a bandage; the benzoin prevents the decomposition of the lard. If the benzoin irritates, which it is especially likely to do if near the eye, three minims of oil of cloves or two of oil of gaultheria to the ounce of lard makes a non-irritant basis that keeps indefinitely.

Internal.—Lungs. Benzoin, benzoic acid and its compounds are very commonly employed as stimulating disinfecting expectorants in cases of bronchitis or phthisis in which the expectoration is foul and scanty. The vapour from a mixture of a pint of water at 110° F. and a fluid drachm of compound tincture of benzoin is often inhaled for bronchitis and laryngitis.

Urinary organs.—Benzoic acid is a most valuable drug for acidifying the alkaline decomposing urine which is formed in pyelitis and cystitis, and for stimulating and disinfecting the urinary tract in the same conditions. Benzoate of ammonium is so much more soluble than benzoic acid that it is to be preferred to it. Spirit of chloroform covers the taste. It may with advantage be combined with urinary sedatives, as tincture of hyoscyamus. The conversion to hippuric acid has been said not to take place when the kidney is diseased.

Benzoic acid has been used in Germany instead of salicylic acid for rheumatic fever.

CHERRY LAUREL.

Laurocerasi Folia.—Cherry Laurel Leaves. The fresh leaves of *Prunus laurocerasus* (Nat. Ord. *Rosaceae*).

CHARACTERS.—Thick, coriaceous, on short strong petiole. Oblong or ovate, 5 to 7 in. long, tapering towards each end, recurved at the apex, distantly but sharply serrated, dark green, smooth and shining above, pale beneath. Prominent midrib with, on either side of it, at the base, one or two glandular depressions. Inodorous except on bruising, when they emit a ratafia-like odour.

COMPOSITION. The chief constituents are (1) *Laurocerasin*, a glucoside; it is identical with amygdalin. By the same changes as is the case with bitter almonds (*see* p. 574), in the presence of moisture, an oil, prussic acid, and glucose are formed. (2) *Emulsin*.

Preparation.

Aqua Laurocerasi.—Made by distillation, and standardized by adding either water or hydrocyanic acid till the strength of the distillate is 0.1 per cent. of hydrocyanic acid. That is to say, the relative strength of Acidum Hydrocyanicum Dilutum and Aqua Laurocerasi is as 20 to 1.

INCOMPATIBLES.—Metallic salts.

Dose, $\frac{1}{2}$ to 2 fl. dr. (note the dose).

ACTION AND THERAPEUTICS.

Aqua Laurocerasi is not often employed, for, owing to the volatilization of the prussic acid, its strength is inconstant. Its actions are the same as those of dilute hydrocyanic acid (*see* p. 328). It is given as a flavouring agent.

ARARоба.

Araroba.—*Synonyms.*—Goa Powder; Chrysarobin. A substance found in cavities in the trunk of *Artocarpus araroba* (Nat. Ord. *Leguminosae*), freed as much as possible from fragments of wood, dried and powdered.

CHARACTERS AND TESTS.—The powder varies from brownish-yellow to umber brown. It should yield to hot chloroform not less than 50 per cent. of a substance which, after evaporating and drying, should have the characters of chrysarobin.

Used for making chrysarobin.

CHRYSAROBIN.**Chrysarobinum.** Chrysarobin.

SOURCE.—Obtained from Araroba by extracting with hot chloroform, evaporating to dryness and powdering.

CHARACTERS. A light brownish-yellow minutely crystalline powder, tasteless and inodorous. *Solubility.* Very sparingly in water, and sparingly in alcohol (90 per cent.).

COMPOSITION. The chief constituents are (1) a definite chemical substance also known as *chrysarobin*. *Synonyms.* Rhein, Chrysophan (see p. 466). $C_{10}H_{14}O_2$. In the fresh plant it probably exists as a glucoside, but this is slowly oxidized into chrysophanic acid, $C_{11}H_{12}O_3(OH)_2$, and glucose. (2) Chrysophanic acid.

Preparation.

Unguentum Chrysarobini.—Chrysarobin, 1 ; benzoated lard, 24.

ACTION.

External. It is a powerful irritant to the skin, which it stains yellowish brown. Linen is stained the same colour. (The stain may be removed by a weak solution of caustic soda or chlorinated lime.) It is antiparasitic.

Internal.—It is cathartic and very irritating to the stomach and bowels, causing vomiting and purging. It is excreted by the kidneys, and stains the urine yellow.

THERAPEUTICS.

It is used as an antiparasitic in ringworm, and to excite healthy inflammation in chronic cutaneous diseases, especially psoriasis and acne rosacea. A pigmentum (chrysarobin, 1 ; solution of gutta percha, 9) is more cleanly than the ointment and does not stain the clothes. Chrysarobin has also been given internally for skin diseases, but as it is so irritating this practice is not advisable.

GROUP XVI.

Vegetable Drugs used only as Colouring Agents.
Saffron, Red Sanders-wood.

SAFFRON.

Crocus.—Saffron. The dried stigmas and tops of the styles of *Crocus sativus* (Nat. Ord. *Iridaceae*). Spain.

CHARACTERS.—Each portion, about 1 in. long, consists of three thread-like, orange red stigmas, thickened and tubular above, notched at the extremities, and united below to the top of the yellow style. Flexible, unctuous to touch. Odour strong, aromatic. Taste bitter, aromatic. Rubbed on the finger leaves an intense yellow stain. Colours warm water orange yellow. Pressed between filter-paper should leave no oily stain.

COMPOSITION. The chief constituents are—(1) *Polychroite* or *Crocin*, an orange red glucoside. (2) A volatile oil.

IMPURITIES.—Marigold, saffron petals, chalk, and oil.

Preparation.

Tinctura Croci.—Crocus, 1; alcohol (60 per cent.), 20.

Dose, 5 to 15 m. Macerate.

Saffron is contained in Decoctum Aloes Compositum and Tinctura Cinchona Composita.

ACTION AND THERAPEUTICS.

Saffron is only employed to colour preparations. It was largely used in B. P. 1885: *e.g.* Pulvis Cretæ Aromaticus was coloured with it, but it is expensive.

RED SANDERS-WOOD.

Pterocarpī Lignum.—Red sanders-wood. *Synonym.* Red sandal wood. The heart-wood of *Pterocarpus santalinus* (Nat. Ord. *Leguminosae*). Ceylon.

CHARACTERS.—Dense, heavy logs; dark brown externally, internally deep blood-red. Chips deep reddish brown. *Resembling sanders-wood.*—Logwood, which is less dense.

COMPOSITION.—The chief constituent is a blood-red crystalline principle, santalic acid or santalin.

Sanders-wood is contained in Tinctura Lavandulae Composita.

ACTION AND THERAPEUTICS.

Sanders-wood is used to colour preparations.

GROUP XVII.

Vegetable substances whose action is mechanical.

Cotton, Collodion, Oil of Theobroma, Quillaia, Caoutchouc, Starch, Lycopodium.

COTTON.

Gossypium. - Cotton. *Synonym.* - Cotton Wool. The hairs of the seeds of *Gossypium barbadense* (Nat. Ord. *Malvaceae*), and of other species of *Gossypium*, from which the fatty matter has been removed. This is commonly called "Absorbent Cotton Wool." Ordinary cotton wool is called "Non-Absorbent." It contains 10 per cent. of fixed oil.

From gossypium is made

Pyroxylinum. Pyrox-^{yl}in or Dinetrocellulose, $C_6H_7(NO_2)_2O_2$. Gossypium is immersed in a mixture of sulphuric and nitric acids, and then drained and dried. Soluble in a mixture of ether and alcohol (90 per cent.). Leaves no residue when exploded by heat.

Preparations.

1. **Collodium.** Pyroxylin, 1; dissolved in ether 96; and alcohol (90 per cent.), 12.
2. **Collodium Flexile.** - Collodium, 48; Canada balsam, 2; castor oil, 1.
3. **Collodium Vesicans.** - Pyroxylin, 1; dissolved in Liquor Epispasticus, 10.

ACTION AND THERAPEUTICS.

The use of cotton wool is well known. Cotton wool, lint, and gauze are frequently medicated, *e.g.* Sal Alembroth, 2 per cent.; Boric Acid, 5 or 10 per cent.; Salicylic Acid, 5 per cent.; Carbolic Acid, 5 per cent.; Iodoform, 5, 10, and 50 per cent.

Pyroxylin is only used to make collodion.

Collodion, when painted on the skin, rapidly dries from evaporation of the ether, and covers the skin with a thin protective film. Collodium Flexile has the same properties, but it does not crack, as collodion often does. These preparations are protective to small wounds, and are used after slight operations. If the end of the urethra or prepuce is at night closed with collodion, nocturnal incontinence may sometimes be cured.

OIL OF THEOBROMA.

Oilum Theobromatis. *Synonym.*—Cacao butter. A concrete fixed oil obtained by pressing the warm, rounded seed of *Theobroma cacao* (Nat. Ord. *Strophanthaceae*). Growing in Demerara and Mexico. Cacao butter is prepared from the pressed kernels of these seeds by the addition of steam and caustic soda. Cocoa is prepared from them by partly removing the oil of theobroma by pressure and then roasting and grinding the kernels.

CHARACTERS.—Is of the consistency of tallow; yellowish, with chocolate-like odour. Taste caustic and astringent. Fracture clean. Does not become rancid on exposure to air. Melts at 86° to 95° F.

COMPOSITION.—The chief constituents are: (1) *Stearin*, (2) A little olein, (3) An alkaloid, theobromine, $C_7H_5N_3O_2$, for the action of which see p. 480.

Oil of theobroma is contained in all Suppositories except those of glycerin.

ACTION AND THERAPEUTICS.

It is only used to make suppositories.

QUILLAIA BARK.

Quillain Cortex. *Synonyms.*—Parana bark, Soap bark. The inner bark of the tree *Quillaia saponaria* (Nat. Ord. *Rosaceae*).

CHARACTERS.—Large flat pieces, $\frac{1}{2}$ in. thick, 2 ft. long, 4 in. wide. Outer surface brown, inner white. It imparts a soapy character to cold water, and is used to diffuse oily liquids through water.

COMPOSITION.—The chief constituent is saponin, a glucoside (see p. 434).

Quillain bark is used to emulsify the tincture of Iodine, Fiers Carbonis when it is diluted (see p. 495).

Preparation.

Tinctura Quillaia. Bark, 1; alcohol (60 per cent.), 20. Percolate.

Dose, $\frac{1}{2}$ to 1 fl. dr.

ACTION AND THERAPEUTICS.

Saponin is contained in many plants, but that derived from some plants is more poisonous than that derived from others. The more poisonous varieties are called sapotoxins. All saponins form a frothy solution in water, and hence tincture of

quilliaia is largely employed to make a lather for shampooing, and might be used to aid the diffusion of oils and other insoluble bodies, but for the fact that saponin is a powerful gastro-intestinal irritant. Saponin is absorbed, in its excretion it irritates the bronchial mucous membrane. Hence the use of senega (p. 134) as an expectorant. Saponin is a general protoplasmic poison, and therefore on all grounds the use of drugs containing it is not desirable.

CAOUTCHOUC.

Caoutchouc. India-rubber. The prepared milky juice of *Hevea brasiliensis* and probably other species (Nat. Ord. *Euphorbiaceae*).

CHARACTERS.—Well known.

COMPOSITION. Caoutchouc, $(C_4H_6)_n$, is polymeric with and closely related to the terpenes. It combines readily with sulphur to form vulcanized india-rubber.

Preparation.

Liquor Caoutchouc.—India-rubber, 1 oz.; benzol, 10 fl. oz.; carbon bisulphide, 10 fl. oz.

Used to make Charta Sinapis.

STARCH.

Amylum. Starch $(C_6H_{10}O_5)_n$. The starch procured from the grains of wheat, *Triticum sativum*, maize, *Zea Mays*; rice, *Oryza sativa* (Nat. Ord. *Cyperaceae*).

CHARACTERS.—Well known.

Preparation.

Glycerinum Amyli. Starch, 1 g.; glycerine, 6 1/2 g.; water, 1 g.

Starch is contained in Pulvis Tragacanthæ Compositus.

ACTION AND THERAPEUTICS.

Starch is chiefly employed for its mechanical properties, on account of which it is used as a basis for dusting powders and insufflations. Mucilage of starch, which is made by triturating 120 gr. of starch with 10 fl. oz. of water, gradually added and then boiled and stirred for a few minutes, may be used as a basis for ointments, and to suspend insoluble powders or oils;

it is very handy as a basis for enemata, but does not keep well and is therefore not suitable as a vehicle for a mixture.

Lycopodium. (Not officinal.) Club-moss. Spores. The spores of common club-moss, *Lycopodium clavatum*.

CHARACTERS. A fine, mobile, pale yellow powder. Odour and taste, none.

ACTION AND THERAPEUTICS.

As lycopodium has a great power of absorbing oils and oleo-resins, it may be used to form these into pills, especially as it protects hygroscopic substances, for it is powerfully repellent to water. It is useful as a dusting powder, and also as a basis for insufflations.

GROUP XVIII.

Vegetable Substances whose Action is Not Known.

Guaiacum, Pareira, Sarsaparilla, Sassafras, Hemidesmus.

GUAIACUM WOOD.

Guaiaci Lignum. *Sanon. m.* Lignum vite. The heart-wood of *Guaiacum officinale* or of *Guaiacum sanctum* (Nat. Ord. *Zugophyllace*). West Indies.

CHARACTERS.—Dark greenish brown, dense, hard, and heavier than water. Taste acrid and aromatic. Odour, if rubbed or heated, faintly aromatic.

COMPOSITION.—The chief constituent is the resin, 20 to 25 per cent. (q.v.).

Guaiacum resin is concentrated. Liquefied Sassa-Compositus Concentratus.

Guaiaci Resina. Guaiacum Resin. The resin obtained from the stem of *Guaiacum officinale* or of *Guaiacum sanctum*.

CHARACTERS. Usually in large masses, occasionally in reddish tears. Surface brown or greenish brown, covered, after exposure, with a greenish powder. Fracture clean and glassy. Odour balsamic. When chewed gives acrid sensation to the tongue. An alkaline solution strikes a clear blue colour when applied to the inner surface of a potato (fresh proto-plasm), or when treated with tincture of iron. Guaiacum

resin on dry distillation yields amongst other substances cresol and *guaiacol*, also found in creosote (see pp. 320 and 321). *Resembling guaiacum resin.* Myrrh, scammony, benzoin, aloes, and resin, but these have no green tinge.

Composition.—The chief constituents are three resins. Guaiaconic acid, $C_{10}H_{16}O_4$ (70 per cent.); guaiac acid, resembling benzoic acid; and guaiaretic acid. These are insoluble in water, soluble in alkalies, but precipitated on neutralization.

Incompatibles.—Mineral acids, spirit of nitrous ether.

Dose, 5 to 15 gr.

Preparations.

1. Mistura Guaiaci.—Guaiacum resin, 2; sugar, 2; tragacanth, $\frac{1}{2}$ (to suspend the resin); cinnamon water, 80 (The resin very quickly falls.)

Dose, $\frac{1}{2}$ to 1 fl. oz.

2. Tinctura Guaiaci Ammoniata.—Guaiacum resin, 4 oz.; oil of nutmeg, 30 m; oil of lemon, 20 m; strong solution of ammonia, $1\frac{1}{2}$ fl. oz.; alcohol (90 per cent.), to make 20 fl. oz. Macerate. As the resin is precipitated on dilution of the ammonia it must be suspended by adding mucilage or yolk of egg.

Dose, $\frac{1}{2}$ to 1 fl. dr.

3. Trochiscus Guaiaci Resinæ.—3 gr. in each, with a fruit basis.

4. Pilula Hydrargyri Subchloridi Composita.—1 in $2\frac{1}{2}$ (see p. 202).

ACTION.

External.—None.

Internal. Guaiacum resin gives rise to an acrid feeling in the throat and a sensation of heat in the epigastrium. It increases the secretions and movements of the intestine and stomach. Large doses are gastro-intestinal irritants, causing vomiting and purging. It reflexly stimulates the heart.

THERAPEUTICS.

Internal. Guaiacum resin is so nasty and its value so doubtful that it is rarely ordered. It is used empirically, sometimes successfully, for chronic sore throat, especially if the subject has had syphilis. The mixture is said to be a more efficacious preparation than the tincture. Thirty grains of the powder itself may be placed on the back of the

throat and swallowed, but the lozenge is to be preferred. Guaiacum is a mild purgative, and it has been given as a pill in chronic constipation; this property accounts for its presence in compound calomel pills. It has been strongly recommended as a means of warding off attacks of gout. For this purpose 12 grains of the powdered resin may be taken in a cachet for an indefinite period, even several years. Some follow it by a draught of effervescing citrate of lithium. It was formerly employed for chronic rheumatism.

PAREIRA.

Pareira Radix.—Pareira Root. The dried root of *Cleodendron tomentosum* (Nat. Ord. Menispermaceæ).

CHARACTERS. Long cylindrical twisted pieces, $\frac{3}{4}$ to 2 in. thick; bark thin, blackish brown, with longitudinal furrows and transverse ridges and fissures. Internally yellowish or brownish grey, with circles of porous wood and large medullary rays. Waxy when cut. Bitter taste; no odour.

COMPOSITION. The chief constituent is an alkaloid, *zine* (also called pelosine or cissampeline), identical with berberine.

INCOMPATIBLES. Per-salts of iron, salts of lead, and tincture of iodine.

Preparation.

Extractum Pareiræ Liquidum. Aqueous, with a little alcohol to keep it.

Dose, $\frac{1}{2}$ to 2 fl. dr.

ACTION AND THERAPEUTICS.

The action of pareira is believed to closely resemble that of buchu. It is used empirically in chronic inflammation of the genito-urinary tract, such as pyelitis, cystitis, gonorrhœa, and gleet.

SARSAPARILLA.

Sarsæ Radix.—Sarsaparilla. The dried root of *Sadleria ornata* (Nat. Ord. Liliaceæ). Costa Rica. Commonly known as Jamaica Sarsaparilla.

CHARACTERS.—Very long, usually folded into bundles about 18 in. long, 4 to 5 in diameter, bound together by a long sarsaparilla root. Roots furrowed, never thicker than a goose-

quill, dark brown with numerous branched rootlets. Odour none. Taste mucilaginous, and when chewed feebly bitter and faintly acrid. *Resembling Sars. Radix.* Senega twisted and keeled, hemidesmus cracked transversely.

COMPOSITION. The chief constituents are—(1) Smilacin or parellin, an acrid neutral principle closely resembling saponin. (2) Resin, $2\frac{1}{2}$ per cent. (3) Traces of a volatile oil.

INCOMPATIBLES. Alkalies.

Preparations.

1. Extractum Sarsæ Liquidum. Alcoholic with glycerin.

Dose, 2 to 4 fl. dr.

2. Liquor Sarsæ Compositus Concentratus.

Sarsaparilla, 20; sassafras, 2; guaiacum wood, 2; liquorice, 2; mezereon, 1; alcohol (90 per cent.), $4\frac{1}{2}$; water, q. s. Made by boiling and concentration (see p. 19).

Dose, 2 to 8 fl. dr.

ACTION AND THERAPEUTICS.

Sarsaparilla is not known to have any physiological action. It is never given alone, therefore we are ignorant of its therapeutical effects. Probably it has none.

SASSAFRAS.

Sassafras Radix. The dried root of *Sassafras officinale* (Nat. Ord. *Laurineæ*). North America.

CHARACTERS.—Large branched pieces with some bark on them. Bark externally greyish brown, rough; internally smooth, glistening, rusty brown. Odour agreeable, aromatic. Taste astringent, aromatic. Wood soft, light, greyish yellow; taste and odour like bark.

COMPOSITION.—The chief constituents are—(1) A volatile oil. (2) Sassafrin, a peculiar neutral crystalline principle. (3) Resin, tannic acid, &c.

Sassafras is contained in Liquor Sarsæ Compositus Concentratus.

ACTION AND THERAPEUTICS.

The external and internal action of sassafras is, as far as is known, the same as that of volatile oils generally, but it is never administered in England

except in Decoctum Sarsæ Compositum, and what part it plays there is unknown.

HEMIDESMUS.

Hemidesmi Radix. The dried root of *Hemidesmus indicus* (Nat. Ord. Asclepiadaceæ). *Synonym.* Indian sarsaparilla. India.

CHARACTERS. Cylindrical, long, rigid, twisted, longitudinally furrowed, $\frac{1}{2}$ in. thick; the yellowish-brown corky layer easily separable from the rest of the bark, which is annularly cracked. Odour fragrant. Taste sweetish, slightly acid. Resembling *hemidesmus*, *Sarsaparilla*, *ipecacuanha*, *senega*, but they have no cracks.

COMPOSITION.—The chief constituents are—(1) Hemidesmin. (2) Tannin.

Preparation.

Syrupus Hemidesmi. — Hemidesmus, 4 oz.; sugar, 28 oz.; boiling water, 1 pint.

Dose, $\frac{1}{2}$ to 1 fl. dr.

ACTION AND THERAPEUTICS.

Hemidesmus is chiefly used in India and for the same purposes as sarsaparilla. It is doubtful whether it has any particular action. The syrup may be given as a flavouring agent.

SECTION II. PHARMACOPŒIAL SUBSTANCES DERIVED FROM THE ANIMAL KINGDOM.

MUSK.

Moschus.—Musk. The dried secretion from the preputial follicles of *Moschus moschiferus*, the musk deer (Nat. Ord. *Ruminantia*). Central Asia.

CHARACTERS.—In irregular, unctuous, dark reddish-brown or reddish-black grains. Odour strong, peculiar, diffusible, penetrating, persistent. The musk sac, which is situated between the navel and the genitals, but nearer the latter, under the skin and lying on the muscles of the abdomen, occurs in commerce as a roundish oval sac, $1\frac{1}{2}$ to 2 in. in diameter, nearly smooth on one side, and covered on the other or outer side by brownish-yellow or greyish adpressed, bristle-like hairs, concentrically arranged around a nearly central orifice.

It contains the grains of musk. It is loculated, and is a special structure. Its orifice is just in front of the penis.

COMPOSITION.—This is not known. The odorous principle is probably a product of decomposition, constantly being formed; complete drying destroys the odour, but it returns after water is added. Musk also contains fats, oils, and salts.

IMPURITIES.—On account of the very high price of musk, the sac is often partly filled with dried blood and all sorts of impurities, and it is then sewn up again.

Dose, 5 to 10 gr. as a pill or suspended with acacia.

ACTION.

Musk is a diffusible stimulant, especially to the heart and nervous system. How it acts is not known. It also stimulates the respiratory centre. Occasionally it produces headache and nausea.

THERAPEUTICS.

It is used, and apparently with success, in the prostration of long-continued severe diseases, such as typhoid fever. Hysteria is occasionally treated with it. Its high price limits its use. It is usually given as a pill.

SUET.

Sebum Præparatum. The internal fat of the abdomen of the sheep, *Ovis aries* (Nat. Ord. *Ruminantia*), purified by melting and straining.

COMPOSITION. (1) Olein, 30 per cent. (2) Palmitin. (3) Stearin.

Suet is contained in Unguentum Hydrargyri.

CURD SOAP.

Sapo Animalis. Curd Soap. Soap made with sodium hydroxide and a purified animal fat consisting principally of stearin. It is chiefly stearate of sodium, but contains some palmitate of sodium and about 30 per cent. of water.

Curd soap is contained in Extractum Colocynthis Compositum, Linimentum Potassii Iodidi cum Sapone, and Pilula Scammonii Composita.

ACTION AND THERAPEUTICS.

Curd soap is employed as a basis, and, like hard soap (see p. 569), may be used for medicated soaps.

ADEPS LANE.

Adeps Lane.—Wool Fat. The purified cholesterin fat of sheep's wool. For Adeps see p. 627.

SOURCE.—Sheep's wool washed with cold water, then submitted to heat and pressure, yields impure wool fat. This is purified by melting, washing with an alkali to remove the fatty acids as soaps, and then washing with an acid while it is heated.

CHARACTERS.—Semi-transparent, pale yellow, tenacious body. Ignited it burns with a sooty flame. Melts between 10° and 112° F. Odour faintly like sheep's wool. *Solubility.*—Freely in chloroform and in ether, partially in alcohol. Insoluble in water, but on vigorous stirring takes up $1\frac{1}{2}$ times its own weight.

COMPOSITION.—Before the separation of the fatty acids it consists of (1) Cholesterin and chocholesterin, 70 per cent. (2) Fatty acids, 30 per cent.

Adeps Lane Hydrosus. Hydrous wool fat.
Synonym.—Lanoline.

SOURCE.—Incorporate 3 oz. of water with 7 oz. of wool fat, and melt in a warm mortar.

CHARACTERS.—Opaque, very pale yellow, softer than wool fat. On heating it separates into an upper oily and a lower aqueous layer. Glycerin abstracts the water.

Adeps Lane Hydrosus is contained in Unguentum Conii and Unguentum Hamamelidis.

ACTION AND THERAPEUTICS.

Hydrous wool fat when gently rubbed on the skin is more quickly absorbed than most fats; hence it is a useful basis if we wish to administer substances—as, for example, mercury—byunction, or if we want an ointment to be absorbed.

Milk, Artificial Human. (Not official.)

PREPARATION.—Take half a pint of skimmed milk, heat it to about 96° F., and put into the warmed milk a piece of rennet an inch square or a teaspoonful of essence of rennet. Put the milk in a fender, or over a lamp, until it is quite warm. As soon as it is set remove the rennet if that has been used. Break up the curd into small pieces with a knife, and let it stand for ten or fifteen minutes; the curd will then sink. Then pour the whey into a saucepan and boil quickly. Measure one third of a pint of this whey, and dissolve in it, while it is hot, 110 grains of sugar of milk. When this third

of a pint of whey is cold, add to it two thirds of a pint of new milk and two teaspoonfuls of cream and stir. The food should be made fresh every twelve hours, and warmed as required. The piece of rennet, when taken out, can be kept in a cup and used for ten days or a fortnight. Care should be taken to select an essence of rennet which does not make the milk taste.

ACTION AND THERAPEUTICS.

Artificial human milk is invaluable as a food for infants whose mothers cannot suckle them. Many cases of infantile diarrhoea, indigestion, and sickness can be cured by substituting this milk for the usual milk and water or infants' food. Some large dairy firms supply it, but it is cheaper to make it at home, and the above directions are easily carried out. When bought it is often sterilized and sold in air-tight bottles. It should be remembered that a long-continued diet of sterilized milk may, in children, cause scurvy rickets.

Milk, Peptonized. — (Not official.)

PREPARATION. — Mix a pint of milk with 5 fluid ounces of water. Heat to 140° , and add *Liquor Pancreatis* 1 fl. dr., and sodium bicarbonate 20 grains. Leave the mixture at the ordinary temperature of the room for three hours, or if kept at about 135° F., for about half an hour, then heat for a moment to boiling-point. If too much pancreatic solution is used the milk is too bitter.

ACTION AND THERAPEUTICS.

Peptonized milk is used in many conditions in which it is thought that the gastric digestion is too feeble to digest ordinary milk, or in which it is desired, as sometimes, for instance, in typhoid fever, to avoid the curdling of milk in the stomach. Milk or milk and egg should always be peptonized before being introduced into an enema. Ten grains of common salt should be added to each fluid ounce of milk to make the enema isotonic with the blood.

Koumiss, or Kumyss. — (Not official.)

This is largely drunk by the Tartars, who prepare it by fermenting mare's milk. It may be made by dissolving $\frac{1}{2}$ oz.

of grape sugar in 4 fl. oz. of water and 20 gr. of yeast in 1 fl. oz. of cow's milk. Pour both into a quart bottle, which is then filled up with milk, corked, wired, and put in a cool place and frequently shaken for four days.

Uses.

It contains a little alcohol and is extremely useful as a stimulant food in convalescence, in phthisis, and other conditions of exhaustion. It is often borne by the stomach when all other food is vomited. Several dairy firms sell it.

SUGAR OF MILK.

Saccharum Lactis. — Sugar of milk. *S. d. m.*
Lactose, $C_{12}H_{22}O_{11} \cdot H_2O$. A crystallized sugar obtained from the whey of milk.

CHARACTERS.—Crystals or crystalline masses, greyish white, translucent, hard; scentless, faintly sweet; gritty when chewed.

Sugar of milk is contained in Pulvis Elaterini Compositus, Extractum Belladonnae Alcoholicum, Extractum Nucis Vomicae, Extractum Opii, Extractum Physostigmatis, and Extractum Strophanthi.

ACTION AND THERAPEUTICS.

Sugar of milk is used as a vehicle for the trituration of powders, because being very hard it thoroughly divides them, and also it is but slightly deliquescent. For these reasons it is used as a diluent to get extracts to the required strength. It is employed to sweeten infants' food. As most patients suffering from fever take milk diet, which is really a starvation diet, and carbohydrates are particularly valuable in fever, for they are easily digested foods and spare the proteins of the body, ordinary milk may, in fever, be fortified by the addition of one, or if it does not disagree, two ounces of lactose to each pint.

OX GALL.

Fel Bovinum Purificatum. Purified Ox Bile.
The purified gall of the ox, *Bos taurus* (Nat. Ord. *Ruminantia*).

SOURCE.—Evaporate fresh ox bile to one quarter its bulk. Wash thoroughly with alcohol (90 per cent.), distil off the alcohol. Evaporate what remains to the consistence of an extract.

CHARACTERS. Yellowish green. Soluble in water and alcohol. Taste partly sweet, partly bitter.

Dose, 5 to 15 gr.

ACTION AND THERAPEUTICS.

Ox gall has been used as a cholagogue purgative in cases of constipation in which the pale colour of the faeces indicates a deficient secretion of bile. An enema of twenty grains or more of it dissolved in an ounce or two of water is very useful in cases of impacted faeces, in which the rectum is so full that there is not sufficient room for a larger enema. It is a true cholagogue, for after absorption it passes to the liver, the secretion of which it considerably increases. Bile is an antitoxin; thus the bile of venomous snakes is antidotal to their poison.

GELATIN.

Gelatinum.—The air-dried product of the action of boiling water on skin, tendons, ligaments, and bones.

CHARACTERS. In translucent, almost colourless sheets or shreds. The solution in hot water is colourless and inodorous; it solidifies to a jelly on cooling. It is insoluble in alcohol or ether. Its aqueous solution is precipitated by tannin.

Gelatin is a constituent of Suppositoria Glycerini and of Lamelle.

ACTION AND THERAPEUTICS.

Gelatin is a haemostatic, and may be given by the injection of a sterilised solution in normal saline fluid into the cellular tissue of the axilla. It has been used for hæmaturia, purpura, and to promote the formation of clot in aneurysms. Two hundred and fifty c.c. of a 1 per cent. solution may be injected every fourth day, or less of a 2 per cent. solution. This treatment is not to be recommended, for it may cause much pain, it often fails to stop bleeding or to cure the aneurysm, and it may cause hæmaturia. Gelatin

often contains tetanus bacilli due to contamination from dirty hides, and fatal tetanus has frequently followed the injection of imperfectly sterilized gelatin. Sometimes fatal symptoms resembling tetanus have resulted from the use of sterilized gelatin, these have been ascribed to emboli in the spinal cord. Gelatin is a useful basis for suppositories, pessaries, bougies, discs, gelatin capsules and lozenges, and as a coating for pills. Glycogelatin (gelatin, 1; glycerin, 2½; orange flower water, 2½; coloured with carmine) is an excellent basis for throat pastilles. Each should weigh 30 gr. Almost any drug may be incorporated in such pastilles. Medicated gelatin is often melted and painted on the skin in cutaneous affections.

LARD.

Adeps.—Lard. The purified fat of the hog, *Sus scrofa* (Nat. Ord. *Pachydermata*).

COMPOSITION.—(1) Olein, 60 per cent. (2) Stearin. (3) Palmitin.

Lard is contained in Emplastrum Cantharidis and many ointments. Benzoated lard has been described (p. 610).

Adeps induratus (indurated lard), which is ordinary lard deprived of a portion of its oil by pressure, may be used in India and the Colonies when the high temperature renders ordinary lard too soft for use in ointments.

ACTION AND THERAPEUTICS.

Lard is an emollient, and is used as a basis for ointments when it is wished that the active ingredient should be absorbed, for lard melts at the temperature of the body, especially if bandaged on. The benzoated variety has the advantage of not quickly turning rancid (see p. 610).

PEPSIN.

Pepsinum.—An enzyme obtained from the mucous lining of the fresh and healthy stomach of a pig, sheep, or calf.

CHARACTERS. A light yellow brown or white powder, of yellow translucent grains or scales, 0.5 or faint. Taste slightly saline. Very sparingly soluble in water or alcohol.

TEST. If 12.5 grammes of coagulated white of fresh eggs, 25 c.c. of a 0.2 per cent. solution of hydrochloric acid, and

0.005 gramme of pepsin be digested together for six hours at 115° F. the weight of the dried residue forming an acid solution of 100 gr.

Dose, 5 to 10 gr.

Preparation.

Glycerinum Pepsini.—Pepsin, 800 gr.; diluted hydrochloric acid, 110 m; glycerin, 12 fl. oz.; distilled water to make 20 fl. oz. *Strength.*—1 fl. dr. represents 5 gr. of pepsin.

Dose, 1 to 2 fl. dr.

ACTION AND THERAPEUTICS.

Pepsin may be given to help gastric digestion in those in whom from old age or long illness the secretion of gastric juice is deficient. Thus it may be useful in convalescence from acute illnesses or in cases of cancer of the stomach, but it is of no use in aid the digestion of fatty or carbohydrate food. It should be given directly after meals, and followed about half an hour by a dose of hydrochloric acid in the proportion mentioned in the above test. Test pepsin should be tested before use, as many samples are inert. It is best given as Glycerinum Pepsini.

Pepsin may be used to predigest albuminous food, either for administration by the mouth or the rectum. This is better than giving per. in internally for morbid processes may be going on in the stomach which prevent digestion. The rectum has very feeble powers of digestion, and therefore many nutritive enemata and suppositories require to be predigested. For predigestion Liquor Pancreatis (*q.v.*) is more reliable than pepsin. Both should be employed with judgment, for there is a likelihood that if artificial digestion be used too long the digestive function of the stomach may atrophy.

The following directions for peptonizing meat may be followed. Take one pound of lean meat, chop it finely, add six times its weight of water containing 0.2 per cent. of hydrochloric acid and 120 grains of pepsin. Digest at 120° F. in a porcelain digester for five or six hours with frequent stirring.

Then neutralize with sodium carbonate, boil and filter. Evaporate the filtrate on a water bath till it is of the consistency of a soft extract.

Peptonized meat suppositories are used, but contain little nourishment. To make one suppository 30 grains of the above extract are mixed with 40 grains of oil of theobroma and moulded in a conical mould.

PANCREATIC SOLUTION.

Liquor Pancreatis. A solution of the digestive principles of the fresh pancreas of the pig. It is most active when the animal from which it has been obtained has been fed shortly before being killed.

Source.—One part of the pancreas, finely divided, is digested with 4 parts of alcohol (20 per cent.) for seven days.

Test.—If 2 c.c. with 0.2 gm. of sodium bicarbonate and 20 c.c. of water be added to 80 c.c. of milk, and the mixture kept at 113° F. for 1 hr., coagulation should no longer occur on the addition of nitric acid.

ACTION AND THERAPEUTICS.

Liquor pancreatis has the power of converting starch into sugar, albumen and fibrin into peptones, and first curdling and then peptonizing milk. It will not act in an acid medium or above 140° F. The directions for peptonizing milk are given on p. 624. Liquor pancreatis and sodium bicarbonate used in the same proportions as in peptonizing milk will peptonize farinaceous foods. It may also be added to enemata with sodium bicarbonate, or it and the bicarbonate may be taken by the mouth one to two hours after meals.

A preparation known as liquor pancreaticus is much used, and many pancreatized and peptonized foods are on the market, e.g. pancreatized emulsion of fat, pancreatized farinaceous food, peptonized chicken and beef jelly. These are often useful for those whose digestions are weak. Holadin capsules contain extract of the entire pancreas, and are given when it is suspected that the activity of the pancreas is deficient.

Trypsin. (Not official.) The principal ferment of pancreas.

CHARACTERS.—A white powder, changing proteins to peptones in an alkaline medium.

Dose, 10 to 20 gr.

It has been suggested that the growth of cancer cells due to an enzyme which acts in an acid medium, and therefore trypsin, which only acts in an alkaline medium, has been given for malignant growths, but the benefit is doubtful. Suppur and a hypodermic injection are prepared, so also are pigment and suppositories for local application to malignant growths.

THYROID GLAND.

Thyroidesum Siccum. Dry Thyroid. A powder prepared from the fresh and healthy thyroid gland of the sheep. **SOURCE.**—Remove the fat and connective tissue directly, keep a knife. Reject cystic, hypertrophied, or other abnormal glands. **Mince.** Dry at 90° to 100° F. Powder the dried product. Remove all fat by washing with petroleum spirit and again dry.

CHARACTERS.—Light dull brown powder with faint meat-like odour and taste, and free from odour of putrescence. Liable to become damp and then deteriorates.

COMPOSITION.—The chief constituent is a protein, which exists in the colloid matter and is called thyreoglobulin, which by artificial digestion is split up into albumoses and non-protein body, the active principle, called thyroiodin, which contains 9.3 per cent. of iodine, 0.5 per cent. of phosphorus and is rich in nitrogen.

Dose, 3 to 10 gr. in cachets.

Liquor Thyroides. A liquid prepared from the fresh and healthy thyroid gland of the sheep.

SOURCE.—The fresh healthy glands are bruised with, for each gland, 34 m. of glycerin and 34 m. of a 0.5 per cent. solution of phenol. Stand for 24 hours, strain, and add enough of the phenol to make 100 m.

CHARACTERS.—Pinkish turbid liquid free from odour or putrescence. To be freshly prepared and kept in stoppered bottles. **Strength.**—100 m. represent 1 gland.

COMPOSITION.—As of the powder.

Dose, 5 to 15 m.

ACTION.

Circulation.—Thyroid administered to man increases considerably the rate of the pulse, causes palpitation, enfeebles the cardiac beat, and makes the

skin flushed and moist. Experiments on animals have failed to reveal the precise cause of this. The blood-pressure falls when a decoction of the gland is injected; the fall is vaso-motor, for the heart is not affected. Ordinary doses produce no effect on the blood except an increase in the number of lymphocytes.

Excretion. The active constituents of thyroid gland are probably excreted entirely through the kidneys. Large doses may cause diarrhoea.

Metabolism. The administration of thyroid leads to a greatly increased oxidation of all the tissues, consequently an excess of urea, uric acid, xanthin bases, and phosphates are excreted in the urine, and more carbonic acid by the lungs. It follows that large doses of thyroid reduce the body weight. One sixth of the loss comes from proteins, and five sixths from excessive oxidation of fats.

Kidney. The quantity of urine is increased by giving thyroid, which may cause sugar and iodine in the form of iodides to appear in the urine.

Nervous system. Occasionally a fine tremor, restlessness, and insomnia are caused by large doses.

THERAPEUTICS.

It is known that human beings whose thyroid is excised become myxœdematous, and that all sufferers from myxœdema have atrophied thyroid glands. If a preparation of sheep's thyroid is given to patients suffering from myxœdema, all the symptoms disappear, usually in about six weeks, although the patient's thyroid remains atrophied. The effect is as striking as anything in medicine. It is best to begin with 5 gr. thrice a day, to gradually increase the dose till 10 gr. are given, and when all the symptoms have disappeared it will be necessary for about 10 gr. to be taken twice a week for the rest of the patient's life, to prevent recurrence. When the treatment was first introduced the glands were

eat, or transplanted under the skin, or the extract was administered subcutaneously; but equally good results are obtained by giving the liquor or the powder by the mouth; tablets of the powder are very convenient and much used. A diminution of certain goitres follows the giving of thyroid, but it is useless in exophthalmic goitre. Cretinism is also marvelously benefited, both mentally and bodily, by thyroid preparations, especially if given early in the patient's life. A few cases of imbecility in children, a few of climacteric insanity, and a few of tetanus have been much improved by thyroid. Chronic psoriasis, which has resisted all other treatment, often disappears if the patient is put to bed and takes daily enough of thyroid preparations to keep him on the brink of poisoning by them, but unfortunately the disease often returns when the treatment is discontinued.

Thyroid preparations have been used for obesity, but the practice is not to be recommended. They must be carefully given to those suffering from cardiac disorder. A preparation called Iodothyrene, which contains the active principle of the gland, has been used lately.

Poisoning. - An overdose of a thyroid preparation causes an exaggeration of the effects already described. The most evident are a rapid pulse, slight pyrexia, headache, nausea, diarrhoea, restlessness, pains in the limbs, pruritus, and rarely delirium. These symptoms are termed 'Thyroidism'; it is said that the liability to them is lessened if arsenic be taken. If large doses be given to monkeys for a long period, a condition termed 'Chronic Thyroidism' is produced. The symptoms of it are emaciation, muscular weakness, paresis, some alopecia, erection of some of the hairs on the head, proptosis, dilatation of pupils, widening of palpebral fissure, and death from asthenia. In some respects these monkeys

resemble patients suffering from exophthalmic goitre.

Extracts of many other organs, *e.g.* bone-marrow and thymus (Thymic acid known as soluro, a product of the metabolism of nucleins present in thymus, &c., is said, by possessing an affinity for uric acid, to prevent its deposition, and is therefore used in gout. Dose, 5 to 10 gr., usually given in a tablet), have been employed in medicine, but the only ones that are of any use are those of the suprarenal and pituitary.

Suprarenal Extract.—(Not official.)

COMPOSITION.—The active principle is dioxypheyl-ethanol-methylamine $C_{12}H_{17}NO_2$ (*See notes*). Adrenalin, Adrenaline, Epinephrine and Hemsine. It is very unstable, and exists only in the medulla of the suprarenal gland. An aqueous extract (commercially known by the above mentioned synonyms and usually so prepared as to finally contain the hydrochloride of the active principle) is prepared from the suprarenal capsules of sheep. 1 gr. of it usually corresponds to 15 gr. of the gland.

ACTION.

External.—Adrenalin has no action on the unbroken skin.

Internal. It is probably so diluted by the gastro-intestinal contents that it does not affect the mucous membrane of the stomach and intestines, nor is it absorbed from these. The gastric contents have no effect on adrenalin. It acts very quickly, both generally when injected into vessels or subcutaneously, and locally when applied directly to serous membranes and many mucous membranes, *e.g.*, that of the nose.

Heart. The heart is **slowed** from stimulation of the vagal centre in the medulla by the increased blood-pressure, but sometimes it is first accelerated for a short while from stimulation of the accelerator nerve-fibres in the heart; the **force of the systole is increased** by direct action on the cardiac muscle. These effects are the same as, but much more

powerful than, those of digitalis, but they only last a short while.

Vessels. Most of the small arteries of the body are **constricted** by direct action of adrenalin on the nerve terminations in their muscular coat when it is in contact with the blood; because of this and the cardiac action the blood pressure **rises** considerably. Here, again, adrenalin resembles digitalis. Even large doses do not affect the vessels of the lungs, heart and brain; the constricting effect is most striking in the splanchnic area. This constriction is often very marked at the point of local application, *e.g.*, when adrenalin is applied to mucous membrane of the nose.

Glands. Like pilocarpine, adrenalin powerfully excites secretion by stimulating nerve terminations. It acts chiefly on the **salivary glands** and those of the mouth; hardly at all on the sweat glands. Atropine is directly antagonistic to it. Adrenalin has a special action on the liver, producing **glycosuria**, due to the rapid conversion of glycogen into glucose.

Unstriated Muscle. Much of this, besides that of the arterioles, is **contracted** by the action of adrenalin on nerve terminations, *e.g.*, that of uterus, vagina, vas deferens, vesiculi seminales. The same peripheral effect leads to dilatation of the pupils, retraction of the nictitating membrane, and protrusion of the eye. The ileo-colic sphincter is contracted, but the rest of the intestine is dilated.

Adrenalin has a specific stimulant effect on the terminations of the nerves of the sympathetic system, and so produces in general the same effects as stimulation of the sympathetic nerves. Adrenalin is destroyed in the body, so that its effects rapidly pass off.

THERAPEUTICS.

Because of its powerful local vaso-constrictor action an aqueous solution of adrenalin of a

strength of 1 in 1000 is locally applied as a haemostatic with great advantage in many conditions such as epistaxis, haemorrhage from the uterus, before operations on adenoids, turbinated bones or piles. For these purposes it may be used as gauze plugs soaked in the 1 in 1000 solution, or as a spray (1 in 2500), or as a suppository (10 m of 1 in 1000 solution in each). It may be introduced into the bladder before operations on it, or again it may be given for haematemesis (5 to 30 m of 1 in 1000 solution). Applied with cocaine or eucaine it may be used for painless, bloodless operations on the eye and other parts (see pp. 404-405).

Adrenalin has very great power to contract the uterus, whether pregnant or non-pregnant, and it may be used for the interior of the uterus in the same way as for the nose. Thirty minims of a 1-in-1000 solution of adrenalin may, with great advantage, be injected subcutaneously in cases of shock or any form of sudden cardiac failure, for in animals the heart may be completely resuscitated by this method even when the circulation has apparently ceased. Occasionally subcutaneous abscesses follow. This cannot always be avoided, but a preparation sold in sealed sterilized phials (e.g. Hemisine) should be used. Hemisine is standardized physiologically by observation of its effects on blood pressure.

Preparations of suprarenal gland have been given for Addison's disease, but their value is very uncertain. Certainly often they are of no use. As adrenalin is not absorbed from the gastro-intestinal tract it can only be given internally hypodermically or intravenously. It has been so given as a circulatory stimulant, and often succeeds admirably, but only for a few minutes, and is therefore used little clinically as the effect of pituitary extract lasts much longer.

TOXICOLOGY.

Fatal doses of adrenalin lead to two varieties of change seen *post mortem*. Its action on the blood pressure leads to congestion of the viscera, hemorrhages and serous effusion. These changes are well seen in the kidneys, liver, and lungs. Their occurrence in the last-named causes oedema of the lung and filling of the air vesicles with blood; hence the animal dies of asphyxia. Consequently adrenalin should never be given for hæmoptysis. The other toxic changes, seen chiefly in the cells of the liver and kidneys, are due to the fact that adrenalin is a protoplasmic poison. Owing to the action on the liver, there is a great fall in the output of urea.

Pituitary Extract. (Not official.)

This is prepared from the posterior or infundibular lobe of the pituitary body.

Dose.—Usually given subcutaneously in doses of 1 cc. corresponding to 3 grains of the posterior lobe. Sterilized solutions in glass capsules, called vaporoles, containing 1 cc. in each, are sold.

ACTION.

Pituitary extract probably has little or no effect when given by mouth, and the following account applies to subcutaneous injection.

Circulatory System.—The heart is slowed partly from the effect on the vagus, partly from that on its muscle. There is a great rise of blood-pressure due somewhat to the cardiac effect, but chiefly because the drug constricts arterioles by acting on their muscular coat.

Kidneys.—The renal arterioles are not constricted but dilated, and therefore there is an abundant secretion of urine.

Uterus.—Pituitary extract causes this to contract strongly from a direct effect on the muscle.

Intestines.—The muscle of these, too, is stimulated, but to a less extent.

THERAPEUTICS.

Pituitary extract is an admirable circulatory stimulant, acting within a minute or two of injection. It is of great use in cardiac failure during severe

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operations, and to a less extent in severe fevers, *e.g.*, pneumonia when the pulse is failing; indeed, it may be used for cardiac failure due to any cause. The good effect soon passes off, but it lasts much longer than that due to atropin. It may be tried as a diuretic, but does not act so well when the kidneys are diseased as when they are healthy. It has been used instead of ergot to produce uterine contraction, and is occasionally useful in severe constipation. Its action suggests that it may prove to be of value in exophthalmic goitre. It does not benefit sufferers from acromegaly. If a second injection is given, it should be several hours after the first, for experiments show that a second injection quickly following a first often produces collapse.

SPERMACETI.

Cetaceum. Spermaceti. A concrete fatty substance obtained, mixed with oil, from the head of the sperm whale, *Physeter macrocephalus* (Nat. Ord. *Cetacea*), inhabiting the Pacific and Indian Oceans. It is separated from the oil by filtration and pressure, and is then purified.

CHARACTERS. Consists of poorly white, glistening translucent masses with little or no odour. *Solubility.* Not in water, but soluble in ether, chloroform, or boiling alcohol.

COMPOSITION. It is cetylic alcohol, $C_{18}H_{37}OH$, in combination with palmitic acid, $HC_{16}H_{31}O_2$, forming a fat, cetin, $C_{18}H_{37}.C_{16}H_{31}O_2$.

Preparation

Unguentum Cetacei. Spermaceti, 20 oz.; white beeswax, 8 oz.; benzoin, 2 oz.; almond oil, 72 oz.

ACTION AND THERAPEUTICS.

Spermaceti is used as an emollient and as a basis for ointments.

COD-LIVER OIL.

Oleum Morrhue. The oil extracted from the fresh liver of the cod, *Gadus morrhua* (Nat. Ord. *Teleostei*), by a heat not exceeding $180^{\circ} F.$, and from which the solid fat has been separated by filtration at $23^{\circ} F.$ Norway coast.

CHARACTERS. Pale yellow, with a slight fishy odour, and a bland fishy taste. Sp. gr. 0.920—0.930.

COMPOSITION.—The chief constituents are—(1) *Oleum* (85 per cent.), which is a fluid fixed oil, and is oleate of glyceryl, $C_3H_7(C_{17}H_{33}O_2)_3$. (2) Palmitin, myristin, and stearin (10 per cent.). (3) Free fatty acids, as oleic, palmitic, stearic. (4) Trimethylamine. (5) Traces of iodine, bromine, bile salt, cholesterin, sulphuric acid and phosphoric acid. (6) Marine alkaloids. Gadin, which has been described, is probably a decomposition product. The composition of the morrhua oil of commerce is uncertain.

Dose, 1 to 4 fl. dr.

ACTION.

External. Cod liver oil is a bland unirritating oil. If it is desired to administer it in cases in which it is rejected by the stomach, it may be rubbed into the skin. The oil is certainly absorbed when applied in this way.

Internal. *Gastro-intestinal tract.* Cod-liver oil, even more than other oils, is liable to cause indigestion, nausea, and sickness. Large doses may set up diarrhoea. It is **more readily absorbed** than other oils. Loops of intestine have been isolated in the lower animals, and into each loop different oils have been injected. The intestines are returned to the abdominal cavity, and after some time the animal is killed and the loops are opened. It is always found that cod liver oil has been more rapidly absorbed than any other oil. The facility with which cod liver oil is absorbed is also shown by the fact that it often cannot be recognised in the faeces, although equal quantities of other oils taken by the mouth are passed unaltered. Some authorities believe that the superior absorbability of cod-liver oil depends upon the biliary principles contained in it, but this is doubtful; others think that it is because the presence of free acids facilitates saponification and emulsion. Certainly it contains more free fatty acids than other oils, and it also emulsifies much more easily.

LIVER OIL

MORRHUA OIL

COD LIVER OIL

MORRHUA OIL

LIVER OIL

Tissues. Not only is cod-liver oil more readily absorbed than other oils, but it is a better food. All oils lead to an increased formation of fat, but cod-liver oil is the most powerful in this respect. It reduces the colour of a solution of permanganate of potassium more readily than other oils.

That is to say, it is more readily oxidized. Thus, as it is more easily absorbed and more easily oxidized, we have a partial explanation of its peculiar value in increasing the weight of the body; but the general belief is that these two facts do not wholly explain the action of cod-liver oil, and that it has some peculiar specific action not yet understood, especially upon those suffering from phthisis, for whom it may be a valuable drug.

THERAPEUTICS.

External. The smell of cod liver oil is so disagreeable that it should not be rubbed in externally unless this treatment be absolutely necessary.

Internal. Cod liver oil is of great service in all varieties of tuberculous disease, the only contraindications being high temperature, severe hæmoptysis, and dyspepsia, vomiting, or diarrhoea, whether primary or induced by the oil. Patients often improve in every way under its influence, and it has been shown to benefit tuberculous animals. With the same limitations it may be administered with great advantage in rickets, and in any chronic disease associated with loss of flesh, such as long continued suppuration, convalescence from acute disease, tertiary syphilis, and starvation. It often is of benefit in the chronic bronchitis and the chronic eczema of childhood. It is frequently given with success in neuralgia, general feebleness, despondency, and other nervous conditions. Formerly it was often prescribed for chronic rheumatism. Many persons cannot, or imagine they cannot, take it on account of its nasty taste. There are in the market several preparations

of cod-liver oil in which, by careful preparation, disagreeable taste is almost abolished. Ten minims of pure ether with a drop or two of oil of peppermint or cloves will, when mixed with a dose of cod-liver oil, often render it more palatable. Sometimes it is taken in capsules, or made into a jelly with isinglass or a little salt is put into the mouth after the oil is taken, or the mouth is rinsed out with brandy before hand. Sometimes it is taken in coffee, or with orange juice, but the best way is to form an emulsion, experiments have shown that the body utilizes much better when given as an emulsion. A very nutritious one is made by rubbing together equal parts of maltine and cod-liver oil, and in this the oil can hardly be tasted.

The British Pharmaceutical Codex advises the following emulsion: Cod liver oil, 8 oz.; the yolk of two eggs; tragacanth in powder, 16 gr.; elixir of glusidum (glusidum, 24 gr.; Sod. Bicarb., 12 gr.; alcohol 90 per cent., 1 fl. dr.; Aq. Dest., 7 fl. dr.; 1 fl. dr.; simple tincture of benzoin, 1 fl. dr.; spirit of chloroform, 4 fl. dr.; essential oil of bitter almond 8 m; distilled water to 16 fl. oz. Dose, 2 to 8 fl. dr. It is frequently wished to give cod liver oil with iron. In that case the following preparation, in which the oil is emulsified with an alkali, will be found useful:—Cod-liver oil, 4 fl. dr.; citrate of iron and ammonium 5 gr.; potassium carbonate, 3 gr.; glusidum, $\frac{1}{4}$ gr.; oil of caraway, $\frac{1}{4}$ m; water to 1 fl. oz.

Ichthyol.—(Not official.)

Synonym.—Ammonium ichthyolsulphonate.

Source.—A bituminous quartz containing the fossil remains of fish and other animals is distilled with sulphuric acid, and the distillate is neutralized with ammonia.

CHARACTERS.—A viscous, brownish, almost black substance of odour tarry, containing 15 per cent. of sulphur. Soluble in water, glycerin, oils, fats, and vaseline.

Dose, 10 to 30 gr.

Ichthyolsulphonates of lithium, sodium, and zinc are prepared.

ACTION AND THERAPEUTICS.

Ichthyol is chiefly used externally for chronic eczema and psoriasis. An ointment with lanoline and ichthyol 20 to 50 per cent. is easily made. Ichthyol paste (starch 40, moisten with water 20, rub in ichthyol 40, and then a strong solution of albumen 1 or 1½) is recommended for acne rosacea. Ichthyol has been given as a pill in 10- to 30 grain doses thrice a day for chronic rheumatism.

HONEY.

Mel Depuratum. *Synonym.* Clarified honey. *Source.* Melt honey in a water-bath, and strain through warm flannel while hot.

Preparation.

Oxymel. Clarified honey, liquefied, 8; acetic acid, 1; water, 1. Sp. gr. 1.32.

Dose, 1 to 2 fl. dr.

Clarified honey is contained in *Confectio Piperis*, *Oxymel Scilla*, and *Mel Boracis*.

ACTION AND THERAPEUTICS.

Honey is demulcent, relieving dryness of the mouth and facilitating swallowing. Oxymel is a useful preparation. It is a common ingredient of cough mixtures. Honey is a mild laxative, and may be given to children for this purpose.

WAX.

Cera Flava.—Yellow Beeswax. Prepared from the honeycomb of the hive bee, *Apis mellifica* (Nat. Ord. *Hymenoptera*).

CHARACTERS. Firm, yellowish. Odour honey-like. Not fusible. Soluble in oil of turpentine, not in alcohol. It is often adulterated with flour and paraffin.

COMPOSITION. It consists chiefly of (1) Myricin (*Myricyl stearate* $C_{41}H_{80}O_2$, 80 per cent. (2) Cerotic acid.

Cera Alba. White Beeswax. Made by bleaching yellow wax by exposure to moisture, air, and light.

USES.

Yellow and white wax is only used as basis for many ointments and ointments, and for *Pilula Phosphori*.

COCHINEAL.

Coccus.—Cochineal. The dried fecundated female of *Coccus cacti* (Nat. Ord. *Hemiptera*). Reared in

Mexico and Teneriffe on *Nopalea coccinellifera* (Nat. Cactac.), and on other species of *Nopalea*.

CHARACTERS. Oval, flat or concave beneath, convex above, about $\frac{1}{2}$ in. long, transversely wrinkled, purplish black or bluish grey, easily pulverized, the powder being dark red or brick coloured.

COMPOSITION. The chief constituent is the glucosarminic acid, $C_{10}H_{12}O_8$. Sulphuric acid and several other reagents precipitate from the decoction the well known colouring matter carmine.

Preparation.

Tinctura Cocci. Cochineal, 1; alcohol (45 per cent.), 10. Macerate.

Dose, 5 to 15 m.

Cochineal is contained in the compound tincture of cardamoms and cinchona.

USES.

Cochineal is only used as a colouring agent.

CANTHARIDES.

Cantharis. Cantharides. The dried beetle *Cantharis vesicatoria*. *Synonym.* Spanish fly (Nat. Ord. Coleoptera). Collected chiefly in Hungary and Russia.

CHARACTERS. $\frac{1}{2}$ to 1 in. long, $\frac{1}{4}$ in. broad, with two elytra or wing-sheaths of a shining coppery-green colour under which are two thin, brownish, transparent, membranous wings. Powder greyish brown, containing shining granular particles. Odour strong, disagreeable. As they are subject to the ravages of mites and moths they should be kept well-stoppered bottles with a little camphor.

COMPOSITION.—The chief constituents are—(1) *Cantharidin*, $C_{10}H_{12}O_4$, 0.4–1 per cent., the active principle, a fat crystallizable body forming shining colourless plates, soluble in alcohol, ether, acetic ether, glacial acetic acid, chloroform and oils. It is found especially in the generative apparatus, the eggs, and the blood. (2) A volatile oil, giving the odour and said to have the same action as cantharidin. (3) A green oil, the colouring principle, closely allied to chlorophyll.

Preparations.

1. Acetum Cantharidis.—Cantharides, glacial acetic acid, 10; water, 10. Macerate. *Strength* 1 in 10.

2. Emplastrum Cantharidis. Cantharides, $3\frac{1}{2}$; yellow beeswax, 2; soap plaster, $\frac{1}{2}$; resin, 2. *Strength.*—1 in 3 nearly.

3. Emplastrum Calefaciens. Cantharides, yellow beeswax, 1; resin, 1; soap plaster, 8; res-

plaster, 13; boiling water, 5. Evaporate. *Strength* 1 in 25.

4. Liquor Epispasticus. Cantharides, 10, percolated with acetic ether, 20. *Strength*, - 1 in 2.

This is twice the strength of the Liquor Epispasticus, Blistering Liquid, of the B. P. 1885.

5. Collodium Vesicans. Liquor Epispasticus, 10, in which 1 of pyroxylin is dissolved. *Strength* 1 in 2.

6. Tinctura Cantharidis. Cantharides, 1; alcohol (90 per cent.), 80. Macerate. *Strength*, 1 in 80 of alcohol (90 per cent.).

Dose, 5 to 15 m., or if frequently repeated, 2 to 5 m.

7. Unguentum Cantharidis. Cantharides, 1; benzoated lard, 10. *Strength*, - 1 in 10.

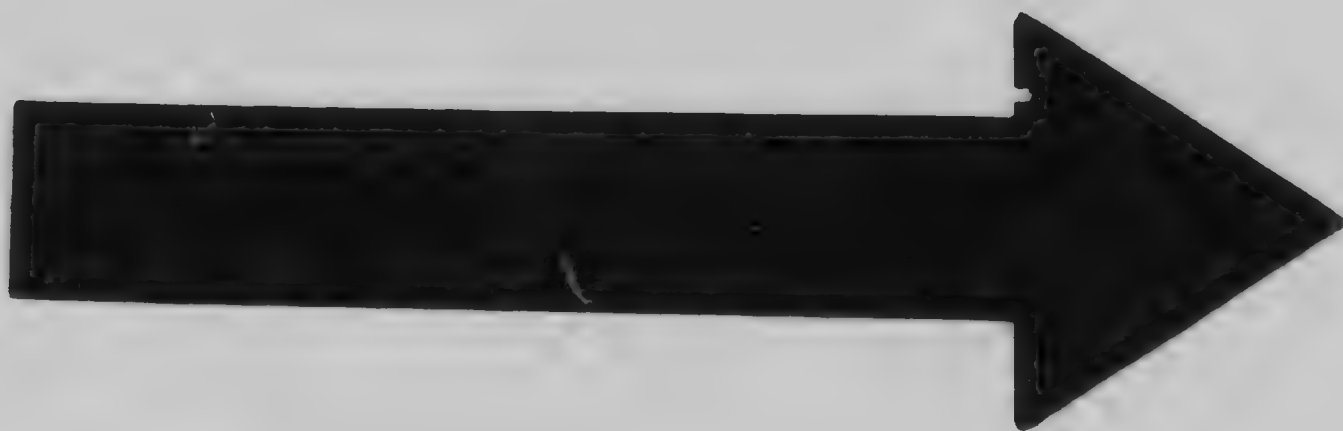
ACTION.

External. Cantharides is a powerful irritant, but it is slower in its action than most. If any of its preparations is applied to the skin no effect is noticed for two or three hours; then a tingling burning pain is perceived. Soon the part becomes red from vascular dilatation, the drug now producing its rubefacient effect. The next stage is the formation of several vesicles. These soon run together to form one large bleb full of clear serum. Not only is cantharides thus an irritant and vesicant, but it is a powerful counter-irritant, probably dilating by reflex action the vessels of the deep-seated organs under the point of application.

Cantharidin can be absorbed by the skin in sufficient quantity to produce internal effects.

Internal. Cantharides is hardly used internally in medicine, as it is such a powerful irritant.

Gastro-intestinal tract. It produces severe gastro-intestinal irritation, the patient suffering from abdominal pain, diarrhoea, and vomiting, even if the drug is injected subcutaneously, showing that it is excreted by the gastro intestinal mucous membrane. There may be a burning pain in the throat; the motions and vomited matters may contain blood.



MICROCOPY RESOLUTION TEST CHART

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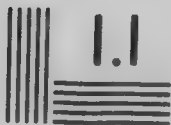
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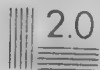


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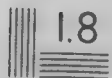


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APPLIED IMAGE Inc

These symptoms naturally cause much general depression.

Genito-urinary tract.—The active principle is absorbed into the blood, and a few hours after the gastro-intestinal symptoms have set in the patient complains of great pain in the loins and stranguary; that is to say, there is an urgent desire to micturate; the effort is very painful from vesical tenesmus, and the quantity of urine passed is very small; it may contain albumen and blood. In severe cases of poisoning there may be greatly increased sexual desire, numerous seminal emissions, violent priapism, with swelling and heat of the genital organs. In women cantharides may cause abortion or induce menstruation.

Post mortem.—Intense **gastro-intestinal inflammation** is present, consequently swelling, ecchymoses, and hyperæmia of the mucous membrane of the alimentary canal are observed. The **kidneys are found to be very congested** and in the early stage of acute nephritis. There is also much inflammation of the genito-urinary mucous membrane.

THERAPEUTICS.

External. Cantharides is very largely employed to raise a blister, and it is of all drugs the most commonly used counter-irritant. It is applied to the chest in pleurisy, over the pericardium in pericarditis, over the inflamed nerves in neuritis, over the mastoid process in disease of the ear, over joints with chronic effusion into them and over the stomach when there is gastric pain or vomiting. A blister applied over the nerve will often relieve pain in neuralgia. Cantharides is the basis of many preparations the object of which is to stimulate the growth of the hair, such as the following, *Acetum Cantharidis*, $\frac{1}{2}$ fl. oz.; *Glycerin*, $\frac{1}{2}$ fl. oz.; *Spiritus Rosmarini*, $\frac{1}{2}$ fl. oz.; *Water*, 5 fl. oz. It will be noticed that the liquor, the collodion, and the emplastum are the strongest preparations, that the acetum and unguentum are strong, but the tincture

is weak. If a further counter-irritant effect is desired, the blister, which is usually pricked, may be irritated by the application of any irritating ointment; this, however, is very painful, and nowadays after the pricking some bland ointment is usually applied. The cantharides preparation should not be left on after the development of the bleb, lest the cantharidin should be absorbed. Cantharides should not be applied to a part on which the patient lies, or a bedsore may form; nor must it be used in renal disease; and it should be carefully employed in children or debilitated persons. It ought not to be applied to paralysed limbs.

Internal. The drug is rarely given internally, but it has been used with success in small doses in cases of very chronic gleet. Sometimes it relieves chordee.

Cantharidine in minute doses (0.0001 grm. in tincture of orange and water) has been given for lupus.

LEECHES.

Hirudo. The Leech. Two species are official: (1) *Sanguisuna medicinalis*, the speckled leech (belly greenish yellow, spotted with black); (2) *Sanguisuna officinalis*, the green leech (belly olive green, not spotted) (Nat. Ord. Annelidae).

CHARACTERS of both species. Body soft, smooth, 2 or more in. long, tapering to each end, partly convex, wrinkled transversely; black olive green, with six rusty-red longitudinal stripes. Each leech has a circular disc at each end. In the centre of the anterior one is a tripartite mouth, provided with three jaws and two rows of teeth. A good specimen will remove 1-2 fl. oz. of blood.

ACTION AND THERAPEUTICS

Leeches are used to remove blood. They are usually applied over deep-seated organs when they are congested, and great relief is often afforded. For example, three or four leeches over the liver when that organ is enlarged in heart disease, or one or two behind the ear when the tympanic cavity is inflamed, frequently do good. The leech being applied to the skin, the animal fixes itself by its

sucker-like disc, makes a triradiate cut with its mouth, and draws into its body, which consequently becomes swollen, about a drachm and a half of blood. If this is not sufficient, a hot fomentation put on after the animal is removed may increase the quantity to half a fluid ounce. The skin should be well washed with a little milk before the leech is applied. Occasionally the hæmorrhage requires pressure or some local styptic, as perchloride of iron, to stop it. If leeches have to be applied to the mouth, rectum, or uterus, leech glasses, which allow only the head to protrude, should be used.

Diphtheria Antitoxic Serum. (Not official.)

When the bacillus of diphtheria grows in the body it produces toxins, albumoses, and an organic acid, and provokes the formation of a substance (called an antitoxin) which is found in the blood. This antitoxin is an antidote to the toxin of the diphtheria bacillus, it is largely owing to the production of it that the patient is enabled to survive, and his chances of surviving are enhanced if antitoxin is administered to him to aid that which is formed in his body.

Source. Diphtheria bacilli are grown in a flask containing some nutrient broth (e.g. meat broth), to which 0.5 per cent. sodium chloride and 2 per cent. commercial peptone have been added. At the end of some weeks the bacilli are filtered off, and the fluid left contains a large amount of diphtheria toxin, which should be at least of such a strength that $\frac{1}{10}$ c.c. of it will kill a good-sized guinea-pig. From $\frac{1}{10}$ to 1 c.c. of it is aseptically injected into the jugular vein of a horse; this produces slight symptoms. As soon as they are past a larger dose is injected, and so the dose is gradually increased until 500 c.c. or more are given at each injection. This leads to the formation of a large amount of antitoxin in the blood serum. At the end of some months the horse is aseptically bled to 8 litres into a sterilized vessel, the blood coagulates, and the antitoxic serum is put into sterilized bottles and hermetically sealed, a little carbolic acid or other antiseptic being added to prevent decomposition.

The details may be modified, as horses vary in their reaction to the toxin, and toxins vary in strength, but the essentials of the method always remain the same.

Mode of Administration.—The antitoxic serum has been shown to be useless when given by the mouth, perhaps because it is destroyed in the liver. Therefore it is always

injected subcutaneously; usually between the ribs, or on the side of the abdomen. Before injection the skin should be thoroughly washed with an antiseptic, and all ordinary antiseptic precautions should be taken. After injection the puncture should be sealed with antiseptic glycerine or iodine collodion. The antitoxin for each injection should be taken from a fresh bottle. A special syringe, so constructed that all the parts of it can be boiled before use, is employed. It is best made entirely of glass. The barrel and piston should be boiled separately or else they may crack. It should hold 10 c.c. The needle is 2 or 3 inches long. It should be fine, as then the puncture is less painful. Both needle and syringe should cool before use, or the antitoxin may coagulate.

Dose.—It is better to give a small dose of a concentrated than a large dose of a dilute antitoxin; but the initial dose should be large (for an infant 2000 units, for an older patient 3000 or 4000), so as to quickly neutralize all the toxin. The antitoxin should be as fresh as possible. All antitoxins deteriorate by keeping. The strength, which is stated on the bottle, varies between 200 and 2500 units per cubic centimetre, but usually it is about 500. The antitoxin must be obtained from a reliable source, and the more concentrated is to be preferred, for probably some of the ill-effects that occasionally follow are due to the serum of the horse with which the antitoxin is mixed. The quantity given should be such that from 4000 to 12,000 units or even more are injected in the first twenty-four hours after the patient comes under treatment. This amount may be divided into two or three doses, but should be repeated on the second and third days if necessary. A unit is the smallest quantity of antitoxic serum which, when mixed with a certain quantity of a standard diphtheritic toxin and with it injected into the subcutaneous tissue of a healthy guinea pig weighing from 250 to 300 grammes, protects the animal from death within four days.

It is impossible in a work like this to give a more precise definition, for all diphtheritic toxin consists of toxin proper, which is poisonous, and toxoid bodies which although not poisonous will neutralize the antitoxic properties of antitoxic serum. Therefore to standardize antitoxic serum it must be tested against diphtheritic toxin in which the proportion of toxins proper and toxoids and the neutralizing activity of the latter as regards antitoxin are all known and constant. Such a standard toxin is kept in the Government testing department at Frankfort on Maine, and the strength of all diphtheritic antitoxin should be expressed in terms of it.

ACTION AND THERAPEUTICS.

Antitoxic serum diminishes all the symptoms of diphtheria, and in particular it greatly lessens the liability to sudden cardiac failure. If the diphtheria toxin be administered to animals fatty degeneration of the heart is found after death, but if they have also had antitoxin this is absent. Both clinical and experimental evidence shows that after antitoxin is given, although the bacilli continue to exist in the throat, the formation of membrane ceases and that which is present rapidly disappears: therefore laryngeal diphtheria rarely follows faucial if antitoxin is used early. the patient becomes less anæmic, his pulse improves, and his temperature may fall a little, although this is less influenced by antitoxin than are the other symptoms of diphtheria. The maximum effect of the antitoxin is not seen till twenty-four hours after injection. All reliable collections of cases show that the mortality, especially in children, is much less when the antitoxin is used. It should be given at the earliest possible moment, even if it is only likely that the patient is suffering from diphtheria, for the number of fatal cases is less when antitoxin is used early in the illness. The benefit is more marked in laryngeal than in other varieties of diphtheria, the mortality of tracheotomy cases falling by one half. The frequency of the occurrence of paralysis is not diminished, but the percentage of recoveries in cases with paralysis is slightly increased. When a case of diphtheria is discovered in a school, the other children who have been associated with the patient should have 500 units given to each as a preventive. The protection conferred lasts about three weeks. Such preventive treatment is especially useful for any suffering from measles or scarlet fever, for in both these diphtheria is a dangerous complication.

Poisoning symptoms are sometimes seen after any antitoxic serum has been given, but they are

usually unimportant and very rarely severe. When they are present the patient is said to be suffering from anaphylaxis. They are not due to the antitoxin, but to some other constituent of the serum, for they may follow when the simple serum of animals is injected into the human subject. The most common is a rash, met with in about 35 per cent. of the patients injected; it may appear as late as the end of the third week after injection, but it is usually seen at the end of the first week. In a few cases a second rash is observed after the first has faded. Usually it is a mere erythema, but it may be papular or urticarial. Commonly it disappears in three days. Pains in the joints and slight swelling of them are occasionally present, and sometimes slight pyrexia is seen. These symptoms are most likely to appear if a second dose is given, even if it is quite small. It is said that they may often be benefited by 15 gr. of calcium lactate three times a day by the mouth.

Meningococcic Antitoxic Serum. (Not official.)

Epidemic cerebrospinal meningitis is caused by the diplococcus meningitidis. Hesse has repeatedly injected with various strains of this organism. At the end of four or five months their serum is sufficiently antitoxic to be of use. Some cerebrospinal fluid is withdrawn from the patient by lumbar puncture and is replaced by 15 to 30 cc. of the serum repeated daily till the patient recovers. This serum not only acts as an antitoxin but it destroys the offending micro-organisms. It is said to have already diminished the mortality of cerebrospinal fever.

Tetanus Antitoxic Serum. (Not official.)

This is prepared on the same principles as diphtheria antitoxin (p. 646). We know that the tetanus toxin works itself closely to the protoplasm of the cells of the central nervous system, and that when it passes from a wound to the central nervous system it travels along the protoplasm of the nerve. Unfortunately the linking takes place almost coincidently with the appearance of symptoms, and when once the linking has occurred no amount of antitoxin can dislocate it. Hence antitoxin, to be of any use, must be given very early in the disease, and should be injected directly into the nervous tissue in the hope that it may meet and neutralize the toxin

before it reaches the nerve cells, or perhaps unite with the cells and thus prevent the toxin from doing so. It is best injected under an anæsthetic. A small cut is made down to the bone, which is bored with a drill, and the antitoxin is directly injected into the cerebrum with a blunt needle. Different specimens of the antitoxin vary in strength, but a full dose of a concentrated variety should be used. It has been given subcutaneously, intravenously, and subdurally, but the above method is much the best. No very striking success has attended its use in man, perhaps because tetanus is not usually diagnosed till long after infection, and perhaps because, as first pointed out, the tetanus toxin is soon very firmly united with the proteids of the central nervous system; but in an undoubted case it is well to give the treatment a trial.

Antipneumococcic Serum. (Not official.)

This is prepared in the same way as antistreptococcic serum, and like it is bactericidal, not antitoxic. It has been used for diseases due to the pneumococcus, but the evidence of its efficacy is very slight.

Antivenomous Serum. - (Not official.)

The only antitoxic serum against snake-bite that is sold is the antivenene prepared by Calmette. It is made from the horse in the same way as diphtheria antitoxin. It is antitoxic to cobra poison, and is in practice efficacious; probably it is useless for bites by other snakes, but as this is uncertain it should always be given. The serum that is much wanted is a polyvalent one, efficacious for bites by all species of poisonous snakes. Calmette's serum is given hypodermically.

Antithyroid Serum. - (Not official.)

This is the blood serum of rams upon whom thyroidectomy has been performed six weeks previously. It is usually known as Moeblus's Antithyroid Serum. The dose is 5 m increased to 30 thrice daily. It is given for exophthalmic goitre. This treatment appears sometimes to benefit the disease. Rodagen is a white powder consisting of the dried milk of goats whose thyroid has been removed. Milk sugar is added as a preservative. It has been tried for exophthalmic goitre--about 100 grams a day is given.

Hay Fever Antitoxin. (Not official.)

Hay fever is due to a toxin contained in the pollen of rye and other grasses. It is soluble, and is thus dissolved by the nasal secretions. Dunbar, by inoculating rabbits, prepared an antitoxin to it. This antitoxin is now made by inoculating horses. It is called pollantin. Immediately the sufferer from hay fever feels an attack coming on he applies a drop

or two of the antitoxin with a pipette to the eye or nose. This treatment often cuts short the disease.

Antidysenteric Serum.—(Not official.)

This has been prepared by inoculating a horse with various strains of Shiga's bacilli. It is doubtful whether it is of any use to sufferers from dysentery.

Antistreptococcic Serum.—(Not official.)

Streptococci do not cause the septic diseases due to them by developing a toxin which circulates in the blood, but by being themselves carried all over the body, which attempts to kill them by developing specific bactericidal bodies fatal to them. To prepare antistreptococcic serum the virulence of streptococci is increased by their passage through several rabbits; they are then grown on a medium which preserves their virulence. A horse is next treated with successive doses of cultivations of these living streptococci, each more potent than the former. At the end of a year the serum of the horse is toxic enough to streptococci for use. The dose varies with different specimens of serum. It is always given subcutaneously.

Antistreptococcic serum suggests itself as useful for those diseases which are principally due to infection by streptococci. Such are malignant endocarditis, erysipelas, surgical septicæmia, disease of the middle ear, thrombosis of the lateral sinus, and puerperal septicæmia. A few successful cases have been recorded of its use in these disorders, but the disappointments have been so numerous that it is doubtful whether it does good. One great disadvantage of it is that cultivations from different sources of apparently identical streptococci vary so widely in their properties that serum which is bactericidal to one cultivation is not to another. This difficulty may, to some extent, be overcome by using one of the polyvalent sera on the market. Coley's fluid, a mixture of the toxins of streptococcus erysipelatosus and bacillus prodigiosus, has been injected for sarcoma and carcinoma, as these growths sometimes lessen after an attack of erysipelas, but it rarely does real good.

Streptococcic Vaccine.—(Not official.)

When a patient suffers from a disease due to bacteria and recovery ensues, this is because various substances, called antibodies, are already present or are developed in his blood, which are harmful to the bacteria (*æd.* agglutinins, which cause clumping of them; bacteriolysins, which destroy them, or antagonize the toxins produced by them, and to the fact that the phagocytes in his blood destroy the bacteria. The ability of the phagocytes to destroy the bacteria is believed to be exalted by the development in the

tubercle bacilli, the same general reaction is produced, but produces a less reaction in the tubercular cases. Now tuberculin is rarely injected, it is in culture and it may be used for the purpose stated. It is the tubercle bacilli and the specific reaction that has been obtained. It is not certain whether or not tuberculin has a beneficial therapeutic effect in the tubercular cases, but many consider it either useful for chronic diseases, but they can hardly be said to have proved that. Many think tuberculin often does harm, and unless used with judgment it may produce undesirable general reactions. If not carefully prepared it may contain living tubercle bacilli.

Wright and others claim that tuberculin injections are beneficial provided that the opsonic power of the blood is watched. Opsonins are bodies contained in the serum of the blood; they so modify bacilli as to render them easy prey to phagocytes. The strength of the blood in opsonins, which thus modify tubercle bacilli, is tested by mixing a few capillary pipette and a small quantity of the blood serum, a known amount of tubercle bacilli, and the corpuscles washed with one per cent sodium citrate solution in normal saline. The mixture is incubated for twenty minutes and made. The number of tubercle bacilli ingested by each polymorphous white corpuscle is calculated and contrasted with the number thus ingested when healthy blood serum is used. This latter is taken as unity, and the opsonic index is the ratio of the number ingested when the blood serum of the tubercular patient was used compared with the number ingested when healthy serum was used. It is believed that when the patient has a high opsonic index he is more likely to recover than when this is low. Wright injects either tuberculin R or a tuberculin he himself prepares carefully sterilized. The dose is 1 mg. The first effect is to lower the opsonic power of the blood. This fall is slight in a healthy person, greater if he be the subject of tubercle; it is called the negative phase, and lasts about a week in a tubercular subject, much less in a healthy person. It is followed by a rise, and in two or three weeks the opsonic index is higher than before injection (positive phase). If a second injection is made during the negative phase much harm is done, because the patient's opsonic power is seriously reduced for a long time; but if a second injection is given during the positive phase his opsonic power is much strengthened. To treat a tubercular patient with tuberculin his opsonic index is taken. If it is above normal, we conclude that he has already in self-defence raised the opsonic

power of his blood against tubercle, and so vaccinating him at this stage with tuberculin will not do much good; but if the opsonic index is normal, or below normal (variations between 1.2 and 0.8 are within normal limits), we must, if we are to obtain the best results, give a first injection of 0.1 c.c. of tuberculin, take his opsonic index from time to time, and during the positive phase give a second injection at 1 c.c. or more. As a rule the second injection is given three weeks after the first, and the third three weeks after the second. Tuberculin, like other vaccines, is often given without observations of the opsonic index (see p. 602); if so, sufficient time must be allowed between the doses to avoid the negative phase. Some think that this treatment is of use in phthisis, and it occasionally appears to aid the cure of local tuberculosis, especially that of the bladder, skin, and lymphatic gland. If too large doses are given, or if a subsequent dose is given during a negative phase, we see the same evil effects that were observed when tuberculin was first employed by Koch. Lately tuberculin has been given both by the mouth and rectum, but this is probably useless.

Plague Serum and Vaccine. (Not official.)

A serum, known as Yersin's serum, is obtained from horse inoculated with plague, and has been used in the treatment of human beings affected with plague. Its efficacy is undoubted. It should be given early. The dose is about 150 c.c. It may be given subcutaneously, but in a severe case intravenously. The good it does is partly in virtue of its bactericidal properties, and to a much less extent because it is antitoxic.

An emulsion of dead plague bacilli artificially grown in broth, originally prepared by Haffkine, has been largely used to vaccinate those exposed to plague. Those thus vaccinated rarely contract plague when exposed to it, especially if they have had two inoculations, and if they suffer from plague the attack is less severe.

Cholera Serum and Vaccine. (Not official.)

This serum is of no therapeutic value, but there is evidence that vaccination with cholera micro-organisms affords some protection. The only vaccines used largely are those prepared by Haffkine. They may be used for those about to go to a place where an outbreak of cholera exists, but not for those already in the midst of an outbreak, because for a time it renders those inoculated more susceptible.

Typhoid Serum and Vaccine. (Not official.)

There is no evidence that the serum treatment of typhoid fever is of benefit.

Wright has perfected a method of vaccination or

Hydrophobia Vaccine. Not official.

Hydrophobia Vaccine.

Staphylococcal Vaccine. (Not official.)

Staphylococcal Vaccine. (Not official.)

This consists of dead staphylococcal bacilli: it is one of the most useful vaccines, and is employed for diseases, generally suppurative, due to staphylococci. Boils and acne are often cured by the administration of a vaccine made from the

staphylococci in them. The dose given is usually 50 to 200 millions. If a fortnight is allowed to elapse between each dose, it is hardly necessary to take the opsonic index.

Colon Vaccine. (Not official.)

Many febrile disorders, *e.g.* certain cases of cystitis, pyelitis, ulcerative colitis, and even suppuration in the chest, are due to the bacillus coli communis. They may often be strikingly benefited by the use of a vaccine prepared from the patient's own variety of colon bacillus. The dose usually varies from 5 to 50 millions.

Gonorrhoeal Vaccine. (Not official.) This is very useful for chronic gleet and chronic gonorrhoeal arthritis and rheumatism. As in so many other instances an auto-genous vaccine is preferable to a stock vaccine.

A pneumococcal vaccine has been employed in some cases of pneumococcal infection. The general principles mentioned under the heading of streptococcal vaccine apply to all other vaccines. They often fail in cases in which much was hoped from them—the reasons why this should be so are too numerous to detail here—but on the other hand they frequently succeed in intractable cases which have resisted all other treatment, and as, when properly used in chronic infections, they hardly ever do harm, they may well be tried together with, if necessary, other appropriate treatment, *e.g.* local treatment of pyorrhoea.

Yeast.—(Not official.)

Huggard has brought forward evidence to show that the opsonic power of the blood may be increased by giving yeast. The dose is 5 to 10 grammes in milk. As with tuberculin, so with yeast, the first effect is a drop in the opsonic index; the drop is followed in a few days by a rise. An increase in the leucocytes of the blood follows quickly giving yeast. It is not known to what constituents these effects are due, but it has been suggested they are due to the nuclein in the yeast. Boils are sometimes successfully treated by the administration of yeast; perhaps then the opsonic power of the blood in regard to the micro-organisms causing the boils is raised by the yeast. Nuclein, as it stimulates the formation of white cells, has been given in various bacterial diseases and also by surgeons before serious abdominal operations, in order that the increased number of leucocytes should help to defend the body against micro-organisms which may cause acute peritonitis. One gramme of the sodium salt of nucleinic acid is dissolved in 50 c.c. of salt solution. It is sterilized by boiling in a water bath, and is then injected subcutaneously.

A LIST OF LATIN PHRASES COMMONLY USED IN THE WRITING OF PRESCRIPTIONS.

[illegible]

| | | |
|-----------------|-----------------|------------------------------|
| Mat. | Mat. | send. |
| Mod. prescript. | Mod. prescript. | in the manner presented. |
| Oct. part. | Oct. part. | in eight parts. |
| Q. 1. | Q. 1. | every morning. |
| Q. 2. | Q. 2. | every two hours. |
| Q. 3. | Q. 3. | every hour. |
| Q. 4. | Q. 4. | every night. |
| Q. 5. | Q. 5. | continues. |
| Q. 6. | Q. 6. | of the parts. |
| Q. 7. | Q. 7. | when required. |
| Q. 8. | Q. 8. | as in the case of the parts. |
| Q. 9. | Q. 9. | in the same manner. |
| Q. 10. | Q. 10. | at night. |
| Q. 11. | Q. 11. | at night. |
| Q. 12. | Q. 12. | at night. |
| Q. 13. | Q. 13. | at night. |
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APPENDIX No. II.

CONTAINING THE MATERIA MEDICA, PHARMACY,
PHARMACOLOGY, AND THERAPEUTICS OF
THE DRUGS IN THE INDIAN AND COLONIAL
ADDENDUM (1900) TO THE BRITISH PHARMA-
COPEIA, 1898.

ACACIA BARK

Acaciæ Cortex. The dried bark of *Acacia catechu*, also of *Acacia decurrens*, the black wattle.

CHARACTERS. Hard, brown, the inner surface red. Taste astringent.

Officially used in India, Australian Colonies, Eastern Colonies.

Preparation

Decoctum Acaciæ Corticis. Bark 62·5 grams ; water 1,000 c.c.

Dose, $\frac{1}{2}$ to 2 fl. oz.

ACTION AND THERAPEUTICS.

This bark contains much tannin (see p. 556), and is therefore powerfully astringent, being used especially as a gargle and mouth-wash, and for vaginal discharges. It is used in tanning.

ACALYPHA.

Acalypha. The fresh and the dried herb *Acalypha indica*.

CHARACTERS. - Erect, 1 to 2 feet high ; ovate-cordate leaves ; long axillary spikes ; male flowers uppermost, flowers small, green.

Officially used in India and Eastern Colonies.

Preparations.

1. Extractum Acalyphæ Liquidum. Equal quantities of the powdered herb and alcohol (90 per cent.).

Dose, 5 to 30 m.

2. Succus Acalyphæ. Fresh juice, 3; alcohol (90 per cent.), 1.

Dose, 1 to 4 fl. dr.

ACTION AND THERAPEUTICS.

This drug resembles ipecacuanha (see p. 436) in that it is a prompt emetic and an expectorant in chronic bronchitis. Its preparations are also used as laxatives, and the leaves introduced into the rectum lead to evacuation of the bowels.

ADHATODA.

Adhatoda. The fresh and the dried leaves of *Adhatoda vasica*.

CHARACTERS.—Five or six in. long, $1\frac{1}{2}$ in. wide, entire smooth; dark green; tea-like odour; bitter taste.

Officially used in India and Eastern Colonies.

Preparations.

1. Extractum Adhatodæ Liquidum. Equal weights of dried and powdered leaves and alcohol (60 per cent.).

Dose, 20 to 60 m.

2. Succus Adhatodæ. The fresh juice.

Dose, 1 to 4 fl. dr.

3. Tinctura Adhatodæ. Dried and powdered leaves, 125; alcohol (60 per cent.), 1,000.

Dose, $\frac{1}{2}$ to 1 fl. dr.

ACTION AND THERAPEUTICS.

The leaves contain an alkaloid, vasicine, which is said to be powerfully toxic to lower organisms but not to higher, and hence adhatoda has been used against blight on tea and other crops. It is given in gastric fermentation, and is used empirically in bronchitis in much the same cases as senega. The succus is the best preparation. The leaves made into cigarettes are smoked for asthma.

COUCH GRASS.

Agropyrum. *Synonym.*—Triticum. The dried rhizome of *Agropyron repens*.

CHARACTERS. Pale yellow, from $\frac{1}{4}$ to $\frac{1}{2}$ in. in diameter, usually in sections $\frac{1}{2}$ to $\frac{3}{4}$ in. long.

Officially used in Australian Colonies, Eastern Colonies, North American Colonies.

Preparations.

1. Decoctum Agropyri.—1 in 20.

Dose, $\frac{1}{2}$ to 2 fl. oz.

2. Extractum Agropyri Liquidum. Digest couch grass with boiling water and add alcohol (90 per cent.).

Dose, 1 to 2 fl. dr.

ACTION AND THERAPEUTICS.

It is demulcent, and perhaps slightly diuretic. By many, couch grass is much used as a urinary sedative in cystitis and gonorrhoea. The pharmacopial dose is frequently exceeded.

ALSTONIA.

Alstonia.—The dried bark of *Alstonia scholaris* and *Alstonia constricta*.

CHARACTERS. The bark of *A. scholaris* is in fragments $\frac{1}{4}$ to $\frac{1}{2}$ in. thick; spongy texture; externally rough, and brownish grey; internally bright buff; taste bitter. That of *A. constricta* is in curved pieces or quills $2\frac{1}{2}$ in. wide, $\frac{1}{2}$ in. thick; rusty brown externally, cinnamon colour internally.

Officially used in India, Australasian Colonies, and Eastern Colonies.

Preparations.

1 Infusum Alstoniæ.—Alstonia, 1; boiling water, 20.

Dose, $\frac{1}{2}$ to 1 fl. oz.

2. Tinctura Alstoniæ.—Alstonia, 125; alcohol (90 per cent.), 1,000.

Dose, 4 to 1 fl. dr.

L.H.O. Indian Medicines

ACTION AND THERAPEUTICS.

A. scholaris grows in the Philippines, where it is called 'Dita bark.' It contains many alkaloids, the best known being ditaine, which paralyzes motor centres, motor nerves, and vagi of frogs, and in mammals paralyzes motor nerve endings.

A. constricta grows in Australia, and is there called Australian fever bark. Its most active body is alstonine. Both varieties are used in dysentery, chronic diarrhoea, and intermittent fever, during the disease as well as during convalescence. Both have been employed as anthelmintics.

INDIAN CHIRETTA.

Andrographis. The dried plant, *Andrographis paniculata*, often known as Indian chiretta, creat. creat., kariyat, or mahatika, which means 'king of bitters.'

CHARACTERS. Stem 1 to 3 ft. high; quadrangular; dark green. Leaves opposite, lanceolate, entire, thin, brittle. Calyx small, hairy, five-cleft. Capsules cylindrical tapering. Root simple, fusiform. Taste intensely bitter.

Officially used in India and Eastern Colonies.

Preparations.

1. Infusum Andrographidis. *Andrographis*, 1; boiling water, 20.

Dose, $\frac{1}{2}$ to 1 fl. oz.

2. Liquor Andrographidis Concentratus. *Andrographis*, 1; alcohol (20 per cent.), 2.

Dose, $\frac{1}{2}$ to 1 fl. dr.

3. Tinctura Andrographidis. *Andrographis*, 1; alcohol (60 per cent.), 10.

Dose, $\frac{1}{2}$ to 1 fl. dr.

ACTION AND THERAPEUTICS.

This powerful and popular bitter, which is the basis of many domestic medicines, may be used for the same purposes as quassia (see p. 548).

is supposed to be useful in fevers, delirium tremens, and melancholia.

INDIAN ORANGE PEEL.

Aurantii Cortex Indicus. The dried and dried outer part of the pericarp of varieties of *Citrus aurantium* grown in India and Ceylon. This is in India and the Eastern Colonies used for the same purposes as orange peel elsewhere.

NEEM BARK.

Azadirachta Indica. Neem bark, also called Margosa bark. The dried bark of the stem of *Melia azadirachta*.

CHARACTERS. Externally rusty grey, internally yellowish, bitter.

Officially used in India and Eastern Colonies.

Preparations.

1. **Infusum Azadirachtæ Indicæ.** 1 in 100

Dose, $\frac{1}{2}$ to 1 fl. oz.

2. **Tinctura Azadirachtæ Indicæ.** 1 in 10 of alcohol (45 per cent.).

Dose, $\frac{1}{2}$ to 1 fl. dr.

ACTION AND THERAPEUTICS.

The bark of this tree, known as the Indian Lilac, the Pride of India, the Pride of China, contains a powerful bitter principle, and hence preparations of it may be used for any of the purposes for which bitters are commonly employed (see Calumbæ). Preparations of the fresh bark are used as anthelmintics for lumbricoid worms, and the seeds contain a sulphurous oil which is employed externally for rheumatic pains. A decoction or poultice of the leaves is often applied to indolent ulcers.

BAEL FRUIT.

Bela Fructus. The fresh half-ripe fruit of *A. marmelos*.

CHARACTERS. Three inches in diameter, globose smooth. Ten to fifteen cells, each containing woody seed. Pulp juicy, drying an orange red colour.

Officially used in India and Eastern Colonies.

Preparation.

Extractum Belæ Liquidum. - 1 to 1 of water and alcohol (90 per cent.).

Dose, 1 to 2 fl. dr.

ACTION AND THERAPEUTICS.

As imported into England bael fruit is useless, it is therefore rarely employed out of India, where the extract of the fresh fruit is used for the treatment of diarrhoea and dysentery. It contains very little tannin, and its mode of action is not known.

BERBERIS.

Berberis. The dried stem of *Berberis arbutifolia*.

CHARACTERS. Laminated pieces, 1 to 2 in. in diameter, covered with orange-brown periderm. The wood is light yellow. Taste chloro. Bitter taste.

Officially used in India and Eastern Colonies.

Preparation.

1. Liquor Berberidis Concentratus. 1 in 2 of alcohol (20 per cent.).

Dose, $\frac{1}{2}$ to 1 fl. dr.

2. Tinctura Berberidis. 1 in 10 of alcohol (60 per cent.).

Dose, $\frac{1}{2}$ to 1 fl. dr.

ACTION AND THERAPEUTICS.

The drug is very largely used in the various forms of remittent fever, but it is far inferior to quinine. It is also given as a diaphoretic and diuretic. An extract of it, known as rasot, is used as a paint in chronic ophthalmia. The chief alkaloid is berberine.

BETEL.

Betel. - The leaves of *Piper betel*.

CHARACTERS. Broadly ovate, acuminate, obliquely cordate at base, glossy on upper surface. In commerce often tied or stitched in packets.

Officially used in India and Eastern Colonies.

B.B.O. JOURNAL OF MEDICAL LITERATURE

ACTION AND THERAPEUTICS.

Throughout the whole of India all classes of natives indulge in the habit of chewing betel leaves. White catechu and mace nut or betel nut, mixed with various spices and aromatics, are wrapped up in betel leaves which have been previously incised with a little chunam or shell lime, and the masses of this mixture are chewed. This habit largely increases the amount of saliva. Betel leaves contain an aromatic oil. Warm and smeared with oil they are applied to the chest in bronchitis and pleurisy and to the breasts to retard the secretion of milk.

BENGAL KINO.

Butea Gummi.—The gummy exudations of the stem of *Butea fraxinea*.

CHARACTERS.—Stems, often very short, very dark ruby color.

Officially recognized in British and Eastern Codes.

ACTION AND THERAPEUTICS.

Butea gum, commonly called Bengal Kino, is used for the same purposes and to make the same preparations as the kino known as East Indian, Madras, or Malabar kino (see p. 563).

BUTEA SEEDS.

Butea Semina.—The seeds of *Butea fraxinea*.

CHARACTERS.—Fruit, globose, about 1 line in diameter, with a web, and a small seed. Seeds, pale, smooth, and shining.

Officially recognized in British and Eastern Codes.

Fraxinea.

Pulvis Buteæ Seminum.

Dose, 10 to 20 gr.

ACTION AND THERAPEUTICS.

Externally a paste made from these seeds has been used for ringworm. Internally the powder is given as a laxative and anthelmintic for round worms, in place of santonin. A dose of 20 grains a day for three successive days usually suffices.

MUDAR.

Calotropis. The dried root bark of *Calotropis* *officinalis* and of *Calotropis* *peruviana*.

CHARACTERS.—Smooth, yellowish, or reddish, with a thick, black, resinous coating. The bark is broken into small pieces, and the pieces are brittle.

Dose, 3 to 10 gr. (as a tonic), **30 to 60 gr.** (as a cathartic).

Officially used in India and Eastern Colonies.

Tinctura Calotropis. 1 in 10 of alcohol (officinal).

Dose, $\frac{1}{2}$ to 1 fl. dr.

ACTION AND THERAPEUTICS.

This drug has been used externally for leprosy and elephantiasis. Internally its action resembles that of ipecacuanha, and it may be used as a cathartic or as an expectorant. It has been given very largely for rheumatism and syphilis, and has a wide but vague reputation similar to that of sarsaparilla. It is sometimes prescribed after dysentery.

INDIAN GAMBOGE.

Cambogia Indica.—The gum resin obtained from *Cambogia Indica*.

CHARACTERS.—Very much those of gamboge (see p. 485).

Dose, $\frac{1}{2}$ to 2 gr.

Officially used in India and Eastern Colonies.

ACTION AND THERAPEUTICS.

The same as those of gamboge (see p. 485).

BLACK CATECHU.

This is described on p. 561, and is officially used in India, the Eastern Colonies, and the North American Colonies for the same purposes as white catechu.

CISSAMPelos.**Cissampelos.** *Synonym.* False Calumba.

The fruit is a globose berry, green when young, becoming black when ripe. The bark is smooth, greyish-brown, with a thin, yellowish, bitter taste.

Officially recognized in the Pharmacopoeia of the United States.

Preparation.

1. **Decoctum Cissampeli.** 2½ oz. to 1 pt.
Dose, ½ to 2 fl. oz.
2. **Extractum Cissampeli Liquidum.**
Dose, ½ to 2 fl. dr.

ACTION AND THERAPEUTICS.

This drug is used in cystitis and catarrhal conditions of the urinary tract. It probably has the same sedative action as couch grass (p. 662).

FALSE CALUMBA.**Coscinum.** *Synonym.* False Calumba. The dried fruit of *Coscinum* (see p. 662).

CHARACTER. The fruit is a globose berry, green when young, becoming black when ripe. The bark is smooth, greyish-brown, with a thin, yellowish, bitter taste. Covered with a greyish-brown, warty, bitter taste.

Officially recognized in the Pharmacopoeia of the United States.

Preparation.

1. **Infusum Coscinii.** -1 in 20
Dose, ½ to 1 fl. oz.
2. **Liquor Coscinii Concentratus.**
Dose, ½ to 1 fl. dr.
3. **Tinctura Coscinii.** -1 in 10 (or 1 in 100)
Dose, ½ to 1 fl. dr.

ACTION AND THERAPEUTICS.

False calumba is a bitter having precisely the same actions as ordinary calumba (see p. 545).

MELON PUMPKIN SEEDS.

Cucurbitae Semina Preparata. Melon Pumpkin Seeds. *Synonym.* Pepo. The prepared fresh seeds of cultivated plants of *Cucurbita maxima*.

CHARACTERS. Flat, ovate, white, consisting of two flesh easily separable, cotyledons, which have been freshly deprived of the testa and pappus.

Dose, 3 to 4 oz., bruised with a little water or milk to creamy consistency.

Officially used in Mediterranean Countries.

ACTION AND THERAPEUTICS.

These seeds are an efficient and harmless anthelmintic for the tape-worm. The patient should have a light supper of bread and milk; in the early morning he should take the above dose of seeds; a cup of tea or coffee an hour later, but no food at 10 A.M. a good dose of castor oil or some other simple purge; and two hours later a substantial meal.

DATURA LEAVES.

Datura Folia. The dried leaves of *Datura stramonium* and of *Datura metel*.

CHARACTERS.—Ovate, acuminate, with long petioles and serrate dentate margins. The larger are about 7 in. long and 1 in. wide. Characteristic odour and bitter taste.

Officially used in India, Eastern Colonies, West Indian Colonies.

ACTION AND THERAPEUTICS.

These leaves have the same action, and may be used for the same purposes, as those of *Datura stramonium* (see p. 370). Preparations of them may also be used instead of belladonna.

DATURA SEEDS.

Datura Semina.—The dried seeds of *Datura stramonium*.

CHARACTERS.—Wedge-shaped; rounded, thickened, furrowed, wavy margins, strongly compressed laterally, about 1 in. broad and $\frac{1}{5}$ in. thick. The testa is finely pitted and reticulated.

Officially used in India and Eastern Colonies.

Preparation

Tinctura Daturæ Seminum. 1 in 4 (alcohol)
(60 per cent.).

Dose, 5 to 15 m.

ACTION AND THERAPEUTICS.

These seeds have the same action as those of *Datura stramonium* (see p. 370).

EMBELIA.

Embelia. The fruit of *Embelia officinalis* (Linn.) *robusta*.

CHARACTERS. Globular, 2 in. in diameter, dark red, with dark spots; contains a horny reddish seed.

Dose, 1 to 4 dr. (in powder).

Officially used in India and Eastern Colonies.

ACTION AND THERAPEUTICS.

These berries powdered, or an infusion made from them, form an excellent anthelmintic for tapeworm. The taste is not unpleasant, and the general directions are the same as those given for administering melen pumpkin seeds (see p. 670).

COTTON ROOT BARK.

Gossypii Radicis Cortex. The dried root bark of *Gossypium herbaceum*.

CHARACTERS. Thin, flexible bands, curled pieces, covered with a thin brownish yellow periderm.

Officially used in India, Eastern Colonies, North American Colonies, and West Indian Colonies.

Preparations.

1. **Decoctum Gossypii Radicis Corticis.**
1 in 5.

Dose, $\frac{1}{2}$ to 2 fl. oz.

2. **Extractum Gossypii Radicis Corticis Liquidum.**—1 in 1

Dose, $\frac{1}{2}$ to 1 fl. dr.

ACTION AND THERAPEUTICS.

By many the action of this drug is thought to resemble that of ergot (*see* p. 590), and it is used in uterine diseases for the same purpose.

GRINDELIA.

Grindelia. The dried leaves and flowering top of *Grindelia squarrosa* and of *Grindelia robusta*.

CHARACTERS.—The leaves of *Grindelia squarrosa* alternate, pale green, smooth, coriaceous, brittle, oblong-ovate, and at the sessile base the involueral bracts are long, reflexed, serrulate points. Those of *Grindelia robusta* are very similar. Odour balsamic. Taste pungent, bitter.

Officially used in Australasian Colonies and North American Countries.

Preparation.

Extractum Grindeliæ Liquidum. 1 in 1 water and alcohol (90 per cent).

Dose, 10 to 20 m.

ACTION AND THERAPEUTICS.

In small doses grindelia is a mild stomacheic and cardiac sedative, but its main action depends upon the fact that in its excretion by the bronchial mucous membranes it acts as an expectorant, and also relaxes the muscular coat of the bronchial tubes, and this probably explains its efficacy in asthma. Two or three doses of twenty or thirty minims of the liquid extract (in milk, to prevent the resin, which is precipitated by excess of water, adhering to the vessel) given every twenty minutes will often allay the paroxysms of asthma. Between the attacks this dose should be taken thrice a day. The same quantity may with advantage be added to mixtures prescribed for chronic bronchitis, for not only is grindelia an expectorant but it relieves the asthma-like paroxysms which so often accompany bronchitis. It is very bitter; its taste is best concealed by Spiritus Chloroformi.

In America cloths soaked in a lotion of 1 fl. dr. of the fluid extract to 6 fl. oz. of water are applied to the skin for the dermatitis caused by *Rhus toxicodendron*, the poison ivy. The same lotion is used in burns, and as an injection in gonorrhea and leucorrhoea.

INDIAN GUM.

Gummi Indicum. A resinous exudation from the wood of *Commersonia indica*.

CHARACTERS. Rounded pieces, translucent tears. Officially used in India and the Eastern Colonies.

See p. 576.

Mucilago Gummi Indici. *See p. 576.*

ACTION AND THERAPEUTICS.

Indian gum is used for the same purposes as gum acacia (*see p. 576*).

AUSTRALIAN LEECHES.

Hirudo Australis. *Synonym.* *Hirudo quinquestrata*. The five-striped or Australian leech.

CHARACTERS. Dorsal surface greenish yellow brown, with five longitudinal stripes. Ventral surface greenish yellow, not spotted. Jaw armed with 48 to 50 teeth.

Officially used in Australian Colonies for the same purposes as other leeches (*see p. 645*).

HYGROPHILA.

Hygrophila. *Synonym.* *Azadirachta*. The dried herb, including the roots, of *Hygrophila coriaria*.

CHARACTERS. Root 1 to 2 ft. thick, tapering to the tip, greyish brown, 2 to 4 ft. long. Branches and leaves opposite, 1 to 2 ft. long, 1 to 2 in. wide. In the axils of each leaf is a yellowish subulate spine about 1 in. long. Leaves and stem firm, but with a papery, spreading white hairs. Flowers bright purple, one per node. Calyx four-lobed, one broader than the other. Corolla glabrous and lipped, stamens didynamous. Ripened ovary contains 1 to 4 seeds.

Officially used in India and Eastern Colonies.

Preparation.

Decoctum Hygrophilæ. 1 in 10.

Dose, $\frac{1}{2}$ to 2 fl. oz.

ACTION AND THERAPEUTICS.

This plant has a reputation as a diuretic, and has been used in dropsy. It is also given as a sedative to the urinary tract in the same cases as couch grass (see p. 662).

SPOGEL SEEDS.

Ispaghula. *Synonym.* Spogel Seeds. The dried seed of *Trichospermum*.

CHARACTERS. Boat-shaped, about $\frac{1}{10}$ in. long, $\frac{1}{16}$ in. wide. Pale pink, with a dark spot on the convex

• **Dose, 50 to 150 gr.** in powder.

Officially used in India and Eastern Colonies.

Preparation.

Decoctum Ispaghulæ. 137 of seeds to 1000

of water.

Dose, $\frac{1}{2}$ to 2 fl. oz.

ACTION AND THERAPEUTICS.

These seeds contain much mucilage, and are used for the same purposes as linseed (see p. 577). For use externally a poultice may be made from them, and internally the decoction is an excellent demulcent for sore throat, and is often given as a cool demulcent drink in diarrhoea. It is frequently given to children.

KALADANA.

Kaladana. *Synonym.* Pharbitis Nil. The dried seeds of *Ipomoea hederacea*.

CHARACTERS. In the form of a segment of a sphere, $\frac{1}{10}$ in. long and wide. Black, except at the hilum, where they are brown and hairy.

Dose, 30 to 50 gr. in powder.

Officially used in India and Eastern Colonies.

D.R.V.O. HALLIDAY SEEDS AND SEEDS

Preparation.

1. Pulvis Kaladanæ Compositus. Kaladana 5; acid potassium tartrate, 9; ginger, 1.

Dose, 20 to 60 gr.

2. Tinctura Kaladanæ.—1 in 5 of alcohol (70 per cent.).

Dose, $\frac{1}{2}$ to 1 fl. dr.

Kaladana Resina. 5 to 10 gr. Preparation.

Characteristics.—Boards of light fragments, translucent at edges, breaking with a resinous fracture. Insoluble in water, easily soluble in alcohol (90 per cent.).

Dose, 2 to 8 gr.

Officially used in India and Eastern Celebes.

ACTION AND THERAPEUTICS.

Pharbitisin resembles the convolvulin found in jalap, and kaladana and its resin have the same actions and may be used for the same purposes as jalap (see p. 178).

KAVA RHIZOME.

Kavæ Rhizoma. The decorticated, dried, and divided rhizome, without the roots, of *Piper methysticum*.

Characteristics.—Light grey irregular fragments, $\frac{1}{2}$ to 2 in. thick.

Officially used in Australasian Colonies.

Preparation.

Extractum Kavæ Liquidum. 1 ... 1 ... mixture of alcohol (90 per cent.) and alcohol (45 per cent.).

Dose, 30 to 60 m.

ACTION AND THERAPEUTICS.

Hypodermic injection of the fluid extract produces anesthesia at the point of injection, followed by general paralysis due to direct action on the cord, and thus illustrates the two main actions of the drug—viz. depression of the motor function of the cord and of the peripheral ends of sensory nerves.

The production of local anaesthesia is due to a resinous constituent called 'Kawine,' which when placed upon the tongue or skin causes burning pain followed by local anaesthesia, and this burning pain is so great as to forbid the use of the drug as a local anaesthetic. The fluid extract is given quite empirically but, it is said, successfully in gonorrhoea, vaginitis, and leucorrhoea, and also as a diuretic.

'Kava,' or 'AVA,' is the name given to a intoxicating liquor made from the root of *Piper methysticum* in the Sandwich Isles. The intoxication produced differs from that of alcohol in that it is silent and drowsy; there are no coherent dreams and great loss of muscular power.

EUCALYPTUS KINO.

Kino Eucalypti. *Synonym.* Botany Bay kino. An exudation from the stem of various species of eucalyptus having the characters of kino (see p. 563).

Dose, 5 to 20 gr. in powder.

Officially used in Australasian Colonies.

ACTION AND THERAPEUTICS.

Eucalyptus kino contains tannin and has the same action and uses as kino (see p. 563).

MYLABRIS.

Mylabris. The dried beetle *Mylabris phalerata*.

CHARACTERS. One inch long, $\frac{3}{4}$ in. wide; two long elytra, black, with two broad wavy transverse orange coloured bands and a large orange-coloured spot at the base. One pair of brown membranous wings.

N.B. Other species of *Mylabris* may be used, provided they contain a proportion of cantharidin equivalent to that contained in *Mylabris phalerata*.

Officially used in India, African Colonies, and Eastern Colonies.

Preparations.

1. **Acetum Mylabridis.** 1 in 5 of glacial acetic acid and 5 of water.

2. Emplastrum Calefaciens Mylabridis. — Mylabris, 1; yellow beeswax, 1; resin, 1; resin-plaster, 13; soap-plaster, 8; boiling water, 5.

3. Emplastrum Mylabridis. — Mylabris, 35; yellow beeswax, 20; lard, 20; resin, 20; soap-plaster, 5.

4. Liquor Epispasticus Mylabridis. 1 in 2 of acetic ether.

5. Unguentum Mylabridis. 1 in 10 of benzoated lard.

ACTION AND THERAPEUTICS.

These are precisely the same as those of cantharides (see p. 642).

MYROBALANS.

Myrobalanum. *Synonym.* — Chebulic myrobalan. The dried immature fruits of *Terminalia chebula*.

CHARACTERS. — One of or first size; $\frac{1}{4}$ to $\frac{1}{2}$ in. long, $\frac{1}{8}$ in. wide; shriveled when small; black, solid, brittle. Taste very astringent.

Dose, $\frac{1}{2}$ to 1 dr. in powder.

Officially used in India and Eastern Colonies.

Preparations.

1. Unguentum Myrobalani. 1 in 4 of benzoated lard.

2. Unguentum Myrobalani cum Opio. — Myrobalan ointment, 925; opium in powder, 75.

ACTION AND THERAPEUTICS.

These fruits contain from 25 to 45 per cent. of tannin, and they may be used for the same purposes as other bodies which contain tannin (see p. 556). The fresh fruit is aperient and is often used for this property.

AJOWAN OIL.

Oleum Ajowan. *Synonym.* — *Psychotria oil.* The oil distilled from the fruit of *Carum copticum*.

CHARACTERS. — Colourless, with an odour and taste resembling thyme. When cooled to 32° F. it should yield from 30 to 36 per cent. of crystalline thymol.

Dose, $\frac{1}{2}$ to 3 m.

Officially used in India and Eastern Colonies.

ACTION AND THERAPEUTICS.

This oil has the same actions as thymol (see p. 603). An alcoholic solution of it has been used to relieve pain, and it is given internally as a carminative.

ARACHIS OIL.

Oleum Arachis. *Synonym.* Earth nut oil, ground-nut oil, pea nut oil. The oil expressed without heat from the seeds of *Arachis hypogaea*.

CHARACTERS.—Pale yellow or greenish yellow.

Officially used in India, African Colonies, Eastern Colonies, and Australasian Colonies, instead of olive oil, to make liniments, ointments, and plaster.

OIL OF GAULTHERIA.

Oleum Gaultheriæ. *Synonym.*—Oil of wintergreen. The oil distilled from the leaves of *Gaultheria procumbens*, or from the bark of the sweet birch, *Betula lenta*. It contains at least 90 per cent., and often more, of methyl salicylate.

CHARACTERS.—Colourless or slightly yellowish. Odour characteristic.

Dose, 3 to 10 m.

Officially used in North American Colonies.

ACTION AND THERAPEUTICS.

The action and uses of this oil are exactly the same as those of other salicylates (see p. 455).

OIL OF LEMON GRASS.

Oleum Graminis Citrati. *Synonym.* Indian oil of verbena. The oil distilled from *Andropogon citratus*.

CHARACTERS.—A dark yellow oil, with an odour of verbena.

Dose, $\frac{1}{2}$ to 3 m.

Officially used in India, Eastern Colonies, and West Indian Colonies.

ACTION AND THERAPEUTICS.

This oil is chiefly used in perfumery and to adulterate oil of verbena, which it closely resembles.

Externally it is mixed with twice its bulk of any fixed oil as a rubefacient to relieve pain in myalgia and rheumatism. Internally it is carminative.

GYNOCARDIA OIL.

Oleum Gynocardiae. *Sesamum Gynocardiaceum* oil. The fatty oil expressed from the seeds of *Gynocardium odorata*, or of *Gynocardia pruri*.

CHARACTERS.—A brownish yellow oil or fat, with characteristic odour and somewhat acid taste. Soluble in ether, chloroform, or alcohol.

Composition. Its chief constituent is gynocardic acid, a yellow, oily body, with a burning taste.

Dose. 5 to 10 m., increased to 30 to 60 m.

It is best given in capsules.

Officially used in India and Eastern Colonies.

Preparation.

Unguentum Gynocardiae. Gynocardia oil, 1; hard paraffin, 4; soft paraffin, 5.

ACTION AND THERAPEUTICS.

The active properties of this oil have been ascribed to gynocardic acid. Externally the oil is a powerful rubefacient, and may cause great pain when applied to raw places, but an ointment (3 fl. dr. to 1 fl. oz. of lanolin) has been used for very chronic psoriasis. Internally it is a gastro-intestinal irritant. It has been much praised for leprosy, in which disease it is applied externally and given internally. The stomach may be trained to tolerate large doses. It certainly does not cure leprosy, but many consider that it retards the disease.

SESAME OIL.

Oleum Sesami. The oil expressed from the seed of *Sesamum indicum*.

CHARACTERS.—A limpid oil of a pale yellow colour, a faint odour, and a bland taste.

Officially used in India, African Colonies, Eastern Colonies, and North American Colonies. Instead of olive oil, to make liniments, ointments, and plasters.

OLIVER BARK.

Oliveri Cortex. *Synonym.* Black Sassafras. The dried bark of *Cinnamomum oliveri*.

Characters.—The bark is 1/2 to 1 inch thick. It is covered with a leopards' skin pattern. The inside of the bark is smooth and has a bitter taste.

Official Use.—As a tonic and stimulant.

Preparation.

Tinctura Oliveri Corticis. 1 in 10 of alcohol (60 per cent.).

Dose, $\frac{1}{2}$ to 1 fl. dr.

ACTION AND THERAPEUTICS.

This bark may be employed for the same purposes as cinnamon (see p. 513), and some give it instead of sassafras (see p. 620).

PICRORRHIZA.

Picrorrhiza.—The dried rhizome of *Picrorhiza kurroo*.

Characters. Generally about the size of a goose-quill, the lower part covered by a shaggy, greyish-brown, corky bark, and marked by prominent scars; the rhizome is 1/2 to 1 inch thick; larger at the upper part, and thickly set with dark greyish brown scales. Taste very bitter.

Dose, 10 to 20 gr. as a tonic; 40 to 50 gr. as an antiperiodic. Given in powder.

Officially used in India and Eastern Colonies.

Preparations.

1. **Extractum Picrorrhizæ Liquidum.** 1 in 1 of alcohol (60 per cent.).

Dose, 20 to 60 m.

2. **Tinctura Picrorrhizæ.** 1 in 8 of alcohol (45 per cent.).

Dose, $\frac{1}{2}$ to 1 fl. dr.

ACTION AND THERAPEUTICS.

This drug, which is known as 'kali-kutki,' is extremely bitter and is usually given combined with

P.W.O. Oliveri Cortex

aromatics as a bitter (see p. 545). It is also used as an antiperiodic.

INDIAN PODOPHYLLUM.

Podophylli Indici Rhizoma. The dried rhizome of *Podophyllum indicum*. Characters. It consists of thick cylindrical and flattened $\frac{1}{2}$ to $\frac{1}{4}$ in. thick, crowded above with tubercles; marked by depressed scars of other rhizomes, separate roots from the under surface. Earthy brown. Faint odour, bitter taste.

Officially used in India and Eastern Colonies.

Podophylli Indici Resina. A powder or resin prepared from Indian *Podophyllum indicum* and resembling the other variety of *Podophyllum resin*.

Dose, $\frac{1}{4}$ to 1 gr.

Preparation.

Tinctura Podophylli Indici. Indian podophyllum resin, 1; alcohol (90 per cent.), 3.

Dose, 5 to 15 m.

ACTION AND THERAPEUTICS.

Indian podophyllum has precisely the same actions and uses as the other variety (see p. 485).

SAPPAN.

Sappan.—The heart-wood of *Caesalpinia sappan*.

CHARACTERS. In hard, heavy sections of variable size, or in orange red chips. The transverse section shows well marked concentric rings and numerous rays.

Officially used in India and Eastern Colonies.

Preparation.

Decoctum Sappan. Sappan, 50; cinnamon bark, 8; water, 1,000.

Dose, $\frac{1}{2}$ to 2 fl. oz

ACTION AND USES.

Before the introduction of aniline dyes sappan wood was used largely to dye fabrics red. It is also used to make red ink. It contains tannin, and is

therefore used in pharmacy to colour mixtures red especially when an astringent effect is desired.

TINOSPORA.

Tinospora. The dried stem of *Tinospora cordifolia*.

CHARACTERS. In quilled pieces $\frac{1}{2}$ to $\frac{1}{4}$ in. thick, covered with thin, yellowish periderm, fissured longitudinally, and exhibiting a bright yellow layer and deeper brown layer. Odour faint, aromatic. Taste pungent, bitter.

Officially used in India and Eastern Countries.

Preparations.

1. **Infusum Tinosporæ.** 1 in 10

Dose, $\frac{1}{2}$ to 1 fl. oz.

2. **Liquor Tinosporæ Concentratus.** Tinospora, 10; alcohol (90 per cent.), $4\frac{1}{2}$; distilled water, 20

Dose, $\frac{1}{2}$ to 1 fl. dr.

3. **Tinctura Tinosporæ.** 1 in 5 (alcohol, 90 per cent.)

Dose, $\frac{1}{2}$ to 1 fl. dr.

ACTION AND THERAPEUTICS.

Tinospora is very bitter, and is largely used in the East, especially during convalescence from malarial and other fevers. Its action is probably the same as that of other bitters (see p. 545).

TODDALIA.

Toddalia. *Synonym.*—Lopez root. The dried root bark of *Toddalia aculeata*.

CHARACTERS. In quilled pieces $\frac{1}{2}$ to $\frac{1}{4}$ in. thick, covered with soft yellowish periderm, fissured longitudinally, and exhibiting a bright yellow layer and deeper brown layer. Odour faint, aromatic. Taste pungent, bitter.

Officially used in India and Eastern Countries.

Preparations.

1. **Infusum Toddaliæ.** 1 in 10.

Dose, 1 to 2 fl. oz.

2. **Liquor Toddaliæ Concentratus.** 1 in 2 (alcohol, 20 per cent.)

Dose, $\frac{1}{2}$ to 1 fl. dr.

ACTION AND THERAPEUTICS.

This drug, the bitterness of which is probably due to berberine, has the same action as turpeth (generally see p. 545). It is given as a cathartic in dyspepsia and dysentery.

TURPETH.

Turpethum. *Turpethum* (Linn.) *Ipomoea* (Linn.)

CHARACTERS. A 6-angled tuberous root of the root and seed part of the plant. The seed part is a central body part, is flattened, and the external surface has a reticulate pattern. The seed part is a flattened, 6-angled tuberous root of the root and seed part.

Dose, 5 to 20 gr. in powder.

Officially used in India, Eastern Europe, and North American Countries.

Preparation.

Tinctura Jalapæ Composita. Jalap, 8; camomilly, 2; turpeth, 1; Rose, 100; Alcohol, 100.

Dose, $\frac{1}{2}$ to 1 fl. dr.

ACTION AND THERAPEUTICS.

The drug is active because of the resin it contains, usually about 10 per cent. This is a glucoside with the same chemical and physiological properties as convolvulin, the active glucoside of jalap. Therefore the actions and uses of turpeth are the same as those of jalap (see p. 478).

TYLOPHORA LEAVES.

Tylophora Folia.

CHARACTERS. The dried leaves of *Tylophora* (Linn.) *Ipomoea* (Linn.)

CHARACTERS.—Petiole, 2 to 5 in. long, $\frac{1}{2}$ to 2 in. wide, broad, lanceolate-ovate, acuminate, dark green, leathery, glabrous on upper surface, downy on lower. Brownish green.

Dose, $\frac{1}{2}$ to 2 gr. as an expectorant; 15 to 30 gr. as an emetic.

Officially used in India and Eastern Europe.

ACTION AND THERAPEUTICS.

The drug was introduced at a time when a scarcity of ipecacuanha (see p. 436) was feared, for it appears to have precisely the same actions. Thus it may be used as an expectorant, as an emetic, and for dysentery. Its active ingredient is probably the alkaloid tylophorine.

INDIAN SQUILL.

Urginea. The tuberous root of *Urginea indica*, also of *Scilla indica*, taken soon after the plant has flowered.

CHARACTERS.—The bulbs of *Urginea indica* are tunicated, consisting of fleshy coats which enclose each other completely; in size varying as much as the common onion. Colour whitish. Taste bitter, acrid. The bulbs of *Scilla indica* are not tunicated, but are made of thick fleshy imbricated scales, otherwise may resemble those of *Urginea indica*.

Officially used in India and Eastern Colonies.

Preparations.

1. **Acetum Urgineæ.**—Urginea, 2½; dilute acetic acid, 20.

Dose, 10 to 30 m.

2. **Oxymel Urgineæ.**—Urginea, 2½; acetic acid, 2½; distilled water, 8; liquefied clarified honey, 27.

Dose, ½ to 1 fl. dr.

3. **Pilula Ipecacuanhæ cum Urginea.**—Compound ipecacuanha powder, 3; urguinea, 1; ammoniacum, 1; syrup of glucose, q. s.; strength of opium, 1 in 20.

Dose, 4 to 8 gr.

4. **Pilula Urgineæ Composita.**—Urginea, 1½; ginger, 1; ammoniacum, 1; hard soap, 1; syrup of glucose, 1.

Dose, 4 to 8 gr.

5. **Syrupus Urgineæ.**—Vinegar of urguinea, 1 pint; refined sugar, 38 oz.

Dose, ½ to 1 fl. dr.

6. **Tinctura Urgineæ.**—1 in 5 of alcohol (60 per cent.).

Dose, 5 to 15 m.

ACTION AND THERAPEUTICS.

Virginia has precisely the same action and use as squill (see p. 423).

INDIAN VALERIAN.

Valerianæ Indicæ Rhizoma. The dried rhizome and rootlets of *Valeriana officinalis*.

CHARACTERS. The rhizome is crooked, about 2 in. long, $\frac{1}{4}$ to $\frac{1}{2}$ in. diameter; dull brown; marked with transverse ridges; thickened at the crown with a prominent tubercle, from which a few thick rootlets are attached. The crown is covered with a number of bracts; the lower end is blunt. The odor is characteristic.

Officially used in India and Eastern Colonies.

PREPARATIONS.

Tinctura Valerianæ Indicæ Ammoniata.

Indian valerian, 4 oz.; oil of nutmeg, 30 m; oil of lemon, 20 m; solution of ammonia, 2 fl. oz.; alcohol (60 per cent.), 18 fl. oz.

Dose, $\frac{1}{2}$ to 1 fl. dr.

ACTION AND THERAPEUTICS.

The action and uses of Indian valerian are precisely the same as those of ordinary valerian (see p. 528).

BLACK HAW.

Viburnum.—Black Haw. The dried bark of *Viburnum prunifolium*.

CHARACTERS. Thin pieces or narrow quills. The quills are glossy purplish, with few white granular inclusions. The thin, slightly curved pieces, from 1 to 2 in. long, are covered with a greyish or reddish brown pericarpium, which is frequently easily and readily removed, showing a reddish subjacent layer. Inner surface pale yellow.

Officially used in India, Eastern Colonies, and North American Colonies.

*Fraxinus***Extractum Viburni Prunifolii Liquidum.**

1 in 1 of alcohol (70 per cent.)

Dose, 1 to 2 fl. dr.**ACTION AND THERAPEUTICS.**

The active principle has not been isolated, but black haw contains viburnin, and valerianic, tannic, gallic, oxalic, citric and malic acids. From physiological experiments black haw appears to depress the motor functions of the cord, and so produce paralysis and loss of reflex. At the same time it depresses the heart, lowers the blood-pressure, and causes death by cardiac paralysis. In man large doses cause dimness of vision, dryness of mouth, and headache. Therapeutically, the drug has been used in hysteria, hystero-epilepsy, diarrhoea, dysentery, and, freely diluted, as a gargle in sore throats; but these uses are unimportant, and its chief employment is in obstetric diseases. In these it is used as a sedative; thus it is given a few days before the period in dysmenorrhœa and in menorrhagia; it is given to control uterine hæmorrhage during the menopause, and to relieve pains preceding and following childbirth. Given in the earlier months of pregnancy it is said to overcome the habit of miscarriage.

The Indian and Colonial Addendum also contains

Extractum Glycyrrhizæ Spirituosum.

1 of liquorice, 2; alcohol (90 per cent.), 1; water, 5.

Dose, 1 to 1 fl. dr.

Official in India and Eastern Colonies.

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